



April 3, 2020

A PLACE OF VISIONS AND DREAMS

* IMPORTANT COMMUNITY NOTICE *

Some very urgent reminders with regards to the COVID-19 Pandemic and protective measures for our community;

- **PLEASE CONTINUE TO PRACTICE SOCIAL DISTANCING!** What does this mean? This means that you only interact with those who live within your household! It is also vital that we educate our children about social distancing and ensure that we enforce it as parents and guardians. In addition, while we may have family members that do not live with us within the community, it is equally important that they exercise social distancing and stay home in their place of residence!

- If you must leave your household for essentials, maintain a physical distance of 2 metres from any other individuals. In addition, only 1 individual from that household should complete those essential errands and take every precaution to protect themselves and those within the household; do not touch your face, use hand sanitizer and be vigilante in washing your hands!

Measures taken by the Province of Ontario which Whitefish River First Nation supports and will enforce;

- **ABSOLUTELY NO GATHERINGS OF OVER 5 PEOPLE!** Remember, this is for the health and safety of everyone.
- **Ontario is a RESTRICTED FIRE ZONE.** That means no burning of grass or debris or using an outdoor fire grate, fireplace or fire pit. This is to ensure that Ontario emergency response can focus on the COVID-19 Pandemic.

Individuals can be positive for COVID-19 and asymptomatic; they can be experiencing mild symptoms or no symptoms. **They can look healthy but still be spreading this deadly virus.** It affects everyone differently. It is certain however that this is a life and death situation. COVID-19 is killing young and old worldwide, regardless of age and health condition.

The Province of Ontario released some stark predictions today regarding cases and deaths resulting from COVID-19 if people do not follow the public health recommendations. It is within our capacity to change this.



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