



# THE REZOUND

Ojibways of Whitefish River First Nation

September 2016  
Waabagaa Giizis

## Wawaskinaga 23rd Annual Traditional Pow Wow



Dan Garcia dancing during the men's traditional exhibition.  
Photo by: Brianna McGregor

We held our annual traditional pow wow on Aug. 20 & 21. This year there was something for everyone to participate in and enjoy.

Several local businesses and community members sponsored the specials. We had a total of seven specials this year as well as the annual hand drum contest.

One new feature this year was the 21-gun-salute at each grand entry. The Sgt. Charles Golden Silver Star Rifle Team honoured veterans past, present and future.

Also featured this year was Still Rock Nation, a smoke dancing troupe, from Oneida. Spectators and dancers were invited to join them in a few dances following each exhibition.

Due to high winds, the pow wow was moved to the community centre on Sunday and the canoe races that were to be held on that day were cancelled.

The location change on Sunday did not deter the dancers, spectators and vendors. The food and craft vendors set up outside of the community centre. As for the spectators, they easily found the new location.

Every year, our annual gathering attracts tourists from all over the world. This year was no exception, we had guests from Germany, Latvia, Belgium and France. Two ladies from Germany won the potato dance. They may return next year to reclaim their title as potato dance champions.

On another note, there was no shortage of fry bread this year! We had five vendors selling the pow wow staples (indian tacos, scone dogs, bologna & scone, etc.).

*See pages 2 & 3 for pow wow photos and winners of the specials and hand drum contest.*

## Premier Kathleen Wynne Visits Whitefish River

Read the story on page 6





# The 23rd Annual



Miss Wawaskinaga Pageant winners. Miss Wawaskinaga 2016 is Katrina Manitowabi. Jr. Miss Wawaskinaga 2016 is Sierra McGregor. Lil' Miss Wawaskinaga 2016 is Laila Taibossigai.



The winners of our annual hand drum contest. 1st place went to Dion Syrette. 2nd place went to Harvey Bell Jr. 3rd place went to Frazer Sundown. This contest is held annually at sundown on Saturday.



The winners of the Team Dance Special, Dan and Nakia Garcia. This special was a crowd favourite. The audience had a hard time choosing their favourite. It came down to a dance off between four teams.



Tiny Tot Special winners. Danika Wilson won 1st. Myra Phillips of Oneida won 2nd. Paul Jacko won 3rd. All other participants received \$5.00.

**Women's Special Winners:**

- 1st - Jasmine Phillips
- 2nd - Melissa Jacko
- 3rd - Caitlin Phillips

**Men's Special Winners:**

- 1st - Quinn Meawasige
- 2nd - Dan Garcia
- 3rd - Joshua Shaw

**Smoke Dance Special Winners:**

- Men's Division: Craig Fox
- Women's Division: Jasminn Jacko



# Wawaskinaga Pow Wow



The women's smoke dance special. The women's category had more contestants than the men's category. Caitlin Taibossigai and Jasminn Jacko were chosen to face each other in a dance off.



One of the many intertribals held at our annual gathering. Pictured here is a spot dance. The stakes were high for this one as vendors and spectators added to original pot from the pow wow committee.



Our special guests from Oneida, the smoke dance troupe known as Still Rock Nation. From left to right, Caitlin Phillips, Myra Phillips and Jasmine Phillips.



The men's smoke dance special. Only four men participated, but they still put on a great show. Craig Fox was chosen as the winner after a dance off with Quinn Meawasige.

Vendors Special Winner:  
Marsha Solomon's booth

Tiny Tot Special Winners:  
1st - Danika Wilson  
2nd - Myra Phillips  
3rd - Paul Jacko

Two Step Special:  
1st - Quinn Meawasige and Sierra McGregor  
2nd - Craig Fox and his partner  
3rd- Melissa Jacko and Carrienne Agawa

Team Dance Special Winners:  
Dan and Nakia Garcia



# Around the Community



Some of our community members that attended the berry picking outings in early August.



Jerome "Jake" Pakisogan, WRFN Minor Sports and Recreation, with his Lifetime Achievement Award at the Anishnabek Nation 7th Generation Charity awards in Sudbury on Aug. 17th. Congratulations Jake!



Mabel McGregor-Natiwash picking blueberries during the berry picking excursion in Chelmsford.



Community members lined up for their fish fry dinner at the annual Lafarge fish fry.

**STRENGTHENING OUR VOICES**

PRESENTATIONS | FOOD  
| GAMES | GIVEAWAYS | SPORTS | CULTURAL  
ACTIVITIES

Community Feast Saturday  
September 10, 2016

**September 9&10, 2016**  
**Doors open at 8:30 am**  
**At The Community Centre**  
Children, Youth & Community



## Community Announcements

Happy Birthday to Johnathan on Sept. 24th.  
Love, Brianna & Isla xoxo

Happy Birthday to Nimkiis on Sept. 13th.  
Love, Mom & Grandma

Happy Anniversary to my husband Floyd on  
Sept. 4th. Love, Cindy

Wishing a very Happy Birthday to my sister Sandy  
Jacko on Sept. 9th. From, Louise

Happy Birthday to Poppa Jim on Sept 3rd  
XOXO Nicole, Braxton, Braelyn, Sydney, K.C.,  
Mikey, Quintin, Aurora, Leo, Damon & Austin

Happy Birthday to my Godmother Pean on Sept  
19th  
XOXO K.C.

Happy Birthday Dad on Sept 3rd  
XOXO Pat, Katt, Dan & Tracy

Happy Birthday to Aurora on Sept 3rd  
XOXO Auntie Katt, Craig, Nicole, Braxton, Brae-  
lyn, Sydney & K.C.

Happy 2nd Birthday Braxton on Sept 3rd  
XOXO Katt, Craig, Sydney & K.C.

Happy 11th Birthday K.C. on Sept 24th  
Love Mom & Dad, Nicole, Braxton, Braelyn &  
Sydney

Happy Birthday to my godmother Theresa  
XOXO Sydney

Happy Birthday wishes to:  
Slug on Sept 3rd  
Pean on Sept 19th  
Josie on Sept 24th  
From Katt n Craig

A Happy Birthday "extraordinaire" to Brianna!  
One-quarter century old! How time has flown  
since that day, September 22nd, 1991!!  
Love Mom and Dad

Happy Birthday Johnny!! Hope your day is "mag-  
ical". Another year under your belt, September  
24th. Cheers!  
From Karen and Brian

The deadline for announcements is on Septem-  
ber 20th for the October issue.

Please forward any announcements to Brianna  
McGregor by phone at (705) 285-4335, in-per-  
son at the administration office or via email at  
[briannam@whitefishriver.ca](mailto:briannam@whitefishriver.ca)

**Miigwetch!**



Chi-miigwetch to the Chief and Council and Administra-  
tion of WRFN for sponsoring us at the 2016 Waubetek  
Charity Classic.

Pat Andrews, Kathleen Migwanebi, Sydney Migwanebi,  
and Anita McGregor



## Message from Chief Shining Turtle Sturgeon Clan, Ojibway Nation



Article Submitted By Barb Nahwegahbow

Whitefish River First Nation (WRFN) got an unexpected but welcome visitor on Sunday August 7. Chief Shining Turtle said they received a request to host Premier Kathleen Wynne on Saturday as part of her northern tour.

The Chief, staff and Councillors swung into action to make the most of the Premier's visit and all went smoothly.

"It was an honour to meet with the Premier," said Chief Shining Turtle, "and we were happy to show her a small part of our territory. She seemed surprised at everything we were accomplishing with very limited resources."

The Chief was joined in the meeting by Councillor Cara McGregor and travelling with the Premier were Marie-France Lalonde, Minister of Government and Consumer Services and Minister Responsible for Francophone Affairs, and James Janeiro, Senior Policy Advisor.

Chief Shining Turtle hosted the meeting at Rainbow Lodge which has the spectacular backdrop of Dreamer's Rock. "We spoke to her about the history of Dreamer's Rock," said the Chief, "and that countless numbers of Anishinabe men and boys travelled from all over including the U.S. to do their vision quests in that very spot. Kathleen Wynne quickly grasped the historical and spiritual significance of this part of our territory. She was visibly touched by the beauty and spirituality of this special place.

I also talked to her about Rainbow Country, the television series that was filmed there in the early 70s. She had no idea."

The Chief told the Premier that the Lodge provides a business opportunity by WRFN because they rent it out as a holiday

lodge and a conference centre. "We are only the caretakers of this territory," the Chief told the Premier.

The discussions focused on some of the issues faced by Ontario First Nations, including lack of access to capital for economic development. Chief Shining Turtle told the Premier that First Nations cannot go to lending institutions for business capital making it impossible to compete in the global marketplace. The Premier promised to look into this because this lack of access does not make for a level playing field for First Nations.

Prior to the meeting at WRFN, the Premier visited the Helios Greenhouse Project developed by WRFN and located in Espanola. Premier Wynne was impressed with the Project, said Chief Shining Turtle, but even more impressed with the possibilities of taking the model developed by WRFN to northern communities. She could clearly see where northern First Nations could achieve self-reliance and independence by growing their own food, said the Chief.

How can we move ahead on practical solutions to some of the basic concerns like health, youth and economic development, while still engaging in treaty discussions is a question that the Premier asked, said the Chief. "I felt she was genuine in her concerns about some of the basic life issues our people are facing," said Chief Shining Turtle.

The Premier posed one final question to the Chief in the visit that stretched from 20 minutes to just under an hour. She told me she could count on me to be straightforward, he said.

What I'd really like to know, she said, is how are we doing in terms of our work with First Nations. Are we making a difference? If I don't know what the stumbling blocks are, I can't do anything about them, the Premier said to the Chief. "I felt she was sincere," he said. "I had to tell her I needed time to really think about it and talk to my Councillors. I made a commitment to write her a letter. It's a tough question to answer on the spot. I didn't want to leave anything out."

Chief Shining Turtle presented Premier Wynne with a quill box, a hand carved bowl and Sweetgrass from WRFN, and a handmade starblanket from United Chiefs and Council of Mnidoo Mnising.

It was a successful visit, said the Chief, and, "I'm optimistic about the future of our relationship with her government. However, I do question the quality of briefing that she's getting from the bureaucrats because there seemed to be a lot of basic information she didn't know about our First Nation."



## Message from Nishin Meawasige Band Manager

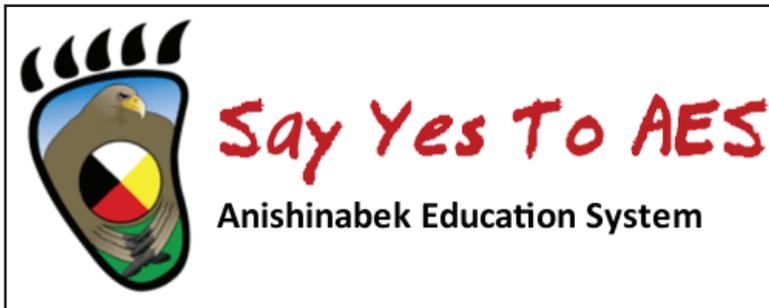
Ahnii, Boozhoo, Cooler fall weather is now approaching us and I hope you enjoyed your summer with family and friends.

It's back to school time and we have be very with preparations for our students returning to school here at Shawanosowe School and our neighbouring elementary and secondary schools.

Our Post-Secondary students are also now returning to their studies and we wish them the best of luck in achieving success this academic year!

For this month's newsletter, I would like to focus on providing updates on two important topics: Anishinabek Education System & Boundary Claim Update

### Anishinabek Education System



Whitefish River First Nation is one of participating First Nations in the Anishinabek Education System ratification process this Fall 2016. Information and ballot packages for this ratification process have been mailed out to all eligible voters.

There are various information sessions scheduled and I would encourage you to review the information package carefully to ensure you are aware of the dates.

The voting period will be from November 28, 2016 to December 2, 2016. In order for WRFN to opt into the Anishinabek Education System, it must also have an approved Education Constitution.

A draft of this document was made available during the WRFN powwow this past August 2016 and reviewed at a community information session on August 22, 2016.

This draft education constitution will be distributed to community members by October 2016 for your consideration leading up to the ratification vote.

If you have any questions on the AES ratification process, please contact Ratification Officer, Julie Wilder here at the office. Additional information on the AES and the associated ratification process can be found at the following link: [www.sayyestoaes.ca](http://www.sayyestoaes.ca)

We also have this information available in hard copy at the Administration Office as well.

### Boundary Claim Update

The remaining work to be completed on the Boundary Claim for WRFN relates to Trust Development.

The Trust Development Working Group is meeting in the month of September 2016 to continue efforts on developing a Trust model for WRFN that meets the needs of the community and requirements of the Settlement Agreement that has been negotiated between the Government of Canada and WRFN.

A community engagement session is also being planned before the end of October 2016 to present information on Trust Development and obtain feedback from WRFN citizens on the development process. More information on date and time of the community engagement session will be made available in the coming weeks.

We look forward to seeing you at the session and hearing what you have to share about Trust Development for WRFN.

If you have any questions regarding the abovementioned topics and/or any other matters pertaining to the WRFN Administration, please do not hesitate in contacting my office.

Chi Miigwetch and best of luck in your academic studies this Fall!



# Housing Department

## Georgina Recollet, Housing Manager

### Kim Laundry, Tenant Counsellor

#### 1. CMHC – Section 95 Proposal – 5 Two bedroom units.

An expression of interest was submitted on April 8, 2016 to CMHC for the construction of five new two bedroom units. This approval has been received with a loan in the amount of \$973,250.00 and a band contribution of \$66,810.00. An average cost of \$208,000.00 per unit. This does not include the infrastructure already in place.

We have included some green energy initiatives to decrease energy costs in the new designs such as LED lighting, hot water on demand and propane heating systems. Alternative energy sources like solar panels would have been ideal, but at a cost of approximately \$40,000.00 over our budgets we could not include it in the project.

This project has started with Birch Island Construction Company awarded the construction contract with a tentative date of completion on March 31, 2017.



Pictured above is BICC -left to right: Joe Recollet; Stanley Owl; Alex Shawanda; Bill Moroz, Construction Manager, and Zach Shawanda. Missing: Peter Toulouse, Skylar Shawanda and Ron Gamelin.

#### 2. CMHC – Renovation funding proposed for major renovations, health and safety and energy efficiency initiatives.

Submissions were completed to CMHC for the First Nation Section 95 Projects, band rentals, and private homeowners. There were 39 applications for CMHC Section 95 and 10 applications for RRAP to assist private homeowners.

Whitefish River First Nation received approval for 12 applications for the CMHC Section 95 Phases 1 and 3 only in the amount of \$300,000.00.

These applications included energy efficiency initiative such as new propane furnace, hot water on demand and LED lighting. This will decrease the energy costs of the tenants.

Although several applications were submitted to the new CMHC initiatives funding was only received for the Section 95 projects.

If you did not receive an approval letter from CMHC directly for your specific application is was not approved. We will resubmit next year again. Please note that there is a high demand for the Northern First Nation communities and we would not be a high priority in our area.

#### 3. CMHC –Section 95 (PDF) Proposal Development Funding –Elder’s Residence 2017-2018

INITIAL PLANNING MEETING FOR THE ELDER’S RESIDENTIAL COMPLEX: August 23, 2016



Pictured above left to right: Walter Kornas, Zarex Business Centre; Keith Nahwegahbow, BEDO; Genny Jacko, Mental Health Worker; Jean McGregor-Andrews, Housing Committee Member; Georgina Recollet, Housing Manager; Nishin Meawasige, Band Manager. Missing: Kim Laundry, Tenant Counselor; Brian McGregor, Housing Committee Chairperson; Tania Jacko, Housing Committee Member.

We have started the planning and business plan for an Elder’s Residence proposed for 2017-2018 with the CMHC Section 95 (PDF) proposal development funding. Our initial meeting was held on Tuesday, August 23, 2016 with the Housing Committee, invited staff members and Walter Kornas, Zarex Business Centre.

It is anticipated that we have community consultations both on and off the reserve to gather input in the design. More information will follow for future community consultations.



# Call for LNHL Committee Members

## WRFN Minor Sports and Recreation Update

### CALL FOR LNHL COMMITTEE MEMBERS WRFN WARRIORS HOCKEY PLAYERS, COACHES & VOLUNTEERS

The 46th Annual LNHL will be hosted by Moose Cree First Nation in the City of Mississauga on March 12 – 16, 2017. It's time to prepare and continue with fundraising efforts to send our Warriors Teams to the LNHL.

Volunteers are required for the LNHL Committee. If you are interested in volunteering your time for the LNHL committee, please submit your name to Nishin Meawasige, Band Manager.

8 Teams that have expressed interest in entering teams in the following divisions:

- Tyke
- Novice
- Atom
- 2 Pee Wee Teams (Boys & Girls)
- Bantam Boys
- 2 Midget teams (Boys & Girls)

Volunteers are required with coaching, trainers and managers.

A WRFN Warriors Information Meeting for parents, players, coaches and fans has been scheduled for September 20, 2016 at the WRFN Council Chambers at 6:00 p.m. Contact Kathleen Migwanabi at (705)285-4335 or by email at [kathleenm@whitefishriver.ca](mailto:kathleenm@whitefishriver.ca)



Boozhoo, Aanii Parents & Community Members,

On behalf of the WRFN Minors Sports and Recreation Committee we like to say CHI-MIIGWETCH to all the volunteers, bingo players, and community members who continue to support our fundraising efforts at our weekly bingos.

The WRFN Minor Sports and Recreation Committee host weekly bingos on Monday, Thursday and Saturday evenings, and we are asking parents and community members to donate a prize for our weekly mini raffles. The raffle prizes can consist of household items or gift cards in the amount of \$20.00.

All fundraising proceeds are used to support our children's Minor Sports and Recreational activities, and for our WRFN Warriors Hockey teams to participate at the Annual LNHL held during the March break.

Families, friends and all community members are encouraged to donate. Let's show our Community Spirit and support for Minor Sports and Recreation.

Please contact Jake Pakisogan, President of the WRFN Minor Sports and Recreation Committee at (705)285-0671.

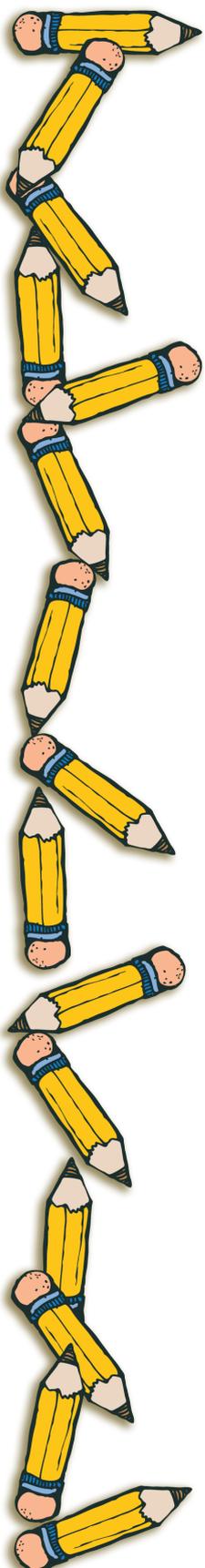
### WRFN Minor Sports & Recreation Fundraising Raffle

- 1st Prize: Choice of one of two star quilts  
2nd Prize: Star quilt  
3rd Prize: Set of pots and pans

Tickets are \$2.00 each or 3 for \$5.00

ONLY 500 TICKETS PRINTED  
BUY YOURS NOW!

Draw date: September 29, 2016



Community Calendar September			
Sunday	Monday	Tuesday	Wednesday
Note: Details on events are provided in the Health Centre News, AES and LNHL pages.			
4. <b>Parish Council Fundraiser</b>	5.	6. <b>Garden Committee Meeting 6-7PM</b>	7.
11. <b>Women's Social 6-9PM</b>	12.	13. <b>Chief and Council Meeting</b> <b>Fall Fasting Info. Session 6:30-7:30PM</b> <b>Quit Smoking Program 1PM-7PM</b>	14.
18.	19.	20. <b>AES Info. Session 6-8 PM</b> <b>LNHL Information Meeting 6PM</b>	21. <b>Fall Fast - Sun</b>
25. <b>Women's Social 6-9PM</b>	26.	27.	28. <b>Fall Fast - Sunshine Alley</b>

**LEGEND:**

**Health Centre**

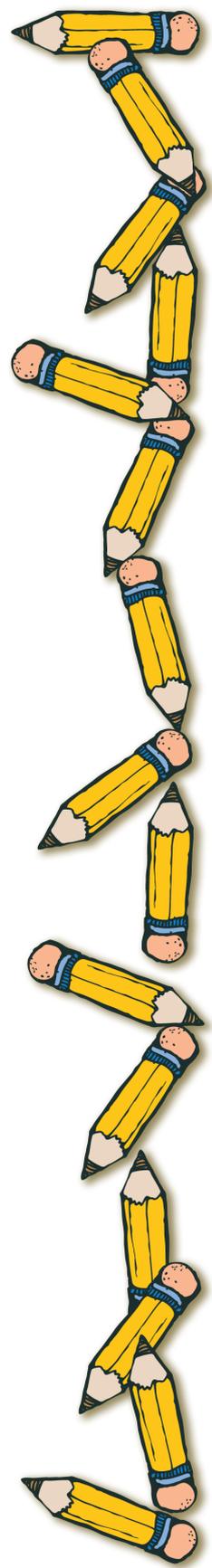
**Community Centre**

**Seven Fires Centre**



# Community Calendar September 2016

Wednesday	Thursday	Friday	Saturday
	1.	2.	3.
	8.	9. <b>Strengthening Our Voices 8:30 AM</b>	10. <b>Strengthening Our Voices 8:30 AM</b>
	15. <b>Community Open House (Audit Presentation)</b>  <b>Fall Fasting Info. Session 4-6 PM</b>	16. <b>Full Moon Ceremony 6:30 PM</b>	17.
	22.	23. <b>Community Energy Plan Focus Group 10AM-1PM</b>	24.
Sunshine Alley	Fall Fast - Sunshine Alley	Fall Fast - Sunshine Alley	Fall Fast - Sunshine Alley
	29.	30.	



**Council Chambers**

**Ball Park**

**Arbour**

**Rainbow Lodge**



# Ontario Works

**Emma Recollet, Ontario Works Administrator**

The Transitional Support Program is intended to provide Ontario Works, Ontario Disability Support and low income individuals and families who reside on Whitefish River First Nation with supports to secure, retain and/or maintain a home in a safe and healthy condition.

Low-income individuals and families may be eligible for supports through the Transitional Support Fund if they meet the eligibility criteria and have not accessed the Transitional Support Funds within the preceding 24 months for Non Social Assistance Individuals and families.

Individuals and Family:

- who are threatened with the loss of or have lost their shelter (e.g through eviction, fire, flooding, etc.), required utilities and/or heating fuel.
- are living in housing that is determined to be unsafe or unhealthy and requires repairs as a result of conditions where these repairs or replacement issues are not the responsibility of a landlord.
- must move to secure employment, undertaken education, escape domestic violence or address a disability, and/ or who in the opinion of the delivery agent requires support.
- have another shelter support health and safety need

that cannot be met, in the opinion of the delivery agent, other than through the provisions of a service or financial assistance.

- must be a resident in the Whitefish River First Nation community.

Transitional Support Funding may be used to provide services or financial assistance to eligible individuals and families for the following:

- rent deposits, fuel and hydro deposits
- prevent the discontinuance and/or assist with the re-connection of utilities or heating in an existing residence.
- arrears relating to shelter cost – where an first notice has been provided, arrears relating to utilities costs.
- where a disconnection notice has been provide, other services, items or costs necessary to maintain the safety or wellbeing of a person in the household, where such supports cannot be provided for through another means.

Funding may not be used to build new structure or conduct major renovations on existing structures.

For more information or to receive an application please contact Emma Recollet, Ontario Works Administrator at 705-285-4334 ext. 215 or emmar@whitefishriver.ca

Low income defined according to Statistics Canada Low Income Cut Offs chart, 2014.

Size of Family:	1 person	2 person	3 person	4 person	5 person	6 person	7 person
Income Level:	\$18 721.00	\$23 306.00	\$28 651.00	\$34 788.00	\$39 454.00	\$44 499.00	\$49 542.00

**Have a say in your child's education**

**Say Yes to the AES**  **Vote in November**



# Economic Development

## Keith Nahwegahbow, Economic Development Officer

August marked the conclusion of the 2016 Summer Work Experiment Program (SWEP). This year we had 5 post-secondary students and 6 secondary students in the program.

The SWEP program is designed to give students a chance to build up a work ethic, give back to the community, and of course save money for the school year. We did provide Standard First Aid training CPR Training to the students that needed it. First Aid Certification is good for 2 years and will go a long way to help the students be aware of safety hazards in life, school and any upcoming job opportunities. All the students were excellent in their positions and we wish the best of luck to them in the upcoming school year. Good job and god speed in the upcoming school year.

Fresh Vegetables! Are available at the health centre. Our garden team has been busy with the harvest season upon us. There are zucchini, squash, carrots, potatoes, and peppers available at the Health Centre. Pumpkins and tomatoes will be ready to harvest soon, be aware of notices when these become available. The Garden team also inviting the community members to be involved with garden committee. The next Garden Committee meeting is September 16th @ 6:00 PM. The meeting is a chance to learn about gardening activities, discuss ideas and give feedback to garden program. Anybody who wishes to learn more about the community garden program is encouraged to contact myself or our Food Security officer Gail Jacko.

Keep an eye out for a community engagement session for a new Economic Development Strategic Action Plan coming soon. I would ask that the community members start to gather ideas, write them down, and be prepared for a planning session that will set out a strategy for the economic development department for the next 5 years.

A new Whitefish River Strategic Action Plan will help set a community direction, align priorities, get everyone on the same page, and simplify the decision making process. Together we can create a strategy which respects the community's values for sustainable economic development. A new strategic plan will also help the community leverage funds for future projects. Some examples of economic development in the community can be; business ventures resource development, improving infrastructure, and strengthening community capacity.

### The Importance of a Cover Letter:

A cover letter is very important when submitting resume for a job application. Even if the job advertisement doesn't specify a

cover letter is required, it is important to make a first impression. A cover letter is a reflection of you and your skills. Each job application deserves a personalized cover letter.

In each cover letter you should answer who, what, and why questions. Who am I writing the letter to? A cover letter should always be from the point of view of the reader. Why are you writing this letter? Always highlight the specific position you interested in. And what do you hope the outcome of the letter is? Do you wish to obtain an interview?

Greetings. It's good to address the name of the person who will be reviewing your application. A good introduction tip is to include your name and address at the top right hand side of your cover letter. And then again in the closing of your letter ("sincerely" your name). This way it's the first and last thing your potential employer reads on your cover letter.

A cover letter usually contains three paragraphs; the opening, middle, and concluding paragraphs.

The opening paragraph states the reason why you're writing a cover letter. Use definite statements and avoid introducing yourself in an opening paragraph. Instead use "please accept this letter and enclosed resume" as an application for the position available. State where you saw or heard about the position available. Stand out by relating facts about the company or organization you're applying for.

The middle paragraph answers the question of why are you a good candidate for the position you're applying for. Use specific references to your resume without repeating what is on your resume (because it is attached to your cover letter). Use examples to highlight your strengths as an employee that relate to qualifications in the job ad.

The final paragraph is your chance to leave a positive impression with your potential employer. Always express the desire to meet the person you're writing a letter to. State that you're ready for an interview and end by leaving your contact information.

Always keep your paragraphs short. Normally employers will not read long paragraphs and your message might be lost. Two to three sentence is a good length for paragraph. Keep it short and concise. Then follow up with your application and call the employer to ensure they received your application. This should help with writing a cover letter for your resume. And remember I am available at the band office to assist anybody that needs it. Or if you would just like someone to review and give feedback on your cover letter.



## Visiting Medical Professionals

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. Dietitian (A.M.)	2. Diabetes Team (All Day) CHN (All day)	3.
4.	5.	6. Nurse Pract. (All day)	7. CHN (All day) Dr. Renwick (P.M.)	8. Nurse Pract. (All day) Dietitian (A.M.)	9. CHN (All day)	10.
11.	12.	13. Dr. Meikleham (P.M.)	14. Dr. Renwick (P.M.) CHN (All day)	15. Dietitian (A.M.)	16. CHN (All day) Diabetes Team (All Day) Foot Care (All day)	17.
18.	19.	20.	21. Dr. Renwick (All day) CHN (All day)	22. Dr. Meikleham (P.M.) Dietitian (A.M.)	23. CHN (All day)	24.
25.	26. Dr. Cooper (P.M.)	27. Nurse Pract. (All day)	28. CHN (All day)	29. Nurse Pract. (All day) Dr. Jeffery (P.M.) Dietitian (A.M.)	30. CHN (All day) Diabetes Team (All Day) Foot Care (All day)	



# Health Centre News

## Youth and Children:

- There will be no youth programming Sept. 5th-8th.
- Strengthening Our Voice workshop on Sept. 9th & 10th at the community centre. Contact Amber Zona for more information.
- The youth fundraising committee meets on Sept. 14th & 29th from 4-6PM. This meeting is for youth ages 15 and up.
- Youth Circle Night at 4PM on Sept. 28th for youth ages 12 and up.
- Youth Drop In every Friday night from 6-10PM.
- Making our Sacred Bundles workshop on Sept. 27th from 6-7PM for youth ages 12 and up.

## Adults:

- Women's Social will be held on Sept. 11th & 25th, see community calendar for the locations. Come out for socializing, fun and activities. For more information contact Louise Jacko.

## All Ages:

- Fall Fasting information sessions will be held on Sept. 13th & 15th. For more information, view the flyer on page 19.
- Fall Fasting will take place Sept. 21st-25th at the Dreamer's Rock area. Contact Candice Assinewe for more information.
- There will be a harvest potluck feast on October 2, watch for the flyer in your mailbox.



## FALL FASTING CEREMONIES



**SEPTEMBER 21 – 25<sup>TH</sup>, 2016**

**Who?** Open to Whitefish River First Nation Community Members

**What?** Fasting Ceremonies

**Where?** At Dreamers Rock Area

Connect with Self and Community

Traditional Teachings

Men and Women Helpers needed to Assist with preparations

Learn about Traditional Ceremonies and Customs

Energize your Mental, Emotional, Physical and Spiritual Self

If you are interested in Fasting and would like to learn more, we will be having Two Information Sessions:

**Session One:**  
September 13, 2016 - 6:30pm-7:30pm at the WRFN Community Centre.

**Session Two:**  
September 15, 2016 - 4:00pm-6:00pm (Dinner Provided) at the Seven Fires Youth and Elders Center.

**FOR MORE INFORMATION, PLEASE CONTACT**

CANDICE ASSINWE,  
COMMUNITY WELLNESS WORKER AT WRFN HEALTH CENTRE AT  
PH: 705-285-4354

## Garden Committee Meeting

**Tuesday September 6th, 2016**

**Health Center**

**6 p.m.—7p.m.**

**Calling all community members!** Come on out to meet your garden team and share your ideas for the Community Garden! Light snacks and refreshments provided.

The Garden Committee will meet the **first Tuesday of the month.**  
For more information contact Gail Jacko or Tyler Agawa at the Health Centre (705) 285 4354





# Anishinabek Education System (AES)

## Kiki Pelletier, AES Liasion Worker

The proposed Anishinabek Education System will give our students a better education and help them build better lives.

Today, nine in ten Anishinaabe students go to provincial schools off reserve. They don't learn about being Anishinaabe.

The Anishinabek Education System would make things better in four ways:

### 1. First Nations Control

Anishinabek First Nations exercise complete control over education from junior kindergarten to grade 12. The First Nations who join the Anishinabek Education System will:

- Make education laws.
- Build a team of educators and approval its work in developing a school program that includes Anishinabek culture, language, and history.
- Decide how best to deliver programs and services for students.
- Administer funds for university and college students.
- Develop recognized education standards that allow students to transfer between provincial schools and the Anishinabek Education System without academic penalty.

### 2. Built to Serve First Nations

The Anishinabek Education System will be controlled completely by First Nations, and not by any central body (like the Union of Ontario/Anishinabek Nation).

- The Kinooaadziwin Education Body will act like a school board. It will provide services to First Nations schools. It will handle relations with the provincial schools that Anishinaabe students attend.
- This education body will take direction from First Nations. It

will provide advice. It will not tell First Nations what to do.

- Education councils will help First Nations in each region to share services and work together.
- Like the central education body, the regional education councils will work for the First Nations.

### 3. Shared Resources for Student Success

Anishinabek First Nations can share resources to:

- Build school programs, monitor schools, help teachers to improve, and provide special education services.
- Buy educational programs and services together to save money.
- Set standards for schools to meet, then beat.

### 4. Secure, Predictable Funding

The Anishinabek Education System will have secure and predictable funding from the federal government. This will provide:

- Reliable funding for programs that now need special proposals. This means guaranteed funding for student literacy, numeracy and retention, school success plans, and measurement of student success.
- Stable funding for students to get university degrees, college diplomas, or trades certificates.
- Additional funds for agreed improvements to programs and services, and further increases if more First Nations join the education system.
- Automatic top-ups if the federal government raises its education budget for all First Nations by more than what it provides Anishinabek First Nations.
- Anishinabek First Nations can top up education funds from their own revenues without affecting their federal funding for education



## Next AES Information Session

Where? WRFN Community Centre

When? September 20, 2016

Time? 6:00 PM to 9:00 PM

**Lasagna dinner & light refreshments!  
Door prizes & giveaway items!**

**Representatives from the Anishinabek Nation will be available to answer your questions**



# Maamwe Kendaasing Child Care Centre

## Danette McGregor, RECE & Child Care Supervisor

Aanii! Another summer over already!!! Hard to believe the children have all headed back to school. We have some new faces both in the Toddler and Preschool Rooms: "Welcome".

Please be mindful the staff and children will spend a lot of time outside, weather permitting, and with the dew on the ground in the mornings it is important to make sure your child has a complete change of clothes available at the Child Care Centre daily.

Well another month has come and gone already along with another season. With the month of September comes new themes, for the month of September we will be looking at the following "Back to School", I am Special, Colors and Shapes and also Autumn. The letters we are going to be focusing on are A & B followed by the Number's 1, 2 & 3.

Also take this time to invite any parents to stop on in and share any ideas that they may have for any circle or art activity. Doors are always open for new ideas.

A reminder, we also specialized in our cultural component in the program, the direction during this season is the Western Doorway, the Colour is Black the Sacred Medicine is Sage and the seven grandfather teachings is Honesty & Humility. Our morning circles will be Mondays @ 9:00 a.m and Fridays @ 9:00 a.m.

Happy Birthday to the following children and staff:

Aurora - September 3  
 Rory - September 7  
 Reid - September 16  
 Havanna - September 21  
 Drake - September 24  
 K.C. - September 24  
 Staff Jo-Ann - September 24

We have openings in our Toddler Program, contact the Child Care Centre or come by and pickup an enrollment application. Baa maa pii!

## Enchanted Fairy Garden



If you're looking for a kid-friendly gardening project, consider the fairy garden. These whimsical container gardens offer kids a mini, planted playspace of their own with endless opportunity for customization and make-believe.

Even the least crafty of us can put together a fairy garden that entertains and enchants all who happen by.

### Five tips to help you get started on your fairy garden:

#### 1. Pick your container

When selecting a container, your options might be dictated by how much space you have or the desire to reuse something you already have at home like an old pot, wash bin or hanging

basket. The options are limitless, so consider what size works best for your space.

#### 2. Choose the fairy house

Log cabin? Teepee? Birdhouse? Beach chairs? Choosing the fairy's house sets the theme for the rest of the garden. Let the imagination rule. If your kid wants an igloo for his fairies and palm trees on the lawn instead of a fire pit, just say yes.

#### 3. Map it out

Before planting, gluing and otherwise setting up the garden, either sketch out where things will go on a piece of paper or position items loosely around the container. You'll quickly see whether you have too few or too many items as well as any other issues that might crop up.

#### 4. Location, location, location

Like any garden, what you plant should be based on what thrives in your area. Will your container have full sun all day, or will it be a bit damp and shaded?

Let your kid pick out what looks good to her, stick the whole thing in a semi-sunny spot and hope for the best. You can always replant it!

#### 5. Accessorize!

What really makes a fairy garden special is the personalized flair that each kid brings to it. Your child might paint little fairy signposts out of popsicle sticks while another glues them together to create a mini footbridge.



# Membership Office

## Kathleen Migwanabi, Lands Assistant and IRA

Membership Hours are Monday to Friday from: 9:00 a.m. to 4:00 p.m.

All Life Events are required to be registered. This includes: Births, Marriages, Divorces, Name Changes, Deaths, Transfer of Membership, Change of Residence (on-reserve /off-reserve). Forms are available in the membership office.

**Marriage Reporting:** A copy of your marriage certificate and marriage reporting form is required.

**Death Reporting:** A death Certificate is required to register the death of a registered band member

**Birth reporting:** Parents, it is your responsibility to register your child for Indian Status as soon as possible. A newborn is covered for non-insured health benefits under the parent until they turn 1. If your child is not registered after they turn 1 years of age, parents are responsible for all costs.

To register your child, required documents:

- Original long form birth certificate (also known as statement of live birth), and
- Statement of parents.

At this time, you may also wish to register your child for Citizenship with Whitefish River First Nation. Whitefish River is a section 10 band under the Indian Act and determines its own Citizenship (Band Membership). Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply.

### Main Benefits of Indian Status and Band Membership (Citizenship) may include:

- 1) Indian Status: non-insured health coverage, treaty payments (if applicable), possibility of post-secondary education funding, and exemption from certain federal and provincial taxes.
- 2) Band Membership (Citizenship): a right to reside on reserve, a right to housing, voting privileges within the band, and a right to community involvement and affairs.

**Band Change Report:** This report is posted for 30 days when there are changes (additions or deletions) to the Citizenship Register. This report will allow Citizens an opportunity to view the changes to the Citizenship Register.

### Certificate of Indian Status (CIS) Cards (paper Laminate Card):

If you require a status card, either for renewal or you lost your status card, you are required to produce TWO PIECES of government issued identification. There is a small

administration fee of \$5.00.

Acceptable forms of identification are:

- Certificate of Indian Status Card
- Birth Certificate,
- Canadian Passport (counts as two pieces)
- Driver's License,
- Provincial Health Card,
- Firearms License,
- Employee ID Card,
- Provincial ID Card,
- Student ID Card
- Guarantor Form (must provide i.d. also)

**MAIL OUT APPLICATIONS:** The membership office no longer does mail out applications for status card renewals. You may attend the WRFN Membership office to apply for a paper laminate card, or contact the nearest First Nation to inquire if they would issue you a card.

**To apply for the New Secure Certificate of Indian Status (SCIS) Card:** Please contact Indigenous and Northern Affairs Canada– Sudbury Regional office at (705)522-5100 to make an appointment. The office is located at the Sudbury Business Centre at 40 Elm Street, Unit 290, Sudbury, Ontario. Or you may attend the nearest AANDC Regional Office to apply for the SCIS card. Applications can also be found at the Aboriginal Affairs and Northern Development website at [www.aadnc-aandc.gc.ca](http://www.aadnc-aandc.gc.ca)

**GAS CARD APPLICATIONS/RENEWALS:** Applications are available in the membership office. A photocopy of your status card is required. The Application will be faxed out, and the gas card will be mailed to you. Gas card applications can be obtained by visiting the Ontario Ministry of Finance website or google: Certificate of Exemption (Gas Card).

### REQUEST FOR BAND MEMBERS TO UPDATE MAILING ADDRESS

Please update your mailing address and contact information with the WRFN Membership Clerk, Kathleen Migwanabi.

Your mailing address is required for voting purposes within the band, (i.e. elections, referendums), as well as distributing information.

Please contact Kathleen Migwanabi at the WRFN Administration Office at (705)285-4335 ext. 208, FAX: (705)285-4532 or by email at [kathleenm@whitefishriver.ca](mailto:kathleenm@whitefishriver.ca). Miigwetch



The Pow Wow Committee would like to thank all those that volunteered, donated and sponsored our annual traditional pow wow.

We would like to thank the following businesses and organizations for their support:

Whitefish River First Nation  
 Nahwegahbow & Corbiere  
 Raising the Spirit  
 Olthuis Kler Townshend LLP  
 Dreamcatcher Foundation  
 Northland Power  
 McGregor Bay Association  
 Mnaamodzawin Health Services  
 Noojmowin-Teg Health Centre  
 Hebert Fisheries  
 Cecchetto & Sons Ltd.

Waubetek  
 Wolfie's  
 D&D's Trading Post  
 Brock University  
 Manitoulin Fuels  
 Cattail Construction  
 Fresh Co.  
 Anishinabe Spiritual Centre  
 Giant Tiger  
 Gaurdian Pharmacy  
 Dan's Electric

We would like to also recognize the following individuals for their contributions:

Mary Grace McGregor  
 Jim McGregor  
 Cara McGregor Visitor  
 Wynona Visitor

Mariette & Greg Sutherland  
 Ann McGregor  
 Crystal Clark McGregor  
 Doreen Jacko

## The Community Energy Plan Needs Your Help!

### Call for Focus Group Participants

*"What is the best way for our community to manage our energy affairs in the future?"*



Focus Group Date:  
**Friday, September 23<sup>rd</sup>, 2016**

Focus Group Time:  
**10 am – 1 pm**  
 (Lunch Provided)

Focus Group Location:  
**Whitefish River Community Centre**

There are limited spaces available. First come, first accepted.  
 Only one participant per household.

We are looking for a representative sample of community members to take part in a ½ day workshop in the community. You will be asked to provide input into the future of energy use, generation, conservation and education as well as provide advice on the path to energy independence for Whitefish River. We are asking for participants from the following demographic profiles:

- 2 youth women (18-25)
- 2 youth men (18-25)
- 2 elder men (over 50)
- 2 elder women (over 50)
- 2 men (25-50)
- 2 women (25-50)
- 2 off-territory residents (any age group, separate households)

*If you are interested in taking part in this focus group session, please contact the organizer below:*

Daphne Harmon, Administrative Coordinator

1109 Mississauga Street  
 Curve Lake First Nation, ON  
 Phone: 705-657-1126  
 Fax: 705-657-9231

E-mail:  
 d.harmon@cambiumaboriginal.com



**Now you can become a happy non-smoker in 6 hours.**

The world-famous **Easyway** seminar is coming to you. It has the highest success rate of any method.

**Why wait any longer?**



Allen Carr's  
**Easyway**  
 To Stop Smoking

**When:**

September 13 from 1-7 pm  
 There are 5 smoke breaks ending with the "ritual" final cigarette.  
 N.B: You must attend the whole session. Please arrive latest by 12:45 pm

**Where:**

Whitefish River Community Centre

**To Sign Up:**

Call Louise Jacko or Genny Jacko  
 Phone: (705) 285-4354 ext.212  
 Email: ljacko@whitefishriver.ca

General enquiries : Crystal Madahbee Phone: (705) 368-2182 ext. 231

[www.TheEasywayToStopSmoking.com](http://www.TheEasywayToStopSmoking.com)

# SAY YES TO AES

## Who is affected?



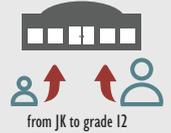
**33** Anishinabek First Nations  
in Ontario

up to **52,000**  
Anishinabek

or about 1/3 of First Nation  
people in the province



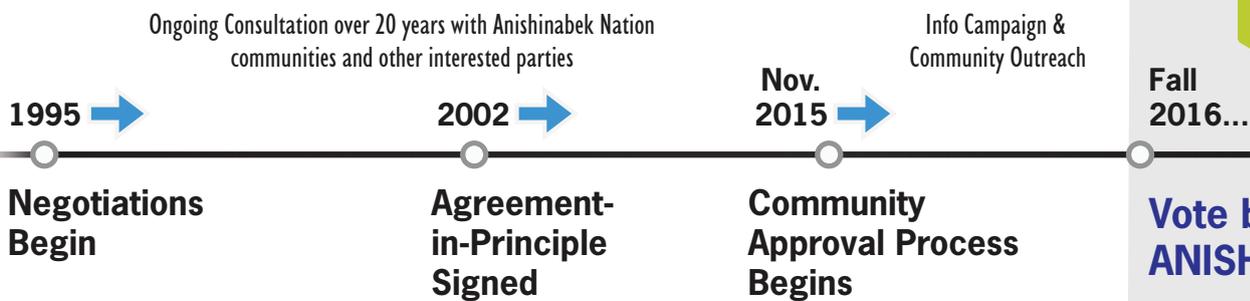
up to **4,000**  
students  
on reserve



- 1 Fort William
- 2 Long Lake #58
- 3 Pays Plat
- 4 Pic Mobert
- 5 Biigtigong Nishnaabeg
- 6 Red Rock
- 7 Biinjitiwaabik Zaaging Anishinaabek
- 8 Atikameksheng Anishinabek
- 9 Michipicoten
- 10 Mississauga #8
- 11 Ojibways of Garden River
- 12 Aundeck Omni Kaning
- 13 Sheguiandah
- 14 Sheshegwaning
- 15 Whitefish River
- 16 Zhiibaahaasing
- 17 Dokis

- 18 Henvey Inlet
- 19 Moose Deer Point
- 20 Nipissing
- 21 Magnetawan
- 22 Wahnapiatae
- 23 Wasauksing
- 24 Aamjiwnaang
- 25 Alderville
- 26 Algonquins of Pikwakanagan
- 27 Beausoleil
- 28 Curve Lake
- 29 Chippewas of Georgina Island
- 30 Chippewas of Kettle & Stony Point
- 31 Chippewas of Rama
- 32 Mississaugas of Scugog
- 33 Munsee-Delaware Nation

## Looking Back/Looking Ahead



If approved, next step = Anishinabek education laws and federal legislation to put agreement + AES in place

## At a Glance: the Anishinabek Education System (AES)

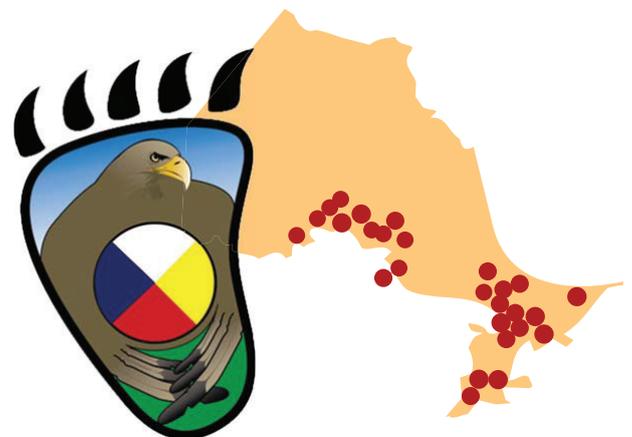
Participating First Nations control education from JK to Grade 12 on reserve

Promotes Anishinaabe customs and language

Anishinaabe education standards recognized for easy transition of students between schools

New central Kinoomaadziwin Education Body (KEB) with school board-like powers

Support funding continues for post-secondary students



The logo created by the Anishinabek Nation for the Anishinabek Education System (AES) is meant to symbolize the beliefs and values of Anishinabek.