Christmas Time in Whitefish River

Nobody does Christmas quite like us. Christmas parties and holiday-themed programs are in abundance this time of year. We also have our festive staples such as the annual Christmas parade and the annual Shawanosowe School Christmas concert. Christmas time in Whitefish River is truly unique and special.

The community holiday festivities kicked off with the annual Christmas parade on Dec. 17. The community centre was open during the day for a Christmas movie, activities and games. In the evening, the Christmas parade took place following a chili and scone dinner and a performance by Crystal Shawanda.

On Dec. 18, the health staff held a Holiday Fun Day at the Seven Fires Youth and Elders centre. The youth worker, Amber Zona, held a Christmas craft and cookies session in the morning. Linda Roy was on hand in the afternoon to take family Christmas photos. The day wrapped up with a Christmas movie and mocktails.

The youth and elders had a joint Christmas party at the community centre on Dec. 15. Greg "the Goose" Sutherland was on hand to MC the event. Santa also made an appearance and brought smiles and laughter to all! The youth and elders enjoyed a turkey dinner, fun games and live entertainment. The youth gifted the elders with handmade mugs at the end of the evening.

Last but certainly not least, Shawanosowe School held their annual Christmas concert on Dec. 21 at the community centre.

This year’s theme was “Catching Fire”. The night was kicked off with the Shawanosowe School students singing “Merry, Merry Christmas” a musical composition by Joanne Hogarth.

Shawanosowe Students performed a play based on the story “Nanabosho Steals Fire”.

Afterwards the toddlers and preschoolers from Maamwe Kendaasing Child Care Centre performed. They performed the Fire Keeper song with their hand drums on stage.

Jean McGregor-Andrews, Tim McGregor and Esther Osche gave a short introduction before the play commenced.

Throughout the evening the story “Nanabosho Steals Fire” was performed by 12 students from Shawanosowe School. Between the acts of the play, different classes performed dances to fire-titled songs.

Santa arrived at the end of the concert to hand out gifts as he does every year. He brought laughter to the audience and brought smiles to the children.

All of these events were a great way to finish off 2016!
Around the Community

Crystal Shawanda performed following the annual Christmas parade on Dec. 17.

One of the few floats made by community members during the annual Christmas parade.

The children from the daycare drumming and singing the Fire Song at the annual Christmas concert on Dec. 21.

Students from Shawanosowe School kicked off the Christmas concert with the song “Merry, Merry Christmas.”
Birthday Wishes

Happy 16th Birthday to Tanner on January 17th
Love Grandma

Happy 60th Birthday to Todd McGregor on January 21st!
Love Crystal

Happy Birthday to my sister Cara Mae on January 15th!
Love Brianna

Happy Birthday to my best friend & favourite cousin Hilary on January 7th! Love ya girl!
From Brianna

Happy Birthday to my godmother Hilary on January 7th.
Love Isla xoxo

Around the Community

Santa made an appearance at the Elder & Youth Christmas party on Dec. 15.

Cara McGregor and Brian McGregor face off in game of Tic Tac Toe at the Elder & Youth Christmas party.

EMPLOYMENT OPPORTUNITY

Water Security Coordinator Position
Short Term Employment

The Whitefish River First Nation is seeking a motivated individual to fulfill the role and responsibilities for the position of Water Security Coordinator Position. As the Water Security Coordinator, the successful applicant will be responsible for the following:

Responsibilities:

- The Water Security Coordinator will effectively test the quality of our First Nations drinking water cisterns based on a water quality monitoring program developed by the Environmental Health Officer.
- Maintain a water sampling program utilizing the community’s microbiologic testing system, sample and test raw surface water for e-coli and total coliforms as per Canadian Drinking Water Quality Guidelines.
- Seek ways and methods of enacting recommendations from the Whitefish River First Nations Source Water Protection Plan.
- Focus time on working with the Water Advisory Committee.
- Establish a plan for a formal shore line cleanup for traditional and swimming areas around Whitefish River First Nation.
- Gather Traditional Ecological Knowledge from community members who utilize the water and water ways for cultural, spiritual and traditional harvesting.
- Build awareness within Whitefish River First Nation to re-establish the historical cultural and spiritual relationship with water.

Qualifications:

1. Must have secondary grade 12 diploma or equivalent
2. Must have a valid class “G” driver’s license and access to reliable vehicle
3. Experience with water testing equipment and procedures an asset
4. Experience with Health Canada’s Green Plan program.
5. Willing to take training and upgrading
6. Knowledge of office and computer skills.
7. Available to work evenings and weekends

Interested applicants to forward a cover letter and resume with 3 references no later than 12:00 noon, January 9th, 2017.

Whitefish River First Nation
17A Rainbow Ridge Road,
Birch Island, ON, P0P 1A0
Attn: Leslie McGregor,
Health and Social Services Manager
On November 29th, Shawanosowe School received the Stellar Award, presented by the Education Coordinating Team. The school received the award for exemplary community partner Indigenous Teacher education and are very deserving of special recognition as a Stellar Employer supporting experiential learning. ATEP teacher candidates have also selected Shawanosowe School as one of their top preferences to learn from experienced teachers mentors.

Shawanosowe School will also be celebrating its annual Christmas Concert. The Christmas concert is practically an institution in the community. The exact origins of the concert is not known.

In speaking with one of the elders, he described going to watch the Christmas concert when he was a young boy. So, the concert origins may be over 75 years, and that would takes is beginning to somewhere in the 1940s? This is remarkable.

If anyone has a knowledge of the origins, this would be a great story to share with the community and the school.

As everyone knows, there is a lot of pressure on the environment and particularly the water systems. This has been really evident in the Standing Rock as they are standing together to try to protect the water systems in their territory. Following up on this the council passed resolution 3600 calling on the protection of water in our territory.

We resolve, we, the Anishinaabe of Whitefish River First Nation, therefore strongly assert our self-determination right to make decisions about water in our territory. We must be fully involved in all resource water and water shed protection planning and in all decisions about water licenses and access to water for navigation, transportation, industrial use and other purposes. We declare that we will continue to rely on Anishinaabe law and our teachings and ceremonies to respect water, and protect water, the life-giving gift of the Creator.

We currently have three capital projects to update you on;

1. We are building 5 new family housing under our CMHC agreement for this fiscal year. The 5 units are under construction in the Maple Heights Subdivision. The work is being completed by Birch Island Construction Company (BICC). The foundation work is completed and the framing has been completed on 4 of the units. The new housing will help the housing department provide more housing opportunities for our citizens.

2. The outdoor rink is getting a facelift. The concrete slab and footing have been poured and now the new rink boards have been installed to allow for ice skating and hockey. The change rooms will be renovated to provide for a heated space and touch ups to the building. This work is also be constructed by BICC.

3. We have finalized the Water Engineering Study on the capacity of the Water Tower (reservoir) led by First Nation Engineering Services Limited. The Design Approval Request (DAR) has been approved by INAC. The DAR outlines the scope of work for the Elevated Storage Reservoir. This design phase will justify the Project Approval Request (PAR) submission to access construction funding of over $3 Million dollars to construct a new Elevated Storage Reservoir in 2017/18 fiscal year. The Professional Project Managers have been selected for the project and will work with our project team to finalize the design and construction.

We have been working with AANDC on a process to repatriate lands in the northern part of our community. Several years ago, we developed a work plan with AANDC lands to follow a process to bring two pieces of land back to the First Nation.

We can report that we have been successful in repatriating one portion of just over 1852.85 acres of lands that will be returned as part of our reserve lands, this is very good news.

We continue to work through the other tract of land that will also be returned at some point in the future. The Land Claim process is moving along, we have had 4 sessions to date with our citizens on and off reserve.

We have developed a process chart on what is required for our land claim, as we have just completed the off reserve community consultations. Our next major milestone is the development of the Trust document for community input.

On behalf of Council, we wish to thank all our citizens that have participated in the information sessions on the settlement offer to date and we look forward to working together on the Trust document.

The work on our Highway Claim is very close to finalization. We are in the final process with INAC on the settlement provisions and once this is finalized, we will be in a position to make the announcement at the annual King’s Day feast. The highway claim was started in 1985 and after 31 years, Canada and Ontario have agreed to a settlement offer with our band.
Please join us at the Kings Day Feast and help us welcome the new arrivals to our community by attending the Baby Welcoming Ceremony! Families are encouraged to bring their feast plates and a potluck item.

When? January 6\textsuperscript{th}, 2017 Starting at 3:30pm!
Where? WRFN Community Center

**Agenda**

- **2:30-4:00pm:** Baby Photos for our newest community members
- **4:00-5:00pm:** Baby Welcoming Ceremony
- **5:00-6:00pm:** Kings Day Feast & Welcome from Chief and Council
- **6:00-7:00pm:** Special Chief & Council Update on Highway 6 Claim
- **7:00-9:00pm:** Community Social & Entertainment with Elijah & The Back Burners

For more information, please contact WRFN Administration at 705-285-4335 or WRFN Health Centre at 705-285-4354.
Are you having trouble keeping up with the high costs of heating your home?

The Whitefish River First Nation, in partnership with the United Way of Greater Simcoe County, is assisting in administering the 2016 LEAP (Low-Income Energy Assistance Program). This is offered on a first-come-first-serve basis, pending funding availability.

LEAP is a grant program intended to offer emergency relief to customers experiencing difficulty paying current electrical arrears. This program was developed by the Ontario Energy Board in order to provide emergency financial assistance to low-income energy consumers.

The grant level is set at a maximum of $500 for fuel heated homes, per household per year, and up to a maximum of $600 for customers with electrically heated homes.

If you are in arrears in your electrical bills, we encourage you to come in and apply for this grant. Although it is geared to low-income households, they do take into consideration special circumstances that may put you into arrears.

In addition to LEAP, we can also assist community members in applying for the Ontario Electricity Support Program (OESP). Although this program is open to all residents of Ontario, OESP provides a higher level of support to lower-income First Nation households.

This program came into effect January 2016. Once approved, OESP will apply a monthly credit directly to your hydro bill, which can range from $40 - $75. The amount of the credit depends on the number of people living in your home and the combined household income.

To apply for this program you will need the following:
• Proof of household income of everyone over the age of 18 years.
• Names and birthdates of all residents in the home
• Copy of your hydro bill
• Social Insurance Numbers for everyone that has one in the home

If you don’t qualify for any of the above programs, you can apply to the Hydro One Payment Plan (HOPP) program. This program is administered through a credit company that will negotiate a repayment plan with Hydro One that will be manageable and within your financial means.

Hydro One will usually only approve a 10-12 month repayment plan through their office, but HOPP can negotiate a plan on your behalf for up to 2 years.

We encourage all community members that may be experiencing difficulty paying their heating bills to take advantage of these opportunities.

Please contact the Housing Department @ 705-285-4335 for further information or to set up an appointment for your pre-screening interview.

Housing Department
Georgina Recollet, Housing Manager
Matrimonial Real Property Law
COEMRP Special Pilot Project – January 2017

The Centre of Excellence for Matrimonial Real Property (COEMRP) support First Nations in implementing the Family Homes on Reserves and Matrimonial Interests or Rights Act (the Act) and in the developing and implementing their own on-reserve Matrimonial Real Property (MRP) Laws.

Whitefish River First Nation recently accessed funding through the COEMRP to increase the availability and awareness of the “Whitefish River First Nation Matrimonial Real Property Law”, which was ratified on June 9, 2015. Part of our funded project includes community awareness initiatives, publishing MRP Law information on our websites and developing publications.

At this point we are requesting that Whitefish River First Nation citizens forward questions about the WRFN MRP Law to Georgina Recollet, Housing Manager, before January 31, 2017. Questions should be submitted in a sealed envelope marked “Confidential – MRP”.

The following are examples of questions that could be asked:
(i) Does this law apply to band rental units when there is a separation?
(ii) Does this law apply to bank accounts and retirement funds?
(iii) Can non-citizens obtain certificates of possession under this law?
(iv) How do we determine the real value of our on-reserve home?

We will then forward your questions to Matthew Boulton of Woodward & Co. Lawyers LLP, our MRP Law legal team, to review and answer.

Responses to the questions posed and additional information on the WRFN MRP Law will be delivered orally and in pamphlet form during a community information session on March 1, 2017 at the Whitefish River First Nation Community Centre at 5:00 p.m.

For more information please contact Nishin Meawasige, Band Manager.

Membership Office
Kathleen Migwanabi, Membership Clerk

The membership office is open daily to assist band members with membership such as renewing your status card or registering life events. Life events are required to be registered. These include births, name change, marriages, divorces, and death.

Birth reporting: Parents, it is your responsibility to register your child for Indian Status as soon as possible. A newborn is covered under the parent(s) until their first birthday. If your child is not registered as a status Indian, then the parent(s) is financially responsible for non-insured health benefits. To register your child, a registration form is required to be completed by the parent(s) and the long form birth certificate is required (also known as statement of live birth).

At this time, you may also wish to register your child for Citizenship or Probationary Citizenship with Whitefish River First Nation. Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply. Applications for Citizenship and Probationary Citizenship are available upon request.

Main Benefits of Indian Status and Band Membership (Citizenship) may include:
1) Indian Status: possibly post-secondary education assistance, non-insured health coverage, treaty payments (if applicable), and exemption from certain federal and provincial taxes.
2) Band Membership (Citizenship): right to reside on reserve, right to housing, voting privileges within the band, and right to community involvement and affairs.

MAILING ADDRESS UPDATE
Members of Whitefish River First Nation, please update your mailing address and contact information with the WRFN Membership Clerk. Your mailing address is required for voting purposes within the band, (i.e. elections, referendums), as well as distributing information.

Please contact Kathleen Migwanabi at the WRFN Administration Office at (705)285-4335 ext. 208, FAX: (705)285-4532 or by email at kathleenm@whitefishriver.ca
## Community Calendar

**January 2017**

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**LEGEND:**
- Health Centre
- Community Centre
- Seven Fires Centre
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**Baby Welcoming and Kings Day Feast 3-6PM**

**Meshkawzi Kwe Program 5-7PM**

**Debt Management Noon**

**Garden Committee Mtg 6-7PM**

**Maple Syrup Seminar 10AM-3PM**

**Council Chambers**

**Ball Park**

**Arbour**

**Rainbow Lodge**
Will Hibernating Bears See the Spring?
Feature from TEK Elders December Newsletter

This summer, bears have been seen at dumps, in grain fields, in apple trees in the city, in the town, in houses, at schools and day cares everywhere accept their natural habitat.

So why is this happening? Some can argue it has something to do with cancelling of the bear hunt. Ok, that is partly possible. It certainly is not exclusive. The fact of the matter is that most will tell you this is the worst year to date for bear sightings.

It is not enough they are a nuisance but the bears are shot by farmer’s and people in built up areas because of the threat to crops, animals, live stock, children, and property.

In 3 townships alone it has been disclosed that 125 bears were shot dead and buried.

A bear’s natural diet changes with the seasons. In the Spring they eat tender shoots, grasses, leaf buds and skunk cabbage.

During the summer months the bears refocus their attention to maturing berries, beetles, ants, slugs, termites, worms and they catch suckers in creeks. All these elements are essential to their diet as their bodies prepare for winter sleep. They are also known to take down young deer and moose.

In the fall, they forage on nuts and acorns to the point they will raid a squirrel’s cache if found.

Unfortunately, clear cutting and areal spraying the forest has destroyed many hectares of natural habitat for the bear.

Elders who see bears grazing summer fields will tell you this is not natural for this time of year.

There is not enough in the grass to build fat for their body. How will the female be able to nurture a growing cub inside her?

There are no berries in the bush, most areas which are typically harvested are black, all life is dead.

The elders worry that most bears may not survive the cold winter because they just don't have enough fat on their body.

Moving forward is understanding the possibilities that lay ahead. There is much to do in restoring balance with Mother Earth.

Since the dawn of time Mother Earth has provided the essential elements of life, water, air, food, shelter and medicines for the First Nation People.

Her ability to sustain us and all future generations is directly related to what is done to the forests, rivers and all fellow life beings.

The current state of our environment indicates with true certainty that we are all on a path of self-destruction. All nations have a shared responsibility for the protection of natural resources in order to maintain balance in all aspects of life.

Our existence as humans is brief when we compare ourselves within the bigger picture of time in the universe. We only borrow this planet from the generations to come.

Now is the time for governments to recognize that reality and begin to consult with First Nations in respect of not only the treaties but that of life itself.
Ahnii, I’ve had two engagement session with the community regarding the new economic development strategic plan for 2017-2021.

There was one session for community engagement on Saturday November 19th 2016. Another session was held during a right to play session to engage the youth on their ideas and thoughts for the future of economic development in Whitefish River.

In the New Year I will be looking to hold more community engagement sessions as well have a questionnaire developed to engage community members who cannot attend community engagement session due to prior commitments.

The goal is give all community members a chance to have input into the new economic development strategic plan.

**Wehn-Pah-Nud Loan fund – “It’s easy”**

Who remembers the When-Pah-Nud loan fund? Well its coming back. The When-Pah-Nud loan is a small business loan fund designed to provide opportunities to the entrepreneurs of Whitefish River First Nation.

We wish to provide opportunities for entrepreneurs to build confidence, build a sense of ownership and your work. To qualify for the small loan fund you will go through an application process that will resemble a business plan.

So we wish any community members have any small business ideas for themselves or the community to start to develop your plan now to be the first to take advantage of the return of the Wehn-Pah-Nud small loan fund. More information to come in the future.

**Upcoming Events**

For all Maple Syrup producers in Birch Island there will be a Maple Syrup Seminar on January 20 2017. The seminar will be held at the community centre from 10 AM to 3 PM.
### Visiting Medical Professionals

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Health Centre News

Student Placement:

My name is Natasha Laundrie, I am currently enrolled in the Recreation Therapy program, completing my 2nd and final year. I will be doing my placement at the Whitefish River Health Centre with the Right to Play Community Mentor Crystal McGregor. I am looking forward to working with the youth in the community.

Youth and Children:

- Shawanosowe ASP at 4PM-6PM for Grades 3-6 every Tuesday.

- Youth Drop In Night at 7 Fires from 6 PM to 10PM every Friday night.

- Study Buddies at 7 Fires from 4PM-5PM for youth 12+yrs every Tuesday.

- Snow Shoe Program for youth 6-14yrs old 4:30PM-6PM on Jan. 18 & 25. Contact Amber Zona for more information.

Adults:

- Starting January 11, there will be an 11-week program for women 18+. Contact Candice Assinewe for more information.

BADMINTON

For Ages 11-14 Years

Every Saturday 12:30-3:30pm

January 21 – March 4, 2017
(Excluding February 18th)

Registration forms can be filled out at the Whitefish River Health Centre. For more information, contact Amber Zona at 705-285-4354 or Mark Peltier at 705-386-2182 Ext. 244. www.noojmovin-teg.ca

DBAAJMOVWIN

Telling a Story
Strengthening our Community through the Art of Spoken Word

Jared Robillard, with the scared 4 elements peace, love, unity and fun in mind this 8-boy is reconnecting us to our roots through Spoken Word.

A three month youth specific program ending with a community event. This program is to address issues of family violence in an contemporary and innovative way. Gift Cards provided to participants.

Wednesday, January 4, 2016
Saturday & Sunday January 14, 21, 22 & 28
2016
Health Centre
TIME: 12:00 pm - 5:00 pm
Ages 19-29

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Wednesday, January 4, 2016
Saturday & Sunday January 14, 21, 22 & 28
2016
Health Centre
TIME: 12:00 pm - 5:00 pm
Ages 19-29
Greetings Everyone!

I hope you had a wonderful holiday season filled with fun, laughter and good cheer. Everyone works extremely hard and deserves that break. At the same time, I am happy to be back to work with everyone. It is going to be a great 2017!

High School students, those exams are right around the corner. I encourage you to take the time you have now to set that study game plan and implement it. In the November issue, I listed some study tips and here they are again.

1) Set Study Goals: Never underestimate the power of identifying to yourself the thing you need to achieve. Also, time moves so fast that you do not want to find yourself in a situation where you’re cramming at the last hour.

2) Make a Study Plan: Again, time moves quickly. A good plan will help you make the most of your time and help reduce that feeling that you’re not prepared.

3) Take Regular Study Breaks: We can only absorb so much information in one sitting. Take a break and go for a quick walk or make a sandwich.

4) Embrace New Technology: I’m “old school”, I like writing things down, highlighting and post-it notes. Perhaps that’s not for you; technology is full of productivity applications that you may find useful for you.

5) Test Yourself: Final exams can be intimidating. Testing yourself with mini quizzes or ask for a blank copy of a test you took over the semester. These little quizzes will help you feel confident walking into that exam room.

6) Find a Healthy Balance: Remember to do some self-care. Exercising, eating health and a good nights sleep will go a long way.

For those families who have students getting ready for college or university, I’m very excited for you. College and university is a wonderful life experience, you learn so much about the world around you, your career choice and also about yourself.

In the December issue I mentioned helping with the transition was going to be a priority. I have already received some emails and pop-ins to my office from students with some very good questions.

I encourage those students looking to move onto college and university in Fall 2017 to attend the Maximize Your Cash Flow session beginning Wednesday February 1, 2017.

It is a 4-week program that will give you information about WRFN’s Post-Secondary Education Policy and some useful resources, personal budgeting, and information about apartment searches. During the last session, there will be a guest speaker.

We will be inviting a currently enrolled WRFN post-secondary student to share with you some personal experiences. Also giving you the opportunity to ask some of those burning questions.

For now, here is some key information for students going into post-secondary.

- The application deadline is April 1, 2017. Please come by the office and pick-up the Post-Secondary Education Policy from the receptionist; this also contains the application.
- We do not want any student to miss out on the funding opportunity. So even if you do not have all the supporting documents, submit the application on or before the deadline anyway. Just attach a note indicating when the supporting documents will be coming in.
- If you have any questions, do not be afraid to ask. We are here to help you succeed.

I have to say again, your hard work and dedication does not go un-noticed. Keep up the amazing work! We are tremendously proud of you! This applies to all students, parents/guardians, teachers, and education assistants.

I welcome suggestions and comments regarding the information that is provided in the Education Department session of the Rezound.

If there is something that you would like mentioned or you have questions, please feel free to come and pop into the office or send an email to education@whitefishriver.ca.
Aanii! From the Maamwe Kendaasing Child Care Centre:

The staff and children would like to wish everyone a Happy New Year and may the New Year bring positive interaction for your Child Care Centre.

Our Program Advisor, Marc Tardif from the Ministry of Education – Early Learning Division was in to do the annual site inspection. Marc was pleased on the operations and management of the Child Care Centre.

And commented how well it was organized and how quickly we incorporate the changes from the Child Care Early Years Act dictated by the Ministry of Education.

As the weather is very cold, please make sure your child has the proper clothing to keep them comfortable outside as we do go out most days. Also make sure to have a complete change of clothes at the daycare in case of any accidents!

The children were so excited to see Santa with many gifts for the children during the annual Christmas Luncheon. Miigwetch to Staff and Santa until next year!

The Annual Christmas Concert with Shawanosowe School was a great performance by all.

Birthday wishes to:

Lily – January 10
Leonidas – January 14
Staff – Dolores – January 20

PD – Reflecting on values – Reggio Emilia Approach - Saturday, January 14, 2017

Happy New Year Everyone! I hope everyone had a great holiday season and got to spend lots of time relaxing with those they love.

We are so happy to be back with all my little friends. We continue to have our outside time in the morning and the afternoon, so please make sure your child has warm snow pants, coat, mitts, hat, and boots. The hats that tie under the chin or the ones that pull over the head and cover the sides of the face are the best as the children don’t pull them off as often.

This month we will be focusing on “Starting a new year”, winter fun, feelings and transportation. We will be doing fun activities and circle times based on these themes. If your child has anything special he or she would like to bring to daycare to share about at circle time please feel free to send it with them.

Our art work and our circles well are based on these themes' throughout the month of January. If you have any ideals please feel free to come in and share them with us. We’re always looking for new ideas to share with the children.

We are pleased to welcome Dolores Pitawanakwat as our new Preschool Educator. Dolores has previously worked for the Maamwe Kendaasing Child Care Centre and is familiar with the children, parents.
Coming Soon!
Save the Date!
For the Meshkawzi Kwe Program!

Means strong woman from within, this is an 11-week program for Women 18+ that focuses on empowering the inner strength, health and well-being as an Anishinabe Kwe!

When?
Every Wednesday Starting January 11, 2017 to March 29th, 2017 from 5pm-7pm

Where? At the Seven Fires Youth & Elders Centre

Session Topics Include!

- Taking Care of Your Fire Within
- Beautiful You!
- Healthy Relationships
- Your Body, Your Strength
- Chi-Wisnin Nishin!
- Maandaakwe Make Overs
- Self-Care & Foot Soaks
- Bundle Up! Scarf Making
- Traditional Teachings & Story Telling
- A Woman’s Intuition and much more!

For more information or to register, please contact Candice Assiniwe at the health centre at 705-285-4354 or via email at candicea@whitefishriver.ca

Grade 12 Students please join us in our 4 week program to help you prepare for Post-Secondary!

We will be discussing the following topics:

- Week 1: Introduction
- Week 2: First Nation Education Policies and Procedures / Resources
- Week 3: Budgeting & Apartment search
- Week 4: Guest speaker

Program will begin on Wednesday, February 1, 2017 in the Band Council Chambers from 3:30 – 6:00 pm.

Dinner will be provided at each session.

Please contact Vanessa or Kim to Register or if you have any questions. 705-285-4335.

Funded by: In partnership with:

Garden Committee Meeting

Tuesday January 17, 2017
Health Center
6 p.m.—7p.m.

Planning Meeting for 2017! Let’s decide what we want to plant in the Community Garden! Light snacks and refreshments provided.

For more information contact Gail Jacko or Tyler Agawa at the Health Centre (705) 285 4354