



THE REZOUND

Ojibways of Whitefish River First Nation

For the Love of the Game

Grand reopening of the newly renovated outdoor rink

After months of renovating the outdoor rink, the grand reopening was held on Feb. 3 2017. The event was well attended by community members of all ages.

Thanks to a FedNor grant of \$88,000, along with a matching contribution from our First Nation, the rink underwent major renovations.

The funds were used to breathe new life into our community outdoor rink. The concrete surface was refurbished, new rink boards were installed, electric heat was installed in the adjoining change room. The interior and exterior of the change room is complete with the Whitefish River Warriors logo.

Special guests were on hand to celebrate the grand reopening of the outdoor rink. Former NHL star Reggie Leach and players from the Espanola Express Junior A team made the grand reopening extra special.

DJ Blake Debassige was also on site playing music throughout the event.

Coaches Jason Rapcewicz and Dennis Martindale attended as well, gifting the community with 100 tickets to some Espanola Express games.

Reggie Leach spoke about the importance of maintaining and respecting the outdoor rink as many other communities are not as fortunate as Whitefish River.

Following the ribbon cutting and opening remarks, the youth of the community played a game of pickup hockey with the players from the Espanola Express Junior A team.



Chief Franklin presents Reggie Leach with a token of appreciation for attending the grand reopening of the rink.



Chief Franklin drops the puck to begin a pickup game of hockey with the Espanola Express and WRFN youth.



Community Photos



WRFN youth volunteering at the fishing derby during the winter carnival. A big miigwetch from Crystal (RTP worker)!



WRFN men and boys learning how to use a jig board at the Ice Fishing and Jib Board workshop on Feb. 10



WRFN women making homemade body scrubs at the Meshkawzii Kwe program at the Seven Fires Centre.

Birthday Wishes

Happy Belated Birthday to my little sister Sheri who celebrated on February 11. Cheers sis!

Happy Birthday to my baby brothers who are celebrating their "big" day:

Jamie on March 2

Reg on March 17

Hope your day is awesome!

Love Karen & Brian

Happy Birthday to Jake, hope you have an awesome birthday!

From Diane, Ron, Jon & Pete

Happy Birthday to our dad Jake, have a super day!

Love Nala, Wayne, Isaac, Corrina

Rezound Deadline - Announcements

If you have any announcements to publish in the Rezound, please email me at briannam@whitefish-river.ca or stop in my office at the administration office. Announcements include, but not limited to: birthday wishes, anniversaries, weddings, birth announcement, baby shower, graduation, awards, etc. The deadline to submit is the 20th of each month, unless the 20th falls on a weekend then the deadline is the next business day. Miigwetch!



WRFN Citizen Earns Doctorate

Submitted Article

Dr. Marlene Paibomesai has a nice ring to it. This 30-year-old citizen of Whitefish River First Nation successfully defended her thesis at the University of Guelph on January 11, to earn her doctorate.



Marlene Paibomesai with her family following her successful thesis defense. Left to Right: her mother Lynn, Marlene, her dad Finian and her sister Marion.

Paibomesai's research focuses on dairy cattle—the passion of her life.

"[My project] was to look at the dairy cattle immune response, look at the particular cells in that immune response and how these epigenetics might relate to the immune response in cattle," explained Paibomesai. "Epigenetics is trying to explain gene-environment interaction, so basically how environmental exposures can influence genes."

Her work is fairly pioneering, she said and is the reason why she was accelerated from the Master's program into the PhD program at the University of Guelph. Her project had a broad enough scope and they determined that she'd be a good PhD candidate. She had earned her Bachelor of Science degree at McMaster University and switched to Guelph because of their agricultural focus.

It was a summer job with the Ontario Ministry of Agriculture and working with a dairy specialist that inspired her love of dairy cattle and genetics. For the last two and a half years, she's been employed full-time with the Ministry as a dairy specialist. She loves her job there and plans to stay put working with dairy cattle as well as goats and sheep.

One thing that slowed down her thesis work last year was suffering a concussion while playing hockey. Paibomesai was ordered to take time off from both mental and physical activity and to stay away from the computer.

The doctors are never certain, she said, whether your cognitive ability will come back. She believes she has made good progress, adding she was back at work on her thesis in August. The majority of the thesis was written, but still required revisions, along with the preparation for her defense.

"It's surreal. It feels good," she said when discussing her successful thesis defense. "But to be completely honest, it hasn't completely hit me yet. Maybe once I have the book, my bound thesis in hand, it'll hit me."

She couldn't have done it without the support of family and friends, stated Paibomesai. A partner who made sure she had meals and clean laundry was essential, she added. He was also understanding about the times when she would sit and think, or read, write and study for hours at a time. Her parents were supportive too, even though they didn't always understand what she was doing, she explained.

"When they came to my defense, it was their first opportunity to experience and see first-hand of what I had done, to see what this degree was about," stated Paibomesai.

The financial support from her community, Whitefish River First Nation played a crucial role.

"It helped so much because tuition is so expensive," explained Paibomesai. "It's not an easy feat working and going to school and trying to get everything done. Having that financial help really makes a big difference."

On behalf of Whitefish River First Nation, Chief Franklin Paibomesai expressed congratulations to the new graduate.

"We extend our congratulations to Marlene. Perseverance, tenacity, and cogency are essential tools required to complete a Ph.D. program. Over many decades, Whitefish River has invested and promoted education. We see education as one of the most effective ways to empower our citizens. Marlene's accomplishments reinforces the commitment we have made to education."



Message from Chief Shining Turtle Sturgeon Clan, Ojibway Nation

Chi Meegwetch

Thank you, on Feb 11th, 2017 the people of Whitefish River have spoke- and spoke decisively. So let me speak decisively in return.

You had a choice between five people with little to recommend them save an unwillingness to sell their fundamentals in return for power, and you chose me. I am humbled by the honour you have bestowed. I am so deeply humbled.

To my opponents I say, job well done. But now let us have no more personal abuse, division and pettiness. Let us be better than that. Let us make a new start, and move forward to meet the great challenges and opportunities we face.

As I have visited many homes over these past fifteen years, there has always been the consistent message you gave me: you work hard, you care deeply about our community and you exercise your democratic rights so that Council will not bicker and argue and seek their own or some sectional advantage. You work extremely hard for your family, so you can enjoy some of the spectacular beauty in our territory.

To all my fellow citizens I say, in the end we are all very proud Whitefish River Citizens and the council I lead will be about the values of Wellness, Education and the Economy.

As we go forward to meet the great challenges we face, I will listen, for listen we must as we all go forward, listening together, as we meet these great opportunities and challenges. What are these great challenges? I will come back to this question. For now I pledge that we will go forward to meet those challenges not tomorrow or next week or next year, but from this moment.

Let's begin by starting to repair our relationship, end the language or negativity and myriad of rumours and untruths, together! Let us rise as one to meet these defining challenges of our time, so that future generations, basking in the sunlit uplands of tomorrow, might thank us and say truly this was their finest hour!

I say to all our Citizens, however you voted, you sent me a message, and now I have a message for you.

The message is this - I am the message. It is me.

Oh, don't sound surprised. Surely you knew?

You didn't think all that posturing was just to get elected? Did

you think my wearing goalie skates and skating at the outdoor rink with kids, beat the chief, and visiting the school to cook pancakes, and running wild with the bobcats, volunteering at the Bingos, bicycling to work and driving from rink to rink cheering for kids playing minor hockey was in some sad imitation of a real person by order of my image consultants?

That as soon as I got elected I would shed this cocoon and something ... well real, would crawl out? What? Who? Lady Gaga?

Didn't I tell you that with me what you see is what you get?

No? I must have forgotten. Well, what you see is what you elected. Here I am.

My opponents were the same. You watched the door knocking and the paper flying: as we sought your vote, we looked much less anything to inspire, or even encouraging at times. You may be assured I will be very forthright, articulate and honest with my office.

Why so surprised? If ever it was my nature to be inspiring or original, this is one area where I must do more work. On occasion I do have moments of inspiration, like when we battle the Conservative Government on the issue of the HST!!

I've spent half my political career looking for a slogan or something to say, and now this commodious mouth of mine is good for nothing else. No longer have I the words necessary for thought. Nor the instinct for it. It's the saddest thing.

You want to get the chance to vote on the land claim. And so, we'll finalize the Trust document to allow that vote to happen. And, unless you change your minds, I solemnly pledge to continue this work so you can have you say on the land claim settlement.

Fellow citizens, take heart. Interest rates are low. Governments are trying to get it right with us. We're doing better than many First Nations. The light of the world moves forward with us. There's plenty to like and plenty to complain about. For now let's get ready for the 46th Annual LNHL and the arrival of spring.

Relax and be comfortable again. I'm not going to worry you with any fancy stuff. I have my limitations, but so have you. That's why I'm here. You have elected yourselves, you see, and you can't get a more fair democratic outcome than that.



Message from Nishin Meawasige Band Manager

Aanii, Boozhoo, Greetings!

Welcome to our March 2017 edition of the Rezound! Spring seems to be upon us and winter is going into its last weeks. Please stay safe on the roads while we go through this transition and be cautious of ice and slush under the snow.

First and foremost, I would like to acknowledge our newly elected Chief and Council. We look forward to another term of success and growth here in WRFN. We are already getting started on many new activities and projects for 2017! I would also like to thank outgoing Councillors for their work this past term, as it was a pleasure working with you. I wish you all the best.

For this month's newsletter, I will focus on providing an update on one very exciting and important project – the WRFN Elevated Storage Reservoir (ESR) Design Project.

Whitefish River First Nation:

Vision: The Anishinabek of Whitefish River First Nation will work in harmony while maintaining our culture, traditions and knowledge to enrich and empower our people.

Mission: The Anishinabek of Whitefish River First Nation will strive to improve community well-being by collectively protecting, strengthening and developing its resources and culture through mutual cooperation.

Project Need:

The First Nation has two distinct water pressure districts, one in the lower section of the First Nation and one in the upper section. The existing standpipe is located within the upper pressure zone. The standpipe does not under certain conditions provide adequate pressure for fire flow and minimum water pressure. The construction of an Elevated Storage Reservoir will maintain adequate pressure and fire flow during annual operating conditions of the water supply system throughout the year.

General Project Overview:

Project: Design and Construction of a 1220 m³ Elevated Storage Reservoir And Decommissioning of Old Standpipe (667m³)

Schedule: Design to be complete by May 2017
Construction Summer of 2017 based on Federal Funding

Funding: Project will be 100% funded by Indigenous and Northern Affairs Canada

The Project Team is comprised of:

- Chief & Council
- Band Manager
- Water Plant Operators
- FHR Inc-Project Manager
- First Nation Engineering Services Ltd.
- INAC

Project Team Roles and Responsibilities:

Chief and Council, to provide guidance, direction and approval on behalf of WRFN community in ensuring the project design and construction meets WRFN needs.

Band Manager, coordination of WRFN administrative tasks and integration of WRFN planning tools into project. Coordination of project communications with community. Ensure capacity building, training and information sharing between current water systems operators and project team during design and construction stages.

Water Plant Operators, to assist with information sharing and optimization of ESR design and construction for seamless integration into existing water systems.

FHR Inc, was selected in a competitive bid in December 2016 to be the Project Manager responsible for the overall co-ordination of the Project. FHR Inc. is a 100 percent aboriginal owned company, located on Beausoleil First Nation and has successfully completed over 70 million dollars of infrastructure projects on First Nations over the last 10 years. Kelvin Jamieson, B. Eng., P.Eng., Owner has over twenty-five years engineering experience in the water and wastewater industry and is the Lead Project Manager.

First Nations Engineering Services Ltd, was selected in a competitive bid process in January 2017. The design firm is a 100% Native owned and operated municipal planning and engineering company licensed to operate as a consulting engineering firm in the Provinces of Ontario, Manitoba, Alberta and British Columbia. We have been offering professional engineering services to First Nations clients since 1995.

Indigenous and Northern Affairs Canada, to provide funding for design and construction of ESR Project.

For further information, please contact Nishin Meawasige, Band Manager at nmeawasige@whitefishriver.ca or Kelvin Jamieson, P.Eng at kelvin.jamieson@fhrinc.ca



Housing Department

Georgina Recollet, Housing Manager

Are you have trouble keeping up with the high costs of heating your home?

The Whitefish River First Nation, in partnership with the United Way of Greater Simcoe County, is assisting in administering the 2016 LEAP (Low-Income Energy Assistance Program). This is offered on a first come first serve basis, pending funding availability.

LEAP is a grant program intended to offer emergency relief to customers experiencing difficulty paying current electrical arrears. This program was developed by the Ontario Energy Board in order to provide emergency financial assistance to low-income energy consumers.

The grant level is set a maximum of \$500 for fuel heated homes, per household per year, and up to a maximum of \$600 for customers with electrically heated homes.

If you are in arrears in your electrical bills, we encourage you to come in apply for this grant. Although it is geared to low-income households, they do take into consideration special circumstances that may put you into arrears.

In addition to LEAP, we can also assist community members in apply for the Ontario Electricity Support Program (OESP). Although this program is open to all residents of Ontario, OESP provides a higher level of support to lower-income First Nation households.

This program came into effect January 2016. Once approved, OESP will apply a monthly credit directly to your hydro bill, which can range from \$40 - \$75. The amount of the credit depends on the number of people living in your home and the combined household income.

To apply for this program you will need the following:

- Proof of household income of everyone over the age of 18 years.
- Names and birthdates of all residents in the home
- Copy of your hydro bill
- Social Insurance Numbers for everyone that has one in the home

If you don't qualify the any of the above programs, you can apply to the Hydro One Payment Plan (HOPP) pro-

gram. This program is administered through a credit company that will negotiate a repayment plan with Hydro One that will be manageable and within your financial means.

Hydro One will usually only approve a 10-12 month repayment plan through their office, but HOPP can negotiate a plan on your behalf for up to 2 years.

We encourage all community members that may be experiencing difficulty paying their heating bills to take advantage of these opportunities. Please contact the Housing Department @ 705-285-4335 for further information or to set up an appointment for your pre-screening interview.

Posted February 21, 2017



A PLACE OF VISIONS AND DREAMS

EMPLOYMENT OPPORTUNITY
Housing Maintenance Assistant
6 Month Contract
 (with possibility of extension, pending funding availability)

Whitefish River First Nation is seeking a full time Housing Maintenance Assistant. The successful candidate will assist the Housing Department in property management of band rental units.

Responsibilities:

- Be a team player in the maintenance of band residential rental units.
- Assist with preventative maintenance and on-going maintenance schedules.
- Participate in all training as directed.
- Must have own personal carpentry tools and power tools.
- Other support activities as required by the Program Manager

Qualifications:

- Minimum grade 12 or equivalent
- Minimum 2 years' experience in carpentry and basic home maintenance
- Knowledge of residential building sciences.
- Knowledge of the most recent National Building Code and changes
- Strong interpersonal skills
- Ability to communicate effectively orally and in writing
- Ability to work independently and flexible hours
- Must have a valid class "G" driver's license

Deadline for Applications: March 24, 2017 at 12:00 noon

Please submit your resume and three references to the attention of:

Georgina Recollet, Housing Manager
 Whitefish River First Nation
 P.O. Box 188
 17A Rainbow Ridge Road
 Birch Island, Ontario
 POP 1A0

We thank all for submitting your applications, only those being interviewed will be contacted.

WHITEFISH RIVER FIRST NATION
 17A Rainbow Ridge Road, Ontario POP 1A0
 TEL (705) 285-4335 FAX (705) 285-4532 www.whitefishriver.ca



Public Works

Murray McGregor, Plant Manager

This winter was not of the usual patterns we normally experience, based on the Weather Network and Environment Canada most of North America experienced the La Niña effect.

“The water currents and surface waters of the Pacific Ocean are reversed, this situation, with stronger than normal westerly winds pushing warm surface waters even farther to the west than usual, thus causing an even stronger and wider upwelling of cold water in the east, this is known as a La Niña.

When La Niña conditions develop, it usually means a colder winter for the western half of Canada, which even impinges on Ontario as well at times, and there’s typically wetter conditions along the west coast and near the Great Lakes.”

The weak La Niña experienced this past winter has kept the public works crew on its toes, with abnormal weather patterns.

The crew were at time guessing if the 5 cm of snowfall predicted would fall and accumulate or would we get 10cms or more. None the less with good planning and a dedicated crew our roads and buildings were kept in very good conditions for all users.

Aboriginal Water and Waste Water Association of Ontario (AWWAO) held its annual conference in Sault Ste. Marie this month.

Whitefish River was represented by Andrew Recollet. Andrew is a backup operator with his Level I water treatment & distribution license,

Andrew also has certification for water quality assurance required for persons delivering potable drinking water. One of the highlights at the conference is the annual water challenge, communities are encouraged to participate by bring a sample of their treated water for testing.

Whitefish River’s water has won the challenge 4 out of the last 5 years since its inception. (Missing out one year as we were not represented at the conference).

Whitefish River’s water treatment plant and operators do a tremendous job keeping our water safe for consumption, the guys rotate being on call 365 days a years, 24 hours a day. WRFN is often called upon from fellow First Nations and technicians for assistance with operations and support. Way to to guys....



Whitefish River’s water treatment plant will be featured in the Ontario First Nations Technical Services spring newsletter.

If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca



Maamwe Kendaasing Child Care Centre

Danette McGregor, Daycare Supervisor

Aanii! From the Maamwe Kendaasing Child Care Centre:

the Parent Handbook and Child Care Policy.

Well here we are heading into the start of 'SPRING' though you wouldn't know it with all the snow still on the ground! Oh well, maybe if we sing about spring enough at the child care center it will help to welcome it sooner, worth a try anyway!!

In March we will be basing our art activities and circle time songs and games around the themes of St. Patrick's Day, Spring Equinox, The Weather, March Break and Community Helpers.

The children have certainly been enjoying the snow, but I bet they can hardly wait to just put on their runners and sweaters to go outside.

The children busy tracing their names, matching colours and numbers, and using scissors properly. If anyone has any family pictures they would like to bring in, we like to use them in some of our activities. We can just photocopy them and give them right back to you!! Thanks.

I hope everyone has a wonderful March break and enjoys all the hockey. Stay safe and have fun.

Supply Staff!

The Maamwe Kendaasing Child Care Centre will be closed during the Annual March Break Closure.

We are looking for ECE Workers with Early Childhood Education Diploma or Certificate.

All staff had agreed to utilize One (1) week of their Annual Leave for the March Break Closure this was not a dictation decision.

Also a Cook must have Food Handlers Certificate.

This was practiced in previous years due to low enrollment and will remind an Annual Closure as indicated in

Please contact the Child Care Centre for information at 705 285-7777.

Baa maa pii

Shamrock Toasties

What you'll need:

- Green pepper
- English muffin
- Cheddar cheese

How to make it:

1. To make one, slice a green pepper crosswise near the pointed end to get a small, three-lobed shamrock shape. (If your pepper has four lobes, you've got a lucky clover instead.) Cut a small slice for a stem.
2. Toast half an English muffin, and then top it with a slice of Cheddar and the pepper shamrock. Place the muffin on a tray, and then broil it in a toaster oven until the cheese is melted.





Shawanosowe School Bulletin

Cara McGregor, Administrative Assistant



Tracy Megwanabe dressed as Cat in the Hat and her son Leo as Thomas the Train during Literacy Week.

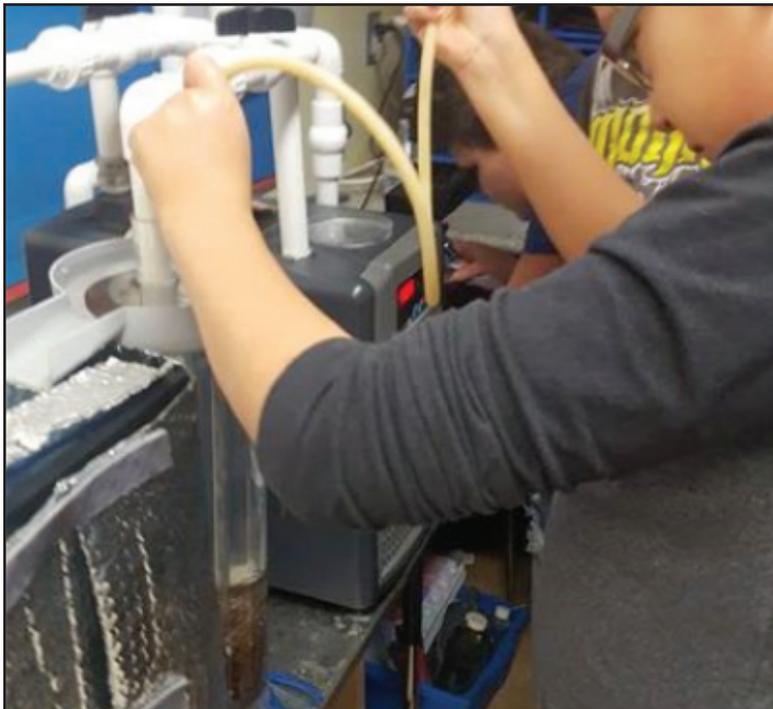
Highlights from February:

- Jan. 30th to Feb. 2nd—Literacy Week
- Feb 2—Story time Dance
- Feb 14—Report cards
- Feb 15—16—Parent Teacher interviews
- Feb 22—Pink Shirt Day
- Feb 22— Brook trout fry release
- Feb. 8, 22—Daycare Transition days

Notes from the office:

We have had many cases of Colds and Flus within the school causing many children to be absent. We would like to encourage Parents and Guardians to please keep your child home if they are still showing signs of the cold or flu.

We also had a did a call for volunteers. Please, if you are wanting to volunteer within the school or on school field trips, vulnerable screening has to be completed before the volunteering takes place. Contact the school for the forms for this process.



Brandon Visitor carefully siphoning the brook trout fry at the school.



Students releasing their brook trout fry at J&G Marina on Feb.22.



Last month in Whitefish R



Carnival royalty from left to right: Felicity Prince (Snow Queen #1), Victoria Nahwegahbow (Snow Princess), Sasha Jacko (Jr. Snow Princess), Jordan Pitawanakwat (Snow Prince) and Ava Owl (Snow Queen #2).



The Chief along with WRFN youth and children at the annual skating party.



A classic fixture at the Winter Carnival: The Crown and Anchor table!



Mnaamodzawin Health Services hosted healthy heart activities at the carnival. WRFN children and youth had a chance to preview some self defence teachings.





iver: Winter Carnival Fun!



This year's Frying Pan Toss winner Corrina Shawanda and her winning throw.



Isla Tonge and her grandmother Karen McGregor reeling in a prize at the fish pond.



Allien and Kirby showing off their winning catches from the Ice Fishing Derby.



Aurora and Tecumseh carefully shaving balloons at the Winter Carnival.





Education Department

Vanessa McGregor, Interim Education Manager

We are 3 months into 2017 – how is everyone’s New Year’s Resolutions?

I want to thank the participants who attended the Maximize Your Cash Flow sessions over the past 4 weeks. Your participation is greatly appreciated and we hope that you gained some valuable knowledge from the sessions.

I also want to remind students who are planning for post-secondary in September 2017 of a few key details.

- 1) April 1st is the deadline to submit applications to the Education Office. In order for your application to be considered, it must be received on or before April 1, 2017.
- 2) If there are any supporting documents that are coming in late, submit the application anyway. Just place a note on the file indicating when we can expect the supporting documents.
- 3) Please read the Post-Secondary Education Policy. The information in the policy will be helpful to understand what you are entitled to.
- 4) If you have any questions, please do not hesitate to contact the Education Office. We are here to assist you as best we can. We understand that this transition in life is different and there can be some challenges.

As a kid you may have watched shows that deal with space, whether it was Star Trek, Apollo 13, Armageddon or even Star Wars. When watching some of these shows, the thought may have come across your mind – how do they do that?

For one lucky Whitefish River First Nation youth, she will be discovering the answer to that question this spring.

Sara Gardner is the daughter of Lisa Gardner and the grand-daughter of Judy and Alex Nahwegahbow. Sara will be heading to the U.S. Space and Rocket Centre Camp Program in Alabama, USA for a week long camp.

At the camp, she will be going through some of the training programs that they use to train astronauts: engineering tasks, teambuilding exercises, space simulated exercises and more. Hard work, enthusiasm and dedication to her studies has helped Sara obtain this tremendous opportunity.



Sara is only 17 years old and will be graduating from St. Charles College in Sudbury. She has not chosen a post-secondary institution yet, but she has received multiple offers from post-secondary institutions and has a general idea about the program she wants to enroll in.

If you wish to research further into the story, there are articles in the Sudbury Star and Windspeaker: <http://www.windspeaker.com/news/windspeaker-news/build-a-heat-shield-and-construct-a-land-rover-no-problem-for-whitefish-teen/>

This is just an example of what passion and hard work will do for you. There is nothing holding anyone back from achieving their goals and dreams. If you wish to be that construction worker, then go for it. If you wish to be that corporate business person, then go for it. Sara’s story is an example that the “stars” are attainable, those dreams you have are attainable.

Remember to believe in yourself.



Economic Development

Keith Nahwegahbow, Economic Development Officer

Ahnii, this month I'll be looking close up existing projects that have been in place for the past fiscal year.

I will be working with the community garden team to put together a work plan for the upcoming gardening season. The objective of this project was to increase awareness and educate harvesting practices. The project was successful with numerous raised garden beds placed around the community.

The beds produced various vegetables that provided healthy eating opportunities at the time of harvesting. In the upcoming year I would like to see more volunteer community members involved with the gardening project.

This past month we completed a jig board and ice fishing demonstration workshop hosted by the Anishinabek Ontario Fisheries Resource Centre (AOFRC).

This was met with success as we had 18 community member attend the workshop learn how to set a net using a jig board under the ice and go home with a custom made ice fishing rod. Some community member also came out on Sunday to help catch the net followed by a fish fry. Since the workshop on February 10 I was been checking this net every two days with the help of some very enthusiastic assistants. All fish collected was donated to the feast at the winter carnival.

I will continue to work with and managing day to day operations of the Whitefish River Development Corporation. And utilizing the WRDC to reignite the Wehn-Pah-Nud Loan fund. This project has generated a lot of interest since mentioned in the rezound a few months back. I will continue to make adjustments to the old Wehn-Pah-Nud model and make it a bit more modern.

I look forward to being a resource to the new Water Security team and Water Advisory board in WRFN. My education and background may be helpful when it comes to addressing some concerns about the waters surrounding WRFN.

The upcoming summer employment season is approaching fast. I encourage all community members seeking

seasonal employment to come in and register in the casual labour pool and fill out an employment questionnaire. This will assist me in assisting potential employers find employees in WRFN. Also if you need help with your resume and cover letter there are very helpful tools located in the resource room.

I will need to have some more community engagement session soon in regards to the Economic Development Strategic Planning. With a good base of ideas and I will look to have more in depth conversations about the direction of economic development in WRFN.

And lastly I will be attending the Prospectors and Developers Association of Canada (PDAC) convention in Toronto from March 5-8, 2017. This opportunity has been provided by the Ministry of Northern Development and Mines through their Aboriginal Participation Fund (APF).





Source Water Protection Employees



Ahnee. I am very excited to be working as Water Security Coordinator for the Whitefish River First Nation.

As you know, WATER has been in the forefront of global and local news being recognized as one of the most important natural resources which is critically threatened by industry, pollution, overpopulation and development.

As Water Security Coordinator, I will be guided in my responsibilities designed by our very own WRFN Source Water Protection Plan.

Should you have any questions in regards to our Source Water Protection Plan or would like to know more information on how to protect and conserve our Nations waters, please do not hesitate to contact our office. Meegwetch.



Aanii, boozhoo! I am Alex Nahwegahbow, a proud member of WRFN. I am very excited to be a part of this team for the next 8 weeks as Water Testing Coordinator with the Source Water Protection Advisory Committee.

Our initiative is to assess and analyze the community water quality and keep our waters safe not only for consumption but other uses. As our duty to our friends, family and community we need to share knowledge about how to protect and maintain our water sources for the present and future. In doing so, we need to raise awareness on water issues and the value of taking care of our most valuable resource.

If you have any questions or suggestions on protecting our waters feel free to contact myself or Patty Lightning at the administration office. Miigwetch!

Membership Office

Kathleen Migwanabi, Membership Clerk

The membership office is open daily to assist band members with membership such as renewing your status card or registering life events. Life events are required to be registered. These include births, name change, marriages, divorces, and death.

Birth reporting: Parents, it is your responsibility to register your child for Indian Status as soon as possible. A newborn is covered under the parent(s) until their first birthday. If you child is not registered as a status Indian, then the parent(s) is financially responsible for non-insured health benefits. To register your child, a registration form is required to be completed by the parent(s) and the long form birth certificate is required (also known as statement of live birth).

Main Benefits of Indian Status and Band Membership (Citizenship) may include:

1) Indian Status: possibly post-secondary education assis-

tance, non-insured health coverage, treaty payments (if applicable), and exemption from certain federal and provincial taxes.

2) Band Membership (Citizenship): right to reside on reserve, right to housing, voting privileges within the band, and right to community involvement and affairs.

MAILING ADDRESS UPDATE

Members of Whitefish River First Nation, please update your mailing address and contact information with the WRFN Membership Clerk. Your mailing address is required for voting purposes within the band, (i.e. elections, referendums), as well as distributing information.

Please contact Kathleen Migwanabi at the WRFN Administration Office at (705)285-4335 ext. 208, FAX: (705)285-4532 or by email at kathleenm@whitefishriver.ca



Youth Support Program Amber Zona, Youth Support Worker

Recent programs for the youth have included Snowshoeing Program, Badminton and Swimming Program, Youth Leadership Program as well as the Study Buddies drop in.

In partnership with the Healthy Living Children's Program and the Healthy Living Youth Program; youth ages 6-10 were offered to take part in the snowshoeing Program; youth ages 11-14 had the opportunity to attend the Badminton and Swimming Program. Both Programs were geared to help youth further develop their skills in these specific activities.

Youth that attended the Snowshoeing program every Wednesday evening learned the basic skills of snowshoeing; the proper way to fit your snowshoe, how to walk up and down hills, running techniques, etc.

The youth expressed not only interest in the activity itself, but in their surroundings as well, this outdoor activity was a great way for the youth to connect with nature.

At any given time you could hear someone trying to

identify an animal track or attempting to navigate themselves.

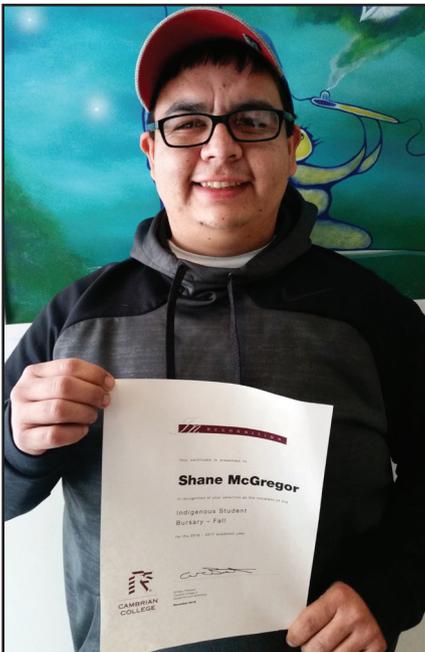
Study Buddies is happening every Tuesday evening, 4:00pm-5:30pm at the 7 Fires Centre. All youth are encouraged to come out and bring their schoolwork. Don't have homework? Come by and help a friend!

The Youth Leadership Program would like to thank community members for all the support that was given during the Winter Carnival!

The youth worked very hard at putting on a Canteen for the Skating Party, the Ice Fishing Derby as well as the Hungry Mans Breakfast.

The youth have set out with a new goal to attend Tree Top Trekking this spring, with a tour of Georgian College incorporated into the trip. More fundraisers are to come and we hope to see you there!

If you would like more information on any of the youth programs please contact myself at the Health Centre!



Hard work, dedication and persistence pays off!

Congratulations to Shane McGregor for being awarded 2 bursaries. Shane received a bursary from Cambrian College in December of 2016 and has just been awarded a bursary from Indspire Building Brighter Futures.

Shane is currently enrolled in the Civil Engineering Technology program at Cambrian college. He has successfully completed his first year and working his way to a successful 2nd year that he will be completing this Spring.

He is planning a third year of Civil Engineering Technology at Cambrian College this fall. Well done, Shane, well done. Your family is proud of you. Keep up the good work! - Submitted by Leslie McGregor

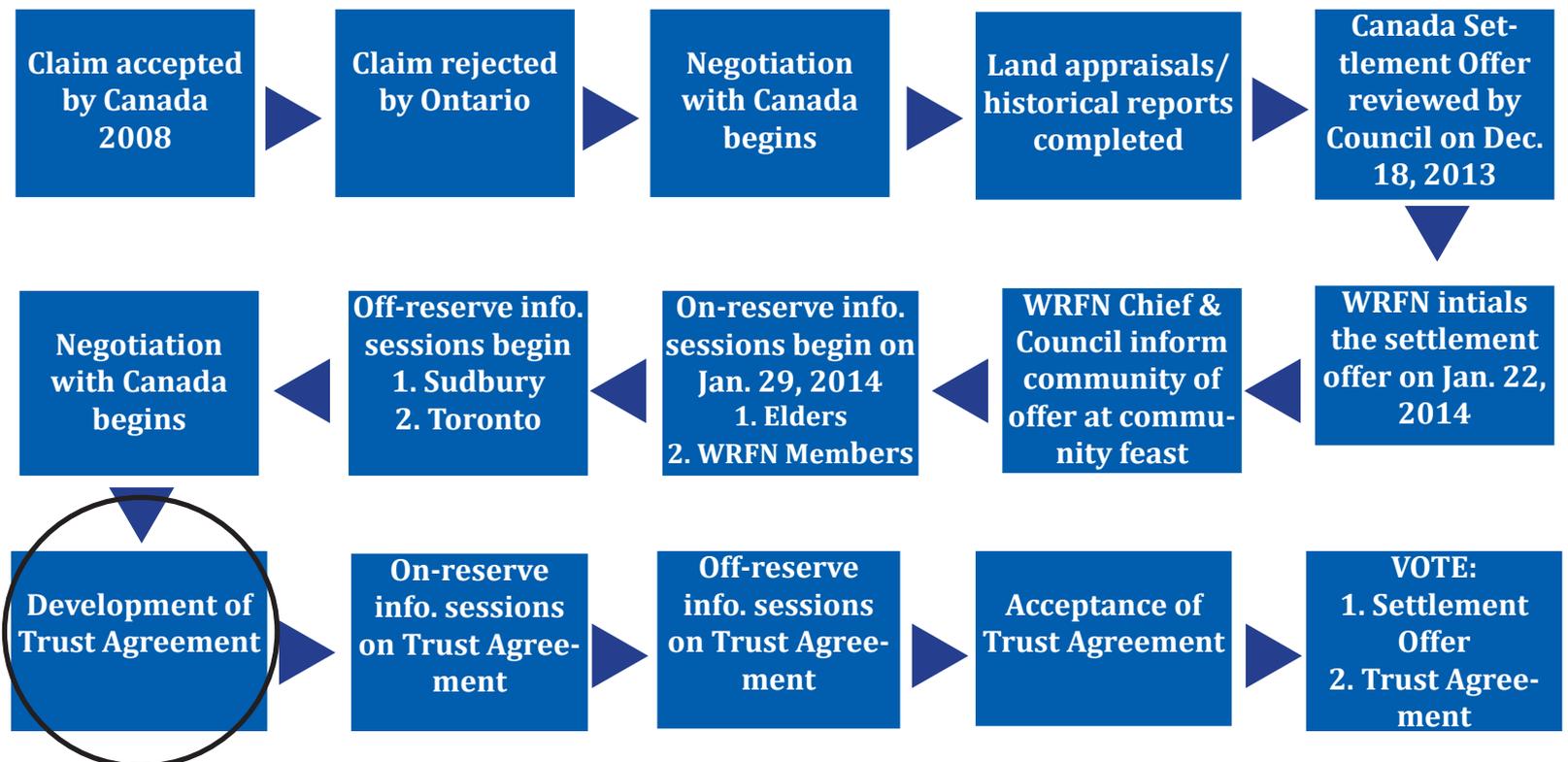


Little Native Hockey League 2017 Whitefish River First Nation Warriors March 13th & 14th Schedule



Division	Date	Time	Arena	Playing Against
Tyke Rec	Monday March 13	10:00 AM	Meadowvale Pad 3	Walpole Island
Tyke Rec	Monday March 13	4:15 PM	Meadowvale Pad 4	Batchewana Attack
Novice Rec	Monday March 13	11:00 AM	Meadowvale Pad 1	Six Nations Blackhawks
Novice Rec	Monday March 13	3:00 PM	Meadowvale Pad 3	Lake Helen Jr. Braves
Atom Rec	Monday March 13	2:00 PM	Hershey Pad 3	Wasauksing - Team Pamaj
Atom Rec	Monday March 13	8:15 PM	Tomken Pad 2	Ginoogaming
Peewee Rec	Monday March 13	8:15 AM	Hershey Pad 4	Saugeen Ojibwe Kings
Peewee Rec	Monday March 13	5:15 PM	Iceland Pad 4	Rama
Peewee Girls	Monday March 13	3:15 PM	Hershey Pad 2	Wikwemikong Hawks
Peewee Girls	Tuesday March 14	9:15 AM	Hershey Pad 2	Chippewa of Kettle Stoney Point
Midget Competitive	Monday March 13	6:00 PM	Iceland Pad 1	Nipissing Warriors
Midget Competitive	Tuesday March 14	8:00 AM	Iceland Pad 1	Oneida Warriors
Midget Competitive	Tuesday March 14	3:00 PM	Iceland Pad 1	Moose Cree Scrappers
Midget Girls	Monday March 13	12:15 PM	Hershey Pad 4	Chimnissing
Midget Girls	Monday March 13	5:15 PM	Hershey Pad 4	Crow Lake Snipers
Midget Girls	Tuesday March 14	1:15 PM	Hershey Pad 4	Whitefish Bay Thunder
Midget Girls	Tuesday March 14	7:15 PM	Hershey Pad 4	Moose Cree Scrappers

Process Chart for Boundary Claim





ADMINISTRATION OFFICE: (705)-285-4335

NAME	JOB TITLE	EMAIL
Franklin Paibomsai	Chief	chief@whitefishriver.ca
Nishin Meawasige	Band Manager	nmeawasige@whitefishriver.ca
Vanessa McGregor	Executive Assistant	vmcgregor@whitefishriver.ca
Diane Gaudette	Receptionist	receptionist@whitefishriver.ca
Emma Recollet	Ontario Works Administrator	emmar@whitefishriver.ca
David Shawanda	Finance Director	daves@whitefishriver.ca
Brian McGregor	Finance Assistant	brianm@whitefishriver.ca
Theresa Recollet	Finance Clerk	theresar@whitefishriver.ca
Georgina Recollet	Housing Manager	georginar@whitefishriver.ca
Kim Laundrie	Tenant Counsellor	kiml@whitefishriver.ca
Kathleen Migwanabi	Lands Assistant/IRA	kathleenm@whitefishriver.ca
Sandrah McGregor	Lands Manager	sandrahm@whitefishriver.ca
Murray McGregor Jr	Plant Manager	murraym@whitefishriver.ca
Keith Nahwegahbow	Economic Development Officer	keithn@whitefishriver.ca

HEALTH CENTRE: (705)-285-4354

Leslie McGregor	Health & Social Services Manager	lmcgregor@whitefishriver.ca
Cathy McGregor	Health Centre Receptionist	healthreception@whitefishriver.ca
Doreen Jacko	Community Health Worker	doreenj@whitefishriver.ca
Genny Jacko	Mental Health & Addictions Worker	gennyj@whitefishriver.ca
Candice Assinewe	Community Wellness Worker	candicej@whitefishriver.ca
Crystal Clark-McGregor	Right to Play Worker	righttoplay@whitefishriver.ca
Amber Zona	Youth Support Worker	amberz@whitefishriver.ca
Arlene Pitawanakwat	Child & Family Well Being Coordinator	arlenep@whitefishriver.ca
Gail Jacko	Food Security Coordinator	gailj@whitefishriver.ca
Russell Jacko	Medical Transportation Driver	medtrans@whitefishriver.ca

SHAWANOSOWE SCHOOL: (705)-285-1311

Cheryl Miller-Martin	School Administrator	principal@shawanosowe.ca
Cara McGregor	Administrative Assistant	admin@shawanosowe.ca
Lisa Cutler	Grade 5-6 Teacher	grade5-6@shawanosowe.ca
Giselle McGregor	Grade 3-4 Teacher	grade3-4@shawanosowe.ca
Tiffany Gagan	Grade 1-2 Teacher	grade1-2@shawanosowe.ca
Mary Lester	JK/SK Teacher	mlester@shawanosowe.ca
Shawna Smith	Special Education Resource Teacher	
Cindy Pitawanakwat	Education Assistant	educationassistant1@shawanosowe.ca
Bonnie Nahwegahbow	Education Assistant	educationassistant3@shawanosowe.ca
Tracey Megwanabe	Education Assistant	educationassistant2@shawanosowe.ca
Frances Kaboni	Native Language Teacher	ckaboni@shawanosowe.ca

MAAMWE KENDAASING CHILD CARE CENTRE: (705)-285-7777

Danette McGregor	Supervisor/Educator	daycare@whitefishriver.ca
Delores Pitawanakwat	Pre-school Educator	
Jo-Ann Recollet	School/Cultural Educator	
Cindy Tarr	Toddler Educator	
Blanch Recollet	Cook	



FAMILY HEALTH FAIR

SATURDAY, MARCH 25, 2017

From 10:00am to 3:00pm
At the Whitefish River First Nation Community Centre

Please come out for a great time for the whole Family! DOOR PRIZES! BOOTHS! HEALTH ACTIVITIES FOR EVERYONE



Health Information

FUN ACTIVITIES FOR THE WHOLE FAMILY!

Infants, Children, Parents, Teens, Adults, Elders

COMMUNITY ROUND DANCE FROM 4pm - 9:30pm

FOR MORE INFORMATION

Please Contact Candice Assiniwe, Community Wellness Worker at the WRFN Health Centre at 705-285-4354 or EMAIL: candicea@whitefishriver.ca

Garden Committee Meeting

Tuesday March 7, 2017

Health Center

6 p.m.—7p.m.

Planning Meeting for 2017! Let's decide what we want to plant in the Community Garden! Light snacks and refreshments provided.

For more information contact Gail Jacko or Tyler Agawa at the Health Centre (705) 285 4354



UNITED CHIEFS AND COUNCILS OF MANITOULIN
U.C.C.M. ANISHNAABE POLICE
5926 Highway 540, Box 332 • M'CHIGEENG, ON P0P 1G0

KANAWAYHITOWIN:
TAKING CARE OF EACH OTHER'S SPIRIT



Lunch & Learn Information Series

UCCM Anishnaabe Police Service is pleased to be visiting each community within our catchment area to share information on "Being a Good Neighbour". Most people want to help when they know someone is being hurt BUT many people feel trapped by uncertainty, you may question yourself...

- Did I really see or hear what I thought I saw or heard...
- What if it just makes it worse for him/her...
- I don't know who else can help and I don't want to do it alone...

If you want to learn more about "being a good neighbour" then this information session is for you!

ENDING VIOLENCE IN OUR COMMUNITIES IS EVERYONE'S RESPONSIBILITY. Please plan to attend one of these events:

Sheshegwaning Community Complex	February 22, 2017 11:30 am – 1:30 pm
M'Chigeeng Band Office	February 24, 2017 11:30 am – 1:30 pm
Zhiibaahaasing Band Office	February 27, 2017 **1:00 pm – 2:30 pm
Sheguandah Health Centre	February 28, 2017 11:30 am – 1:30 pm
Aundeck Omni Kaning Health Centre	March 1, 2017 11:30 am – 1:30 pm
Whitefish River Health Centre	March 7, 2017 11:30 am – 1:30 pm

The level at which a community is educated and aware of the signs and impacts of woman abuse affect the overall willingness to intervene. Once the awareness is in place, a culture of vigilance is needed, where each person's safety is sacred.

If you have any questions please contact our Office.

OUR VISION
To be a partner in community well-being by providing proactive, culturally sensitive and innovative services while respecting existing laws, customs, and traditions.

OUR MISSION
The UCCM Anishnaabe Police provides effective and efficient policing while respecting and protecting our communities.

OUR FIRST NATION SERVICE AREA
Aundeck Omni Kaning
M'Chigeeng
Sheguandah
Sheshegwaning
Whitefish River
Zhiibaahaasing

Tel: 888.377.7135
Tel: 705.377.7135
Fax: 705.377.5583
www.uccmpolice.com



WHITEFISH RIVER FIRST NATION
Invites you to attend our

Matrimonial Real Property Information Session

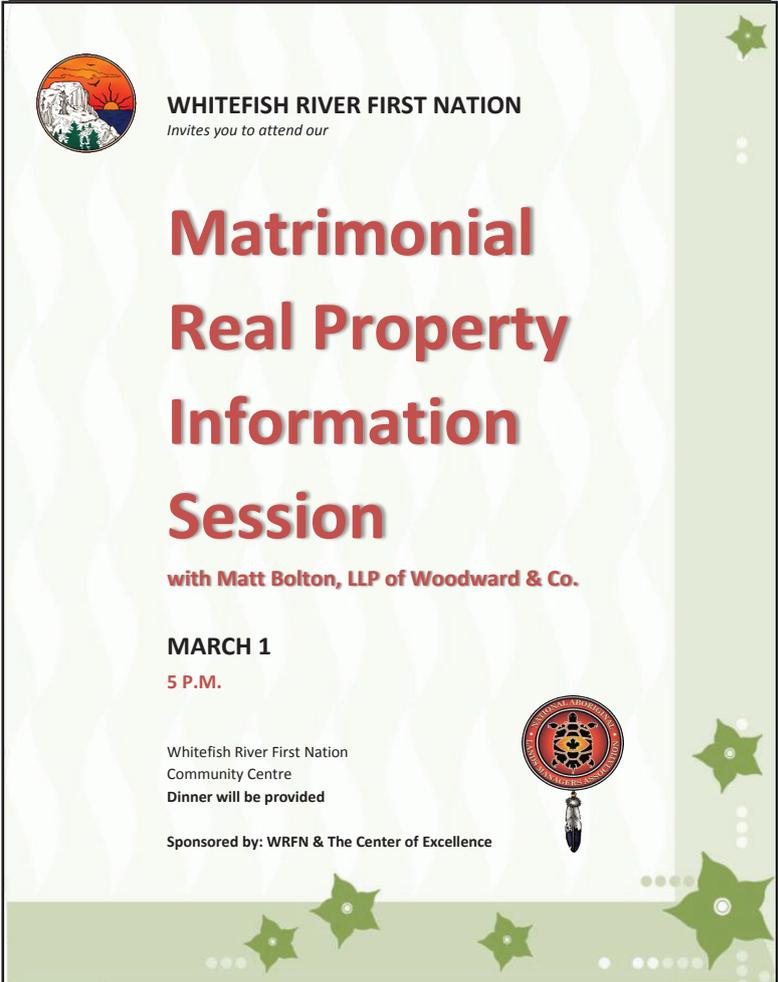
with Matt Bolton, LLP of Woodward & Co.

MARCH 1

5 P.M.

Whitefish River First Nation Community Centre
Dinner will be provided

Sponsored by: WRFN & The Center of Excellence





Visiting Medical Professionals

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. Dr. Cooper (A.M.)	2. Nurse Pract. (All day) CHN (All day) Dietitian (A.M.)	3.	4.
5.	6.	7. Nurse Pract. (All day)	8. Dr. Renwick (P.M.)	9. Dietitian (A.M.)	10. Dr. Meikleham (All Day) CHN (All day) Foot Care (All day)	11.
12.	13. Dr. Meikleham (P.M.)	14.	15.	16. Nurse Pract. (All day) Dietitian (A.M.)	17. CHN (All day)	18.
19.	20.	21.	22. Dr. Jeffery (P.M.)	23. Nurse Pract. (All day) Dietitian (A.M.)	24. CHN (All day)	25.
26.	27.	28. Nurse Pract. (All day)	29.	30. Dr. Meikleham (P.M.) Nurse Pract. (All day)	31. Dr. Cooper (P.M.) Diabetes Team (All day) Foot Care (All day)	



Community Calendar

March 2017/ Naabdin Giizis



Sunday Ntam giizhigad	Monday Niizho giizhigad	Tuesday Nso giizhigad	Wednesday Niiwo giizhigad	Thursday Naano giizhigad	Friday Ngodwaaso giizhigad	Saturday Niizhwaaso giizhigad
			1. Meshkawzii Kwe Program 5-7PM (7 Fires) MRP Info. Session 5PM (Comm. centre)	2. Guardian Art Adults 7:30PM (School)	3.	4.
5.	6.	7. UCCM Lunch & Learn 11:30AM- 1:30PM (Comm. centre) Garden Mtg 6-7PM (Health)	8. Meshkawzii Kwe Program 5-7PM (7 Fires)	9. Guardian Art Adults 7:30PM (School)	10.	11.
12.	13.	14. Guardian Art Adults 7:30PM (School)	15. Meshkawzii Kwe Program 5-7PM (7 Fires)	16. Guardian Art Adults 7:30PM (School)	17.	18.
19.	20. Yoga for Adults 7:30PM (TBA)	21. Good Food Box Pickup Day Guardian Art Adults 7:30PM (School) Chief & Council Mtg 6PM	22. Meshkawzii Kwe Program 5-7PM (7 Fires)	23. Guardian Art Adults 7:30PM (School)	24.	25. Family Health Fair & Round Dance 10AM- 9PM (Comm. Centre)
26.	27. Yoga for Adults 7:30PM (TBA)	28. Guardian Art Adults 7:30PM (School)	29. Meshkawzii Kwe Program 5-7PM (7 Fires)	30. Guardian Art Adults 7:30PM (School)	31.	