Warriors Win Big at 48th Annual LNHL!

Our WRFN Warriors Tyke Team pose proudly with a tournament cup at the 48th Annual LNHL hosted by Aamjiwnaang First Nation.

“It’s not if you win or lose, but how much you tried and how fairly you played.”
- WRFN Former Chief Jim McGregor, LNHL Co-Founding Father

The 48th Annual LNHL hosted a record breaking 229 teams from all across Ontario. Whitefish River represented proudly at the tournament, hosted by Aamjiwnaang First Nation, with a total of seven teams this year. The tournament took place from March 11th to March 14th. Tyke, Novice, Atom, Pee Wee, Bantam, Bantam Girls and Midget aged players travelled down to Mississauga, Ontario for the four day tournament. Our Bantam Warriors won the ‘D’ Championship in the Recreational Division and the Bantam Warrior Girls won the ‘C’ Championship. Finally the Midget Warrior Team won the ‘B’ Championship in the Recreational Division!

Congratulations to all the participants, and Miigwetch to the countless volunteers who support the continual growth of our future generations of athletes through the pillars of;

Sportsmanship, Respect, Citizenship and Education.

“Maple Syrup Moon”

“Miigwetch!”

April 2019
Ziisbaakdoke Giizis
Maple Syrup Moon

“Place of Visions and Dreams”

Please note that the deadline for submissions for the next issue is
Wednesday, April 17th, 2019 at 4:30 pm.
Miigwetch!
rezounceditor@whitefishriver.ca
Good day fellow community members,

It’s Maple Syrup season! My family, like others in our community, has been harvesting maple syrup for generations. Unfortunately, due to climate change, forest scientists anticipate that within 100 years, the maple trees will die. It’s disheartening to know that our future generations won’t have this special medicine water that has been nourishing us since we were first offered this gift. Here are some of the benefits of maple syrup:

**Nutrients & Vitamins**

(taken from Maple syrup website: https://www.maple.org/maple-syrup-health-benefits-and-nutrients)

- Many nutrients are naturally found in pure maple syrup, including zinc, potassium, manganese, thiamine, calcium, iron, magnesium, and riboflavin.
- Zinc is not only beneficial to heart health, but it is also an antioxidant. Zinc is also involved in important bodily functions such as cellular growth and regeneration.
- Maple syrup contains many natural antioxidants. Several newly identified antioxidant compounds found in maple syrup are also reported to have anti-cancer, anti-bacterial, and anti-diabetic properties. Maple syrup also contains anti-inflammatory compounds.

There are also many other benefits of harvesting, preparing, and using maple syrup. Spending time in the sugar bush is good for your mental health, it keeps you connected with traditional activities on our traditional territory, the physicality required to haul the sap from the trees to the barrels, and the energy and cleansing that happens when you drink maple sap.

I thought to also include in this submission, what some of the benefits and services that fall under the Non-Insured Health Benefits especially as there have been some changes to OHIP++. In terms of OHIP++, the provincial government will continue to provide drug benefits to youth 24 years and under provided that they are not covered under a private health insurance plan. If they are covered with private health insurance, they will no longer be eligible for OHIP++ and will have to access prescribed medicines through their private plan. (Up until April 1, 2019, OHIP++ provided free prescription drug coverage for child and youth age 24 years old and under, regardless of family income.)

Did you know that you too are eligible for medical transportation if you are a registered band member and living off the First Nation? This benefit will cover the travel costs for you to attend medical necessary health services that are not available on the reserve or in your community of residence. Medically necessary health services include: medical services defined by the federal government but includes appointments with physicians and hospital care; diagnostic tests and medical treatments; alcohol, solvent, drug abuse and detox treatments; traditional healers; and non-insured health benefits such as vision, dental, and mental health counselling. Medical transportation benefits include: travel costs such as bus, airline or private vehicle; living expenses such as meals and accommodations; and emergency transportation such as ambulance by air or ground. The program supports eligible clients with coverage when it is not available under other federal, provincial, territorial or private health insurance and prior approval from Indigenous Affairs Canada (formerly Health Canada) is required. How do you access this services? By contacting the regional office or the First Nations community health centre.

**Ontario Regional Office: Non-Insured Health Benefits**

Sir Charles Tupper Building
2720 Riverside Drive, 4th Floor, Address Locator: 6604E
Ottawa, Ontario K1A 0K9

**General NIHB Inquiries**

Toll-free: 1-800-640-0642
Fax: 613-952-7054

**Medical Supplies and Equipment**

Toll-free: 1-800-881-3921

With Non-Insured Health Benefits you are eligible for dental benefits, medical supplies and equipment, prescription drug coverage, vision care, medical transportation, and mental health counselling. To see what is covered, please visit the Government of Canada’s website under Indigenous Health (https://www.canada.ca/en/indigenous-services-canada/services/non-insured-health-benefits-first-nations-inuit/benefits-services-under-non-insured-health-benefits-program.html).

If you want a copy of the benefits you are entitled to, please see Doreen Jacko, Community Health Representative, and she can provide you with a copy.

If you have any questions or concerns, please contact me at the Health Centre at (705) 285-4354 or via email at lmgregor@whitefishriver.ca.

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**April 2019**

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*Community Health Nurse Lab/Blood Draw Clinic - Fridays @ 10:00 am
Please bring your Requisition(s). Appointments recommended.
EMPLOYMENT OPPORTUNITY

CHILD AND FAMILY WELL-BEING COORDINATOR
Full Time/Permanent

Summary
The Whitefish River First Nation Health Centre is seeking a highly qualified and motivated individual for the position of Child and Family Well-Being Co-ordinator. The position will provide early intervention and prevention programs to children, youth and parents/caregivers. This position will also assist individuals and families in their healing journeys and provide coordination and advocacy on behalf of families and children of Whitefish River First Nation.

Salary: $40,000 – $46,000 depending upon qualifications and experience

Responsibilities
- Works with the Child Protection Workers on case management and administrative procedural matters to provide information about the plan of care, provides input into risk assessments and assists the families in preparing for court proceedings.
- Coordinates with Kina Gbzhgomi appropriate resources for families and children in care.
- Develops and supervises a plan of care by ensuring the child and caregiver have input into the plan, informs the caregiver of their responsibilities, monitors the placement, and provides assistance and guidance with addressing the child’s behaviour.
- Liaises with Children’s Aid Services and Kina Gbzhgomi office regarding placements of children-in-care.
- Facilitates the provision of family care resources and extended family resources for children-in-care.
- Recruits and develops contracted resources to support children and families.
- Monitors the provision of services for children and families.
- Provides support to foster homes for Whitefish River First Nation children.
- Participates in protocols, allegations of child abuse and neglect in child welfare resources according to regional and provincial protocols.
- Plans, develops, and implements strategies to keep WRFN children within the community and repatriate children back into the WRFN community.
- Establishes communication network with internal and external service providers to ensure an integrated approach to services is provided at the community level.
- Assists with the advocacy of children and their families that are either before the Courts or being investigated by the Children’s Aid Society.

Qualifications
- Bachelor of Social Work, Native Child and Family Worker, or Child and Youth Worker Diploma or 5 years related experience.
- Knowledge of Indigenous family systems theory and an understanding of family functioning.
- Excellent communication and negotiation skills along with the ability to effectively maintain solution focused dialogue.
- Ability to develop collaborative relationships with families, service providers and stakeholders and broader community.
- Ability to support self-advocacy with families.
- Knowledge of unique needs of WRFN children and families.
- Excellent group facilitation, verbal, written and interpersonal communication skills.
- Knowledge of Anishinabek culture, traditions, ceremonies, communication styles and value systems.
- Must be willing to undertake the Applied Suicide Intervention Skills Training (A.S.I.S.T.)
- Maintenance of an ongoing clear Criminal and Vulnerable Sector Screening.
- Must maintain a valid Standard First Aid Certificate and CPR
- Valid Ontario Driver’s License
- Ability to travel and to work flexible hours according to the needs of WRFN families and children.

All applicants MUST submit a letter of application, current resume, (3) three current work related letters of reference marked CONFIDENTIAL to:

Ludie McGregor
Health and Social Services Manager
Whitewater River First Nation
178 Rainbow Ridge Road, Birch Island, ON PO P 1A 0
Email: lmcgregor@whitefishriver.ca
Fax: 705-285-0488

Deadline: Friday, April 5th, 2019 at 4:30 p.m.

We thank all applicants, only those selected for an interview will be contacted. Prior to being hired, the successful applicant will be required to submit a current clear Criminal Reference Check and Vulnerable Sector Screening report.

Anishinaabemowin Language Program

“Aambe gagwe-gikendanda ja-anishinaabemoyang!”
“Come on, lets learn to speak Anishinaabemowin!”

Thursday’s at the Seven Fires Youth & Elders Centre!

Time: 6:30pm to 8:00pm

Parents, Youth, Abusers, Grandparents, and Uncles are welcome! For more please contact us at 705-285-4354.

In partnership with Nakamii Marion McGregor and Anishinaabemowin Instructor Lisa McGregor.
Mental Health & Addictions Worker (NNADAP) - Michael Aelick

Aani,
During the month of April, I will continue the Rekindling Our Fire program. Building a fire in the winter time can be a fun challenge. The dates for this program will be on April 14th and 28th. The basics of fire starting and safety will be covered so come and enjoy some hot dogs, hot chocolate, hot apple cider, and s'mores.

Kizhaay Anishinaabe Niin, “I am a Kind Man”, will also continue every Tuesday night for April. Kizhaay Anishinaabe Niin is designed to offer men and youth a safe space in understanding their roles and responsibilities to end violence against girls and women. It recognizes the challenges youth and men face and encourages opportunities for reconnection to their traditional roles within families and communities.

If you have any questions or concerns, please contact me at the Health Centre @ 705-285-4354 or by e-mail at maelick@whitefishriver.ca.
Aanii,
This past month was very busy. I was able to take a group of 12 youth from ages 16-25 years old out to Huntsville for Dog Sledding Adventures with Chocpaw Expeditions. All the Youth were incredible throughout the day! We were all busy with many tasks as we collectively learned to gather, load and harness up all the dogs the right way. Most of the youth, myself included, were nervous because this was our very first time dog sledding. I am happy to say that we all successfully accomplished something new together! We also stopped at Ar rowhead Provincial Park to skate which was a nice way to end our weekend together. Chi-Miqgewetch to Bird and Jordi for all the help that you both provided! We are looking to plan a spring and summer outing with ages 16-25 years old, so be sure to stay posted!

Over March Break, we provided many activities outside of our community. We went to the KUPP Centre and did tour rounds of Laser tag on March 12th, we attended Science North on March 13th and families also travelled to the movies on March 14th to watch Captain Marvel. For the Annual Language Conference, I was able to take three (3) Youth from WRFN to Sault Ste. Marie. They attended the Youth mentorship programs all three days. I will be looking forward to seeing what they create after returning home.

I know the Senior Youth Leadership Program are really getting excited to attend the Toronto Raptors Game on April 7th. They have really planned this event as a team. I remember when they all decided on their goal as a group, they quickly started looking at game dates, school PA days as well as booking Airbnb for their accommodations. They had everything laid out and ready by the next session! Their attendance has been very consistent in the Right to Play and Noojinow-in-Teg programming basketball nights. Look for upcoming fundraising events and a big intergenerational event from our Senior Youth Leadership Program.

On April 10-13, 2019 there will be individual sessions at the WRFN Health Centre and a ceremony open to community members with Jimmy & Vera George, Abraham Bearskin & Roy Paul. Call the Health Centre to book an appointment.

If you have any questions regarding any programs please feel free to email me at righttoplay@whitefishriver.ca or contact me at the Health Centre at 705-285-4354.

Raven travelled to Huntsville for Dogsledding with Chocpaw Expeditions on March 2, 2019.

Aanii Boozhow Kina Wiya!
Whitesh River Students attending A.B. Ellis Public School in Espanola are doing an awesome job representing our community in sports. Out of 16 students on the A.B. Ellis Flames hockey team, half came from our community. These students are as follows: Ira Paibomsai, Drake Jocko, Carter McGregor, Brandon Visitor, K.C. Migwanabi, Sierra McGregor, Daylyn McGregor, and Raidyn McGregor. The A.B. Ellis Flames hockey team went undefeated this year and took home the championship at the Bidaaban Classic Tournament.

Also participating on school sports teams this year was K.C. Migwanabi in both basketball and volleyball; Carter McGregor in both basketball and volleyball; Ira Paibomsai in both basketball and volleyball; Brandon Visitor in basketball; and Drake Jocko in basketball. Great Job WRFN students!
Ahni, the days are getting longer and the weather is finally getting warmer. I hope everyone had a great time cheering at the LHNL.

March Break was a busy one for both Crystal and I. We had planned excursions from March 12 - 14, 2019 and had a good turnout of about five to six families that came with us each outing. On March 12th we travelled to Sudbury to the KUPP Centre. The families had the option of either playing Laser tag or spending their time at the playground. I, on the other hand had fun playing laser tag with the families. There were a lot of laughs and I enjoyed this little outing. Back to Sudbury on March 13th for some Science North adventures and lunch at Di Gusto. We had another good turnout and the Science North Body World FX was interesting exhibit that I would recommend. The service and the food at Di Gusto’s was amazing. On March 14th, we capped off the week watching Captain Marvel at Silver City. If you’re into the Marvel movies this was a good movie. Chi Migwetch Helen Bolduc for your services over the March Break, we really appreciated this.

Calling New Participants! We will be back in the saddle once again with Horseback Riding Sessions. This activity is for ages 18+ for the course of 10 weeks. Sessions are starting every Wednesday from April 3 to June 12, 2019 and transportation and a meal will be provided. We will depart from the WRFN Health Centre at 5:00 pm sharp, so make sure you sign up for this program. This program will be based on a first come first serve basis for new participants.

Syral is back to do some Foraging for Poplar Buds on April 2nd, connecting with nature and then is back again Making Medicinal Ointment April 9th at the WRFN Community Centre from 10:00 am to 3:00 pm. Lunch will be provided, so come on out to visit and learn.

Finally, from April 11-13, 2019 we have the Traditional Healers Jimmy George and Abraham Bearskin coming back. Call the Health Centre to book an appointment.

Please stay tuned for upcoming Family Well-Being Programming to come. Should you have any suggestions or questions about programming, stop by or contact me via email shawnej@whitefishriver.ca or call the Health Centre 705-285-4354.

BaaMaaPi

**Tree Planting Position**

**Salary:** $40,000 – $44,000 (depending upon qualifications and experience)

**Summary:** The Family Services Worker will implement services and supports to families whose children are at risk of being taken into care. The Family Service Worker will respect confidentiality and diversity in their role of providing active, hands-on, peer support to families in a variety of settings including agencies, family homes, and community environments.

**Responsibilities**

- Provide a culturally appropriate, safe, and wholistic approach to child and family service delivery;
- Develop and maintain relationships with families through regular visits and contact;
- Assess needs and develop and maintain a service plan for each family, working with the children, parents, extended family, local service providers, and others as appropriate;
- Assist families and provide linkages to community resources to meet their identified needs and goals;
- Serve as a liaison and help to build collaborative relationships between services and families;
- Coordinate, alongside the Child & Family Well-Being Coordinator and Family Resource Worker, case conference meetings, sharing circles, or family intervention meetings;
- Provide and/or access opportunities for community members to receive Anishinaabe traditional teachings that will assist in their healing process including traditional healing circles;
- Include as per the family’s wishes, traditional ceremonies or community gatherings that celebrate child and family;
- Ensure referrals will be completed for those children, youth and parents who require additional resources or services;
- Outreach to community, leadership, internal and external partners;
- Keep informed of all applicable Provincial Legislation and strategies advanced by our political leadership; and
- Maintain all client information in a confidential and accurate manner.

**Qualifications**

- Child and Youth Worker diploma or Native Child and Family Worker diploma from an accredited post-secondary institute or 3 years equivalent experience;
- Lived experience as the primary caregiver of a child/youth who has accessed community-based services;
- Strong verbal and written communication skills;
- Ability to maintain the highest professional and confidentiality standards;
- Strong interpersonal skills with the ability to work individual and within a multidisciplinary team;
- Computer and other information technology skills appropriate to the responsibilities/required duties of the position or the ability to develop these within timelines;
- Knowledge of unique needs of WRFN children and families;
- Knowledge of Anishinaabe culture, communication styles and value systems;
- Must be willing to undertake the Applied Suicide Intervention Skills Training (A.S.I.S.T.);
- Must maintain an ongoing clear Criminal Reference Check and Vulnerable Sector Screening;
- Must maintain a valid Standard First Aid Certificate and CPR; Valid Ontario Driver’s License or willing to obtain one; and
- Ability to travel and to work flexible hours according to the needs of WRFN families and children.

All applicants MUST submit a letter of application, current resume, (3) three current work related letters of reference marked CONFIDENTIAL to:

Ms. Andrea McGregor
Human Resources Coordinator
Whitefish River First Nation
178 Rainbow Ridge Road, Birch Island, ON
P0P 1A0
Email: andream@whitefishriver.ca

**Deadline:** Friday, April 12th, 2019 at 4:30 pm

We thank all applicants, only those selected for an interview will be contacted. Prior to being hired, the successful applicant will be required to submit a current clear Police Vulnerable Sector Screening Report.
**Who's Crafty**

Community Event

Join us for a fun filled night of painting and socializing at Whitefish River First Nation

Spring Morning

Date: April 30th

Time: 6pm

Location: Whitefish River Community Centre

Join us for a lively upbeat painting event designed to encourage and bring out the creativity in you! Our Master Artist Stephanie will guide you throughout the evening while we share in the communal creative spirit mixed with fun, music, and laughter! All Materials Supplied!

Open to Whitefish River First Nation Community Members only

To Register contact Courtney Laundrie, Early Learning Coordinator at the WRFN Health Centre at 705-285-4354

Check us out at facebook.com/WhosCrafty

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**Early Learning Coordinator - Courtney Laundrie**

Hello, Aanii.

I hope everyone enjoyed their March Break and are feeling refreshed and ready to spring ahead into Spring Programming. After the success of the first Family Partner Painting with Who's Crafty, I have decided to bring them back in at the end of the month. There was a great turn out last time and I’m looking forward to seeing some new faces. The poster will be going out in the mail as soon as we pick a painting to create. So keep your eyes peeled for the upcoming poster and register at the Health Centre.

Last month we had a Baby Moccasin Making Workshop with Paulette Alabens. We had a great turn out and everyone was working hard creating their moccasins. Sadly we didn’t get to quite finish so I am looking into getting Paulette to come back sometime this month. We can finish up together and get her expertise in completing our mocassin projects. To those who attended I will be getting in contact with you.

The Child’s Natural Remedies Workshop was postponed last month with Syrkal. We now have a new date set. We will be doing some Foraging for Poplar Buds with her in our community on April 2nd and she will be back April 9th where we will be making the baby rash cream and a cold and flu ointment. Again please sign up at the Health Centre. Lauren Dewar and I had also hosted a Prenatal Class just before the March Break, we had 3 families show up and we enjoyed sharing and getting to know the new parents to be.

Anishnabemowin with Marion McGre- gor continues at the Maamwe Kendaasing Child Care. Marion and I have been enjoying stopping in and getting to know the little ones at the daycare.

**Important Dates:**

**Play Group**

Tuesdays: 10:00 am - 12:30 pm

*Daycare Lower Level*

*no play group April 23/2019*

**Foraging with Syrkal**

April 2, 2019

10:00 am – 3:00 pm

Community Centre

**Child’s Natural Remedies Workshop**

April 9, 2019

10:00 am – 3:00 pm

Community Centre

**Easter Holidays:**

Friday April 19-22, 2019.

**Who’s Crafty Family Paint Night**

April 30, 2019

Community Centre

I look forward to hearing any feedback or any recommendations you may have. I can be reached at the Health Centre or by email at courtney@whitefishriver.ca.

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**Join us for a free**

**FORAGING AND OINTMENT-MAKING WORKSHOP WITH SYRKAL**

TUESDAY, APRIL 2nd at the WRFN COMMUNITY CENTRE

10:00am - 3:00pm

Lunch provided! Drop-ins Welcome! Open to all ages!

Syrkal is returning to offer a foraging and ointment making workshop. Beginning at 10:00 we will have some discussion then go out foraging for poplar buds. We will return to the community centre for lunch and to process our buds, and then make a medicinal ointment. Join us for the whole day or just part!

Let Courtney or Shawna (705-285-4354) or Lauren (705-368-2182 x213) know if you plan to attend!

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**Join us in a**

**Child Natural Remedies Workshop**

**Date: April 9/2019**

**Where: Community Centre**

**Time: 10-3 P.M.**

Lunch will be provided.

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**Coco Nucefera will be joining us again to create these all natural remedies.**

To register please contact Courtney, Early Learning Coordinator at the Health Centre at 705-285-4354 or by email at courtney@whitefishriver.ca.
Maniwaki Kendaasing - Cheryl Shawanda, RECE, Child Care Supervisor

Aanii from the Maniwaki Kendaasing Child Care Centre:

Welcome to Our Family

Welcome to our Daycare Team, our new Early Childhood Educator Cyndi Coribe. These last few days the children have quickly grown attached to her and we warmly welcome her to our community of Whitefish River First Nation. We are also very pleased to announce that a familiar face from our home community of Whitefish River First Nation has joined the Maniwaki Kendaasing Child Care Centre team. Let’s welcome Caitlin Pitawanakwat as she joins our team in our as a Registered Early Childhood Educator currently with the Toddler Group. Caitlin graduated from the Early Childhood Education Program in August 2018 from Algoma College. After graduation Caitlin began working in Aundeck Omni Kaning at the Neganabik Early Learning Centre. Caitlin is very excited to be back in her home community working with the children and families of Whitefish River First Nation. We welcome members to stop in at the daycare and say hi to Cyndi and Caitlin when you get a chance.

Day Care Spaces

We are now at capacity in the Preschool Room. We currently have one space available in the Toddler Room for children between the ages of 18 - 30 months. The day care requires updated employment information should parents require full-time daycare services as per our policy. Regular requests for various documentations will be made in order to ensure our files are updated regularly. The Child Care Program is not only for working parent/s, it can also be for parents that want their child to socialize with other children, should space be available. The Socialization Program runs from 8:30 am - 3:00 pm. If you have any questions, please contact the Child Care Centre for more information.

Programming

The Staff at the Maniwaki Kendaasing Child Care Centre will be requested to attend meetings or workshops throughout the year. Upgrading our skills will help benefit the program in obtaining new approaches to learning and ensure the health and safety for all children. Maniwaki Kendaasing Child Care Centre strives for authentic relationships what will support the staff, volunteers and students to continue professional learning to promote continued growth in the relationships to the children, families and stakeholders.

At all times the staff will make every effort to ensure that parents are provided with adequate notice to arrange alternate child care should the day care be closed. We also welcome any new activities that parents/guardians would like to see integrated into the daycare program. Maniwaki Kendaasing Child Care Centre will strive to provide a comprehensive program and effective delivery to maximize the potential growth and development of each child.

Child Care Closure:
April 24, 2019: Early Dismissal for School - if you are not working or in school you will be required to pick up your children at noon.
April 19 & 27, 2019: Daycare will be closed for the Good Friday and Easter Monday holidays.

Spiral Days

Maniwaki Kendaasing Child Care Centre will be holding spiral days once a week. We are looking forward to the month of April and the children are already exploring the puddles and observing the ice melting. April is also oral health month and Clifford the Big Red Dog reading month. On April 2nd we will observe national book day and on April 18th we will celebrate with an indoor Easter Egg Hunt as well as Pajama Day. April 23rd is Jelly bean day, and will be spent doing various activities such as identifying colors, sorting and counting. We will wrap up the month of April with an interactive music/dance day on April 29th.

Weekly reminder flyers will go out to provide parents with the scheduled activities. Again, we welcome any ideas from our parents/guardians on Spirit themes. You can drop off any ideas and suggestions in the box at the entrance.

Celebrations/Events

Children go through many transitions throughout their lives, but one of the most important transitions is the one from our preschool program to kindergarten. "During this period behaviors are shaped and attitudes are formed that will influence children throughout their education." In recent years the role of kindergarten has changed from an extension of preschool to a much more academic environment because of new standards in schools that “push back” academic skills to earlier grades. The preschool children will once again begin this transition in April and will attend Shawanoswe School a few days a week with their day care educator.

Birthday wishes
Happy Birthday for April going out to our friends Isla and Charlotte.

Baa-ma, Cheryl Shawanda, Daycare Supervisor, RECE, RT

Education Manager - Jacinta Shawanda

Aanii New and Current Post Secondary Students!

I hope all is well and that your academic year was successful. Please remember to take care of your Spiritual, Emotional and Physical health as you pursue your academic goals. Well balanced students become successful students!

The 2019 - 2020 Whitefish River First Nation Post-Secondary Education (WRFN PSE) Applications for Sponsorship are available via e-mail. Contact me via email for a PDF fillable application. I will also send the current WRFN PSE Policy for your review.

Updated Consent/Release and Agreement forms will be provided at a later date.

ALL CURRENT AND NEW STUDENTS MUST APPLY EVERY YEAR FOR FUNDING APPLICATIONS ARE DUE MAY 31ST, 2019 LATE APPLICATIONS WILL NOT BE ACCEPTED

ALL CURRENT STUDENTS MUST ARRANGE FOR OFFICIAL TRANSCRIPTS TO BE MAILED TO ME FROM YOUR ACADEMIC INSTITUTION. Please request your transcripts once your final grades for the Winter 2019 term are recorded.

Official transcripts for all terms that students received funding for must be sent to WRFN Education Department in order to be compliant with your funding agreement.

Let me know if you have any questions. Mligwech.

If you have any questions, comments or concerns please contact me at 705-285-4335 ext.209 or via email at: jshawanda@whitefishriver.ca.

EMLOYMENT OPPORTUNITY
Whitefish River First Nation - Maniwaki Kendaasing Child Care Centre

Supply-On Call/ Part Time Cook

The On-Call / Part Time Cook will work under the supervision of the Day Care Supervisor, and will prepare snacks and meals under the guidelines of the Canada’s Food Guide. The On-Call / Part Time Cook will provide the nutritional needs of the children, maintain a sanitary kitchen, complete grocery requisitions, and other duties as required as per the detailed job description.

Knowledge and Skills:
- Excellent oral and written communications skills;
- Works well in a team environment;
- Must have the ability to prepare, cook and serve to large groups;
- Must have experience to work directly with children;
- Must possess a great deal of flexibility; and
- Must be energetic and active.

Qualifications:
- Food Handlers Certificate or diploma in Food Preparation;
- Prior work experience as a cook would be an asset;
- Valid Standard First Aid Certificate; and
- Access to a vehicle and possess valid driver’s license

Salary: Based on qualifications and experience according to the Whitefish River First Nation Salary Grid.

Closing Date: Open until filled

Applications must include: a cover letter, resume, names of (3) three work related references. Address applications to: Confidential / Andrea McGregor, Human Resource Coordinator Whitefish River First Nation Birch Island, Ontario P0P 1A0

**Please be advised applicants will be contacted if selected for an interview**
The Bobcat

Aanii Parents/Guardians

March was here and is almost to an end! Our student activities continue to be in full swing and we will continue to offer Board Games on Mondays, Music with Miss Joanne on Tuesdays, Basketball on Wednesdays and finishing up with Winter Games on Thursdays. We encourage all students to participate and to come try new activities.

March
During the month of March our students engaged in a variety of new learning opportunities.

March 6: Our Kindergarten students continued to enhance their skating skills. It is great to see the development of these young students. Our Grade 3-6 students went ice fishing in the afternoon despite the cool temperature.

March 7: All First Nation robotics team, Team 5672 from Wiikwemkoong visited Shawanosowe School. Our students loved this session and we are now looking at bringing this program to Shawanosowe for our students to continue.

March 8: The Grade 3/4 and 5/6 classes attended Science North. Some students had the opportunity to see the exhibit the Human Body which aligned nicely to both their health and science units being studied.

March 11-15: March Break! Many of our students had an exciting time at the 48th Annual NHL Tournament in Mississauga.

March 20: Early Dismissal. Our staff utilized this time to learn more about concussion training.

March 21: Our Grade 4 students at Shawanosowe School took part in the Fitness Challenge. Our students had the opportunity to listen to and meet an Olympian as well as participating in workshops and winning door prizes.

March 22: Kindergarten class swimming from 12pm-1pm.

March 26: KTEI Language Bowl. The following students represented Shawanosowe proudly at the Language Bowl. The Primary Team included Lila, Laila, Kallie, Violet and Memphis and the Junior Team consisted of Aurora, Nakia, Sasha, Nico and Lucy. Each team placed second in The People’s Choice division of the Language Bowl. Congratulations!

March 27: Kindergarten skating from 10:30 am - 11:30 am.

March 28: KTEI Indigenous Winter Games. We will have two teams attending representing Shawanosowe at this amazing event.

March 28-31: Anishinaabemowin Conference in Sault Ste. Marie. Congratulations to our five students who received scholarships to attend and present on behalf of Shawanosowe. The recipients are; Alexis, Aurora, Melody, Memphis and Rory.

Again, we encourage all parents, families to take part in our school activities and look to continue to work together as partners in the education of our students.

April Events
April will bring spring weather and with it many exciting opportunities to take part in.

April 5: Kindergarten class visits Northern Exotics in Sudbury.
April 8: Professional Development Day. No School
April 10: All students will have a presentation on dental care.
April 18: Chad Solomon of Rabbit and Bear Paws visits Shawanosowe School.
April 18: Easter School Community Luncheon
April 19 & 22: Easter Holidays
April 24: Early Dismissal at 2 pm.

Miligwetch.
Mr. D. Staggart

Aurora, Nico, Sasha, Kallie, Violet, Lucy, Lila, Nakia and Memphis competed in the KTEI Language Bowl on March 26, 2019. Both the Primary and Junior Teams placed second in The People’s Choice division.
Tecumseh engages in Lands Based Learning.
Congratulations to our WRFN Warriors Bantam Girls ‘C’ Champions.

Rory, Aurora, Alexis, Melody and Memphis received scholarships and presented at the Anishinaabemowin Conference in Sault Ste. Marie.

WRFN Warriors Pee Wee Team.

Theron, Arden, Savannah, Hillary and Aunt Lisa watch the Midget ‘B’ Championship Game. Happy 17th Birthday to Savannah on April 14th! From your family!

Olympian Bridgette Lacquette signs autographs for some lucky WRFN fans.

To Our Dearest Lucy,

On your 10th birthday, we want you to know how loved you are...smart, kind, funny, strong, independent...words that cannot even begin to describe the young lady you are growing into.

You are beautiful and amazing in so many ways!

We love you most!

Mommy, Daddy, Ellie, Ira, Ziggy and Mitty.
Food Security Assistant - Winnie Paiibomsai

Well, we are back from March break and our breakfast and lunch programs are back in gear. I have been participating in Trauma Informed Care training. I am learning how trauma can lead to addictions whether it be food, drugs, alcohol or even technology. These few things that I have named off are just a symptom of trauma. We, as a community, have been resilient with taking steps to healing and I myself can vouch that it isn't always easy. What I can also attest to is the fact that we don’t have to walk alone in overcoming our challenges. I think that if we can help each other, our community will become much stronger and healthier for ourselves, families, and friends. We have been through so much in life that it has stopped us from enjoying the simple things in life which might mean more if we can take a step forward and help each other.

In terms of the food security program, I have been thinking that I want to teach our children and young adults how to cook on a budget. This program is a modification of another one called Collective Kitchens. This program would teach basic fundamentals of cooking, cooking techniques, and recipes for anyone that is interested. Also, don’t forget that we have the Good Food Boxes. There are two sizes - a small box for a single person is $9.00 and a large box is $17.00 and suitable for a small family. This program is set up to help our community as well as promote eating healthier and getting veggies into our meals that maybe we normally wouldn’t use.

If you are interested or would like to sign up for any programming, please don’t hesitate to contact me at the Whitesfih River Health Center at 705-285-4354.

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Moons Garden
by
Michael Aelick

Nectar Is Not Only For The Bees

Spring is technically here and soon we will be blessed with seeing some of the spring time flowers emerging. When we think about preserving we often think about storing the bounty of fruit, vegetables, and meat from a fall harvest. I will talk about some flowers that you can make jelly out of during the spring and summer.

Northern Blue Violet or Woolly Blue Violet is a low growing flower that grows commonly in Sugar Maple forests but can be found growing in any mixed wood forests. They prefer to grow in moist soil and can be found in meadows, lawns and along trails in the forest. Wooly Blue Violet is medium to dark violet in colour with darker veins radiating out of from the throat of the flower.

This species has a food body called eliosomes attached to the seeds that attract ants, which carry them back to the nests. Once the edible part is removed they discard the seed in nutrient rich waste piles. Violets flower from mid May until early June. I have encouraged this flower to grow in certain areas of my garden as a ground cover.

Fireweed is a tall showy flower that gets its name from the tendency to grow in areas that have been recently burned. Fireweed thrives in open meadows, along streams, roadsides, and forest edges. The beautiful purple flowers can blanket an area after a forest fire due to the seed staying viable for years in the soil. Aside from this plant making a lovely jelly the early sprouts can be eaten a lot like you would asparagus and tea can be made from the leaves. Flowers yield a lot of nectar that yield a rich, spicy honey. Today, fireweed honey, jelly, and syrup are popular in Alaska where this species grows in abundance. A spike of up to 50 or more pink to rose-purple flowers adorns the top of the stems from June to September. Fireweed grows to heights of 8 feet and prefers calcareous to slightly acid soil. This plant will quickly colonize an area and will grow and flower as long as there is no competition from taller plants like trees.

The following recipe can be used for these flowers as well as other flowers like dandelion and lilac.

Prep Time: 20 minutes
Yield: Makes about 3 cups

Ingredients:
>>> 3 cups fresh picked wild violet flowers (only purple flowers)
>>> 2 tbsp fresh squeezed lemon juice
>>> 3 cups organic cane sugar
>>> 2 boxes pectin (57 grams each)

Instructions:
Place flowers into a bowl. Pour boiling water into the bowl until full (minimum 4 cups water). Stir to release air bubbles. Cover the bowl and keep it out of bright light for 24 hours.
Line a colander with cheesecloth or a coffee filter and strain. The liquid will be dark sapphire blue.
In a pan, mix 3 1/3 cups of the violet liquid and lemon juice then bring to a boil and let boil one minute. Add sugar and pectin then bring back to a hard boil – then let boil one minute.
Remove from heat and skim the top as needed.
Place into sterilized mason jars, seal, and process in boiling water. The final colour of the jelly will be fuscia.
http://www.ediblewildfood.com/wild-violet-jelly.aspx

I hope you have found this article informative. If you have any questions you can post them on my Facebook page @ 13 Moons Garden.

Food Security Assistant - Louanne Megwanabe

Health Tip/Info:
6 in 10 Children don’t meet their daily requirement of fruit.
9 in 10 Children don’t meet their daily requirement of vegetables.

Studies have been consistently shown that children who eat a healthy breakfast and those who have high nutrients status do better in school and report less behavioral problems than their undernourished counterparts.

Kitchen Tip: Milk should be refrigerated at or below 40°F. Its shelf life is reduced by half for every 5-degree rise in temperature above 40°F. Freezing is not recommended. (ChefTec Tip).

Update on “Chef Tec”
This month we will be focusing on assigning “virtual” inventory locations in the software program, taking pictures of each item whether it is food or supplies, cataloguing each location with the designated item(s) and labelling WRFN property. The next step is to have an operating tracking program that is utilized for supplies, e.g. when a pot is borrowed it should be returned, someone will sign it out and sign it back in. All the work needed for this program will make things so much more efficient by saving employees time and saving WRFN money.

Monthly Traditional Recipe
Here is a wild rice recipe to try. It is good on its own or as a side dish to some fresh fish or wild meat.
Ingredients:
• Turkey broth, Sage, New cattail buds or roots, water chestnuts or crunchy somethings. Whatever is available. (canned water chestnuts can be used as they are available all year round). Salt & pepper to taste, Wild rice and Cranberries Directions
Boil up some wild rice in turkey broth
When it is almost done, add the sliced crunchy somethings and a handful of fresh cranberries. (no sugar!)
Add what herbs you like, a little sage perhaps, etc.
Note: The thing to remember is to only add enough water to cover the rice and keep an eye on it so it doesn’t dry up.

Source: Native/Indigenous Foods

Upcoming Seasonal Activities
An important part of us as Native People, has been always to grow and harvest our own food. This has promoted pride, survival and teachings for the transfer of knowledge. In all of the foods we traditionally consumed we had knowledge and teachings instilled so that we would grow and learn how to take care of what we had, to respect what we had and appreciate all that we had.

That being said, our planting season is almost here, I am excited to see who is the next “green thumb”, it’s not me that’s for sure but, I want to learn alongside my fellow co-workers and community members.
If anyone has any teachings or lessons to share please contact me at the Health Centre at 705-285-4354.

Missed an issue of The Rezound?
Find them online at www.whitefishriver.ca
**Band Manager - Art Jacko**

Aanii Bemaadizijig

We say Baamaapii to Naabdin Gizzis (Snow Crust Moon) and welcome Niisbaa’kde Gizzis (Maple Syrup Moon).

This has been a very busy month as the first week was the Anishinabek Nation Governance meeting in Sault Ste. Marie involving:

1. Citizenship
2. Band Elections
3. New Fiscal Arrangement

We already have our own Citizenship Code and Custom Election Code. The new fiscal arrangement will require community engagement and consultation before the proposed date for voting in the fall of 2019. We are waiting on details regarding community engagement and consultation.

**LNHL**

Over the March break, our Warriors competed at the LNHL and I am pleased to say our Warriors did very well. It was a week of exciting hockey! Congratulations to all of our Warriors, parents and coaching staff.

**Early Learning Center**

This winter with all the snow has been hard on our construction of our new Early Learning Center (Daycare) and has set our schedule back by a month. We are hoping to make up ground in the spring and summer. Construction completion is now targeted for mid August, just in time for the beginning of the new school year.

**Community Engagement**

Community participation at the session involving ‘Duty to Consult’ was well attended. This session is follow up to the January session in which the community asked for further education and understanding on the issue of Duty to Consult. The presenters over the two day session were very knowledgeable and provided very good information to the community. This will go along way in crafting our own process of community consultation.

The Community Session involving Cannabis will be held on March 30th at the Community Centre. The “Ayaan-gwa-mizid-daa – Let’s be Careful Community Cannabis Advisory Group will be showing the final version of our video and providing a presentation on the outcomes of our first session in October. There will be other presenters who will speak to the health, legal and economic impacts of cannabis. This will further inform the community and will allow the community, when the time comes, to make an informed decision on cannabis in our community.

**Chief and Council Strategic Planning**

Chief and Council has also started their Strategic Planning for the next four years with specific strategic plans for year one. Chief and Council key priorities remain the same:

1. Community Wellness
2. Education
3. Economics.

As Chief and Council further develops the strategic plan, there will be further community updates.

As always, I am available to the community, please don’t hesitate to drop by for a visit and have Mkade Miskodisimin Naaboo (coffee) or Niibiishaaboo (tea) on us. You can also reached me by phone at 705-285-4335 or cell at 705-863-3027 or email me at ajacko@whitefishriver.ca.

Nahaaw, Baamaapii Miinwaa Kawabamin

**Human Resource Coordinator - Andrea McGregor**

Aanii,

My name is Andrea McGregor and I am the new Human Resources Coordinator with the Whitefish River First Nation. It is a pleasure to have joined Whitefish River First Nation Administration and I consider myself fortunate to have been given this opportunity to join this team which has grown so much over the years.

This HR Coordinator position offers new and exciting challenges to me, all of which I am looking forward to! Prior to coming to Whitefish River First Nation, my background entailed the Human Resource and Finance Officer with the UCCM Anishnaabe Police Service for 8.5 years. My job duties included Completion of payroll, benefits, recruitment, orientation and employment contractual agreements. Along with keeping databases of all employee training and annual evaluations.

Now, I look forward to this new position where my responsibilities will be similar, but building this unit into a streamlined and transparent unit. This will include annual reviews of the personnel policy, completing employment contractual agreements (including evaluations), and the processes that go along with these. In addition, implementing a new Health and Safety Committee.

I am quite anxious to get started with the new challenges, and I can see already within the first week that there are a lot of great people I will be working with and I look forward to be a part of their team.

If you have any questions at all, please stop by and say hello – my door is always open!

Glad to be on board!

Miigwetch,
Andrea McGregor

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**Collection of Member Contact Addresses & Contact Information:**

It is **VERY** important that we collect member contact addresses and emails.

I encourage all members to contact family near and far to ask them to send their contact information to my attention.

This will be extremely important for communications that will be sent out regarding new Trust developments.

You can send the a letter addressed to:

**Trust Coordinator**

P.O. Box 88, Birch Island, ON P0P 1A0

or email at: eosche@whitefishriver.ca

or telephone call at: 1-800-265-4335

and request to be put on our mailing and email listing to receive important information on future Trust developments.
Housing Maintenance

I would like to thank all the participants that attended the Housing Maintenance Information session on Wednesday, March 6, 2019 at the Community Centre with special guest speaker Norbert Koeck of Blue Heron Consulting Services. We had many people from housing committee representatives, staff and more importantly band members – tenant and private homeowners. Congratulations to all the winners of prizes. Jean Andrews – $55” flat screen television; Vanessa Paibomsai - $250.00 McDougal propane gift certificate; and Kiki Pelletier $250.00 Hydro One gift certificate. The following recipients won a gift certificate for septic pump outs: Brian McGregor, Clarissa Andrews, and Kaylee Laundrie.

Thank you to Tania Jacko, Energy Advisor and Crystal McGregor, Waste Management Action Plan Coordinator on hand to provide information on energy efficiency and recycling booths.

Septic tank pump outs will be scheduled on May 2 & 9, 2019 for $85.00 per tank. If you can’t remember the last time it was pumped out we can check our old files. If it is not on our list then maybe you should get it done. Please contact the Housing Department to register.

First Nation Conservation Program

As announced at other sessions a new program by First Nations Conservation Program for energy consumption. We will be hosting a “KICK OFF” for the First Nation Conservation Program on Wednesday, April 3, 2019 6-9 p.m.

The difference would be this time we will not have to verify income for each home. As long as the home is located on First Nation land they would qualify for the program provided they have a Hydro One account.

The energy assessments will offer LED light bulbs, smart power bar (with timer), block heater (with timer), measure the appliances (1 fridge, 1 freezer, 1 window AC, 1 dehumidifier) if the home is electrically heated they would qualify for hot water tank wrap, pipe insulation, showerhead and aerator (kitchen and bathroom).

If the home is electrically heated they may qualify for insulation upgrades of attic insulation (up to R-50), crawlspace/basement (up to R-20), headers (up to R-20) and caulking if required.

The deadline to apply for this program is April 30, 2019. Don’t miss out on this cost-saving opportunity!!

If community members did participate in the previous program they can still apply to this program and we can remove the CFL lights and install the LED bulbs. The houses will again be checked for all of the above as they may not have qualified before and might qualify for additional things this time. More details to follow in the next newsletter.

Elephant Thoughts Outreach - First Nations and Inuit Education

Elephant Thoughts will be at Shawanoswe School the week of April 9-12, 2019. Your children may come home with new exciting things that they have learnt at school. Elephant Thoughts provides hands on learning kits to the children on energy efficiency and the science of energy conservation.

LEAP and Ontario Energy Support Program

Our office will continue to assist with Low-Income Energy Assistance Program (LEAP) an Ontario Energy Support Programs (OESP) that meet the eligibility criteria based on income level threshold in the household and number of occupants in the residential unit.

Applicants receiving Ontario Works and ODSP income must contact their worker directly for OESP assistance.

Matrimonial Real Property

Dispute Resolution Training
April 23 - 25, 2019
Manitoulin Hotel and Conference Centre, Little Current

We will be seeking participants from Whitefish River First Nation with the Matrimonial Real Property dispute resolution training to a maximum of 24 registrations. This will be held April 23 - 25, 2019 at the Manitoulin Hotel and Conference Centre in Little Current.

Participants will be required to be available for the full three days from 9:30 am - 4:30 p.m. We will be providing lunch, breaks and honorariums. Transportation will be provided if necessary. See poster in newsletter.

Please contact me at our office to register. If you have any questions you can contact me at the at the Ad ministration Office at 705-285-4335 ext.214, or by email at: georginar@whitefishriver.ca.
EMPLOYMENT OPPORTUNITY
COMMUNITY ENERGY CHAMPION
1 Year Contract – with the possibility of an extension

The Whitefish River First Nation is seeking an innovative and energetic individual to complete action items identified in the Whitefish River First Nation Energy Plan and Education & Capacity Building (ECB) Projects. Reporting to the Housing Manager, the Community Energy Advisor will develop, administer and educate unique projects relating to Energy, as identified in the Whitefish River First Nation Energy Plan.

RESPONSIBILITIES:
- Responsibilities may include, but are not limited to project planning, scheduling, allocation of personnel and resources, budgeting, and regular communication with members, staff, partners and stakeholders.
- Developing and administering project proposals, work plans, and project cost/budgeting for energy-related initiatives within WRFN.
- Developing and managing Energy-Audit reports, and reporting on WRFN’s various energy initiatives throughout the year.
- Re-establish a Community Energy Committee; hold monthly meetings.
- Staff resource for a Community Energy Committee designed to support the energy desires of the Whitefish River First Nation.
- Act as an energy education and conservation resource for the community and membership.
- Organize and assist in the delivery of community engagement and energy events, a community outreach program, youth capacity building workshops, and WRFN staff training sessions.
- Assist in the proposal and planning of educational and energy-related initiatives.
- Prepare and conduct presentations for multiple stakeholders relating to Energy.

QUALIFICATIONS:
- Post-Secondary Diploma or Degree in one of the areas of Science, Energy or Environment related studies.
- Experience in First Nation organization in the area of energy, environment and energy conservation is an asset.
- Knowledge of the First Nation culture and traditions or have the willingness to learn.
- Valid Driver’s License and access to a reliable vehicle.
- Excellent communication skills that includes written and verbal.
- Ability to travel and work flexible hours as approved by Supervisor.
- Must have advanced computer skills: Microsoft Word, Excel, PowerPoint, Publisher, Access, Outlook, Internet, and Adobe Acrobat Pro.

All applicants MUST submit a letter of application, current resume, (3) three current work-related letters of reference marked CONFIDENTIAL to:

Ms. Andrea McGregro
Human Resource Coordinator
Whitefish River First Nation
17A Rainbow Ridge Road
Birch Island, ON
P0P 1A0
Email: andream@whitefishriver.ca

SALARY: $35,000 – 45,000 Annually (Depending on Education & Experience)

Shawanosse Students visited the Sugar Bush on March 19, 2019.
Citizens of Whitefish River First Nation were submerged in good knowledge-education sharing and held captivated by the host of experienced speakers at a Knowledge Gathering organized specifically to learn more about the process of “Duty to Consult.” As Whitefish River First Nation is building their own policy and process, it was timely that this follow-up session was offered in follow-up to session #1, held on January 30th and addressed by M.C. Mike McGregor.

The notion of “Duty to Consult” is a legal concept created by the highest Court in Canada that asserts that the Crown must act honourably with indigenous people in relation to their treaty rights and title. These rights and treaties, affirmed in section 35 of the Constitution Act, require that the Crown recognize and respect Aboriginal interests. The way that the Court and governments view the “honour” of the Crown is to ensure that reasonable consultation occurs in First Nations affected by any project that impacts their rights and title. This is where the legal term “Duty to Consult” arises.

In summary, Duty to Consult arises where the Crown:

1. has actual or constructive knowledge of an existing or reasonably asserted Aboriginal right (example: land not yet subject to claims or traditional territory); and,
2. contemplates conduct that may potentially affect that right (example: treaty rights concerning land, air, water or sacred objects and spaces).

Furthermore, in conducting a consultation conducted in good faith (honour of the Crown), further action may need to be taken as an “accommodation.” These accommodations exist when a strong right and significant adverse effect exists. Accommodations can be monetary, scaling back a project, resourcing considerations, and clauses such as sharing benefits. The point is that the Crown must be willing to do just the course of action to mitigate, however, does not necessarily need to reach an agreement.

This was underscored by Chief Paibomai, who, in his opening remarks talked about how the Honour of the Crown does not necessarily need to be in litigation (court cases). Rather, he suggests that the important word “hereby” needs to be recognized. Section 35 of the Constitution Act states “The existing aboriginal and treaty rights of the aboriginal people in Canada are hereby recognized and affirmed.” So, in his view, it is not honourable to litigate recognition and affirmation of aboriginal and treaty rights as a matter of course when they have been “hereby” recognized and affirmed.

“Blowing life and giving meaning to section 35” was something that was spoken by Regional Grand Chief Joe Miskokomon, who was also an invited guest to Whitefish River for this particular Knowledge-Building session. Grand Chief Miskokomon had first knowledge of section 36 and the litany of issues that were discussed when drafting this piece of the Constitution. He was there, among others, who sat at the table with windows blacked out, discussing, drafting and agreeing to this section. This storytelling of the events related to section 35 history and modern-day interpretations held everyone engrossed throughout the evening. People said they “could sit here and listen to him all night.” “He has a wealth of knowledge.” “He shed much light on the history of this and the reasons why and the importance of our input.” Overall, the message he imparted to the 35 participants in Day 1 (March 22nd) was to take your time, do the work, be firm on your rights, and ensure equality. Finally, GC Miskokomon enunciated that any rule or law can be created but that it needs a strong governance structure. Someone who worked hard during Chief Miskokomon’s tenure as Chief for Chippewa of the Thames (COTT) was Rolanda Elijah. Rolanda, as Director of Land and Resources spoke about the important steps of creating a protocol and process for proponents approaching COTT. She described how in the beginning, it was overwhelming, but, over time proved less so - with more community education, commitment, and continued support by the First Nation leadership. COTT was involved in a Supreme Court case involving Duty to Consult and through the court didn’t win, they had key take-aways that strengthened their policy and processes. Rolanda highlighted that to create a meaningful policy, the people need to be involved and she suggested that the community use their own internal talent to do so.

And, if this is not enough, at the culmination of the session, WRFN citizens brainstormed about possible items to include in a policy and focused on the exercises held in January, 2019.

More information regarding follow-up sessions will be forthcoming in April, 2019.

Please contact Art Jacko for further information.

EMPLOYMENT OPPORTUNITY

BAND REPRESENTATIVE
Full Time – Permanent

“Our vision is to ensure that the rights, safety, and spiritual and cultural wellbeing of children and families are upheld”

Reporting to the Band Representative Case Manager, the Band Representative will provide services under the Child and Family Services Act and according to any existing WRFN Chief-Welcoming Laws. The Band Representative will be responsible to manage a caseload of children (families) in need of supervision, protection, services, and community support services.

The Band Representative for Whitefish River will respect the culture, language and ideals of the Anishinabe people and continue with this, in the caring, competent, and motivated individual with critical knowledge of the Ontario Child and Family Services Act.

The Band Representative will also act on behalf of Whitefish River First Nation as a party in the court proceedings involving the Children and Family (both in and off reserves) under the Child and Family Services Act (Ontario). The Band Representative will provide support in identifying family support systems, case conferencing, and ongoing case management for children and families involved in the Child Welfare System utilizing a culturally appropriate perspective.

RESPONSIBILITIES:

• Liaise with other Band Representatives, Agencies and Legal Counsel;
• Accompany Social Services to Native Child Welfare agencies;
• Ensure that WRFN Band members are educated about their rights;
• Represent the First Nation at Court as a Party to Child Welfare proceedings;
• Prepare plans of Care, including recommendations for placement of children with other partners such as other Child and Family Services;
• Prepare, respond to, and process legal documents as required by the new Ontario Court rules;
• Prepare telephone, in-person and web-based education sessions;
• Liaison with community services, including, but not limited to: Nisowum Thin, Mischewewakob and other existing programs to assist clients (or) propose and suggest alternative plans, as required;
• Coordinate Case Management Conferences with all community services involved in – Prepare, serve and file additional or amendments to the Plans of Care;
• Gather evidence, prepare arguments, produce and prepare affidavits and prepare draft orders;
• Prepare for and attend settlement conferences as set out by new Court Rules;
• Encourage client/family to maintain (ongoing case notes) and updated on a regular basis;
• Report to the Case Manager/Child Services Manager or Chief and Council as directed;
• Data collection, and submission of reports as required.

QUALIFICATIONS:

• Post-Secondary Social Work Diploma or Degree or equivalent;
• A minimum of two years Social Services work experience with Indigenous peoples;
• Valid Driver’s Licence and own reliable vehicle;
• Must provide an up to date and clear Vulnerable Sector Screening Check;
• Able to interpret legislation and legal documents;
• Knowledge of Case Management techniques and Alternative Dispute Mechanisms (i.e. Shaping circles);
• Excellent communication skills that includes both written and verbal in order to be effective in negotiation, advocacy, facilitation, and collection and dissemination of information;
• Must be able to work flexible hours and travel with minimal notice;
• Must be comfortable with using digital technology;
• Ability to exercise discretion in handling confidential subject matter; and
• Must have advanced computer skills – Microsoft Word, Excel, PowerPoint, Publisher, Access, Outlook, Internet, and Adobe Acrobat Pro.

SALARY: $50,000 - $60,000 (depending on qualifications and experience)

Interested applicants must forward a Cover Letter, Resume and Three (3) current letters of reference on or before April 22, 2023 by 12:00 p.m. to:

Peggy Monague-McGregor, Human Resources Coordinator
Whitefish River First Nation
27 A Rainbow Ridge Road, P.O. Box 28, Birch Island, ON P0P 1A0

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Ziisbaakdoke Gizez 2019

Duty to Consult - Peggy Monague-McGregor

Cannabis Community Advisory Group Introduction

L-R: Art Jacko, Administrative Liaison, Bonnie Nawagwewkwo, Councillor Esther Osiche, Elder Jean McGregor-Andrews, Mariette Sutherland, Aenis McGregor, Rob McGregor

Great news! The Whitefish River First Nation was approved under the Substance Use and Addictions Program (SUAP) of Health Canada. Formal word was achieved towards the very end of March, 2019. The amount approved as of April, 2019 is $787,000 in funding for three years for our “Growth from Knowledge” proposal is exciting!

This provides WRFN with a good source of funding to continue with our efforts to inform our community.

As a reminder, the Terms of Reference of the Cannabis Advisory Group is focused on the following:

1. Communication (Research round tables, seminars, conferences)
2. Capacity Building (founded on Health Promotion, training and education for staff and community)
3. Research on Benefits and Harmful effects (focus on young adults and others using an evidence-based approach and through indigenous eyes)
4. Establish partnerships (Public Health, MR5, Police, etc)
5. Policy Development
6. Monitor effects on cannabis and other substance use.

Stay tuned for more information and events.
Ahni

I’m pleased to say that I have many items to discuss in this month’s report. I have been travelling extensively acquiring the skillset needed to perform my tasks as Consultation Coordinator and meet with other technicians in this field. Also, it was gratifying to witness the turnout at the latest Consultation Session held on the evening of March 22 and morning of March 23, 2019.

As I have mentioned in earlier articles my goal was to develop a consultation protocol and to achieve this end, I needed to perform an extensive stakeholder analysis in order to attempt to understand the direction the community would like to take when faced with Duty to Consult (DTC). DTC is a broad and sobering concept when the legal implications are explored. As such, I have taken WRFN input into serious consideration. This meant that I had to study the process that the community wanted to be consulted and I therefore utilized the established community engagement protocols in order to gain public involvement. So far, I have met with the Health Center Staff, the Elder’s Group and hosted two community information sessions in order to gather as much information from the public as possible.

The latest Community Consultation session was held on March 22 & 23, 2019. This Community Session (Knowledge Building Session on Duty to Consult) featured guest speakers Regional Chief for Southwest Region for the Union of Ontario Indians Joe Miskokoman, Director of Lands and Environment for the Chippewa of the Thames, Rolanda Elijah and Raeyia Jackiw. These guest speakers were experts in the history and development of Duty to Consult, as well as the best practices and steps to take in order to address Consultation Protocol development.

The Knowledge Building Session went well as I was fortunate enough that Chief Shining Turtle gave a brief introduction to DTC and extended a warm welcome to visiting Regional Chief Joe Miskokoman. I should like to mention that both the evening and morning sessions were emceed by Michael McGregor who was both genuine and concise in his transition from one speaker to the next. I would like to say Chi Miigwetch to Mike for all the help he has provided. There were many people involved in the Knowledge Building Session that were a great help. As I mentioned earlier it was great to see representation from Chief and Council at the event as well as workers making it happen behind the scenes: Keith Nahwegahbow, Gail Pelletier, Leslie Recollet, Diane Gaudette, Tammy Nahwegahbow, Lisa Cywink and Marion McGregor. Also, Peggy McGregor was a huge influence on the whole session and a key point of contact to critical members of the event. Chi Miigwetch to Peggy for all her work.

It is difficult to summarize the whole Session in a short article so I will touch on the key points made by the presenters: Chief Shining Turtle made some very good points regarding the language of the laws surrounding Duty to Consult and we need to examine this language in order to fully understand our position in the eyes of the Crown and as First Nations people. Joe Miskokoman warned us of the pitfalls of DTC as it pertains to our own development as a sovereign body. Rolanda gave us a technical overview of what to expect when dealing with consultation and best practices when involved in consultation. Julie Abourchar who is a Partner at Willms & Shier Environmental Lawyers, made a great presentation with her colleague which captured a great number of issues surrounding Consultation as it relates to Environmental Law. Finally, Miigwetch to the participants and audience members that when presented with the opportunity to publicly question the speakers had the courage and passion to do so. These questions and comments will be instrumental in Consultation Protocol Development.

The Protocol Development on Consultation should be a consideration for the community as a whole. I was heartened to see the turnout and participation by both those who I see as leaders in our community. I would like to see this process continue to the next stage/step and I hope to see more of these events in the future.

If you have any questions or concerns please contact the Lands Department.

Miigwetch

Stephen McGregor - Consultation Coordinator
Lands Assistant - Keith Nahwegahbow

It has been a busy month in the Lands Department. In late February we undertook Beyond Duty 2 Consult Training. This was Module 3 of the Duty to Consult training and included the technical assessments involved with the consultation process. This included overviews of archaeological and a variety of environmental assessments. This was a refresher on the wide variety of skills needed to do proper archaeology and environmental assessments and the importance of training our own members to be able to perform these studies ourselves. Tree and plant identification, aquatic vegetation identification, minnow, fish, and benthic invertebrates, water and groundwater analysis and soil testing can all be done in the field. When we develop new agreements we need to put in items to ensure that we train our members to work alongside the developers during the environmental assessments. It is not enough to do the work, we also have to be able to understand what it means and how future developments will affect the environment.

In March, we also attended the annual Prospector and Developers Annual Convention (PDAC). PDAC is the world’s largest mining convention. The PDAC Aboriginal Forum included a full two days of presentations on issues and success stories surrounding mining activity on First Nation’s territories. The entire event was very helpful in showing us what to think about when developing these particular policies or agreements. WRFN is currently working on a community consultation process/policy and this information gained will ultimately increase the effectiveness of our future relationships with the Mining Industry. Also, when developing relationships with the mining industry we need to include ways to get our members employed and trained in the mining industry. Even during the consultation process our members need to be involved, trained and employed.

I attended the Fisheries Management Zone 10 meeting as well in March. The hot topic was Smelts at this meeting. We discussed the possibility of banning the use of dead smelts as bait as Rainbow Smelts are considered an invasive species. They were introduced as a food for another species, the Rainbow Trout. We want to eliminate the spread of the Rainbow Smelt to inland lakes. When dead Smelts are harvested during their spawning run the eggs can still be fertilized and introduced that way. So don’t throw the waste from cleaning smelts back into the water and don’t use Smelts as bait.

The annual Walleye Spawning run is occurring in the month of April. I want to remind people of the annual moratorium. No fishing of Walleye during the spawning run. This is to protect and it is our right to ensure that the spawning run is successful and the population thrives for future generations. Please see moratorium flyer attached.

And lastly the summer employment season is quickly approaching. I encourage all community members to visit our newly renovated Employment Resource Centre located at the WRFN Library and Resource Centre for assistance in updating their cover letters and resumes.

If you have any questions or require more information please don’t hesitate to contact me at WRFN Administration at 705-285-4335 ext.217 or via email at keithn@whitefishriver.ca.
Community Energy Advisor - Tania Jacko

Aani Kina Wiya,

Like the sands that fall through an hour glass, the time on my contract is up. Over the course of my employment as the Community Energy Advisor I learned how making small behavioural changes can help to reduce our impact on the environment. For instance, filling the second sink with water to rinse the dishes rather than running the water. This reduces the amount of water that needs to be pumped from the source, to the treatment plant, treated, and pumped to my hot water tank, heated, stored, and pumped to my sink. At this point, it’s not something I really think about anymore, but now I automatically do it, without thinking about it. At first, changing behaviours can seem daunting, but after some practice the daunt diminishes as time goes on. I hope you have enjoyed reading my energy saving tips and have become so accustomed to implementing the tips that they are second nature to you. If not, then please keep practising. Also, if you missed an issue or you have mastered one energy saving tip and would like to choose another to master, then visit the Whitefish River First Nation Website to find the energy saving tip sheets.

Changing our behaviours will be become increasingly more important and necessary as we move into the future as climate change affects us more. There is not a whole lot of literature that focuses on how climate changes affects us specifically here Whitetfish River and surrounding area, but we can see that there are changes occurring in our surrounding environment. One thing that climate change will have an increasing effect on is maple syrup production. There was a study published “in the journal Ecology examined how environmental conditions impacted the growth of more than 1,000 sugar maple trees at four forest sites in Michigan between 1994 and 2013. The findings were sobering: Climate change has led to warmer, drier growing seasons, stunting the growth of sugar maples.” This means that although we will have mature maples, the young sapling will have more difficulty growing.

There are several other ways that the changing climate may negatively impact maple syrup production, such as the potential for less snow to protect the roots of the maples during the winter. There is also increased evaporation and drier soils that will leave less nutrients for the maples and an alternate climate may provide an advantage for invasive species to thrive. Nonetheless, I really hope that our local maple syrup production is not affected for a really long time and that our local producers all have an abundant season. Hopefully, I will get a chance to make my way out to a camp and confirm if our local producers have noticed a change in their production, but really, I will be mainly looking to enjoy fire roasted hot dogs with gourmet pureed tomato spread.

As I reflect back on all my other jobs, there is really nothing like being able to work for your home community. It truly is a really special thing. I would like to thank my coworkers for their assistance and cooperation in projects, the Community Energy Committee for their continued support and contributions to the project, everyone that came to an information session, which I hope were as informative as they were fun. Last, but not least, thank you to all the readers of this column.

For one last time, remember to turn off the lights when you leave a room that is not in use. Gii Waabmin Minwaw!

TANIA OUT....like the lights

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Monster Garage  
Plant Manager - Murray McGregor Jr.

With the change in the season, there are also changes to work schedules and even physical locations. Whitefish River has grown in leaps and bounds, and I am proud to be part of the growing process. As a result of this growth, office space at the administration office is at a premium, therefore I proposed to leadership I would be comfortable moving my office back to the fire hall. As of mid-March my office is now located upstairs in the fire hall. This is still a very busy position and I am in and out of the office frequently throughout the day. If you have any questions or would like to stop by do not hesitate to do so. If the work truck is parked out front, I am sure to be in my office. My new office phone number is scheduled to be 705-285-1812 and the email is still publicworks@whitefishriver.ca. Messages can be left for me at the Administration Office as I will be stopping by regularly to check messages and continue with the usual paper work.

As mentioned in last month’s Monster Garage, water plant operations has continued its award winning operations. As a result of these winnings on Friday March 22nd, (World Water Day) Whitefish River’s Water Plant Operations and water plant operators were interviewed by CBC Radio. The interview is scheduled to air Friday March 29th, 2019 and the article will be also featured on their website. I was asked to host the journalist and show him around our community and our water operations. All the persons involved with the water operations were interviewed and asked questions about our water and our process.

The public works crew will now be shifting their attention to spring clean-up. As the parking lots thaw out the crew will be starting the clean up. They will be monitoring the roads for culverts freezing up; with the snowfalls starting to slow down the spring maintenance and clean up on equipment can start to happen. In late April and early May the spring road maintenance will be picking up as the paved roads will be scheduled for sweeping and clean up and the gravel roads will be scheduled for grading after the frost has left the ground.

The new daycare project has been moving slowly; with the harsh winter and high amounts of snowfalls this has made the construction challenging. As a result the project is approximately one month behind schedule. With the change in the season/weather the construction will be picking up but the mid July deadline will now be out of reach.

The solid waste study will be gaining momentum; the project team will be preparing a report for Chief and Council on curbside recycling pick up. There will be a series of community Open House workshops to gain information and direction on which way the community needs to go. Keep an eye out for flyers for upcoming Open House events.

I will be on Annual leave from March 27th to April 5th and again April 15th to 18th to spend time working our family’s sugar bush. If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca.

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Chi - Miigwetch!

As a Grandmother of one of the Warriors, I would like to say a big thank you to the community of Whitefish River.

To Chief Paibomsal, the Council and Administration, Jake and his hardworking helpers, those who worked the kitchen and sold fundraising tickets, thank you.

To those who volunteered to Coach and Manage teams (especially Roz and Joel). Chi Miigwetch.

We the parents and grandparents are thankful for the great experience given again to our families.

Whitefish River has reason to be proud.

Ann McGregor

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Waste Management Action Plan Coordinator - Crystal McGregor

In the coming weeks I will be releasing a survey regarding our current waste and recycling. This survey is per household where one person from each family can fill out the survey. There will be a random draw for a family prize upon completion of the survey to be announced at the community information session on Wednesday, April 24th. The primary form of survey collection will be through Survey Monkey, those without access to a computer with internet are asked to contact me to set up a time to complete a survey for your household. Copies will also be made available at the Administration Office.

April 8th: Survey Release  
April 22rd: Survey Closes  
April 24th: Survey Report released with an evening community information session  

** Tentative based on the availability of WSP consultant

Save the Date!  
Household Items Community Swap

I am sure some of us are anxious and gearing up for Spring cleaning (and some that are dreading the task) and looking to get rid of household items in an environmentally friendly manner. We have a venue for you to help with that. On Friday, April 26th from 3:00 - 9:00 pm and Saturday, April 27th from 9:00 am - 2:00 pm we will open up the doors of the Community Centre for you to swap household items. This could include toys, gardening supplies, small working electronics and appliances, etc. I ask if you are bringing clothing to only bring Spring and Summer wear.

Don’t forget your feast bundles when attending community events. Should you have any questions or concerns please feel free to contact me at 705-285-4335 ext. 230 or via email at crystalmcgregor@whitefishriver.ca.
Pet Care & Tips

IN MEMORY OF FABIO
JUNE 2013 - MARCH 7, 2019

Hello Everyone,

Well, I start on a sad note, my baby boy Fabio has passed on. He had a stroke on the afternoon of Thursday, March 7, 2019. He had been laying at my feet earlier and had tapped my foot to let me know he wanted some canned cat food. I had gotten up to go to the kitchen and noticed he was not around so I figured he decided he did not want any. He usually could not wait for his food. I went back to watching my TV and thought at first the meowing noise was coming from the television. Later, when I heard a louder meow I went to the top of my basement stairs. I heard it again so I went down stairs and found him under the oil tank. He started to come out meowing and I saw that he could not walk with his hind legs. I knew right away what had happened as the same thing had happened to Khafra. I phoned the Veterinarian in Mindemoya at the Animal Island Hospital and they told me to get him in right away. When I brought Fabio into the Veterinary, she knew immediately what happened and said that there was nothing she could do for him so I decided to have him put to sleep. After I signed the permission papers to have him put to sleep, I lost it and went into the waiting room until I felt better and the Vet came out and gave me a hug. They will keep him there until I can bury him or I might have him cremated like Khafra. It was pretty quiet around the house for a few days as the cats would walk around looking for Fabio, especially Empress Farrah. Farrah is the baby of the girl cats and Fabio was the baby of boy cats. I knew this day would come when I would start to lose my cats and it is always hard when they go as I always say they are just like my children. I will miss his funny walk when he was happy, he would wiggle and I would call him Wiggle Hips. On another note, since the snow has melted on my front deck my cats have been spending more time outside and usually want out at night until day light the next morning. I have been busy feeding my birds and squirrels peanuts. I can’t wait to put up my Humming Bird feeders again in a couple of months if the snow and cold weather ever goes away. Congratulations to all the hockey teams who played at the LNHHL. I guess it is time to start fundraising again for next year.

SOME CAT FACTS:

• Biologists believe that the world’s wild cats have evolved very rapidly in the past 10-15 million years from a common ancestor.

• The phrase “raising cats and dogs” comes from 19th century England when many of these poor animals drowned during heavy downpours. Their bodies would be seen floating in the streets, giving the appearance that it had literally rained cats and dogs.

• The Javanese, a cousin to the popular Balinese breed, is a long haired Siamese cross known for its intelligence. The Javanese is often said to be the most intelligent of all felines.

Remember to get your cats or dogs fixed to help keep the pet population down in our community. Remember to visit our elderly, sick or shut-ins as I am sure they will enjoy your visit. The cats and I want to wish all who are celebrating in April, Happy Anniversaries and Happy Birthdays!

Well, that is it for now till next time,

She-Pet Elizabeth, Empress Farrah and Webby Debby. (The girl cats).
Luka, Tinker, Bij, and Francis. (The boys cats),

Dennis L. McGregor
(The Big Cat)

Good Bye my Fabio, until we meet again at the Pearly Gates.

Whitefish River First Nation Community Volunteer Income Tax Program

Beginning March 1, 2019

Need a hand to prepare your tax return? We can help

VOLUNTEERS DO NOT PREPARE TAX RETURNS FOR:

• Returns for deceased persons;
• Individuals who file for bankruptcy
• Self-employed individuals
• Individuals who report capital gains or losses; or
• Individuals who report employment expenses, or business or rental income and expenses.

Remember to bring all your tax slips and forms with you.

For more information or to schedule an appointment please contact one of the following at 705-285-4335.

Emma Recollet, Ontario Works Administrator
Brian McGregor, Finance Assistant
Kimberly Laundrie, I.R.A. Band Rep Clerk, Council Clerk

Volunteers are not employees or volunteers of the Canada Revenue Agency.
March was a very busy month in WRFN. It was highlighted by the Lieutenant Governors Honors for Good Citizenship to former Chief James “Jimmy” McGregor for his decades of volunteer efforts with the Little Native Hockey League Tournament. In 1971, then Chief Jimmy McGregor, Chief James Debassige of M’Chigeeng, Earl Abotossaway of Aundeck Omni Kaning and Reverend Len Self of Indian Affairs worked together to start what today is known as theLNHL tournament. Jimmy was a tireless champion and volunteer for sports like hockey, but his interests really focused on four key messages around sports; Citizenship, Respect, Sportsmanship and Education. Over the last 48 years, there have been many special moments for the Little Native Hockey League (LNHL). The defining feature of our tournament have been these four pillars. They have guided us in staying focused on what is most important about our game as well as educating our children on what it means to be part of a team, a community and a nation. Congratulations on receiving this award Jimmy, very well deserved.

On March 15, Irene Castonguay celebrated her 90th birthday with her immediate family. This is really worth celebrating and sharing with the community.

Happy Birthday Irene!

Carrying on with awards, since 1999 the Anishinabek Nation 7th Generation Charities have received recommendations from communities on very worthy lifetime nominees. Since 2002, I have made every attempt to submit very deserving Whitefish River nominees for such a prestigious award. I did a quick check of the charity website and found a list of 42 Whitefish River First Nation award recipients including the following;

1. Irene Castonguay
2. Jimmy McGregor
3. Mary Grace McGregor
4. Frances Sanderson
5. Sylvia Shawanda
6. Esther Osche
7. Barb Nahwegahbow
8. Elaine Recollet
9. John Recollet
10. George Gardner
11. Pauline Andrews
12. Late George Francis
13. Jean Megwanebi
14. Lawrence Megwanebi
15. Rose Richardson

These citizens that have received this prestigious recognition. We have made awards a very soft part of our work. We recognize the tremendous efforts many of our citizens have made to improve our community and also the lives of many of the people around us. As we have done in the past, we will continue to support our citizens that have and continue to make contributions toward making our community and our society a better place.

During the first part of March, members of Council joined me in attending the meeting in Sault Ste. Marie on the Anishinabek Nation Governance Agreement. This agreement is a proposed self-government agreement between the Anishinabek Nation and the First Nations that approve the Agreement by vote. It includes Canada recognizing First Nation jurisdiction over elections, citizenship, culture and language. In the coming months, we will hold meetings to unpack the impact of this agreement for our citizens. There has been no decision made by Council on this Agreement as this was the first time we have seen the Agreement.

On March 8th, we celebrated International Women’s Day with a community breakfast for our women. We had close to 40 women attend the breakfast. We now want to move towards making this happen annually in the community. With some creative last minute planning, our volunteers were able to make this event happen. We did have Carol Hughes, MP for Algoma Manitoulin Kapuskasing join us for the breakfast. She saw our advertising on social media and was able to be with us for this celebration.

The 48th Annual Little Native Hockey League tournament brought our community together as over 60 of our kids age 4 to 17 participated in this spectacular tournament. The host community Aamjiwnaang First Nation did a great job with the tournament from the opening ceremonies right up to the final hockey game. We had seven of our Warriors teams participate in the tournament and each team focused on having a fun filled hockey experience. As well, along the way, all our team received medals for their efforts. Planning will begin in short order as, we now have to get ready for the 49th Annual event and the sooner we get going, the easier it is to plan for this annual event.

Chi-Miigwetch

Message from Ogimaa Shining Turtle Sturgeon Clan, Anishinabek Nation

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<tr>
<td>Jenny Jacko</td>
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<td>Child &amp; Youth Mental Health &amp; Addictions Counselor</td>
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<td>Community Mentor [Right to Play]</td>
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<td>Clitt Jacko</td>
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<td>Daniel Staggatt</td>
<td>School Principal</td>
<td><a href="mailto:principal@shawanoswe.ca">principal@shawanoswe.ca</a></td>
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<tr>
<td>Nata Toulouse</td>
<td>Administrative Assistant</td>
<td><a href="mailto:admin@shawanoswe.ca">admin@shawanoswe.ca</a></td>
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<tr>
<td>John Spanos</td>
<td>Grade 5-6 Teacher</td>
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<td>Rick Legrow</td>
<td>Grade 3-4 Teacher</td>
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<td>Tiffany Gagan</td>
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<td>Victoria Neuleman</td>
<td>JK/3 Teacher</td>
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<tr>
<td>Sarah Oliver</td>
<td>Special Education Resource Teacher</td>
<td><a href="mailto:solvenish@shawanoswe.ca">solvenish@shawanoswe.ca</a></td>
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<td>Cindy Pitawanakwat</td>
<td>Education Assistant</td>
<td><a href="mailto:educationassistant1@shawanoswe.ca">educationassistant1@shawanoswe.ca</a></td>
</tr>
<tr>
<td>Bonnie Nahwegahbow</td>
<td>Education Assistant</td>
<td><a href="mailto:bnahwegahbow@shawanoswe.ca">bnahwegahbow@shawanoswe.ca</a></td>
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<tr>
<td>Tracey Megwanabe</td>
<td>Education Assistant</td>
<td><a href="mailto:educationassistant2@shawanoswe.ca">educationassistant2@shawanoswe.ca</a></td>
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<tr>
<td>Jessica Reynish</td>
<td>Education Assistant</td>
<td><a href="mailto:jreynish@shawanoswe.ca">jreynish@shawanoswe.ca</a></td>
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<tr>
<td>Danielle Casco</td>
<td>Education Assistant</td>
<td><a href="mailto:dcalco@shawanoswe.ca">dcalco@shawanoswe.ca</a></td>
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<tr>
<td>Nicholas Francis</td>
<td>Education Assistant</td>
<td><a href="mailto:nfrancis@shawanoswe.ca">nfrancis@shawanoswe.ca</a></td>
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<tr>
<td>Tiffany Boucher</td>
<td>Education Assistant</td>
<td><a href="mailto:tfboucher@shawanoswe.ca">tfboucher@shawanoswe.ca</a></td>
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<tr>
<td>Danette McGregor</td>
<td>Native Language Teacher</td>
<td><a href="mailto:dmgregor@shawanoswe.ca">dmgregor@shawanoswe.ca</a></td>
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**MAAMWE KENDAASING CHILD CARE CENTRE** (705)-285-7777

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<tbody>
<tr>
<td>Cheryl Shawanda</td>
<td>Supervisor/Educator</td>
<td><a href="mailto:Daycare@whitefishriver.ca">Daycare@whitefishriver.ca</a></td>
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<tr>
<td>Jo-Ann Recollet</td>
<td>School/Cultural Educator</td>
<td><a href="mailto:jaannr@whitefishriver.ca">jaannr@whitefishriver.ca</a></td>
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<tr>
<td>Cyndi Carbieri</td>
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<td>Caitlin Tabossida</td>
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<tr>
<td>Blanch Recollet</td>
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<td><a href="mailto:biancheri@whitefishriver.ca">biancheri@whitefishriver.ca</a></td>
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**LIBRARY** (705)-285-1888

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<tr>
<td>Evelyn Jacke</td>
<td>Librarian</td>
<td><a href="mailto:evelynj@whitefishriver.ca">evelynj@whitefishriver.ca</a></td>
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April 2019

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<td>Elders Centre</td>
<td>Soup &amp; Sandwich Painting Social (PM)</td>
<td>Elders Centre Baking (PM)</td>
<td>Elders Centre MOW’s Board Games/Cards</td>
<td>Elders Centre Movie/Popcorn - 1PM</td>
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<td>Elders Centre</td>
<td>Social Tea/Coffee</td>
<td>Elders Centre Soup &amp; Sandwich Crafts for Easter – 1PM</td>
<td>Elders Centre Board Games/Cards</td>
<td>Elders Centre Movie/Popcorn - 1PM</td>
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<td>Rekindling our Fire 11AM-2PM Ball Field</td>
<td>Elders Centre</td>
<td>Drop In/Social</td>
<td>Elders Centre Soup &amp; Sandwich Easter Crafts (PM)</td>
<td>Elders Centre Board Games/Cards</td>
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<td>WRFN Offices Closed</td>
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<td>Household Items Community Swap 1PM-3PM Comm. Centre</td>
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<td>Rekindling our Fire 11AM-2PM Ball Field</td>
<td>Wills &amp; Power of Attorney (by appointment) 10AM-3PM Council Chambers</td>
<td>Elders Centre Soup &amp; Sandwich Social Tea/Coffee (PM)</td>
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Community Calendar

Birthday & Well Wishes!

Happy Birthday to my Grandma Val, who is turning 65 on April 8th! From your grandson Tanner

Happy 6th Birthday to Jeremiah Shawanda on April 3rd! Love: Mom, Dad, Grammy and Auntie Sara

Happy 6th Birthday to Jeremiah Shawanda on April 3rd! Love: Rory, Uncle Jarrod & Auntie Adrianna

Happy Birthday Wishes to: Bug on April 8

Santanna on April 10

Lucy on April 17

Zoey on April 21

From your sis, Aunti and Cuz Deb

Happy 7th Birthday to Liam Lee Hurley all the way out in Joliet, Illinois Love, Auntie, Uncle & your cousins

Happy Birthday to Ashley, and Damien Shawanda who celebrate in April and to anyone else in the family that will be celebrating their birthday. I hope your day is awesome! Diane

Happy Birthday to my cousin

Eunice Kennedy on April 1st

Love your cousin Diane

Happy 6th Birthday to our boy

Aiden on April 7th

xoxo

Happy 25th Birthday to Keon on April 7th

Love your whole family

xoxo

Happy Easter to our little Bunnies

Noah, Aiden and Phoebe

Stay blessed!

You are loved.

Happy Birthday to my brother

Larry on April 21st

Love Val

P.S. Where my books at?

Happy 65th Birthday to Val on April 8th

From your friends at the Elders Center.

Happy Birthday Lucy on April 21st

We love you to the Moon and Back!

Auntie Bug, Noah, Zoey & Kate

xoxo

Happy Happy Birthday

For our special Daughter Zoey!

Yesterday you were my baby girl, Today we are friends, But you will always be our Daughter, Who is loved so much!

Love Mommy and Daddy

Xoxo

Happy Birthday to our sister Zoey!

You are funny, smart and beautiful,

We love you too so very much!

Noah and Kate

Santanna

Happiest of birthdays to you!!

From Auntie, Zoey, Kate, Noah and Uncle Doug xoxo

Happy 4th Birthday to our little

“lizzy” Isla on April 9th!!

You put the sparkle and pizzazz in our day.

We love you to bits!

Grandma & Poppa

Happy 7th Birthday to Dryden on April 29th!

You are one amazing son, brother, grandson and nephew.

Love Mom, Mason, Xavier, Grandma, Papa, Auntie Clarissa, Auntie Liz & Uncle Chris

Happy 65th Birthday to our sister

Val on April 8th!

You are officially a senior citizen... So cheers, hooray and enjoy the day!

Love your favourite sister and brother-in-law.

Birthday Wishes to The Francis Girls in April!!

Bug, Deb, Santanna & Zoey

Love your Birch Island Family

Happy Birthday baby brother...

Larry Nawegahbow on April 21st.

Hope you day is spectacular from beginning to end. Cheers! Love Karen & Brian

Happy 3rd Birthday to my granddaughter Charlotte on April 5th

Love Nana

Happy Baptismal to Granddaughter Charlotte on April 7th.

Love Nana

Happy Birthday to my wife Joyce on April 8th

Love Andy

Happy 30th Birthday to my son Jonathon on April 31st.

Love Mom

Happy Birthday “Bug” on April 8th!

Lots of love to you and always and Roz

Happy 40th Birthday to ‘Lighting’ Lucy Palbonsa on April 24th!

You do you...always!

Love Mishomis, Aunty Tammy, Uncle Dan, Nakia, Lila & Diego

Happy Birthday Deb!

Thank you for being a wonderful sister. You have always been there for me over the years, and I appreciate all the care, love and joy you have sent my way. I couldn’t have asked for a better sister. Enjoy your special day.

I love you!

Love Bug

Happy Birthday To Grandma Joyce on April 15th

XOXO Nicole, Braxton, Braelyn & Lincoln, Sydney & K.C.

Happy Birthday Mom on April 18th

XOXO Craig & Katt