Shawanosowe School Presents:
Santa Baataazhin!

On December 18th, 2019, Shawanosowe School presented their Annual Christmas Concert to a packed house at the WRFN Community Centre. The play, presented primarily in Anishinaabemowin ‘Santa Baataazhin!’ was based on the popular children’s book “Santa’s Stuck,” where Santa, after consuming too many tasty treats, gets stuck in a chimney, and enlists the help of some nearby animal friends.

Principal Daniel Stargratt welcomed family, friends and community members and acknowledged the hard work of all staff and students who put countless hours into the amazing production. The whole school took to the stage for a rousing rendition of “Gii Waaba Sa Santa Claus.” Maamwe Kendaasing Child Care Centre students were next on hand to sing, “Santa Shark,” followed by Mr. Legrow’s Grade 3/4 class who raised the roof with a rocking version of “Santa Claus is Back in Town.” Jackson Waboos, Soleil Pitawanakwat, Melody Hester, Memphi Shawanda and Rory Bowerman were the narrators for the play, and the roles of Santa, the helpful animals and small children were played by 11 Shawanosowe School Students ranging from Grades 1-6. “Up on the Housetop”, was performed by the Kindergarten class, Anishinaabemowin “Frosty the Snowman” was sung by the Grade 5/6 class and Miss Gagan’s Grade 1/2 class sang “Santa Claus is Coming to Town,” also in Anishinaabemowin!

The concert wrapped up with a school wide Shawanosowe rendition of Stompa (Christ mas is Here), with instrumental accompaniment by Shawanosowe’s own Rock Band. Miigwetch to Ms. Joanne Hogarth for her musical composition and direction on the finale! The head-elf himself made a surprise appearance at night’s end to an enthusiastic crowd!

Chi-Miigwetch and congratulations to everyone who helped make this long-standing tradition a huge success!

Please note that the deadline for submissions for the next issue is Tuesday, January 21st, 2020 at noon.
Miigwetch!
rezoundeditor@whitefishriver.ca
Happy New Year!

As the new year begins, we start our activities off with the Baby Welcoming ceremony on January 6th. I hope to see you there welcoming all the babies born into our community for the 2019 calendar year.

December was a short month for us as we pause for Christmas Break. It is a much needed one for the staff and I trust everyone had a good rest.

During the month of January, we will be doing our strategic planning for the upcoming year as well as developing our budgets and work plans to be submitted to our leadership. With that in mind, programming is usually suspended during the first two weeks of January, as it requires all the staff members to participate, and examine and integrate into our workplans, our leadership’s strategic plan and goals.

There will also be a transition for the Family Well-Being Team. The office for this department will be located at the old daycare site on Rainbow Ridge Road. This space is currently undergoing some light renovation to make space for the staff who are transitioning to this new department. Unfortunately, it is not as simple as just moving in. We have to set up the technology, furniture, equipment, etc., and that is taking some additional planning.

The staff will continue to deliver programming throughout the transition. I know that we have some exciting events coming up in January and I look forward to seeing you attending them!

If you have any questions or concerns, please contact me at the Health Centre at (705) 285-4354 or via email at: mcgregor@whitefishriver.ca.

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Community Wellness Worker - Winniefred Paibomsai

As we ring in the 2020 year, let’s take the opportunity to reflect and be grateful for what really matters most to each of us. For some of us, it may be celebrating the little miracles that have joined or will be joining our families. Life seems to give us the most beautiful gifts when we are ready to see them. We may also be celebrating those that have started their journey to watch us from above. When we come together in times of need, our community is full of laughter, kindness, compassion and understanding and it is truly a blessing to be around.

Holiday times are always the hardest when we have suffered a loss. Remembering and honouring those that walked with us at one time in our lives by incorporating their family traditions with our own can help. When we remember them we honour our family ties. Let’s show our children, youth and young people that are struggling what family is all about. If our families can all be there in tough and emotional times, let’s all be there in the positive times as well. Family and community are important throughout the holidays.

My most beloved tradition is when my mom and grandmother would get their families together for dinners within their homes. They would remind their families on the importance of accepting one another flaws and all. We all have the gifts of supporting and building each other up, so let’s continue to show that love and support throughout the year.

Migwetch, and I wish everyone a prosperous year in all aspects of your lives. If you have questions please don’t hesitate to contact me at the Health Center at (705) 285-4354 or via email at wpaibomsai@whitefishriver.ca.
A recurring narrative that has come up while talking with community members is the fact that we do not visit and speak with one another like we used to. We are disconnected from ourselves, each other, family, community, and nature. My hope for everyone over the holiday season was to reconnect with people. One of the most important ways to combat stigma is for us to start talking. The stigma associated with substance misuse and mental health issues creates barriers to accessing support. Fear of being judged and does get in the way of reaching out for assistance. We need the strength to be able to stand up, without judgement and say ’I’m not okay, and that is okay, I’m working on bettering myself. 

When I was thinking about how to explain how a healthy individual can help make healthy families and a healthy community, I thought about the heart. The heart is made up of many cells. These cells have to work together to pump blood throughout our bodies. If one or two of those cells start beating on a different rhythm, you end up in atrial fibrillation. The heart is pulsing, it appears to be working hard, but it is not pumping blood. Therefore, it is not moving blood around our body as well. Like this heart, if we have individuals not doing well, it affects the family and the community. I’m excited about the potential experiences this New Year will bring.

If you have any questions or concerns, please contact me at the Health Centre at 705-285-4354 or by e-mail at maelick@whitefishriver.ca.

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**Mental Health & Addictions Worker (NNADAP) - Michael Aelick**

Aanii,

needed! Fire Keepers

We are looking to create a list of available Fire Keepers in the Community for supporting Feasts, Ceremonies, and other important events.

If you are interested in being a Fire Keeper please contact Michael Aelick, Mental Health and Addiction Worker at the Health Centre 705-285-4354 or by email maelick@whitefishriver.ca.

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**Health Promotion Educator – Jasmine Fournier**

Ayaan-mizid-daa – Let’s Be Careful -- Whitefish River First Nation Cannabis Committee, realizes that we need to be thoughtful learners and carefully consider recreational cannabis from multiple perspectives, including the potential risks and opportunities. Ideally, no one would use substances, such as cannabis. However, that is not the reality. As such, the committee has been busy planning engagement sessions to continue sharing trusted information based on past events and the current landscape of recreational cannabis.

Medical cannabis has been available since 2001. We are not debating this known fact. Recreational cannabis has been legalized since October 17, 2018.

Past Events

- Community-wide moratorium on recreational cannabis shops enacted on August 26, 2018 is still in effect.

Since our inception we have been engaged in the following:

- Cannabis Conference and Discussion Forum
  - Initial information sharing and dialogue session
  - October 13-14, 2018, open to all ages, held in Manitoulin Hotel & Conference Centre

- Cannabis Information Session
  - Focused on medical versus recreational uses of cannabis, economics, and enforcement
  - April 3, 2019, open to all ages, held in the community

- Various events throughout National Addictions Awareness week
  - Cannabis and safety, bagel brain, and the First Nation Mental Wellness Continuum framework
  - November 24 – 30, 2019

Looking forward we anticipate the following events:

- Focus groups to share trusted cannabis information to allow community members to make informed decisions followed by group sharing and concluding activity, such as painting, wood burning, or storytelling.
- **February 1st-2nd, 2020**
  - Ages 13-18, Manitoulin Hotel & Conference Centre
- **February 8th-9th**
  - Ages 19-39, Manitoulin Hotel & Conference Centre
- **February 22nd – 23rd**
  - Ages 40+, Location within WRFN TBA

Let’s all join together as thoughtful learners in this process.

Chi-Miigwetch to all the youth who submitted artworks for our logo contest! However there could only be one winner. Congratulations to Raven Shawaunda! Her logo will be on the materials that we produce and you may even see it on some swag!

As always, you can contact me at the Health Centre 705-285-4354 or by e-mail jfournier@whitefishriver.ca.
Family Resource Worker - Paige Jacko

Happy New Year!

I hope your holidays were full of excitement, warmth, and love. For the new year, we have some exciting events coming up.

On Saturday January 11, 2020 at 1 pm, Esther Osche will be telling the Nanaboozhoo Story with the youth at the 7 Fires Youth and Elder Centre. We have also secured the “We Matter” team to do a screening of the movie ‘The Grizzlies’ and to deliver programming with the youth. We Matter is an Indigenous youth-led and nationally registered non-profit organization committed to Indigenous youth support, hope and life promotion. The We Matter Campaign is a national multi-media campaign in which Indigenous role models and allies from across Canada submit a short video, written and artistic messages sharing their own experiences of overcoming hardships. The intent of the messages are to communicate with Indigenous youth that no matter how hopeless life can feel, there is always a way forward. Posters to follow for both events.

I will continue to assist families and link them to supports both in the community and external services. Working in collaboration with the Band Representative programs allows me to focus on assisting families, creating more opportunities for growth, learning, and fun.

If you have any questions or concerns, please contact me at the Health Centre (705) 285-4354 or through email at paigej@whitefishriver.ca

Child & Family Well-Being Coordinator - Susan Stevens

Hey everyone!

First and foremost, I hope everyone had amazing holidays with the ones they love! I cannot believe it is already January 2020.

My first couple of months working in the community have been nothing short of amazing. I have had the opportunity to assist the Family Resource Worker, Paige Jacko, and Kim Stewart from Noojmowin Teg with the Parenting Group that took place in November.

Thursday evenings in the month of November, and also part of December, I was able to assist Family Resource Worker Paige Jacko with the Young Girls Group! Our last Girls Group of 2019 was held on December 12th, with special guest Constable Murray Still from UCCM. Constable Still talked to the group about the importance of safe internet use. Afterwards, we celebrated with pizza, and cupcake decorating to end the year.

In the new year, I will be co-facilitating workshops with Social Navigator Daughness Migwans from UCCM, please keep an eye out for upcoming posters with dates, locations, and times.

From January 6th until the 17th, we will be working on strategic planning for the upcoming year of 2020. With that being said, programming will be put on hold, and a notice will go out when programming is up and running again.

If you have any questions or concerns, please connect with me. I can be reached at the First Nation Health Centre by phone at 705-285-4354, or by email at ststevens@whitefishriver.ca
Happy New Year everyone!

December flew by quickly for me and I can’t wait to see what the new year holds in store!

We hosted our Annual Youth and Elders Christmas Dinner on December 4th! That night we had roughly 70 elders and youth attend the evening of feasting, games and laughter. I would like to thank Lisa Cywink, for coming out to entertain us with her songs, Tahnee McGregor for capturing the evening, Tammy Assineiwai for providing the games and Santa Claus for taking the time to spread some cheer!

High School Recreational evenings have been a success up at the School Gym on Thursdays from 7-9pm. Noojmowin Teg has also been helping out with teaching some of the youth volleyball drills.

Chi-migwetch to the ones who came out to our first Youth Winter Sweat. Everyone braved the elements on December 17th, and it was beautiful to see our fire keepers, youth, children and adults alike participate. Migwetch as well to our lodge conductor Dimitri. I am looking to organize seasonal Youth Sweats for the community. Parents are allowed to partake as well.

In the new year I will be taking on a new position as the Youth Support Worker starting January 6th. I will continue to work to my best abilities for the youth in the community and I will be running programming for youth ages 7-29 years old! I can still be reached through WRFN Health at 705-285-4354.

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Missed an issue of The Rezound?
Find them online at www.whitefishriver.ca

WRFN POW WOW COMMITTEE MEETING

January 16th, 2020 at 6 p.m.
at the WRDC Building

Come to the meeting and let’s talk about this year’s Pow Wow

Supper is Potluck. Please bring food to share.

For more information, or to register, please contact:
Nelson Wood at email: nelson.wood@noojmowin-teg.ca or by phone (705) 368-0229 ext.245

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Santa swung by for some holiday cheer at the Annual Youth & Elders Christmas Dinner held December 4, 2019.
REGISTRATION FEE:
$100/PLAYER

Registration fees to be paid directly to WRFN Administration.

Registration Fee Payable by:
January 24th, 2020

Please contact WRFN Administration at 705-285-4335 for more information.
Food Security Assistant - Louanne Megwanabe

New Year 2020
I’m glad to be back to work planning for the ever changing taste buds of our kids, with, of course, healthy options. Even on the holidays I am researching nutritional values and innovative ways of presenting healthy food to our children. I get a laugh out of myself when I wake in the middle of the night with a new recipe in my head that the children will hopefully appreciate. I feel grateful that I am able to create food dishes that people enjoy, and am pleased by the comments from the children and adults each time I have served food.

Student Nutrition Program 2019-2020
Reminder – Lunch programs for the schools will resume on January 21, 2020.
Parents/Guardians please remember to provide healthy snacks and lunch daily for your children. Here kiddie, kiddies, that’s how I will lure the kids to try fish cakes.... hahah! Some of our students have not had fish to date and I would like to introduce them to the wonderful world of our “famous” local fish by perhaps serving a healthy version of a “fish dinner”.

Every other week I will be baking muffins or breads to provide as part of the lunches that I prepare. In January I will be making the blueberry banana crunch and apple spice muffins and perhaps a healthy zucchini bread as part of the weekly menu. I will be using more WRFN honey in recipes, or alternatives like apple sauce and pear sauce to sweeten treats in a healthier way.

Healthy Kids
One of the leading causes of food poisoning comes from improper hand washing techniques, germs and bacteria hide so easily in crevices around nails or under nails so using a hand brush and warm soapy water to lather up and scrub is the best way to get rid of most of the unwanted germs. Also, please supervise your child/ren when they wash their hands to ensure that they are thoroughly “washing their hands”. Often times children will be in there with the tap on washing their fingers or palms only and quick rinse, towel off and they are out the door. Not only are their hands not clean but now they have left germs on the clean towel used to dry their hands. Getting the little kids to sing their ABC’s while washing is a wonderful way to make washing hands fun, or having a quick conversation about the day’s events keeps them washing.

Anishnabemowin Word
Aaptcha Nupogoot – that is tasty (good)

I love hearing this from the local children at Shawanoswe School!

Have a good January 2020, I wish each and every one all the best in this upcoming year.

Migwetch
Imegowanabe@whitefishriver.ca

13 Moons Garden
by Michael Aelick

Forest of Food Part 2
Zones and Sectors

In continuation of last month’s article, I will cover a few more theories involved in permaculture. Last month I covered the three ethics and the twelve design concepts that go into permaculture design. This article will focus on the zones and sectors that make up permaculture design.

There are six zones involved in designing a food forest that range from zone 0 to zone 5. Zone 0 is the area that you will be spending most of your time and usually represents a house or building. Zone 1 includes elements that require the most number of visits and the most attention like herb gardens, small garden beds and small meat animals like rabbits. By placing high maintenance plants next to areas that you pass every day, you are more likely to give them the attention they need. Zone 2 is a semi-intensively managed area that requires observation and maintenance every few days. This area may include chicken coops, vegetable beds and fruit tree crops. Zone 3, known as the farming zone, is where the main crops are grown that require minimal maintenance and attention once established. Zone 4 is a forest, which means it has little to no maintenance. Zone 5 is the section that is unmanaged wilderness that requires no intervention. This area is for recreation and appreciation made up of naturally occurring plants and wildlife.

The term sector refers to any natural or uncontrolled influences that move through or within your design. These influences may include the sun, wind, wildlife and water. Every sector has needs, resources, yields, wastes, and relationships that influence the whole system.

A full year or more of information will be needed, as well as looking into a longer time frame, and possibly the memories of elders. The sun takes a different path across the sky during winter and summer. It will be necessary to track and map the amount of sun throughout all of the seasons. Recognizing areas that receive full-sun and what areas receive full-shade and anywhere in between is essential for the proper arrangement of plants. Watching sun patterns closely during the day and throughout the season is critical. Some areas might receive full-sun in the morning then be in semi-shade for the afternoon or vice-versa. Some plants enjoy the morning sun but prefer to be in the shade in the mid-afternoon heat. The wind sector can influence all aspects of your design. Bitterly cold winter wind can be crippling to tender plants. Understanding how the wind moves through your area is critical, as some plants need shelter. Knowing how the water sector influences your design is crucial in planning to capture or divert this renewable source. Increasing water storage on your site in the form of plants, animals, and the soil is essential as it is a primary determinant of potential yield.

In the up and coming articles, I will cover other concepts that make up permaculture and food forest. Next article I will talk about the seven layers in permaculture design. I hope you have found this article informative and enjoyable. If you have any questions or comments, please send me a message on Facebook at 13 Moons Garden. Plant a garden, share the bounty and repeat next season.

SNARING & TRAPPING
WHITEFISH RIVER FIRST NATION
COMMUNITY CENTRE
JANUARY 30, 2020
9AM - 3PM
OPEN TO ALL AGES

Norman Assinwe of Wiikwemikooong will guide us through the process of making and setting rabbit snares, as well as cleaning and cooking methods. We will also discuss rabbit habitat, predators and the importance of rabbits in the environment.

Refreshments, lunch and giveaways provided.

*Some activities will be outside, please dress for the weather.

For more information contact:
Gail Jacko, Food Security Coordinator, 705-285-4354
Courtney Kurek, Indigenous Foods Coordinator, 705-368-0229 ext. 218
courtney.kurek@noojomwin-teg.ca

LOCAL FOOD MANITOBULIN
MUSHROOMS
WENIEN TURTLE ISLAND ROOTS
Ortario
Noojewemwin Centre
A Place of Healing
Aanii Parents/Families

Happy New Year and welcome back to all our students and families! December and 2019 are now over, so welcome to 2020 as our New Year continues to be exciting and engaging for our students and families here at Shawanoswe School.

On December 5th Science North visited Shawanoswe and students learned about coding, climate change and artificial intelligence. On December 10th, students travelled to Sacred Heart School in Espanola to see their dress rehearsal of the play ‘Elf’. On December 11th, Shawanoswe hosted its Annual Christmas community luncheon which saw a huge turnout of families to celebrate with the school. Miigwech to the Health Centre staff for all their assistance in making this happen. The entire school made the trip to SilverCity Sudbury Cinemas on December 12th to see the movie Frozen 2. The Grade 1/2 class held its Annual Grinchmas Party, which allows students to connect their fun activities to literacy. On December 14th our two Shawanoswe robotic teams; The Mech. Crafters and The 8 Amigos made their way to compete in the Science North Lego League Competition.

As one of the youngest teams there, our students not only did well but illuminated the qualities of perseverance and resilience. The students were engaged in the learning and continued to improve throughout the tournament. Our school is extremely proud of all members of both teams. The annual Shawanoswe Christmas concert was held on December 18th. Thank you to all the parents, families and community members that attended to support their child/children. 

A special Chi-Miigwetch to Ms. Tiffany Gagan for her leadership, hard work and dedication in organizing this amazing evening. Santa even made a surprise appearance for a quick visit with the community. On December 19th students in all classes made ornaments to bring home for the holidays. Q-Mack visited Shawanoswe School on the same day and brought an energizing positive message. Finally, on December 20th we wrapped up 2019 at Shawanoswe with an early dismissal.

As always, looking forward, we have some exciting learning opportunities planned throughout the month of January. Straight out of the gate, the first week back we have Elephant Thoughts here once again. In January as well, our students will be introduced to goal ball and cup stacking which are inclusive activities! A quick reminder that on January 22nd we will have Early Dismissal, so please make sure to have the appropriate arrangements for your child/ren. On January 24th “We Matter” visits the school, which looks at the importance of mental health awareness. We look forward to the culinary delights produced by our Grade 5/6 class, as we will start Cooking Classes at the end of January, which conclude with Master Chef Shawanoswe. Shawanoswe Staff have a Professional Development day scheduled for January 31st, so there will be no school for students on that day.

Another addition to look forward to in January is the opportunity for all classes to learn more about robotics and coding.

Miigwech for all your support throughout 2019!

Daniel
**UPCOMING EVENTS**

**Jan. 2020**

**RE-engagement Registration**
FOR BIRCH ISLAND Residents wanting to earn their OSSD Gr.12

Alain Sauve will continue teaching to the end of term but we will have a new Teacher for Feb-June: Craig Flannagan

NEW applications will be available late January, for upcoming Academic year: Fall 2020 to Summer 2021 Terms

Post Secondary Applications
send an email to jshawanda@whitefishriver.ca for an e-mailed application

Best of Luck to all Secondary students preparing for Exams!

ALL Parents and Guardians of A.B. Ellis, and EHS students bussed to Espanola are asked to kindly provide emergency contact cell phone numbers to Education.Department

Remember to send your OUAC and OCAS application fees receipts for reimbursement

Hope you enjoyed your holidays and HAPPY NEW YEAR!

For more information contact: Jacinta Shawanda, Education Manager
Maamwe Kendaasing Child Care Centre

Aanii Kinawaya,
Happy New Year! As we move into a New Year we are also embarking on new beginnings here at the Maamwe Kendaasing Early Learning and Innovation Centre. Together with the early learning team and community members we have been busy cultivating a strategic plan for the next ten years for our future leaders.

These planning sessions have used input from the Whitefish River Comprehensive Community Plan (2010), the current Governance Strategic Plan (2019) and several child care frameworks; How Does Learning Happen (2014); Indigenous Early Learning Child Care Framework (2019) and Kenigewin Teg’s Journey Together.

All the above requires much consideration and will help guide us in planning for the future as we strive to strengthen relationship to land, self, family and community as Anishinaabe. Therefore, this plan will be one of a kind as it is being developed by and with community for community. Please stay tuned as we continue to put together the plan and share how this will look for our new site.

Programming

Courtney, RECE Toddler Educator & Cheryl Shawanda, RECE/RT Toddler Educator

Aanii from the Toddler Room
Aanii & Happy New Year from all of us in the Toddler room. We are all very excited for what 2020 has in store for us. Just a quick recap of our month of December as it was very fast paced with a lot of new changes in our Centre. We finally had our big move to our new Early Learning Centre, so please come on out and check out our new space at our Grand Opening on January 24, 2020. We also had our annual Christmas concert that we participated in with Shawanosowe School and the toddlers and preschoolers danced to Santa Shank. We also had our annual Christmas Luncheon with the daycare families. Miigwech to all those that came out and enjoyed a communal feast with the kiddies. Now that we are already in full swing in January we will spend this month playing outside in the new play space and working on developmental skills and milestones. We will continue to be innovative and creative in our teaching methods to ensure we have both a fulfilling and successful toddler program. If anyone has any ideas or input please feel free to come in and share.

Preschool Educator - Joanne Recollet, RECE Preschool Educator

Aanii, from the Preschool Room
Happy New Year! I hope everyone had a great holiday, and that Santa was good to everyone. To start off the New Year in the Preschool room we are going to get back into our routine circle time, practicing our calendar, counting, colors and the days of the week in Anishinaabemowin while incorporating other terms and short phrases. We have taken the children sliding on the small hill beside the school and the children just love it, so we will be doing more outdoor play weather permitting. With that in mind please remember to send extra indoor clothes with your child as well as outer wear, as we spend much time outside playing in the snow which is fun, but can be cold and wet!

School Age Program - Cyndil Corbiere RECE

Aanii School-Age Parents & Guardians, This past month has been quite busy packing and moving into our new daycare; Maamwe Kendaasing Early Learning and Innovation Centre. From my observation the children love the new space! Our program would also like to welcome Natasha Laundrie as our new education assistant. As we move forward into the new year I would like to share a few reminders for our before and after school program:

Morning Programming:
7:45-8:10 – Drop off/breakfast at Maamwe Kendaasing Early Learning and Innovation Centre.
8:10-8:20 – Transition to Shawanosowe School

After School Programming:
3:20-3:30 – School Age Educator will pick up and transition students from Shawanosowe School to Maamwe Kendaasing Early Learning and Innovation Centre.
3:30-4:00 – Afternoon Snack.
4:00-5:00 – After school program will then transition back to Shawanosowe School in the Gymnasium for various activities and pick up. Please pick up your child here. (There will be days we will be staying at the Centre but we will let you know in advance.)

I would also like to remind parents/students to please bring appropriate outdoor clothing as some days we like to enjoy outdoor play (Snow pants, hats, mitts).

Chi-Miigwetch & Happy New Year

Education Manager
Jacinta Shawanda

Aanii Kina Weya!
Welcome to 2020! I hope all is well, and I anticipate it’s going to be a great year.

At the Shawanosowe School Community Christmas Concert, Santa handed out gifts to all children living in our community which was wonderful to see. Thanks again to Ms. Ga-gan for coordinating the event; she did such a great job. I also got to hand out gift certificates and cheques to all our students bussed out to Espanola Schools. If you were not at the concert I did have your certificate or cheque mailed out.

I also want to take this oppor-tunity to thank Winnie for raffling off Secondary student back packs, filled with school supplies – it was lovely to offer extra gifts to secondary students who attended the concert.

Hope you enjoyed your holi-days and are ready to get back into study mode!

Miigwech
If you have any questions, com-ments or concerns please con-tact me through Administra-tion at 705-285-4335 ext.209, by cell at 705-968-0224 or via email at: jshawanda@whitefishriver.ca.

Whitefish River First Nation Public Library Librarian - Evelyn Jacko

Come and expand your mind or just relax.

Aanii fellow community members! Cataloging resources at the WRFN Public Library is an ongoing process. We have just received a set of books, donated to all First Nation Public Libraries by Meredith Tutching at Forest of Reading, TD Grade One Book Giveaway, and from our own Whitefish River First Nation. I’ll then just have the puppets and stuffies to catalog. I have purchased local honey for TECH. & TEA, honey has its own magic qualities. It is harvested from our own apiary and is for sale at the clinic.

TECH. & TEA (coffee) afternoons/evenings is for those that would like help getting used to learn to use technology. I will help you with your cell phones, laptops, and other devices. I will also help you use the computers that we have here at the library. WIFI is free so you can upgrade and save on your data. This is open to adults and Elders in our commu-nity that would like assistance. I can help with applying for an email address or with starting a social media page to help you stay connected with family.

I have given out some library cards already and hope to do more. I look forward to your visits. You do have to sign in for statistical purposes which assists with our yearly fund- ing.

Chi-Miigwetch!

Hours of Operation & Contact Information
Tuesday - Saturday: 1PM - 7PM
Phone: 705-285-1888
Email: evelynj@whitefishriver.ca
Whitefish River First Nation invites you to the
EARLY LEARNING & INNOVATION CENTRE
GRAND OPENING

ON JANUARY 24TH AT 10AM

There will be a ribbon cutting ceremony, a tour and refreshments. Join us for a meet & greet with the staff! Call (705) 285-7777 for more information
We say Baamaapi to Mnidoon Giizoonh (Little Spirit Moon) and welcome in Mnidoon Giizis (Spirit Moon), as another cycle is complete. I’d like to take this time to reflect on some of WRFN’s accomplishments and noteworthy events of 2019.

- 2019 kicked off with a dazzling display of fireworks and free community breakfast.
- New Daycare construction begins beside Shawanosowe School.
- WRFN’s custom election code implemented for the first time in February to select our leadership with a four-year term.
- Significant snow fall was seen in 2019 and as always our maintenance crew worked hard at keeping our roads clear.
- WRFN Warriors and families attended the 48th Annual UNIL. Our Warrior teams all did very well and we brought back some hardware.
- Community conferences on Duty to Consult and Cannabis.
- Graduation ceremonies held at Maamwe Kendaasigh Daycare, Shawanosowe School, A.B. Ellis, Sacred Heart and Es panola High School. We also had a number of Post-Secondary graduates who were honoured during Homecoming Week. Our future is bright!
- The Annual Pow Wow was another huge success. Sandy Jacko, Manager of Community Economic Development did an excellent job organizing this event.
- Our 2019 Summer Student Experience Program took on community development projects and learned invaluable project management skills. The Community Development projects included the beautification of Sandy Beach #1 and the revitalization of the veteran’s memorial site.
- Construction begins on our Elder’s Eight Unit Residence.
- Shawanoswe School Bobcat Cross Country Run continues to grow.
- Chief and Council’s Strategic Plan Completed.
- Arrival of our Waste Compact Vehicle.
- Successful referendum ratification of our Settlement Agreement and Trust agreement.
- First Trustees appointed.
- Construction completed on the new Maamwe Kendaasigh Early Learning and Innovation Center.
- The Annual Shawanoswe School Christmas Concert, directed by Tiffany Gagan was a tremendous success. Our children put on an awesome show for the community showcasing the importance of family. It was great to hear the young performers incorporating our language into the play.
- All of our accomplishments are a result of the hard work and strong dedication of our staff.

Looking ahead for 2020

- Chief and Council Strategic priorities:
  a. Serving the People
  b. Wellness
  c. Education
  d. Economy
  e. Good Governance
- Administration’s roles and responsibilities to implement these strategic priorities.
- Health and Family Well Being
- The hiring process for the Health Manager is complete and the new Health Manager will be introduced to the community on January 6th at the Kings Day Feast. The Family Well-Being unit will be located at the former daycare site. Minor repairs and painting is near completion and the Well-Being staff will be moving the week of January 6th.
- Maamwe Kendaasigh Early Learning & Innovation Centre
- Our new Daycare construction is complete and we are fully operational at our new facility. December is a busy time of year and to allow for planning, the Grand opening is scheduled for January 24th.
- 15 Subdivision lot expansion
- Updating the 2014 WRFN Capital Plan
- Grand Opening of our Elder’s Residence
- Canada signing the settlement agreement, transferring settlement dollars, thus initiating the trust agreement and release of PCD’s
- Committees to be established for Health, Family Well-Being, Lands, AES and more. Watch for more information.
- Niigaan Naabidaa Trust
- We are pleased to announce the following appointments to the Niigaan Naabidaa Trust.
  1. Corporate Trustee – Peace Hills Trust
  2. Dennis Michael McGregor
  3. Jeffery Terrance McGregor
  4. Alternate Michael John McGregor
  5. Ex-Officio Trustee – David Shawandou member of Council
- Ex-Officio Youth - not filled at this time
- Council has taken the necessary steps to; 1. Appoint the trustees to hold the Trust Property in trust for the benefit of WRFN as beneficiary.
- Appoint the Corporate Trustee for the Niigaan Naabidaa Trust.
- Appointed Two member Trustees.
- Opened the Community Development Bank Account.
- Opened the Per Capita Distribution Account.

These items are identified in the Niigaan Naabidaa Trust Agreement.

As we move into 2020, we will continue to update the membership on the Niigaan Naabidaa Trust.

As always, I am available to the community, please don’t hesitate to drop by for a visit and have Mikade Miksdokisimin Naaboo (coffee) or Niibiishaaboo (tea) on us. You can also reached me by phone at 705-285-4335 or cell at 705-863-3027 or email me at ajacko@whitefishriver.ca.

Nahaww, Baamaapii Milimwaa Kawaabmin

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**Vision**

We will work in harmony while maintaining our culture, traditions and knowledge to enrich and empower our people.

**Mission**

We will strive to improve community well-being by collectively protecting, strengthening and developing its resources and culture through mutual cooperation.

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**WELLNESS**

The WRFN Chief and Council is committed to creating a healthy, strong and vibrant community through programs and services that promote physical, mental, emotional and spiritual well-being and healing.

Helping WRFN’s Community members and their families to establish and maintain healthy lifestyles will sustain positive changes in the community. Healthy families create healthy communities.

Support is providing to members by the Health and Family Well-being departments in many ways, including program and service delivery and finding innovative and responsive means to address identified needs.

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**EDUCATION**

It is of fundamental importance to the overall quality of life that every WRFN member achieve the best educational and employment opportunities and outcomes.

As a government, WRFN must ensure its Members have access to a suite of services that support the achievement of those outcomes.

From exercising our jurisdiction in education through the Anishinaubek Education System to operating a daycare centre and elementary school in a dedicated education department, Chief and Council are committed to continuing to support and enhance the opportunities of every member towards achieving their educational and employment goals.

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**ECONOMY**

WRFN strives to remain a proud leader and innovator in economic development.

By ensuring a stable system of laws, policies and plans with clear development processes, WRFN will develop and pursue new opportunities to enhance the economic prosperity and success of the community.

Chief and Council are committed to continuing to work to ensure the ongoing economic vibrancy of the Community.

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**GOOD GOVERNANCE**

To ensure the WRFN government carries out its responsibilities effectively and meets its goals, Chief and Council must continually assess its operations and functions of the First Nation Administration.

To support quality decision-making, Council requires timely and accurate data and information on a regular basis.
Migwetch to WRFN for their donations to the 2019 UCCM Annual Stuff the Cruiser Toy and Food Drive.

Kiki won big at the Christmas Bazaar Prize Bingo.

Christopher raised money for his EHS Band Class Trip at the Christmas Bazaar with the help of good friends and family.

Maamwe Kendaasing feasted their drums and Eagle Staff.

Brian, Karen, Isla & Brianna spent some quality family time at the Christmas Bazaar.

Jean finds great deals at Val’s Craft table.
Maamwe Kendaasing sings the cutest rendition of “Santa Shark.”

“Up on the Housetop” from the Kindergarten class.

Guess who’s coming to town?

The Grade 3/4 class rocked the house at the Annual Christmas Concert.

Frosty the Snowman was sung by the Grade 5/6 class.

The Drama Club class performed Mino Niibaanimaang as their finale.

A little Christmas magic for Jeremiah at the Annual Christmas concert.

Santa finally gets unstuck with help from his animal friends.
Manager of Community Economic Development - Sandy Jacko

AANI, BOOZHOO, I hope everyone had a safe and happy holiday. With the New Year comes New Op portunities.

Congratulations go to Caroline Jacko, Gail Pelletier and Melissa Jacko for completing the Women in Carpentry Program. The Mnidoo Minisng Employment and Training program ran from November 25 to December 17, 2019. The participants learned basic carpentry skills from instructor Vic King while they built a 12 by 12 insulated shed. Migwech to MMET Program Manager Marilyn Stevens for running the program.

Mnidoo Minisng Employment and Training, WRFN Ontario Works and Economic Development are working together to bring in Business Entrepreneurship Skills Training. The training will be delivered by Canadian Centre for Aboriginal Entrepreneurship certified BEST Trainer. The 9 days of in-class training will take place at the Community Centre February 18th – 21 and 24th – 28th, 2020. Training will include topics business ideas, planning, marketing, financing. Participants will receive an Aboriginal BEST Participant Manual and an individual framed graduation certificate and up to 3 months of individual follow-up for each interested graduate via Skype/e-mail/phone. Cash prizes will be awarded to individuals who present their business ideas at graduation to be determined by an impartial panel of 3 judges, Dragon’s Den style.

Please note the Whitefish River Development Corporation (WRDC) Annual General Meeting is on January 15th at 6 p.m. at the WRDC Building.

The Pow Wow Committee held its first ever Café House and Open Mic Night on December 27th. We put the fun back into fundraising with this event. We had a raffle table, a canteen with a variety of teas, coffee, cold soft drinks and tasty snacks. There were jokes told, singing, acoustic guitar playing, keyboard soloist, and storytelling. The winner of the 50/50 draw was Reggie Leach.

The Pow Wow Committee continue to meet on a monthly basis. The past couple of meetings were focused on planning fundraising activities. January’s meeting will focus on planning the 2020 Pow Wow. The next meeting is scheduled for January 16th at 6 pm at the WRDC building. All are welcome to attend.

On January 17th, WRFN and Indian Agriculture Program of Ontario are hosting a Maple Syrup Seminar at the Whitefish River First Nation Community Centre. Everyone is invited to attend. It starts at 10 am with presentations throughout the day. Lunch will be provided.

On January 18, 2019 at 10 am we will be hosting a community discussion at the Community Centre on ‘Rekindling our Connection to the Land’. We will be discussing Dreamer’s Rock, the Fasting Grounds and Sunshine Alley. Knowledge keepers and community members are invited to participate. A light brunch and a door prize will be provided.

The Anishnabek Nation Governance Agreement Online Voting period is from February 1 - 29, 2020. The location for in-person voting is the Whitefish River First Nation Community Centre on February 29th from 9 am to 8 pm. A series of information sessions is set for January 28th, 29th, 30th, in Whitefish River, Toronto and Sudbury. These sessions will give a final review of what the Anishnabek Nation Governance Agreement is, and will provide information about the voting period and procedures.

If you have any questions, want more information or would like participate in any of the activities, please contact me at 705-285-4335 ext. 216 or via email: sandyj@whitefishriver.ca. Migwech.
Aanii,

As discussed in last month’s article regarding archaeological assessments I thought it best to explore what occurs when you view the process through the Western lens versus the First Nation’s perspective. The western scientific process definitely has its merits as the tool of archaeological consultation can be utilized to safeguard an area that we consider sacred or having spiritual significance. Having said that, we must be vigilant in our role as Anishinabek in these areas. “The problem with written history is that once a story is put to paper the teller has permission to forget it.” – Anne Taylor, Curve Lake First Nation, 2016. This was written in reaction to the increased activity in archaeological field work performed in First Nation’s territory. I think it’s good to note that in the modern information age, with our increasing access to data we tend to allow issues to fade as new items emerge. It is for this reason that it is important that ceremony and acknowledging our connection to the land continue within our community.

On December 12, 2019 I met with other technicians to potentially cooperate with the Anishinabek of Mnidoo Mising. The discussion touched on topics such as: the historical significance of treaties and their role in our work as consultation coordinators and lands technicians. It’s a positive experience to meet with other consultation technicians that are tackling the same work that I am. Safeguarding our natural resources in order to provide for future generations is a value instilled upon all Anishinabek people. The competition for resources can at times prevent us from working together in order to achieve a common goal. The hope is that we can continue to work together to gain ground as Anishinabek people.

On January 18, 2019 we are hosting a Community Discussion on ‘Rekindling our Connection to the Land’. At this session we will be discussing Dreamer’s Rock, the Fasting Grounds and Sunshine Alley. Naagahewen-giigeewin is “to take care of” something and I think this best expresses the intent of our session. We invite knowledge keepers and community members to participate in this important discussion. A light brunch and a door prize will be provided.

I’m available to speak to WRFN members regarding consultation, I can be reached at the administration office at (705)285-4335 or by email: stephmm@whitefishriver.ca

Migwetch

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**Community Discussion**

**Rekindling Our Connection to the Land**

**January 18, 2019**

**10:00 AM to 1:00 PM**

**WRFN Community Centre**

**All WRFN Community Members are encouraged to attend!**

For more information please contact Stephen McGregor, Consultation Coordinator at WRFN Administration 705-285-4335 ext.217

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**ANISHINABEK NATION GOVERNANCE AGREEMENT**

**FREQUENTLY ASKED QUESTIONS**

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**What is the Anishinabek Nation Governance Agreement?**

It is an agreement between the Anishinabek Nation, on behalf of its member First Nations and Canada that would recognize the power of the First Nations and the Anishinabek Nation to pass laws in the areas of elections, citizenship, language and culture, and government management.

**Will my Aboriginal and Treaty rights be impacted?**

The Anishinabek Nation Governance Agreement will not abrogate or derogate from the Aboriginal or treaty rights of the First Nations who ratified the Agreement. In addition, the Agreement makes it very clear that it is not intended to fulfill any of Canada’s treaty obligations, nor is the Anishinabek Nation Governance Agreement itself a treaty.

**Will our Indian Status rights be affected?**

No, the Anishinabek Nation Governance Agreement does not cover Indian Status.

**Will Canada’s fiduciary relationship with First Nations change?**

No, the fiduciary relationship between Canada and each Anishinabek First Nation will continue after the ratification of the Anishinabek Nation Governance Agreement. Canada will always have a fiduciary relationship with First Nations people by virtue of the Royal Proclamation of 1763 and the Constitution Act, 1982.

**Will the Anishinabek Nation Governance Agreement affect any of the existing First Nation’s programs and services?**

The Anishinabek Nation Governance Agreement will not affect the existing programs and services currently administered by First Nations. Once a community ratifies the Anishinabek Nation Governance Agreement, its current funding agreement and in particular the sections that deal with governance funding, will be adjusted and amended so that the First Nation can instead receive the greater funding amounts for governance activities that are part of the new funding framework under the Anishinabek Nation Governance Agreement.
NOTICE OF VOTE
TO ALL MEMBERS OF WHITEFISH RIVER FIRST NATION

A vote will be held February 1, 2020 to February 29, 2020 to ratify the Anishinabek Nation Governance Agreement between Whitefish River First Nation and Canada. The Ballot Questions is:

As an Eligible Voter of Whitefish River First Nation, do you:

Approve the proposed Anishinabek Governance Agreement and authorize the Ogiimah and Council to execute the Agreement?

You may only vote once.

All votes will be counted at the location set out below after the close of polls on February 29, 2020.

Voting on the First Nation will take place on February 29, 2020 between the hours of 9:00 am and 8:00 pm at the Whitefish River First Nation Community Centre, 6 Rainbow Valley Road, Birch Island, Ontario

You are eligible to vote if you are 18 years of age by the last day of the Voting Period of February 29, 2020 and your name appears on the Whitefish River Citizenship list. You will be required to produce identification in order to vote.

To confirm your name is on the List of Eligible Voters or to receive instructions on the process to request changes to the List of Eligible Voters, contact the Whitefish River First Nation Ratification Officer at the address set out below.

You may also vote by Electronic Vote from February 1 to February 29, 2020 at 8:00 pm. In order to cast an Electronic Ballot, follow the instructions set out at https://onefeather.ca/nations/anishinabek.
You may also vote by Mail-in Ballot. In order to receive a Mail-In Ballot, request a Mail-in Ballot by mail, email, facsimile, phone or in person from the Whitefish River First Nation Ratification Officer at the address set out below. To be eligible to be counted, a Mail-In Ballot must be received by the First Nation Ratification Officer identified on the envelop by the close of the Voting Period.

Anishinabek Nation Governance Agreement information sessions, including information on the Ratification Process, will be held at the locations set out below.

You can obtain a copy of the Anishinabek Nation Governance Agreement, the Anishinabek Nation Fiscal Agreement, and the Implementation Plan at governancevote.ca or by contacting your First Nation Ratification Officer.

This notice is given 30th day of December, 2019 by Kathleen Migwanabi, First Nation Ratification Officer, for Whitefish River First Nation.

January 28, 2020: Whitefish River First Nation Community Centre
6 Rainbow Valley Road, Birch Island, ON
5 pm to 7:00 pm

January 29, 2020: Chelsea Hotel – Seymour Room
33 Gerard Street, Toronto, ON
6:00 pm to 8:00 pm

January 30, 2020: Radisson – Notre Dame Room
85 Ste. Anne Road, Sudbury, ON
6:00 pm to 8:00 pm

Kathleen Migwanabi, First Nation Ratification Officer
17-A Rainbow Ridge Road, Birch Island, ON
Phone Number: 705-285-4335 ext. 208
Fax Number: 705-285-4532
E-mail Address: kathleenm@whitefishriver.ca

The toll-free number for inquiries related to the Ratification Process is 1-833-297-9850
THE WAY YOU BUY TAX-EXEMPT GAS IS CHANGING

STARTING JANUARY 1, 2020

The Ontario Gas Card will be discontinued. Instead, show your Indian Status card to buy tax-exempt gas on reserve.

QUESTIONS?
1-866-ONT-TAXS (1-866-668-8297)
Email: commodity.tax@ontario.ca  www.Ontario.ca/TaxExemptGas
Happy New Year! Looking forward to 2020, I am excited to be involved with the management of our fisheries. In the past year I have had meetings with two separate Fisheries Management Zones (FMZs). These FMZs were created by the Ministry of Natural Resources (MNR). There are 20 FMZs in Ontario and each FMZ is different. Each FMZ manages the fishing seasons and catching limits.

WRFN falls within FMZ 10 and 14 (see map attached). FMZ 10 manages the inlands within WRFN territory. And FMZ 14 manages the Great Lake Huron which includes the Whitefish River. In December I met with the Upper Great Lakes Management Unit (UGLMU) and FMZ 14. This was to begin the conversations to propose changes to the Walleye fishing season in the Whitefish River. Changes to the fishing season would further protect the Walleye population and enhance our existing conservation efforts.

Save the Date! The annual Maple Syrup Seminar is scheduled for January 17, 2020. This event is supported by the Indian Agriculture Program of Ontario (IAPO) and hosted by WRFN. This seminar is relevant for all maple syrup harvesters and future harvesters. Come and learn about new innovative technologies, sustainable practices, equipment, and funding opportunities.

Membership - Kathleen Migwanabi

**CHANGES TO ONTARIO GAS CARD - EFFECTIVE January 1, 2020**, the Ontario Gas Card will be discontinued. Instead, First Nation individuals will use their federally issued Certificate of Indian Status (Status Card) to purchase tax-exempt gas on reserve. Band councils, Tribal Councils and band-empowered entities will use an exemption certificate issued by the Ministry of Finance.

You can use the current version of the Status Card that you have in your possession, including the:
- laminated Certificate of Indian Status Card with no renewal date;
- Secure Certificate of Indian Status Card;
- Temporary Confirmation of Registration Document

If the tax exemption is not provided, the retailer must give you a sales receipt showing the gasoline tax charged. You may use that receipt to apply for a refund from the Ministry of Finance. To request a refund contact the Ministry of Finance by: Phone: 1-866-ONTTAXS (668-8297) or email: commodity.tax@ontario.ca. [https://www.ontario.ca/page/first-nation-purchases-tax-exempt-gas](https://www.ontario.ca/page/first-nation-purchases-tax-exempt-gas)

**REGISTRATION AS A STATUS INDIAN IN CANADA**

**Required documents:**
- Child Application or Adult Application for Registration on the Indian Register and for the Secure Certificate of Indian Status (SCIS);
- Original long form Birth Certificate (also known as statement of live birth);
- Guarantor Form

If applying or renewing the Secure Certificate of Indian Status Card (SCIS):
- Secure Certificate of Indian Status (SCIS) Application
- 2 passport Style photos and Guarantor Form

- Identification
  As of August 15, 2019, the 1951 cut-off date has been removed. As a result, all known sex-based inequities in the Indian Act have been eliminated. No one will lose status as a result of the removal of the 1951 cut-off date.

- If you were affected by the 1951 cut-off date and are currently registered or are waiting for a decision on your application for registration, you don’t need to reapply as all applications will be assessed based on the amended Indian Act.

- If you were affected by the 1951 cut-off date and your application for registration was denied, you need to re-apply.

- Marriage Reporting: Original marriage certificate and marriage reporting form is required

- Death Reporting: A death Certificate is required to register the death of a registered member or spouse

Forms available at the Indigenous Services Canada (ISC) website: [https://www.isc-sic.gc.ca/eng/146280684104/7/15/24610627591@dhlpl](https://www.isc-sic.gc.ca/eng/146280684104/7/15/24610627591@dhlpl) or available upon request from the Membership Office.

**WHITEFISH RIVER FIRST NATION CITIZENSHIP**

Whitefish River is a section 10 band and determines its own Citizenship (Band Membership). Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply. Application forms are available from the membership office upon request.

Main Benefits of Indian Status and Band Membership (Citizenship) may include:
1. Indian Status: non-insured health coverage, treaty payments (if applicable), possibility of post-secondary education funding, and exemption from certain federal and provincial taxes.
2. Band Membership (Citizenship): a right to reside on reserve, a right to housing, voting privileges within the band, and a right to community involvement and affairs

**WHITEFISH RIVER FIRST NATION CITIZENSHIP CODE**

"The Anishinabek of Whitefish River, affirming the cultural, spiritual and political integrity accorded to us by the Creator, which is based upon respect for the rights of individuals and nations, and honor for our Mother Earth; And Recognizing the need to maintain our integrity as a distinct First Nation, and to protect and enhance – for future generations – our rights as Aboriginal people, including those rights provided for in the Robinson-Huron Treaty of 1850 We therefore hereby enact, pursuant to our right of self-government, as follows: The Whitefish River First Nation Citizenship Code."

**CITIZENSHIP APPLICATIONS – ARTICLE IV**

The following persons are entitled to be enrolled in the Whitefish River First Nation Citizenship Register under Article IV of the Whitefish River First Nation Citizenship Code:
1. (a) any person whose name appeared on the Band list maintained by the Department prior to the coming into force of this Code;
2. Any person, both of whose parents are enrolled as citizens; or
3. Any probationary citizen who has been granted citizenship pursuant to section 7.2
4. Any person is entitled to be enrolled in the Citizenship Register if that person has at least one parent who is a citizen, provided that both that parent’s parents are also citizens.
5. Any person, who is a child, born on or after April 17, 1985, one of whose parents is a citizen, is entitled to be enrolled in the Citizenship Register, provided the other parent is a citizen of another First Nation and both parents consent to the enrollment."

**PROBATIONARY CITIZENSHIP – ARTICLE V**

The following persons are eligible to make an application for probationary citizenship:
- Any person who is a citizen of another First Nation;
- Any person who is married to a citizen;
- Any person, one of whose parents is enrolled as a citizen; and
- Any Indian who is a descendant of a citizen.

In determining whether the granting of probationary citizenship is in the best interest of the First Nation, consideration shall be given to all of the circumstances of the applicants including:
- The moral character of the applicant;
- The aboriginal ancestry of the applicant;
- The applicant’s knowledge of, or commitment to learn the language and culture of the First Nation;
- Any probationary citizen may make an application for enrolment in the Citizenship Register if he/she has been ordinarily resident on the reserve for a period of two years. Upon application by a probationary citizen for Citizenship."

**NOTICE:** WRFN Membership Office will be Closed on the following dates:

January 28th - 30th, 2020
Tenant Relations Worker - Brianna McGregor

RentSmart Training for Youth
The Housing Department is hosting a RentSmart training program for youth beginning January 13, 2020 at 4:30pm - 6:30pm at the Council Chambers. In October 2019, I went for a four-day training session to become a Certified Community Educator for RentSmart. I would like to pass on everything I learned in this training to our youth in the community. I feel this training would be a great benefit to our youth that will be pursuing post-secondary studies in the coming years! The program will be held for four weeks and will assist participants with identifying housing needs and wants, applying for suitable housing, understanding rights and responsibilities of a tenant and landlord, budgeting for housing-related costs, gaining landlord communication skills, becoming knowledgeable with home maintenance and accessing community supports for housing. The RentSmart program and certificate is becoming widely recognized by landlords and housing agencies in major cities in Ontario. Please note that registration is limited to six participants. If you are interested in registering, please contact the Housing Department.

Wills with Fred Bellefeuille
The Housing Department will have a follow-up Will Making outreach clinic with Fred Bellefeuille, Barrister and Solicitor, on January 23, 2020 from 9:00am - 3:00pm. Please note that we are unable to accept new participants at this time. This date is for those individuals that need to finalize their wills. If you have an outstanding will that needs to be finalized, then please contact the Housing Department to schedule an appointment.

If you have any questions or require more information please don’t hesitate to contact me at WRFN Administration at 705-285-4335 ext.213 or via email at brian-nam@whitefishriver.ca.

Basic Home Maintenance Workshop
The Housing Department will be hosting a Basic Home Maintenance workshop with Norbert Koeck on January 14, 2020 at 6:00pm - 8:00pm at the Community Centre. The workshop will provide homeowners and tenants with information on maintaining your home or rental unit. Stay tuned for a flyer! If you require additional information, please contact the Housing Department.

Fraud Protection Workshop
The Housing Department will be hosting a Fraud Protection workshop which will be facilitated by a representative from Chartered Professional Accountants Canada. This workshop will be held on January 16, 2020 at 6:00pm - 8:00pm at the Council Chambers. The workshop will provide information on what is fraud, the signs of victimization, what to do if you’re a victim of fraud, understanding the types of fraud and the tools and resources for fraud victimization and prevention. If you require additional information, please contact the Housing Department.

WRFN Legal Will Clinics
With Fred Bellefeuille
January 25, 2020
9:00am - 3:00pm
WRFN Administration Office

By Appointment Only for Participants with Outstanding Wills to Finalize

Please contact the Housing Department at 705-285-4335 to register or space is limited.

Fraud Protection Workshop
Snacks
Prizes

January 16, 2020
6:00pm - 8:00pm
Council Chambers

What is Fraud + Types of Fraud
Fraud Victimization + Protecting Yourself

Contact the Housing Department at 705-285-4335 for more information
Community Energy Champion - Kendra McGregor

Aaniini,
Welcome 2020! I hope everyone enjoyed good food, good company, and good times during the holiday season. I especially hope those who got new appliances through the First Nations Conservation Program were able to put them to good use.

I would also like to give a shout-out to our Crazy Light Contest winners: Emma and Larry, Tammy and Dan, & Richard and Corinna. Chi-Migwetch to everyone who participated and showed their WRFN holiday spirit!

Elephant Thoughts
During the week of January 6th-10th 2020, Elephant Thoughts will be at Shawanoswe School for a week-long learning experience with our Bobcats. They have been to our school before and we are very excited to welcome them back. This time around there will be more of a focus on energy, recycling, and biodiversity.

On January 7th, 2020 at 5:00pm we welcome the community out to an evening of interactive learning and dinner with your friends and family!

Career Fair Evening
On January 21st 2020 from 5-7pm I will be hosting a small career fair. There will be a presentation by Hydro One, local booths, and a few giveaways. I hope to see you there!

If you have any questions or comments, or particular concerns about energy efficiency, don’t hesitate to contact me at: kendra.mcgregor@whitefishriver.ca or through Administration at 705-285-4335 ext. 227
Reduce Waste
Bring a Feast Bag!

Monster Garage
Plant Manager - Murray McGregor Jr.

Climate change...global warming. Does this really affect our territory as we still have cold, long winters and hot summers? What we need is to pay more attention to the types of winters and summers we've experienced. Already this season the weather has been challenging, from frigid -20°C one week to above 0°C the following week and even warmer at times. This is a direct effect from global warming as the jet streams that control temperatures across Turtle Island and the rest of the world have been pulled out of their normal curves and wave patterns thus changing mass air flows on the earth’s surface. Why is this concerning to us or public works? It affects the delivery of the programs as well as how buildings are maintained. These types of winters are happening more and more, and they present different challenges to the operation and maintenance crew. The roads need to be monitored more closely as a quick snowfall when it’s mild makes the roads more slippery than when it snows under normal conditions. Walkways and sidewalks are also slippery under these types of snowfalls.

With little to no snow it leaves our water lines uninsulated from our buddy Jack Frost. With cold and warm weather switching back and forth, frost can get pushed into the ground farther than if it is covered with 3 to 4 feet of snow. Home owners are reminded to not drive over their water lines and run ATV or snow machines over or near their septic beds as the frost will freeze the lines and ground over the pipes and possibly rupture the lines leaving your home with no water or the potential of the septic system backing up. Parking in your driveways improperly, by driving up on your lawn and as close to the door as possible leaves your home more susceptible to frost damage on your house foundations. All new houses and buildings are designed to be protected from frost having a minimum 4 feet of coverage. If you are parking up against your house, the frost can be driven deeper into the ground and cause damage to the foundation.

With the completion of the new daycare my office will be able to focus on preparing annual reports such as the MTO Road subsidy and completion reports for various minor projects. We are expecting the draft report on WRFN’s solid waste plan which will help outline the direction for a solid waste plan and possible closure of the landfill site. My office is also working on a detailed curbside pickup policy and operation and procedures along with possible curbside recycling program. This initiative will help us monitor the usage of the landfill site better and reduce the amount of waste, thus helping to protect the water in our territory.

If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca

Waste Management Action Plan Coordinator
Crystal McGregor

Bangii Changes
As we reflect on the past year, and look toward what 2020 will bring, consider some bangii changes to your environmental impact.

BANGii CHAnGE IDEAs:
1. Bring your feast bundle to one of our community gatherings or information sessions
2. Take a travel mug with you to get your coffee filled at your favourite coffee stop
3. Say NO to the straw when you stop for fast food or dining out
4. Ditch disposable water bottles for a refillable one
5. Keep reusable shopping bags in your vehicle or take with you when going shopping
6. Refuse the plastic bag when your able to carry your item/s or ask for a paper bag
7. If you have the means, reuse your plastic cleaning bottles, personal hygiene bottles, etc., by visiting the refillery or bulk barn in Sudbury
8. Swap or buy used items
9. Donate or upcycle unwanted items such as clothing, sporting goods, household items, etc.
10. Only buy what you need

Try an item or two from this list or your own, and work toward eliminating some waste in 2020!

In my December 2019 article a hidden message was included for readers, and the winner of this message is Iris Waboose.

We can all do our part to make our community eco-friendly
Reduce – Reuse – Recycle

We may never reach zero waste. But that’s no reason to take zero action.

If you have any comments or questions, feel free to contact me crystalsgregor@whitefishriver.ca
Pet Care & Tips

Hello everyone!

I hope all of you had a nice Christmas and New Year’s celebrations. I’ve been talking to some people about Christmas preparations and the running around involved for that one day. It can be kind of a let-down the next day when everything is over. Actually, however, the Christmas season only starts on December 25th. The days in between the 25th and January 6th are what they call the Twelve Days of Christmas, ending with the day honouring the Three Kings or King’s Day. I remember my Mom would put up our tree a day or two before Christmas Eve and leave it up until January 6th. Some people don’t do that anymore as we are putting up our trees earlier and earlier, so maybe they are getting tired of their tree. I still think New Year’s Eve without a Christmas tree is not the same. I still take my down sometime after King’s Day. We also used to go around house to house wishing people Merry Christmas or Happy New Year, and would receive hard candies wherever we visited. I liked going around just to see how people decorated their trees!

For those of you who get water delivery or garbage pick-up, I hope you remembered these hardworking folks on your Christmas list. Even it is just a small box of candies or chocolates I am sure they will enjoy it.

The cats are doing fine. Francis has grown almost to the same size as BJ now! I think Empress Farrah, my baby girl, likes to watch her weight as she is also getting big but not as much as the boys. She-Pet Elizabeth, Webby Debby, Luka and Tinker have started to put on their usual winter weight. Well the days now will start to get longer again and it won’t be long until spring will soon be here! In the mean time, the chilly weather is a good opportunity to clean out your house. I am in the midst of cleaning out my basement. I hope your furry babies are warm, snug and well-fed in this blustery winter cold, whether they be inside or outside pets.

Some Cat Facts

• Neutering a male cat will, in most cases, stop him from fighting with other males, spraying to mark his territory, and will lengthen and improve his quality of life.

• Cats, like dogs and horses, can donate blood to other cats.

• Some people believe that dreaming of a white cat means you’ll be lucky in creative matters.

• Cats in the wild are used to eating mice whole, bones and all. This supplies them with much-needed minerals that a diet of pure meat lacks.

Well, that is it for another month and I hope all of you are doing and feeling well. The cats and I would like to extend birthday and anniversary wishes to all who are celebrating in the month of January, may all your dreams and wishes come true! Take the time to visit our elderly, shut-ins and sick and have a little chat with them, as I am sure they will enjoy that. Remember to get you cat or dog fixed to help keep the pet population down in our community.

Empress Farrah, She-Pet Elizabeth and Webby Debby. (The girl cats). Luka, BJ, Tinker and Francis. (The boy cats).

Me the Big Cat
- Dennis L. McGregor

In Memoriam

Mom
Lulubelle Francis
January 9, 2019

Hard to believe a year has come and gone.
We miss you terribly but we know you and dad are together and at peace.
Remembering you is easy and we do it every day but missing you is the heartache that never goes away.

Love forever.
Aldric, Debbie, Corrina and families
Message from Ogimaa Shining Turtle Sturgeon Clan, Anishinabek Nation

Going into January, I believe this is an opportunity to give a review of some of the major highlights of the 2019 year.

Over the past 12 months, our administration and my office have used the Rezound to inform you on the events relevant to the community. I want to say, the Rezound has become an excellent resource for all of us. The paper publishes timely monthly information primarily focused on program and service activity in our community. Please continue to read the Rezound, as this will give you a view of what has been going on. Anyone that has taken the time to read our paper knows, there is a lot that goes on every month within our beautiful community. Thank you for reading the Rezound!

Over the past 2019 year in Whitefish River First Nation many, many events have occurred! These events are but a sampling of monthly highlights.

1. January - Annual King’s Day Feast and Indian Day School Information Session.

2. February - WRFN Elections using our own Election Code and our Annual Winter Carnival.

3. March - 48th Annual LNHL.

4. April - Grand Opening of the Renovated Library.


6. June - School Graduations at Shawanoswe School, A.B. Ellis, Sacred Heart, EHS.


8. August – Homecoming week and our Annual Traditional Pow Wow.


11. November – All Soul’s Day and Remembrance Day.


Project work completed and in progress

1. Library Renovations Project – completed in February 2019

2. New Daycare Project – Completed in December 2019

3. Elder’s Centre – Currently under construction

Looking forward to 2020 to 2021

1. Finalizing Boundary Specific Claim

2. Lobbying for 15 lot subdivision project identified in our Capital Planning Study

3. Lobbying to update our 2014 Capital Planning Study

4. Proposal submission for Recreation project

5. Committee work on amending and updating our Citizenship Code

6. Advancing our strategic plan

That represents a partial list of some of our milestones in the community. It has been a very busy and exciting year.

On behalf of Chief and Council, Happy New Year and all the best in 2020!!

Chi-Miigwetch to the Lion’s Club for their generous donations of gifts to our community this holiday season!

If you have any questions or concerns, do not hesitate to contact my office at 705-285-4335 ext. 202 or via email at: chief@whitefishriver.ca.

Chi Miigwetch

Chances of Success:

“I won’t” - 0%

“I can’t” - 10%

“I don’t know how” - 20%

“I wish I could” - 30%

“I want to” - 40%

“I think I might” - 50%

“I might” - 60%

“I think I can” - 70%

“I can” - 80%

“I am” - 90%

“I did” - 100%
Whitefish River First Nation Administration Office  
17A Rainbow Ridge Road  
Birch Island, Ontario  
POP 1A0  
Tel: (705) 285-4335  
Fax: (705) 285-4532  
Toll: 1-800-265-4335  
website: www.whitefishriver.ca

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<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Murray McGregor Jr.</td>
<td>Plant Manager</td>
<td><a href="mailto:publicworks@whitefishriver.ca">publicworks@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Georgina Recollet</td>
<td>Housing Manager</td>
<td><a href="mailto:georginar@whitefishriver.ca">georginar@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Emma Recollet</td>
<td>Ontario Works Administrator</td>
<td><a href="mailto:emmar@whitefishriver.ca">emmar@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Jacinta Shawanda</td>
<td>Education Manager</td>
<td><a href="mailto:jshawanda@whitefishriver.ca">jshawanda@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Dave Shawanda</td>
<td>Finance Director</td>
<td><a href="mailto:daves@whitefishriver.ca">daves@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Kathleen Migwanabi</td>
<td>Lands Manager/IRA</td>
<td><a href="mailto:kathleenm@whitefishriver.ca">kathleenm@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Sandy Jacko</td>
<td>Manager of Community Economic Development</td>
<td><a href="mailto:sandyj@whitefishriver.ca">sandyj@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Raymond Francis</td>
<td>Case Manager</td>
<td><a href="mailto:rayf@whitefishriver.ca">rayf@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Andrea McGregor</td>
<td>Human Resources Coordinator</td>
<td><a href="mailto:andream@whitefishriver.ca">andream@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Art Jacko</td>
<td>Band Manager</td>
<td><a href="mailto:ajacko@whitefishriver.ca">ajacko@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Franklin Paibomsai</td>
<td>Chief</td>
<td><a href="mailto:franklinp@whitefishriver.ca">franklinp@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Leslie McGregor</td>
<td>Family Well-Being Manager</td>
<td><a href="mailto:lmgregor@whitefishriver.ca">lmgregor@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Daniel Stargratt</td>
<td>School Principal</td>
<td><a href="mailto:principal@shawanosowe.ca">principal@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Melanie Manitowabi</td>
<td>Supervisor</td>
<td><a href="mailto:daycare@whitefishriver.ca">daycare@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Evelyn Jacko</td>
<td>Librarian</td>
<td><a href="mailto:evelynj@whitefishriver.ca">evelynj@whitefishriver.ca</a></td>
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### Mnidoo Giižis 2020

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<td>January 6th</td>
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**January 7th**
- **RentSmart Training**
  - For Youth
  - 4:30PM-6:30PM
  - Council Chambers

**January 8th**
- **HRV Maintenance**
  - 6PM-8PM
  - Comm. Centre

**January 10th**
- **Anishinaabemowin**
  - 4:30-8PM
  - Health Centre

**January 12th**
- **RentSmart Training**
  - For Youth
  - 6:30-8PM
  - Health Centre

**January 13th**
- **Annual General Meeting**
  - 6PM
  - WRDC Building

**January 14th**
- **Elders Centre**
  - MOY & Nutrition BINGO

**January 15th**
- **Maple Syrup Seminar**
  - 10AM-3PM
  - Comm. Centre

**January 16th**
- **“The Grizzlies”**
  - Screening
  - 6PM
  - Elders Centre

**January 17th**
- **Snaring & Trapping**
  - 9AM-3PM
  - Community Centre

**January 18th**
- **The Grizzlies**
  - Session & Dinner
  - 5PM
  - Elders Centre

**January 19th**
- **Winter BINGO**
  - Service C&C Meeting
  - 5 CHI-BINGO 5

**January 20th**
- **MOW & Elders Centre**
  - 10AM-1PM
  - Elders Centre

**January 21st**
- **ANGA Community Information**
  - Session & Dinner
  - 5:00 PM
  - Community Centre

**January 23rd**
- **Alternative Dispute Resolution**
  - Information Session
  - Elders – 12:00 PM
  - Youth – 4:00 PM
  - Community Centre

**January 24th**
- **Anishinaabemowin**
  - Snaring & Trapping
  - 6PM
  - Health Centre

**January 25th**
- **WRDC**
  - Building
  - 6PM
  - Elders Centre

**January 26th**
- **RentSmart Training**
  - For Youth
  - 4:30PM-6:30PM
  - Council Chambers

**January 27th**
- **RentSmart Training**
  - For Youth
  - 4:30PM-6:30PM
  - Council Chambers

**January 28th**
- **RentSmart Training**
  - For Youth
  - 4:30PM-6:30PM
  - Council Chambers

**January 29th**
- **RentSmart Training**
  - For Youth
  - 4:30PM-6:30PM
  - Council Chambers

**January 30th**
- **RentSmart Training**
  - For Youth
  - 6:30-8PM
  - Health Centre

**January 31st**
- **RentSmart Training**
  - For Youth
  - 6:30-8PM
  - Health Centre

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**Gichi-Nendam Dabishkayek!**

Happy Birthday going out to Lily who is 7 on January 10th
Love Mom, Dad and Ace

Happy Birthday to our granddaughter who is turning 7 on January 14th!
XOXO Auntie Katt, Craig, Sydney & K.C.

Happy Birthday to my grandson Leonidas who is turning 7 on January 14th!
Love Grandma

Happy Birthday to my nieces Sophie on January 8th & Melissa on January 26th
Lots of Love from Auntie Sandy

Happy Birthday to my brother Phil on January 7th.
Love Larry & Pauline

Happy Birthday to my beautiful wife Pauline on January 8th!
Love Larry

Happy Birthday to my wife Denise who passed from this world on January 3, 2016.
Forever in my heart.
Bill Ellison