



A PLACE OF VISIONS AND DREAMS

TO: All Community Members

FROM: Art Jacko, Band Manager

Date: March 18, 2020

As new developments arrive on a constant basis with regards to COVID-19 progression, we are providing the community with a list of credible resources to stay updated. There are a few items that we would like to address to community members involving health care services.

First, we reassure you that health care services are still going to be provided for primary care **by appointment only**. It is mandatory that all individuals be screened prior to their appointments, if you are not screened prior to your appointment your appointment maybe cancelled. Furthermore, if you are unwell and have any symptoms of fever, dry cough or difficulty breathing you may be able to come to the health centre, however, primary care staff will need to speak with you to determine your level of care required.

Second, the Whitefish River Health Centre has implemented a security system that includes video and voice entry. The Health Centre is on lockdown to ensure that all individuals are screened prior to appointments and to protect our Frontline Primary Care providers and to ensure that they are prepared with full personal protective equipment to service individuals within the community.

Visiting professionals will service the community within their capacity. Primary care services for physician and nurse practitioner visit you must book appointments with WRFN Health Centre. Other ongoing services to the community also include Home and Community Care and Mental Health Counseling. If you require additional information on these services, please contact Angela Shawanda, Health Manager or Talon McGregor, Registered Practical Nurse at the Health Centre at (705) 285-4354.

Also, please be advised that Angela Shawanda, RN and Talon McGregor, RPN are only required to provide **health promotion and health prevention**. If you wish to attend services at the Health Centre, please schedule an appointment to do so and ensure adequate time for screening. We also ask for everyone to be courteous and practice social distancing, we want to remain positive and provide the best health care practices as much as possible. We strongly discourage social gatherings and collecting of any kind at the Health Centre, please to not come to the Health Centre if you do not have a scheduled appointment with a physician or nurse practitioner.

If you are concerned that you may have developed COVID-19 symptoms (fever, dry cough, and shortness of breath) contact: Public Health Sudbury & District at (705) 522-9200 or toll-free 1-866-522-9200 or if you are feeling unwell, ill or in severe respiratory symptoms **call 911**.

Please contact the Health Centre if you require additional information, however, we are asking community members to provide a reason for calling as we are being flooded with phone calls, and now providing phone calls in a priority sequence.

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WHITEFISH RIVER FIRST NATION

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