Celebrating Mino-Bimaadiziwin!

On January 24, 2018 the newest citizens of WRFN and their families gathered for a feast in their honour at our Annual Baby Welcoming. In 2017, we welcomed 16 new arrivals to Whitefish River, and six were in attendance at the Welcoming.

Councillor Leona Nahwegahbow spoke about the history of the baby welcoming in our community and Elder Jean McGregor-Andrews offered an opening prayer. Gifts of blankets, books and toys were distributed to the families on behalf of Whitefish River by Arlene Pitawanakwat, Child & Family Well Being Coordinator. Lauren Dewar, Maternal and Child Health Nurse representing Mnaamodzawin Health Services, presented the families with Pendleton blankets.

We warmly welcome and congratulate all the families on their new bundles of joy!

Please note that the deadline for submissions for the next issue is Wednesday, February 14, 2018 at noon. Miigwetch!

rezoundeditor@whitefishriver.ca
February 2018

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<thead>
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<th>Sunday</th>
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<td>Family Day</td>
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<td>Dr. Meikleham (AM Only)</td>
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<td></td>
<td>Nurse Practitioner</td>
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<td>* Community Health Nurse Lab/Blood Draw Clinic</td>
<td>Fridays @ 10:00 am</td>
<td>Please bring your Requisition(s). Appointments recommended.</td>
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</table>
When visiting a Traditional Practitioner, it is necessary to bring a small offering of semaa (tobacco).

To book an appointment for a one on one, please contact Candice Assiniwe, Community Wellness Worker at the Health Centre at 705-285-4354 or by email at candicea@whitefishriver.ca.
Amber Zona - Youth Support Worker

February is Heart month, so planned programming will be based on Heart Healthy activities.

This month we’ll be starting the Archery Program which is collaborative with Mark Peltier of Noojmowin Teg. This will be a six week program for youth ages 11-14, Tuesday evenings at the WRFN Community Centre from 5:30-6:30 starting February 6th. This program is limited to 12 participants so register early to avoid disappointment. Registration forms can be obtained at the Whitefish River Health Centre.

In partnership with the Healthy Living Children’s program, we will also be starting the Youth Skating Program at the Little Current Arena, Wednesdays from 5-6 pm. This is a six week program starting February 14th. Transportation and all meals will be provided for this event. For more information and to register for overnight Indoor Family Camping please contact Mark, Nelson or Danielle at Noojmowin Teg.

February is also the time for WRFN’s Annual Winter Carnival, and I am looking forward to seeing all the families and youth at all the activities.

For more information on Youth programming, please feel free to contact me at 705-285-4354 or via email at amberz@whitefishriver.ca

Hello, I hope everyone had a great holiday. I have enjoyed attending various Community Programs and working with the youth of Whitefish River First Nation. I wanted to remind everyone of my services. I work with youth ages 8 to 18 years of age in the Community in a Mental Health/Addiction Counselling Role, as well as providing programming. During the first half of the school year, I have been going to Shawanosowe, A.B. Ellis and Espanola High School during school hours so I can be available to students when needed. My services can also be utilized at Sacred Heart School. I am available at the Health Centre for services during school and after-school hours. I have been joining students at A.B. Ellis in their Ojibwe classes so I can become a familiar face. I have been winning a lot of bingo games in their classes. I am excited to start my 6 week Taekwondo program which started on Wednesday January 24th, 2018. I have been taking Taekwondo for over two years and am able to teach the basic skills to youths in the community. We will be learning basic kicks, blocks and forms during the classes as well as some other interesting things.

There will be more programming to come and I am excited to have the opportunity to help improve the mental well-being of youth in Whitefish River First Nation. Migwetch,

David Brutto
(705)285-4354
david.brutto@noojmowin-teg.ca
Aanii, Community ceremonies will be happening February 1st-3rd, 2018 with Traditional Healers Jimmy and Vera George and Abraham Bearskin. If any youth would like a one-on-one session, please contact Doreen at the Health Centre.

I am super excited for the month of February. I will be away for the week of the 5th to the 9th for Right to Play Training in Huntsville, ON. I will be looking forward to attending the sessions throughout the week on impact on stress and trauma, building community partnerships, and working with kids who have different abilities, self-love and empowerment.

February 14th, Have a Heart Day is a child and youth-led reconciliation event that brings together caring Canadians to help ensure First Nations children have the services they need to grow up safely at home, get a good education, be healthy, and be proud of who they are.

Pink Shirt Day is on February 28th. Bullying is a major problem in our schools, workplaces, homes, and over the Internet. Each year, on Pink Shirt Day, I encourage all of you to wear something pink to symbolize that we as a society will not tolerate bullying anywhere. Take the message and remember it all year long. It is so important that victims of bullying know they are not alone and that there is help and support available. Wearing a pink shirt on this day sends a strong message to them that others care. Often, the simple act of wearing a shirt can start conversations - conversations can be a big step towards healing and helping! Stay tuned for a post.

If you have any questions regarding any programs, don’t hesitate to contact me at righttoplay@whitefishriver.ca or through the Health Centre at 705-285-4354.

Crystal Clark-McGregor - Right to Play Worker
Whitefish River First Nation presents

Love is Louder

45th Annual Winter Carnival

Tuesday February 13th to Sunday February 18th, 2018

Loads and Lots of Fun Events Throughout the Week!

Carnival Opening & Carnival Pageant: Tuesday @ 5:00 pm

Human Bubble Hockey Tournament
Cribbage and Euchre Tournament
Canteen Sales
Skating Party
Valentine's Day Dinner
Tea Boiling And Log Sawing

Pick up carnival schedule at the band office on February 5th for detail on events

For more information, please contact Contact Carnival Committee at 705-285-4335
Happy New Year one and all. My name is Patty Lightning and I have recently been hired as a Special Projects Coordinator for Whitefish River First Nation Elders on a part-time basis. I am very excited to be working in this role and working with our seniors to deliver Knowledge Transfer Workshops via cooking classes, craft and skill classes and much more to their peers and community members.

**February’s Schedule of Events**
- Every Wednesday in February
  - Breakfast Café for Seniors - 8:30 am
- February 7th
  - Old Tyme Social/Music and Snacks
- February 13th
  - Craft Corner 1-4
- February 14th
  - Senior Advisory Meeting
- February 21st
  - Medicine Workshop

All through the month of February, I will gathering/collecting your favourite recipes to be printed in a keepsake recipe book.

My schedule of events will be posted at the Elders Centre and various community information boards.

If you have any questions or suggestions, please do not hesitate to contact me at the Health Centre at 705-285-4354 or via email at pattyl@whitefishriver.ca.

Chi-Meegwetch,
Patty

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Mental Health & Addictions Worker - NNADAP
Michael Aelick

Aaniii, Michael Aelick N’dizhnikaz.
I look forward to the opportunity of working with the Whitefish River First Nation community as the National Native Alcohol and Drug Abuse Program (NNADAP) Mental Health and Addictions Worker. I started in this position on January 8, 2018.

Sound Community Mental Health team has prepared me for a role such as this. I have also been involved with the Health Centre here in Birch Island and also volunteer on the Garden Committee. I have experience and knowledge in providing ongoing support, information sessions, advocacy and referral for people who are experiencing difficulties with mental health and overall well-being.

I have lived in this beautiful community for a little over seven years now and it is a place that I call home. I am excited to begin working towards wellness together with the community while keeping in mind the strength and resiliency of the people that make this community a strong beautiful place.

Miigwetch

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Mental Health & Addictions Worker - NNADAP
Michael Aelick

My previous experience as a Peer Specialist for the Muskoka Parry Sound Community Mental Health

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Chi-Meegwetch,
Michael Aelick

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Nutrition Bingo at the 7 Fires Youth & Elders Centre.
Vanessa McGregor - Acting Education Director

Well the month of January has come and gone, February 2018 here we are! Let’s do this!

There are quite of bit happening with regards to Education and the biggest buzz around is the Anishinabek Education System (AES).

I had the pleasure of attending the AES All 23 First Nations Gathering in Sudbury at the Steel Worker Hall on January 23rd, 24th, and 25th. There is a lot happening but at the present moment, April 1, 2018 is the date we are focused on because by that date the community needs to have completed these two items.

- Developed the Education Law for Whitefish River First Nation
- Finalize the Fiscal Transfer Payment

With regards to the Fiscal Transfer Payment, that is being handled by the Finance Department as that is confirming the funding amounts received by the First Nation to ensure that there are no gaps.

The Education Committee has been tasked by Chief and Council to complete the development of the Education Law. They have come together at the end of January and have identified the next steps for the Committee:

JANUARY 2018
- The Education Committee with the guidance of Tracey O’Donnell, Legal Counsel have completed the Education Law in DRAFT format. This has been reviewed and approved by Chief and Council. Next step – community engagement;

FEBRUARY 2018
- The first round of community engagement will take place on February 7th at the WRFN Community Centre. This session will be webcast and posted onto the WRFN website. Off-reserve consultation schedule is still being worked on. The information gathered from these sessions will be sent to Legal Council for re-drafting of the Education Law, reviewed again by Chief and Council and approved for the final set of community engagement.

MARCH 2018
- The final round of community engagement will take place and dates are still being determined. The information gathered at these sessions will go back to Legal Counsel for re-drafting and to Chief and Council for final approval at their Working Meeting on March 27th. When it has been approved, it will then get uploaded to the Kinoomaadziwin Education Body (KEB) and we can move forward with the next steps of AES implementation.

These steps will get us to April 1, 2018. After that, there will be another set of tasks that will need to be completed. We will be one step closer to self-governance over our Education. Bear with us and we will get there in spectacular fashion.

We are also preparing for the 2018/2019 Post-Secondary Students. The application forms have been updated and can be obtained from the Membership Portal on the Whitefish River website, from the Receptionist at the Administration office, or you can email education@whitefishriver.ca and request a copy.

The deadline for this application is April 1, 2018. We understand that each post-secondary institution operates differently and you may not have all the proper documentation come April 1st, but I encourage you to submit your application on or before April 1st to ensure you are considered for funding. Just note on the application when your supporting documents will be submitted. Please also review the Post-Secondary Education Policy. This really lays out how post-secondary education works in Whitefish River First Nation. This can also be obtained the same way as the applications.

As a reminder, I have included below, the process chart for Post-Secondary Education.

I know this is a lot of information. Remember that if you have any questions you can always send questions to education@whitefishriver.ca or come and visit us at the Administration Building.

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As a reminder, I have included below, the process chart for Post-Secondary Education.

I know this is a lot of information. Remember that if you have any questions you can always send questions to education@whitefishriver.ca or come and visit us at the Administration Building.
A Draft Education Law is currently being developed for the Whitefish River First Nation. Whitefish River First Nation Chief and Council is seeking input and feedback from the Whitefish River Anishinabek through community consultations both on and off reserve. This feedback will be used in the development of the Final Draft of the Whitefish River First Nation Education Law that will be tabled for final approval in late March 2018.

To obtain a copy of the Draft Education Law or to receive directions to locations of the presentations and/or for more information contact:

Gail (Kiki) Pelletier
Anishinabek Education System Coordinator
705-285-4335
aes@whitefishriver.ca

Aboriginal Support Workers – Espanola High School

On behalf of the EHS FNMI Team we would like to thank the leadership and the awesome staff and parents for their help with cooking and donating to the First Annual Winter Solstice celebration. Migwetch for the songs and teachings that were done to celebrate this beautiful day. We are very grateful to the communities of Whitefish River First Nation and Sagamok Anishinabek for their continued support of our EHS Spartan educational endeavours.

A huge thanks to Amber (Youth Mental Health) and Crystal (RTP/Youth Leadership) for the awesome student support and program snacks/meals.

Please note that second semester starts on February 5, 2018 and we’re looking forward to another successful semester.

ONECA Transitions Project 2018
February 7, 2018

Project Objective: To examine the experiences of First Nations students who have transitioned from on reserve schools to provincial schools. The project will create an environment for dialogue with First Nations students on what has worked well in the transition and seek their suggestions for improvements to support student transitions.

This project is one of several transitions projects initiated by the Ontario Native Education Counselling Association. For more information about ONECA Transitions Projects go to: http://www.oneca.com/transitions/

February 8, 2018 - KTEI Indigenous Winter Games - AOKFN 4 Direction Complex
February 19, 2018 - Family Day No School on this Day
February 28, 2018 - In School Mental Health Wellness Activity Day
March 1, 2018 - Winter Semi Formal
March 8, 2018 - Parent/Teacher Interviews - 4:00 - 7:30

If any parent or caregiver has any questions or concerns regarding their EHS student, please don’t hesitate to contact the school at (705) 869-1590 ext. 6233

Ms. Marti Shawanda
Aboriginal Support Worker
Espanola High School
147 Spruce Street
Espanola ON P5E 1R7
Tel: (705) 869-1590 Ext. 6233
Email: shawanm@rainbowschools.ca
Website: www.rainbowschools.ca

AES Coordinator
Gail Pelletier

My January began with a new and exciting position at Whitefish River First Nation. I have been hired as the Anishinabek Education System (AES) Coordinator and will be here until the end of this fiscal year, March 30th!

During this time I have specific duties assigned, which include assisting in the implementation of the Anishinabek Education System (AES) by April 1, 2018. This will entail coordinating and setting up required information sessions for WRFN staff and community members and assist our community in the development of our Education Law.

I will be working closely with our Education Committee and I look forward to working with you!

Should you have any questions please do not hesitate to contact me at WRFN Administration at 705-285-4335 or via email at aes@whitefishriver.ca.
Maamwe Kendaasing  
Cheryl Shawanda, RECE, Child Care Supervisor

Ahnee, from the Maamwe Kendaasing Child Care Centre:

February is Heart Month, so take the time and go for a walk or shovel your driveway to keep healthy and stay fit. Winter weather provides the opportunity to build a snowman with your children or take them sliding!

The Child Care Centre is always looking for new ideas, so please feel free to stop by and share some of your creative ideas with the staff and children. Our door is always open for community members and parents to participate in making crafts or to read a story to the children.

Once again, just a friendly reminder to Parents/Guardians to please have warm winter clothing for your children and to always bring a set of spare clothes.

Supply Staff  
Baa-маа-pii Miinwaa

We have opening for supply staff.

Our door is also open for High School students that are in need of volunteer hours. For more information please contact Cheryl Shawanda, Daycare Supervisor at 705-285-7777 or Vanessa McGregor, Interim Education Director at 705-285-4335.

Special Activities

Valentine Day - February 14th

A letter with children's name will be given to the parents at a later date.

Birthdays
- Melody - February 2nd
- Jaylynn - February 4th
- Kristen - February 15th
- Violet - February 26th
- Quintin - February 26th

On Tuesday February 13th, we will be serving a Pancake Breakfast/.Snack for students at Shawanosowe School. We are looking for interested parents/elders who wish to volunteer their time to make pancakes for the students on that day. If you are interested, please contact the school.

The school will be celebrating Valentine’s Day on February 14th, with the sharing of Valentine cards and Valentine treats.

Whitefish River First Nation’s Annual Winter Carnival is scheduled from February 13th -18th. The School Staff will be hosting our Annual School Winter Games on Friday February 16th all day at the school. The school staff will also be hosting the Annual Skating Party on Friday February 16th from 6:00pm-9:00pm. There will be hotdogs and hot chocolate for all of our visitors at the skating party that evening. We also welcome you to come and warm up beside our outdoor fire!

It is that time of the year again and the First Term Report Cards will be sent home on Friday, February 16th. Parent/Teacher interviews are scheduled for Tuesday February 20 and 21st from 4:00pm-7:30 pm. Parents are encouraged to contact your child’s teacher to book your teacher conference as soon as possible.

On February 23rd is our first new year Professional Development Day and therefore, there will be no school for the students at Shawanosowe School.

February 28th is our annual “Pink Shirt Day” this is another Anti-Bullying initiative. Please help support this anti-bullying initiative with the students and Staff from Shawanosowe School and wear a pink shirt on that day.

Please note Family Day is celebrated on February 19, and there will be no School on this day as it is a holiday.

Migwetch
School Staff
# Tykes

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<th>Player Name</th>
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<tr>
<td>Arlo Owl</td>
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<tr>
<td>Leonidas McGregor</td>
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<tr>
<td>Lila Garcia</td>
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<tr>
<td>Deacon Jacko</td>
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<tr>
<td>Delilah McGregor</td>
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<tr>
<td>Aiyanna Fox</td>
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<tr>
<td>Jordyn Corbiere</td>
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<tr>
<td>Grayson Nakogee</td>
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<td>Howard Hill</td>
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<td>Cullen Benedict</td>
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**Coaches:**
- Brandon McGregor
- Gail Jacko
- A.J. Owl
- Kathleen Migwanabi

**Manager:**
- Amelia McGregor

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# Atom Players

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<tr>
<td>Zoey Francis</td>
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<tr>
<td>Carson McGregor</td>
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<tr>
<td>Keynan Bowerman</td>
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<td>Kallen Jones</td>
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# Midget Boys

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<tr>
<td>Kolby McGregor</td>
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<td>Montana McGregor</td>
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<tr>
<td>Jalen Waindubence</td>
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<tr>
<td>Jonah Nahwegahbow</td>
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<td>Ayden Dooley</td>
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<td>Clifford Edwards</td>
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<td>Jared Hill</td>
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<td>Adam Goodfellow</td>
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<td>Quintin King</td>
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<td>Payton Gauthier</td>
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<tr>
<td>Keith Pelletier</td>
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<tr>
<td>Levi Morrison</td>
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<td>Jason Hill</td>
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**Coaches:**
- Paul McGregor

**Manager:**
- JoAnne Recollet

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# Bantam Boys

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<tr>
<td>Aidan Gardner</td>
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<td>Eli Paibomsai</td>
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<td>Darnell Pregent</td>
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<tr>
<td>Cole Recollet</td>
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<tr>
<td>Hawk Recollet</td>
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<tr>
<td>Wesley McGregor</td>
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<td>Quinn Sheppard</td>
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<tr>
<td>Dennis Wabegijig</td>
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<td>Dominic Sparling</td>
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<td>Trenten Marlow</td>
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<tr>
<td>Vincent Okimaw</td>
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<tr>
<td>Brek Morrow</td>
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<tr>
<td>Gabe Bisaillon</td>
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<tr>
<td>Devon Shawanda</td>
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**Coaches:**
- Robert Recollet
- Andrew Gardner
- Dennis Wabegijig
- Troy Marlow

**Manager:**
- Lisa Gardner

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# Pee Wee Boys

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<tr>
<td>Raidyn McGregor</td>
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<td>Daylyn McGregor</td>
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<td>Ira Paibomsai</td>
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<tr>
<td>Carter McGregor</td>
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<td>Brandon Visitor</td>
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<td>Marik Maltais</td>
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<td>Cameron Dooley</td>
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<td>Greyson Brewer-Case</td>
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<td>Drake Jacko</td>
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<td>Charlie Halverson</td>
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<td>Evan Abel</td>
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<tr>
<td>Braysen Gunner</td>
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<tr>
<td>Quentin Emley</td>
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<td>Maverick Fletcher</td>
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**Coaches:**
- Bruce Visitor
- Chris McGregor
- Joel McGregor
- Jason Fletcher

**Manager:**
- Rosalyn McGregor

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# Pee Wee Girls

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<tr>
<td>Sierra McGregor</td>
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<td>K.C. Migwanabi</td>
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<td>Emerson Brewer-Case</td>
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<td>Daanis Kitchemokaman</td>
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<td>Aurora Megwanabe-McGregor</td>
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<td>Zaaagsge Toulouse</td>
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<td>Kyra Knapaysweet</td>
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<td>Alyssa Luce</td>
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<td>Haileigh Kejick</td>
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<td>Alexia Hill</td>
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<td>Morgan Smith</td>
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<td>Reanne Smith</td>
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<td>Eden Johnson</td>
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<td>Nora Benedict</td>
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<tr>
<td>Emma Brown</td>
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<tr>
<td>Saraya Eshkwakogan</td>
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</tbody>
</table>

**Coaches:**
- Kathleen Migwanabi, Carl Smith
- Aldin Luce
- Scott Hill
- Kevin Eshkwakogan
Joe Recollet brings Rex in to the Scott Veterinary Service Mobile Unit, on January 17, 2018 at the WRFN Community Centre.

The Students were mesmerised by the Q-Mack performance.

Miss Cutler’s Shawanosowe School Grade 5/6 Class with performers Q-Mack and Canadian Beatbox Champion J-Box, who visited the School January 24, 2018.

The two newest team members of the Water Advisory Committee are Nicole Latulippe, Water Policy Researcher and Lissa McGregor, SWP Community Liaison. Eleanor Debassige of Mnaamodzawin Health Services offers Nutrition Bingo for the WRFN Elders.

L-R: Birch Island Construction Company Board Members, Brian McGregor, Kathleen Migwana-bi, Gail Pelletier; Clarissa Andrews (New Board Member), Marilyn Stevens (New Board Member), Bill Moroz, BICC Manager. Missing from picture new Board Member Anita McGregor.

Eleanor Debassige of Mnaamodzawin Health Services offers Nutrition Bingo for the WRFN Elders.
Anita McGregor & Heather Jacko were the lucky door prize winners at the Bell Let’s Talk event on January 31, 2018 at the 7 Fires Youth & Elders Centre.

Aloha, from Kylie and Marjorie!

The kids get Waikiki on the dance floor.

Autumn displays her mad Beatboxing skills.

Tim and Greg were the Big Kahunas of the Shawanosowe Lianu.

Anita McGregor & Heather Jacko were the lucky door prize winners at the Bell Let’s Talk event on January 31, 2018 at the 7 Fires Youth & Elders Centre.
Aanii Bemaadizijig

Wow, where did January go?

Activities started quickly to usher in 2018, with a display of fireworks on New Year’s Eve and a community breakfast at the Community Centre on New Year’s Day. At the community breakfast, we heard the results from the Band Custom Election survey. 78% of the people surveyed said yes, let’s look at our own Band Custom Elections. The survey also revealed the preferred time for Community Engagement which is Monday to Friday, after 6pm.

Band Custom Election

We are in the process of gathering information, preparing terms of reference for the working group and posting for a Band Custom Election Working Group. Look for more information to follow shortly.

AES & Boundary Claim Trust

Both groups have been very busy working on their tasks and the AES Coordinator and the Trust Coordinator will be providing monthly updates.

Education

The search for the Education Manager continues and we expect this position to be filled in February.

Elevated Storage Reservoir

Further to my article last month, a community engagement session is set for February 6, 2018 and the purpose of the engagement session is to get your feedback on which external design/logo and lighting scheme.

Access to Fuelwood on Treaty Land

I contacted Ministry of Natural Resources & Forestry (MNRF) regarding access to fuelwood on our treaty lands for Whitefish River First Nation. MNRF has provided maps of areas by Fox Lake Road, which all have easy road access. There is a mixture of wood ranging from maple, ash, poplar, birch, cedar, pine, spruce and fir. I encourage people to take advantage of this and the maps are available in my office. Keep in mind, there are no fees or permits required in accessing this fuelwood.

I am always available to the community, please feel free to drop by for a visit and have a Mkade Misko-diismin Naaboo (coffee) on us. You can also email me at ajacko@whitefishriver.ca or call me at 705-285-4335 or my cell at 705-863-3027.

Nahaaw, baamaapii miimwaa kawaabmin
Purpose of A Trust Agreement for the Whitefish River First Nation:
The Whitefish River First Nation has reached a draft Boundary Claim Settlement Agreement with the federal government of Canada that specifies a settlement offer amount. The draft Settlement Agreement specifies that in order for the First Nation to receive the settlement offer amount, the First Nation must develop a Trust Agreement to flow, preserve and protect the funds.

What Is A Trust Agreement:
It is a Rule Book that preserves and protects the settlement offer funds for today’s and future citizens.

How A Trust Operates:
The Trust will be a separate legal entity and its function along with the Trustees, are limited to receiving the funds, investing the Trust property and, making an annual payment to the First Nation. The decision to determine how to spend the annual payment is left up to the community and is outlined in the Trust Agreement.

The Trust Working Group’s Role in the Development of a Draft Trust Agreement:
The Working Group provides representation and input into a draft Trust Agreement template. They will accomplish this with input from the citizens at community sessions. First, an educational information session will be provided on understanding trusts and trust designs and, on understanding investments and investment policies. A second session will engage citizens to begin the process of what they want included in the draft Trust Agreement design. A third session will engage citizens to present the results of the input received from the second sessions and, to finalize and complete the design.

The WRFN Website on Trust Development:
In addition to providing monthly updates in the Rezound, it is the intention of the WRFN Chief & Council and Working Group members to educate and inform the citizens on the trust development process through the WRFN website. Access will be through the Membership Portal.

The WRFN Trust Process Chart: the chart has been developed as a guide for the WRFN Chief & Council, Working Group and citizens to follow as the development of the draft trust agreement process unfolds. The Process chart is attached for your review.

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MEETING SCHEDULE

BIRCH ISLAND
February 22, 2018
WRFN Community Center
Time: 6:00 pm to 8:00 pm

SUDbury
February 23, 2018
N’Swhakamok Friendship Center
Basement Meeting Room
Time: 4:00 pm to 6:00 pm

TORONTO
February 24, 2018
Native Canadian Center of Toronto – Auditorium
Time: 4:00 pm to 6:00 pm

*COMMUNITY ENGAGEMENT SESSION* DEVELOPMENT OF DRAFT TRUST AGREEMENT

BIRCH ISLAND
March 22, 2018
WRFN Community Center
Time: 6:00 pm to 8:00 pm

SUDbury
March 23, 2018
N’Swhakamok Friendship Center
Basement Meeting Room
Time: 4:00 pm to 6:00 pm

TORONTO
March 24, 2018
Native Canadian Center of Toronto - Auditorium
Time: 4:00 pm to 6:00 pm

*COMMUNITY ENGAGEMENT SESSION* PRESENTATION OF DRAFT TRUST AGREEMENT

BIRCH ISLAND
May 10, 2018
WRFN Community Center
Time: 6:00 pm to 8:00 pm

SUDbury
May 11, 2018
N’Swhakamok Friendship Center
Basement Meeting Room
Time: 3:00 pm to 5:00 pm

TORONTO
May 12, 2018
Native Canadian Center of Toronto - Auditorium
Time: 4:00 pm to 6:00 pm

For more information please feel free to contact me at WRFN Administration at 705-285-4335 or via email at eosche@whitefishriver.ca.
Keith Nahwegahbow
Economic Development Officer

Untapped potential! Whitefish River First Nation (WRFN) hosted the An-
nual First Nation Maple Syrup Seminar on January 29th, 2018. A total of
62 people were in attendance this year travelling from various First Na-
tions including Wasauksing, Missis-
sauga, Wikwemikong, AOK, Shegui-
andah, and WRFN. The day included
lectures from; Forestry Technicians
of Wikwemikong, Ontario Ministry of
Agriculture and Food, Indian Agricultu-
re Program of Ontario and Maple
Ridge Farms.

There was a lot of information shared
at these workshops that is important
to those who tap trees for the purpose
of harvesting maple sap. There were
lectures on the invasive species that
threaten the maple trees, and how
climate change is affecting the maple
syrup season. There is free informa-
tion on the current state of the maple
syrup industry at the North American
Maple Syrup Council website (http://
www.northamericanmaple.org/).

An interesting presentation was done
by a forestry technician from Wik-
wemikong on creating a sugar maple
stand. The process of removing the
undesirable trees and leaving the
wanted sugar maple trees, will create
a productive maple stand. The whole
process will take about 20 years but
after that it will be highly productive.

There have also been changes in
the ways producers approach the maple
syrup business. In the past years,
there have been advances in produc-
tion technology, which in turn would
use less resources during the boiling
process as well as improve efficiency
in the collection process. Now the
business is looking toward marketing
and gaining the “organically certi-
ﬁed” label. This beneﬁts the indus-
try trend that Maple Syrup products
are considered healthier for you than
other sugar products. People want
organic, healthy, environmentally
friendly products. Most importantly
they want to see that First Nation la-
bel on products. This is a market fe-
able to tap into for WRFN.

Chi-Miigewitch goes out to the Sha-
wanosawe School students and teach-
ers and everyone else who attended
the seminar. All the feedback and
questions were recorded to increase
the quality of the seminar next year.
I would also like to say Miigewitch
to CDL Maple Sugaring Products for
donating a door prize for our Shawa-
osawe school students. Miigewitch
to Dominion and Grimm (D&G) for
also donating a gift certificate door prize.
A last Miigewitch goes out to the Indi-
CAN Agriculture Program of Ontario
for donating the Maple Sugar testing kit
door prizes.

I would also like to announce that
there is an open invitation to the On-
tario Maple Syrup Producers Associ-
ation summer tour in the Sault Ste.
Marie, Ontario from July 12-14 2018.
This is an excellent networking op-
portunity for maple syrup producers.
Whether you practice the traditional
methods or use newer technologies
to produce maple syrup there will be
something for you to learn here. For
more information email: summer-
tour2018@gmail.com

For more information, please feel free
to contact me at 705-285-4335 ext.
216 or via email at keithn@whitefishriver.ca .

Claude Legare, General Manager for CDL Maple Sugaring Equipment, Ontario opera-
tions, presents Shawanoswe Student Sasha Jacko with the Door Prize Tapping Starter
Kit. Also pictured are Mr. Rick Legrow, Shawanoswe School Grade 3/4 Teacher and
Keith Nahwegahbow, WRFN Economic Development Officer.
Tania Jacko
Community Energy Advisor

Aaniini Wiya,
The Community Energy Committee had its inaugural meeting this past month. I would like to take this time to welcome Keith Nahwegahbow, Natasha Laundrie, Greg Francis, and Blanch Recollet to the Community Energy Committee. The wealth of diverse knowledge and experience that Greg, Keith, Blanch, and Natasha bring to the committee is exciting - and dare I say? - “energizing”.

Just in case you haven’t heard yet, Whitefish River First Nation has developed a Community Energy Plan. It will be the task of the Community Energy Committee to ensure the implementation of the Community Energy Plan. One of the goals of the Community Energy Plan is to progress towards Energy Independence. The achievement of this goal relies on the community working together to reduce our energy consumption in order to reduce our energy reliance.

There are other great reasons to mitigate our energy consumption, such as keeping your hard earned zhoonyaa in your wallet. Due to the Fair Hydro Plan, the price of electricity is relatively inexpensive right now, but it is still a good idea to get into the habit of conserving electricity. The Fair Hydro Plan only provides temporary relief from the rising price of electricity. One of the concerns about the Fair Hydro Plan that was raised by the Office of the Auditor General of Ontario, is that the ratepayer will have to pay more than the actual cost of producing the electricity.

Additionally, the Standing Senate Committee on Energy, the Environment and Natural Resources in a press release dated March 7, 2017 warned that meeting our commitments to the Paris Agreement will be costly. (Canada along with 194 other countries agreed to prevent global temperatures from rising higher than 2°C or in other words, greatly reduce our carbon emissions.) Phasing out the use of coal-fired electricity generation in Ontario has resulted in a significant reduction in greenhouse gas emissions.

Conserving electricity is also beneficial to the environment. Ontario’s grid, which is where we here in Wawaskinang get our electricity, relies on solar, biofuel, wind, hydro, natural gas, production to meet our needs. The largest contributors to the grid are hydro, natural gas, and nuclear, each not being without their share of controversies, but each being necessary to meet our needs.

Although natural gas is touted as the cleanest burning fossil fuel, it has the potential to cause serious environmental harm. It still releases a greenhouse gas called methane, but most of the risks are “associated with exploration, drilling and production processes...[and the potential of] chemicals escaping and contaminating groundwater around the fracking site.” The environmental risks from nuclear power come from mining and waste storage.

Together we can mitigate the environmental risks by conserving our electricity use, while at the same time saving money and achieving our communal goals.

If you have any questions or ideas that Whitefish River may be able to pursue in the Energy Sector please feel free to contact me at (705) 285-4335 or by email at energyadvisor@whitefishriver.ca, stop by the administrative office, and you can also ask your Community Energy Committee members.

As always, remember to turn off the lights when you leave a room that is not in use.

Gii Waabmin Miinwaa!


2p 34
Georgina Recollet - Housing Manager

Well we made it through the Christmas season. The fat man with a big red coat came and went again. His name is Santa Claus to our little friends. We also made it through “Blue Monday”. It seemed like the longest day of the year because this is when people start getting all their bills from Christmas. Many times we don’t know which bill to pay first. Some people will just put all the bills in a hat and pull out a bill then pay that one first. Some people will pay the minimum of all the bills. Some people will not pay any bills and try to see how far they could get before it is too late.

According to Maslow’s theory it is best to care of yourself first. You need to take care of your basic needs first such as shelter, food, and water before you can move up the ladder.

If you are having trouble deciding which bill to pay first and want to understand meeting your basic needs you are invited to attend a Financial Literacy Lunch and Learn on Thursday, February 22, 2018 at 12 noon in the Council Chambers with the Sudbury Credit Counseling Group session available and one on one sessions could be set up.

The Housing Department is trying to assist community members in making their household maintenance obligations with other services such applications for the Ontario Electrical Support Program; LEAP applications and federal income tax assistance. Please call to set up appointments.

Along with regular housing maintenance costs we have other responsibilities in maintaining a home. Here is a list of housing maintenance tips:

- **Keep your HRV clean, maintained, and running (unless it is minus 40)** – the HRV takes all the moist air out of your home; brings fresh air for good air quality; and decreases your heating costs by not having to dry your air and then heat it. Keep the HRV going especially when you are entertaining large amount of people, cooking lots, and lots showers.
- **Keep both your exterior entrances accessible both inside and outside your home**. Do not put furniture up against the door inside. Make sure you can get to the door from the outside as well. Keep your walkway and decks clean in case of an emergency. For example an ambulance would need to bring a gurney in and out as fast as they can or the fire department may need to get into a door; but if it is full of stuff on the deck, they would waste time trying to get in.
- **Do not let anyone on your field bed at any time all year long**, especially snowmobiles or ATV. Don’t put your dog house on or near the field bed as the weight can push frost into the field bed and freeze the lines. Don’t let anyone park near your field bed or water lines. The compaction will also cause damage to the field bed or water line.

Reminder it is your responsibility if damage is done from the house to the curb.

- **Propane furnace maintenance is critical for health and safety**. Please clean your filter as indicated on the owner’s manual. This should be on the side of your furnace. If you detect an unusual smell, call your propane or oil supplier. Please monitor your propane tanks outside. If they are less than 30%, then you should call your supplier. Reminder that it is your financial responsibility for the technician, should your furnace need to be reset.

Two years ago we submitted a proposal to AANDC to complete energy efficiency retrofit renovations to our band rental units with electric heating systems. This would be a part of the Community Energy Plan as well. Recently we received tentative approval from the Department of Indigenous Services Canada (DISC) Immediate Needs funding formally the Department of Indian Affairs Canada. This project is in the amount of $250,000.00 to complete retrofits for 10 band rental units. Work orders may include changing to high energy efficiency furnace with propane, LED lighting, hot water on demand, HRV, additional insulation required to meet codes and the necessary health and safety code compliance, CO2 and smoke alarms. This work will start immediately upon approval. This will be a limited time project and work needs to be completed before March 31, 2018. Therefore, our office may not have time to provide one week notice to the tenants and may contact all the tenants directly as the subcontractors can get their work done. Please make sure all your contact numbers are correct with Kim Laundrie, Tenant Counsellor.

If you have any questions regarding any programs, don’t hesitate to contact me at georginar@whitefishriver.ca or through the Administration Office at 705-285-4335.
Winter Preparedness for Propane Users

Be Prepared
Ensure You and Your Family Are Comfortable & Safe this Winter

Winter can mean colder temperatures and a higher demand for energy. Families and businesses that rely on propane can have confidence that Canada's propane industry is prepared for the season, but it is also important for homeowners to do their part to ensure they are kept warm and safe.

To help you prepare for colder weather and to save money, here are a few steps that businesses that rely on propane can take:

Before the Winter

- Fill Your Tank Early—Since energy demand typically rises in the winter, fill your tank early to ensure that you are ready to go before the cold weather hits.
- Make sure you have an adequate propane supply—Talk to your propane provider about payment programs and scheduling regular visits, so there’s always Enough propane in your tank. This will help you avoid running empty if inaccessible roads delay deliveries.
- Consider purchasing a propane generator—When other power sources fail, a propane generator can keep your house operating without interruption.
- Confirm your heating system and appliances are running efficiently—Before the start of each heating season, have a qualified service technician inspect and service your appliances and propane system. When your appliances are running as efficiently as possible, you conserve fuel and save money.
- Reduce drafts—Install caulking and weather-stripping around windows, doors and other openings such as ducts, fans and vents.
- Install a heater. Consider using cold water for laundry.

During the Winter

- Ensure that your driveway and access to your tanks are cleared.
- Turn down the thermostat—Manually, or using a programmable thermostat, reduce the temperature a few degrees while you are at home and lower when you are sleeping or away.
- Reduce hot water consumption—Lower the temperature setting on your water heater. Consider using cold water for laundry.
- Keep curtains and blinds open to receive sunlight during the day, and close them at night.
- Reduce the use of fireplaces—if they are only used for secondary heat or atmosphere.
- Hang clothes out to dry rather than using your clothes dryer.

Detectors Save Lives!
Install CSA-approved propane gas detectors and carbon monoxide detectors for additional security.

Always follow the manufacturer instructions for installation, location, and maintenance.

Our Industry Commitment
Keeping Canadians warm and safe is our top priority. Canada’s propane industry will continue to make every effort to provide reliable and affordable services to its valued customers, and the Canadian Propane Association encourages customers to contact their propane retailer to put their winter plan into action.

By working together, Canadians and Canada’s propane industry can take the sting out of winter.

Canadian Propane Association
The Canadian Propane Association (CPA) is the national association for the Canadian propane industry, a multi-billion dollar industry that impacts the livelihood of tens of thousands of Canadians.

The CPA is dedicated to promoting propane, a clean, available, affordable and versatile energy solution, through industry training, emergency response and advocacy activities.

DON'T FORGET

Tenants with propane furnaces…….

REMEMBER: Please ensure that you are monitoring your propane levels. McDougall’s has recommended to call them when your tanks are at a minimum of 30%. Tenants will be responsible for all costs incurred if a technician has to reset your furnace if you run out of propane.

The Housing Department would like to remind tenants that they must renew their rental agreements annually to ensure that information is accurate and up to date. Content insurance is mandatory and must also be submitted on an annual basis.

This is outlined in the Whitefish River First Nation Housing Policy and every Rental Agreement.

Section 3.4 Tenant Responsibilities of the Whitefish River First Nation Housing Policy states: “Every Tenant who occupies a Rental Unit must enter into and sign a Rental Agreement and comply with its terms. It is the responsibility of all individuals living in a Rental Unit to become familiar with all of their responsibilities and obligations.”

- “The Tenant must enter into and sign a new Rental Agreement each year;”
- “Maintain insurance for personal property in the Rental Unit. Should disaster strike, WRFN, including the Housing Department, will not be responsible for damage to or the loss of any property;”
- “Indemnify and save harmless WRFN from all liabilities, fines, suits and claims of any kind or which the Housing Department or WRFN may be liable or suffer by reason of the Tenant’s occupancy of the Rental Unit;”

Section 4 (l) Tenant’s Covenants of your Rental Agreement states “For insurance purposes, the tenant must notify the Housing Department in writing should they be gone for more than three (3) days, and what arrangements are made to maintain and care for the rental unit otherwise the rental unit will be deemed abandoned.”

Therefore, Tenants must submit, in writing, to the Housing Department who is maintaining your rental unit in your absence or you will be held responsible for any damages that may occur in your absence.

Please contact the Housing Department to schedule a time that is convenient for you to review and update your Rental Agreement, and to submit a copy of your content insurance.

If you have any questions regarding any programs, don’t hesitate to contact me at kiml@whitefishriver.ca or through the Administration Office at 705-285-4335.
What is going on at the water tower......why is the water pressure changing .......
These are some of the questions buzzing around our community. Our 22 year old water tower is need of a few repairs. The tower was erected in 1996 and has been in service since then. Due to its age and some unforeseen changes with the climate, the tower has developed a water leak near or on the base. A large build-up of ice was reported just after the Christmas break indicating water leaking out of the tower. A company from southern Ontario (Climbtech) was dispatched to assist with the repair. Unfortunately to pin point the source of the leak the water needed to be drained from the tank and the areas around the base needed to be cleaned up. With the frigid temperatures we had over the past few weeks this was no easy task.

With the stand pipe empty the Water Plant Operators set the water plant to operate on pressure mode. This means the high lift pumps are running constantly to provide proper pressure to the distribution system. As all new water plants there are safe modes programed into the operation of the treatment system. If the sensors read anything abnormal the computer with shut down the treatment process until the water plant operators are able to reset or adjust the issue and place the system back on line. These safe guards helps ensure our water is always safe. The crew has been working for almost 10 days so far to ensure we can get the stand pipe back on line as soon as possible.

Once again we have snowmobilers out and about in the community. This is a great winter activity for people to get out and enjoy the winter. However snowmobilers need to be reminded to please stay off the public properties (front of Administration Office & back of the Health Center), as there are septic lines and water lines buried. There is a possibility of running over critical areas which could force the frost down and freeze these important lines. Anyone running their ATV or snowmobiles over septic field beds could cause damage and the system could potentially freeze. Even dogs tied up on the field bed or storage shelters built on the field bed will cause the system to fail.

If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca

Nala Toulouse - Water Security Coordinator

Hello Whitefish River,

I just wanted to thank everyone that came out to our Community Engagement Sessions. These Community Engagement and research activities are intended to build upon and extend previous Water Protection Activities, notably the WRFN Source Water Protection Plan (2016) which is considered a living document. Community engagement also provides some community information sharing and awareness building as per the WRFN Water and Wastewater Action Plan (2017-2018). Its intent is also to rekindle the community’s historical relationship with water, and explore and prioritize threats to water and ways to protect the water. These activities are integral to the broader 25 year WRFN Water Protection Plan.

If you have any questions or concerns, please contact me at 705-285-4335 or by email nalat@whitefishriver.ca.

Miigwetch
Pet Care & Tips

Meow Everyone!

How about these cold days we have been having? When it gets cold like this my kitties all stay inside and curl up on their beds downstairs or upstairs in the middle bedroom on their blankets. Even BJ, the one that likes to stay outside, comes in and curls up on the living room couch, but when it starts to get daylight he wants to go outside along with Luka and Tinker. If they are not in when I go to bed they will hunker down in one of the two heated houses I have for them on the deck. On really cold nights, I think of all the cats and dogs that do not have homes to go to, to stay warm. I hope those of you who have dogs and cats outside are making arrangements to keep them warm. Put extra hay or straw inside their dog or cat house for them. I find what really works is putting Styrofoam insulation on the floors, walls and ceiling of your pet’s house. Or you can do what I do, put a light bulb inside the dog or cat house. I buy the lights that mechanics use when working under the car. It has a hook on the end and a cage like covering on one side. I hook this up to the inside wall of the house and make sure it does not come unhooked. I fastened the hook with a wire onto smaller hook which I screwed on the inside, so it won’t come off if the dog or cat happens to brush by the light bulb.

I’d like to commend all our Band Staff that has to deliver water, pick up garbage and other related outside work on these very cold days. Well, our days are starting to get a little bit longer in the evenings, although you may notice it more if it is not cloudy. Well like I said before my cats have been putting on their winter fat and thicker fur. It’s nice to see some people walking with their dogs which is good exercise for both.

Some Cat Facts

- Apollinaris, Beelzebub, Blathershire, Buffalo Bill, Sin, Sour Mash, Tammany and Zoroaster are just a few of the cats that belonged to Mark Twain.
- Legend has it that if you kick a cat you will develop rheumatism in that leg.
- Cats lose almost as much fluid in their saliva while grooming themselves as they do from urinating.
- The Ojos Azules, first discovered in Mexico in 1984 is a rare breed of cat with beautiful blue eyes. Its name when translated into Spanish means “blue eyes.”
- Female cats are ‘polyestrous,’ which means they have many heat periods over the course of a year. A heat period lasts about 4 to 7 days if the female is bred; if she is not, the heat period last longer and recurs regular intervals. (Which is why I got all my females done as soon as I could.)

Well, another month has come and gone and I imagine everyone is looking forward to longer and warmer days. I always tell everyone that it is such a let down feeling after Christmas is over with. All that fuss getting ready for December 25th, and then it is all over. One good thing about it, is that we get to celebrate Jesus’ birthday and that is what it is all about.

Make sure to get your dog or cat fixed to help keep the pet population down in our community. Stop by and visit our elderly and shut-ins as I am sure they would enjoy it.

’Till next time take care.

Empress Farah, She-Pet Elizabeth and Webby Debby (The Girl Cats) Luka, Tinker, BJ, Francis and Fabio (The Boy Cats)

Dennis L. McGregor
As we begin 2018, it’s worth reflecting on the work we have undertaken for the community in the last year. It is very evident, through reading the newspaper, that there are a great deal of community events and activities. Checking the community social media really underscore this. In the community we have seen many events including:

a) Housing Construction, Renovations and Updates
b) Everything Shawanosowe School
c) Courageous Conversations on Education issues (big and small)
d) Youth Sports and Recreational Activities
e) Drug Awareness & Enforcement Dialogue
f) Thanksgiving Feasts and Ceremonies
g) Anishinabek Education System processes
h) Youth drumming to the Lafarge Fish Fry
i) 50th Anniversary of our Administration (1967 to 2017)
j) Return of 1852.85 acres of land
k) New Elevated Storage Reservoir Design and Construction
l) And BINGO (every Monday, Thursday and Saturday night)
m) All Souls Day and a time to Remember

And the list goes on and on. This information has been shared with the community through The Rezound, checking the community social media really good things happening in our beautiful community.

Over the course of the New Year, Council will focus on the following key objectives:

a) Process for Implementing the Anishinabek Education System (AES).

b) Process for the development of the Trust Agreement for the Land Claim.

c) Process for dialogue on a community election code.

d) Process for updating Policy and Procedures for the Administration.

e) Implementation process for MRP Law.

There is still much work here that has to get done. Council has prioritized our working meetings to get this work done over the next 12 months. We have begun the process of identifying committees, subcommittees and project teams to help get the engagement work completed and recorded. This work is crucial to moving the yardsticks on Education, Land Claims, Administrative Reform, and law making processes.

We currently have one very significant major capital projects to update you on;

- Construction of a 1,280 m³ composite Elevated Storage Reservoir (ESR).
- Tank would be a Glass Fused to Steel Aquastore Tank;
- Concrete Pedestal to be approximately 9m diameter, height to be confirmed during detailed design;
- Tank to be approximately 10.5m in diameter and a height of 13m. (to be confirmed during detailed design);
- Preconstruction and Final Site Works;
- Chemical Feed and Instrumentation trim chlorination system;
- Mechanical and Electrical Works;
- Controls and Instrumentation for communication with the water treatment plant;
- Reuse of Existing Generator
- Decommissioning of the existing standpipe.

When completed, our new Elevated Storage Reservoir will provide the water quantity needed for Whitefish River residents for a 50 year design period. I wish to acknowledge Council for working with my office to make this project possible.

Right now, the Water Tower is being evaluated for a leak. Once the results of this are known, the necessary repairs can be completed. In the coming weeks, the Maple Heights and Rainbow Ridge sections of the community may experience fluctuations in water pressure as the water treatment plant responds to the water demands in the community without the tower.

The outdoor rink has had a lot of use by everyone, and this has been fantastic. We have skaters using the rink regularly. This is good news for anybody that loves to skate. We encourage everyone to try our rink or come out and watch the kids playing “shinny”. When you are at the rink, it’s nice to hear all the laughter and see the smiling faces as the kids skate on the rink. We do need the help of parents as we have reports of smoking taking place in the change room and this is not healthy. Please report suspicious activity to the administration. This will ensure that our rink can be a positive and healthy experience for everyone. We have also asked the UCCMM Police to be more visible at the rink to help deter unwanted activities.

At the beginning of February, there will be three days of healing ceremonies with traditional healers Jimmy George. Community wellness is the highest priority for the Council and our administration. Jimmy has been in the community before. The ceremonial aspect of our lives is a key part of our healing and wellness. We trust that there will be a good turnout for the ceremonies.

On behalf of Council, let’s get ready for the Winter Carnival!

Find me on Twitter @ChiefPaibomsai or on Facebook
Chief Shining Turtle

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**Chiefs Meeting Schedule**

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Message from Ogimaa Shining Turtle
Sturgeon Clan, Anishinabek Nation

As we begin 2018, it’s worth reflecting on the work we have undertaken for the community in the last year. It is very evident, through reading the newspaper, that there are a great deal of community events and activities. Checking the community social media really underscore this. In the community we have seen many events including:

- Housing Construction, Renovations and Updates
- Everything Shawanosowe School
- Courageous Conversations on Education issues (big and small)
- Youth Sports and Recreational Activities
- Drug Awareness & Enforcement Dialogue
- Thanksgiving Feasts and Ceremonies
- Anishinabek Education System processes
- Youth drumming to the Lafarge Fish Fry
- 50th Anniversary of our Administration (1967 to 2017)
- Return of 1852.85 acres of land
- New Elevated Storage Reservoir Design and Construction
- And BINGO (every Monday, Thursday and Saturday night)
- All Souls Day and a time to Remember

And the list goes on and on. This is good news for anybody that loves to skate. We encourage everyone to try our rink or come out and watch the kids playing “shinny”. When you are at the rink, it’s nice to hear all the laughter and see the smiling faces as the kids skate on the rink. We do need the help of parents as we have reports of smoking taking place in the change room and this is not healthy. Please report suspicious activity to the administration. This will ensure that our rink can be a positive and healthy experience for everyone. We have also asked the UCCMM Police to be more visible at the rink to help deter unwanted activities.

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On behalf of Council, let’s get ready for the Winter Carnival!

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Chief Shining Turtle

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<td>Franklin Paibomsai</td>
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<td>Art Jacko</td>
<td>Band Manager</td>
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<tr>
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<tr>
<td>Leslie Recollet</td>
<td>Council Clerk</td>
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<td>Esther Osche</td>
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<td>Danielle Pregent</td>
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<td>Emma Recollet</td>
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<td>David Showanda</td>
<td>Finance Director</td>
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<td>Keith Nahwegahbow</td>
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<td>Child &amp; Youth Mental Health and Addictions Counsellor</td>
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<td>Crystal Clark-McGregor</td>
<td>Community Mentor (Right to Pay)</td>
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<tr>
<td>Amber Zona</td>
<td>Youth Support Worker</td>
<td><a href="mailto:ambez@whitefishriver.ca">ambez@whitefishriver.ca</a></td>
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<tr>
<td>Arlene Pitawanakwat</td>
<td>Child &amp; Family Well Being Coordinator</td>
<td><a href="mailto:arlene@whitefishriver.ca">arlene@whitefishriver.ca</a></td>
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<tr>
<td>Gail Jacko</td>
<td>Food Security Coordinator</td>
<td><a href="mailto:gail@whitefishriver.ca">gail@whitefishriver.ca</a></td>
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<tr>
<td>Winnie Paibomsai</td>
<td>Food Security Assistant</td>
<td><a href="mailto:winnie@whitefishriver.ca">winnie@whitefishriver.ca</a></td>
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<tr>
<td>Cliff Jacko</td>
<td>Medical Transportation Driver</td>
<td><a href="mailto:medtrans@whitefishriver.ca">medtrans@whitefishriver.ca</a></td>
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<tr>
<td>Donna Lightning</td>
<td>Special Projects Coordinator</td>
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<tr>
<td>Cheryl Miller-Martin</td>
<td>School Principal</td>
<td><a href="mailto:principal@shawanosowe.ca">principal@shawanosowe.ca</a></td>
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<tr>
<td>Cara McGregor</td>
<td>Administrative Assistant</td>
<td><a href="mailto:admin@shawanosowe.ca">admin@shawanosowe.ca</a></td>
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<tr>
<td>Lisa Cutler</td>
<td>Grade 5-6 Teacher</td>
<td><a href="mailto:lcutter@shawanosowe.ca">lcutter@shawanosowe.ca</a></td>
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<tr>
<td>Rick Legrow</td>
<td>Grade 3-4 Teacher</td>
<td><a href="mailto:rlegrow@shawanosowe.ca">rlegrow@shawanosowe.ca</a></td>
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<tr>
<td>Tiffany Gagan</td>
<td>Grade 1-2 Teacher</td>
<td><a href="mailto:tgagan@shawanosowe.ca">tgagan@shawanosowe.ca</a></td>
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<tr>
<td>Victoria Meulman</td>
<td>JK/3K Teacher</td>
<td><a href="mailto:vmeulman@shawanosowe.ca">vmeulman@shawanosowe.ca</a></td>
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<tr>
<td>Sarah Oliver</td>
<td>Special Education Resource Teacher</td>
<td><a href="mailto:saliver@shawanosowe.ca">saliver@shawanosowe.ca</a></td>
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<td>Cindy Pitawanakwat</td>
<td>Education Assistant</td>
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<td>Bonnie Nahwegahbow</td>
<td>Education Assistant</td>
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<td>Tracey Megwanabe</td>
<td>Education Assistant</td>
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<td>Jessica Reynish</td>
<td>Education Assistant</td>
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<tr>
<td>Danielle Caccio</td>
<td>Education Assistant</td>
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<tr>
<td>Danette McGregor</td>
<td>Native Language Teacher</td>
<td><a href="mailto:dmcmgregor@shawanosowe.ca">dmcmgregor@shawanosowe.ca</a></td>
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<thead>
<tr>
<th>NAME</th>
<th>JOB TITLE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>Cheryl Shawanda</td>
<td>Supervisor/Educator</td>
<td><a href="mailto:staycare@whitefishriver.ca">staycare@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Dolores Pitawanakwat</td>
<td>Pre-school Educator</td>
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<tr>
<td>Jo-Ann Recollet</td>
<td>School/Cultural Educator</td>
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<tr>
<td>Cindy Tse</td>
<td>Toddler Educator</td>
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<tr>
<td>Bianca Recollet</td>
<td>Cook</td>
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**February 2018**

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>4</td>
<td>AA Meeting</td>
<td>5 Elders Centre Choir Exercises 1pm-2pm</td>
<td>6 Elders Centre Soup/Sandwiches Games/Puzzles 1pm-3pm</td>
<td>7 Elders Centre Crafts/Sewing 1pm-3pm</td>
<td>2 Elders Centre Valentine Crafts 10pm-3pm</td>
<td>3 BINGO</td>
</tr>
<tr>
<td>11</td>
<td>WRFN Winter Carnival</td>
<td>12 Elders Centre Ball Exercises 1pm-2pm</td>
<td>13 Elders Centre Pancakes/Sausage Games/Puzzles 1pm-3pm</td>
<td>14 Elders Centre Valentine’s Day Light Lunch 12pm-2pm</td>
<td>15 Elders Centre Valentine Crafts 10pm-3pm</td>
<td>16 BINGO</td>
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<tr>
<td>18</td>
<td>AA Meeting</td>
<td>19 Family Day WRFN Offices Closed</td>
<td>20 Elders Centre Soup/Sandwiches Games/Puzzles 1pm-3pm</td>
<td>21 Elders Centre Crafts/Sewing 1pm-3pm</td>
<td>22 Elders Centre Meals on Wheels Financial Literacy Lunch &amp; Learn 12pm Council Chambers Trust Info. Session 6pm-8pm Comm. Centre</td>
<td>23 BINGO</td>
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<tr>
<td>25</td>
<td>AA Meeting</td>
<td>26 Elders Centre Ball Exercises 1pm-2pm</td>
<td>27 Elders Centre Soup/Sandwiches Games/Puzzles 1pm-3pm</td>
<td>28 Elders Centre Crafts/Sewing 1pm-3pm</td>
<td>24 Raindance Singing Ceremony Community Centre Starts @ Noon</td>
<td>24 BINGO</td>
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</tbody>
</table>

### Happy 8th Birthday to my Princess Melody

- On February 9th!
- Love you to Pluto and back.
- From Dee & Boys P.S. Be awesome

### Happy Birthday to Jeanette Commanda

- On February 14th.
- Happy and many more to my Grandson Paul who turns 8 on February 13th.
- From, Gamma & Pa

### Happy Birthday to our Niece Braelyn

- On February 26th
- Love, Auntie Katt & Craig

### Happy Birthday to our cousin Quintin

- On February 26th
- Love ur cousins Quintin, Aurora & Leo.

### Happy Birthday to our Brother Quintin

- On February 26th
- Love Aurora & Leo.

### Happy Birthday to our Granddaughter

- On February 26th
- Love Gramma Kim & Pappa Shawn

### Happy Birthday to my Chi-Papa “John”

- On February 12th
- Big shout out to Marti Pitawanakwat
- Enjoy your birthday!
- Lots of love,
- from Big Brother Marcus

### Happy Birthday to our Niece Braelyn

- On February 27th
- Love, Auntie Syd and K.C.

### Happy Birthday to the love of my life for 13 years!

- On February 27th
- With lots of Hugs & Kisses
- Love you Adrian!

### Happy Birthday to Lila & Nakia!

- On February 27th
- Love Mommy & Daddy

### Happy Birthday to Nicole

- On February 27th
- Monster on February 18th
- Love ur cousins Quintin, Aurora & Leo.

### Happy Birthday to our Brother Quintin.

- On February 27th
- Love Mommy & Daddy

### Happy Birthday to our Cousin Quintin

- On February 27th
- Love ur cousins Quintin, Aurora & Leo.

### Happy Birthday to the love of my life for 13 years!

- With lots of Hugs & Kisses
- Love you Adrian!

### Happy Birthday to Nicole

- On February 18th
- Monster on February 18th
- Love ur cousins Quintin, Aurora & Leo.

### Happy Birthday to our Cousin Quintin

- On February 26th
- Love ur cousins Quintin, Aurora & Leo.

### Happy Birthday to the love of my life for 13 years!

- With lots of Hugs & Kisses
- Love you Adrian!

### Happy Birthday to the love of my life for 13 years!

- With lots of Hugs & Kisses
- Love you Adrian!

### Happy Birthday to Nicole

- On February 26th
- Monster on February 18th
- Love ur cousins Quintin, Aurora & Leo.

### Happy Birthday to Nicole

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### Happy Birthday to our Brother Quintin.

- On February 27th
- Love Mommy & Daddy

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