On December 19th, 2017, Shawanosowe School hosted a night to remember at the WRFN Community Centre. The School presented the Ojibwe version of "The Mitten" or "The Mjinkaawan". The students and staff worked their magic again at transforming our Community Centre into a Woodland Winter Wonderland. Maamwe Kendaasing Child Care Centre students were also on hand to sing, "The Happiest Christmas Tree." The book "The Mitten," tells the tale of forest animals of varying sizes who all try to fit snugly into a young boy’s lost mitten. Victoria Nahwegahbow and Alexis Crowe were the narrators for the play, and the roles of the forest creatures were played by 13 Shawanosowe School Students ranging from Grades 1-6. Songs of friendship were performed by the classes, with an outstanding fluorescent light show by Miss. Cutler’s Grade 5/6 class.

The finale of the night was a school wide Shawanosowe rendition of the classic rock song, “Joy to the World,” followed by a visit from Santa and Mrs. Claus.

Chi-Miigwetch and congratulations to everyone who helped make this long-standing tradition a huge success!
**January 2018**

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>WRFN Holiday Closure &lt;br&gt;Offices reopen January 8th, 2018</td>
<td>1</td>
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<td>10 Community Health Nurse</td>
<td>11 Nurse Practitioner Dietitian (AM Only)</td>
<td>12 Diabetes Team Foot Care</td>
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<td>14</td>
<td>15</td>
<td>16 Dr. Meikleham (PM Only)</td>
<td>17 Community Health Nurse</td>
<td>18 Nurse Practitioner Dietitian (AM Only)</td>
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<td>21</td>
<td>22</td>
<td>23 Dr. Cooper (AM Only) &lt;br&gt;Nurse Practitioner</td>
<td>24 Community Health Nurse</td>
<td>25 Nurse Practitioner Dietitian (AM Only)</td>
<td>26 Community Health Nurse * &lt;br&gt;Diabetes Team Foot Care</td>
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<td></td>
<td>28</td>
<td>29</td>
<td>30 Nurse Practitioner</td>
<td>31 Community Health Nurse</td>
<td>WRFN Health Centre Visiting Health Professionals <em>unless otherwise indicated visiting Health Professionals will be in all day</em></td>
<td></td>
</tr>
</tbody>
</table>

* Community Health Nurse Lab/Blood Draw Clinic <br>Fridays @ 10:00 am <br>Please bring your Requisition(s). Appointments recommended.
Anishinaabemowin Language Program

"Aambe gagwe-gikendandaajini-anishinaabemoyang!"
"Come on, let’s learn to speak Anishinaabemowin!"

All Levels of Language Learners Welcome!

Every Wednesday Starting January 10th, 2018
in the WRFN Council Chambers - 17 Rainbow Ridge Road from 6:30pm-8:30pm

For More information, please contact Candice Assiniwe, Community Wellness Worker at 705-285-4354 or via email at candicea@whitefishriver.ca

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Candice Assinewe - Community Wellness Worker

Aaniin/Boozhoo community members and Happy New Year 2018!

This past December we had our final check in with the No Excuses November Fit Challenge and everyone has done an amazing job in reaching their personal fitness goals. We had 3 top winners and 2 runner ups. First place was Crystal McGregor who came in the lead for inches and weight loss and exceeded her own fitness expectations! Second Place was Winnifred Paibomsai who also did amazing in inches and weight loss! Third place was our very own Doreen Jacko who came in third for weight loss and increasing her physical activity! Our runners up were Kiki Pelletier and Kiana Pelletier who are also working towards their personal fitness goals. I would also like to congratulate everyone who participated and signed up and I would like to encourage you all to continue to stay active and making healthy lifestyle choices!

We had a total of 15 participants register on December 6th, 2017 for the 6-week Holiday Fitness Challenge! We all know that we are prone to put on an extra 5-10 pounds during the holidays with all the holiday cheer and amazing food around. With the Holiday fitness challenge the goal was to not put on the extra pounds, and to help participants be more conscious of their health during the holiday season. And the top challenge is to lose 10 pounds by the final weigh in date on January 17th, 2018. I look forward to seeing everyone’s progress!

On January 11th and 22nd, 2018 from 9am to 4pm we will have Gloria Oshkabewisens-McGregor, Traditional Practitioner available at the Health Centre to do one on ones with community members of all ages. If you would like to book an appointment with her, please contact me as spaces are limited.

If you would like more information and would like to contact me about any of the programs or services that are provided, please contact me at the Health Centre at 705-285-4354 or you can email me at candicea@whitefishriver.ca.

TRADITIONAL PRACTITIONER
GLORIA OSHKABEWISENS-MCGREGOR

JANUARY 11, 2018 (9AM – 4PM)
JANUARY 22, 2018 (9AM – 4PM)

At the Whitefish River First Nation Health Centre

When visiting a Traditional Practitioner, it is necessary to bring a small offering of semaa (tobacco). To book an appointment for a one on one, please contact Candice Assiniwe, Community Wellness Worker at the Health Centre at 705-285-4354 or by email at candicea@whitefishriver.ca.
Happy New Year!

Welcome to 2018, I am excited to see what this year will bring. Programming is put on hold for the first two weeks of January, but trust that there is much to come!

In partnership with the Healthy Living Children’s program, there will be a Skating Program for youth ages 6-10 years. Details are still in the works so keep an eye out for the flyer or feel free to contact me with your questions.

We will be starting Archery in February! Now this is super cool and I can’t wait to channel my inner Katniss Everdeen. This will be a six week program for youth ages 11-14, every Friday starting February 2nd. Location and time to be determined, posters will be out as soon as possible.

There will be a Pyrography session for young men ages 12-18 on Tuesday, January 23rd. This is an excellent way to explore your creativity while learning an awesome new skill.

There will also be a Drum Making Workshop, Saturday, January 20th at the Community Centre. This is limited to 10 spots for youth ages 12-18 so if you would like to participate please contact me at the Health Centre to sign up.

Chi Miigwetch for this past year; there were so many memories made and I look forward to making the best out of 2018.

For more information on Youth Programming, please feel free to contact me at 705-285-4354 or via email at: amberz@whitefishriver.ca

What is Pyrography? It is the technique of decorating wood or leather by burning a design on the surface with a heated metallic point.

*All Supplies are provided*

**12 spaces available**

Registration is required for this program event due to the limited amount of wood burning tools.

Shawanosowe Public School
Tuesday, January 23, 2018
5-7pm

Please register with Amber@ 705 282 4354

This event is sponsored by the UCCMM Justice Zoongaabwe-Od Eshniig-Jik youth Program. For more information contact Karen Corbiere-Genereux@ 705 377 5307 ext. 216 or email kgenereux@uccmm.ca

**For UCCMM male youth 12-19 yrs.**

Facilitated by Eli Fox

The ART of

PYROGRAPHY

For UCCMM male youth 12-19 yrs.

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What is Pyrography? It is the technique of decorating wood or leather by burning a design on the surface with a heated metallic point.

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5-7pm

Please register with Amber@ 705 282 4354

This event is sponsored by the UCCMM Justice Zoongaabwe-Od Eshniig-Jik youth Program. For more info. Contact Karen at 377-5307 ext. 216 or email: kgenereux@uccmm.ca

For UCCMM Youth ages 12-25 yrs.

Facilitated by Eli Fox

WHEN: Saturday, Jan. 20/18
WHERE: Whitefish River FN Community Complex
TIME: 10 am-3pm
*10 spaces only*

All youth MUST register with Amber Zona to save your spot.

This event is sponsored by the UCCMM Justice Zoongaabwe-Od Eshniig-Jik youth Program. For more info. Contact Karen at 377-5307 ext. 216 or email: kgenereux@uccmm.ca

Tecumseh, Winnie & Ferdinand, three generations in the Paibomsai family, enjoy the Youth & Elders Christmas Party.

Dorothy gets a hand from K.C. and the Head Elf himself, playing ‘Let it Snow’.
TAEKWONDO

Classes begin Wednesday
January 24th, 2018

5 TENETS OF TAEKWONDO

1. COURTESY
2. INTEGRITY
3. PERSEVERANCE
4. SELF-CONTROL
5. INDOMITABLE SPIRIT

SHAWANOSOWE GYM
WITH DAVE BRUTTO

Improving
Physical and
Mental Health

Wednesdays from
4:00 pm - 5:00 pm

Kicking, Striking,
Blocking, Forms
and Self-Defense

Gym Clothes,
Waiver and
Permission Forms
Required

Contact David Brutto for sign-up @
(705)285-4354; ext. 211
Or
david.brutto@noojmowin-teg.ca

Marjorie delights the crowd with tales of her favourite Christmas memories.

Brian McGregor is coached by Carter McGregor, his Youth teammate in the game ‘Let it Snow’. The games were a hit at the 2nd Annual Youth and Elders Christmas Party.

Let’s
Play!

Coming in January!
Ages 0-6
Play Group
Downstairs at the
WRFN Daycare.

Please contact Lauren Dewar, RN, Maternal and Child Health Nurse, Mnaamodzawin
Health Services at 705-368-2782, Ext. 213 or Arlene Pitawanakwat,

Happy New Year everyone! I hope everyone enjoyed their holidays!

This January will be a busy month for myself with Health Staff training sessions. The dates may vary at the moment but I will inform Parents/Guardians about programming cancellations as soon as I am aware of them. Overall I am excited for both of the Jr. and Sr. Right to Play groups on their outlined goals for the new year.

I am also be looking forward to attending the Anishinabek Nation 3rd Annual Health Conference on January 23rd-25th in Sault Ste. Marie.

If you have any questions regarding any programs, don’t hesitate to contact me at righttoplay@whitefishriver.ca or through the Health Centre at 705-285-4354.

Crystal Clark-McGregor - Right to Play Worker

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BECOME A foster parent

LUNCH 'N' LEARN

Join us for a meal and conversation about becoming a Foster Parent AND
other ways you can support children in care:

- Casual support workers (assisting foster parents)
- Volunteer drivers (paid per km)
- Respite care (weekend placements)
- Emergency care (1—3 day placements)

Monday, January 15th, 2018
12pm—1pm @ Whitefish River Community Centre

For more information or to register please contact Jessica Manitowabi,
(Foster Care Recruitment Coordinator at 705-859-1010 Ext. 2058)

Annual General Meeting
Birch Island Construction Company Ltd.

We are seeking two new Board Members!

Wednesday January 17, 2018
5:00 PM
Whitefish River First Nation Council Chambers.

Full Dinner included & Door Prizes for the first 20 in attendance!

Budget
TOOLS TO HELP YOU BETTER MANAGE YOUR MONEY

Budgeting 101 Let's Talk About Credit Know Your Rights

LUNCH AND LEARN
Thursday, January 11th 2018
AT 12 NOON
Council Chambers
17A Rainbow Ridge Road, Birch Island

Let's Talk About Credit
Know Your Rights
Aboriginal Support Workers – Espanola High School

Happy New School Year! A reminder that the first day back is January 8, 2018.

Review Week
Students who had missing assignments at mid-term marks are and should be completing and submitting assignments. Teachers will be reviewing all of the class material that was presented with the students as well as a review of in-class notes, project reviews and exam preparation. It’s approaching exam time, so good luck to all students.

Graduation Pictures
January 15-17 - Graduation pictures to all graduating - Grade 12 students taking graduation pictures must have the $30.00 sitting fee at time of appointment. Sign up will have taken place in the month of December at EHS Library.

Volunteer Hours
Do not let the required 40 hours keep you from graduating. If you need further assistance please contact Marti or Eric at the FNMI Student Support Room to discuss possible service providers to complete the service hours. Students should submit any or all hours by May 2018.

If you have any questions or concerns, please don’t hesitate to contact the Aboriginal Support Workers at (705) 869-1590 ext 6233.

Migwetch,
Ms. Marti Shawanda
Aboriginal Support Worker
Espanola High School
147 Spruce Street
Espanola ON P5E 1R7
Tel: (705) 869-1590 Ext. 6233
Email: shawanm@rainbowschools.ca
Website: www.rainbowschools.ca

We thank each community member for their patience and cooperation when it comes to cancelling the buses. Should you have any questions, please contact the Education Department at 705-285-4335 or education@whitefishriver.ca

WRFN BUS CANCELLATION PROCESS

1) Notification Received
   • Email notification received

2) Confirm Buses are Cancelled
   • Confirm with Veterans in Espanola
   • Confirm with Shawanosowe Bus Driver the safety of local roads

3) Send Notification
   • Send notification to Band Manager, Shawanosowe School Principal, Teachers & Administrative Assistant
   • Send notification to Bus Drivers

4) Notify Community Members (to be done by 7:00am)
   • Post on authorized Social Media ensuring to identify between Espanola Bus and Shawanosowe Bus
   • Send messages to select parents to help spread the word

WRFN students at AB Ellis celebrate the Winter Solstice.
The Bobcat
Cheryl Miller-Martin
Principal

I would like to extend a warm welcome to Sarah Oliver. Ms. Oliver has been recently hired to take on the role as Shawanosowe Special Education Resource Teacher. Ms. Oliver will be working closely with all the teachers, Educational Assistants and the school Principal. Ms. Oliver is an experienced teacher with 3 years at the Primary and Junior teaching level. She has been working very hard in getting to know all of the students and staff while providing a huge service to a much needed area in the school’s growth and development.

In early October, Shawanosowe School students from Grade 1 to Grade 6 were engaged in hands on learning from beginning to end in making their own personal hand drums with Craig Fox, Gmewin Migwans and other school staff. On December 7th the school held a “Birth of the Drum” Ceremonium with all students and staff in the gym. The ceremony and teachings were prepared and carried out with the assistance of Craig and Gmewin. A special Chi-Migwetch goes out to Alex Nahwegahbow for assisting in tying the drums with the students. This was a big job and the staff and students were sincerely appreciative.

The purpose of the ceremony was to give the hand drum her heart beat. This ceremony began with an opening prayer, smudge and an honour song. The students were grouped by grades with their drums and given a pinch of tobacco which was then placed on each student’s drum and a birthing song was sung for each grade. The tobacco placed on the drum was to dance on the drum as the birthing song was sung and if the tobacco danced on the drum, the drum was ready. After the birthing song, the students were then able to feast their drums with strawberries and water and then each drum’s cord was cut. Finally, the students and staff together drummed and sang the Migizi and Water Song. The beats of the drums echoed in the gym, while our student’s voices sang loud. It was a wonderful and emotional experience for all.

On December 19th, 2017 Shawanosowe School held their Annual Christmas Concert. Our Concert this year was “The Mitten” “The Mjinkaawan”. The students and staff worked very hard to prepare for the annual concert. The teachers got together and worked long hours on decorating the community centre. It was an event enjoyed by all ages. A huge Chi-Migwetch go out to all of the staff and students for such a wonderful performance. It was another successful production by Shawanosowe School staff, students and Maamwe Kendasing. Finally, a huge Chi-Migwetch goes out to the Public Works department for their assistance with moving the concert items to and from the Community Centre. Like every year Santa Claus steals the show at the end. Merry Christmas to all and to all a Happy New Year from the students and staff at Shawanosowe School.

Each month our school year acknowledges our Seven Grandfather teachings. In the Month of January our students learned the teaching of “Truth” as their month awards are based of the teachings of Truth. Our monthly classroom awards are distributed on the first Friday of the month which in January is the 12th. This is also the day we celebrate our Spirit Day which will be Backwards Day. Children can wear their clothes/coats backwards. Below are a few other activities going on in the month of January;

- January 15th, 2018 is Blue Monday. Our students will be celebrating Blue Monday on Friday January 19th with a School Dance that will run from 6:00 pm to 9:00 pm. Music provided by Blake Debassige.
- Students will continue preparations for the Indigenous Winter Games to be held in February
- January 22nd, 2018 we will have the Q-Mack Company here in the school gym. They will touch on anti-bullying messages and positive attitudes. http://www.qmack.com/files/qmack-all-star.pdf
- January 23rd, 2018 is Oral Health Day. The Dental Hygienist will be at the school conducting dental screening beginning at 10:00 am. Permission forms will be sent home once again.
- January 26th, 2018 the Grade 6 students will have their first transitional visit to A B Ellis School all day in Espanola. Permission forms will be sent home for only the Grade 6 students.
- January 30th, 2018 will be another early dismissal at 2:00 pm. Parents/Guardians, please be sure to mark your calendars and make proper pick up arrangements if needed with the school.

Maamwe Kendaasing
Cheryl Shawanda, RECE, Child Care Supervisor

Aanii fellow neighbors, family and friends.
I would first like to tell you all how it has been going for myself in the big change in my Daycare Career. It has been like a roller coaster ride, with many ups and downs. Everyday is different, if I’m not in the office, then I’m on the floor as an ECE or Cook even Janitor. There are days I am gone to a meeting with other Daycare Supervisors and which are great learning opportunities that guide me along the way of Daycare management.

There have been some changes at the Daycare:
• Native Language circles are being limited and implemented twice a week with Ms. Danette McGregor. (In the near future I hope to have a Native Language ECE/Teacher at the daycare daily.)
• We welcomed our new friends Olivia and Charlotte
• Early Learning Program 0-6 years old to start sometime in new year. This program will be take place in the basement of the Daycare

On a final note, I just want to say Chi-Miigwetch to my Supervisor Roslyn who I have worked with in the past when I was on the Education committee. She then became my Supervisor when I took on this new role as Daycare Supervisor. I will miss working with you Roslyn and I wish you all the best in your next adventure.

The Toddler Group is now at capacity, but we still have three spaces available for the Preschool group. Feel free to come pick up an enrollment package, our doors are always open.

Just a friendly reminder to Parents and Guardians, if your child has either cold or flu symptoms please keep them at home until they are feeling well enough to come back. In this time of year, please ensure that your child has spare clothing and warm winter wear for outdoor play.

Again, we are always looking for Supply Cooks and supply ECES, so bring in your resume alongside with updated CPIC as well as your First Aid.

Birthday wishes going out to:
Leonidas on January 14th
Dolores on January 20th
Liam on January 24th

Baamaapii!
The informational meeting and what is all involved in a Trust Agreement involves understanding the Trust Agreement. The meeting schedule is:

- **February 22, 2018** – 2pm – 5pm
- **January 22, 2018** – 5pm – 9pm
- **December 10th**

As we complete the first set of community meeting and receiving the valuable community input, more community meeting will be planned. We are targeting August 2018 for the community to vote on the Boundary Claim settlement and the Trust Agreement, however if more time is needed, the target date will be moved to accommodate the more time needed.

**Whitefish River First Nation Matrimonial Real Property Law Training**

January 10, 2018 is the training date and the training will be at the Manito- ulin Hotel & Conference Center. The purposes of the training is for Chief & Council, along with WRFN Administration to better understand the support tools available, processes, procedures, and guidelines for the implementation of the MRP Law and to be able help Citizens and their Spouses better understand the MRP Law.

**Elevated Storage Reservoir Update**

Design and Construction of a 1280 m3 Elevated Storage Reservoir & Decommissioning of Old Standpipe. This is a $3.5 Million construction project and is 100% funded by Government of Canada.

**Veterinarian Clinic Schedule**

February 14, 2018 – 9am – 3pm
February 28, 2018 – 9am – 3pm

**WRFN TRUST PROCESS**

This process is subject to change

<table>
<thead>
<tr>
<th>Milestones:</th>
<th>Planned Completion Date:</th>
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<tbody>
<tr>
<td>Construction Contract Award</td>
<td>December 2017</td>
</tr>
<tr>
<td>Ground Breaking Ceremony (Tentative)</td>
<td>April 2018</td>
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<tr>
<td>Start of Construction</td>
<td>May, 2018</td>
</tr>
<tr>
<td>End of Construction</td>
<td>November, 2018</td>
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</table>

The Project Team is comprised of:
- **Chief & Council**
- **Band Manager**
- **Water Plant Operators**
- **INAC**
- **FHR Inc-Project Manager**
- **First Nation Engineering Services Ltd.-Engineers**
- **Cecchetto & Sons Ltd-Contractor**

We will be having community meeting in January to share more information on the overall project and to get your feedback on which logo and lighting scheme to use. For further information, please contact Art.Jacko, Band Manager at ajacko@whitefishriver.ca or Kelvin Jameson, P.Eng-Project Manager at kelvin.jameson@fhrinc.ca

**Veterinarian Services**

We are setting up a clinic with Dr. Darren Stinson, Veterinarian/Owner, Chelmsford Animal Hospital. The following dates are when the veterinarian will be setting up the mobile clinic and the clinic will be at the community center. This is a great opportunity for pet owners to bring in their pets for initial examinations and ask questions pertaining to your pet’s health.

**February 28, 2018**

**March 2018**

**April 2018**

**May 2018**

**June 2018**

**August 2018**

**Re-drafting Trust Agreement**

- **Both on and off reserve**
- **Share draft and final input and changes**
- **Both on and off reserve**
- **Share information on referendum**
- **Final preparations for Referendum Vote**

**Committee Meetings**

**Planning & Development Process**

**Community Information Sessions**

**Both on and off reserve**

**Community Engagement Sessions**

**Both on and off reserve**

I am always available to the community, please feel free to drop by for a visit and have a Mkade Misikidaami Naaboo (coffee) on us. You can also email me at ajacko@whitefishriver.ca or call me at 705-285-4335 or my cell at 705-863-3027.

I wish everyone in our community a Merry Christmas and may the holidays bring our families closer together and may 2018 be another fabulous year!

Nahaaw, baamaapii miimwaa kawaabmin
Constable Murray Still gathers donations for the UCCM Police Service Christmas Toy & Food Drive in WRFN.

Zena and Sterling enjoy the Youth & Elders Christmas Party treats.

Sylvia and Heather attend the St. Gabriel Lalément Christmas Craft Fair.


The competition was fierce to outdo one another at Shawanosowe School’s Ugly Christmas Sweater Day on December 1st, 2017.
Zhanbdís promises Nokomis he will not lose his waabskizi mjìnkaawan.
(white mitten)

Niish Chi Gookkokoniyag want to be let into the Mitten!

Maamwe Kendaasing performs, "The Happiest Christmas Tree".

Jackson performs an air guitar solo during the Grade 3/4 rendition of "Stand by Me."

A Shawanoowwe chorus line.

Friendship was the night's theme.
First Nations Maple Syrup Seminar

Whitefish River First Nation Community Centre
6 Rainbow Valley Road, Birch Island
Friday, January 19, 2018, 10 a.m. – 3 p.m.

Agenda:
10:00 a.m. Opening Ceremony
11:00 a.m. Dean Assinewe, Forest Management Specialist, Sagamok FN, “Maximizing Your Maple Bush Potential”
11:30 p.m. Todd Leuty, Agro-Forestry Specialist, OMAFRA “Producing Safe, Quality Maple Syrup: A Guide for Small Producers”
12:15 p.m. Lunch
1:00 p.m. Camden Lawrence, IAPO Business Advisor, Funding Opportunities
1:30 p.m. Brian Bainborough, Maple Ridge Farm, Gore Bay, Maple Syrup Operator and Lapierre Equipment Dealer. “A Look at RO Units and Vacuum Pumps”
2:00 p.m. Josh Holmes, CDL Dealer, Oro Station, “A Look at 3/16 Tubing”
2:30p.m. Steve Plume; Dominion and Grimm Dealer “Boiling 101, What You Need To Know”
3:00 p.m. Door prizes, Adjourn

Maple Syrup Equipment will be on display!

To Register Contact:
Keith Nahwegahbow, Economic Development Officer, Whitefish River First Nation
Tel: 705-285-4335, or Email @ keithn@whitefishriver.ca

Happy New Year!

We had our Whitefish River Development Corporation AGM on December 15th 2017 and everything went perfect. Chi-Miigwetch to our caterers for the excellent meal. Chi-Miigwetch for all who attended. I greatly appreciate all the feedback and suggestions I received from the community. We did manage to fill our last board spot on the board of directors. I would like to welcome Troy Pitawanakwat to the Whitefish River Development Corporation Board of Directors. Also Chi-Miigwetch to all the Board members; Louanne Migwanabi, Gail Jacko, Candice Assinewe, Gregor Jacko, and Martha Shawanda for your input and work in the past year.

Vianet Unlimited Service has been available here in Birch Island for almost two months now. I have been informed that if you live in a rental unit you will need permission from the housing department before the installation of the internet service. There is a form available at the administration office you can see myself or the housing department for the form. Also I would like feedback from the community member that have subscribed to the Vianet service. What has been your experience dealing with Vianet and how is the internet service.

Fitness Centre! The fitness center located at the old water treatment plant was recently renovated. I will be working with other departments here to increase the use of this facility. I am currently looking at funding sources for programs to run at the facility. Almost all funding grants do not provide funds for the purchase of new equipment or capital assets. So I am looking to be creative and leverage funding grants and programs to justify the purchase of new equipment. The goal here is to increase the health and well-being of the community through the use of our very own newly renovated fitness centre.

Maple Syrup! We have our annual Maple Syrup Seminar upcoming on January 19th 2018. This year we have some presenters bringing in equipment so we can see the maple syrup production process. I highly encourage all community members to attend this seminar. Whether you practice maple sap/syrup harvesting traditionally or are looking into starting a maple sap/syrup harvesting business this seminar is an excellent learning opportunity. There will be a catered lunch and door prizes available. To register contact myself at the WRFN administration office.

For more information, please feel free to contact me at 705-285-4335 ext. 216 or via email at keithn@whitefishriver.ca

St. Gabriel Lalent

The Parish Council wishes to thank each and every one who helped to ensure the success of our Annual Christmas Craft Fair. A special Chi-Miigwetch goes out to Valerie McGregor, for her work in coordinating and advertising our event.

Chi-Miigwetch to the family of Mary Grace McGregor, for all their hard work in the kitchen, and the turkey dinner fundraiser.

Congratulations to Katherine McGregor, who was the lucky winner of the St. Gabriel Lalent 50/50 Draw. She walked away with a grand total of 773.50!

Miigwetch for your continued support and May you find all the Blessings the New Year has to offer.

Friendly Reminder to the Elders of WRFN

There is Deer meat, Moose meat and Whitefish, available at the 7 Fires Youth & Elders Centre.

Please contact Debbie at 705-285-1755 for further information. Miigwetch!
The Housing Department would like to remind tenants that they must renew their rental agreements annually to ensure that information is accurate and up to date. Content insurance is mandatory and must also be submitted on an annual basis.

This is outlined in the Whitefish River First Nation Housing Policy and every Rental Agreement.

Section 3.4 Tenant Responsibilities of the Whitefish River First Nation Housing Policy states:

"Every Tenant who occupies a Rental Unit must enter into and sign a Rental Agreement and comply with its terms. It is the responsibility of all individuals living in a Rental Unit to become familiar with all of their responsibilities and obligations."

- "The Tenant must enter into and sign a new Rental Agreement each year."
- "Maintain insurance for personal property in the Rental Unit. Should disaster strike, WRFN, including the Housing Department, will not be responsible for damage to or the loss of any property."

Therefore Tenants must submit, in writing, to the Housing Department who is maintaining your rental unit in your absence or you will be held responsible for any damages that may occur in your absence.

Please contact the Housing Department to review and update your Rental Agreement.

If you have any questions regarding any programs, don’t hesitate to contact me at kiml@whitefishriver.ca or through the Administration Office at 705-285-4335.

According to Natural Resources Canada, the average Canadian home uses a little over 60% of their total energy consumption on heating the home, accounting for the largest distribution of energy. By attempting a few heating conservation methods, as suggested below, we can make the biggest impact to reduce our home heating bill, especially now since we are in the middle of winter.

Turn down your heat when no one is home. You can turn down the heat by a couple of degrees and then turn it back up to a comfortable level when you return home. Just make sure to maintain a minimum temperature of 14° Celsius to ensure that no damage is caused to your house. By keeping the house too cold, you run the risk freezing your pipes which can cause a serious amount of damage.

Keep your doors and windows shut. Avoid unnecessarily opening the windows and doors to prevent indoor/outdoor air exchange. Locking the doors and windows will ensure that they are closed tightly, thus further preventing the exchange of air.

Let the sun heat your home. Keep your curtains open during the day, especially the ones that face the south to let the sunshine into your home.

Change your furnace filter regularly. Furnace filters are relatively inexpensive and quite easy to change. A clean filter will ensure that your furnace runs efficiently.

If you have any questions or ideas that Whitefish River may be able to pursue in the Energy Sector please feel free to contact me at (705) 285 – 4335 or by email at energysiteadvisor@whitefishriver.ca or stop by the administration office. And remember to turn off the lights when you leave a room that is not in use.

All the best in the new year, Gii Waabmin Miiwaa!
The Indian Registration Administrator (IRA) assists individuals with registering Life Events (such as Births, Name Change, Marriages, Divorce, transfers, and Deaths); the IRA is responsible for maintaining the WRFN Citizenship and Probationary Citizenship Registers; maintain the WRFN Voter’s List, Band Change Reports when there are additions/deletions to the WRFN Citizenship Register, population statistics, prepare items and attend Citizenship Advisory Committee Meetings as a resource person, and issuance of Certificates of Indian Status Cards (paper laminate card).

Former Membership Clerks include: Dennis L. McGregor, Esther Osche, Selina Buswa, Genevieve Jacko, Beverly Nahwegahbow, Sheri Nahwegahbow, Tracy Megwanabe, and Nina Jacko.

Citizenship Advisory Committee Members: Marjorie King, Dorothy Francis-Hutton, Mark Troy Pitawaynakwat

Important changes were made to the Indian Act on June 28, 1985, when Parliament passed Bill C-31 – An Act to amend the Indian Act was brought into accord with the Charter of Rights and Freedoms Act. The amendment came into effect April 15, 1985. The objective was to uphold three principles that guided the amendments to the Indian Act were: 1) removal of discrimination; 2) restoring status and membership rights; and 3) that Indian Bands have the option to control their own membership.

The 1985 Indian Act amendment also introduced a “Cut-Off” in terms of who is entitled to registration. Persons born to a parent who is registered or entitled to be registered under section 6(2) are not eligible for registration unless their other parent is also someone who is registered or entitled to be registered under the Indian Act.

Another important change to the Indian Act was made on December 15, 2010, Bill C-3 - Gender Equity in Indian Registration Act received Royal Assent. The amendment to the Indian Act came into effect January 31, 2011. The bringing into force of Bill C-3 will ensure that eligible grand-children of women who lost status as a result of marrying non-Indian men will become entitled to registration (Indian status). The key criteria to registration under Bill C-3 are:

- Did your grandmother lose her Indian status as a result of marrying a non-Indian?
- Is one of your parents registered, or entitled to be registered, under sub-section 6(2) of the Indian Act?
- Were you, or one of your siblings, born on or after September 4, 1951?

**REGISTRATION VERSUS MEMBERSHIP**

The amendments to the Indian Act in 1985 separated registration in the Indian Register from band membership and gave the choice to bands to assume control of their own band membership. This means that if you are eligible for registration as a Status Indian, you may not necessarily be eligible for First Nation Citizenship. The reverse is also true: You may be eligible for Band Membership, but not for registration as a Status Indian.

**REGISTRATION** – The Indian Registrar retains sole responsibility for the registration of persons in the Indian Register. Normally, you are eligible for registration if:

- you were eligible before the Act was changed in 1985;
- you lost your registration as a result of your marriage to a non-Indian man;
- you lost your registration because your father was not an Indian;
- you lost your registration because you or your parents applied to give up registration and First Nation membership through the process known as “enfranchisement”; or
- Both your parents are eligible for registration for any reason.

**MEMBERSHIP** – Membership in a band is determined either by: the band under section 10 of the Indian Act. All decisions on who can become a member of a section 10 band are made by the band itself in accordance with the membership rules it has established; or a piece of self-government legislation separate from the Indian Act; or the Indian Registrar under Section 11 of the Indian Act.

On June 8, 1987, WRFN gave notice to the Minister of Indian Affairs and Northern Development that WRFN is assuming control of its own membership. On September 25, 1987, Minister gives notice to WRFN, that Whitefish River is a section 10 band under the Indian Act and determines its own Band Membership (Citizenship) under the WRFN Citizenship Code.

**Main Benefits of Registration and Citizenship (Band Membership)**

**Benefits of Indian Status may include:**

- Certain non-insured health benefits
- possibility of post-secondary education assistance,
- treaty payments (if applicable),
- possibility of Federal and Provincial Sales Tax exemptions

**Benefits of Citizenship may include:**

- a right to reside on reserve,
- a right to housing on reserve,
- voting privileges within the band,
- right to involvement in community affairs

Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply. Applications for Citizenship and Probationary Citizenship are available in the Membership Office. When a person is seeking enrollment as a citizen or probationary citizen, as the case may be, the burden of proving the right or eligibility thereto rests upon the person who is seeking to establish entitlement or eligibility to enrollment.

The WRFN Citizenship code recognizes two ways of becoming a citizen of our First Nation. First, you may become a citizen, as of right, by virtue of your parentage under Article 4; or, Second, you may earn your right to become a citizen through a probationary Citizenship process under Article 5.1 thru 9.2

**REQUEST TO UPDATE MAILING/CONTACT INFORMATION:**

We are requesting members to please update your mailing address to include Post Box numbers, and contact information (telephone, email, etc.). Your mailing address is required for voting purposes within the band, (i.e. elections, referendums), as well as distributing important information. It is your responsibility to notify the Membership Office of change of address.

Should you have any questions, please do not hesitate to contact the Whitefish River First Nation Membership Clerk/Indian Registration Administrator, Kathleen Migwanabi at (705) 285-4335 ext. 208 or by email at kathleenm@whitefishriver.ca

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**In Loving Memory of John Ross Hutton**

No longer by my side...but forever in my heart.

August 24, 1938 - January 5, 2017

The Family of Dorothy Francis would like to say Miigwetch to the Community members who supported us throughout this difficult time.

Your thoughts and prayers were truly appreciated.
Hello all,

The Health Centre is in its third year of providing a snack/lunch program for grade 7 & 8 elementary and secondary school bus students. It has also been a lit-
tle over a year that we have assisted with the Breakfast Club at Shawanosowe School. Working together our goal is to provide healthy and nu-
tritious meal/snack options to the children and promote healthy eating habits.

Each year the program has improved by providing a greater balance and variety of healthy options. For example, we offer lactose-free milk and coconut milk for Breakfast. The children have frequently asked for smoothies; there-
fore, we will be offering smoothies as another breakfast option. We also invite parents and/or guardians to sit and enjoy breakfast with their loved one.

For the bus students, we provide a brown bag lunch with daily servings of vegetables and fresh fruits at least twice a week. In cooperation with Amber Zona and Crystal Clark-McGregor, hot lunches are provided to the secondary school students at EHS.

If anyone has any questions or suggestions, you may contact Gail Jacko or Winniefred Palbomsai at the Health Centre at (705) 285-4354.

Gail Jacko - Food Security Coordinator

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Fruit trees need a lot of care while getting established. It is best to try and get them when they are young so they can be trained to become a well established tree. Bigger trees have a greater chance of being shocked when planted into the ground. A one year old bare root whip is about four to six feet high with little to no branches on it. Bare root trees are dug up when they are dormant in the early spring before bud break or in the late fall just after leaf fall. Fall in my opinion is the best time to plant a bare root tree. Proper clean up of fallen leaves and fruit well help prevent the spread of disease and insects. It is also im-
portant to use a dormant oil spray in the spring this usually comes with a sulphur spray as well. The dormant oil coats any overwinter insects and fruit that is known to be disease resistant is a good start. Pruning to al-
duce reliable fruit. It helps set the shape and height of the tree and opens it up to allow light and air to get at all of the leaves. Removing less vigorous branches allows more energy to go to branches that are producing fruit.

Fruits of Your Labour-Part 1

I’m going to talk this month about growing apple and pear trees. Apple and pear trees can be grown in our area but it will not be the variety you are accustomed to seeing in the grocery stores. These varieties will not handle the growing season of the North. This would be a good time to dis-
cuss growing zones. Birch Island’s Growing Zone would be a 4a and most of the apples and pears that are bought in grocery stores would be Zone 5 or higher. The good thing is that many breeders have been developing trees that will grow and bear fruit in our cold climate. Apple and Pear trees can not be grown true from a seed. Very few apples and pears are self fer-
tile and need to be cross pollinated. This means that the seed has genetic material from both parents and there would be no guarantee what kind of apple you would get from the seeds. Fruit breeders plant thousands of seeds from controlled crosses with the hopes of one or two trees bearing the fruit that is desirable.

Then, how are fruit trees developed? Apple and Pear trees are in a way cloned. Two things are needed; a clonal root stock and scion wood. Clonal root stocks are designed to control the height and for disease resistance. There is a great variety of root stock available each with their own pros and cons. The scion is a section of branch around pencil thickness that is cut from the desired fruit tree. In the early spring the root stock and scion wood are prepared so each piece can be put together with a tight fit. The trees are planted out in the ground and over time the two pieces grow to-
gether. This process is called grafting. This is how they can make an apple or pear have multiple different varieties on the tree.

Apple and Pear trees need a lot of care while getting established. It is best to try and get them when they are young so they can be trained to become a well established tree. Bigger trees have a greater chance of being shocked when planted into the ground. A one year old bare root whip is about four to six feet high with little to no branches on it. Bare root trees are dug up when they are dormant in the early spring before bud break or in the late fall just after leaf fall. Fall in my opinion is the best time to plant a bare root tree. My reasoning for this is the natural growth habit between these two times. In the spring the focus on the plant is to produce top growth like new leaves and branches. In the fall the main growth is in the roots. The top has gone dormant and it spends the rest of the season establishing new roots.

Pruning is important, if not necessary in establishing a tree that will pro-
duce reliable fruit. It helps set the shape and height of the tree and opens it up to allow light and air to get at all of the leaves. Removing less vigorous branches allows more energy to go to branches that are producing fruit.

Disease and pest are always going to be an issue to keep in mind. A healthy tree is less likely to get attacked by disease or insects. Choosing a variety of tree that is known to be disease resistant is a good start. Pruning to al-
low air and sunlight throughout the canopy and to remove dead branches helps in preventing disease from starting. Proper clean up of fallen leaves and fruit well help prevent the spread of disease and insects. It is also im-
portant to use a dormant oil spray in the spring this usually comes with a sulphur spray as well. The dormant oil coats any overwinter insects and eggs killing them. The sulphur spray helps to prevent some diseases from starting.

There is a lot to consider when growing apple and pears but the rewards are well worth it. If anyone is thinking about growing apple or pear trees and are worried about choosing the right tree, I am more than happy to help and I know of a good place to order bare root trees at a very reasonable price.
Old Man Winter showed us his power early in December. Already he has shown how he can make the roads messy in one area and nice and sunny a few miles or kilometers down the road. These conditions are known as snow squalls:

A snowsquall (or snow squall) is a sudden moderately heavy snowfall with blowing snow and strong, gusty surface winds. It is often referred to as a whiteout and is similar to a blizzard but is localized in time or in location and snow accumulations may or may not be significant. - Wikipedia

Public works has a very experienced crew and handles these types of situations with patience. The equipment is ready, 12 yard snowplow/sander, two 2500 series pickups with 8’ snow plow blades and one 1500 series pickup with a 7’ snowplow blade. Each snowplow season, questions and calls come in to the administration office or to the Chief on the snowplow schedule asking, when does public works start plowing or sanding? Whitefish River Public Works has an on call schedule for the four month winter season, from the first weekend in December to the last weekend of March. Each year, a two person schedule is on call each weekend and every day throughout the Christmas Holidays. The two man crew monitors the weather and public roads regularly to ensure they are kept up for safe passage for all users.

The practice here in Whitefish River is to start snowplowing after 5 to 10 centimeters or 3 to 6 inches of snow has accumulated on the roads and parking lots. The crew is out as soon as it is achievable to address the accumulations while keeping public building entrances cleared throughout the day. By comparison, Espanola and Sudbury public works were asked about their standards for snowplowing. We found that Espanola starts after 10 centimeters of snow has accumulated or the snow finishes and Sudbury starts when 8 to 12 centimeters of snow has accumulated or when the snow finishes.

Public works other main priority is having public buildings open and ready for staff and public usage. Each truck and driver is assigned roads and parking lots to clean with a specified time based on normal snowfall accumulations. The drivers are also responsible for cleaning off walkways and steps of public buildings ensuring safe passage for all users. Some community elder’s driveways are addressed when time and resourcing is available.

The sanding of the public roads is also closely monitored by public works. Hills and intersections are the main priority on regular snow days and all the roads, if required after rain or a mid-season thaw. This practice was taught to us by a Ministry of Transportation veteran employee. By following these operation and maintenance procedures for winter control and under normal winter conditions we are able to keep inline with the winter control budgets and our community roads and parking lots safe for passage.

When traveling the streets and roads of Whitefish River the public must also practice safe driving especially in the winter months. If you abide by the posted speed limits; maximum 30 km/hr. in the main village and maximum 40km/hr. on Old Village Road you will reduce the risk of losing control of your vehicle.

If you have any questions or concerns regarding these practices do not hesitate to stop by my office where your concerns can be addressed or clarified or drop a line at publicworks@whitefishriver.ca

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**MONSTER GARAGE**

Murray McGregor Jr. - Plant Manager

Old Man Winter showed us his power early in December. Already he has shown how he can make the roads messy in one area and nice and sunny a few miles or kilometers down the road. These conditions are known as snow squalls:

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**WHITEFISH RIVER FIRST NATION**

**MASTER SNOW REMOVAL PLAN**

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**FOR FURTHER INFORMATION:**
Please contact the Public Works Department at 705-285-4335, Ext. 207, or 705-863-1619 (after hours)
Or via email at publicworks@whitefishriver.ca
Happy New Year Whitefish River, I hope everyone had a great holiday spent with family and friends. As most of you know Whitefish River First Nation is working on a Source Water Protection Plan. We are finding a way to keep our water uncontaminated and available for generations to come. I just want to recap the community on what this is and how you can contribute to help protect our most precious resource.

What is Source Water?
Source Water is raw (untreated) surface or ground water used for private, public drinking water systems. Source water contained in surface water supplies includes water found in wetlands, streams, lakes or rivers. The term watershed includes all the surface water within an area’s natural drainage. Groundwater is another source of raw water, found beneath the earth’s surface.

What is the Source Water Protection Plan?
Source Water protection aims to protect sources of raw (untreated) water for human consumption and ecosystem function for today and future generations to come. Preventing contaminants from reaching water sources is an important first step in protecting our drinking water. Increasingly, source water protection has become an important component of water management.

Why is it important?
It is less expensive to protect water source from contamination than it is to remediate after contamination. It has also been shown to be more cost effective to invest natural capital, such as land acquisition within a watershed, than to invest solely in physical capital, such as water treatment technologies.

What can we do?
Come on out to our community engagement sessions being held in the new year to discuss some topics of interest and give your input on the following: Climate Change, Septic Systems and Maintenance, Environmental friendly cleaner’s (household and hygiene). Keep in mind these are just a few examples up for discussion, I will send out flyers to each household when the dates and locations are determined and have some pinned up at local businesses as well.

For more information please feel free to contact me at WRFN Administration at 705-285-4335 or via email at nalat@whitefishriver.ca.

Miigwetch
As we close out the year and begin 2018, it’s worth reflecting on the work we have undertaken for the community in the last year. It is very evident that there are a lot of community events and activities that fill the newspaper and electronic media. In the community we have seen many events including;

a) Housing Construction, Renovations and Updates
b) Everything Shawanosowe School
c) Courageous Conversation on Education issues (big and small)
d) Youth sports and recreational activities
e) Drug Awareness & Enforcement Dialogue
f) Thanksgiving feasts and ceremonies
g) Anishinabek Education System processes
h) Youth drumming to the Lafarge Fish Fry
i) 50th Anniversary of our Administration (1967 to 2017)
j) Return of 1852.85 acres of land
k) New Elevated Storage Reservoir Design and Construction
l) And BINGO (every Monday, Thursday and Saturday night)
m) All Souls Day and a time to Remember
n) All that is Santa

And the list goes on and on. No one can say, “There is nothing going on”, because this is simply not the case. Our administration has done the very best in the last year. We also have a new Band Manager and we want to again welcome Art Jacko to our administration. His presence and involvement as the Band Manager has been wonderful to see.

With all due fairness, there is always a lot of really good things happening in our beautiful community.

Over the course of New Year Council will focus on the following key objectives;

a) Process for Implementing the Anishinabek Education System (AES)
b) Process for the development of the Trust Agreement for the Land Claim.
c) Process for dialogue on a community election code.
d) Process for updating Policy and Procedures for the Administration.
e) Implementation process for MRP Law.

There is a lot of work here that has to get done. Council has prioritized our working meetings to get this work done over the next 12 months. We have begun the process of identifying committees, subcommittees and project teams to help get the engagement work completed and recorded. This work is crucial to moving the yardsticks in Education, Land Claims, Administrative Reform, and law making processes.

We currently have one very significant major capital projects to update you on;

1. We officially kicked off the Pre-Construction meeting for the New Elevated Storage Reservoir (ESR) which was approved for construction over a 2 year period by INAC. The Major Capital project is now approved for construction by INAC. This project includes;
   - Construction of a 1,280 m3 composite Elevated Storage Reservoir (ESR).
   - Tank would be a Glass Fused to Steel Aquastore Tank.
   - Concrete Pedestal to be approximately 9m diameter; height to be confirmed during detailed design.
   - Tank to be approximately 10.5m in diameter and a height of 13m. (to be confirmed during detailed design).
   - Preconstruction and Final Site Works.
   - Chemical Feed and Instrumentation trim chlorination system.
   - Mechanical and Electrical Works.
   - Controls and Instrumentation for communication with the water treatment plant.
   - Reuse of Existing Generator
   - Decommissioning of the existing standpipe.

When completed our new Elevated Storage Reservoir will provide the water quantity needs for Whitefish River residents for a 50 year design period. I wish to acknowledge Council for working with my office to make this project possible.

Away from the Community, we have been very active in the development of two significant documents at the Union of Ontario Indians. The first document is the Water Needs Assessment for the 40 First Nations of the Anishinabek Nation. This report has taken two years of work and identifies the Infrastructure needs of the Anishinabek Nation. Whitefish River played a significant role in the design and production of this Report. We are now strategically positioned to push forward with the Federal Government on infrastructure needs. The second document is the National Housing Strategy (NHS) called for by the Prime Minister. Working with the Anishinabek Nation, the Anishinabek Nation was the only indigenous group to have completed this groundbreaking work by November 2016. The Anishinabek Nation Housing Strategy will now be advanced with the Federal Government to get housing back where it belongs, in the hands of the First Nations and not CMHC or INAC.

On behalf of Council, Happy New Year and all the best in 2018.

**Find me on Twitter @ChiefPaibomsai or on Facebook Chief Shining Turtle**
### Administration Office: (705)-285-4335

<table>
<thead>
<tr>
<th>NAME</th>
<th>JOB TITLE</th>
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<tbody>
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<td><a href="mailto:sandrahm@whitefishriver.ca">sandrahm@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Murray McGregor Jr</td>
<td>Plant Manager</td>
<td><a href="mailto:murraym@whitefishriver.ca">murraym@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Keith Nahwegahbow</td>
<td>Economic Development Officer</td>
<td><a href="mailto:keithn@whitefishriver.ca">keithn@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Nala Toulouse</td>
<td>Water Security Coordinator</td>
<td><a href="mailto:nala@whitefishriver.ca">nala@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Tanja Jacko</td>
<td>Community Energy Advisor</td>
<td><a href="mailto:energyadvisor@whitefishriver.ca">energyadvisor@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Raymond Francis</td>
<td>Band Representative</td>
<td><a href="mailto:ray@whitefishriver.ca">ray@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Sheldon Eadie</td>
<td>Administrative Support</td>
<td><a href="mailto:sheldone@whitefishriver.ca">sheldone@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Tammy Nahwegahbow</td>
<td>Rezound Editor</td>
<td><a href="mailto:rezoundeditor@whitefishriver.ca">rezoundeditor@whitefishriver.ca</a></td>
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### Health Centre: (705)-285-4354

<table>
<thead>
<tr>
<th>NAME</th>
<th>JOB TITLE</th>
<th>EMAIL</th>
</tr>
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<tbody>
<tr>
<td>Leslie McGregor</td>
<td>Health &amp; Social Services Manager</td>
<td><a href="mailto:lmgregor@whitefishriver.ca">lmgregor@whitefishriver.ca</a></td>
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<tr>
<td>Cathy McGregor</td>
<td>Health Centre Receptionist</td>
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</tr>
<tr>
<td>Doreen Jacko</td>
<td>Community Health Representative</td>
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</tr>
<tr>
<td>Genny Jacko</td>
<td>Mental Health &amp; Addictions Worker</td>
<td><a href="mailto:gennyj@whitefishriver.ca">gennyj@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Dave Brutto</td>
<td>Child &amp; Youth Mental Health and Addictions Counselor</td>
<td><a href="mailto:david.brutto@noojmowin-teg.ca">david.brutto@noojmowin-teg.ca</a></td>
</tr>
<tr>
<td>Candice Asinewe</td>
<td>Community Wellness Worker</td>
<td><a href="mailto:candidicej@whitefishriver.ca">candidicej@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Crystal Clark-McGregor</td>
<td>Community Mentor (Right to Play)</td>
<td><a href="mailto:righttoplay@whitefishriver.ca">righttoplay@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Amber Zona</td>
<td>Youth Support Worker</td>
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</tr>
<tr>
<td>Atenee Pitawanakwat</td>
<td>Child &amp; Family Well Being Coordinator</td>
<td><a href="mailto:ateneep@whitefishriver.ca">ateneep@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Gail Jacko</td>
<td>Food Security Coordinator</td>
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</tr>
<tr>
<td>Cliff Jacko</td>
<td>Medical Transportation Driver</td>
<td><a href="mailto:medtrans@whitefishriver.ca">medtrans@whitefishriver.ca</a></td>
</tr>
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### Shawanosowe School: (705)-285-1311

<table>
<thead>
<tr>
<th>NAME</th>
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<tbody>
<tr>
<td>Cheryl Miller-Martin</td>
<td>School Principal</td>
</tr>
<tr>
<td>Cara McGregor</td>
<td>Administrative Assistant</td>
</tr>
<tr>
<td>Lisa Cutter</td>
<td>Grade 5-6 Teacher</td>
</tr>
<tr>
<td>Rick Legrow</td>
<td>Grade 3-4 Teacher</td>
</tr>
<tr>
<td>Tiffany Gagan</td>
<td>Grade 1-2 Teacher</td>
</tr>
<tr>
<td>Victoria Meuleman</td>
<td>JK/SK Teacher</td>
</tr>
<tr>
<td>Sarah Oliver</td>
<td>Special Education Resource Teacher</td>
</tr>
<tr>
<td>Cindy Pitawanakwat</td>
<td>Education Assistant</td>
</tr>
<tr>
<td>Bonnie Nahwegahbow</td>
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</tr>
<tr>
<td>Tracey Megwanabi</td>
<td>Education Assistant</td>
</tr>
<tr>
<td>Jessica Reynith</td>
<td>Education Assistant</td>
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<tr>
<td>Danielle Caicco</td>
<td>Education Assistant</td>
</tr>
<tr>
<td>Danette McGregor</td>
<td>Native Language Teacher</td>
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### Maamwe Kendaasing Child Care Centre: (705)-285-7777

<table>
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<th>NAME</th>
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<tbody>
<tr>
<td>Cheryl Shawanda</td>
<td>Supervisor/Educator</td>
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<tr>
<td>Delores Pitawanakwat</td>
<td>Pre-school Educator</td>
</tr>
<tr>
<td>Jo-Ann Recollet</td>
<td>School/Cultural Educator</td>
</tr>
<tr>
<td>Cindy Tar</td>
<td>Toddler Educator</td>
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<tr>
<td>Blanch Recollet</td>
<td>Cook</td>
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January 2018

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