Shawanosowe School’s 2017 Graduation and Year End Awards Ceremony was held Thursday June 29, 2017 in the Shawanosowe School Gymnasium. The Gymnasium itself was completely transformed with a celestial theme, thanks to our hard working Shawanosowe School Staff! “Under the Same Stars”, was the theme for day as our students were encouraged to reach for the stars and that no dream should be unattainable. WRFN Member Sara Gardner was the keynote speaker, who shared her experiences at the U.S. Space and Rocket Camp Program in Alabama. The awards ceremony, was followed by a luncheon and dance with music provided by DJ Blake Debassige.

Congratulations to our Graduates!

Please note that the deadline for submissions for the next issue is Wednesday July 19, 2017 at noon.
Miigwetch!
rezoundeditor@whitefishriver.ca

“A Place of Visions and Dreams”
Leslie McGregor - Health & Social Services Manager

Non-Insured Health Benefits (NIHB) Program Update (adapted from Health Canada March 2017)

Pharmacy Benefit Information

New Pharmacists Treatment – NIHB has added new products and medications to the list of non-prescription (over the counter) benefits that can be prescribed or recommended by pharmacists. This includes: acne medications; medications to treat eye or ear infections; Vitamin D or multi-vitamins for children; treatments for fungal skin infections; diabetes devices; and blood glucose test strips.

Medications for Treatment of Hepatitis C - the NIHB Program has added new medications for the treatment of chronic hepatitis C. To improve access, the Program has also expanded the coverage criteria so that more clients can obtain these treatments. Effective March 31, 2017, the NIHB Program covers the following medications as limited use (LU) benefits: Harvoni (ledipasvir/sofosbuvir); Sovaldi (sofosbuvir); Epclusa (sofosbuvir/velpatasvir); Zepatier (elbasvir/ grazoprevir); Daklinza (daclatasvir); Sunvepra (asunaprevir); and Ibavir (ribavirin).

Treatment of Auto-immune Conditions - Infliximab is a type of medication used to treat some auto-immune conditions and diseases, such as rheumatoid arthritis, Crohn’s disease and psoriasis. Previously, the only infliximab product reimbursed by NIHB was Remicade. NIHB has recently listed a second infliximab product, called Inflectra. Inflectra is ‘similar’ to Remicade, which means that studies have shown these medications work in the same way, and have similar effectiveness. Effective May 1, 2017, adult clients with new prescriptions for an infliximab medication, who meet NIHB’s coverage criteria, will be covered for Inflectra (instead of Remicade). Clients who are already taking Remicade will continue to be covered for their current medication.

Reduction of Dose Limit for Opioids - opioids are strong pain medications used to treat acute or chronic pain. On January 3, 2017, NIHB lowered the dose limit for opioid medications. The Program is gradually lowering the opioid dose limit to align with Canadian guidelines and ensure client safety. This does not apply to clients who are taking opioids for cancer or palliative pain management.

Dental Benefit Update

Frequency Change for Scaling and Root Planing for Children – as of April 1, 2017, the NIHB Program has changed the frequency of coverage for scaling and root planing for children 0 – 16 years. Dental scaling is a procedure done to remove plaque from a tooth's surface, just below the gumline. Root planing is a procedure done deeper under the gumline to clean the surface of the root of the tooth. Dental providers bill for these services based on units of time; one unit is equivalent to fifteen minutes of time. The number of units eligible annually has not changed, however the frequency period has changed from 6 months to 12 months to allow providers and clients more flexibility to provide the service as needed. Predetermination is not required for services provided within these frequency guidelines. For additional units above the annual maximum, a predetermination (PD) is required.

Increased Coverage for Sealants and Preventive Resin Restorations - effective June 23, 2017, the NIHB Program will increase its coverage for sealants and preventive resin restorations (which are thin plastic coatings applied on the chewing surface of the tooth to prevent tooth decay); coverage for sealants and preventive resin restorations has been extended to include bicuspids; the age limit for coverage of these services has been increased from 14 to 18 years of age; and there is a lifetime limit of 2 sealants/preventive resin restorations per eligible tooth.

Coverage Change for Root Canals on Second Molars - as of December 9, 2016, the NIHB Program will no longer require a predetermination (prior approval) for standard root canal treatments on second molars. This means that, if you need a root canal on a second molar and the service is within the Program policy requirements (such as frequency, tooth condition), your dentist can do the procedure as soon as possible and send the claim directly for payment. With this change, NIHB has removed the predetermination requirement for standard root canals on most teeth (with the exception of wisdom teeth).

July 2017

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*unless otherwise indicated visiting Health Professionals will be in all day*

*Community Health Nurse Lab/Blood Draw Clinic July 14 & 21 @ 10:00 A.M. – Please bring your Requisition(s) Appointments recommended*
COMMUNIQUÉ

TO:       First Nations Leadership
FROM:    COO Executive Office
DATE:    June 20, 2017
RE:       FIRST NATIONS DELIVERY CREDIT IMPLEMENTATION

REGISTER NOW IN ORDER TO REMOVE DELIVERY CHARGES BY AUGUST 1ST

On May 31, 2017 the Province of Ontario passed the *Fair Hydro Act* that will lower electricity bills by 25 per cent on average for all residential customers in the province. This Act also provides the foundation for the First Nation Delivery Credit: The First Nation Delivery Credit will provide First Nation on-reserve households with additional savings through a 100 per cent credit of the delivery line on the monthly electricity bills.

The Chiefs Committee on Energy has been working with the Ministry of Energy to implement the First Nation Delivery Credit for an implementation date of July 1, 2017. First Nation on-reserve residential customers that are currently registered with their Local Distribution Company for the HST exemption will be automatically eligible and enrolled to receive the First Nation Delivery Credit.

To ensure all First Nation on-reserve residential customers receive the First Nation Delivery Credit in the most efficient manner, the existing HST exemption system will be used to identify eligible First Nations on-reserve residential customers. First Nations on-reserve residential customers that are not currently registered with their Local Distribution Company to receive the HST exemption are encouraged to register as soon as possible.

We are asking First Nations leadership to assist by communicating that all First Nations on-reserve residential customers, need to ensure that they are registered with their Local Distribution Company to receive the HST exemption in order to receive the First Nation Delivery Credit. Those First Nation on-reserve residential customers who are registered with their Local Distribution Company prior to July 1, 2017 should see the removal of delivery charges starting as early as August 2017.

For First Nation on-reserve residential customers that are not currently receiving the HST exemption, please have them contact their Local Distribution Company or visit the Chiefs of Ontario website at [http://www.chiefs-of-ontario.org](http://www.chiefs-of-ontario.org) to access further information.

For any further questions or concerns, please contact Amy Lickers at the Chiefs of Ontario at amy.lickers@coo.org or at 416-597-1266
This past month the youth travelled to M’Chigeeng First Nation where they had the opportunity to participate in a Soccer Tournament. The youth of Whitefish River came together with Aundeck Omni Kaning to combine teams; the 11-14 division placed 2nd, and the 6-10 division placed 4th. Miigwetch to all the youth that came out to participate, and to both Mark Peltier and Nelson Wood from Noojmowin Teg for organizing the soccer tournament.

Summer is finally here! I’m happy to say that this summer is going to be jam packed with lots of fun and activities. For the month of July we will have Painted Turtle Camp from July 3rd-July 7th, Day Star Camp from July 10th-July 14th, and Guardian Art Camp from July 16th-July 22nd.

If you would like more information on any of these camps please contact either myself or Crystal McGregor at the Health Centre!
Aamii, my name is Migwans Pitawanakwat. As of June 19th 2017, I have begun my Post-Secondary Summer Employment as the Summer Student Liaison. This summer I will be working alongside the Post-Secondary & Secondary Summer Students throughout their summer employment. This will be my second year in this position & I am once again looking forward to welcoming a new group of friendly and familiar faces. As of July 10th 2017 we should have (10) Secondary & (3) Post-Secondary students working throughout our community. Please don't hesitate to welcome our new Summer Students and offer a few words of encouragement.

For more information I can be reached at the Administration Office at 705-285-4335 or email me at: migwansp@whitefishriver.ca

Miigwetch!
As the summer months are upon us, we encourage parents and guardians to apply sun-block daily to prevent sunburn as the UV rays are especially high in the summer. Remember to also drink plenty of water to prevent dehydration and/or heatstroke. When possible, we will plan our outdoor activities before 11 a.m. and after 4 p.m. The sun’s harmful ultraviolet (UV) rays are strongest between these times.

“Wow!” The Maamwe Kendaasing Child Care Centre held such a special event for our Preschool Children on June 23rd, 2017. Parents and guests eagerly awaited the arrival of the graduating class. The procession was led in by a “Water Song” that had been taught during our smudging circles. We were also honoured to see our three little girls as they brought in the nibi so gently in their copper buckets. Educator Dolores Pitawanakwat opened the day’s events followed by a welcoming message from Chief Franklin Paibomsai.

Chi Miigwetch to the parents for sharing your children with us and seeing them blossom as our future leaders. Congratulations Preschool graduates! Delilah, Leonidas, Havana, Jasper, Lily, Arlo, and Rex.

Enjoy your summer and have fun at BIG SCHOOL!

CALENDAR OF EVENTS:
The Child Care Centre will be closed on the following days:
Monday, July 10 & 11, 2017 all staff will be participating in the First Aid and CPR training as part of our mandatory training and qualifications guided by the Child Care Licensing Manual – Ministry of Early Years Division,

STAFF UPDATES:
We are eagerly waiting for our two high school students to start their positions in the program rooms. It looks like it’s going to be a busy summer with fun filled of summer fun activities such as Sports, Bubbles, and things at the lake and water fun days. We extend a warm welcome to our students and school age children during the summer months.

Maamwe Kendaasing 2017 Graduating Class.

The Day Care offered creative homemade spa treatment activities for Father’s Day.
Hello July!  
Summer has officially arrived and it’s time to put away those books, pens and papers and enjoy the sun or just catch-up on some sleep.

Congratulations to all students! Your goals and dreams are that much closer. Your hard work and dedication is truly motivational and inspiring. Keep up the amazing work!

To all the graduates, from daycare to post-secondary – CONGRATULATIONS! I hope you will always find yourself as happy and full of big, crazy dreams as you march into the new phase of life. Remember, you deserve to see your dreams come true.

July marks a new beginning for the Education Department as a new Education Manager has been hired and officially steps into this role. I trust you will show this new individual the same level of kindness, compassion and patience you have all shown me over the past year. I have absolute confidence in this new individual and I am sure you will too.

Again, thank you, it’s truly been a pleasure.

Have a wonderful summer!

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Kathleen Migwanabi - Membership Clerk

All Life Events are required to be registered. Life Events include: Births, Marriages, Divorces, Name Changes, Deaths, Transfer of Membership, Change of Residence (on-reserve/off-reserve). Contact the Membership Office to obtain the forms.

Birth reporting:
Parents, it is your responsibility to register your child for Indian Status as soon as possible. To register your child, you will be required to complete an Application for registration, and you must include the Original long form birth certificate (also known as statement of live birth).

At this time, you may also wish to register your child as a Citizen of Whitefish River First Nation. Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply.

WRFN Citizenship Code recognizes two ways of becoming a citizen of our First Nation:
1. You may become a Citizen, as of right, by virtue of your parentage under section 4.1 which states: 4.1 (1) “The following persons are entitled to be enrolled in the Citizenship Registrar:
   (a) any person whose name appeared on the Band List maintained by the department prior to the coming into force of this code;
   (b) any person, both of whose parents are enrolled as citizens; or
   (c) any individual who has been granted citizenship pursuant to section 7.2
   (2) A person is entitled to be enrolled in the Citizenship Register if that person has at least one parent who is a citizen, provided that both that parent’s parents are also citizens.

2. You may earn your right to become a citizen through a probationary process under Sections 5.1 which states: 5.1 “The following persons are eligible to make an application for probationary citizenship:
   (a) any person who is a citizen of another First Nation
   (b) any person who is married to a citizen;
   (c) any person, one of whose parents is enrolled as a citizen;
   (d) and Indian who is the descendant of a citizen

(1) Upon application, probationary citizenship may be granted to an applicant if it is in the best interest of the First Nation.

(2) In determining whether the granting of probationary citizenship is in the best interest of the First Nation, consideration shall be given to all of the circumstances of the applicant, including:
   (a) the moral character of the applicant
   (b) the aboriginal ancestry of the applicant
   (c) the applicant’s knowledge of and commitment to learn the language and culture of the First Nation.”

Main Benefits of Indian Status and Band Membership (Citizenship) may include:

1. Indian Status: possibility of post-secondary education funding, non-insured health coverage, treaty payments (if applicable), and exemption from certain federal and provincial taxes.

2. Band Membership (Citizenship): a right to reside on reserve, a right to housing, voting privileges within the band, and a right to community involvement and affairs.

Certificate of Indian Status Cards
If you require a status card, either for renewal or you lost your status card, you are required to produce two pieces of government issued identification. Acceptable forms of identification are:

• Certificate of Indian Status Card
• Birth Certificate
• Canadian Passport
• Driver’s License
• Provincial ID Card
• Provincial Health Card
• Student ID Card
• Guarantor Form

TREATY DAY for WHITEFISH RIVER FIRST NATION
Registered Status Members, Treaty Day is usually scheduled during the month of May, and has come and gone for this year. If you were unable to attend Treaty Day in person, you may submit a Treaty Request Form. Contact the Membership office to request the treaty Annuity Request Form or visit the INAC website, or use this link:

Please mail the completed form to the ONTARIO NORTH, INAC Anemki Business Centre, you must include a photocopy of your status card and mailing address.
Keith Nahwegahbow - Economic Development Officer

Ahni!

**Wifi Update**

There have been many obstacles and unforeseen circumstances when it comes to bringing affordable high speed internet to WRFN. WRFN had partnered with a local expert on the possibility of providing high speed, low cost internet to the community. After much deliberations it was determined that there were too many uncertainties when it comes to becoming our own wireless internet service provider. I had the opportunity to submit funding applications to support the connection of a new internet service in WRFN. We had talks with a service provider about using this fund to support them with connecting the community to high speed internet. Unfortunately WRFN was considered to be a low priority when it comes to funding due to the fact that there are many internet service providers in the community already.

These companies mainly supply wireless internet services and direct satellite links. But some have cable and high capacity transport services. WRFN has unique situation dealing with geology and foliage, which affect wireless internet speeds. A wireless network will leave some parts of the community with slow internet connection.

The next steps will be to look into the feasibility of getting a wired connection in the community. The wired connection can be coupled with wireless connections to reach the outer parts of the community and to eliminate some factors in a slow wireless connections. Their wired internet connections run through the highway so I don’t see why we can’t get it within WRFN.

**Information Session**

We had our information session with Contact North, Mnidoo Misning Employment and Training, and Waubetek business development services June 23rd and 24th 2017. This session was designed as a drop in event where community came in to inquire and receive information about the service provided. If you missed the session or need more information you can see myself at the administration office for more information.

For more information, please contact Keith Nahwegahbow, Economic Development Officer at 705-285-4335 ext. 216 or via email keithn@whitefishriver.ca

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**Local Business Directory**

**Waubetek Business Development Corporation**
General Manager: Dawn Mahdahbee
Tel: 705-285-4275
Mailing Address: General Delivery 7 Rainbow Valley Road, Birch Island, Ontario, POP 1A0

**Birch Island Construction Company**
Band Owned
General Manager: Bill Moroz
Tel: 705-285-4335
Mailing Address: General Delivery, Birch Island, Ontario, POP 1A0

**Community Based Research**
Owner: Lorrielle McGregor
Tel: 705-285-4141
Email: communitybasedresearch@hotmail.com
Mailing Address: General Delivery, 38 Beedahbun Road, Birch Island, Ontario, POP 1A0

**D&D Trading Post**
Owners: Mark & Debbie Shawanda
Tel: 705-285-1491
Email: NA
Mailing Address: General Delivery, 7156 A Highway 6 South, Birch Island, Ontario, POP 1A0

**Francis Construction**
Owners: Greg Francis
Tel: 705-285-1331
Email: NA
Mailing Address: General Delivery, Birch Island, Ontario, POP 1A0

**General’s Store**
Owners: Jeff McGregor
Tel: 705-285-1491
Email: NA
Mailing Address: General Delivery, 7156 A Highway 6 South, Birch Island, Ontario, POP 1A0

**J&A Clean Team**
Owner: Ann McGregor and Judy Nahwegahbow
Tel: 705-285-1655
Mailing Address: General Delivery 7 Rainbow Valley Road, Birch Island, Ontario, POP 1A0

**J&D Marina**
Owner: Harold & Linda McGregor
Tel: 705-285-4293
Mailing Address: General Delivery, 7 Rainbow Valley Road, Birch Island, Ontario, POP 1A0

**Lourisse Masonary**
Owner: Lawrence Andrews
Tel: 705-285-4465
Mailing Address: General Delivery, Birch Island, Ontario, POP 1A0

**Maadjitawin Counseling & Consulting**
Owner: Carianne Agawa
Tel: 807-630-3171
Email: cagawa@lakeheadu.ca
Mailing Address: General Delivery, 84 Maple Heights, Box 176, Birch Island, Ontario, POP 1A0
Website: www.imready4change.ca

**McGregor Snow Ploughing**
Owner: Murray McGregor Jr.
Tel: 705-285-9950
Mailing Address: General Delivery, Birch Island, Ontario, POP 1A0

**Mirror Reflections**
Owner: Richard Shawanda
Tel: 705-285-1535
Mailing Address: General Delivery, Maple Heights Road, Birch Island, Ontario, POP 1A0

**Recollet Woodworking**
Owner: John Recollet
Tel: 705-285-4907
Mailing Address: General Delivery, 7A Denny Lane, Birch Island, Ontario, POP 1A0

**Resolution Development Group**
Owner: Mike & Peggy McGregor
Tel: 705-285-0250
Mailing Address: General Delivery, 6771 Hwy 6, Birch Island, Ontario, POP 1A0
Email: resolution.development.group@gmail.com
To add or update business information, please contact Keith Nahwegahbow, Economic Development Officer at 705-285-4335 ext. 216 or via email keithn@whitefishriver.ca

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**COMMUNITY NOTICE**

**WHITEFISH RIVER DEVELOPMENT CORPORATION**

**ANNUAL GENERAL MEETING**

Rescheduled - Date to be Determined

Whitefish River Community Centre

**CATERED DINNER!**

Custom Feast Bag for all in attendance!
Door Prizes will be available!

**All members of Whitefish River First Nation are entitled to attend this meeting**
All voting members of Whitefish River First Nation are entitled to vote at this meeting

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**WHITEFISH RIVER DEVELOPMENT CORPORATION**

General Delivery Birch Island, Ontario, POP 1A0
Telephone (705) 285-4335 Faxmachine (705) 285-4532
Chief Shining Turtle and Councillor Gerry McGregor present Nishin Meawasige with gifts of appreciation for his contributions to WRFN. Nishin has served as our Band Manager since September of 2014. WRFN Administrative and Health Staff gathered for his farewell luncheon to offer their best wishes on his next adventure.

Beware of Lyme disease

You should know that mosquitoes are not the only insects that can make your life difficult. Beware of tick bites that can transmit Lyme disease, a disease that can lead to complications if it is not detected in time.

Lyme disease is caused by the bite of infected blacklegged ticks. Ticks thrive in wooded areas. Tick bites are usually painless, and most people do not know that they have been bitten.

Lyme disease in humans can have serious symptoms such as extreme fatigue, recurring arthritis and neurological problems, but it also can be effectively treated.

Useful tips to protect yourself:
- Wear closed-toe shoes, long-sleeved shirts and pants;
- Use insect repellent containing DEET (active ingredient that repels insects) or Icaridin (always follow the instructions);
- Shower or take a bath within two hours of being outdoors to wash away loose ticks.

Protect yourself, your family members and pets by using resources of the Public Health Agency of Canada:
- Visit canada.ca/lymedisease;
- Watch the awareness video;
- Download the Lyme disease toolkit.

Motocross Racing Demonstration and Information Session

Saturday July 22th 2016, @ 1:00PM
Whitefish River Community Centre
6 Rainbow Ridge Road

Canadian Motocross Racing Corporation
Race Day Field Trip

Sunday July 23rd 2017
Providence Bay, Ontario

For more information
contact Bryton McGregor
Tel: 905-375-9739 or email @ bryton.mcgregor@live.com

June 1, 2017

COMMUNITY NOTICE

Dear Community Member:

We are taking this opportunity to write to you today about some changes that will be taking place in the near future.

Over the last few years we have had the opportunity to work together at the leadership level to advance the best interests of the community. Like all communities, we have had both challenges and successes, but most importantly, we have worked together as both Chief and Council and Administration to promote positive change in Whitefish River First Nation.

In our effort to provide appropriate notice to you as a valued member of the community, we are thus advising you that Nishin Meawasige, Band Manager will be leaving his position with a last date effective on June 13, 2017. Collectively, we acknowledge the contributions that Nishin has brought to Whitefish River First Nation and wish him and his family well in the next stages of his career path.

Nishin would like to thank the community for their friendship and support in making he and his family feel welcome in the community during his time here. He is especially appreciative for the care being provided for his son Rex at Maamiwe Kenebaking Child Care Centre and getting to know our students at Shawanoswe School.

Lastly, Nishin wishes to acknowledge Chief and Council and thank them for their friendship and leadership in guiding his role as Band Manager for Whitefish River First Nation.

Please feel free to visit and say farewell to Nishin in the time leading up to his departure.

Migwetch.

Respectfully and In Unity,

Chief Franklin Palbonsai
Band Manager

Nishin Meawasige
Band Manager

WHITEFISH RIVER FIRST NATION
17A Rainbow Ridge Road, Ontario P0P 1A0
TEL (705) 285-4335  FAX (705) 285-4532  www.whitefishriver.ca
Bee Aware!

Did you know that there are 20,000 different bee species in the world? And that we now have one of the 20,000 of species in our community today? The honey bee. Honey bees consist of 3 types of castes in their colonies, there is one queen bee, thousands and thousands of worker bees, and then the drones.

The difference between wasps and honey bees are that they both come from two different families, honey bees come from the Apidae family and the wasp comes the Vespidae family. The honey bee is more of a low key bee, but will sting if you provoke them. While wasps are naturally more aggressive and protective of their hives. Honey bees are herbivores, wasps are carnivorous. They both have physical differences in their body shapes and sizes, the honey bee is round and fuzzy and is a bit smaller than a wasp, while the wasp has more of a long narrow-waist and it has 4 wings.

Facts about honey bees!

• Did you know that bees can see colour?
• The only colour they can’t see is red.
• Honey bee’s wings stroke incredibly fast, about 200 beats per second! Making their famous BUZZZ sound.
• The honey bees do a dance with that is called the “waggle dance” to communicate with the other bees and tell them exactly where other flowers are.
• It takes almost 1,058 bees to fill 22oz jar of honey!
• A queen bee can live up to 3-5 years and lay 2000 eggs per day, while worker bees only live for about 40 days in the summer.

Bee Yard Etiquette

Don’t be afraid, as no life loving bee wants to sting you. Still, don’t be silly; wear long sleeves and pants DON’T SWAT. Don’t even think about swatting. If you ever feel scared W H I S T L E Above All Send the bees love every little thing wants to be LOVED.

Bee Yard Etiquette

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Busy Bees

Tyler Agawa - Garden Support Worker

The bees are here and they’re as busy as can bee! Instead of working with two hives our apiary is comprised of four workable hives, each with it’s own colony. The bee yard is located behind the old water treatment building. This is where the bees will be housed throughout the consecutive seasons. This project was made possible through funding provided by the TD Friends of the Environment grant. A big thanks goes out to TD!

Whitefish River’s inaugural beekeepers include: Gail Jacko, Michael Aelick, Caitlin Tabossigai, Sherry Recollet, Carrianne Agawa, Evelyn Jacko, Quentin Megwanabe, and of course, yours truly. Besides working in our own apiary, the beekeepers also have the unique opportunity of working alongside our mentor Wayne Leblanc at his own bee yard in Wikwemikong. Our honeybee’s will be gathering pollen, and pollinating any flowering plants within a five km radius of the hives. Any gardens within this area (including the community gardens) will likely have plenty of our bees as visitors. But there is no need to be alarmed. Their frequent visits will result in an increased yield for all of your flowers, and vegetables. Just remember: when working around bees, move slowly and deliberately. The bees are usually too busy going about their tasks to take notice of you. If any of them should happen to land on you it’s likely that they are just curious, and simply checking you out. Do not swat at the bees.

They are on a journey away from home and gathering pollen for their family. Be mindful of the bees, they are not the same as wasps, which are far more aggressive in nature. If you’re interested in visiting the bee yard or volunteering as a beekeeper, you can contact Gail or myself at the Health Centre. We’d be more than happy to talk bees-ness with you. Also, don’t forget to attend our bi-weekly Garden Committee meetings where we discuss topics regarding our bees, and gardening, in greater detail. But for now, the bees are happy and adjusting well to their new surroundings.

Until next time, take care, and keep growing.
On June 9th, 2017 the students of Shawanosowe School participated in the implementation of the school’s very own Rain Garden. The project was coordinated by Amber Pitawanakwat and Keith Nahwegahbow. Amber is a student at Trent University and has the opportunity to be a part of the Youth for Water program in Peterborough. The Youth for Water program was created by the Sacred Water Circle and Green Communities Canada in an attempt to help youth make changes in their communities in regards to water issues.

Amber had approached WRFN in the fall with the idea of implementing a rain garden. Rain gardens are shallow, bowl shaped gardens that are designed to capture and filter storm water during rain events. Rain gardens can be a way to mitigate flooding because they can absorb 30% more water than a normal lawn. They also filter out up to 90% of pollutants that often find their ways into waterways such as car fluids, pet waste and sediments. Not only are rain gardens beneficial to the environment by removing pollutants and recharging ground water, they are also aesthetically pleasing. The garden is filled with a variety of native wildflowers that were chosen based on their attractiveness for pollinators such as bees, butterflies and hummingbirds. I am pleased with how the garden turned out and I hope that this project can be a tool for others to create gardens that provide habitat for pollinators and bring more environmental value to the community.

Thank you to everyone who had a helping hand in making the project a success and to the RBC Bluewater Project who funded this project.

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**The Dirt on Dirt**

Gardening is more than just growing plants but we tend to focus on this because this is the end result. The most important job is feeding the soil, if you treat the soil with respect it will reward you with healthy food. Soil is the foundation of your garden. The ideal soil gardeners want is Loam, Loam has the perfect balance of sand, silt, clay, and humus. In Birch Island we have very little soil and it tends to be heavy with clay. With that being said clay gives a base to start with. Clay contains a lot of the minerals and nutrients plants need but it is difficult for them to access because of clays tightly packed particles. Sand and organic matter have to be added to the clay to make your own Loam. A simple test to see what kind of soil you have is the Mason Jar Test.

**Mason Jar Test.**

Take a Mason jar and put a bit of soil in it. (Just under half)

Fill the jar with a bit of water but not to full. Shake the jar and let settle. After two hours the clay, silt and sand will have settled into different layers, (refer to diagram)

This test will give you an idea of what you will have to add to your soil. The ideal soil should have 20% clay, 40% silt, and 40% sand. Remember this is ideal and not much in life is perfect. If you don’t have ideal soil it doesn’t mean you won’t be able to grow anything and good soil is not built overnight.

Healthy soil is teaming with microorganisms and fungi. It is said that there is anywhere from 1 million to 1 billion bacteria in one teaspoon of healthy soil. Without soil microorganisms, fungi, insects, and worms feeding on organic matter, the nutrients in organic matter would remain unavailable to plants. Organic matter improves soil, but beneficial properties are only released after being processed by soil organisms.

**Ways to Encourage Beneficial Soil Organisms.**

Amend the soil. Add organic matter to the soil. Compost is the best way to add organic matter to your soil. Use mulch. Nature does not like bare soil and will do everything it can to establish plants on bare soil. Water effectively. Plants will benefit from a weekly deep watering as opposed to frequent small watering. Avoid unnecessary rotor-tilling, rotor-tilling will destroy soil structure. It will bring all the beneficial microorganisms to the surface where they will dry out and die. Avoid unwarranted pesticide applications.

**Feed your soil and your soil will feed your plants.**
June was a busy month in WRFN!

June 12, 2017, Shawanosowe School held a Science Fair.

WRFN Health prepared a delicious BBQ lunch for the community on National Aboriginal Day.

Natasha wins big at the Aboriginal Day Prize Bingo.

Victoria races through the Extreme Rush inflatable obstacle course.

Rayden defends his territory, at Shawanosowe School’s Fun Day, June 27, 2017.

Councillor Cara McGregor took one for the team during Aboriginal Day festivities.

Soleil takes a well-deserved break in the obstacle course.

Richard & Corinna Shawanda were the champs at the Aboriginal Day Horse-shoe Tournament. Allien Pahomsai & Luke Owl were the runners-up.

Fireworks and an outdoor family dance, rounded out the Aboriginal Day celebrations!
Each year since the passing of my father, the late great Donald Gregor McGregor Sr. in December of 2002 I have sponsored the Community Spirit Award at Shawanosowe School Graduation. The first year I sponsored this award was in June of 2003.

When I pondered about what I can do in his memory following his death I thought of who he meant to me and what I thought of what his legacy was. My dad loved Whitefish River, our community, the families, friends and visitors. He was always volunteering and would be at every community event from the carnivals, to Christmas concerts, the Pow Wow and of course Bingo!

He loved to see our community gather and have fun and support one another in building our community spirit up.

The Donald McGregor Sr. Community Spirit Award is presented to a Grade Six Graduating Student who exemplifies his or her love for the community by being involved in community events, volunteering at community events and being part of raising community spirit here in Whitefish River.

This year’s recipient was K.C. Migwane-bi. I know she is well deserving of this award as I have seen K.C. in the community for several years helping out, participating at community events and always around to lend a hand.

Congratulations KC!

Kiki Pelletier
NOTICE TO ALL MEMBERS OF WHITEFISH RIVER FIRST NATION

In November 2016, Whitefish River First Nation held a ratification vote on the Anishinabek Nation Education Agreement (AES) and our Education Constitution. In total, 203 votes were cast, 152 in favour of the initiative and 48 against it. While strong, these numbers did not meet the required approval threshold of 25% plus one of all Eligible Voters required.

The previous threshold will not apply to the second vote. The vote will be based on a simple majority.

Therefore, a second vote will be held on July 26, 2017 to ratify the Anishinabek Nation Education Agreement (AES) between Whitefish River First Nation and Canada.

The Ballot question is:

Do you support Whitefish River approving the Anishinabek Nation Education Agreement?

You are eligible to vote if you are 18 years of age or older by the end of the Voting Day and your name appears on the band list or your entitled to have your name appear on the band list. You will be required to produce identification in order to vote. To confirm your name is on the Eligible Voters List or to receive instructions on the process to request changes to the Eligible Voters List, contact the First Nation Ratification Officer at the address below.

Voting on-Reserve will take place on July 26th, 2017, between the hours of 9:00 a.m. and 8:00 p.m. Voting station will be located at: WRFN Community Centre at 6 Rainbow Valley Road.

You are also able to vote by mail-in Ballot. In order to receive a mail-in Ballot, you can request a mail-in Ballot by mail, email, facsimile, phone, or in person from the Ratification Officer at the address below before July 10, 2017, and be received by July 25, 2017 at the Whitefish River Administration office located at 17A Rainbow Ridge Road, Birch Island, ON, P0P 1A0.

You may only vote once.

All votes will be counted at the First Nation Voting Station located at Whitefish River First Nation Community Centre after the close of polls on the Voting Day.

You can obtain a copy of the Anishinabek Nation Education Agreement, the Anishinabek Nation Education Fiscal Transfer Agreement, the Education Implementation Plan, or your First Nation Education Constitution by contacting the First Nation Ratification Officer at the address below.

This notice is given 4th day of July, 2017 by Gail Pelletier (Kiki) – A.E.S Ratification Officer for Whitefish River First Nation.

Gail Pelletier, A.E.S Ratification Officer
Whitefish River First Nation
17 A Rainbow Ridge Road,
Birch Island, ON
P0P 1A0
Phone: 705-285-4335
Fax: 705-285-4532
kikip@whitefishriver.ca
Eligible Voters:
How to Request a Mail-in Ballot

Our First Nation is holding a second ratification vote for the Anishinabek Nation Education Agreement on July 26, 2017. The vote will be held at the Whitefish River First Nation Community Centre, and voting will take place for one day only. Do not miss your opportunity to have your vote count!

If you wish to vote by mail-in Ballot, please contact our First Nation Ratification Officer, Gail Pelletier, no later than July 10, 2017, to receive your mail-in ballot.

To receive a mail-in ballot, you must make a request for the mail-in Ballot by E-mail, fax, telephone, or in-person to the First Nation Ratification Officer Gail Pelletier at the address below:

Gail Pelletier  
A.E.S Ratification Officer  
Whitefish River First Nation  
17 A Rainbow Ridge Road,  
Birch Island, ON  
POP 1A0  
Phone: 705-285-4335  
Fax: 705-285-4532  
kikip@whitefishriver.ca

Once you have received the mail-in Ballot, please mail your completed Ballot to the First Nation Ratification Officer as soon as possible. In order to count your cast Ballot, the First Nation Ratification Officer must receive your Ballot before 8:00 p.m. on voting day.
**Mythbusters on the Anishinabek Education System**

**Myth 1:** We have to vote again because it was unclear if we voted “YES” to the AES.

**The True Story:**
In December 2016, our First Nation citizens voted overwhelmingly “yes” to the Anishinabek Nation Education Agreement. We had 14 communities who met the 25% + 1 threshold required under Canada’s ratification policies. There were some communities who had an overwhelming “yes” vote, but just didn’t have enough votes cast. Despite this, the Government of Canada does not accept our First Nation vote results.

Canada’s position is that because we did not meet the 25% + 1 threshold required under Canada’s ratification policies, your community did not ratify the Education Agreement.

**Myth 2:** The Anishinabek Education System is just like Indian Residential Schools.

**The True Story:**
The purpose of Indian Residential Schools was to “kill the Indian in the Child”. The Anishinabek Education System will promote culture, language, and well-being in our children.

**Myth 3:** The Union of Ontario Indians will get all of the funding for the Anishinabek Education System.

**The True Story:**
No, the funding will flow through the Kinoomaadziwin Education Body and go directly to the First Nations who are part of the system.

**Myth 4:** The Union of Ontario Indians will be administering post-secondary education funding for our students.

**The True Story:**
First Nations will be the ones administering post-secondary funding. Anishinabek control over Anishinabek education.

**Myth 5:** There is Own Source Revenue (OSR) in the Education Fiscal Transfer Agreement.

**The True Story:**
In section 11.1 and 11.5 of the Education Fiscal Transfer Agreement, it states that there is NO Own Source Revenue in this Agreement.

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**Preparing for the Second Vote:**

**Questions & Answers**

**Why is my community having ANOTHER education vote?**

In December 2016, our First Nation citizens voted overwhelmingly “yes” to the Anishinabek Nation Education Agreement. We had 14 communities who met the 25% + 1 threshold required under Canada’s ratification policies. There were some communities who had an overwhelming “yes” vote, but just didn’t have enough votes cast. Despite this, the Government of Canada does not accept our First Nation vote results.

Canada’s position is that because we did not meet the 25% + 1 threshold required under Canada’s ratification policies, your community did not ratify the Anishinabek Nation Education Agreement.

**Do I need to vote again even though I voted the first time?**

YES, it is important for our First Nation to confirm our “yes” vote. We are asking you to vote in a second ratification vote to show to Canada that our First Nation members truly support better education for our students both on- and off-reserve.

Education is important to us now and for future generations. Let’s show the Government of Canada that we are certain that we want to move forward with the Anishinabek Nation Education Agreement. We want to control education and provide the programs and services that our students require to achieve their educational goals.

Voting will take place for one day only in the community (please ask your Band Office for further information for voting date and location). If you wish to vote by mail-in ballot, please contact your band office to receive your mail in-ballot.

If you have any questions on this second ratification vote, please contact Jessica Sandy, Ratification Vote Coordinator: jessica.sandy@anishinabek.ca

**How do I vote?**

There is no threshold for this vote. We will count all of the ballots that are cast and we need more “yes” votes than “no” votes. The vote will be carried by a simple majority of the ballots cast.

Education is important to us now and for future generations. Let’s show the Government of Canada that we are certain that we want to move forward with the Anishinabek Nation Education Agreement. We want to control education and provide the programs and services that our students require to achieve their educational goals.

Voting will take place for one day only in the community (please ask your Band Office for further information for voting date and location). If you wish to vote by mail-in ballot, please contact your band office to receive your mail in-ballot.

If you have any questions on this second ratification vote, please contact Jessica Sandy, Ratification Vote Coordinator: jessica.sandy@anishinabek.ca
### Voting Yes

<table>
<thead>
<tr>
<th>We make their own education laws</th>
<th>Canada controls First Nation education through federal laws</th>
</tr>
</thead>
<tbody>
<tr>
<td>We control education from JK to Grade 12 – control over spending education funding and all decisions on education program and service delivery</td>
<td>The Minister of INAC controls education funding and programs and services through federal policies and programs</td>
</tr>
<tr>
<td>Education funding decisions are made by the First Nation to support education needs of our students</td>
<td>Canada tells the First Nation how to spend education funding based on national programs and services not based on student needs</td>
</tr>
<tr>
<td>Streamlined education reporting</td>
<td>Complicated education reporting based on federal requirements</td>
</tr>
<tr>
<td>We work with the other Anishinabek First Nations to set up our own education system</td>
<td>Canada makes all decisions for First Nation education and each First Nation is on its own for education</td>
</tr>
<tr>
<td>We get new funding from Canada to pay for our education system</td>
<td>There is no new funding for running our education system. There is no First Nation education system.</td>
</tr>
<tr>
<td>Canada will fund education at agreed-upon funding levels under agreed-upon formulas for Students and for running our education system</td>
<td>Canada sets the funding levels and says how the funding can be spent without input from the First Nation</td>
</tr>
<tr>
<td>Canada agrees that the Education Agreement does not affect our treaty and aboriginal rights. Our rights are protected.</td>
<td>No written agreement that Canada on our aboriginal and treaty rights.</td>
</tr>
<tr>
<td>We can negotiate new treaties or other agreements, including agreements on education in the future</td>
<td></td>
</tr>
<tr>
<td>The First Nations and Canada agree to education funding levels. Education funding will increase if we have more students.</td>
<td>Canada sets funding levels.</td>
</tr>
<tr>
<td>If Canada provides more education funding to other First Nations in the future, we will have matching increases.</td>
<td></td>
</tr>
<tr>
<td>New funding to run the Anishinabek Education System</td>
<td></td>
</tr>
<tr>
<td>New funding for setting up the Anishinabek Education System</td>
<td></td>
</tr>
<tr>
<td>Post-Secondary Student Support Funding is included as part of education funding</td>
<td>Canada controls post-secondary funding and can change or eliminate the funding at any time</td>
</tr>
<tr>
<td>We can sign the Master Education Agreement with Ontario to set up a new partnership with Ontario to support Anishinabek students on- and off-reserve</td>
<td>No deal with Ontario in education</td>
</tr>
<tr>
<td>New funding for education from Ontario</td>
<td>No funding from Ontario for education</td>
</tr>
</tbody>
</table>
Ngo Dwe Waangizid Anishinaabe
One Anishinaabe Family
Preamble to the Anishinaabe Chi-Naaknigewin (Constitution)

Debenjiged gli’saan anishinaaben akiing giibi dgwon gaadeni mnidoo waadiziwin.
Creator placed the Anishinaabe on the earth along with the gift of spirituality.

Shkode, nibi, aki, noodin, giibi dgosdoonan wi naagdowend-mang maanpii shkagmigaang.
Here on mother earth, there were gifts given to the Anishinaabe to look after; fire, water, earth and wind.

Debenjiged gli miinaan gechtwaa wendaagog Anishinaaben waa naagdoonjin ninda niizhwaaswi kino maadwinan.
The Creator also gave the Anishinaabe seven sacred gifts to guide them. They are: Zaagidwin, Debwewin, Mnaadendmowin, Nbwaakaawin, Dbaadendiziwin, Gwekwaadziwin miinwa Aakedhewin.

Loove, Truth, Respect, Wisdom, Humility, Honesty and Bravery.

Debenjiged kiimiingona dedbinwe wi naagdowendiwin.
Creator gave us sovereignty to govern ourselves.

Ka mnaadendanaa gaabi zhiwebag miinwaa nango megwaa ezhwebag, miinwa geyaabi waa ni zhiwebag.
We respect and honour the past, present and future.

AAMJWAANG FIRST NATION (June 7, 2017) – This year, Canada will celebrate 150 years since the formation of the Canadian state. There is a long history prior to and since this time with First Nations across Turtle Island. This history cannot and should not be forgotten. However, it should not impede finding a new path forward.
The Anishinabek Nation Government continues to extend its invitation to renew alliances and partnerships with the newcomers to our lands, represented by the Government of Canada.
The Anishinabek Nation expects that meaningful co-existence between the Government of Canada and the Anishinabek Nation must be based on mutual recognition, mutual respect, sharing, and mutual responsibility.

Without the contributions of First Nations during the War of 1812, there would be no celebration of 150 years. Assimilation policies and a blatant disregard for the human rights and the inherent rights of the Anishinaabe Peoples have caused unmentionable suffering, humiliation, and the deaths of countless people.
Now is not the time for celebration, but a time for reflection, acknowledgement and a meaningful commitment to change these discriminatory policies and legislation.
The settler governments have committed cultural genocide against our people. While there has been great upheaval in our Nation, we have endured and we will prevail. We did not disappear, become extinct, become assimilated, and we are not “Aboriginal Canadians”.

We are Anishinabek.

Anishinabek First Nations will continue lead and build alliances and relationships with their neighbours through constructive dialogue and actions that support reconciliation and healing. For the next 150 years and beyond we must have a collective and determined focus to elevate healthy relationships needed in this country between First Nations and Canadian citizens – let’s build towards something to truly celebrate.

We are All Treaty People.
Anishinaabeg: Art & Power unlike any Royal Ontario Museum has seen

By Barb Nawegahbow
Windspeaker.com Contributor

TORONTO

Chief Stacey LaForme wasn’t prepared for the intense emotion he felt when he walked into Anishinaabeg: Art & Power, the exhibition at the Royal Ontario Museum (ROM) that opens on June 17 in Toronto.

“Powerful is the only way I can describe it to you,” said Chief LaForme of Mississaugas of New Credit First Nation to the 200 people gathered at the Community Opening reception for the exhibition.

“When I walked in there, I felt such intense power from it. You’re immediately transported back to old days. You’re immediately reminded of your connection to your history and your culture.”

The breadth, scope and beauty of the work is awe-inspiring as evidenced by the reactions of people who attended. The exhibit runs until Nov. 19 and is a celebration of the beauty, power and passion of Indigenous art.

It explores the history, traditions and legends of the Anishinaabeg through several hundred years of their art. It primarily focuses on Anishinaabeg beadwork and paintings of the Woodlands School.

Photograph caption:
Stone pipe bowl carved with a narrative scene, Manitoulin Island around 1840.
Victoria College Collection
C Royal Ontario Museum

Anishinaabeg: Art & Power was developed by three curators – Arni Brownstone, who has been with ROM since 1972, and two guest curators, Alan Corbiere and Saul Williams.

Corbiere is a historian from M’Chigeeng First Nation on Manitoulin Island, Williams, from North Caribou Lake First Nation in northern Ontario, is a painter and a member of the Woodlands School of Art. The show was initially just to include Woodlands School paintings, said Corbiere, but expanded to include beadwork, sculptures, pipes, drums, birchbark scrolls and a syllabics scroll.

The Woodlands School, well-known through the work of Norval Morrisseau, blossomed in the early 1970s. Through their paintings, Morrisseau and later artists shared the Anishinaabeg beliefs and traditions that had gone underground for many centuries, because of persecution by the state and church.

Brownstone said they sorted through 700 paintings and selected 25 for the exhibition. Included are early paintings of Morrisseau done on kraft paper, as well as works by Carl Ray, Blake Debassige, Francis Kagige, Richard Bedwash, Daphne Odjig, Del Ashkewa, Jackson Beardy and Roy Thomas, among others.

Kathryn Wabegijig of Garden River First Nation has a piece entitled, “Self Portrait in Reclaimed Copper” with the artist’s silhouette done in copper pennies hammered to obliterate the Queen’s face. Wabegijig has portrayed herself as though framed in a Canadian penny.

The beadwork in the exhibition dates from 1875 to 1925. A favourite piece of Chief LaForme’s is a Ceremonial Shirt collected in 1890 by the Indian Agent at Turtle Mountain, North Dakota.

One of the themes of the exhibition is the way that Anishinaabeg art changed as they moved and intermingled with other nations. The woolen shirt shows the changes in dress clothing that came about when the Anishinaabeg moved west and were influenced by their prairie neighbours. Some of the beadwork is Plains geometric beadwork, but some of it remains true to Anishinaabeg designs.

Urban Indigenous youth were uppermost in Corbiere’s mind when he was curating. These kids may never get the opportunity to see these things, he said. “They’ll maybe see pipes, but they won’t see the magnificently sculptured pipes on display here. And maybe they have an app that shows syllabics, but here they’ll see a piece of birchbark painted with syllabics.”

Corbiere has a favourite piece in the show, a small wooden statue cloaked in snakeskin carved circa 1700s by Chief Pitwiggig of Walpole Island. It was used to make sacred offerings. It’s fascinating, said Corbiere because it’s a symbol of our endurance but also of religious persecution and colonization.

When the Jesuits arrived at Walpole Island in 1844, said Corbiere, “they began cutting down trees to build a church having obtained permission from the Governor and the Indian Agent. The Jesuits had not consulted with the chiefs who told them to stop. A debate ensued but the Jesuits carried on. Within a week of finishing the church, it was burned to the ground and Chief Pitwiggig was the main suspect.

In 1870, the chief was converted to Christianity and became Anglican at which point he gave the deity figure to the Anglican priest’s wife. “It’s the story of what we went through in just one item,” said Corbiere, and he hopes it sparks important conversations.

Williams has a piece in the exhibition titled, “White Women and Their Plants.”

“When I first came to Toronto in 1972,” Williams said, “and those kind people took me into their homes…what I noticed in most houses was there was plants, all kinds of things growing inside. But back home in my mother’s house, you wouldn’t see that. You would see tools like axe or snares, traps, or clothes drying, snowshoes. But you wouldn’t see plants. You wouldn’t see flowers.”

This observation about cultural difference inspired him to create the piece in the show. “I like telling stories with my art,” Williams said, “I paint what I see.”

Arni Brownstone said this show is distinctive in that it takes into account the fact that the Anishinaabeg “lived in a multi-ethnic environment for many years before the Europeans came and intermingled. What happens to the art? What happen as a result of that cultural interface? That’s one of the things this exhibition emphasizes that I think is unusual.”

ROM Director and CEO Josh Basseches said Anishinaabeg: Art & Power is, “an exhibition unlike any this museum has seen.”

This collection, he said, has been assembled by passionate Indigenous artists and teachers who are well-positioned to tell the story about their communities.

“Just as important as the stories we tell are those who do the telling,” said Basseches. The Truth and Reconciliation Report presents both a challenge and a great opportunity, he said, “to change how we share the stories and objects of the First Peoples whose cultures precede the founding of this nation by centuries.”

The ROM offers free admission to Indigenous Peoples, including First Nations, Inuit, and Métis. This offer includes the exhibition Anishinaabeg: Art & Power but does not apply to special programs, annual memberships, or surcharged exhibitions.
An Early Father's Day Gift

Thursday June 1st, 2017 was not the normal scheduled Father's Day for 2017, but to me it was. Overwhelmed with pride I got a chance to see my two sons graduate from the Cambrian College Civil Engineering Technician Program. Shane McGregor graduated with a 3.0 Grade Point Average placing him on the Honor Roll and Justin McGregor graduated with a 4.0 Grade Point Average placing him on the Scholars Roll. This accomplishment from both young men proved they had the will power and determination to get through a very tough program of math, algebra, surveying, construction methods, quality control and computer aid drafting just to name a few classes. Like the many young members of Whitefish River who also graduated in 2017 the pride of their families and our community was shown with family and friends gathering for an opportunity for pictures with the graduating students. Part of the family pride shown was also for Justin and Shane's respective partners who were also graduating June 2nd, 2017 from Cambrian College from their respective programs. Cheyenne Pitawanakwat graduated from Social Worker Program and Paige Jacko graduated from Child and Youth Care Practitioner Program. As many families know having one child in post-secondary is a challenge, having four in college at the same time showed what unity in family can accomplish. Both Shane and Justin have chosen to continue their engineering diploma by finishing the third year Civil Technology Program. Your Mom, Pa, Grandparents, Aunts and Uncles are very proud of both you guys and will be looking forward at attending another graduation ceremony in 2018.

Congratulations to all the graduating students from Whitefish River from the Daycare to Shawanoswe School and all the way up to secondary and post-secondary. Murray McGregor Jr.

"Intelligence plus character-that is the goal of true education." — Martin Luther King Jr.

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**NOTICE**

Whitefish River Public Works will be increasing the hours of Landfill operations and curbside pickup effective the week of June 26th, 2017 until September 30th, 2017. The extra hours of operation is necessary to help assist with keeping bears out of the community. The increased hours of operation will be on Tuesdays from 8:00am to 6:00 pm. Curb side garbage pickup will also be done on Tuesdays and Thursdays. The extra curbside garbage pickup will have an extra fee to members utilizing the service.

**Hours of Operations:**
- **Tuesdays:** 8:00am to 6:00pm
- **Thursdays:** 8:00am to 6:00pm
- **Saturdays:** 8:00am to 3:00pm

**Miin Giizis 2017**

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**Monster Garage**

**Murray McGregor Jr. - Plant Manager**

Summer is here!!! He showed up sometime June 21st at 11:15am...apparently. With the arrival of summer so is the arrival of all our four legged friends out scavenging for food. The most noticeable are our friends the black bear. These four legged friends spend their entire summer looking for food to help with their winter hibernation. Although we've had a good wet spring with lots of rain, the bears will go where there is an abundance of food, (landfill site and communities with BBQ's on the deck and gardens out back) listed below are a few tips we can do to help lower the risk of bears visiting our community.

- Put garbage in containers that have tight-fitting lids, and only put it out on garbage day, not the night before.
- Store garbage in a bear-resistant container, secure shed or garage.
- Do not store garbage in plywood boxes, old freezers or vehicles.
- Do not stockpile garbage. Take it to an approved waste disposal site regularly.
- Keep meat scraps in the freezer until garbage day.
- Remove grease and food residue from barbecue grills, including the grease trap, after each use.
- Do not put meat, fish or sweet food (including fruit) in your composter.
- Pick all ripe fruit off trees, and remove vegetables and fallen fruit from the ground.
- Encourage your neighbors to practice Bear Wise habits.
- Use a strong disinfectant (pinesol recommended from Ministry of Natural resources) to eliminate all odors from garbage and recycling containers and lids.
- Never discard cooking grease outside. Instead, place it in a container with a lid, transfer it to a plastic bag and include it with other properly stored garbage. You are responsible for your own personal safety and the safety of your neighborhood. By following these simple tips we can all help keep the bears in the wild.

If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca

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Cambrian College Graduates Justin & Shane McGregor.
Hello Everyone!

I hope we will soon be getting better weather than what we have been getting. As I am writing this, I am still doing my flowers, the ones I plant around my oak trees, and it's already mid-June. I used to have this all done by mid-May. Lately, it has either been raining and too wet to work outside or when the sun does come out, it gets too hot and humid with too many bugs to do anything. Then there is the weed eating, which I can’t do anymore because of my condition, so parts of my yard have become overgrown. I miss working on my gardens and grounds. I used to work on my gardens almost every day, but not anymore as I do not have the strength. Old age I guess. Well enough about me, my kitties are doing fine outside most of the time. Webby Debby has become very protective of me and follows me around the house and sometimes chases the other cats away with a swat of her paw. I have noticed that the cats get annoyed with the mosquitoes and black flies that come flying into the house. Well, the cats finally blew out the frame of their cat door. I had fixed it a couple of times, but this time with the frame being broken, I had to cut a small garbage bag into strips and tape it over the opening. Hopefully I will fix it sometime when I get the time. While driving around our village, I appreciate the nice looking dog houses that people have in their yards. I suggest stapling carpet cut into strips to cover the opening, to help keep out the cold, rain and flies for your doggies. It is also nice to see young people walking their dogs.

Some Cat Facts:

• Cats can do considerable damage to your garden if left unchecked. To discourage cats from digging and doing their business in your yard, or from eating the plants, you can plant between strips of chicken wire, or branches. That is what I do in my garden.

• In the 16th century, the Angora cat was brought to Europe from Turkey. It is usually thought of as a white cat when in fact it comes in a variety of colours like chocolate and lilac.

• Many cats hate water, so some people use a squirt gun to help train their cats and discourage bad behaviours. I have a bottle I use to spray my house plants for this job, and when they see me with this bottle they know they’re not supposed to be there. It works.

• Calico cats are nearly always female.

That is it for now, so please make sure you get your dogs or cats fixed to help keep the pet population down in our community. Remember to provide cool water for your pets on these hot sunny days. Stop in to visit our elderly and shut-ins and have a cup of tea, coffee or cool soft drink on these hot days, as I am sure they will appreciate your company for a little while. Enjoy your summer with your family and your furry family as well. I would like to wish all the fathers a “Happy Belated Father’s Day!” from me and my cats.

Empress Farah, She-Pet Elizabeth, and Webby Debby (the girls)

Luka, BJ, Francis, Tinker and Fabio (the boys)

Dennis L. McGregor

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**Pet Care & Tips**

Hello Everyone!

I hope we will soon be getting better weather than what we have been getting. As I am writing this, I am still doing my flowers, the ones I plant around my oak trees, and it's already mid-June. I used to have this all done by mid-May. Lately, it has either been raining and too wet to work outside or when the sun does come out, it gets too hot and humid with too many bugs to do anything. Then there is the weed eating, which I can’t do anymore because of my condition, so parts of my yard have become overgrown. I miss working on my gardens and grounds. I used to work on my gardens almost every day, but not anymore as I do not have the strength. Old age I guess. Well enough about me, my kitties are doing fine outside most of the time. Webby Debby has become very protective of me and follows me around the house and sometimes chases the other cats away with a swat of her paw. I have noticed that the cats get annoyed with the mosquitoes and black flies that come flying into the house. Well, the cats finally blew out the frame of their cat door. I had fixed it a couple of times, but this time with the frame being broken, I had to cut a small garbage bag into strips and tape it over the opening. Hopefully I will fix it sometime when I get the time. While driving around our village, I appreciate the nice looking dog houses that people have in their yards. I suggest stapling carpet cut into strips to cover the opening, to help keep out the cold, rain and flies for your doggies. It is also nice to see young people walking their dogs.

Some Cat Facts:

• Cats can do considerable damage to your garden if left unchecked. To discourage cats from digging and doing their business in your yard, or from eating the plants, you can plant between strips of chicken wire, or branches. That is what I do in my garden.

• In the 16th century, the Angora cat was brought to Europe from Turkey. It is usually thought of as a white cat when in fact it comes in a variety of colours like chocolate and lilac.

• Many cats hate water, so some people use a squirt gun to help train their cats and discourage bad behaviours. I have a bottle I use to spray my house plants for this job, and when they see me with this bottle they know they’re not supposed to be there. It works.

• Calico cats are nearly always female.

That is it for now, so please make sure you get your dogs or cats fixed to help keep the pet population down in our community. Remember to provide cool water for your pets on these hot sunny days. Stop in to visit our elderly and shut-ins and have a cup of tea, coffee or cool soft drink on these hot days, as I am sure they will appreciate your company for a little while. Enjoy your summer with your family and your furry family as well. I would like to wish all the fathers a “Happy Belated Father’s Day!” from me and my cats.

Empress Farah, She-Pet Elizabeth, and Webby Debby (the girls)

Luka, BJ, Francis, Tinker and Fabio (the boys)

Dennis L. McGregor

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**CHI-BINGO**

Saturday, July 29th, 2017

3-$1000.00 Jackpots

Doors Open - 5:00 pm
Mini-Games - 6:45 pm

Whitefish River First Nation Community Centre
Sponsored by the WRFN Minor Sports & Recreation

For more information contact:
Jake Pakosigan
Phone # (705) 285-0671

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Chi-Miiigwetch to Todd McGregor, Don Francis, Carl Ziegler, George Bolduc, Jake Pakosigan and the Maintenance Crew for their work and donations toward the completion of our new Horseshoe Pits!

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Horseshoe Tournament
Sundays (weather permitting)
1 pm - 4 pm
Cash Entry Fee
Cash Payout for the winner!
Contact Jake Pakosigan for more information

---

WRFN Minor Sports & Recreation is looking for support from the WRFN Community Membership with their fundraising efforts

Volunteers needed for Community Bingos!
Prizes needed for Mini-Raffles!

Thank you from WRFN Minor Sports & Recreation
For more information please contact:
Jake Pakosigan
Phone # (705) 285-0671
Message from Ogimaa Shining Turtle
Sturgeon Clan, Anishinabek Nation

So, you are weeding and training your garden. The weather is going to be fantastic, so start doing some back exercises. With all this rain we have had in the month of June, the weeds will be growing out of control and this will need your immediate attention.

As we press into summer, the work on our Elevated Storage Reservoir continues as we are now approaching the tendering phase. The estimated cost of $2,918,750.00 will be carried for the Anishinabek Education System (AES).

We have supported this process since 1995. In November 2015, the Anishinabek Nation held a ratification vote on the Anishinabek Education Agreement between Whitefish River First Nation and Canada. We have shared the information with citizens of Whitefish River in preparation for a vote to be held in November 2016 on the AES. We will now hold a second vote on the AES on July 26th, 2017 to determine if Whitefish River citizens wish to provide community support. The estimated cost of $2,918,750.00 will be carried for the Anishinabek Education System (AES).

The Anishinabek Education System (AES)

In November 2016, Whitefish River First Nation held a ratification vote on the Anishinabek Nation Education Agreement and our Education Constitution. In total, 203 votes were cast, 152 in favour of the initiative and 48 against it. While strong, these numbers did not meet the required approval threshold of 25% plus one of all Eligible Voters required.

The previous threshold will not apply to the second vote. The vote will be based on a simple majority.

Therefore, a second vote will be held on July 26th, 2017 to ratify the Anishinabek Nation Education Agreement between Whitefish River First Nation and Canada.

Whitefish River is a proud member of the Union of Ontario Indians. The Union of Ontario Indians has been working on the restoration of jurisdiction since 1995. In that year, the Chiefs of the Union of Ontario Indians approved a resolution for negotiations on Education. In 2002, the Chiefs in Assembly approved an agreement in principle for Education. Since 2002, until 2015 the details of the agreement were worked on by Canada and the Anishinabek Nation. In November 2015, the Anishinabek Nation started a process of community approval for the Anishinabek Education System (AES). We have supported this process since 1995 and we have shared the information with citizens of Whitefish River in preparation for a vote to be held in November 2016 on the AES. We will now hold a second vote on the AES on July 26th, 2017 to determine if Whitefish River citizens wish to provide community support for the Anishinabek Education System (AES).

The key elements of the Anishinabek Education System include:

1. Participating First Nation control of Education from K-12 on reserve.
2. Promote Anishinabae customs and language.
3. Anishinaabe education standards recognized for easy transition of students between schools.
4. New central Education Body
5. Support funding continues for post-secondary students.

Please take some time to visit the Union of Ontario Indians website to get more information on the Anishinabek Education System. We have Gail (Kiki) Pelletier as our Ratification Officer for the second vote. For further information on the vote, please contact Kiki.

The month of June went by like a shot with many local events and celebrations including:

1. Shawanosowe School graduation.
2. AB Ellis Public School graduation.
3. Espanola High School graduation.
4. Maamwe Kendaasing Daycare graduation.
5. Indigenous School Awards in Sudbury.
6. Finalization of our 5 new homes project.
8. Meeting of the Ontario First Nation Limited Partnership
9. Celebrating the 50th Anniversary of our Administration.
10. Meeting of the Union of Ontario Indians in Sarnia.
12. National Aboriginal Day Celebrations
13. Father’s Day.
14. Traditional Ceremonies to honour our Ancestors and the Land.
15. Indigenous School Awards
16. Chiefs Committee on Housing and Infrastructure meetings in Toronto.
17. Indigenous Peoples Court System review in Thunder Bay.
18. Aboriginal Resource Management Council meetings in North Bay.

So, as you can see there was a lot of activity in and out of the community in the month of June.

I had the privilege to be invited to work with the Chiefs of Ontario Committee on Hydro Grievances over the last 18 months. We held many meetings as we wrestled with the issues of hydro billing and associated issues. One of the most common issues that we as committee continued to hear at our meetings with bands, was the issue of delivery cost being added to hydro billing. Over the course of our meeting with the Ontario Energy Board and Minister’s surrounding the file, we determined that the elimination of the delivery charges to bands would be a good first step toward resolving the many issues bands face when it comes to electricity and pricing. So, it was very good news to all the committee members when the province announced the removal of delivery charges to First Nation hydro bills.

News that First Nations community residents will be exempted from delivery charges on their electricity bills as part of Premier Kathleen Wynne’s recently announced plan for electricity relief is being greeted with delight by First Nation leaders. This will come into effect on August 1, 2017. “It’s excellent news,” declared Anishinaabe Nation Grand Council Chief Patrick Madahbee, contacted as he was taking in a hockey game at the Little NHL Tournament in Mississauga. “I have to commend our negotiating team, folks like (Six Nations of the Grand River) Chief Ava Hill, (Whitefish River First Nation) Chief Shining Turtle and (Association of Iroquois and Allied Indians) Grand Chief Gordon Peters, among others,” he said. “They really did an excellent job.”

We found a little bit of history recently on Ebay. Someone was selling a postcard from 1910 of Dreamer’s Rock. We have secured the postcard and will have it framed and put on display in our administration office. When you get a chance, please have a look at the postcard, its remarkable.

Congratulations to all our graduations from Daycare to University, we have a lot of shining stars with us.

Until next month, keep training to weed your garden.

Find me on Twitter @ChiefPaibomsai or on Facebook Chief Shining Turtle
### ADMINISTRATION OFFICE: (705)-285-4335

<table>
<thead>
<tr>
<th>NAME</th>
<th>JOB TITLE</th>
<th>EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Franklin Paibomsai</td>
<td>Chief</td>
<td><a href="mailto:chief@whitefishriver.ca">chief@whitefishriver.ca</a></td>
</tr>
<tr>
<td>David Shawanda</td>
<td>Acting Band Manager</td>
<td><a href="mailto:daves@whitefishriver.ca">daves@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Vanessa McGregor</td>
<td>Executive Assistant</td>
<td><a href="mailto:vmcgregor@whitefishriver.ca">vmcgregor@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Diane Gaudette</td>
<td>Receptionist</td>
<td><a href="mailto:receptionist@whitefishriver.ca">receptionist@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Emma Recollet</td>
<td>Ontario Works Administrator</td>
<td><a href="mailto:emmar@whitefishriver.ca">emmar@whitefishriver.ca</a></td>
</tr>
<tr>
<td>David Shawanda</td>
<td>Finance Director</td>
<td><a href="mailto:daves@whitefishriver.ca">daves@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Brian McGregor</td>
<td>Finance Assistant</td>
<td><a href="mailto:brianm@whitefishriver.ca">brianm@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Theresa Recollet</td>
<td>Finance Clerk</td>
<td><a href="mailto:theresar@whitefishriver.ca">theresar@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Georgina Recollet</td>
<td>Housing Manager</td>
<td><a href="mailto:georginar@whitefishriver.ca">georginar@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Kim Laundrie</td>
<td>Tenant Counsellor</td>
<td><a href="mailto:kiml@whitefishriver.ca">kiml@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Kathleen Migwanabi</td>
<td>Lands Assistant/IRA</td>
<td><a href="mailto:kathleenm@whitefishriver.ca">kathleenm@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Sandrah McGregor</td>
<td>Lands Manager</td>
<td><a href="mailto:sandrahm@whitefishriver.ca">sandrahm@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Murray McGregor Jr</td>
<td>Plant Manager</td>
<td><a href="mailto:murraym@whitefishriver.ca">murraym@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Keith Nahwegahbow</td>
<td>Economic Development Officer</td>
<td><a href="mailto:keithn@whitefishriver.ca">keithn@whitefishriver.ca</a></td>
</tr>
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### HEALTH CENTRE: (705)-285-4354

<table>
<thead>
<tr>
<th>NAME</th>
<th>JOB TITLE</th>
<th>EMAIL</th>
</tr>
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<tbody>
<tr>
<td>Leslie McGregor</td>
<td>Health &amp; Social Services Manager</td>
<td><a href="mailto:lmcgregor@whitefishriver.ca">lmcgregor@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Cathy McGregor</td>
<td>Health Centre Receptionist</td>
<td><a href="mailto:healthreception@whitefishriver.ca">healthreception@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Doreen Jacko</td>
<td>Community Health Worker</td>
<td><a href="mailto:doreenj@whitefishriver.ca">doreenj@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Genny Jacko</td>
<td>Mental Health &amp; Addictions Worker</td>
<td><a href="mailto:gennyj@whitefishriver.ca">gennyj@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Candice Assinewe</td>
<td>Community Wellness Worker</td>
<td><a href="mailto:candicej@whitefishriver.ca">candicej@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Crystal Clark-McGregor</td>
<td>Right to Play Worker</td>
<td><a href="mailto:righttoplay@whitefishriver.ca">righttoplay@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Amber Zona</td>
<td>Youth Support Worker</td>
<td><a href="mailto:amberz@whitefishriver.ca">amberz@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Arlene Pitawanakwat</td>
<td>Child &amp; Family Well Being Coordinator</td>
<td><a href="mailto:arlenep@whitefishriver.ca">arlenep@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Gail Jacko</td>
<td>Food Security Coordinator</td>
<td><a href="mailto:gailj@whitefishriver.ca">gailj@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Tyler Agawa</td>
<td>Garden Support Worker</td>
<td><a href="mailto:tylera@whitefishriver.ca">tylera@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Russell Jacko</td>
<td>Medical Transportation Driver</td>
<td><a href="mailto:medtrans@whitefishriver.ca">medtrans@whitefishriver.ca</a></td>
</tr>
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### SHAWANOSOWE SCHOOL: (705)-285-1311

<table>
<thead>
<tr>
<th>NAME</th>
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<tbody>
<tr>
<td>Cheryl Miller-Martin</td>
<td>School Principal</td>
<td><a href="mailto:principal@shawanosowe.ca">principal@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Cara McGregor</td>
<td>Administrative Assistant</td>
<td><a href="mailto:admin@shawanosowe.ca">admin@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Lisa Cutler</td>
<td>Grade 5-6 Teacher</td>
<td><a href="mailto:icutler@shawanosowe.ca">icutler@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Giselle McGregor</td>
<td>Grade 3-4 Teacher</td>
<td><a href="mailto:gmgregor@shawanosowe.ca">gmgregor@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Tiffany Gagan</td>
<td>Grade 1-2 Teacher</td>
<td><a href="mailto:tgagan@shawanosowe.ca">tgagan@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Mary Lester</td>
<td>JK/SK Teacher</td>
<td><a href="mailto:mlester@shawanosowe.ca">mlester@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Shawwna Smith</td>
<td>Special Education Resource Teacher</td>
<td></td>
</tr>
<tr>
<td>Cindy Pitawanakwat</td>
<td>Education Assistant</td>
<td><a href="mailto:educationassistant1@shawanosowe.ca">educationassistant1@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Bonnie Nahwegahbow</td>
<td>Education Assistant</td>
<td><a href="mailto:educationassistant13@shawanosowe.ca">educationassistant13@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Tracey Megwanabe</td>
<td>Education Assistant</td>
<td><a href="mailto:educationassistant12@shawanosowe.ca">educationassistant12@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Frances Kaboni</td>
<td>Native Language Teacher</td>
<td><a href="mailto:ckaboni@shawanosowe.ca">ckaboni@shawanosowe.ca</a></td>
</tr>
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### MAAMWE KENDAASING CHILD CARE CENTRE: (705)-285-7777

<table>
<thead>
<tr>
<th>NAME</th>
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<tbody>
<tr>
<td>Danette McGregor</td>
<td>Supervisor/Educator</td>
<td><a href="mailto:daycare@whitefishriver.ca">daycare@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Delores Pitawanakwat</td>
<td>Pre-school Educator</td>
<td></td>
</tr>
<tr>
<td>Jo-Ann Recollet</td>
<td>School/Cultural Educator</td>
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</tr>
<tr>
<td>Cindy Tarr</td>
<td>Toddler Educator</td>
<td></td>
</tr>
<tr>
<td>Blanch Recollet</td>
<td>Cook</td>
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### Community Calendar

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<tr>
<th>Sunday</th>
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<tr>
<td>AA Meeting</td>
<td>Good Food Box Orders Due</td>
<td>BINGO</td>
<td>BI Nightingales 7 pm – Ball field</td>
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<td>BI Nightingales 7 pm – Ball field</td>
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<td>AA Meeting</td>
<td>BINGO</td>
<td>Regular Chief &amp; Council Meeting</td>
<td>BI Nightingales 7 pm – Ball field</td>
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<td>BI Hiltmen 7 pm – Ball field</td>
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<td>BINGO</td>
<td>Good Food Box Pick Up</td>
<td>MIB 7 pm – Ball field</td>
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<td>AA Meeting</td>
<td>MIB 7 pm – Ball field</td>
<td>BINGO</td>
<td>ASV Vote 9:00am – 8:00 pm Community Fish Fry 3:00 pm Comm. Centre</td>
<td>MIB 7 pm – Ball field</td>
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#### Birthday Greetings & Anniversary Wishes!

- **Happy Birthday Sydney on July 1st**
  - XOXO Mom & Dad, and K.C.

- **Happy Birthday to: Auntie Syd on July 1st and Auntie Tah on July 4th**
  - XOXO Braxton & Braelyn

- **Happy Birthday Tah on July 4th**
  - XOXO Craig, Katt,

- **Happy Birthday to: Auntie Tah on July 4th, Auntie Helen on July 22nd**
  - XOXO K.C., Sydney, Nicole, Braxton & Braelyn

- **Happy Anniversary to Andy n Joyce on July 27th**
  - XOXO Craig, Katt, Sydney, K.C., Nicole, Braxton & Braelyn

#### St. Gabriel Lalement Roman Catholic Church

**SUNDAY SERVICE**

**10 am**

If you have a desire to stop drinking, then these doors are open for you.

**AA Meetings**

Sundays @ 2 pm

Whitefish River First Nation Health Centre
All Welcome.