



July 2018
Miin Giizis
Berry Moon

THE REZOUND

Celebrating Anishinaabe Aadziwin Giizhigad!



WRFN kids enjoy some Bouncy House Fun on June 21st, 2018.

Aboriginal Day in Whitefish River began quietly with a Sunrise ceremony as well as Solstice Ceremonies to appease the spirits of our lands and water. A Community breakfast was hosted, where members gathered to map their day's events. Guided Tours of Bell Rocks and Dreamer's Rock kicked off the Day's celebrations. Community Members were also encouraged to get to know our territory better through Boat Rides with local guides and Quad Rides hosted by Mukwa Adventures.

Face Painting, Bouncy House Fun and a 'Shoes In' Community game of Indian Ball were held at the Athletic Fields. After a delicious BBQ luncheon prepared by our very own Health Staff, you could choose to play horseshoes with Jake Pakosigan, attend the Warriors Prize Bingo or drag your daabaan out of retirement for the Rez Car Parade.

The hungry crowds were treated to a Pig Roast Potluck dinner, Silent Auction and Street

Dance with DJ Blake Debassige at the Community Centre. Finally, an annual highlight, the dazzling exhibition of Fireworks capped off the busy day! Miigwetch to the Staff and Volunteers and especially WRFN for hosting this event to share our Anishinaabek Pride.

**Please note that the deadline for submissions
for the next issue is**

Wednesday, July 18th, 2018 at noon.

Miigwetch!

rezoundeditor@whitefishriver.ca

"A Place of Visions and Dreams"

Leslie McGregor - Health & Social Services Manager

From the Desk of the Health and Social Services Manager...

Good day fellow community members!

First of all, I want to say congratulations to all the graduates - your hard work, dedication, and perseverance paid off! For the post-secondary students returning home for the summer, welcome home!

Secondly, as we prepare for summer activities, the Health Centre staff have planned a number of activities for all ages. Crystal Clark-McGregor has a line-up of summer camps for the children and teenagers in our community. Candice Assinewe has adult fitness summer challenges and, of course, Arlene has planned some activities for our very young children and babies. Mike also has activities lined up so there are a lot of opportunities to participate. Look for their posters in the Rezound, Whitefish River First Nation Facebook page, and in the mail!

Thirdly, in preparation for some of the summer activities, staff have been participating in training. Michael Aelick, Mental Health and Addictions Worker – NNADAP, has completed his Applied

Suicide Intervention Skills Training (A.S.I.S.T.), Candice Assinewe, Community Wellness Worker, has completed her Remote Wilderness CPR Training, and Michael, Arlene (Child and Family Well-Being Worker), and I completed Level 1 of Violence Threat Risk Assessment training. In addition, on June 8, 2018, all the staff participated in Documenting, Confidentiality, Disclosure, Reporting Obligations, and Duty to Warn training hosted by Counselling Centre of East Algoma. Finally, Crystal and Sydney participated in Ontario Recreational Canoeing and Kayaking Association (ORCA) training.

Lastly, as we say good-bye to Hailey Paibomsai-McGregor, who was completing a Co-op with us over the past couple of months, we welcome Wynonna Visitor as our Health Assistant for the summer and Sydney Megwanabe as our Summer Recreation Coordinator. We are appreciative of the support and creativity of these students and look forward to a fun and productive summer.

For more information I can be reached at the Health Centre at 705-285-4354 or through email at: lmcgregor@whitefishriver.ca.

*Introducing...
Breaha June Zelda McGregor,
daughter to
Justin McGregor &
Cheyanne Pitawanakwat.*



*Big sister Delilah would like to
announce the birth of her baby sister
Breaha, born on June 19th, 2018.*

July 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 WRFN Offices Closed	3	4 Community Health Nurse	5 Nurse Practitioner	6	7
8	9	10 Dietitian (AM Only)	11	12 Dr. Cooper (PM Only) Nurse Practitioner	13	14
15	16	17 Dietitian (AM Only)	18	19 Nurse Practitioner	20	21
22	23	24 Dr. Cooper (PM Only)	25 Community Health Nurse	26 Dr. Meikleham (PM Only) Nurse Practitioner	27 Diabetes Team Foot Care	28
29	30	31 Dietitian (AM Only)	WRFN Health Centre Visiting Health Professionals 			
unless otherwise indicated visiting Health Professionals will be in all day			* Community Health Nurse Lab/Blood Draw Clinic – Wednesdays @ 10:00 am Please bring your Requisition(s). Appointments recommended.			



SUMMER Fitness Challenge

Weigh In Schedule

Check Your Progress & Win Prizes!

Check in Dates! Mark Your Calenders!

- 1st - July 11, 2018 (9am-6pm)
- 2nd - July 25, 2018 (9am-6pm)
- 3rd - August 8, 2018 (9am-6pm)
- Final Weigh In - August 29th, 2018 (9am-6pm)

LOCATION: WRFN Health Centre

There will be a health information session from 5:00pm - 6:00pm at each weigh in !



For more information, please contact Candice Jacko-Assiniwe, Community Wellness Worker at the WRFN Health Centre at 705-285-4354

Community Wellness Worker - Candice Assinewe

Aanii/boozhoo Community Members We had a number of programs this past month starting out with the Anishinabek Creation Story with our Mishomis and Knowledge Carrier, Dr. Jim Dumont. It was an honor to have him here in the community for those two days and it was such a gift to have him tell our story. Chi-Miigwech to all the community members who came out.

Then we had Traditional Healers Jimmy and Vera George in the community to do ceremony and one on one sessions with community members. It is always a pleasure when they are in town, and I am so grateful for the help and knowledge they provide to our community. They will be back the week of August 8th-12th, 2018 to continue their work with us. Therefore, mark you calendars and if you have questions, please don't hesitate to contact me at the Health Centre.

We are having a small break throughout the summer months for the Anishinaabemowin Classes due to low participation, understanding that families are more on the go throughout the summer months. They will start up again mid September at The Seven Fires Youth and Elders Centre. I strongly encourage everyone to continue practicing Anishinaabemowin at home during this time, with your families, and with elders in the community at every opportunity that you get. Don't forget to enjoy your summer at the same time.

On June 13th, 2018, we began the Summer Fitness Challenge 2018! We had a total of 25 participants sign up for the challenge! I am

exciting to see everyone making their health a priority! I encourage you to reach for the goals you all have set for yourselves, and have fun doing it!

We have some upcoming programs! In June and July, Mike Aelick, NAADAP, and I have been working with UCCM Police in hosting Violence Prevention Information Sessions within the community. Topics included are Domestic Violence Prevention, Elders Abuse Prevention and Bullying and Lateral Violence within the community. Each of these workshops are very important, and I think everyone in the community needs to be aware of these issues so we can take steps towards being a healthier community and helping others. Watch for flyers for these upcoming events in your mailbox!

From July 16th - 21st, 2018, I will be going on the Youth Canoe Trip as a support staff to travel on the water and camp on our traditional territory. I am looking forward to connecting to the land, being on the water with our youth and I know it is going to be a great experience. If you would like more information on the Youth Canoe trip, please contact Crystal Clark-McGregor, RTP Community Mentor at the Health Centre.

If you would like more information and would like to contact me about any of the programs or services that are provided, please contact me at the Health Centre at 705-285-4354 or you can email me at: candicea@whitefishriver.ca.



WRFN 25th Annual Traditional Pow Wow



August 18th & 19th, 2018

at Sunshine Alley

Volunteers Needed for Security, Registration, Feast Prep

Watch for Upcoming Pow Wow Committee Fundraisers in the Community!

If you and your family would like to sponsor an Event at the Pow Wow please contact the Pow Wow committee (Princess Pageant, Canoe Races, Dance Specials, etc)

Contact Keith Nahwegahbow at the Band Office for more information 705-285-4335 or Keithn@whitefishriver.ca

Right to Play Worker - Crystal Clark-McGregor

Summer is here! Congratulations to all of our graduates this year!

Hope you all have been out enjoying the beautiful weather. This summer we are lucky to have seven camps that will be taking place over July and August. Parents please register your child/ren prior to the camp. Once again the camps for the month of July are;

KICK Camp for ages 8-16 years old (July 3-6, 2018). This will be taking place in Algoma Mills. Transportation will be provided for the week and the bus will be departing daily from the Health Centre at 7:45am and returning for 5:00pm back at the Health center. Parents and Guardians please be advised that your child/ren or Youth will need to bring a packed lunch, water bottle, and rain gear.

Baseball on Sunday's start July 8th Ages 8-12 will be from 9:30am to 11:30am & ages 13 and up will be at 7:30pm to 9:00pm. **Jays Care Rookie League** will be taking place every Sunday up at the baseball field, please keep an eye out for the upcoming has dates may change. I will also be teaming up with Nelson and Mark from Noojmowin Health Center. Our community was also given some new gear from the Toronto Jays Care program and I am super excited to try them out with the kids. So come on out and play some ball.

Birch Island Territory Canoe Trip for ages 10 to 18 years old (July 16-21, 2018). I am very happy that we are able to host another territory trip around our beautiful community. This year are adding two extra days, making it a week long canoe trip!

If you are interested or seeking adventure this trip is just what you are looking for. We will be camping on different locations, sharing stories, and teachings.

Adventures with Syd for ages 8-12 years old from 10:00am to 3:00pm (July 23-27, 2018). Save the dates! Sydney is our post-secondary Recreation Coordinator summer student. She will be planning this awesome week for the kids, stay turned for a poster!

Niigan Mosewak Camp is a mentorship program designed for Aboriginal youth aged 12-17. It delivers powerful messages of hope for future leaders through the encouragement of positive and healthy lifestyle choices. The vision of this program was to enhance community wellness through the promotion of personal wellness and respect. Through celebrating cultural pride and distinction, the youth are given the opportunity to celebrate who they are and to "Walk Forward" in a positive direction. The program activities include: drum building, mask making, leadership skills, traditional Anishnaabe teachings, healthy relationships, drug and alcohol awareness, internet safety and team building experiences. For registration form please visit the Whitefish River First Nation Health Center.

I am really looking forward to this summer and all the camps and programs that will be taking place in our community! If you have any questions regarding any programs, don't hesitate to contact me at righttoplay@whitefishriver.ca or through the Health Centre at 705-285-4354.



PLEASE REGISTER PRIOR TO ALL CAMPS

Jays Care Rookie League

(Ages 8-12 & Ages 13+) - July/August/Sept

KICK CAMP (Ages 8-13) - July 3-6, 2018

DAY STAR - July 9-13, 2018

BIRCH ISLAND TERRITORY CANOE TRIP

(Ages 10-17) - July 16-20, 2018

Adventures with Syd - July 23-27, 2018

TRADITIONAL JOURNEY (Ages 12-17) - August 7-11, 2018

Painted Turtle Camp (Ages 6-11) - August 13-17, 2018

SCIENCE CAMP (Ages 6-13) - August 20-24, 2018

For more information please contact Crystal McGregor or Sydney at WRFN Health Centre 705-285-4354



Adventures WITH SYD
For ages 8-12 year olds

July 23- 27, 2018

At the Community Centre
10:00am to 3:00pm

For registration please contact Sydney Migwanabi at 705-285-4354

Activities: Crafts, Baseball skills, Cooking 101

JAYS CARE ROOKIE LEAGUE

July 8, 15, August 12, 19, 26

9:30AM TO 11:30 FOR AGES 8-12
RIGHT TO PLAY 7:30PM TO 8:30PM FOR 13+

At our Community Baseball Field

For more information please contact Crystal at 705-285-4354

Womens hand drumming
STARTING July 6th 2018
Time: 6pm-8pm
and every Friday after
snacks and drinks provided

DRUMMING FOR THE WOMEN



AT THE SEVEN FIRES Youth and Elders Centre

Child & Family Well Being Coordinator
CONTACT Arlene Pitawanakwat
705-285-4354 ext 209



Building Raised Garden Beds For The Elder's

Tuesday July 10th 10AM
Refreshments available

We are looking for some vounteers to help assemble some raised garden beds for the Elder's in the Community. We will meet at Greg Francis's shop at 10:00 a.m

For more information please contact Michael Aelick Mental Health and Addictions Worker at the Health Centre
705- 285- 4354 or by email maelick@whitefishriver.ca
or Gail Jacko Food Security Coordinator at gailj@whitefishriver.ca

Mental Health & Addictions Worker - NNADAP
Michael Aelick

Aanii, Last month's Father's Day was a great success. We enjoyed a great breakfast and the fathers either went for a boat trip to Killarney or went golfing at Rainbow Ridge golf course.

Watch for flyers on our ongoing Violence Prevention Workshop Series which we are partnering with UCCM to facilitate. The next workshop in the series is titled "Being a Good Neighbour" and focusses on understanding Domestic Violence and provides practical tools for intervening safely.

From July 16th - 20th, I will be joining Crystal Clark McGregor and the Youth for the Birch

Island Territorial Canoe Trip.

From July 30th- Aug 1st Joseph Pitawanakwat from Creator's Garden will be in the Community to talk about Traditional Medicines. This is his bio from his web site: "We are a small business based out of beautiful Manitoulin Island. We are focused, first and foremost, on teaching the legitimacy of plant based medicine. We teach people the intricacies of how to sustainably harvest and use every part of these beautiful plants."

If you have any questions or concerns, please contact me at the Health Centre @ 705-285-4354 or by e-mail: maelick@whitefishriver.ca.



Jaime Rowntree & Shane O'Donnell of Heartwood Mushrooms share the mysteries of oyster mushroom cultivation with Joyce McGregor on June 6, 2018.

Save the Date

Joe Pitawanakwat from Creator's Garden



Will be in the Community for three days to share his knowledge on traditional medicines July 30th - Aug 1st

We are a small business based out of beautiful Manitoulin Island. We are focused, first and foremost, on teaching the legitimacy of plant based medicine. We teach people the intricacies of how to sustainably harvest and use every part of these beautiful plants.

For more information please contact Michael Aelick Mental Health and Addictions Worker at the Health Centre 705285-4354 or by email maelick@whitefishriver.ca

Food Security Assistant - Winnie Paibomsai

Children's Soccer Program

Wow what a field goal it was!!!! Over the past few weeks, we have hosted M'Chigeeng and AOK in our community for the spring soccer program. We had parents and grandparents alike out supporting their children and grandchildren and of course, supporting our community's children. This program ran for 6 weeks starting in May and ended on June 13, 2018. Miigwetch to Noojmowin Teg Health Centre for hosting the 2nd annual Soccer tournament in M'Chigeeng. There were a few close games, as it should be, and the Whitefish River team were the 2018 Tournament Champions. For all the parents and grandparents that helped make this program a success in the community, I would like to say Miigwetch for encouraging your child come out to get active for the hour or so that they played. It was a great honor to coach and assist with this program for our children.

The team consisted of **Landon Agawa, Noah Shawanda, Lucas Agawa, Soleil Pitawanakwat, Melody Toulouse, Keenan Bowerman, Kamia Bowerman, Violet Puddicomb, Layla**

Metatawabin, Tecumseh Paibomsai and some affiliate Zhiibaasing First Nation players!

To those who participated we have a title to defend next year!

Student Nutrition Program (SNP)

As the school year comes to an end, please don't hesitate to stop in at the Health Center to let us know how we did with providing lunches for all the children and youth that signed up for the program. Your input on how the delivery of the program worked for you and your child/youth is greatly appreciated and can only make this program a success. We try our best to accommodate your child including girls on their berry fast or children who are lactose intolerant so please let us know.

Until next time take care and remember to stay hydrated and keep on eating your veggies!!!

If you have any questions regarding any programs, don't hesitate to contact me at winniep@whitefishriver.ca or through the Health Centre at 705-285-4354.

13 Moons Garden

by
Michael Aelick



The Night Shade Family Part 2

In the second part of the Nightshade family, I will focus on growing tomatoes and tobacco. Tobacco can carry Tobacco mosaic disease which can be passed to your tomato plants. It is good practice to not grow your tobacco near any plant from this family or even to start the plants off in the same area. If you are a smoker you should wash your hands before handling any tomato plants.

Growing Tomatoes

Tomato plants require 6-8 hours of sunlight a day in a well draining soil with a lot of compost added to help hold moisture and nutrients. Tomato plants absorb the best amount of nutrients from the soil when the pH level is around 6.2 – 6.8. If you are planning on starting from seeds you will have to start them indoors 6-8 weeks before the last frost date. When it is time to plant them in the ground you can pinch off some of the bottom leaves and put the plant deeper into the ground, more roots will develop from the buried stem and makes them more drought resistant. As the plant grows some form of support like the common tomato cage is recommended but they can sprawl across the ground if there is space to permit it. Plants should be placed about 2 feet apart to give ample room to grow. Tomatoes require a lot of water during the growing season and should receive about two inches a week, avoiding water late in the afternoon or evening. Rotate where you plant tomatoes each season to reduce the risk of diseases that may have overwintered in the soil. After harvesting, store picked tomatoes at room temperature, never in the refrigerator. Cold temperatures will cause the flavor to break down. Tomatoes can be canned, frozen, or dried for future use.

Growing Tobacco

I will focus only on growing *Nicotiana Rustica* which is the scientific name for Traditional Tobacco. Tobacco seeds are very small but will grow into a tall beautiful plant. Seeds should be started inside about 8-12 weeks before the last frost date. Sprinkle the seeds on to the surface of the soil. Do not cover the seed; it needs light to be able to germinate. Germination will start within 6-14 days. Transplant into the ground when it reaches around 4 inches in height and all threat of frost is gone. Space the plants about 2 feet apart in well draining soil that receives full sun. Add some compost and a bit of wood ashes to the hole before planting. Flower buds will form at the top of the plant and some people will pinch them off to focus all the plants energy into producing leaves, but if you want some seeds for next year just leave the flowers on. At five to seven weeks after flowering, tobacco is ready to harvest. The leaves will mature from the bottom to the top, turning from green to yellow as they begin to dry out. The leaves can be picked as they ripen, or the whole plant can be pulled when the seed pods ripen. To collect the seeds just place the pods in a bag and shake to release the seeds. Store the seeds in a dry paper envelope or bag.

To cure the tobacco leaves, hang them to dry indoors making sure that it is well ventilated and away from a heat source. Curing can take anywhere from four weeks to a year to cure and slower the process the better. I hope you have found this informative. If you have any questions you can post them on my Facebook page @ 13 Moons Garden.

2018 Lafarge
**FISH
FRY**

WEDNESDAY, AUGUST 15TH
AT NOON.

Please join us at the Lafarge
Pavilion for our Community
Fish Fry & Social!

FOR MORE INFORMATION PLEASE CALL
THE TERMINAL AT 705-285-4559.

LAFARGE

Education Manager - Jacinta Shawanda

<p>WRFN Graduates June 2018</p> <p>Maamwe Kendassing Child Care Centre</p> <ul style="list-style-type: none"> • Braxton Eshkakogan • Olivia Pelletier • Pheobe Fox • Uriah Taibossigai <p>Shawanosowe School SK Graduates</p> <ul style="list-style-type: none"> • Tamika Bowerman • Deacon Jacko • Dryden Paibomsai • Lila Garcia <p>Shawanosowe School Grade 6 Graduates</p> <ul style="list-style-type: none"> • Daylan McGregor • Raidyn McGregor • Quintin Megwanabi-McGregor <p>AB Ellis Grade 8 Graduates</p> <ul style="list-style-type: none"> • Eli Paibomsai • Avery Sutherland • Ava Owl • Keisha Fox • Jordan Pitawanakwat • Raven Shawanda • Darnell Pregent • Rayna Recollet 	<p>Sacred Heart SK Graduate</p> <ul style="list-style-type: none"> • Luke Nahwegahbow <p>Sacred Heart Grade 8 Graduates</p> <ul style="list-style-type: none"> • Cole Recollet • Hawk Recollet <p>Espanola High School (Anticipated Grade 12 Diploma)</p> <ul style="list-style-type: none"> • Grace Manitowabi • Hailey Paibomsai-McGregor • Justice Doucette-Pitawanakwat • Kaylee Laundrie • Krystal Price • Riley Recollet • Sheldon Eadie • Shoshanna Paibomsai • Tina Francis <p>Post-Secondary Graduates (sponsored and self-funded)</p> <ul style="list-style-type: none"> • Gail Jacko, Computer Applications • Russel Jacko, Computer Applications • Sandy Jacko, Bookkeeping College Certificate • Amber Pitawanakwat, BSc. <p>Wonderful to have a Scientist in our community!</p> <ul style="list-style-type: none"> • Lorrilee McGregor – PhD. <p>Another Academic from WRFN!</p>
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Sincere Congratulations to all Graduates – young and old, near and far!

From the WRFN Education Manager, WRFN Education Committee and Chief & Council



AB Ellis Grade 8 Graduates and their proud families!



Marti Shawanda and Vanessa Paibomsai pose with daughters and graduates Hailey Paibomsai-McGregor & Krystal Price.

Librarian - Evelyn Jacko

Come and expand your mind or just relax it.

Aanii fellow community members, I have made up a form for your library cards so feel free to come in and fill one out for yourself and/or your children.

Until then, if it's so hot out so that you need a place to cool down, you are always welcome to come and visit. Have a look around, use some Wi-Fi or a computer to do some free surfing or updating. I always say free is better than using up your own data. Of course folks needing to do educational or employment related endeavours, have first dibs on necessary equipment.

I look forward to your visits. You do have to sign in for statistical purposes, which helps with our yearly funding. Upon completion of the WRFN Library card application, you will be assigned a card number for the Whitefish River First Nation Public Library JASI Cataloging system. This will allow you complete access to the Whitefish River First Nation Public Library Materials. The cards will help with the lending and statistics program. The statistics are used for our yearly funding.

The Library's Hours of Operations are:
 Tuesday – Saturday: 1pm -7pm
 Phone: 705-285-1888
 Email: evelynj@whitefishriver.ca



Maamwe Kendaasing
Cheryl Shawanda, RECE, Child Care Supervisor

Mskomin Giizis – Raspberry Moon July
 The Seventh Moon of Creation is Raspberry Moon, when great changes begin. By learning gentleness and kindness, we may pass through the thorns of its bush and harvest it, knowledge that will help in raising our families.

Welcome New Staff, Students and School Age Children!

As the summer months are finally here, we encourage parents/guardians to practice sun safety. Apply sun-block daily to prevent sunburn as the UV rays are high in the summer, drink plenty of water to prevent dehydration and/or heatstroke. When possible, we will plan our outdoor activities first thing in the morning before 10 a.m. and after 4 p.m. The sun’s harmful ultraviolet (UV) rays are strongest between these times.

It was very nice to see all the Dads, Uncles and Papas come out for our Father’s Day Picnic and Game day.

Chi Miigwetch to the parents for sharing your child with us and seeing them blossom as our future leaders.

Congratulations Preschool Graduates!
Uriah, Pheobe, Braxton and Olivia.

Enjoy your summer and have fun at the Big School.

CALENDAR OF EVENTS:

The Maamwe Kendaasing Child Care Centre will be closed on the following days:

Monday, July 2, 2018 - Canada Day Holiday.
 July 16th & 20th, 2018 - Daycare staff will be participating in the mandatory training Native E.C.E Conference.

STAFF UPDATES:

We are pleased to announce that Hailey Paibomsai got hired for the Summer Student Position! I’d also like to welcome our new staff Georgie who has recently been hired on as the Educational Assistant.

We are still in need of one more ECE please see the job posting for further details.

It looks like it’s going to be a busy summer with fun filled of summer fun activities such as Sports, Bubbles, and things at the lake and water fun days.



EMPLOYMENT OPPORTUNITY
Early Childhood Educator
Full-time (35 hours per week), Permanent

Brief Description

The Maamwe Kendaasing Childcare is seeking a caring, reliable, flexible, responsible, and knowledgeable individual for permanent full time enhanced staff.

KEY JOB FUNCTIONS

Experience working with children is a must. Successful applicants will be required to have a current Vulnerable Sector Check, valid First Aid and up to date immunization

QUALIFICATIONS

An Early Childhood Education, CYW or DSW diploma is an asset, as is experience working with children with special needs.

Interested applicants are to forward a Cover Letter and Resume including three (3) current work related references no later than June 29 at 4:00pm to:

Whitefish River First Nation
 17A Rainbow Ridge Road.
 Birch Island, ON, P0P 1A0
 Attn: Cheryl Shawanda
 Daycare Supervisor, RECE-NECE-RT

~ Full job description is available upon request.



Congratulations Maamwe Kendaasing Daycare Graduates, Uriah, Olivia, Braxton & Pheobe!

BEAT THE HEAT WITH PARENTS AND TOTS SWIMMING
FRIDAYS WITH THE DAYCARE

Travel to the New Splash Pad in Gore Bay - Friday July 13th

BEACH HOPPING

- * Providence Bay Beach * Kagawong Beach * Tobacco Beach *
 - * AOK Beach * Low Island Beach * Whitefish River Beach *
- Depending on participants.

Starting July 20th & 27th, August 3rd, 10th, 17th & 24th

Bus will be leaving Daycare at 10:00am
 Lunch provided. Bus will return 3:00pm



For more information please contact Arlene Pitawanakwat
 Child & Family Wellbeing Coordinator
 at the Whitefish River First Nation Health Centre 705-285-4354

The Bobcat



Important Dates:

- June 29th: Last day of school
- September 4th 2018, First Day of School. Doors opening at 8:20 AM
- Registration dates for JK Aug 27th – 31st 8:00 am to 4:00 pm

EQAO testing was completed Monday, June 4 for Grades 3 & 6. EQAO. Each subject touched on prior learning experiences. EQAO testing will not affect student's report cards, and results from the EQAO will be delivered to the school in October- November of 2018.

June was just as busy as the previous month

From May 28 to June 1

Grades 3-6 participated in water science-based workshops that will be held at Shawanosowe School. These workshops are funded as part of our ongoing Water and First Internship program in partnership with UCCMM and Wikwemikong First Nation.

Northern Fruit and Vegetable Program 2018

June 4: Celery sticks, Hummus dip, Honeydew melon chunks

June 11: Carrot sticks, Apple sauce

June 18: Mini cucumbers and whole strawberries

Land Based Learning took place from June 25th- June 28th.

Science North was here June 22nd for these days to teach students a variety of activities as scheduled below;

JK/ SK: Sprout your Socks - will explore and investigate as young scientists and learn about different fruit and where they are grown. They will have a chance to communicate their findings with one another through active play and discover how seeds turn into plants.

Grades 1-4: Invention Dimension - in this activity your young engineer will explore and find what kinds of 3D shapes can be found in real life. Students will design and construct and test structures and simple machines. Following a hands on activity students will then experience a trip through different architectural structures found around the world, making the math come alive!

Grade 5/6: Zip to the Finish - as Zip lines become more popular around the world, the students will learn about forces that influence objects in our world by creating a

marble chain reaction, your young extreme athletes will design, build and test a zip line.

Year End School Trips

Each class attended the following

June 13: JK/SK – Science North

June 12: Grade 3/4 – Dynamic Earth and Sudbury Kart ways

June 14th: Grade 5/6 - KUPP Centre and Sudbury Kart ways

The Graduation

Took place on Wednesday June 20th.

The theme this year was the Outdoors which was chosen by the grade 5/6 class and kindergarten class.

Graduates were as follows

Senior Kindergarten

Deacon Jacko

Dryden Paibomsai

Lila Garcia

Tamika Bowerman

Grade 6

Daylyn McGregor

Quintin Megwanabe – McGregor

Raidyn McGregor

The Ceremony started off with Ms. McGregor and the Grade 5 students drumming to the Migizi song they were accompanied by the 3/4 class.

After a successful ceremony the Kindergarten class preformed a musical rendition of the Best Day of My Life and the grade 5/6 class preformed Lean on Me with acoustic guitars all taught by Ms. Joanne Hogarth.

A Lunch was provided by Hiawatha Catering for all to enjoy

Another success

Traditional Teachings

Chi-miigwetch to Carmen Pitawanakwat and Tim McGregor who came to do traditional teachings with the 3/4 and 5/6 classes as part of health class! Miigwetch!

Daycare transition Completed

Land Based Learning took place from June 25th- June 28th.

The Great Spirit Circle Trail June 26th and June 27th!

Included, Canoe Lessons and Experiences, Medicine Walks, Eagle Cloud Crafts-Dream Catchers, Voice of the Drum Experience, Story Telling, Anishinaabe Games, Traditional Living and Lifestyles

Congratulations to our Graduates Have a safe and Happy Summer!

Cara McGregor
Administrative Assistant



Grade 6 Graduates (l-r): Raidyn McGregor, Daylyn McGregor, Quintin Megwanabe-McGregor SK Graduates (l-r): Dryden Paibomsai, Tamika Bowerman, Deacon Jacko, Lila Garcia The graduating classes each received the book, 'The Water Walker' and Copper water bottles as their graduation presents from Shawanosowe School!



Grade 5/6 Teacher Miss Cutler and Chief Shining Turtle present Victoria Nahwegahbow with the Culture & Citizenship Award.

Missed an issue of The Rezound? Find them online at www.whitefishriver.ca



Mr. Legrow and Miss Tracey's Grade 3/4 class celebrated the end of a successful school year with a trip to Sudbury Kartways.

Band Manager - Art Jacko

Aanii Bemaadizijig

This is very exciting time here in our community, we have a lot going on, with our trust, the construction of our elevated storage reservoir, building our Maamwe Kendasing Early Learning and Innovation Centre and the development of a Custom Election Code. This is a reflection of all the hard working staff, who on many occasions go beyond what is expected of them.

The Nishnaabe Aadziwin Giizhgut (Aboriginal Day) celebrations were amazing this year, we are very blessed to have dedicated staff who planned and carried out the activities. There was plenty of fun and laughter. Some of our community members got to see our territory they have never seen before through the quad and boat tours. The Housing Department's silent auction appealed to the Community Member's sense of mystery. It was well received and everyone had a good time. The pig roast feast and potluck was delicious and the community volunteers who helped out were very much appreciated. I'm thankful we have such active community volunteers. Chi Miigwech to everyone who helped. The day ended with a wonderful display of fireworks, glad to see all those who came out.

Band Custom Election

The Band Custom Election is moving forward, there is strong community support for this work. Our community response to the survey has been tremendous and I have heard people outside of our community say that they have never seen such strong community participation in a survey, this says a lot for the people of Whitefish River. The custom election code will be based on what the people have said, this is your election code. Very good to see the strong community support. The Election Code Monthly updates will also be provided through our Rezound. Please stay tuned for more information.

Access to Fuelwood on Treaty Land

WRFN community members have access to fuel wood on our Treaty Lands, most are located by Fox Lake Road and all of the sites have easy road access. There is a mixture of wood ranging from maple, ash, poplar, birch, cedar, pine, spruce and fir. I encourage people to take advantage of this. There are no fees or permits required in accessing your wood. Maps of all the areas are available at the Administration office.

Staffing Updates

I would like to take this time to congratulate Kathleen Migwanabi on her new role as the Lands Manager for Whitefish River.

Graduation

I would like to take this time to congratulate all of our graduates, all your hard work has paid off and I wish all the best to our graduates on their future paths. Well deserved.

I am always available to the community, please feel free to drop by for a visit and have a Mkade Miskodiismim Naaboo (coffee) on us. You can also email me at ajacko@whitefishriver.ca or call me at 705-285-4335 or my cell at 705-863-3027.

Be safe and have a wonderful summer
Nahaaw, Baamaapii Miimwaa Kawaabmin



Grade 1/2 Teacher Miss Gagan and Band Manager Art Jacko present Melody Hester with the Respect Award.



The present and future water towers of WRFN.



June 20, 2018

A PLACE OF VISIONS AND DREAMS

Dear Community Members,

As your Chief and Council, we are very pleased to bring you up to date on the work that has been developing on the Trust.

Beginning over 21 months ago, Chief and Council developed a Trust Working Group to begin the process of meeting INAC's requirements for the land claim resources that may flow to the Band as a result of the land claim settlement process.

The active engagement of the Trust Working Group has now been in full operation since January 2018. Over that time we have had three full engagement sessions in Birch Island, Sudbury and Toronto. These sessions have been well attended and the information collected has been very useful in shaping the development of the draft trust agreement. *The information contained in this package should be treated as confidential and privileged to you as a member of our band.* Please treat the attached in that manner.

The drafting of the Trust document itemizes the significant contributions that have come forth from you. Our Trust working group knows how important this phase of the work is and as such have been actively listening at all the sessions. A plain language version and, a full version of first draft of the trust agreement containing member input is now enclosed in this package for your review. We are all eager to see the first draft of the Trust document take the shape that we have collectively nurtured and guided.

The efforts of our Trust Working Group continues to require support and commitment from the whole community. In particular, we need your support by reviewing the attached documents to prepare yourselves to discuss the full "first draft" of the Trust document at the July sessions. Together, in this way the document will be further strengthened.

This is a collective effort that belongs not just to those of us alive today, but to the future generations of the Whitefish River First Nation. It's time that we exercise our goodness in this matter. By working together, we will all benefit from a Trust document that will ensure a brighter future for us all.

We look forward to your continued assistance and partnership in these important efforts.

Chi Miigwetch.

Franklin Shining Turtle Paibomsai
Chief Franklin Shining Turtle Paibomsai

WHITEFISH RIVER FIRST NATION

17A Rainbow Ridge Road, PO Box 188, Birch Island, Ontario P0P 1A0
TEL (705) 285-4335 FAX (705) 285-4532 www.whitefishriver.ca

Trust Coordinator - Esther Osche

Greetings!

My name is Esther Osche and as the Trust Coordinator for the Whitefish River First Nation Boundary Claim Trust Working Group I provide a monthly report that provides an update on the activities of the Trust Working Group and our engagement with members on the development of a draft Trust Agreement. The Trust Working Group is now looking forward to their **fourth Community Engagement Session** scheduled for the month of July 2018 to review the first draft of the Trust Agreement with members.

Purpose of a Trust Agreement for the Whitefish River First Nation: The Whitefish River First Nation (WRFN) has reached a draft Boundary Claim Settlement Agreement with the federal government of Canada that specifies a settlement offer amount. The draft Settlement Agreement requires the First Nation to develop a Trust Agreement to flow, preserve and protect the Settlement Agreement funds.

A Trust Agreement is a Rule Book that preserves and protects the settlement offer funds for today's and future members.

A Trust Operates as a separate legal entity and its function along with Trustees, are limited to receiving the Settlement funds, investing the Trust property and, making an annual payment to the First Nation. The decision to determine how to spend the annual payment is left up to the community and is outlined in the Trust Agreement.

The Trust Working Group's Role in the Development of a Draft Trust Agreement: The Working Group provides representation and input into a draft Trust Agreement template. They will accomplish this with input from the members at community sessions.

Community Engagement Sessions Update: as previously reported in the June article three engagement sessions took place as planned on May 10th in Birch Island, May 11th in Sudbury and May 12th in Toronto. Two presentations were provided at that time **"Highlights of the 2013 Initialed Settlement Agreement"** and the **"Initial Draft Trust Agreement"**. We are pleased to report the Trust Working Group, its technical advisor's and the Chief and Council have completed their review on the input and comments gathered at the May 2018 Community Engagement Sessions. This collective effort has resulted in the first draft of the Trust Agreement being ready by the target date of June 15th. The full first draft along with a plain language version has been recommended by the Trust Working Group to the WRFN Chief & Council for approval at their June 19th Band Council meeting. The documents will be mailed out on June 25th to give members time for review in advance of the scheduled July 2018 Community Engagement Sessions.

PLEASE NOTE: The documents will be mailed to all individuals on our address list, including those who have provided us with updated address information. The mail out package will also be posted to our website at the Trust link location on our homepage.

The July 2018 Community Engagement Sessions: The next Community Engagement Sessions have been confirmed to take place on **July 19th in Birch Island at the WRFN Community Centre** beginning at 6:00 pm; on **July 20th at the Sudbury Holiday Inn** beginning at 6:00pm and, on **July 21st at the Toronto Chelsea Hotel** beginning at 4:00 pm. The sessions will be provided for members to review the clauses of the first draft of the trust agreement in more detail and to solicit further member feedback on content and design.

The Trust Working Group encourages all members to plan ahead to attend the **July 2018 Community Engagement Sessions**. This will be another opportunity to help refine the draft so it can meet member's expectations. Your input is **valued and important**. Please make every effort to attend the sessions to continue with your review and feedback.

A notice to confirm these dates will also be included with the mail out package and placed on the WRFN Community Website. Please help spread the word to relatives and community acquaintances regarding the upcoming July dates.

IMPORTANT UPDATE:

The initialled Settlement Agreement from 2013 contained some terminology that was a bit unclear as to who the beneficiaries of the Trust Agreement were intended to be. The language was not entirely clear if the intention was that it be for the benefit of Citizens or the benefit of all members of the First Nation, whether enrolled by the First Nation as Citizens or not. Council has now reviewed the history of this settlement and has considered the clarifications that should be made about the beneficiaries for this particular settlement. The claim being settled relates to reserve land that was not set aside in 1851 as it should have been. It thus includes compensation for the benefit of the members of the First Nation and their heirs going back for more than 160 years, long before the Citizenship Code was put in place in 1987 when our First Nation took over control of our own band list. Council will be approaching Canada to clarify the language of the Settlement Agreement so it clearly provides it is for the benefit of members of the First Nation, whether Citizens or not. It will also clarify that those entitled to vote on this settlement will be the members of the First Nation who are 18 or older on the date of the ratification vote.

UPDATE ON MAILING LIST: Any member can attend the sessions. For those that do not have access to computers to view our website for updates we have prepared a mailing list so information shared at the sessions can be mailed out to keep everyone informed on the trust developments. You can send the Trust Coordinator either a letter, email at eosche@whitefishriver.ca or, telephone call at **1-800-265-4335** and request to be put on a mailing list to receive information shared at the sessions or uploaded to the website. Miigwetch and Thank You to everyone who have participated so far to update your mailing and contact information. Please help spread the word to family and community acquaintances to update their contact information by contacting me.

Questions: We encourage member feedback and questions at all times throughout the trust development process. Please send a letter or, email to the above-noted email address to the attention of Esther Osche, Trust Coordinator. A response will be prepared and sent back to you. The WRFN Chief & Council has approved a Members Queries Column for our home webpage. Please let us know when you submit your questions if you would like the questions and our responses to be shared at the website location. **Miigwetch and Thank You** to all those members who have sent in your inquiries so far.

The WRFN Trust Process Chart: the chart has been developed as a guide for all to follow as the development of the draft trust agreement process unfolds. The Process chart is attached for your review and has been revised to take into account our recently completed tasks and to set a more realistic timeframe going forward. **Please note**, the October and November Referendum Vote Timelines are placed as "tentative" at this

time. Further updates will be provided and the Chart will continue to be subject to change in a future edition to accommodate the plans for the Referendum Vote.

TRUST NAMING CONTEST

We are seeking input on an Anishnabe name for the draft Trust Agreement. Please submit the name in the language and it's English translation. The submissions will be posted at the July 19th Community Engagement Session for selection by member preference. The winning name will be announced following the July 19th meeting and, a prize awarded to the winner.

Miigwetch to all who participate.



COMMUNITY TRUST MEETING SCHEDULE

IMPORTANT NOTICE:

The following is additional to our previously posted community meeting schedules.

COMMUNITY ENGAGEMENT SESSION PRESENTATION OF FIRST DRAFT OF THE TRUST AGREEMENT JULY 2018

BIRCH ISLAND

July 19, 2018
WRFN Community Center
Time: 6:00 pm to 8:00 pm

SUDBURY

July 20, 2018
Holiday Inn – Regent Street
Time: 6:00 pm to 8:00 pm

TORONTO

July 21, 2018
Chelsea Hotel
Gerrard Room
4:00 pm to 6:00 pm

For more information please feel free to contact me at WRFN Administration at 705-285-4335 or via email at eosche@whitefishriver.ca.



Family face painting time with Zach, Jeremiah & Selena at the Aboriginal Day festivities.



Leo and Braxton are a family of Batman.



'Fish on!' at the Aboriginal Day Dock Fishing Derby.



Richard and Todd won big at the WRFN Trivia contest.



Aaron rode the rails with Mukwa Adventures.



Community gatherings are about food, fun, family and laughter.



Ms. Meuleman's Kindergarten class travelled to Science North in Sudbury for their class trip.



There was fierce competition at the Horseshoe Tournament, but Nicole and Allien walked away the champions.



Nicole & Jim cheer on the BI Hitmen.



Sasha pulls DJ duty at the Outdoor Family Dance.



Jake Pakosigan was the First Place winner of the Rez Car parade with his entry 'Skoden'. Gail Pelletier was the Second Place winner with her 'Leafs Nation' entry and Leslie and Aaron Recollet won Third Prize with a Fishing themed entry.



Jackson gets up close and personal with Sneezy the Snake at the Elephant Thoughts Community presentation on June 5, 2018.

Economic Development Officer Keith Nahwegahbow

Ahnii
First off I would like to congratulate all the recent graduates on their outstanding achievements. Whether it is from Pre-School, Elementary School, High School, College, or University, graduation is an exciting time. *It marks both an ending and a beginning; it's warm memories of the past and big dreams for the future. With all your future endeavours may your spirits soar on Eagles wings!*

We recently posted our high school positions in our **WRFN Summer Work Experience Program**. Reminder that the employment resource room is open. There is plenty of reference material to help you with creating a cover letter and resume. The 9 positions available are;

- Public Works Assistant (2)
- Housing Assistant
- Garden Assistant (2)
- Special Projects Assistant
- Library Assistant
- Child Care Assistant
- Administration Assistant

We have put a recent call out for community volunteers for the Pow Wow committee (see advertisement). If there are any Community members interested in putting together ideas and creating a shared vision for Whitefish River First Nation Annual Traditional Pow-Wow please let us know and submit a letter of intent to the WRFN Administration

Office addressed to: **Pow-Wow Committee**.

Fish Farms! Recently I had the pleasure of meeting the new owners of the nearby fish farm. Previously known as Coldwater, the new owners have called the facilities Manitoulin Trout Farms. The new owners have a long history of working with Aqua-Cage in Wasauksing First Nation near Parry Sound. They have always made an effort to be part of their community and since 1983 the majority of employees have been First Nations. Aqua-cage currently has 13 First Nations employees with more scheduled to work soon. We have had talks with Manitoulin Trout Farms about building a relationship with their new fish farm here. In July, I have asked for myself and any interested WRFN community members to take a tour of the facility to see all the various tasks in operating a fish farm. If you're interested in fish farming, please let me know.

For more information and if you have questions about the high school summer work positions, Pow Wow Committee, or the upcoming tour for the Manitoulin trout farm please contact myself, Keith Nahwegahbow at the WRFN Administration Office at 705-285-4335 ext. 216 or via email at keithn@whitefishriver.ca.

Rainbow LODGE

Smoke and Alcohol-free Facility



Nestled in a quiet area just north of McGregor Bay, Rainbow Lodge provides exceptional quality accommodations and tranquility for tourist and business customers alike.

MAIN LODGE ACCOMMODATIONS:

- Two fully furnished bedrooms; 2 queen beds and 1 king size bed
- Fully equipped kitchen complimented by a cozy dining room
- Great room with a floor to ceiling stone fireplace

CABIN ACCOMMODATIONS:

- Two double beds & Three piece bathroom
- Kitchenette & Living Area
- Private Deck & BBQ

Rainbow Lodge is a great location to host business meetings and events, small weddings, baby showers and family gatherings.

Rainbow Lodge is a place of peace and serenity to host traditional ceremonies and healing sessions.

RAINBOW LODGE IS A SEASONAL FACILITY OPEN BETWEEN MAY TO NOVEMBER

PROUDLY OWNED AND OPERATED BY WHITEFISH RIVER FIRST NATION



OFFICE HOURS
Mon-Fri: 8:30am-4:30pm

For inquiries call: 705-285-4335
-OR-
Rainbow Lodge Manager:
rainbowlodge@whitefishriver.ca



VOLUNTEERS NEEDED

WRFN is seeking 6 Community members to sit on the Pow Wow Committee.

The Annual Whitefish River First Nation Traditional Pow Wow

AUGUST 18 & 19, 2018



The duties of the committee may include, but is not limited to:

- * Coordinate a shared vision for the Annual Pow Wow.
- * Select a Theme.
- * Planning and organizing the 2 day event
- * Selecting Dancers and Drummers.
- * Assist in planning Fundraisers.
- * Share planning ideas with grandmothers of the community.
- * Provide regular updates to Chief & Council.

Please submit a letter of interest:

Addressed in an envelope:
WRFN Pow Wow Committee
Attn: Keith Nahwegahbow
Economic Development Officer,
Whitefish River First Nation



Summer Student Liaison - Byron Nolan-Shawanda

Anni, niin Byron Nolan-Shawanda nindizhinikaaz.

In the upcoming fall semester I will be attending Sault College for my first semester in the Bachelor of Science, Nursing Program.

As of June 18th 2018, I've been granted the summer employment position of Summer Student Liaison. I will be working collaboratively with the post-secondary students as well as the secondary students to have a productive and successful summer. Myself, being new to this position I hope to meet and exceed expectations in the workplace, as well as gain the

experience this position has to offer. To provide an enlightening workplace experience, I encourage everyone in the community to engage in polite and friendly exchanges with the summer students. You won't work a day in your life if you enjoy your job. That is my goal for the Whitefish River First Nation summer students, for them to enjoy learning experience in the workplace.

I can be reached at the WRFN Administration Office at 705-285-4335 or via email at byrons@whitefishriver.ca.

Membership - Kathleen Migwanabi

Membership News
Office Hours: Monday to Friday
9:00 am - 4:00 pm

All Life Events are required to be registered. Life Events include: Births, Marriages, Divorces, Name Changes, Deaths, Transfer of Membership, Change of Residence (on-reserve /off-reserve). Forms are available in the membership office.

IMPORTANT CHANGES TO REGISTRATION – due to the recent changes to the registration program, Indigenous Services Canada has introduced the integrated application process. For New Registrations, applicants can now apply for registration and have the option to apply for Secure Certificate of Indian Status Card (SCIS) at the same time.

Birth reporting: Parents, it is your responsibility to register your child for Indian Status as soon as possible. A newborn is covered for non-insured health benefits under the parent until they turn 1. If your child is not registered after they turn 1 years of age, parents are responsible for all costs.

To register a child (15 years and Under), required documents:

- Original long form Birth Certificate (also known as statement of live birth), and
- Child Application

New Registration Adult 16 and Older

- Original Long Form Birth Certificate

- Adult Application

If applying for the Secure Certificate of Indian Status Card (SCIS):

- Guarantor Form (holder of SCIS card, Chief, Councillor, IRA, etc.) can sign as guarantor
- Copy of 1 I.d.(front & back) from parent/guardian (e.g. Driver’s License, health Card, passport, etc.) signed by guarantor
- 2 passport photos signed by the guarantor
- **Marriage Reporting:** Original marriage certificate and marriage reporting form is required
- **Death Reporting:** A death Certificate is required to register the death of a registered band member

CITIZENSHIP - Whitefish River is a section 10 band under the Indian Act and determines its own Citizenship (Band Membership). **Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply.**

Main Benefits of Indian Status and Band Membership (Citizenship) may include:

- 1) **Indian Status:** non-insured health coverage, treaty payments (if applicable), possibility of post-secondary education funding, and exemption from certain federal and provincial taxes.
- 2) **Band Membership (Citizenship):** a right to reside on reserve, a right to housing, voting privileges within the band, and a right to community involvement and affairs.

Population Stats as of June 27, 2018 – Registered Status Indians

Total On Reserve: 371
 Total Off Reserve: 964
 Total Population: 1335

ON-RESERVE

Registered Members: 371
 *Other Residents: 98
 Total On-Reserve Pop.: 469

Citizenship Register

Total: 821
 Eligible Voters: 710

REQUEST TO UPDATE MAILING & CONTACT INFORMATION:

We are requesting members to please update your mailing address with the Membership Office. Your mailing address is required for voting purposes within the band, (i.e. elections, referendums), as well as distributing important information. You may also update your contact information by registering in the membership portal on our website at www.whitefishriver.ca

Should you have any questions, please do not hesitate to contact the Whitefish River First Nation Membership Clerk/Indian Registration Administrator, Kathleen Migwanabi at (705) 285-4335 ext. 208 or by email at kathleenm@whitefishriver.ca

Lands Manager – Kathleen Migwanabi

Aanii Whitefish River! I am happy to let you all know that I have accepted the position as Lands Manager. I am excited and honored to be able to begin this journey to grow with our community, and help carry the responsibility for our beautiful lands.

For those of you who don’t know me, let me tell you a bit about me. I grew up in “Sunny B.I.”, and I am so thankful that my family raised me on the land, whether it be harvesting maple syrup, berries, hunting or fishing. I am a proud and blessed mother of 3 beautiful daughters, and “Mama” to 2 grandbabies. I studied Aboriginal Resource Technician and Forestry with Sault College before I began my career with Whitefish River.

Over the past 12 years, I have proudly served our community in a different capacities and departments. I was the Tenant Counsellor for the Housing Department for 5 years, presently the Membership Clerk/IRA since 2009, and

Lands Assistant for the past 7 years.

Looking ahead, the Lands Department will be quite busy over the next year, as I will continue to learn about the Reserve Lands and Environmental Management Program, completing file reviews and research, Rent reviews and amending agreements for the McGregor Bay Leases will be completed, as well as forming a Lands Committee. I am respectfully asking community members to be patient with land related inquiries during this transition period.

In closing, I want to say Chi-Migwetch for this opportunity to serve my community in this capacity. My door is always open if you have any questions, or if you just want to come and visit the Lands Department. Please feel free to contact me anytime at the Administration Office at (705)285-4335 ext. 208 or by email at: kathleenm@whitefishriver.ca



K.C picks the teams through a random drawing of shoes at the ‘Shoes In!’ Community Indian Ball game on June 21st, 2018.

FUNDRAISER
Carmen and Gary's Wedding
Jackpot \$100.00 **\$3/strip**

MYSTERY PRIZE BINGO

TUESDAY, JULY 31ST
6-9pm
Doors and Canteen
Opens @ 5 pm

WHITEFISH RIVER COMMUNITY CENTRE

PosterMyWall.com



The family of Edward 'Eddie' T. Smith would like to thank our extended Smith & Francis family and friends who travelled from near and far for Eddie's Celebration of Life.

Thank you to our home community of Whitefish River First Nation for their support through these trying times with the sudden loss of our loved one.

Thanks as well, to Lisa Cywink for sharing her songs and drumming throughout the ceremony.

Chi-Miigwetch
 The Family of Mary Jane Smith

Letter to Whomever May Have My Treasured Photo Album,

I am pleading for the return of a Treasured Family Photo album. It contains photos of my Parents, Estelle and Wilfred Cywink Senior who have passed away and of one of my brothers, Samuel and three sisters, Monica, Sonya and Anna. I began to put this album together when Sonya was taken from our family in a very brutal manner. These photos are what I have left of the family members that are no longer in my life; in my siblings lives.

Please take the photo album to the AOK Band Office or leave it at the Church on a Sunday and no questions will be asked. I do not need nor want to know who has the book or who returned it, all I ask is that in your heart, that you return it.

Olga Naomi Abotossaway

Horseshoe Tournament
Sundays (weather permitting)

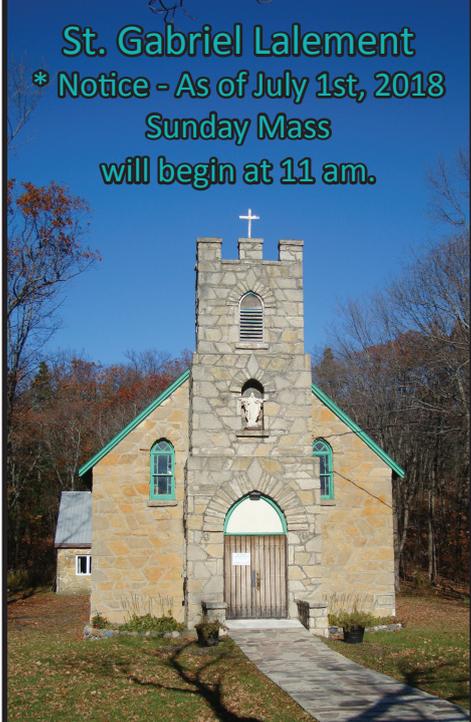
1 pm - 5 pm
Cash Entry Fee
\$7.00 entry
\$2.00 most Ringers
50/50 Upon tie
Cash Payout for the winner!

Championships in September!

Contact Jake for more information at 705-285-0671



St. Gabriel Lalement
*** Notice - As of July 1st, 2018**
Sunday Mass
will begin at 11 am.



****IMPORTANT - NEW DEVELOPMENTS****
Whitefish River First Nation
Custom Election Code

Aanii!

During the month of December 2017 a Community Poll was conducted to find out if there was sufficient interest to proceed with the development of a Custom Election Code for the Whitefish River First Nation. The results of the poll indicated that 78% of those polled wanted the First Nation to proceed with the development of a Custom Code to guide the process for the election of the Chief and Councillor's for our community.

Councillor Mark Shawanda has stepped forward to champion this development in response to the December community poll. As reported in the June issue of the Rezound, a Custom Election Code Working Group has been formed to steer this development.

Purpose of a Custom Election Code for the Whitefish River First Nation: The Whitefish River First Nation (WRFN) currently elects their Chief and Council under Section 74 of the Indian Act and there are many problems encountered as a result of this. Time and duration of office is restrictive for the leadership to finish projects that have been started in our community, such as a school addition or settling a land claim agreement or self-government agreement. It also leaves the power to the Minister to determine for things such as the size of the Council, who can run for Chief and Council and, how nomination meetings are conducted.

We have come to a point where we have to decide for ourselves how we wish to elect our leadership.

The Working Group's Role in the Development of a Custom Election Code: The Working Group will provide representation and input into a draft Custom Election Code. They will accomplish this with input from the citizens through a door to door community survey and, at community sessions scheduled for this purpose.

Working Group Meetings: The inaugural meeting of the Custom Election Code Working Group was held on May 26, 2018 at the Whitefish River First Nation Administration Offices. The Working Group circulated a Custom Election Code Survey shortly thereafter to obtain member input on the development of a draft Custom Election Code.

The Community Survey Door to Door: The Custom Election Code Survey was circulated through community households for the time period of June 1, 2018 to June 15, 2018.

The Community Survey on the WRFN Community Website: The Custom Election Code Survey was accessed through the homepage of the WRFN website by clicking on the link "Custom Election Code Developments" and second-

ly, accessed by clicking on the link: <https://www.surveymonkey.com/r/YQ5WY6H>

TOTAL RESPONSES: We received 247 total responses on member feedback through the door to door and website outreach. 14 of the responses had to be rejected as respondents did not identify as band members bringing the final total of responses to 233. The Working Group was very pleased with the results of the responses received which permitted them to begin their work on the initial draft of the custom election code. This has been unprecedented support for the development of a custom election code.

SURVEY RESULTS: The following are the Custom Election Code Survey Results:

Question 1 Answer on Term of Office – 36.13% for 3 years and 36.56% 4 years.

Because the percentages are so close a more definitive number will be determined at the upcoming community consultation sessions.

Question 2 Answer on Date for the Election – 58.70% for a February date in favor

Question 3 Answer on Employee of WRFN be allowed to run for Council – 64.38% in favor

IMPORTANT regarding Question 3: An additional two-part question has been posted to Survey Monkey at the homepage of the WRFN Website and will also be polled at the community consultation sessions as follows: "if elected would an WRFN employee be permitted to keep their job or resign" and "if an WRFN employment position is offered to a Chief or Councillor during their term – should they resign"

Question 4 Answer on Should Nominee provide consent prior to nomination meeting – 79.28% in favor

Question 5 Answer on How many times can one individual nominate for position of Chief – 63.91% in favor of "once for Chief"

Question 6 Answer on How Many Councillors should one individual be able to nominate - 56% in favor of 6 councillors

Question 7 Answer on Would you support WRFN using an electronic voting process – 63.80 % in favor of electronic voting

Question 8 Answer Do you support the continued use of mail in ballots – 71% in favor of continuing with mail in ballots

Question 9 Answer Should appeal process be set up externally – 75.26% in favor of an external election appeal process

Question 10 Answer How many days should be allowed for an Election Process - 37% in favor of a 45 day time period

The Community Engagement Sessions: The first community engagement session took place on June 27, 2018, with a turnout of 16 members. The presentation shared the responses to the Custom Election Code Survey results. Two more meetings will take place on July 5, 2018 at the Sudbury Holiday Inn from 6:00 pm to 8:00 pm and on July 7, 2018 at the Toronto Chelsea from 4:00 pm to 6:00 pm. A subsequent draft of the Custom Election Code will take place as outlined in the table below:

The Working Group encourages all citizens to plan ahead to attend the anticipated **Community Engagement Sessions** to discuss the survey results and to review the initial draft of the Custom Election Code. These sessions will be your opportunity to help refine the draft so it meets your expectations. Your input is **valued** and **important**. Please make every effort to attend the sessions.

Update on the Vote Date for Acceptance of the Custom Election Code: the Working Group is tentatively scheduling the Vote Date for acceptance of the final draft of the Custom Election Code in early Fall. Canada will need to review the final draft that is prepared before the First Nation proceeds to a Vote for Acceptance.

Questions: We encourage your feedback and questions at all times throughout the development of the draft Custom Election Code. Please send a letter or, email to: info@whitefishriver.ca Your inquiry will be forwarded to the attention of the Working Group members for a response.

CUSTOM ELECTION CODE COMMUNITY ENGAGEMENT SESSION SCHEDULE

COMMUNITY ENGAGEMENT SESSION #1
– PRESENTATION OF SURVEY RESULTS & REVIEW OF INITIAL DRAFT OF THE CUSTOM ELECTION CODE

BIRCH ISLAND

June 27, 2018
 WRFN Community Centre
 Time: 6:00 pm to 8:00 pm

SUDBURY

July 5, 2018
 Holiday Inn- Regent Street
 Time: 6:00 pm to 8:00 pm

TORONTO

July 7, 2018
 Chelsea Hotel
 Time: 4:00 pm to 6:00 pm

COMMUNITY ENGAGEMENT SESSION #2

****TO BE ANNOUNCED ****

Tenant Counsellor - Kim Laundrie

The Housing Department would like to remind tenants that they must renew their rental agreements annually to ensure that information is accurate and up to date.

Content insurance is mandatory and must also be submitted on an annual basis.

This is outlined in the Whitefish River First Nation Housing Policy and every Rental Agreement.

Section 3.4 Tenant Responsibilities of the Whitefish River First Nation Housing Policy states:

- "Every Tenant who occupies a Rental Unit must enter into and sign a Rental Agreement and comply with its terms. It is the responsibility of all individuals living in a Rental Unit to become familiar with all of their responsibilities and obligations."
- "the Tenant must enter into and

sign a new Rental Agreement each year;"

- "maintain insurance for personal property in the Rental Unit. Should disaster strike, WRFN, including the Housing Department, will not be responsible for damage to or the loss of any property;"
- "indemnify and save harmless WRFN from all liabilities, fines, suits and claims of any kind or which the Housing Department or WRFN may be liable or suffer by reason of the Tenant's occupancy of the Rental Unit;"

Please contact the Housing Department to schedule a time that is convenient for you to review and update your Rental Agreement, and to submit a copy of your content insurance. If you have any questions or concerns please contact me at Administration at 705-285-4335 or via email at kiml@whitefishriver.ca.

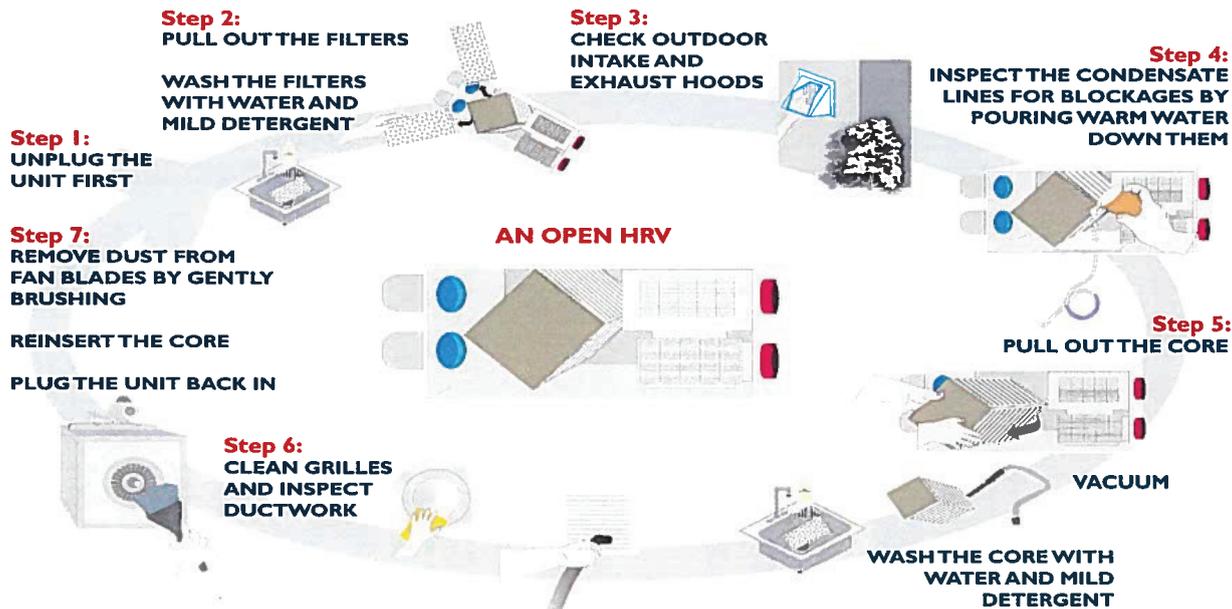
Protecting our Resources

**Whitefish River First Nation
Matrimonial Real Property Law**

Approved by Band Council Resolution #3450 - March 6, 2015
Amended June 9, 2015

MAINTAINING YOUR HEAT RECOVERY VENTILATOR (HRV)

Your heat recovery ventilator (HRV) can help make your house a clean, healthy living environment, while keeping fuel bills down. But your HRV can't do all this without your help. **It only takes seven simple steps to keep your HRV happy...**



HRV Maintenance Checklist

May (*)
Turn the dehumidistat to the HIGH setting or to OFF.

Year:	Clean Filter	Clean Hood Screen	Other
Jan			
Mar			
May			*
July			
Sept			✧
Nov			

Year:	Clean Filter	Clean Hood Screen	Other
Jan			
Mar			
May			*
July			
Sept			✧
Nov			

September (✧)
Clean core and check fans, Check condensate drain, Check grilles and ducts in house, Reset dehumidistat (40 - 80 per cent)





Community Energy Advisor - Tania Jacko

Aanii Kina Wiya,

Do you know the difference between a series circuit and a parallel circuit?¹ Well the students of Shawanosowe School do and they are one WHIMIS Certification away from being able to rewire your house. *****Disclaimer*** Do not get children to work on wiring your house, it is probably illegal.**

Elephant Thoughts visited Shawanosowe School this past month and used specialized toys designed to demonstrate electrical concepts. Elephant Thoughts is a not-for-profit organization that uses fun and exciting methods to engage and teach children about science. Shawanosowe School Students learned about energy, electricity, physics, and a variety of other things related to science and the world around us. Not only did they receive the wonderful gift of science, they also got to take home some amazing crafts, such as plaster T-rex teeth, lava lamps, bird whistles, solar bead bracelets, and solar rovers.

During the Community Night, a Van de Graaff generator was used to demonstrate static electricity and charged protons and electrons. Students also built solar rovers, met Sneezzy the Friendly Honduran Milk Snake, melted crayons into new shapes and figures, and enjoyed delicious pizza.

It was really fun to watch the students get excited about learning and to see their faces light up in amazement when presented with astonishing facts. Their reactions were especially hilarious when they realized they were holding coprolites (fossilized dinosaur excrement).

I have quite a bit of photos from the event and if you would like the photos of your child, feel free to contact me at the administration office and I can email the photos to you.

Another event that occurred this month was the **Hydro One "Get Local"** Session on June 12, 2018. In the afternoon community members were able to meet with Hydro One representatives for one-on-one discussions. In the evening, Hydro One gave a presentation about microgrids. Participants, were also curious about the process for clearing vegetation along Hydro lines. Not only were the participants treated to a wealth of information, they also were treated to delicious dinner and snacks, and received door prizes, which included indoor LED lightbulbs.

So far this season, we have already experienced a few heatwaves. If you find that the heat is absolutely unbearable, keep in mind that fans use less energy than air-conditioners and are just as effective. You may also want to refrain from using your stove/oven. A slow-cooker will use less energy, won't heat up your home, and for an added bonus, could have supper cooked right as soon as you get home, depending on whether or not extra preparation is needed.

Fun Fact: "Even though the Great Depression was in full swing, movie theaters were among the first businesses to use an air conditioning service. People would flock to see a movie in the summertime in order to cool off, so theaters began releasing their biggest films during the summer months, hence the ever-popular "summer blockbuster."²

The Community Energy Committee is still looking for a youth to serve as a member on the committee. Please feel free to contact me if you have any questions.

If you have any other questions or ideas that Whitefish River may be able to pursue in the Energy Sector please feel free to contact me at (705) 285-4335 or by email at energyadvisor@whitefishriver.ca, or stop by the administrative office. You can also ask your Community Energy Committee members.

As always, remember to turn off the lights when you leave a room that is not in use. Gii Waabmin Miinwaa!

"I'm really grateful that the Whitefish River First Nation hosted the Hydro One Get Local Session. I was never able to catch up on my Hydro Bill because of the interest fees. When I met with Hydro One Representatives they were able to waive approximately \$1800 in interest fees, going back to 2007. We also determined that I qualify for the LEAP program. Once I apply and enroll in the program I will have a zero balance on my Hydro Bill. Miigwetch Tania and Hydro One for putting on this awesome event" ~ Gail "Kiki" Pelletier

"T-Rex arms are good for playing checkers." ~ Tecumseh Paibomsai

¹ According to the internet: "A series circuit is a closed circuit in which the current follows one path, as opposed to a parallel circuit where the circuit is divided into two or more paths"

Chegg Study. Series Circuit. <https://www.chegg.com/home-work-help/definitions/series-circuit-4> JN 2018.

² Oliver Heating & Cooling. 8 Fun Facts About Air Conditioning. <https://www.oliverheatcool.com/news-for-homeowners/8-fun-facts-about-air-conditioning/> MA 2018.

Whitefish River First Nation

LET'S BE A **CARING COMMUNITY**

SPEED LIMIT 30

Please observe all posted speed limits!



Important Phone Numbers

Whitefish River First Nation

Art Jacko, Band Manager
Office (705)285-4335
After hours (705)863-3027

Franklin Paibomsai, Chief
Office (705)285-4335
After hours (705)968-0409

Whitefish River Community Centre
(705)285-0001

Church
St. Gabriel Lalemant Church (705)285-1940

Funeral Homes

Island Funeral Home (705)368-2490
Bourcier Funeral Home (705)869-0550
Lougheeds Funeral Home (705)673-9591
Jackson & Barnard Funeral Home
(705)673-3611

Local Florists

Espanola Home Hardware (705)869-2130
Hawberry Florist (705)368-1100

Whitefish River First Nation Administration
17A Rainbow Ridge Rd
Birch Island, ON POP 1A0
705-285-4335
whitefishriver.ca

WHITEFISH RIVER FIRST NATION (WRFN)

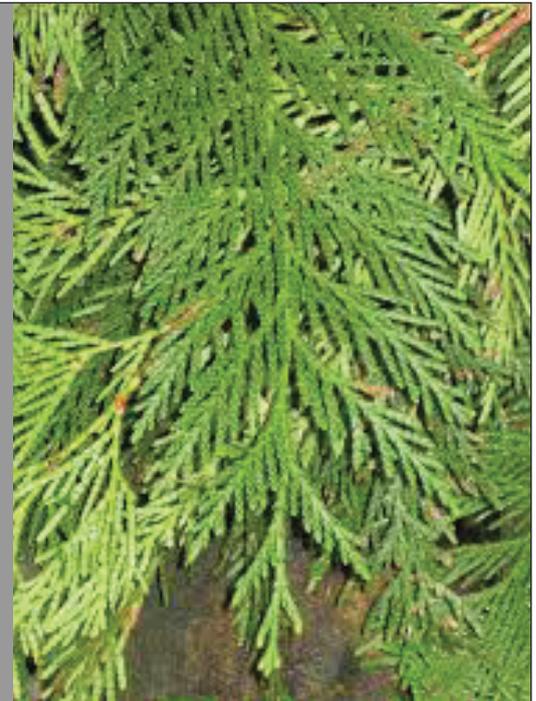
Those we love don't go away, they walk beside us everyday. Unseen, unheard, but always near, so loved, so missed, so very dear.

We know the death of a loved one is one of life's most difficult experiences. The Whitefish River First Nation will be available for assistance if required, please contact the Chief or the Band Manager.

WRFN is here to help

WRFN assists Citizens of the band by:

- Providing the Community Centre and Sacred Arbour (if required) (family to provide tobacco to the fire keepers)
- Providing start up for food for wake service up to \$300 (family to ask community member to help with the kitchen)
- Providing the material for a rough box if required and cross (family to provide tobacco to a carpenter)
- Contact UCCM Anishnaabe Police for traffic control for the funeral service
- Band manager to arrange for excavation if burial
- Assist with application process for funding if required.



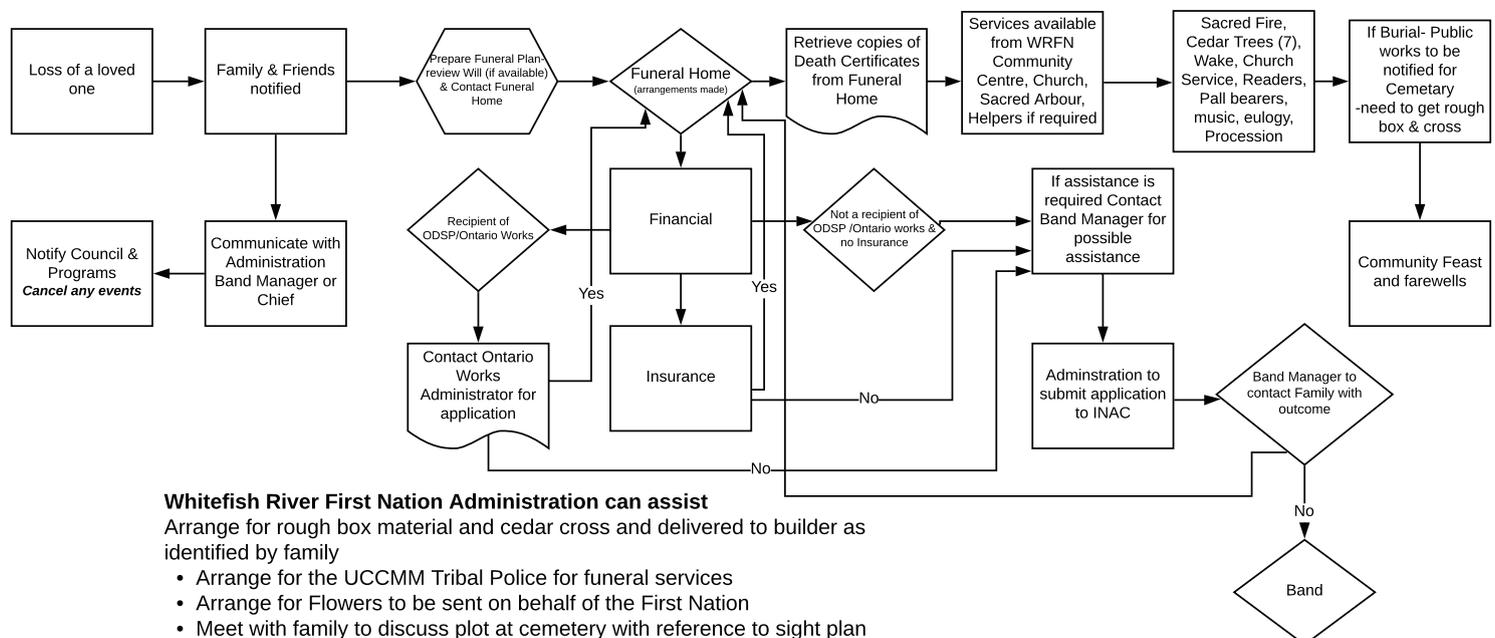
FUNERAL & BURIAL INFORMATION



WHITEFISH RIVER FIRST NATION



Whitefish River First Nation Funeral Planning



- Whitefish River First Nation Administration can assist**
Arrange for rough box material and cedar cross and delivered to builder as identified by family
- Arrange for the UCCMM Tribal Police for funeral services
 - Arrange for Flowers to be sent on behalf of the First Nation
 - Meet with family to discuss plot at cemetery with reference to sight plan
 - Meet with family to finalize the details
 - Have bingo signs covered with blue curtains

WRFN MINOR SPORTS
CHI-BINGO
 • 3 - \$1000 JACKPOTS
SATURDAY
JULY 28TH, 2018
 DOORS OPEN - 5:00 PM
 MINI-GAMES - 6:45 PM
 WHITEFISH RIVER FIRST NATION
 COMMUNITY CENTRE

FOR MORE INFORMATION CONTACT
 JAKE PAKOSIGAN AT 705-285-0671

WANTED
MINI-RAFFLE PRIZES

THE CUPBOARDS ARE BARE!
WRFN Minor Sports
Needs Donations!

For more information contact
 Jake Pakosigan at 705-285-0671.

Pet Care & Tips



Meow Everyone,

I begin on a sad note, Buddy our neighbourhood dog has passed on. Joanne and Paul found him lying on the side of the road coming down the driveway. I guess someone hit him. He used to come and visit me and the people down the road. I would give him treats and whenever Betty and I came home from shopping he would escort us until we got to my house, knowing full well I had bought treats for him. Betty and Gilles also missed him and asked me if I had seen him. He was actually my sister Elaine's dog. Kelly, Rob's wife was calling for him also and was staying with them more or less. He was also kind of a caregiver for Old Squades who is up there in years and going blind and Buddy I was told was watching out for her. This has been a sad week for us when we found out he was gone on Sunday June 17th. Goodbye my buddy we will all miss you!

Well the caterpillars are finished and I can finally finish my flower planting. The cats did not like them either and were careful when they stepped out on the front deck. For two whole days my deck was completely covered with them and I couldn't go out on it. Fabio, like I said has grown big like the other cats, but Empress Farah is still small. I guess she watches what she eats to keep her small figure, she is an Empress you know.

Some Cat Facts:

- Cats when startled, can jump up to five feet in the air.
- Milk can give some cats diarrhea. (I always give water to my cats)
- Almost ten percent of a cat's bones are in its tail.
- A cat's field of vision is about 185 degrees.
- When a cat is looking out the window at a bird and starts chattering its teeth, this is called 'vacuum activity'. It means that the cat is performing the killing bite even though the bird isn't really in its mouth.

Well that is it 'till next time, make sure to get your dogs or cats fixed to help keep the pet population down in our community. Stop by and visit our elderly, sick or shut-ins and have a visit with them. I am sure they will enjoy it and remember the ones who are sick or in the hospital in your prayers and watch out for pets who might be on our road ways.

Empress Farah, She-Pet Elizabeth and Webby Debby (The girl cats)
 Luka, BJ, Tinker, Francis and Fabio (The boy cats)

Dennis L. McGregor



Message from Ogimaa Shining Turtle Sturgeon Clan, Anishinabek Nation

July is upon us and we are now into summer. During the Summer Solstice, our Administration completed the ceremonies to welcome summer and to appease our spirits of our lands upon the arrival of summer. We have much that has gone on over the last month including;

- a) New Elevated Storage Reservoir Construction
- b) Work on the Land Claim Trust Process
- c) Election Code Process
- d) Lafarge Agreement Process
- e) Shawanosowe School Graduation
- f) Indigenous Day Celebrations
- g) Daycare Graduation Celebrations
- h) Traditional ceremonies for the community
- i) New Daycare plans for the School
- j) Our Community Wellbeing
- k) Espanola High School Graduation
- l) Sacred Heart School Graduation
- m) A.B. Ellis School Graduation

The priorities of Chief and Council continue to focus on three key areas;

- 1) Community Wellness
- 2) Education
- 3) Economic Development

We are unwavering in our efforts to move forward on wellness. While we are making incremental progress, much work remains to be done and no challenge is too big for our community to overcome.

Chief and Council see the benefits of increased communication by the Administration to share information with the community in a timely manner using our Rezound, Shawanosowe School Spirit, and with our approved WRFN social media tools. The Administration has taken very proactive measures to make sure we can communicate effectively. That is very clear, when you read the Rezound!!

One investment that we can all make towards our best news, is to end the language or negativity and myriad of rumours and untruths, together! Let's begin by starting to repair our relationship. Let us rise as one to meet these defining challenges of our time, so that future generations, basking in the sunlit uplands of tomorrow, might thank us and say truly this was their finest investment.

We have two very significant major capital projects to update you on;

We are really moving along with the construc-

tion for the New Elevated Storage Reservoir (ESR). The pedestal work is now completed and very visible. The constructed and the work is on schedule. This \$ 3.3 Million dollar project will provide the community with a supply of water for a 50 year period.

Again, I wish to acknowledge Council for working with my office to continue to prioritize this important project.

With a lot of persistence and effort by Council, we have been successful in securing the funding to construct our new Daycare. The new Daycare will be added to the east side of Shawanosowe

School and will bring all our education under one roof. This has been the plan since 2007 when the new Shawanosowe School was opened for our students. The new \$1.3 Million dollar project is a very exciting addition to the school system and fits into our 20 year community plan. Once again, I want to thank my council for working with my office to ensure that this project was realized.

Enjoy the Summer.

*Find me on Twitter
@ChiefPaibomsai
or on Facebook
Chief Shining Turtle*



June 26, 2018

A PLACE OF VISIONS AND DREAMS

Dear Community Members:

RE: "Coalition for Responsible Governance Survey"

It has come to the attention of Chief and Council that a "survey" on the leadership and management of Whitefish River First Nation was recently circulated to members by mail and has led to some confusion. Some of you have attempted to return your survey forms to the administration office. Please know that this survey was circulated by Ms. Marie McGregor Pitawanakwat without any knowledge or involvement of Council. Ms. Pitawanakwat is engaged in a legal dispute with Council. The survey that she prepared and circulated is not authorized by Chief and Council and does not follow the Whitefish First Nation Protocol for conducting an informed survey. This survey and its results will not have an effect on the good work done through our administration to improve our community.

If you have questions and concerns about your community, about its governance and stewardship of the resources that belong to all of us, or any of the questions raised in the "survey", please let us know. As your elected representatives, we all take our oath of office in service to this community very seriously. Chief and Council advocate for members' interests with Federal and Provincial Governments regularly to try to make improvements in areas of wellness, education, economic development, housing, infrastructure, and land claims. We all know these processes are slow and we share your frustrations as we do our best to overcome barriers to make lasting and positive community wide improvements. As we work, we also strive to provide information that allows members to make informed decisions about Chief and Council's policies. We encourage all members to provide their input in many ways, including through our community newspaper, community meetings, committee work, and community surveys and by writing to Chief and Council or our administration.

The best way to help us to serve you better is to take an active part in our community. For this reason, we especially invite you to support community events and functions. If you are not able to attend these functions, please feel free to visit with us at any time.

In Harmony

Fralli Pitawasee
Chief and Council

WHITEFISH RIVER FIRST NATION

17A Rainbow Ridge Road, PO Box 188, Birch Island, Ontario POP 1A0
TEL (705) 285-4335 FAX (705) 285-4532 www.whitefishriver.ca



ADMINISTRATION OFFICE: (705)-285-4335		
NAME	JOB TITLE	EMAIL
Franklin Paibomsai	Chief	chief@whitefishriver.ca
Art Jacko	Band Manager	ajacko@whitefishriver.ca
Leslie Recollet	Executive Assistant/Council Clerk	lrecollet@whitefishriver.ca
Esther Osche	Trust Coordinator	eosche@whitefishriver.ca
Danielle Pregent	Receptionist	receptionist@whitefishriver.ca
Emma Recollet	Ontario Works Administrator	emmar@whitefishriver.ca
Jacinta Shawanda	Education Manager	jshawanda@whitefishriver.ca
David Shawanda	Finance Director	daves@whitefishriver.ca
Brian McGregor	Finance Assistant	brianm@whitefishriver.ca
Theresa Recollet	Finance Clerk	theresar@whitefishriver.ca
Zach Shawanda	Finance Assistant	zshawanda@whitefishriver.ca
Georgina Recollet	Housing Manager	georginar@whitefishriver.ca
Kim Laundrie	Tenant Counsellor	kiml@whitefishriver.ca
Kathleen Migwanabi	Lands Manager/IRA	kathleenm@whitefishriver.ca
Murray McGregor Jr	Plant Manager	murraym@whitefishriver.ca
Keith Nahwegahbow	Economic Development Officer	keithn@whitefishriver.ca
Tania Jacko	Community Energy Advisor	energyadvisor@whitefishriver.ca
Raymond Francis	Band Representative	rayf@whitefishriver.ca
Tammy Nahwegahbow	Rezound Editor	rezoundeditor@whitefishriver.ca
HEALTH CENTRE: (705)-285-4354		
Leslie McGregor	Health & Social Services Manager	lmcgregor@whitefishriver.ca
Cathy McGregor	Health Centre Receptionist	healthreception@whitefishriver.ca
Doreen Jacko	Community Health Representative	doreenj@whitefishriver.ca
Genny Jacko	Mental Health & Addictions Worker - NNADAP	gennyj@whitefishriver.ca
Michael Aelick	Mental Health & Addictions Worker - NNADAP	maelick@whitefishriver.ca
Candice Assinewe	Community Wellness Worker	candicej@whitefishriver.ca
Crystal Clark-McGregor	Community Mentor (Right to Play)	righttoplay@whitefishriver.ca
Arlene Pitawanakwat	Child & Family Well Being Coordinator	arlenep@whitefishriver.ca
Gail Jacko	Food Security Coordinator	gailj@whitefishriver.ca
Winnie Paibomsai	Food Security Assistant	wpaibomsai@whitefishriver.ca
Cliff Jacko	Medical Transportation Driver	medtrans@whitefishriver.ca
SHAWANOSOWE SCHOOL: (705)-285-1311		
Cheryl Miller-Martin	School Principal	principal@shawanosowe.ca
Cara McGregor	Administrative Assistant	admin@shawanosowe.ca
Lisa Cutler	Grade 5-6 Teacher	lcutler@shawanosowe.ca
Rick Legrow	Grade 3-4 Teacher	rlegrow@shawanosowe.ca
Tiffany Gagan	Grade 1-2 Teacher	tgagan@shawanosowe.ca
Victoria Meuleman	JK/SK Teacher	vmeuleman@shawanosowe.ca
Sarah Oliver	Special Education Resource Teacher	soliver@shawanosowe.ca
Cindy Pitawanakwat	Education Assistant	educationassistant1@shawanosowe.ca
Bonnie Nahwegahbow	Education Assistant	bnahwegahbow@shawanosowe.ca
Tracey Megwanabe	Education Assistant	educationassistant2@shawanosowe.ca
Jessica Reynish	Education Assistant	jreynish@shawanosowe.ca
Danielle Caicco	Education Assistant	dcaicco@shawanosowe.ca
Nicholas Francis	Education Assistant	nicholasf@whitefishriver.ca
Danette McGregor	Native Language Teacher	dmcgregor@shawanosowe.ca
MAAMWE KENDAASING CHILD CARE CENTRE: (705)-285-7777		
Cheryl Shawanda	Supervisor/Educator	daycare@whitefishriver.ca
Dolores Pitawanakwat	Pre-school Educator	doloresp@whitefishriver.ca
Jo-Ann Recollet	School/Cultural Educator	joanner@whitefishriver.ca
Cindy Tarr	Toddler Educator	cindy@whitefishriver.ca
George Eccleston	Educator	georgee@whitefishriver.ca
Blanch Recollet	Cook	blancher@whitefishriver.ca
LIBRARY: (705)-285-1888		
Evelyn Jacko	Librarian	evelynj@whitefishriver.ca

July 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 AA Meeting	2 WRFN Offices Closed	3 Elders Centre Soup & Sandwich Puzzles/Board Games	4 Elders Centre Movies/Popcorn (1:30-3)	5 Elders Centre MOW's Texas Horseshoes (1:30-3) BINGO	6 Elders Centre Taco Wallet Debbie Shawanda	7 BINGO
8 AA Meeting	9 Elders Centre Drop-In Tea & Coffee 2:30 Staff Circle BI Nightingales 7pm - Ball Field BINGO	10 Elders Centre Soup & Sandwich Puzzles / Board Games Regular C&C Meeting	11 Elders Centre Hypertension Lunch & Learn E. Debassige @ 11am	12 Elders Centre MOW's & Pokeno Game (1:30-3) BI Hitmen 7pm - Ball Field BINGO	13 Elders Centre Taco Wallet with Debbie Shawanda	14 BINGO
15 AA Meeting	16 Elders Centre Drop-In Tea & Coffee 12:00-3:00 BI Nightingales 7pm - Ball Field BINGO	17 Elders Centre Soup & Sandwich Puzzles / Board Games	18 Elders Centre Barb Re collet Programming 1:00-3:00	19 Elders Providence Bay Picnic 10:30-2:30 BI Hitmen 7pm - Ball Field Presentation of First Draft of the Trust Agreement 6pm-8pm Comm. Centre	20 Elders Centre Taco Wallet with Debbie Shawanda	21 BINGO
22 AA Meeting	23 Elders Centre Drop-In Tea & Coffee 12:00-3:00 BI Nightingales 7pm - Ball Field BINGO	24 Elders Centre Soup & Sandwich Activities	25 Elders Centre Movie/Popcorn (1:30-3)	26 Elders Centre MOW's & Pokeno Game (1:30-3) BI Hitmen 7pm - Ball Field BINGO	27 Elders Centre Elders Prize Bingo 1:30-3:00	28 \$ CHI-BINGO \$
29 AA Meeting	30 Creator's Garden Comm. Centre 9am (July 30th-Aug. 1 st) BI Nightingales 7pm - Ball Field BINGO	31 Creator's Garden Comm. Centre 9am (July 30th-Aug. 1 st)	<h1>Community Calendar</h1> 			

Birthday & Anniversary Wishes!

<p>You are my son A man stands now, where my baby Used to be, and the sight of him All grown up moves me, My son has become wiser and Stronger than I ever dreamed he could be. I know by looking at him that The Creator has blessed me with a special, lovable Baby boy which I would have never believed he is my teen that has an amazing heart. I love you Darnell Ignatious Daniel Pregent with all my heart and you will always be my Baby Boy. Happy 14th Birthday Darnell on July 7th. Love, Your Family</p> <p>Happy Birthday Sydney on July 1st XOXO Mom & Dad, K.C. and Blue</p>	<p>Sending Birthday Wishes to my sister Gloria on July 9th. Love V-a & Steve</p> <p>Happy Birthday Auntie Syd on July 1st and Auntie Tah on July 4th XOXO Braxton & Braelyn</p> <p>Happy Birthday Sista Tah on July 4th XOXO Craig, Katt,</p> <p>Happy Birthday to: Auntie Tah on July 4th, Auntie Helen on July 22nd XOXO K.C., Sydney, Nicole, Braxton & Braelyn,</p> <p>Happy Anniversary to Andy n Joy on July 27th XOXO Craig, Katt, Sydney, K.C., Nicole, Braxton & Braelyn</p> <p>Happy Birthday to our daughter Tah on July 4th. Love Mom & Dad</p>	<p>Happy Birthday to my daughters; Winnie on July 12th Vanessa on July 28th Love your Dad</p> <p>Happy Birthday to my daughter Crystal Bowerman on July 2nd. From Dad & Pauline</p> <p>Happy Birthday to my daughter-in-law Debbie on July 1st. Love your Mom Lou!</p> <p>Happy Anniversary to my wife Joyce on July 27th Love your husband Andy</p> <p>Happy 25th Wedding Anniversary to Cindy & Wes on July 3rd. Love Mom</p> <p>Happy 38th Anniversary to my husband Mark on July 5th Love your wife, Debbie</p>	<p>Happy Birthday to my daughters; Cindy on July 20th Crystal on July 31st Love Mom</p> <div style="text-align: center;">  </div> <div style="text-align: center; background-color: #e0f2f1; padding: 5px; border: 1px solid #ccc;"> <p><i>Happy 75th Birthday on July 3rd!</i></p> <p><i>The Man, The Myth, The Legend.</i></p> <p><i>Love your Family</i></p> </div>
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