Aboriginal Day in Whitefish River began quietly with a Sunrise ceremony as well as Solstice Ceremonies to appease the spirits of our lands and water. A Community breakfast was hosted, where members gathered to map their day’s events. Guided Tours of Bell Rocks and Dreamer’s Rock kicked off the Day’s celebrations. Community Members were also encouraged to get to know our territory better through Boat Rides with local guides and Quad Rides hosted by Mukwa Adventures.

Face Painting, Bouncy House Fun and a ‘Shoes In’ Community game of Indian Ball were held at the Athletic Fields. After a delicious BBQ luncheon prepared by our very own Health Staff, you could choose to play horseshoes with Jake Pakosigan, attend the Warriors Prize Bingo or drag your daabaan out of retirement for the Rez Car Parade.

The hungry crowds were treated to a Pig Roast Potluck dinner, Silent Auction and Street Dance with DJ Blake Debsaige at the Community Centre. Finally, an annual highlight, the dazzling exhibition of Fireworks capped off the busy day! Miigwetch to the Staff and Volunteers and especially WRFN for hosting this event to share our Anishinaabek Pride.

Please note that the deadline for submissions for the next issue is Wednesday, July 18th, 2018 at noon.
Miigwetch!
rezoundeditor@whitefishriver.ca
Leslie McGregor - Health & Social Services Manager

From the Desk of the Health and Social Services Manager...

Good day fellow community members!

First of all, I want to say congratulations to all the graduates - your hard work, dedication, and perseverance paid off! For the post-secondary students returning home for the summer, welcome home!

Secondly, as we prepare for summer activities, the Health Centre staff have planned a number of activities for all ages. Crystal Clark-McGregor has a lineup of summer camps for the children and teenagers in our community. Candice Assinewee has adult fitness summer challenges and, of course, Arlene has planned some activities for our very young children and babies. Mike also has activities lined up so there are a lot of opportunities to participate. Look for their posters in the Rezound, Whitefish River First Nation Facebook page, and in the mail!

Thirdly, in preparation for some of the summer activities, staff have been participating in training. Michael Aelick, Mental Health and Addictions Worker – NNADAP, has completed his Applied Suicide Intervention Skills Training (A.S.I.S.T.), Candice Assinewee, Community Wellness Worker, has completed her Remote Wilderness CPR Training, and Michael, Arlene (Child and Family Well-Being Worker), and I completed Level 1 of Violence Threat Risk Assessment training. In addition, on June 8, 2018, all the staff participated in Documenting, Confidentiality, Disclosure, Reporting Obligations, and Duty to Warn training hosted by Counselling Centre of East Algoma. Finally, Crystal and Sydney participated in Ontario Recreational Canoeing and Kayaking Association (ORC-KA) training.

Lastly, as we say good-bye to Hailey Pai-bomsai-McGregor, who was completing a Co-op with us over the past couple of months, we welcome Wynonna Visitor as our Health Assistant for the summer and Sydney Megwanabe as our Summer Recreation Coordinator. We are appreciative of the support and creativity of these students and look forward to a fun and productive summer.

For more information I can be reached at the Health Centre at 705-285-4354 or through email at: lmcgregor@whitefishriver.ca.

Big sister Delilah would like to announce the birth of her baby sister Breaha, born on June 19th, 2018.

Introducing...
Breaha June Zelda McGregor, daughter to Justin McGregor & Cheyanne Pitawanakwat.
Community Wellness Worker - Candice Assinewe

Aanii/boozhoo Community Members

We had a number of programs this past month starting out with the Anishinabek Creation Story with our Mishomis and Knowledge Carrier, Dr. Jim Dumont. It was an honor to have him here in the community for those two days and it was such a gift to have him tell our story. Chi-Miigwech to all the community members who came out.

Then we had Traditional Healers Jimmy and Vera George in the community to do ceremony and one on one sessions with community members. It is always a pleasure when they are in town, and I am so grateful for the help and knowledge they provide to our community. They will be back the week of August 8th-12th, 2018 to continue their work with us. Therefore, mark you calendars and if you have questions, please don’t hesitate to contact me at the Health Centre.

We are having a small break throughout the summer months for the Anishinaabemowin Classes due to low participation, understanding that families are more on the go throughout the summer months. They will start up again mid September at The Seven Fires Youth and Elders Centre. I strongly encourage everyone to continue practicing Anishinaabemowin at home during this time, with your families, and with elders in the community at every opportunity that you get. Don’t forget to enjoy your summer at the same time.

On June 13th, 2018, we began the Summer Fitness Challenge 2018! We had a total of 25 participants sign up for the challenge! I am exciting to see everyone making their health a priority! I encourage you to reach for the goals you all have set for yourselves, and have fun doing it!

We have some upcoming programs! In June and July, Mike Aelick, NAADAP, and I have been working with UCCM Police in hosting Violence Prevention Information Sessions within the community. Topics included are Domestic Violence Prevention, Elders Abuse Prevention and Bullying and Later-al Violence within the community. Each of these workshops are very important, and I think everyone in the community needs to be aware of these issues so we can take steps towards being a healthier community and helping others. Watch for flyers for these upcoming events in your mailbox!

From July 16th – 21st, 2018, I will be going on the Youth Canoe Trip as a support staff to travel on the water and camp on our traditional territory. I am looking forward to connecting to the land, being on the water with our youth and I know it is going to be a great experience. If you would like more information on the Youth Canoe trip, please contact Crystal Clark-McGregor, RTP Community Mentor at the Health Centre.

If you would like more information and would like to contact me about any of the programs or services that are provided, please contact me at the Health Centre at 705-285-4354 or you can email me at: candicea@whitefishriver.ca.
Right to Play Worker - Crystal Clark-McGregor

Summer is here! Congratulations to all of our graduates this year! Hope you all have been out enjoying the beautiful weather. This summer we are lucky to have seven camps that will be taking place over July and August. Parents please register your child/ren prior to the camp. Once again the camps for the month of July are;

**KICK Camp** for ages 8-16 years old (July 3-6, 2018). This will be taking place in Algoma Mills. Transportation will be provided for the week and the bus will be departing daily from the Health Centre at 7:45am and returning for 5:00pm back at the Health center. Parents and Guardians please be advised that your child/ren or Youth will need to bring a packed lunch, water bottle, and rain gear.

Baseball on Sunday’s start July 8th Ages 8-12 will be from 9:30am to 11:30am & ages 13 and up will be at 7:30pm to 9:00pm. Jays Care Rookie League will be taking place every Sunday up at the baseball field, please keep an eye out for the upcoming has dates may change. I will also be teaming up with Nelson and Mark from Noojmowin Health Center. Our community was also given some new gear from the Toronto Jays Care program and I am super excited to try them out with the kids. So come on out and play some ball.

**Birch Island Territory Canoe Trip** for ages 10 to 18 years old (July 16-21, 2018). I am very happy that we are able to host an other territory trip around our beautiful community. This year are adding two extra days, making it a week long canoe trip! If you are interested or seeking adventure this trip is just what you are looking for. We will be camping on different locations, sharing stories, and teachings.

**Adventures with Syd** for ages 8-12 years old from 10.00am to 3:00pm (July 23-27, 2018). Save the dates! Sydney is our post-secondary Recreation Coordinator summer student. She will be planning this awesome week for the kids, stay tuned for a poster!

**Niigan Mosewak Camp** is a mentorship program designed for Aboriginal youth aged 12-17. It delivers powerful messages of hope for future leaders through the encouragement of positive and healthy lifestyle choices. The vision of this program was to enhance community wellness through the promotion of personal wellness and respect. Through celebrating cultural pride and distinction, the youth are given the opportunity to celebrate who they are and to “Walk Forward” in a positive direction. The program activities include: drum building, mask making, leadership skills, traditional Anishnaabe teachings, healthy relationships, drug and alcohol awareness, internet safety and team building experiences. For registration form please visit the Whitefish River First Nation Health Center.

I am really looking forward to this summer and all the camps and programs that will be taking place in our community! If you have any questions regarding any programs, don’t hesitate to contact me at righttoplay@whitefishriver.ca or through the Health Centre at 705-285-4354.

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**Jays Care Rookie League**

(Ages 8-12 & Ages 13+) - July/August/Sept

**KICK CAMP** (Ages 8-13) - July 3-6, 2018

**DAY STAR** - July 9-13, 2018

**BIRCH ISLAND TERRITORY CANOE TRIP**

(Ages 10-17) - July 16-20, 2018

**Adventures with Syd** - July 23-27, 2018

**TRADITIONAL JOURNEY** (Ages 12-17) - August 7-11, 2018

**Painted Turtle Camp** (Ages 6-11) - August 13-17, 2018

**SCIENCE CAMP** (Ages 6-13) - August 20-24, 2018

For more information please contact Crystal McGregor or Sydney at WRFN Health Centre 705-285-4354
Aanii, last month’s Father’s Day was a great success. We enjoyed a great breakfast and the fathers either went for a boat trip to Killarney or went golfing at Rainbow Ridge golf course.

Watch for flyers on our ongoing Violence Prevention Workshop Series which we are partnering with UCCM to facilitate. The next workshop in the series is titled "Being a Good Neighbour" and focuses on understanding Domestic Violence and provides practical tools for intervening safely.

From July 16th - 20th, I will be joining Crystal Clark McGregor and the Youth for the Birch Island Territorial Canoe Trip. From July 30th - Aug 1st Joseph Pitawanakwat from Creator’s Garden will be in the Community to talk about Traditional Medicines. This is his bio from his web site: “We are a small business based out of beautiful Manitoulin Island. We are focused, first and foremost, on teaching the legitimacy of plant based medicine. We teach people the intricacies of how to sustainably harvest and use every part of these beautiful plants.”

If you have any questions or concerns, please contact me at the Health Centre @ 705-285-4354 or by e-mail: maelick@whitefishriver.ca.

Jaime Roontree & Shane O’Donnell of Heartwood Mushrooms share the mysteries of oyster mushroom cultivation with Joyce McGregor on June 6, 2018.
Food Security Assistant - Winnie Paibomsai

Children’s Soccer Program

Wow what a field goal it was!!! Over the past few weeks, we have hosted M’Chigeeng and AOK in our community for the spring soccer program. We had parents and grandparents alike out supporting their children and grandchildren and of course, supporting our community’s children. This program ran for 6 weeks starting in May and ended on June 13, 2018. Miigwetch to Noojmowin Teg Health Centre for hosting the 2nd annual Soccer tournament in M’Chigeeng. There were a few close games, as it should be, and the Whitefish River team were the 2018 Tournament Champions. For all the parents and grandparents that helped make this program a success in the community, I would like to say Miigwetch for encouraging your child come out to get active for the hour or so that they played. It was a great honor to coach and assist with this program for our children.

The team consisted of Landon Agawa, Noah Shawanda, Lucas Agawa, Soleil Pitawanakwat, Melody Toulouse, Keenan Bowerman, Kamia Bowerman, Violet Puddicomb, Layla Metawabin, Tecumseh Paibomsai and some affiliate Zhiibaashing First Nation players!

To those who participated we have a title to defend next year!

Student Nutrition Program (SNP)

At the school year comes to an end, please don’t hesitate to stop in at the Health Center to let us know how we did with providing lunches for all the children and youth that signed up for the program. Your input on how the delivery of the program worked for you and your child/youth is greatly appreciated and can only make this program a success. We try our best to accommodate your child including girls on their berry fast or children who are lactose intolerant so please let us know.

Until next time take care and remember to stay hydrated and keep on eating your veggies!!!

If you have any questions regarding any programs, don’t hesitate to contact me at winniep@whitefishriver.ca or through the Health Centre at 705-285-4354.

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13 Moons Garden

by Michael Aelick

The Night Shade Family Part 2

In the second part of the Nightshade family, I will focus on growing tomatoes and tobacco. Tobacco can carry Tobacco mosaic disease which can be passed to your tomato plants. It is good practice to not grow your tobacco near any plant from this family or even to start the plants off in the same area. If you are a smoker you should wash your hands before handling any tomato plants.

Growing Tomatoes

Tomato plants require 6-8 hours of sunlight a day in a well-draining soil and a lot of compost added to help hold moisture and nutrients. Tomato plants absorb the best amount of nutrients from the soil when the pH level is around 6.2 – 6.8. If you are planning on starting from seeds you will have to start them indoors 6-8 weeks before the last frost date. When it is time to plant them in the ground you can pinch off some of the bottom leaves and put the plant deeper into the ground, more roots will develop from the buried stem and makes them more drought resistant. As the plant grows some form of support like the common tomato cage is recommended but they can sprawl across the ground if there is space to permit it. Plants should be placed about 2 feet apart to give ample room to grow. Tomatoes require a lot of water during the growing season and should receive about two inches a week, avoiding water late in the afternoon or evening. Rotate where you plant tomatoes each season to reduce the risk of diseases that may have overwintered in the soil. After harvesting, store picked tomatoes at room temperature, never in the refrigerator. Cold temperatures will cause the flavor to break down. Tomatoes can be canned, frozen, or dried for future use.

Growing Tobacco

I will focus only on growing Nicotiana Rustica which is the scientific name for Traditional Tobacco. Tobacco seeds are very small but will grow into a tall beautiful plant. Seeds should be started inside about 8-12 weeks before the last frost date. Sprinkle the seeds on the surface of the soil. Do not cover the seed; it needs light to be able to germinate. Germination will start within 6-14 days. Transplant into the ground when it reaches around 4 inches in height and all threat of frost is gone. Space the plants about 2 feet apart in well draining soil that receives full sun. Add some compost and a bit of wood ashes to the hole before planting. Flower buds will form at the top of the plant and some people will pinch them off to focus all the plants energy into producing leaves, but if you want some seeds for next year just leave the flowers on. At five to seven weeks after flowering, tobacco is ready to harvest. The leaves will mature from the bottom to the top, turning from green to yellow as they begin to dry out. The leaves can be picked as they ripen, or the whole plant can be pulled when the seed pods ripen. To collect the seeds just place the pods in a bag and shake to release the seeds. Store the seeds in a dry paper envelope or bag.

To cure the tobacco leaves, hang them to dry indoors making sure that it is well ventilated and away from a heat source. Curing can take anywhere from four weeks to a year to cure and slower the process the better. I hope you have found this informative. If you have any questions you can post them on my Facebook page @ 13 Moons Garden.
Education Manager - Jacinta Shawanda

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<thead>
<tr>
<th>WRFN Graduates</th>
<th>Sacred Heart SK Graduate</th>
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<tr>
<td>June 2018</td>
<td>Luke Nahwegaahbow</td>
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<td>• Pheobe Fox</td>
<td>• Grace Manitowabi</td>
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Sincere Congratulations to all Graduates – young and old, near and far!

From the WRFN Education Manager, WRFN Education Committee and Chief & Council

Librarian - Evelyn Jacko

Come and expand your mind or just relax it.

Aanii fellow community members, I have made up a form for your library cards so feel free to come in and fill one out for yourself and/or your children.

Until then, if it’s it so hot out so that you need a place to cool down, you are always welcome to come and visit. Have a look around, use some Wi-Fi or a computer to do some free surfing or updating. I always say free is better than using up your own data. Of course folks needing to do educational or employment related endeavours, have first dibs on necessary equipment.

I look forward to your visits. You do have to sign in for statistical purposes, which helps with our yearly funding. Upon completion of the WRFN Library card application, you will be assigned a card number for the Whitefish River First Nation Public Library JASI Cataloging system. This will allow you complete access to the Whitefish River First Nation Public Library Materials. The cards will help with the lending and statistics program. The statistics are used for our yearly funding.

The Library’s Hours of Operations are:
Tuesday - Saturday: 1pm - 7pm
Phone: 705-285-1888
Email: evelynj@whitefishriver.ca

Congratulations Luke!

From your Mom, Dad and Family

Marti Shawanda and Vanessa Paibomsai pose with daughters and graduates Hailey Paibomsai-McGregor & Krystal Price.

AB Ellis Grade 8 Graduates and their proud families!

Sacred Heart Grade 8 Graduates and their proud families!

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AB Ellis Grade 8 Graduates and their proud families!
Mskomin Giizis – Raspberry Moon July
The Seventh Moon of Creation is Raspberry Moon, when great changes begin. By learning gentleness and kindness, we may pass through the thorns of its bush and harvest it, knowledge that will help in raising our families.

Welcome New Staff, Students and School Age Children!
As the summer months are finally here, we encourage parents/guardians to practice sun safety. Apply sunblock daily to prevent sunburn as the UV rays are high in the summer, drink plenty of water to prevent dehydration and/or heatstroke. When possible, we will plan our outdoor activities first thing in the morning before 10 a.m. and after 4 p.m. The sun’s harmful ultraviolet (UV) rays are strongest between these times.

It was very nice to see all the Dads, Uncles and Papas come out for our Father’s Day Picnic and Game day.

Chi Miigwetch to the parents for sharing your child with us and seeing them blossom as our future leaders.

Congratulations Preschool Graduates! Uriah, Pheobe, Braxton and Olivia.

Enjoy your summer and have fun at the Big School.

CALENDAR OF EVENTS:
The Maamwe Kendaasing Child Care Centre will be closed on the following days:
Monday, July 2, 2018 - Canada Day Holiday.
July 16th & 20th, 2018 - Daycare staff will be participating in the mandatory training Native E.C.E Conference.

STAFF UPDATES:
We are pleased to announce that Hailey Paibomsai got hired for the Summer Student Position! I’d also like to welcome our new staff Georgie who has recently been hired on as the Educational Assistant.

We are still in need of one more ECE please see the job posting for further details.

It looks like it’s going to be a busy summer with fun filled of summer fun activities such as Sports, Bubbles, and things at the lake and water fun days.

Congratulations Maamwe Kendaasing Daycare Graduates, Uriah, Olivia, Braxton & Pheobe!

BEAT THE HEAT WITH PARENTS AND TOTS SWIMMING FRIDAYS WITH THE DAYCARE
Travel to the New Splash Pad in Gore Bay - Friday July 13th
BEACH HOPPING
- Providence Bay Beach
- Kagawong Beach
- Tobacco Beach
- AOK Beach
- Low Island Beach
- Whitefish River Beach
Depending on participants.
Starting July 20th & 27th, August 3rd, 10th, 17th & 24th
Bus will be leaving Daycare at 10:00am
Lunch provided. Bus will return 3:00pm
For more information please contact Arlene Pitawanakwat
Child & Family Wellbeing Coordinator
Whitefish River First Nation Health Centre 705-285-4354

EMPLOYMENT OPPORTUNITY
Early Childhood Educator
Full-time (35 hours per week), Permanent

Brief Description
The Maamwe Kendaasing Childcare is seeking a caring, reliable, flexible, responsible, and knowledgeable individual for permanent full time enhanced staff.

KEY JOB FUNCTIONS
Experience working with children is a must. Successful applicants will be required to have a current Vulnerable Sector Check, valid First Aid and up to date immunization

QUALIFICATIONS
An Early Childhood Education, CYW or DSW diploma is an asset, as is experience working with children with special needs.

Interested applicants are to forward a Cover Letter and Resume including three (3) current work related references no later than June 29 at 4:00pm to:
Whitefish River First Nation
17A Rainbow Ridge Road.
Birch Island, ON, P0P 1A0
Attn: Cheryl Shawanda
Daycare Supervisor, RECE-NECE-RT
~ Full job description is available upon request.
The Bobcat

Important Dates:
• June 29th: Last day of school
• September 4th, 2018, First Day of School.
Doors opening at 8:20 AM
• Registration dates for JK Aug 27th – 31st
8:00 am to 4:00 pm
EQAO testing was completed Monday, June 4 for Grades 3 & 6. EQAO. Each subject touched on prior learning experiences. EQAO testing will not affect student’s report cards, and results from the EQAO will be delivered to the school in October-November of 2018.

June was just as busy as the previous month
From May 28 to June 1
Grades 3-6 participated in water science-based workshops that will be held at Shawanosowe School. These workshops are funded as part of our ongoing Water and First Internship program in partnership with UCMM and Wikwemikong First Nation.

Northern Fruit and Vegetable Program 2018
June 4: Celery sticks, Hummus dip, Honey-dew melon chunks
June 11: Carrot sticks, Apple sauce
June 18: Mini cucumbers and whole strawberries

Land Based Learning took place from June 25th- June 28th.

Science North was here June 22nd for these days to teach students a variety of activities as scheduled below:
JK/SK: Sprout your Socks - will explore and investigate as young scientists and learn about different fruit and where they are grown. They will have a chance to communicate their findings with one another through active play and discover how seeds turn into plants.
Grades 1-4: Invention Dimension - in this activity your young engineer will explore and find what kinds of 3D shapes can be found in real life. Students will design and construct and test structures and simple machines. Following a hands on activity students will then experience a trip through different architectural structures found around the world, making the math come alive!
Grade 5/6: Zip to the Finish - as Zip lines become more popular around the world, the students will learn about forces that influence objects in our world by creating a marble chain reaction, your young extreme athletes will design, build and test a zip line.

Year End School Trips
Each class attended the following:
June 23: JK/SK – Science North
June 28: Grade 3/4 – Dynamic Earth and Sudbury Kart ways
June 14th: Grade 5/6 – KUPP Centre and Sudbury Kart ways
The Graduation
Took place on Wednesday June 20th. The theme this year was the Outdoors which was chosen by the grade 5/6 class and kindergarten class.
Graduates were as follows
Senior Kindergarten
Deacon Jacko
Dryden Paibomsai
Lila Garcia
Tamika Bowerman
Grade 6
Daylyn McGregor
Quintin Megwanabe – McGregor
Raidyn McGregor
The Ceremony started off with Ms. McGregor and the Grade 5 students drumming to the Migizi song they were accompanied by the 3/4 class.
After a successful ceremony the Kindergarten class preformed a musical rendition of the Best Day of My Life and the grade 5/6 class preformed Lean on Me with acoustic guitars all taught by Ms. Joanne Hogarth.
A Lunch was provided by Hiawatha Catering for all to enjoy

Another success
Traditional Teachings
Chi-miigwetch to Carmen Pitawanakwat and Tim McGregor who came to do traditional teachings with the 3/4 and 5/6 classes as part of health class! Miigwetch!

Daycare transition Completed
Land Based Learning took place from June 25th- June 28th.
The Great Spirit Circle Trail June 26th and June 27th!
Included, Canoe Lessons and Experiences, Medicine Walks, Eagle Cloud Crafts-Dream Catchers, Voice of the Drum Experience, Story Telling, Anishinaabe Games, Traditional Living and Lifestyles

Congratulations to our Graduates
Have a safe and Happy Summer!

Cara McGregor
Administrative Assistant
This is very exciting time here in our community, we have a lot going on, with our trust, the construction of our elevated storage reservoir, building our Maamwe Kendasing Early Learning and Innovation Centre and the development of a Custom Election Code. This is a reflection of all the hard working staff, who on many occasions go beyond what is expected of them.

The Nishnaabe Aaadziwin Giizhgut (Aboriginal Day) celebrations were amazing this year, we are very blessed to have dedicated staff who planned and carried out the activities. There was plenty of fun and laughter. Some of our community members got to see our territory they have never seen before through the quad and boat tours. The Housing Department’s silent auction appealed to the Community Member’s sense of mystery. It was well received and everyone had a good time. The pig roast feast and potluck was delicious and the community volunteers who helped out were very much appreciated. I’m thankful we have such active community volunteers. Chi Miigwech to everyone who helped. The day ended with a wonderful display of fireworks, glad to see all those who came out.

Band Custom Election

The Band Custom Election is moving forward, there is strong community support for this work. Our community response to the survey has been tremendous and I have heard people outside of our community say that they have never seen such strong community participation in a survey, this says a lot for the people of Whitefish River. The custom election code will be based on what the people have said, this is your election code. Very good to see the strong community support. The Election Code Monthly updates will also be provided through our Rezound. Please stay tuned for more information.

Access to Fuelwood on Treaty Land

WRFN community members have access to fuel wood on our Treaty Lands, most are located by Fox Lake Road and all of the sites have easy road access. There is a mixture of wood ranging from maple, ash, poplar, birch, cedar, pine, spruce and fir. I encourage people to take advantage of this. There are no fees or permits required in accessing your wood. Maps of all the areas are available at the Administration office.

Staffing Updates

I would like to take this time to congratulate Kathleen Migwanabi on her new role as the Lands Manager for Whitefish River.

Graduation

I would like to take this time to congratulate all of our graduates, all your hard work has paid off and I wish all the best to our graduates on their future paths. Well deserved.

I am always available to the community, please feel free to drop by for a visit and have a Miikade Miskodiisimin Naaboo (coffee) on us. You can also email me at ajacko@whitefishriver.ca or call me at 705-285-4335 or my cell at 705-863-3027.

Be safe and have a wonderful summer
Nahaaw, Baamaapii Mimiwaa Kawaabmin

The present and future water towers of WRFN.
Greetings!
My name is Esther Osche and as the Trust Coordinator for the Whitefish River First Nation Boundary Claim Trust Working Group I provide a monthly report that provides an update on the activities of the Trust Working Group and our engagement with members on the development of a draft Trust Agreement. The Trust Working Group is now looking forward to their fourth Community Engagement Session scheduled for the month of July 2018 to review the first draft of the Trust Agreement with members.

Purpose of a Trust Agreement for the Whitefish River First Nation: The Whitefish River First Nation (WRFN) has reached a draft Boundary Claim Settlement Agreement with the federal government of Canada that specifies a settlement offer amount. The draft Settlement Agreement requires the First Nation to develop a Trust Agreement to flow, preserve and protect the Settlement Agreement funds.

A Trust Agreement is a Rule Book that preserves and protects the settlement offer funds for today’s and future members.

A Trust operates as a separate legal entity and its function along with Trustees, are limited to receiving the Settlement funds, investing the Trust property and, making an annual payment to the First Nation. The decision to determine how to spend the annual payment is left up to the community and is outlined in the Trust Agreement.

The Trust Working Group’s Role in the Development of a Draft Trust Agreement: The Working Group provides representation and input into a draft Trust Agreement template. They will accomplish this with input from the members at community sessions.

Community Engagement Sessions Update: as previously reported in the June article three engagement sessions took place as planned on May 10th in Birch Island, May 11th in Sudbury and May 12th in Toronto. Two presentations were provided at that time “Highlights of the 2013 Initialled Settlement Agreement” and the “Initial Draft Trust Agreement”. We are pleased to report the Trust Working Group, its technical advisor’s and the Chief and Council have completed their review on the input and comments gathered at the May 2018 Community Engagement Sessions. This collective effort has resulted in the first draft of the Trust Agreement being ready by the target date of June 15th. The full first draft along with a plain language version has been recommended by the Trust Working Group to the WRFN Chief & Council for approval at their June 19th Band Council meeting. The documents will be mailed out on June 21st to give members time for review in advance of the scheduled July 2018 Community Engagement Sessions.

PLEASE NOTE: The documents will be mailed to all individuals on our address list, including those who have provided us with updated address information. The mail out package will also be posted to our website at the Trust link location on our homepage.

The July 2018 Community Engagement Sessions: The next Community Engagement Sessions have been confirmed to take place on July 19th in Birch Island at the WRFN Community Centre beginning at 6:00 pm; on July 20th at the Sudbury Holiday Inn beginning at 6:00 pm and, on July 21st at the Toronto Chelsea Hotel beginning at 4:00 pm. The sessions will be provided for members to review the clauses of the first draft of the trust agreement in more detail and to solicit further member feedback on content and design.

The Trust Working Group encourages all members to plan ahead to attend the July 2018 Community Engagement Sessions. This will be another opportunity to help redefine the draft so it can meet member’s expectations. Your input is valued and important. Please make every effort to attend these sessions to continue with your review and feedback.

A notice to confirm these dates will also be included with the mail out package and placed on the WRFN Community Website. Please help spread the word to relatives and community acquaintances regarding the upcoming July dates.

IMPORTANT UPDATE:
The initialled Settlement Agreement from 2013 contained some terminology that was a bit unclear as to who the beneficiaries of the Trust Agreement were intended to be. The language was not entirely clear if the intention was that it be for the benefit of Citizens or the benefit of all members of the First Nation, whether enrolled by the First Nation as Citizens or not. Council has now reviewed the history of this settlement and has considered the clarifications that should be made about the beneficiaries for this particular settlement.

The claim being settled relates to reserve land that was not set aside in 1852 as it should have been. It thus includes compensation for the benefit of the members of the First Nation and their heirs going back for more than 160 years, long before the Citizenship Code was put in place in 1867 when our First Nation took over control of our own band list. Council will be approaching Canada to clarify the language of the Settlement Agreement so it clearly provides it is for the benefit of members of the First Nation, whether Citizens or not. It will also clarify that those entitled to vote on this settlement will be the members of the First Nation who are 18 or older on the date of the ratification vote.

UPDATE ON MAILING LIST: Any member can attend the sessions. For those that do not have access to computers to view our website for updates we have prepared a mailing list so information shared at the sessions can be mailed out to keep everyone informed on the trust developments. You can send the Trust Coordinator either a letter, email at eosche@whitefishriver.ca or, telephone call at 1-800-285-4335 and request to be put on a mailing list to receive information shared at the sessions or uploaded to the website. Miigwetch and Thank You to everyone who have participated so far to update your mailing and contact information. Please help spread the word to family and community acquaintances to update their contact information by contacting me.

Questions: We encourage member feedback and questions at all times throughout the trust development process. Please send a letter or, email to the above-noted email address to the attention of Esther Osche, Trust Coordinator. A response will be prepared and sent back to you. The WRFN Chief & Council has approved a Members Queries Column for our home webpage. Please let us know when you submit your questions if you would like the questions and our responses to be shared at the website location. Miigwetch and Thank You to all those members who have sent in your inquiries so far.

The WRFN Trust Process Chart: the chart has been developed as a guide for all to follow as the development of the draft trust agreement process unfolds. The Process chart is attached for your review and has been revised to take into account our recently completed tasks and to set a more realistic timeframe going forward. Please note, the October and November Referendum Vote Timelines are placed as “tentative” at this time. Further updates will be provided and the Chart will continue to be subject to change in a future edition to accommodate the plans for the Referendum Vote.

TRUST NAMING CONTEST
We are seeking input on an Anishnabe name for the draft Trust Agreement. Please submit the name in the language and it’s English translation. The submissions will be posted at the July 19th Community Engagement Session for selection by member preference. The winning name will be announced following the July 19th meeting and, a prize awarded to the winner.

Miigwetch to all who participate.
Family face painting time with Zach, Jeremiah & Selena at the Aboriginal Day festivities.

'Fish on!' at the Aboriginal Day Dock Fishing Derby.

Richmond and Todd won big at the WRFN Trivia contest.

Community gatherings are about food, fun, family and laughter.
There was fierce competition at the Horseshoe Tournament, but Nicole and Allien walked away the champions.

Jake Pakusigan was the First Place winner of the Rez Car parade with his entry 'Skoden'. Gail Pelletier was the Second Place winner with her 'Leafs Nation' entry and Leslie and Aaron Recollet won Third Prize with a Fishing themed entry.

Jackson gets up close and personal with Sneezy the Snake at the Elephant Thoughts Community presentation on June 5, 2018.

Sasha pulls DJ duty at the Outdoor Family Dance.

Ms. Meuleman’s Kindergarten class travelled to Science North in Sudbury for their class trip.
Ahni
First off I would like to congratulate all the recent graduates on their outstanding achievements. Whether it is from Pre-School, Elementary School, High School, College, or University, graduation is an exciting time. It marks both an ending and a beginning; it’s warm memories of the past and big dreams for the future. With all your future endeavours may your spirits soar on Eagles wings!

We recently posted our high school positions in our WRFN Summer Work Experience Program. Reminder that the employment resource room is open. There is plenty of reference material to help you with creating a cover letter and resume. The 9 positions available are: • Public Works Assistant (2) • Housing Assistant • Garden Assistant (2) • Special Projects Assistant • Library Assistant • Child Care Assistant • Administration Assistant

We have put a recent call out for community volunteers for the Pow Wow committee (see advertisement). If there are any Community members interested in putting together ideas and creating a shared vision for Whitefish River First Nation Annual Traditional Pow-Wow please let us know and submit a letter of intent to the WRFN Administration Office addressed to: Pow-Wow Committee.

Fish Farms! Recently I had the pleasure of meeting the new owners of the nearby fish farm. Previously known as Coldwater, the new owners have called the facilities Manitoulin Trout Farms. The new owners have a long history of working with Aqua-Cage in Wasauksing First Nation near Parry Sound. They have always made an effort to be part of their community and since 1983 the majority of employees have been First Nations. Aqua-cage currently has 13 First Nations employees with more scheduled to work soon. We have had talks with Manitoulin Trout Farms about building a relationship with their new fish farm here. In July, I have asked for myself and any interested WRFN community members to take a tour of the facility to see all the various tasks in operating a fish farm. If you’re interested in fish farming, please let me know.

For more information and if you have questions about the high school summer work positions, Pow Wow Committee, or the upcoming tour for the Manitoulin trout farm please contact myself, Keith Nahwegahbow at the WRFN Administration Office at 705-285-4335 ext. 216 or via email at keithn@whitefishriver.ca.

Volunteers Needed

WRFN is seeking 6 Community members to sit on the Pow Wow Committee.

The Annual Whitefish River First Nation Traditional Pow Wow

August 18 & 19, 2018

The duties of the committee may include, but is not limited to:

* Coordinate a shared vision for the Annual Pow Wow.
* Select a Theme.
* Planning and organizing the 2 day event.
* Selecting Musicians and Drummers.
* Assist in creating Fundraisers.
* Share planning ideas with grandparents of the community.
* Provide input for decisions to Chief Council.

Please submit a letter of interest!

Addressed in an envelope: WRFN Pow Wow Committee Attn: Keith Nahwegahbow Economic Development Officer, Whitefish River First Nation

Summer Student Liaison - Byron Nolan-Shawanda

Anni, niin Byron Nolan-Shawanda nindzhiniikaaz.

In the upcoming fall semester I will be attending Sault College for my first semester in the Bachelor of Science, Nursing Program.

As of June 18th 2018, I’ve been granted the summer employment position of Summer Student Liaison. I will be working collaboratively with the post-secondary students as well as the secondary students to have a productive and successful summer. Myself, being new to this position I hope to meet and exceed expectations in the workplace, as well as gain the experience this position has to offer. To provide an enlightening workplace experience, I encourage everyone in the community to engage in polite and friendly exchanges with the summer students. You won’t work a day in your life if you enjoy your job. That is my goal for the Whitefish River First Nation summer students, for them to enjoy learning experience in the workplace.

I can be reached at the WRFN Administration Office at 705-285-4335 or via email at byrons@whitefishriver.ca.
### Membership News
Office Hours: Monday to Friday
9:00 am - 4:00 pm

All Life Events are required to be registered. Life Events include: Births, Marriages, Divorces, Name Changes, Deaths, Transfer of Membership, Change of Residence (on-reserve/off-reserve). Forms are available in the membership office.

### IMPORTANT CHANGES TO REGISTRATION – due to the recent changes to the registration program, Indigenous Services Canada has introduced the integrated application process. For New Registrations, applicants can now apply for registration and have the option to apply for Secure Certificate of Indian Status Card (SCIS) at the same time.

### Birth Reporting: Parents, it is your responsibility to register your child for Indian Status as soon as possible. A newborn is covered for non-insured health benefits under the parent until they turn 1. If your child is not registered after they turn 1 years of age, parents are responsible for all costs.

### To register a child (15 years and Under), required documents:
- Original long form Birth Certificate (also known as statement of live birth), and
- Child Application

### New Registration Adult 16 and Older
- Original Long Form Birth Certificate

### If applying for the Secure Certificate of Indian Status Card (SCIS):
- Guarantor Form (holder of SCIS card, Chief, Councillor, IRA, etc.) can sign as guarantor
- Copy of 1 i.d.(front & back) from parent/guardian (e.g. Driver’s License, health Card, passport, etc.) signed by guarantor
- 2 passport photos signed by the guarantor

### Marriage Reporting: Original marriage certificate and marriage reporting form is required

### Death Reporting: A death Certificate is required to register the death of a registered band member

## CITIZENSHIP - Whitefish River is a section 10 band under the Indian Act and determines its own Citizenship (Band Membership).

### Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply.

### Main Benefits of Indian Status and Band Membership (Citizenship) may include:
1. Indian Status: non-insured health coverage, treaty payments (if applicable), possibility of post-secondary education funding, and exemption from certain federal and provincial taxes.
2. Band Membership (Citizenship): a right to reside on reserve, a right to housing, voting privileges within the band, and a right to community involvement and affairs.

### Aanii Whitefish River! I am happy to let you all know that I have accepted the position as Lands Manager. I am excited and honored to be able to begin this journey to grow with our community, and help carry the responsibility for our beautiful lands.

For those of you who don’t know me, let me tell you a bit about me. I grew up in “Sunny B.I.”, and I am so thankful that my family raised me on the land, whether it be harvesting maple syrup, berries, hunting or fishing. I am a proud and blessed mother of 3 beautiful daughters, and “Mama” to 2 grandbabies. I studied Aboriginal Resource Technician and Forestry with Sault College before I began my career with Whitefish River.

Over the past 12 years, I have proudly served our community in a different capacities and departments. I was the Tenant Counselor for the Housing Department for 5 years, presently the Membership Clerk/IRA since 2009, and Lands Assistant for the past 7 years.

Looking ahead, the Lands Department will be quite busy over the next year, as I will continue to learn about the Reserve Lands and Environmental Management Program, completing file reviews and research, Rent reviews and amending agreements for the McGregor Bay Leases will be completed, as well as forming a Lands Committee. I am respectfully asking community members to be patient with land related inquiries during this transition period.

In closing, I want to say Chi-Migwetch for this opportunity to serve my community in this capacity. My door is always open if you have any questions, or if you just want to come and visit the Lands Department. Please feel free to contact me anytime at the Administration Office at (705)285-4335 ext. 208 or by email at: kathleenm@whitefishriver.ca

KC picks the teams through a random drawing of shoes at the ‘Shoes In!’ Community Indian Ball game on June 21st, 2018.
**Horseshoe Tournament**
Sundays (weather permitting)
1 pm - 5 pm
Cash Entry Fee
$7.00 entry
$2.00 most Ringers
50/50 Upon tie
Cash Payout for the winner!
Championships in September!
Contact Jake for more information at 705-285-0671

**Mystery Prize Bingo**
TUESDAY, JULY 31ST
6-9pm
Doors and Canteen
Opens @ 5 pm
WHITEFISH RIVER COMMUNITY CENTRE

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The family of Edward ‘Eddie’ T. Smith would like to thank our extended Smith & Francis family and friends who travelled from near and far for Eddie’s Celebration of Life.

Thank you to our home community of Whitefish River First Nation for their support through these trying times with the sudden loss of our loved one.

Thanks as well, to Lisa Cywink for sharing her songs and drumming throughout the ceremony.

Chi-Miigwetch
The Family of Mary Jane Smith

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Letter to Whomever May Have My Treasured Photo Album,

I am pleading for the return of a Treasured Family Photo album. It contains photos of my Parents, Estelle and Wilfred Cywink Senior who have passed away and of one of my brothers, Samuel and three sisters, Monica, Sonya and Anna. I began to put this album together when Sonya was taken from our family in a very brutal manner. These photos are what I have left of the family members that are no longer in my life; in my siblings lives.

Please take the photo album to the AOK Band Office or leave it at the Church on a Sunday and no questions will be asked. I do not need nor want to know who has the book or who returned it, all I ask is that in your heart, that you return it.

Olga Naomi Abotossaway

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St. Gabriel Lalemant
* Notice - As of July 1st, 2018
Sunday Mass will begin at 11 am.
During the month of December 2017 a Community Poll was conducted to find out if there was sufficient interest to proceed with the development of a Custom Election Code for the Whitefish River First Nation. The results of the poll indicated that 78% of those polled wanted the First Nation to proceed with the development of a Custom Code to guide the process for the election of the Chief and Councillor’s for our community.

Councilor Mark Shawanda has stepped forward to champion this development in response to the December community poll. As reported in the June issue of the Rezound, a Custom Election Code Working Group has been formed to steer this development.

**Purposes of a Custom Election Code for the Whitefish River First Nation:**

1. **The Whitefish River First Nation (WRFN)** currently elects their Chief and Council under Section 74 of the Indian Act and there are many problems encountered as a result of this. Time and duration of office is restrictive for the leadership to finish projects that have been started in our community, such as a school addition or settling a land claim agreement or self-government agreement. It also leaves the power to the Minister to determine for things such as the size of the Council, who can run for Chief and Council and, how nomination meetings are conducted.

2. We have come to a point where we have to decide for ourselves how we wish to elect our leaders.

3. The Working Group’s Role in the Development of a Custom Election Code: The Working Group will provide representation and input into a draft Custom Election Code. They will accomplish this with input from the citizens through a door to door community survey and, at community sessions scheduled for this purpose.


5. The Community Survey Door to Door: The Custom Election Code Survey was circulated through community households for the time period of June 1, 2018 to June 15, 2018.

6. The Community Survey on the WRFN Community Website: The Custom Election Code Survey was accessed through the homepage of the WRFN website by clicking on the link “Custom Election Code Developments” and secondly, accessed by clicking on the link: https://www.surveymonkey.com/r/YQeWY6H

**TOTAL RESPONSES:** We received 247 total responses on member feedback through the door to door and website outreach. 14 of the respondents had to be rejected as respondents did not identify as band members bringing the total tally of responses to 233. The Working Group was very pleased with the results of the responses received which permitted them to begin their work on the initial draft of the custom election code. This has been unprecedented support for the development of a custom election code.

**SURVEY RESULTS:** The following are the Custom Election Code Survey Results:

**Question 1 Answer on Term of Office – 36.33% for 3 years and 36.56% 4 years.**

**Because the percentages are so close a more definitive number will be determined at the upcoming community consultation sessions.**

**Question 2 Answer on Date for the Election – 58.70% for a February date in favor**

**Question 3 Answer on Employee of WRFN be allowed to run for Council – 64.38% in favor**

**IMPORTANT regarding Question 3:** An additional two-part question has been posted to Survey Monkey at the homepage of the WRFN Website and will also be polled at the community consultation sessions as follows: “If elected would an WRFN employee be permitted to keep their job or resign” and “if an WRFN employment position is offered to a Chief or Councilor during their term – should they resign”

**Question 4 Answer on Should Nominee provide consent prior to nomination meeting – 79.28% in favor**

**Question 5 Answer on How many times can one individual nominate for position of Chief – 63.91% in favor of “once for Chief”**

**Question 6 Answer on How Many Councillors should one individual be able to nominate – 56% in favor of 6 councillors**

**Question 7 Answer on Would you support WRFN using an electronic voting process – 63.80% in favor of electronic voting**

**Question 8 Answer Do you support the continued use of mail in ballots – 71% in favor of continuing with mail in ballots**

**Question 9 Answer Should appeal process be set up externally – 75.26% in favor of an external election appeal process**

**Question 10 Answer How many days should be allowed for an Election Process - 37% in favor of a 45 day time period**

The Community Engagement Sessions: The first community engagement session took place on June 27, 2018, with a turnout of 16 members. The presentation shared the responses to the Custom Election Code Survey results. Two more meetings will take place on July 5, 2018 at the Sudbury Holiday Inn from 6:00 pm to 8:00 pm and on July 7, 2018 at the Toronto Chelsea from 4:00 pm to 6:00 pm. A subsequent draft of the Custom Election Code will take place as outlined in the table below:

- **Update on the Vote Date for Acceptance of the Custom Election Code:** the Working Group is tentatively scheduling the Vote Date for acceptance of the final draft of the Custom Election Code in early Fall. Canada will need to review the final draft that is prepared before the First Nation proceeds to a Vote for Acceptance.

**Questions:** We encourage your feedback and questions at all times throughout the development of the draft Custom Election Code. Please send a letter or email to: info@whitefishriver.ca. Your inquiry will be forwarded to the attention of the Working Group members for a response.

<table>
<thead>
<tr>
<th>Custom Election Code Community Engagement Session Schedule</th>
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<tbody>
<tr>
<td><strong>COMMUNITY ENGAGEMENT SESSION #1</strong></td>
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<tr>
<td>— PRESENTATION OF SURVEY RESULTS &amp; REVIEW OF INITIAL DRAFT OF THE CUSTOM ELECTION CODE</td>
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<tr>
<td><strong>BIRCH ISLAND</strong></td>
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<tr>
<td>June 27, 2018</td>
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<tr>
<td>WRFN Community Centre</td>
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<tr>
<td>Time: 6:00 pm to 8:00 pm</td>
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<tr>
<td><strong>SUDBURY</strong></td>
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<tr>
<td>July 5, 2018</td>
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<tr>
<td>Holiday Inn- Regent Street</td>
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<tr>
<td>Time: 6:00 pm to 8:00 pm</td>
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<tr>
<td><strong>TORONTO</strong></td>
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<tr>
<td>July 7, 2018</td>
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<tr>
<td>Chelsea Hotel</td>
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<tr>
<td>Time: 4:00 pm to 6:00 pm</td>
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**Community Engagement Session #2:** **TO BE ANNOUNCED**
The Housing Department would like to remind tenants that they must renew their rental agreements annually to ensure that information is accurate and up to date.

Content insurance is mandatory and must also be submitted on an annual basis.

This is outlined in the Whitefish River First Nation Housing Policy and every Rental Agreement.

Section 3.4 Tenant Responsibilities of the Whitefish River First Nation Housing Policy states:

• “Every Tenant who occupies a Rental Unit must enter into and sign a Rental Agreement and comply with its terms. It is the responsibility of all individuals living in a Rental Unit to become familiar with all of their responsibilities and obligations.”
• “the Tenant must enter into and sign a new Rental Agreement each year;”
• “maintain insurance for personal property in the Rental Unit. Should disaster strike, WRFN, including the Housing Department, will not be responsible for damage to or the loss of any property;”
• “indemnify and save harmless WRFN from all liabilities, fines, suits and claims of any kind or which the Housing Department or WRFN may be liable or suffer by reason of the Tenant’s occupancy of the Rental Unit;”

Please contact the Housing Department to schedule a time that is convenient for you to review and update your Rental Agreement, and to submit a copy of your content insurance. If you have any questions or concerns please contact me at Administration at 705-285-4335 or via email at kiml@whitefishriver.ca.

Tenant Counsellor - Kim Laundrie

Protecting our Resources

Whitefish River First Nation Matrimonial Real Property Law
Approved by Band Council Resolution #350 - March 6, 2015
Amended June 9, 2015

MAINTAINING YOUR HEAT RECOVERY VENTILATOR (HRV)
Your heat recovery ventilator (HRV) can help make your house a clean, healthy living environment, while keeping fuel bills down. But your HRV can’t do all this without your help. It only takes seven simple steps to keep your HRV happy...

Step 1: UNPLUG THE UNIT FIRST
Step 2: PULL OUT THE FILTERS
WASH THE FILTERS WITH WATER AND MILD DETERGENT
Step 3: CHECK OUTDOOR INTAKE AND EXHAUST HOODS
Step 4: INSPECT THE CONDENSATE LINES FOR BLOCKAGES BY POURING WARM WATER DOWN THEM
Step 5: PULL OUT THE CORE
Step 6: CLEAN GRILLES AND INSPECT DUCTWORK
Step 7: REMOVE DUST FROM PAN BLADES BY GENTLY BRUSHING
REINSERT THE CORE
PLUG THE UNIT BACK IN

HRV Maintenance Checklist

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- May (*) Turn the dehumidistat to the HIGH setting or to OFF
- September (*) Clean core and check fan. Check condensate drain. Check grilles and ducts in house. Reset dehumidistat (*40 – 80 per cent)

Provided by Canada Mortgage and Housing Corporation and Shibogama Technical Services www.cmhc.ca www.shibogama.on.ca
Aanii Kina Wiya,

Do you know the difference between a series circuit and a parallel circuit? Well the students of Shawanosowe School do and they are one WHMIS Certification away from being able to rewire your house. ***Disclaimer*** Do not get children to work on wiring your house, it is probably illegal.

Elephant Thoughts visited Shawanosowe School this past month and used specialized toys designed to demonstrate electrical concepts. Elephant Thoughts is a not-for-profit organization that uses fun and exciting methods to engage and teach children about science. Shawanosowe School Students learned about energy, electricity, physics, and a variety of other things related to science and the world around us. Not only did they receive the wonderful gift of science, they also got to take home some amazing crafts, such as plaster T-rex teeth, lava lamps, bird whistles, solar bead bracelets, and solar rovers.

During the Community Night, a Van de Graaff generator was used to demonstrate static electricity and charged protons and electrons. Students also built solar rovers, met Sneezy the Friendly Honduran Milk Snake, melted crayons into new shapes and figures, and enjoyed delicious pizza.

It was really fun to watch the students get excited about learning and to see their faces light up in amazement when presented with astonishing facts. Their reactions were especially hilarious when they realized they were holding coprolites (fossilized dinosaur excrement).

I have quite a bit of photos from the event and if you would like the photos to you.

Another event that occurred this month was the Hydro One "Get Local" Session on June 12, 2018. In the afternoon community members were able to meet with Hydro One representatives for one-on-one discussions. In the evening, Hydro One gave a presentation about microgrids. Participants, were also curious about the process for clearing vegetation along Hydro lines. Not only were the participants treated to a wealth of information, they also were treated to delicious dinner and snacks, and received door prizes, which included indoor LED lightbulbs.

So far this season, we have already experienced a few heatwaves. If you find that the heat is absolutely unbearable, keep in mind that fans use less energy than air-conditioners and are just as effective. You may also want to refrain from using your stove/oven. A slow-cooker will use less energy, won’t heat up your home, and for an added bonus, could have supper cooked right as soon as you get home, depending on whether or not extra preparation is needed.

Fun Fact: “Even though the Great Depression was in full swing, movie theaters were among the first businesses to use an air conditioning service. People would flock to see a movie in the summertime in order to cool off, so theaters began releasing their biggest films during the summer months, hence the user-popular “summer blockbuster.”

The Community Energy Committee is still looking for a youth to serve as a member on the committee. Please feel free to contact me if you have any questions.

If you have any other questions or ideas that Whitefish River may be able to pursue in the Energy Sector please feel free to contact me at (705) 285-4335 or by email at energyadvisor@whitefishriver.ca, or stop by the administrative office. You can also ask your Community Energy Committee members.

As always, remember to turn off the lights when you leave a room that is not in use. Gii Waabmin Miinwaa!

"I’m really grateful that the Whitefish River First Nation hosted the Hydro One Get Local Session. I was never able to catch up on my Hydro Bill because of the interest fees. When I met with Hydro One Representatives they were able to waive approximately $1800 in interest fees, going back to 2007. We also determined that I qualify for the LEAP program. Once I apply and enroll in the program I will have a zero balance on my Hydro Bill. Miigwetch Tania and Hydro One for putting on this awesome event” ~ Gail “Kiki” Pelletier

"T-Rex arms are good for playing checkers." ~ Tecumseh Paibomsai

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1. According to the internet: “A series circuit is a closed circuit in which the current follows one path, as opposed to a parallel circuit where the circuit is divided into two or more paths.”

2. The internet: “A parallel circuit is a closed circuit where the circuit is divided into two or more paths.”

---
**Important Phone Numbers**

**Whitefish River First Nation**
Art Jacko, Band Manager  
Office (705)285-4335  
After hours (705)863-3027

Franklin Paibom, Chief  
Office (705)285-4335  
After hours (705)968-0409

Whitefish River Community Centre  
(705)285-0001

**Church**  
St. Gabriel Lalemant Church (705)285-1940

**Funeral Homes**
Island Funeral Home (705)368-2490  
Bourcier Funeral Home (705)869-0550  
Lougheed Funeral Home (705)673-9591  
Jackson & Barnard Funeral Home (705)673-3611

**Local Florists**
Espanola Home Hardware (705)869-2130  
Hawberry Florist (705)368-1100

**Whitefish River First Nation Administration**
17A Rainbow Ridge Rd  
Birch Island, ON PO1 1AO  
705-285-4335  
whitefishriver.ca

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**WRFN is here to help**

WRFN assists Citizens of the band by:

- Providing the Community Centre and Sacred Arbou (if required) (family to provide tobacco to the fire keepers)
- Providing start up for food for wake service up to $300 (family to ask community member to help with the kitchen)
- Providing the material for a rough box if required and cross (family to provide tobacco to a carpenter)
- Contact UCMM Anishinabe Police for traffic control for the funeral service
- Band manager to arrange for excavation if burial
- Assist with application process for funding if required.

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**Funeral & Burial Information**

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**Whitefish River First Nation Funeral Planning**

Loss of a loved one  
Family & Friends notified

Notify Council & Programs, Counsel any issues

Communicate with Administration Band Manager or Chief

Contact Ontario Works Administrator for application

Funeral Home Manager

Retrieve copies of Death Certificate from Funeral Home

Services available from WRFN Community Centre, Church, Sacred Arbou, others required

Contact funeral director

If assistance is required Band Manager for possible assistance

Administration to submit application to INAC

Sacred Fire, Cedar Trees (7), Wake, Church Service, Readers, Pall bearers, Music, Music, Procession

If burial Public will be notified for Ceremony - need to get rough box & cross

Community Feast and Others

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**Whitefish River First Nation Administration can assist**

Arrange for rough box material and cedar cross and delivered to builder as identified by family

- Arrange for the UCMM Tribal Police for funeral services
- Arrange for Flowers to be sent on behalf of the First Nation
- Meet with family to discuss plot at cemetery with reference to the sight plan
- Meet with family to finalize the details
- Have bingo signs covered with blue curtains

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Prepared by: Leslie Mantowabi-Recollet  
03-05-2018
Meow Everyone,

I begin on a sad note, Buddy our neighbourhood dog has passed on. Joanne and Paul found him lying on the side of the road coming down the driveway. I guess someone hit him. He used to come and visit me and the people down the road. I would give him treats and whenever Betty and I came home from shopping he would escort us until we got to my house, knowing full well I had bought treats for him. Betty and Gilles also missed him and asked me if I had seen him. He was actually my sister Elaine’s dog. Kelly, Rob’s wife was calling for him also and was staying with them more or less. He was also kind of a caregiver for Old Squades who is up there in years and going blind and Buddy I was told was watching out for her. This has been a sad week for us when we found out he was gone on Sunday June 17th. Goodbye my buddy we will all miss you!

Well the caterpillars are finished and I can finally finish my flower planting. The cats did not like them either and were careful when they stepped out on the front deck. For two whole days my deck was completely covered with them and I couldn’t go out on it. Fabio, like I said has grown big like the other cats, but Empress Farah is still small. I guess she watches what she eats to keep her small figure, she is an Empress you know.

Some Cat Facts:

• Cats when startled, can jump up to five feet in the air.
• Milk can give some cats diarrhea. (I always give water to my cats)
• Almost ten percent of a cat’s bones are in its tail.
• A cat’s field of vision is about 185 degrees.
• When a cat is looking out the window at a bird and starts chattering its teeth, this is called ‘vacuum activity’. It means that the cat is performing the killing bite even though the bird isn’t really in its mouth.

Well that is it till next time, make sure to get your dogs or cats fixed to help keep the pet population down in our community. Stop by and visit our elderly, sick or shut-ins and have a visit with them. I am sure they will enjoy it and remember the ones who are sick or in the hospital in your prayers and watch out for pets who might be on our road ways.

Empress Farah, She-Pet Elizabeth and Webby Debby (The girl cats)
Luka, BJ, Tinker, Francis and Fabio (The boy cats)

Dennis L. McGregor
July is upon us and we are now into summer. During the Summer Solstice, our Administration completed the ceremonies to welcome summer and to appease our spirits of our lands upon the arrival of summer. We have much that has gone on over the last month including:

a) New Elevated Storage Reservoir Construction
b) Work on the Land Claim Trust Process
c) Election Code Process
d) Lafarge Agreement Process
e) Shawanosowe School Graduation
f) Indigenous Day Celebrations
g) Daycare Graduation Celebrations
h) Traditional ceremonies for the community
i) New Daycare plans for the School
j) Our Community Wellbeing
k) Espanola High School Graduation
l) Sacred Heart School Graduation
m) A.B. Ellis School Graduation

The priorities of Chief and Council continue to focus on three key areas;
1) Community Wellness
2) Education
3) Economic Development

We are unwavering in our efforts to move forward on wellness. While we are making incremental progress, much work remains to be done and no challenge is too big for our community to overcome.

Chief and Council see the benefits of increased communication by the Administration to share information with the community in a timely manner using our Rezound, Shawanosowe School Spirit, and with our approved WRFN social media tools. The Administration has taken very proactive measures to make sure we can communicate effectively. That is very clear, when you read the Rezound!!

One investment that we can all make towards our best news, is to end the language or negativity and myriad of rumours and untruths, together! Let’s begin by starting to repair our relationship. Let us rise as one to meet these defining challenges of our time, so that future generations, basking in the sunlit uplands of tomorrow, might thank us and say truly this was their finest investment.

We have two very significant major capital projects to update you on;

We are really moving along with the construction for the New Elevated Storage Reservoir (ESR). The pedestal work is now completed and very visible. The constructed and the work is on schedule. This $ 3.3 Million dollar project will provide the community with a supply of water for a 50 year period.

Again, I wish to acknowledge Council for working with my office to continue to prioritize this important project.

With a lot of persistence and effort by Council, we have been successful in securing the funding to construct our new Daycare. The new Daycare will be added to the east side of Shawanosowe School and will bring all our education under one roof. This has been the plan since 2007 when the new Shawanosowe School was opened for our students. The new $1.3 Million dollar project is a very exciting addition to the school system and fits into our 20 year community plan. Once again, I want to thank my council for working with my office to ensure that this project was realized.

Enjoy the Summer.

Find me on Twitter @ChiefPaibomsai or on Facebook Chief Shining Turtle

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Message from Ogimaa Shining Turtle
Sturgeon Clan, Anishinabek Nation

 Dear Community Members:

RE: “Coalition for Responsible Governance Survey”

It has come to the attention of Chief and Council that a “survey” on the leadership and management of Whitefish River First Nation was recently circulated to members by mail and has led to some confusion. Some of you have attempted to return your survey forms to the administration office. Please know that this survey was circulated by Mr. Marie Mcgregor Piiainanikwotsi without any knowledge or involvement of Council. Miss. Piiainanikwotsi is engaged in a legal dispute with Council. The survey that she prepared and circulated is not authorized by Chief and Council and does not follow the Whitefish First Nation Protocol for conducting an informed survey. This survey and its results will not have an effect on the good work done through our administration to improve our community.

If you have questions and concerns about your community, about its governance and stewardship of the resources that belong to all of us, or any of the questions raised in the “survey,” please let us know. As your elected representatives, we all take our oath of office in service to this community very seriously. Chief and Council advocate for members’ interests with Federal and Provincial Governments regularly to try to make improvements in areas of wellness, education, economic development, housing, infrastructure, and land claims. We all know these processes are slow and we share your frustrations as we do our best to overcome barriers to making lasting and positive community wide improvements. As we work, we also strive to provide information that allows members to make informed decisions about Chief and Council’s policies. We encourage all members to provide their input in many ways, including through our community newspaper, community meetings, committee work, and community surveys and by writing to Chief and Council or our administration.

The best way to help us to serve you better is to take an active part in our community. For this reason, we especially invite you to support community events and functions. If you are not able to attend these functions, please feel free to visit us at any time.

In Harmony

[Signature]
Chief and Council

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<td>Cheryl Miller-Martin</td>
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<td><a href="mailto:daycare@whitefishriver.ca">daycare@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Dolores Pitawanakwat</td>
<td>Pre-school Educator</td>
<td><a href="mailto:doloresp@whitefishriver.ca">doloresp@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Jo-Ann Recollet</td>
<td>School/Cultural Educator</td>
<td><a href="mailto:joanner@whitefishriver.ca">joanner@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Cindy Tar</td>
<td>Toddler Educator</td>
<td><a href="mailto:cindy@whitefishriver.ca">cindy@whitefishriver.ca</a></td>
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<tr>
<td>George Eccleston</td>
<td>Educator</td>
<td><a href="mailto:george@whitefishriver.ca">george@whitefishriver.ca</a></td>
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<tr>
<td>Blanch Recollet</td>
<td>Cook</td>
<td><a href="mailto:brancher@whitefishriver.ca">brancher@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Evelyn Jacko</td>
<td>Librarian</td>
<td><a href="mailto:evelynj@whitefishriver.ca">evelynj@whitefishriver.ca</a></td>
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### July 2018

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### Birthday & Anniversary Wishes!

You are my son
A man stands now,
where my baby
Used to be,
and the sight of him
All grown up moves me,
My son has become wiser and
Stronger than I ever
dreamed he could be.
I know by looking at him that
The Creator has blessed me
with a special,
lovable Baby boy which I
would have never believed
he is my teen
that has an amazing heart.
I love you
Darnell Ignatious Daniel Pregent
with all my heart and you will
always be my Baby Boy.

Happy 14th Birthday Darnell on July 7th.
Love, Your Family

Happy Birthday Sydney on July 1st.
XOXO Mom & Dad, K.C. and Blue

Sending Birthday Wishes to my
sister Gloria on July 9th.
Love V-a & Steve

Happy Birthday to my daughter Crystal Bowerman on July 2nd.
From Dad & Pauline

Happy Birthday to my daughter Tah on July 4th.
Love your Dad

Happy Birthday to my daughter Vanessa on July 28th.
Love your Mom Lou!

Happy Birthday to Winnie on July 12th.
Love your wife, Debbie

Happy Birthday to my daughters; Cindy on July 20th
Crystal on July 31st
Love Mom

Happy Birthday to my wife Joyce on July 27th
Love your husband Andy

Happy 25th Wedding Anniversary to Cindy & Wes
on July 3rd
Love Mom

Happy 50th Birthday to my husband Mark on July 5th
Love your wife, Debbie

Happy Birthday to my daughters;
Cindy on July 20th
Crystal on July 31st
Love your Family

You are my son
A man stands now,
where my baby
Used to be,
and the sight of him
All grown up moves me,
My son has become wiser and
Stronger than I ever
Dreamed he could be.

Happy 14th Birthday Darnell on July 7th.
Love, Your Family