Love is Louder in WRFN!

The 45th Annual Whitefish River First Nation Winter Carnival was held February 13-18, 2018. The six day event kicked off with the crowning of our Carnival Royalty, a Shrove Tuesday Pancake Feast, a Euchre Tournament and a sliding party hosted by the WRFN Housing Department. Valentine’s was celebrated the next day with prizes for the poetic expressions of love, a spaghetti dinner served up by the B.I. Nightingales and some serious rounds of cribbage. Thursday’s events included a well-received gaming tournament, visits with Bannock & Babies as well as curling at our outdoor rink. The Annual Shawanosowe School Skating Party kicked off the weekend activities with a DJ and hot chocolate! Rolling into the weekend, activities were jam-packed with old favourites like the barefoot races and tea-boiling as well as new contenders like the Human Bubble Tournament.

The weather proved to be beautiful and clear all weekend long, which guaranteed the remarkable turn out at all of the Carnival functions.

Miigwetch to everyone who helped in any way to ensure the success of the ‘Love is Louder’ Winter Carnival!

Please note that the deadline for submissions for the next issue is Wednesday, March 21st, 2018 at noon.
Miigwetch!
rezoundeditor@whitefishriver.ca

“A Place of Visions and Dreams”
### March 2018

<table>
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<tr>
<th>Sunday</th>
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<tr>
<td><strong>WRFN Health Centre</strong>&lt;br&gt;Visiting Health Professionals&lt;br&gt;<em>unless otherwise indicated visiting Health Professionals will be in all day</em>&lt;br&gt;* Community Health Nurse Lab/Blood Draw Clinic - Fridays @ 10:00 am Please bring your Requisition(s). Appointments recommended.</td>
<td><strong>1</strong>&lt;br&gt;Nurse Practitioner&lt;br&gt;Dietitian (AM Only)</td>
<td><strong>2</strong>&lt;br&gt;Dr. Meikleham (PM Only)&lt;br&gt;Community Health Nurse&lt;br&gt;Diabetes Team Foot Care</td>
<td><strong>3</strong>&lt;br&gt;Dietitian (AM Only)&lt;br&gt;Foot Care</td>
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In February we had 22 community members come out to join the *Lose the Love Handles Fitness Challenge*. I am excited to see everyone’s enthusiasm and motivation to live a healthier lifestyle. We will be having a mid term weigh in, along with the final weigh in (please see poster below). I suggest you all remember the dates and mark them on your calendar! Not only will you feel great, but you can be entered into draws to win some great prizes!

We have a number of workshops coming up in March. Starting with the Debajimowin Family Photo Voice Workshop (Please see poster next page). This workshop is a two part series that focuses on empowering our families within the community. This workshop is for families of all ages, and I encourage you to come out and participate. Food and refreshments will be provided, and there will be some ultimate family door prize draws!

Anishinaabemowin Classes with Marion and Lisa continue and will take place every Wednesday throughout the month of March at the Seven Fires Youth & Elders Centre from 6:30pm to 8:00pm. Participants are doing great, and will be joining some of our Elders attending the 24th Annual Language Conference this month in Sault Ste Marie, Michigan.

On March 15th, 2018, Gloria Oshkabewisens-McGregor, Traditional Practitioner will be available for one on ones with community members all day. Please contact me if you would like to make an appointment.

If you would like more information and would like to contact me about any of the programs or services that are provided, please contact me at the Health Centre at 705-285-4354 or you can email me at candicea@whitefishriver.ca.
Amber Zona - Youth Support Worker

March into the Madness that is MARCH MADNESS!

This month, we are extending the Archery program another two weeks to make up for last month’s cancellations. **Archery will be taking place at the Community Centre on Tuesday March 6th, 20th and 27th from 5:30-6:30pm.** This program is for youth ages 11-14.

Skating Program will also be continuing this month. Youth ages 6-10 are invited out for an hour at the Little Current Arena. Transportation and snacks are provided! The bus will leave the Health Centre at 4:15 pm and return by 6:30 pm. This program is on Wednesday March 7th and 21st.

Youth ages 12-25 come on out and make your own Moccasins! We will be having a moccasin making workshop on Saturday, March 3rd 11:00am-3:00pm at the 7 Fires Youth and Elders Centre. All supplies are provided.

March Break Madness has returned. We will be having a family trip to the movies, transportation and dinner included. Also, don’t miss out on the family skate day!

As part of our March Break Madness this year, we are planning a Youth Retreat to Toronto. This retreat will be part of our Life Promotion programming. This program will be for youth ages 12-18 and will be taking place Friday, March 16th and Saturday March 17th. More information and details are soon to come, if you have any questions feel free to contact me at the health centre.

Hoppay Easter everyone! I wonder if the Easter bunny is confused on whether to hop or march this year? Come join us at the 7 Fires Centre on March 25th for an Easter Egg Hunt... Lunch menu pending, Rabbit stew, just kidding! Check out the poster for more details.

Big shout out and good luck to all the Little NHL players this year! For more information on Youth programming, please feel free to contact me at 705-285-4354 or via email at amberz@whitefishriver.ca.

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**Debajamowin Family Photo Voice Workshop**

**March 3rd & 24th, 2018**

**WORKSHOPS: MARCH 3RD/18**
- Family Relationships
- Teaching on Love by Elder Gloria Oshkabewisens
- Family Photo Voice Session
- The Importance of Having Fun Together
- Outdoor Activities

**FAMILIES OF ALL AGES ARE WELCOME! LUNCH PROVIDED!**

**MARCH 24TH/18**

**FAMILY PHOTO VOICE WORKSHOP**

**FAMILY PHOTO VOICE GALLERY**

Photography equipment and materials provided!

Where: 7 Fires Y&E Centre
Time: 11am to 4:00pm

**REGISTER BY FRIDAY MARCH 2nd, 2018**

**WIN A FAMILY WEEKEND AT THE LODGE AND OTHER PRIZES!**

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**EASTER EGG HUNT**

**Sunday March 25th**

11:00AM-2:00PM

**@ THE 7 FIRES CENTRE**

**3 CATEGORIES**

- 0-6 yrs
- 7-11 yrs
- 12-18 yrs

**LUNCH & FACEPAINTING**

CONTACT AMBER ZONA OR CRYSTAL MCBRIDE FOR MORE INFORMATION
March 2018
Community Youth Program Calendar

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<thead>
<tr>
<th>SUNDAY</th>
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<td>7 Generation Youth Council Meeting 4:30pm to 6:00pm @ Y&amp;E Centre</td>
<td>7 Jr. Youth Leadership Program 5:30pm to 8:00pm @ Y&amp;E Centre Language class starting at 6:30</td>
<td>Re-Launch for High School Youth Leadership Program 6:00pm to 8:30pm @ 7 Fires Centre</td>
<td>EHS Hot Lunch Movie Night @ the community center</td>
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<td></td>
<td>March Break</td>
<td>Good luck to all the Warriors!</td>
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<td>Youth Retreat in Toronto!</td>
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<td>Sports for Development Coaching Clinic 16 &amp; up @ AOK 3 Fires Complex 9-5pm</td>
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For more information on Youth Programs, please contact Crystal Clark-McGregor, Right to Play Community Mentor at the WRFN Health Centre at 705-285-4354, or to register for the Coaching Clinic contact Sarah Williams at 705-368-1150.

Crystal Clark-McGregor - Right to Play Worker

I cannot believe that it is the month of March already! This month is packed with events and programming for the Youth.

We will be having an Anti-Bullying Session for grades 7 and 8 at the Community Centre on this upcoming P.A Day on March 2nd from 12:30pm to 3:30pm. From March 5-9th Chris Yeboah, Program Office from Right to Play will be visiting our awesome community. He is excited to return for another visit, so if you see him please don’t be shy and give him a high five.

There will also be a Re-Launch for all the High School Students to join the Right to Play Youth Leadership Program from 6:00pm to 8:30pm at the 7 Fires Centre. Dinner will be provided and there are prizes to win! Our 7 Generation Youth Council will be hosting a Movie Fundraiser to kick off the March Break on Friday March 9th. Despicable Me 3 will start at 6:00pm at the Community Centre and the canteen will be open, selling popcorn, hotdogs and much more.

We will be having our Youth Retreat in Toronto on March 18th. Contact me for more information regarding travel, age groups and the time of the training. Hope to see Birch Island Youth representing!

Come on out to “Homework & Chill” at the 7 Fires Youth & Elders Centre every Monday night from 7:30 pm - 9 pm! Anishinabek Language Class will be held Wednesdays in March at 6:30pm located at the 7 Fires Youth and Elders Centre. All ages and levels of learning are welcome!

If you have any questions regarding any programs, don’t hesitate to contact me at righttoplay@whitefishriver.ca or through the Health Centre at 705-285-4354.


**Mental Health & Addictions Worker - NNADAP**

*Michael Aelick*

Aani, Culture forms the foundation and core for facilitating wellness.

With that being said I will be hosting a luncheon for Men ages 16+, during which, we can discuss what kind of land based cultural activities that you would like to see provided in the community. Come on out, enjoy some Chili and scone and share some of your great plans. I’m looking forward to hearing the ideas that you have and putting those activities in place. Keep an eye out for the posters in the community and in the Rezound.

My office is always open for anyone that would like to come in to talk to me or if you prefer I can be reached at the Health Center by telephone.

For more information, please feel free to contact me at 705-285-4354 or via email at maelick@whitefishriver.ca.

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**Ogichidaa**

**BACK TO THE LAND**

Would you like to see more land based activities in the community? Are you a male 16+ looking for more culturally specific programs? Let’s get together to discuss what you would like to see happening in the community.

**MARCH 20TH 2018**

5:00PM-7:00PM

**AT THE COMMUNITY CENTER**

Chili, Scone and refreshments will be provided.

For more details contact Michael Aelick, NNADAP Worker at the Health Centre [705] 285-4354. Or email maelick@whitefishriver.ca.
Our Student Nutrition program provides bag lunches to our WRFN bus students. This program operates on Tuesdays through Fridays, unless it is after a holiday Monday in which case we run from Wednesday through Friday. I do a lot of cooking and meal prepping as hot meals are also delivered to our Espanola High School students on Wednesdays and Fridays through Crystal McGregor our Youth Mentor and Amber Zona our Youth Worker. The Food Security Program would welcome any input from our youth that are receiving lunch or are part of the breakfast club.

Please don't hesitate to contact me at the Health Center (705) 285-4354 or email me at wpaibomsai@whitefishriver.ca

Let's decide what to plant in the Community Garden.

March 27, 2018 - Health Centre - 7pm-8pm
Garden Committee Planning Meeting

Light snacks & refreshments!

For more information, contact Gail Jacko at 705-285-4354.

Summer Bearing Raspberries produce vegetative growth called canes each year in the summer, go dormant for the winter then produce berries the following summer. Canes only live for two years, after they have produced fruit you can cut all dead canes out. In the Spring thin all the smaller canes out leaving four to six inches between the strongest canes.

Fall bearing raspberries produce new canes called Primocanes during the summer months and produce fruit on them in the fall of the same year. They will also produce fruit on the same canes the following summer. To grow them as only Fall bearing raspberries all you need to do is cut all the canes down to the ground in the fall. Growing them to be everbearing is a little more complicated. You will have to be able to distinguish between first year canes (primocanes) and second year canes (florocanes). First year canes are green in colour and fruit only in the fall. Second year canes have grey peeling bark and fruit in the summer. Raspberry canes fruit from the top down, when the first year cane stops producing fruit the canes begins to die, the tip of the cane becomes brown. First year canes will produce fruit in the fall of the same year. They will also produce fruit on the same canes the following summer. Canes only live for two years, after they have produced fruit you can cut all dead canes out. In the Spring thin all the smaller canes out leaving four to six inches between the strongest canes.

Raspberries prefer well drained soil that has a lot of organic matter in a pH range of 6.0 to 6.5. Avoid soil that is heavy in clay or sand. Raspberries will not spread the same way that brambles and cane fruit.

Raspberries are quite easy to grow and come in Red, Yellow, and Black varieties that can be either Summer bearing or Fall bearing (everbearing). Raspberries prefer well drained soil that has a lot of organic matter with a pH around 6.0. They will tolerate some shade but will produce the best fruit in full sun. The plants will provide 3 to 4 feet apart with spacing between rows being 6 to 8 feet. Raspberries multiply by producing underground runners and will quickly take over a garden bed but they are very easy to cut back and control. Though it is not necessary to grow raspberries on a trellis system it will make managing them a lot easier.

Of all the cultivated Blackberries that are available only a few will tolerate our Canadian Winters. The varieties with thorns are the most cold tolerant to get but the thornless varieties are the most pleasant to harvest the fruit from. Blackberries grow best in full sun and love heat, humidity, well drained soil with a lot of organic matter in a pH range of 5.5 to 7.0. Avoid soil that is heavy in clay or sand. Blackberries grow up the fruit from. Blackberries will not spread the same way that brambles and cane fruit.

Blackberries will not spread the same way that brambles and cane fruit.

Rubus Family

The Rubus family belongs in the higher plant family of roses and includes Raspberries, Blackberries, Dewberries as well as hybrids like Loganberry, Boysenberry, and Tayberry. They are sometimes referred to as brambles and cane fruit.

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Michael Aelick
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by Michael Aelick
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COMMUNITY CONSULTATIONS
FOR WHITEFISH RIVER FIRST NATION CITIZENS

DRAFT EDUCATION LAW

An Education Law is currently being developed for the Whitefish River First Nation.

In February 2018, the youth presentation and the community consultation took place.

There are three sessions that will take place in March.

The Whitefish River First Nation Chief and Council is seeking input and feedback from the Whitefish River Anishinabek.

This feedback will be used in the development of the Final Draft of the Whitefish River First Nation Education Law that will be tabled for final approval in late March 2018.

**Sudbury Session:** N’Swakamok Friendship Center, 110 Elm Street
March 2, 2018 @ 3:00 pm (Chili and Scone - 3:00 pm)

**Toronto Session:** Toronto Council Fire, 439 Dundas St. E.
March 3, 2018 @ 1:00 pm (Soup and Scone - 1:00 pm)

**Elders’ Session:** WRFN Community Center
March 7, 2018 @ 1:00pm (Lunch at Noon)

For more information or to discuss any of your recommendations contact:
Gail (Kiki) Pelletier
Anishinabek Education System Coordinator
705-285-4335
aes@whitefishriver.ca
**March’s Schedule of Events**

- Every Wednesday in March Breakfast Café for Seniors - 8:30 am
- March 6/7 - Baby Moccasin Making 1pm - 4pm
- March 8 - Family Sing-A-Long with Lisa Cywink at 1pm
- March 10 - Beading Workshop 9 am to 4 pm
- March 14 - Senior Advisory Council Meeting at 10 am
- March 15 - Elders Mass at 1 pm

Other Events in March: Seniors Men’s Haircut Afternoon, Canning, Craft Afternoons (beadwork and purse /Feast bags) Sewing Day, Easter Floral Arrangements.

All events will take place at the 7 Fires Youth & Elders Centre.

Should you have any questions or suggestions, please do not hesitate to contact me at the Health Centre at 705-285-4354 or via email at pattyl@whitefishriver.ca.

vanessa mcgregor
acting education director

Reminder that Post-Secondary Applications are due on April 1, 2018.

To Obtain an Application:
- Download a copy of the application through the WRFN Membership Portal on the Website
- Email education@whitefishriver.ca
- Come to the Administration Office and pick one up.

If you have any questions, please do not hesitate to call at 705-285-4335 or email at education@whitefishriver.ca.
Maamwe Kendaasing
Cheryl Shawanda, RECE, Child Care Supervisor

Aaniiin! From the Maamwe Kendaasing Child Care Centre:

The 3rd moon of Creation is Ziisbaak-doike Giizis—Sugarp Moon. As the sap begins to run, we learn of one of the main medicines given to us as the Anishnabe which balances our blood, and heals us. During this time, we are encouraged to balance our lives as we would our blood sugar levels, by using Divine Law. March is an exciting month with lots of activities throughout and changes in the season.

As you may have noticed a change in the Daycare that the Preschool Group and School Age Group have changed rooms. The School Age Group and Toddler Group now share the main entrance cubbies and as the Preschool cubbies are now located right in their new classroom

Throughout the month of February the children have been going on field trips with the Child & Family Well Being Coordinator Arlene Pitawanakwat. It’s been very fun and enjoyable for the children. I would like to thank the Parents and Grandparents for coming along on the trips as both the children and staff are also thankful for your company.

Daycare Spaces

We have spaces available in the Preschool Group children ages 33-48 months. To all parents the Child Care Program is not only for working parents, it can also be for parents who wish to have their child to socialize with other children.

The Socialization Program is from 9:00 a.m. - 3:15 p.m. Please contact the Child Care Centre for more information.

Special Events

• Happy Birthday to Waylon March 4th
• In recognition of St. Patrick’s Day we will have wear something green day on Friday March 9th, and children will learn the Green Clover—Zhaawsk-waande Nesoubgak
• March break 12th-16th: The Daycare will be closed.

Good luck to all the LNHL players!
Have a fun and safe week!
• First Day of Spring March 20th
• Mnookmig—Spring. We will have children bring an umbrella in, so they can play with their umbrella during play time throughout the day. They will also learn how to open and close it and be able to learn and identify the colors of umbrella.
• March 30th is also Take a Walk in the Park Day; you may bring your children for a nature walk and explore what mother-nature has in store for us (keep fit and keep active.)
• The Daycare will also be closed on March 30th & April and in recognition of Good Friday and Baawkgk Easter Monday

Baa-maa-pii Miinwii

The Bobcat
Cheryl Miller-Martin Principal

February was a fun filled month. February’s Spirit Day was Dress as your “Favou-rite Literary Character” on February 2nd. We had many awesome literary characters such as Thing 1 and Thing 2, Hansel and Gretel, Anne of Green Gables just to name a few. These story book characters literally came to life. Shawanoswe School celebrated Literacy Week from February 5-9, 2018 which concluded with Literacy Night on February 12th. Literacy Night was full of games and activities for the whole family and included a delicious Indian Taco meal.

Kenjegew Teg hosted their First Indig- enous Winter Games on February 8th, 2018 at the AOK 4 Directions Complex. We had 11 Students from Shawanoswe atend and from those 11 they were broken up into two divisions. Both divisions competed in the following events Snowy, Snow Snake and Snow Shoe. In the Snowy and Snow Snake competitions both divisions placed 2nd, and in the Snow Shoe Races the 4-6 division placed first. It was great fun had by all.

The 100th day of school was celebrated on February 12th. We are all 100 days smart-er!

We celebrated Shrove Tuesday on Feb- ruary 13th. Local amateur chefs, Chief Palbomsai, Mr. Greg Sutherland and Mrs. Judy Nahwegahbow prepared pancakes for our students in celebration of this day.

Shawanoswe School’s Winter Olympics were held on February 15th. Fun was had by all students and staff from Junior Kindergarten to Grade 6 at the all-day events. Miss Tracy led the challenging Snowball Biathlon and Miss Bonnie led the Snow Shovel Relay for the morning events. Miss Sarah led the Crazy Carpet Races and Miss Danette organized some exciting games of Shiny. Shiny proved to be a definite highlight of the day! The afternoon’s activities included Running Long Jump in the Snow, Snow Tug of War and Snow Potato Sack Relay Races! After all was said and done, the student enjoyed a cup of hot chocolate with marshmallows and fruit. The staff and students were tired but, anxiously awaiting the Winter Carnival Skating party.

The “Love is Louder” Shawanoswe Win- ter Carnival Skating Party was hosted at the outdoor rink on Friday February 16th. There was a great turn for this annual event with hot dogs, hot chocolate and a DJ. Miwigetch to the staff for their energy and passion in organizing this event.

Report Cards went home on the 16th followed by Parent/Teacher interviews Tues- day February 20 and 21.

On February 20, the students began their first “Traditional Canvas Painting” Art class with renowned artist Blake Debas- sige. Blake began working with all students as they took their first steps toward creat- ing a masterpiece. Painting sessions were held in the gym throughout the day as the students learned the various techniques and styles that go into painting on canvas. Blake will be teaching the students every Wednesday until April 11, 2018.

There was no school for Shawanoswe students on February 23, 2018 as there was a Professional Development Day. JK and SK’s are still taking part in their Skat- ing Sessions hosted by the Whitefish River Health which will conclude mid-March.

February 28th is “Pink Shirt Day” all stu- dents were encouraged to wear a Pink Shirt to help share this special anti-bully- ing message!

Dates in March to Watch for:
• March 5th: Grades 1/2 are going on a field trip to Science North
• March 2nd: Spirit Day (Pajama Day)
• Our Winter Clubs have come to an end, beginning March 5, 7th and 8th (Monday, Wednesday and Thursday)- Afterschool programming- Math Club, Homework Club and Spring Games Club. All clubs will run for 4 weeks. Look for permission forms to go home with the students soon.
• March 7, 21,28 and April 4,11: Traditional Canvas Painting with Blake Debas- sige
• March 12 -15: MARCH BREAK!
• We would like to wish our students and families a safe Spring Break and would also like to extend a special GO WARRIORS GO to all our Warriors attending the 47th Annual Little NHL
• March 28-April 1: Anishinaabemowin Conference in Sault Ste. Marie, Michigan
• March 27th - Early Dismissal
• March 30th - Easter Holidays (Good Fri- day)- NO SCHOOL

Miwigetch,
School Staff
The WRFN Housing Department had special guests in attendance at the Sliding Party.

L-R - The 2018 ‘Love is Louder’ Winter Carnival Royalty: Nakia Nahwegahbow, Prince, Daytona Recollet, King, Aurora Megwanabe, Princess, Sasha Jacko, Carnival Princess, Lila Garcia, Junior Princess, Felicity Prince, Queen, Soleil Pitawanakwat, Princess.

Mason and Kacston sample some fresh Bannock.

Rosy cheeks at the Shawanosowe School Skating Party.

Isla, Phoebe & Brayson were the big winners of the Maamwe Kendaasing Toddler Obstacle Race.

London celebrates his birthday with The Lorax & Thing 1!
Michael Mantha, MPP Algoma-Manitoulin won the Men’s Barefoot Races.

Francis McGregor shows them how it’s done at the Slapshot contest.

Chief Shining Turtle only let one get by in Beat the Chief.

Aiden, Ira & Quintin take first place in the Plank Races.

The officiate called a false start in the Minnow Races.

Michael Mantha, MPP Algoma-Manitoulin won the Men's Barefoot Races.
Gloria and Genny are all smiles at the outdoor rink.

Digging deep at the Tug of War.

Amy Whobone leads the pack in Women’s Barefoot Races.

Caroline Jacko competed in Women’s Log Sawing.

Chris Megwanabe had a time of 16.06 seconds in Nail Driving.

Tracy Megwanabe and Louanne Andrews battled fierce competitors in the Tea Boiling Challenge.

Caroline Jacko competed in Women’s Log Sawing.

Tracy Megwanabe and Louanne Andrews battled fierce competitors in the Tea Boiling Challenge.

Digging deep at the Tug of War.

Gloria and Genny are all smiles at the outdoor rink.
**LNHL March 11–15, 2018**
Hosted by Moose Cree First Nation

**WHITEFISH RIVER WARRIORS**

**SCHEDULE**

**Monday March 12, 2018**

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<tr>
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<td>Novice</td>
<td>Six Nations Blackhawks</td>
<td>Meadowvale Pad 1</td>
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<td>Peewee Boys</td>
<td>Tyendinaga Thrashers</td>
<td>Carmen Corbasson West</td>
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<td>Batchewana Attack</td>
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<td>Hershey Pad 4</td>
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<td>Rama</td>
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**Tuesday March 13, 2018**

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<td>Akwesasne</td>
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**Schedule subject to change**
WOW, it seems like we were just welcoming the new year yesterday and now, we are almost at March Madness and LNHL, time is flying by.

Well we just finished our annual Winter Carnival, what an amazing week of activities. The theme this year was “LOVE IS LOUDER” and it was. The community turnout was awesome, there was a lot of laughter and fun. The WRFN staff came through in a big way to make this Winter Carnival a Huge Success, a Thousand Miigweches to WRFN Staff.

The other items I am working on are:

**Band Custom Election**

We are seeking three Whitefish River Citizens to assist on developing WRFN Custom Election Code, you must be a citizen, 18 years of age or older, and commit to attend meetings. If you are interested, please submit your letter of interest that states your background, experience, education, contact information and why you want to sit on the Custom Election Code Working Group.

The deadline to submit letter is March 16th at 3:00pm.

**AES & Boundary Claim Trust**

A lot of work has been done, the Trust Working Group are doing a fantastic job and we are moving ahead as planned.

**Education**

Community consultations regarding our WRFN Education Law will conclude in March and a final report will be made to Council on March 27, 2018. Our Education Committee is doing a great job in guiding this process along.

The selection process for the new Education Manager is almost complete, this position will be filled by early March.

**Elevated Storage Reservoir**

A community presentation was held Feb 21, 2018 at 6:00 pm at the Whitefish River First Nation Community Centre. There was a good turnout of 66 community members.

The project team provided a background of the project and its importance. It was noted that construction is expected to begin in May of this year and be completed by December 2018.

The big part of the evening was asking the community on the color and logo for the skin on the water tank. There were a number of options provided at the community. We had the options printed out on poster sized boards. Community members were given a sticker and asked to place the sticker on their preferred layout. The majority of votes went to Option 1A with 30 votes. The layout chosen was:

Before construction begins on site, a ceremony is being planned on the site. This ceremony is important especially when something new is introduced onto the land. The ceremony is scheduled to take place on March 20th, first day of spring.

**Access to Fuelwood on Treaty Land**

I have aerial photos at the office that show the areas of fuel wood on our Treaty Lands. Most are located by Fox Lake Road and all of the sites have easy road access. There is a mixture of wood ranging from maple, ash, poplar, birch, cedar, pine, spruce and fir. I encourage people to take advantage of this as there are no fees or permits required in accessing your wood.

I would like to take this opportunity to wish all of our Warrior teams heading to the LNHL all the best and this is an opportunity to create fantastic memories. Remember Have Fun and make sure you Laugh!

I am always available to the community, please feel free to drop by for a visit and have a Mkade Miskodiismin Naaboo (coffee) on us. You can also email me at ajacko@whitefishriver.ca or call me at 705-285-4335 or my cell at 705-863-3027.

Nahaaw, Baamaapii Miimwaa Kawaabmin
Greetings Citizens!

My name is Esther Osche and as the Trust Coordinator for the Whitefish River First Nation Boundary Claim Trust Working Group you can expect a monthly report that provides an update on the activities of the Trust Working Group and our engagement with citizens on the development of a draft Trust Agreement. The Working Group has now completed their Community Information Sessions On and Off-Reserve.

Purpose of A Trust Agreement for the Whitefish River First Nation: The Whitefish River First Nation has reached a draft Boundary Claim Settlement Agreement with the Federal Government of Canada that specifies a settlement offer amount. The draft Settlement Agreement requires the First Nation to develop a Trust Agreement to flow, preserve and protect the Settlement Agreement funds.

A Trust Agreement is a Rule Book that preserves and protects the settlement offer funds for today’s and future citizens.

A Trust Operates as a separate legal entity and its function along with Trustees, are limited to receiving the Settlement funds, investing the Trust property and, making an annual payment to the First Nation. The decision to determine how to spend the annual payment is left up to the community and is outlined in the Trust Agreement.

The Trust Working Group’s Role in the Development of a Draft Trust Agreement: The Working Group provides representation and input into a draft Trust Agreement template. They will accomplish this with input from the citizens at community sessions.

The February Information Sessions

Three sessions took place as planned on February 22nd in Birch Island, February 23rd in Sudbury and February 24th in Toronto. The Birch Island Session had a turnout of twenty-five (25) citizens in attendance. On hand was special guest speaker Dwayne Nashkawa, CEO of Nipissing, who shared the Nipissing Trust Development story with attendees. In case you missed the story it is available on the Trust webpage at the first community session in Whitefish River First Nation. Another opportunity to hear the Nipissing story will be at our next session on March 22nd and it will also be webcast. The Sudbury session had a turnout of seven (7) citizens and, the Toronto session had a turnout of six (6) citizens. All sessions presented an educational understanding on trusts and trust designs and, on understanding investments and investment policies.

The Trust Working Group will now prepare to move into the next stage of the WRFN Trust Process by preparing for the Community Engagement Sessions Both On and Off-Reserve. These sessions will engage citizens to begin the process of what they want included in the draft Trust Agreement design. A Draft Trust Survey has been designed to facilitate this engagement. The Trust Working Group encourages all citizens to attend as this marks the beginning of creating the draft Trust Agreement. Your input is valued and important. Please make every effort to attend. This is your chance to have a say on what goes into the content of a draft Trust Agreement.

The WRFN Website on Trust Development: Access will be through the Membership Portal. We encourage citizens to check in on a regular basis and to help spread the word on this important development. All updates and presentations will be uploaded to the website following the sessions.

The WRFN Trust Process Chart: the chart has been developed as a guide for all to follow as the development of the draft trust agreement process unfolds. The Process chart is attached for your review.

**MEETING SCHEDULE**

**IMPORTANT** - Please mark the following dates and times on your calendar and plan to attend the sessions to provide your input into the draft trust agreement design.

Please Note: the February Sessions “Understanding Trusts & Trust Investments” have now been removed from the schedule and can be viewed in the Portal.

**COMmUNITY ENGAGEMENT SESSION* DEVELOPMENT OF DRAFT TRUST AGREEMENT**

**BIRCH ISLAND**
March 22, 2018
WRFN Community Center
Time: 6:00 pm to 8:00 pm

**SUDbury**
March 23, 2018
N’Sawamok Friendship Center
Basement Meeting Room
Time: 4:00 pm to 6:00 pm

**TORONTO**
March 25, 2018
Native Canadian Center of Toronto - Auditorium
Time: 11:00am to 1:00 pm

**COMMUNITY ENGAGEMENT SESSION* PRESENTATION OF DRAFT TRUST AGREEMENT**

**BIRCH ISLAND**
May 10, 2018
WRFN Community Center
Time: 6:00 pm to 8:00 pm

**SUDbury**
May 11, 2018
N’Sawamok Friendship Center
Basement Meeting Room
Time: 3:00 pm to 5:00 pm

**TORONTO**
May 12, 2018
Native Canadian Center of Toronto - Auditorium
Time: 4:00 pm to 6:00 pm

For more information please feel free to contact me at WRFN Administration at 705-285-4335 or via email at eosche@whitefishriver.ca.
Keith Nahwegahbow
Economic Development Officer

Ahnii. I would like to welcome our newest board member of the Whitefish River Development Corporation (WRDC), Troy Pitawanakwat. I look forward to working with him and hearing all the great information Troy can bring to the team.

This month I will be aiming to work with the WRDC and updating the business plan for lot 108. Three of the WRDC board members will be attending an information session on Social Enterprises and Entrepreneurship in Sault St. Marie, Ontario on February 28th and March 1st later this week. This will be a training and networking opportunity for our board members. This will also be a chance to increase our understanding on social enterprises. This has the potential to help us strategize a plan to develop a social enterprise.

A social enterprise is a new way to describe a business that uses its revenue and profits to address social, cultural, environmental and or local economic issues. On the surface a social enterprises looks and operates like a normal business but its income generation can play an important role in a community. If we decide to go in the direction of a social enterprise I can see it being very beneficial to the WRFN.

This month I will be busy finishing up work before the fiscal year end, and then looking forward to make plans for the upcoming year. I would like to have another planning session with the community soon. I will be looking at ways to tie together a planning session for economic development and the WRDC.

I am also pleased to announce the Mnidoo Mnising Employment and Training has been extended in the 2018-2019 fiscal year. MMET is an important tool in providing opportunities to members WRFN for skills development and training to achieve meaningful and sustainable employment. I look forward to another great year with MMET. For more information you can contact myself at the WRFN Administration Office.

And lastly the upcoming summer employment season is approaching fast. I encourage all community members seeking seasonal employment to update their cover letter and resume. If you need help with your resume and cover letter there are very helpful tools located in the employment resource room.

For more information, please feel free to contact me at 705-285-4335 ext. 216 or via email at keithn@whitefishriver.ca.

Community Volunteer Income Tax Program

Beginning March 1, 2018

Need a hand to prepare your tax return?

Volunteers can help you prepare your income tax and benefit return if you have modest income and a simple tax situation. Volunteers are not employees or volunteers of the Canada Revenue Agency.

Remember to bring all your tax slips and forms with you.

VOLUNTEERS DO NOT PREPARE TAX RETURNS FOR COMPLEX SITUATIONS SUCH AS:
- Returns for deceased persons;
- Individuals who file for bankruptcy
- Self-employed individuals
- Individuals who report capital gains or losses; or
- Individuals who report employment expenses, or business or rental income and expenses.

For more information or to schedule an appointment please contact Vanessa McGregor at 705-285-4335 or via email vmcgregor@whitefishriver.ca

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2019 Carnival Princess Soleil Pitawanakwat hugs future Carnival Royalty and sisters Ellazeah & Nevaeh.
Aanii Kina Wiya,
Did you know that residential water heaters consume the second most amount of electricity in the home? Your hot water heater and your pumps require electricity which is why saving water equals saving electricity. Water heaters are second only to space heating in terms of residential energy use. The use of water and energy are very much interconnected, as water is used in every aspect of energy production, such as natural gas, nuclear, and hydro. If we conserve the use of water in our home, we can cut down our electricity consumption too, and if we conserve our electricity we contribute to the preservation of our water sources. Without further ado, here are your much-anticipated energy saving tips, combined with water saving tips, just in time for World Water Day (which is celebrated internationally on March 22).

Check your faucets. Ensure that none of your taps are leaking and always turn off your taps while you are brushing your teeth or washing your face.

Shower Less. Have you ever seen that one episode of Dr. Oz, in which he asked 3 women to avoid showering for 5 days? *Spoiler Alert* - They survived! Maybe you don't necessarily have to skip that many showers, but reducing your shower time or skipping one or two showers can not only save water and electricity, but it could also save you time. So, skip a shower or two and sleep in a little longer, eat breakfast, ensure your make-up game is on point, or chat with a loved one.

Pro Tip: Purchase low flow faucets.

Rinse dishes in a tub. Rather than rinsing your dishes with running water, fill a tub or one of your double sinks with water. You can do the same with your vegetables and rinse all of them at the same time.

Purchase a storage tank blanket. This will provide extra insulation to help keep your water warmer longer. Keep a pitcher of cold water in the fridge. If you like that sort of thing. It will reduce the need to run the tap to get the water to a cooler temperature.

Run dishwasher or washing machine when full. It takes the same amount of energy to run the dishwasher and washing machine whether they are full or not.

For additional energy savings you could wash your clothes in cold water.

Speaking of washing your clothes, the internet agrees, you don't have to wash all your clothes after one wear. Your clothes will last longer if you wash them less often. As a general rule, anything close to your body or clothes that you have sweat in (i.e. your workout gear) should be washed after every wear. Anything else you can wear a few times before you wash them without offending those closest to you or at least those within smelling distance.

Also, you can use your towels 3-4 times before they need to be re-washed. If you are travelling and staying in hotels, say for instance if you happen to be attending lil' NHL, you can check with your specific hotel for instructions on how to comply with their towel and linen policy to ensure that your towels are not collected by the cleaning staff after every use.

The Energy Committee experienced a slight setback this month when Natasha Laundrie resigned from the Community Energy Committee. In the short term that she served on the energy committee, Natasha's contribution was greatly appreciated. With that being said, we are currently seeking another youth representative to sit on the committee. You can apply by submitting a letter of interest to me by mail or email. My contact information is listed at the bottom of this article.

If you have any questions or ideas that Whitefish River may be able to pursue in the Energy Sector please feel free to contact me at (705) 285 – 4335 or by email at energyadvisor@whitefishriver.ca, stop by the Administrative Office, and you can also ask your Community Energy Committee members. As always, remember to turn off the lights when you leave a room that is not in use. In fact, on March 24th at 8:30 pm, turn off as much power as you can during this year’s Earth Hour. This year’s theme is #connect2earth.

Gii Waabmin Miinwaa!
Tools to Help You Better Manage Your Money

Budgeting 101
Let's Talk About Credit
Know Your Rights

Lunch and Learn
Thursday, January 11th, 2018
At 12 Noon
Council Chambers
17A Rainbow Ridge Road, Birch Island

News from St. Gabriel’s
St. Gabriel’s Fundraising Corner
(Donations welcome)
Saturday
10:30am - 12:30pm
Sunday
11:00am - 1:00pm
Look for the Sign!

Stations of the Cross
Fridays during Lent
Until Easter
7pm

Dont't forget
Tenants with propane furnaces......
REMINDER: Please ensure that you are monitoring your propane levels. McDougall's has recommended to call them when your tanks are at a minimum of 30%. Tenants will be responsible for all costs incurred if a technician has to reset your furnace if you run out of propane.
Finally, a break in the weather, or is it a break, with old man winter starting to loosen his grip, a glimpse of the next season is on the horizon.

The spring thaw brings the next phase of winter control, the public works crew adjust its work to the daily thaw and freezing process, culverts need attention and side roads that have a bit of snow cover left, need regular sanding for the general public safe passage. The public works crew still stays alert for snowfalls, whether it is significant or not. A pile of salted sand is available for band members to use to help keep their driveways and walkways safe, this practice has been in place for many years. If you take the time to check, we are one of the few communities that supply salted sand for its members so easily and readily. Therefore, we should not abuse it and show our appreciation to leadership for allowing this practice to continue.

This year’s winter carnival was a great success, lots of laughter was heard with family and friends out participating in the events planned and executed by the volunteers. Running the “backhoe rodeo” is a fun event to watch, many people get an opportunity to operate the backhoe, which looks like a deceptively easy task (placing a bolt, welded to a chain hooked to the rear bucket of the backhoe, swinging it across the back of the machine and placing the bolt in a steel pipe elevated 3 feet off the ground). Some people are naturals and some should stick to their day jobs. We had over 30 participants over the 2 days with Shawna Jacko winning the women’s category with a time of 34.32 seconds and Brian Waboose Jr. placing the bolt in 27.56 seconds. River Pheasant won the boy’s category with a time of 1 minute 15.42 seconds and Nevada Anwhatin won in the girl’s category. Even respected helper/elder Gloria McGregor took an opportunity to operate enjoying her 2.2 minutes operator time.

With the weather changing as rapidly as it has in the last few years, the next season will be upon us quickly, sugar bush season. Like many families in our community, I have the opportunity to assist with the family tradition of harvesting sap to make maple syrup. Representing the 4th generation in our sugar bush, my family and I take annual leave to ensure this great tradition stays alive and operating. It has been a great opportunity to learn and teach the process and to show that the rewards of a hard day’s work does not have to be monetary.

It has been our practice to always welcome visitors who wish to participate and to observe the process of making maple syrup or folks who just want to stop by for a cup of tea.

If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca

Always My
Dean McGregor
March 18, 2017

The most wonderful places to be in the world are, in someone’s thoughts, someone’s prayers, and in someone’s heart. Ndah gidowaa

Love and miss you - Naomi xoxo

Lovingly remembered by Matthew and Jessica xoxo
Meow! Everyone
How is everyone coping with what seems like a long winter? I’ve been under the weather myself lately as some of you might have heard. I was in the hospital a few days with pneumonia and my family stepped in to look after my furry children. They were really glad when I came home. Webby Debby, Empress Farah and Fabio have been really attentive to me. The two females follow me around and take turns sleeping at the foot of the bed with me. Fabio will lay down by my feet and put his paw on my foot now and then as if to say are you okay or rather to see if I am okay. Even Luka will hop onto the bed and start purring and sit with me for a while. I am still not feeling all that well yet. I have been keeping track of my weight since June 2016, and am now down 48 pounds, which is a good thing. I cut out on a lot of junk food and soft drinks, and hope to keep on losing!

Well the cats are doing fine and are spending more time outside as the weather is getting warmer. I have been feeding a lot of birds at my feeder. Lately, because I cannot go too far in the snow to get to my feeder, I have been tossing the bird seeds on the ground and on the deck railing. It is amazing the different birds you can attract at the feeders. My cats like to watch them as well.

Some Cat Facts:
• Cat’s jaws cannot move sideways.
• The names of Martha Stewart’s cats are Beethoven, Mozart, Verdi and Vivaldi.
• Although there is evidence of domestic cats over 9000 years ago, they have nonetheless been domesticated only half as long as dogs.
• One of the world’s greatest mousers was a Scottish cat named Towser. Working at a distillery, she is in the Guinness Book of World Records as having killed 28,899 mice in 21 years of service, until her passing in 1987.

Well that is all for now, I know it is kind of short this time but hopefully next time I will have more to say. Remember to get your dogs or cats fixed to help keep the pet population down in our community. It is still nice to seeing people out walking their dogs. Remember to stop and visit the elderly and shut-ins and have a nice visit and maybe have a cup of tea or coffee with them.

’Till next time take care.

Empress Farah, She-Pet Elizabeth and Webinagose - (The Girl Cats)
Luka, Tinker, BJ, Francis and Fabio (The Boy Cats)

Dennis L. McGregor
Here we are, March 2018, already. We have had a hectic and fun filled month of February. In the community we have seen many events including:

a) Housing Renovations
b) Shawanosowe School – Brook Trout Release
c) Work on the Trust process
d) Family Day Fishing Derby
e) Courageous Conversation on Education issues (big and small)
f) A six day celebration of the 45th Annual Winter Carnival
g) Thanksgiving feasts and healing ceremonies for the community
h) Anishinabek Education System processes
i) New Elevated Storage Reservoir design selection process
j) And BINGO (every Monday, Thursday and Saturday night)

And the list goes on and on. This information has been shared with the community time and time again with The Rezound, Shawanosowe School Spirit, and with our approved WRFN social media tools. We are always improving in the area of communication. While not a perfect system, the community always benefits from the best news.

One investment that we can all make toward our best news, is to end the language or negativity and myriad of rumours and untruths, together! Let’s begin by starting to repair our relationship. Let us rise as one to meet these defining challenges of our time, so that future generations, basking in the sunlit uplands of tomorrow, might thank us and say truly this was their finest investment.

We currently have one very significant major capital projects to update you on:

1. We expect construction for the New Elevated Storage Reservoir (ESR) to break ground in May 2018. We just have to wait for the ground to thaw and we are into construction.

This project includes:
- Construction of a 1,280 m³ composite Elevated Storage Reservoir (ESR);
- Tank would be a Glass Fused to Steel Aquastore Tank;
- Concrete Pedestal to be approximately 9m diameter, height to be confirmed during detailed design;
- Tank to be approximately 10.5m in diameter and a height of 13m. (to be confirmed during detailed design);
- Preconstruction and Final Site Works;
- Chemical Feed and Instrumentation trim chlorination system;
- Mechanical and Electrical Works;
- Controls and Instrumentation for communication with the water treatment plant;
- Reuse of Existing Generator
- Decommissioning of the existing standpipe.

When completed our new Elevated Storage Reservoir will provide the water quantity needs for Whitefish River residents for a 50 year design period. I wish to acknowledge Council for working with my office to continue to prioritize this important project.

Fellow citizens, take heart. Interest rates are low. Government(s) are trying to get it right with us. We’re doing better than many First Nations. The light of the world moves forward with us. There’s plenty to like and plenty to complain about. For now let’s get ready for the 47th Annual LNHL and the arrival of spring.

Go Warriors Go!!

Message from Ogimaa Shining Turtle Sturgeon Clan, Anishinabek Nation

Chief and Council Calendar

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MARCH BREAK - LITTLE NHL – MISSISSAUGA, ON - GO! WARRIORS! GO!

Education Meeting – Toronto

Leadership Panel – University of Guelph

18 19 20 21 22 23 24

25 26 27 28 29 30 31
Trilateral Water Meeting FN Women in Leadership Summit – Ottawa FN Women in Leadership Summit – Ottawa FN Women in Leadership Summit – Ottawa

Find me on Twitter @ChiefPaibomsai or on Facebook Chief Shining Turtle
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<tr>
<td>Franklin Paibomsai</td>
<td>Chief</td>
<td><a href="mailto:chief@whitefishriver.ca">chief@whitefishriver.ca</a></td>
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<tr>
<td>Art Jacko</td>
<td>Band Manager</td>
<td><a href="mailto:ajacko@whitefishriver.ca">ajacko@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Vanessa McGregor</td>
<td>Executive Assistant</td>
<td><a href="mailto:vmcgregor@whitefishriver.ca">vmcgregor@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Leslie Recollet</td>
<td>Council Clerk</td>
<td><a href="mailto:lrecollet@whitefishriver.ca">lrecollet@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Esther Osche</td>
<td>Trust Coordinator</td>
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</tr>
<tr>
<td>Danielle Pregent</td>
<td>Receptionist</td>
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</tr>
<tr>
<td>Emma Recollet</td>
<td>Ontario Works Administrator</td>
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<tr>
<td>Vanessa McGregor</td>
<td>Acting Education Director</td>
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</tr>
<tr>
<td>David Shawanda</td>
<td>Finance Director</td>
<td><a href="mailto:daves@whitefishriver.ca">daves@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Brian McGregor</td>
<td>Finance Assistant</td>
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</tr>
<tr>
<td>Theresa Recollet</td>
<td>Finance Clerk</td>
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</tr>
<tr>
<td>Zach Shawanda</td>
<td>Finance Assistant</td>
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</tr>
<tr>
<td>Vanessa McGregor</td>
<td>Housing Manager</td>
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</tr>
<tr>
<td>Kim Launatine</td>
<td>Tenant Counsellor</td>
<td><a href="mailto:kiml@whitefishriver.ca">kiml@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Kathleen Mitwamanabi</td>
<td>Lands Assistant/RA</td>
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</tr>
<tr>
<td>Sandrah McGregor</td>
<td>Lands Manager</td>
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</tr>
<tr>
<td>Murray McGregor Jr</td>
<td>Plant Manager</td>
<td><a href="mailto:murraym@whitefishriver.ca">murraym@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Keith Nahwegahbow</td>
<td>Economic Development Officer</td>
<td><a href="mailto:keithn@whitefishriver.ca">keithn@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Nola Toulouse</td>
<td>Water Security Coordinator</td>
<td><a href="mailto:nolalt@whitefishriver.ca">nolalt@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Tania Jacko</td>
<td>Community Energy Advisor</td>
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</tr>
<tr>
<td>Raymond Francis</td>
<td>Band Representative</td>
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</tr>
<tr>
<td>Sheldon Eade</td>
<td>Administrative Support</td>
<td><a href="mailto:shekdone@whitefishriver.ca">shekdone@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Gail Pelletier</td>
<td>AES Coordinator</td>
<td><a href="mailto:aes@whitefishriver.ca">aes@whitefishriver.ca</a></td>
</tr>
<tr>
<td>Cheryl Miller-Martin</td>
<td>School Principal</td>
<td><a href="mailto:principal@shawanosowe.ca">principal@shawanosowe.ca</a></td>
</tr>
<tr>
<td>Cara McGregor</td>
<td>Administrative Assistant</td>
<td><a href="mailto:admin@shawanosowe.ca">admin@shawanosowe.ca</a></td>
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<tr>
<td>Lisa Cutler</td>
<td>Grade 5-6 Teacher</td>
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<tr>
<td>Rick Legrow</td>
<td>Grade 3-4 Teacher</td>
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<tr>
<td>Tiffany Gagan</td>
<td>Grade 1-2 Teacher</td>
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</tr>
<tr>
<td>Victoria Meuleman</td>
<td>JK/SK Teacher</td>
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<tr>
<td>Sarah Oliver</td>
<td>Special Education Resource Teacher</td>
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<tr>
<td>Cindy Pitawanakwat</td>
<td>Education Assistant</td>
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<tr>
<td>Bonnie Nahwegahbow</td>
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</tr>
<tr>
<td>Tracey Megwanabe</td>
<td>Education Assistant</td>
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</tr>
<tr>
<td>Jessica Reynish</td>
<td>Education Assistant</td>
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</tr>
<tr>
<td>Danielle Cacciotti</td>
<td>Education Assistant</td>
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</tr>
<tr>
<td>Danielle McGregor</td>
<td>Native Language Teacher</td>
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</tr>
<tr>
<td>Cheryl Shawanda</td>
<td>Supervisor/Educator</td>
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<tr>
<td>Dolores Pitawanakwat</td>
<td>Pre-School Educator</td>
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<tr>
<td>Jo-Ann Recollet</td>
<td>School/Cultural Educator</td>
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</tr>
<tr>
<td>Cindy Yar</td>
<td>Toddler Educator</td>
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<tr>
<td>Bianch Recollet</td>
<td>Cook</td>
<td><a href="mailto:brec@shawanosowe.ca">brec@shawanosowe.ca</a></td>
</tr>
</tbody>
</table>
## March 2018

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>1. Elders Centre Friendly Visits 12pm-2pm Meals on Wheels</td>
</tr>
<tr>
<td>Monday</td>
<td>2. Elders Centre Friendly Visits 12pm-2pm Meals on Wheels</td>
</tr>
<tr>
<td>Tuesday</td>
<td>3. Family Photo Voice</td>
</tr>
<tr>
<td>Wednesday</td>
<td>4. Elders Centre Friendly Visits 12pm-2pm Meals on Wheels</td>
</tr>
<tr>
<td>Thursday</td>
<td>5. Elders Centre Friendly Visits 12pm-2pm Meals on Wheels</td>
</tr>
<tr>
<td>Friday</td>
<td>6. Elders Centre Friendly Visits 12pm-2pm Meals on Wheels</td>
</tr>
<tr>
<td>Saturday</td>
<td>7. Elders Centre Friendly Visits 12pm-2pm Meals on Wheels</td>
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### Community Calendar

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>4. WRFN Warriors Vendors Market 9am-3pm Comm. Centre</td>
</tr>
<tr>
<td>Monday</td>
<td>5. Elders Centre Friendly Visits Staff Circle Meeting 12pm-4pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>6. Elders Centre Friendly Visits Staff Circle Meeting 12pm-4pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>7. Elders Centre Friendly Visits Staff Circle Meeting 12pm-4pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>8. Elders Centre Friendly Visits Staff Circle Meeting 12pm-4pm</td>
</tr>
<tr>
<td>Friday</td>
<td>9. Elders Centre Friendly Visits Staff Circle Meeting 12pm-4pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>10. AA Meeting</td>
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</tbody>
</table>

### 47th Annual UNIH

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>11. AA Meeting</td>
</tr>
<tr>
<td>Monday</td>
<td>12. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>13. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>14. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>15. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Friday</td>
<td>16. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>17. AA Meeting</td>
</tr>
</tbody>
</table>

### Easter Egg Hunt

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>18. Easter Egg Hunt 11am-2pm 7 Fises Centre Women’s Wellness Retreat</td>
</tr>
<tr>
<td>Monday</td>
<td>19. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>20. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>21. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>22. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Friday</td>
<td>23. Elders Centre Friendly Visits Movie/Popcorn 1pm-2pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>24. Family Photo Voice Workshop 11am-4pm 7 Fises Centre Women’s Wellness Retreat</td>
</tr>
</tbody>
</table>

### Birthdays & Anniversaries

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>25. Birthdays &amp; Anniversaries</td>
</tr>
<tr>
<td>Monday</td>
<td>26. Birthdays &amp; Anniversaries</td>
</tr>
<tr>
<td>Tuesday</td>
<td>27. Birthdays &amp; Anniversaries</td>
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<tr>
<td>Wednesday</td>
<td>28. Birthdays &amp; Anniversaries</td>
</tr>
<tr>
<td>Thursday</td>
<td>29. Birthdays &amp; Anniversaries</td>
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<td>Friday</td>
<td>30. Birthdays &amp; Anniversaries</td>
</tr>
<tr>
<td>Saturday</td>
<td>31. Birthdays &amp; Anniversaries</td>
</tr>
</tbody>
</table>