Remembering the past to create a better future. September 24-28, 2018, was designated “Every Child Matters” week as Shawanosowe School students and staff spent the week raising awareness and incorporating in-class learning on the Residential School experience. Retired Shawanosowe School principal, elder and residential school survivor, Marion McGregor was an honoured guest and speaker on the first day. Tuesday September 25th, 2018, the students also made Orange Shirt Day Crafts, emphasizing “I Matter Because...”, which provided a positive backdrop for the Shawanosowe School Open House. On Wednesday September 26th, 2018 the Salmon run in Kagawong was incorporated as Lands-Based Learning, guided and hosted through Kenjgewin Teg Educational Institute.

Orange Shirt Day is commemorated on September 30th each year, and was inspired by the memories of Phyllis Webstad’s first day of St. Joseph Mission residential school in 1973, where she recalls her orange shirt was taken from her. “The colour orange has always reminded me of that and how my feelings didn’t matter, how no one cared and how I felt like I was worth nothing.” - Phyllis (Jack) Webstad, Dog Creek, BC. Since 2013, Orange Shirt Day annually recognizes the legacy of abuse inflicted upon our Anishinaabe children’s language, culture and well-being at Residential Schools.

Please note that the deadline for submissions for the next issue is Tuesday, October 23rd, 2018 at noon.

Miigwetch!
rezoundeditor@whitefishriver.ca

WRFN is moving forward in our Anishinaabe way.

It is amazing how time flies! The month of September is passing us by and now we are into October. This month, we have activities planned for children, youth, and adults. We welcome back into our community Traditional Healers Abraham Bearskin, and Jimmy and Vera George. They will be here the week of October 17th to 20th. Also, Dean Perry, Acupuncturist and Homeopath, will be here the same week. Contact Candice if you want to see the Traditional Healers and Doreen if you wish to make an appointment with Dean Perry.

At the end of October, on the 31st as a matter of fact, we will be hosting a Halloween event at the Community Centre. All are welcome! We will have games in the Community Centre and plan on making a haunted walk. Starting on October 28th, we will be hosting Wreath Making. The first day (on a Sunday) will be at the Community Centre while evening sessions will be hosted at the 7 Fires Centre. These activities will lead up to the All Souls Day Sunrise Ceremony and Evening Feast. We will also provide an opportunity for you to make birch bark feast bundles. Come and join us!

There has been an update from Non-Insured Health Benefits at Health Canada. Non-Insured Health Benefits is a national program that provides coverage to registered First Nations people for a specific range of medical services and items not covered by other health plans. The update talks about the reduction of dose limits for benzodiazepines to ensure that they are used safely. There is also a change in the coverage for diabetic lancets. Lancets are used to prick the skin when you test your blood sugar. They are gradually reducing benzodiazepines to ensure that they are used safely. There is also a change in the coverage for diabetic lancets. Lancets are used to prick the skin when you test your blood sugar. You are eligible for one lancet for each test strip. Another change is the use of sedation for dental procedures instead of freezing. They only approve sedation when patients have severe anxiety or unable to stay still during dental treatment.

There has been a change for Non-Insured Health Benefits in medical supplies and benefits as well. There are some gender affirming benefits like lower body garments, upper body garments, to name a few. In mobility and personal care items, prior approval is no longer needed for coverage for the following items (provided they are within program price and frequency guidelines). They include: bath chair, commode, elevated raised toilet seat with arms, floor to ceiling pole, grab bar, bed safety frame, safety frame for toilet, tub transfer bench, walkers (standard, 2-wheel, 4-wheel, bariatric) and manual wheelchair. Finally, there are some additions to the Medication Supplies and Equipment Benefits List. It includes: nipple shields for nursing mothers to a maximum quantity of 12 in 6 months (no prior approval required) to a maximum price of $15 each. Electronic blood pressure monitors (arm cuff only) and no prior approval is required up to $200 (up to 5 years). Bi-level positive airway pressure (BPAP) and Auto-continuous Positive Airway Pressure (APAP) systems will be available (with prior approval). In addition, battery powered portable bath lifts will become listed benefits (with prior approval) for purchase or rental and includes batteries and repairs. For more information on Non-Insured Health Benefits updates, please see the link https://www.canada.ca/en/indigenous-services-canada/services/first-nations-inuit-health/non-insured-health-benefits/benefits-information/non-insured-health-benefits-program-update-first-nations-inuit-health-canada.html#s18-09-a1 or contact the Health Centre at (705) 285-4354.

**PAP-A-PALOOZA**

October 23 2018

Book your appointment with Cathy at the Whitefish River Health Centre (705) 285-4354

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**WRFN Minor Sports**

WRFN Minor Sports must be signed out with Jake Pakosigan or through WRFN Administration.

**NOTICE** Community Centre Tables marked WRFN Minor Sports must be signed out with Jake Pakosigan or through WRFN Administration. We are currently missing 4 tables. Migwetch.

**WRFN Health Centre Visiting Health Professionals**

*Community Health Nurse Lab/Blood Draw Clinic – Fridays @ 10:00 am
Please bring your Requisition(s).
Appointments recommended.

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**October 2018**

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*unless otherwise indicated Visiting Health Professionals will be in all day*
This past month has been a busy month with the Fall Fasting Ceremonies and fitness assessments with Matthew Assiniwe, registered kinesiologist. On September 12, 2018 we had a celebration dinner for all the participants who worked hard at achieving their personal fitness goals. I would like to thank everyone who participated in the program. I was happy to see the amazing changes you all have been making! We had three top participants that each took home a prize for a new wardrobe!

1st Place – Cindy Pitawanakwat won a $400.00 shopping spree!
2nd Place – Tania Jacko took home the $300.00 shopping spree!
3rd Place – Gail Pelletier took home a $200.00 shopping spree!

For the month of October, we have a six-week horseback riding lessons, which is a program for adults 18+ on Wednesdays starting October 10, 2018 at 6:30pm. This program is based on a first come first basis for individuals! This is a program we are hoping to keep as an annual activity for our adult community members for the fall each year. This year we will be starting with 6 participants, therefore, if this is an activity you are interested in, call the Health Centre or contact me via email to book your spot!

Once again, we have our Fall Sweat Lodge and community ceremonies with Traditional Healers Jimmy, Vera George and Abraham Bearskin quickly approaching. Ceremonies are set to take place from October 16-20th, 2018! If you would like to come out and learn, observe or to help, please contact me for further information at the WRFN Health Centre.

If you would like more information and would like to contact me about any of the programs or services that are provided, please contact me at the Health Centre at 705-285-4354 or you can email me at candicea@whitefishriver.ca.
Aanii. September was a busy month; we spent the first two weeks in training and Strategic Planning. We participated in training workshops which included teachings on the importance of supporting women who Breast Feed. This teaching reinforced the belief in the strength, beauty, and the gifts women have by bringing life into this world and having all the tools to sustain that life. Our training also included developing our skills in effective communication and talked about values and how they aligned with the Seven Grandfather Teachings.

Along with our Mentor Wayne LeBlanc, the community honey bees were showcased at the Fall Harvest in M’Chigeeng. The Bees were a big hit with the students that came to our table. It was nice to share our experiences with raising our honey bees with people who attended the Fall Harvest. People had a chance to try and locate the Queen bee and sample some honey.

During October, on Saturday the 13th and 27th, I will be hosting some programs on Fire Safety and Fire starting. Fire is sacred and is respected as one of the earth’s basic elements. The Spirit of the Sacred Fire lives within all things. The basics of fire starting and safety will be covered. Depending on the outcome and the interest in the community, this will run throughout the winter with the eventual goal being Traditional Fire Keeping teachings for interested community members.

Also in October starting on the 28th, I will be hosting wreath making and Birch Bark feast plates. These activities will culminate for the All Souls Day Feast on November 1. I hope to see you there.

If you have any questions or concerns, please contact me at the Health Centre @ 705-285-4354 or by e-mail at maelick@whitefishriver.ca.
Hello, Aanii.
My name is Courtney Laundrie, and I have accepted the position of Early Learning Coordinator working alongside the Health Team. As most of you know I reside here in Whitefish River with my spouse Lee and our two sons Nico and Deacon alongside our newest member of the family, our daughter Haisley. I have my earned my diploma of Early Childhood Education from Algonquin College and have been working as an Educator for the last four years in Espanola, and before that, here in our community at the Maamwe Kendaasging Child Care Centre.

As the Early Learning Coordinator, I will create, deliver, and design supportive programs for parents and children aged 0-6. My programming is geared toward our Anishinaabe-mowin culture and traditions and will focus on the physical, mental, spiritual and emotional aspects of self. Throughout the season, I plan on delivering activities to support land-based learning and an understanding of the world around babies and children. These activities include berry picking, gardening, walks/hiking, etc. Also, I plan on hosting teachings and ceremonies as babies grow from baby welcoming to baby naming and stepping out ceremonies. I will host workshops for parents on topics relevant to parenting and their children and offer supports to new parents.

The Early Learning program will also foster the connection with our land through exploration and promote and support the child and parent relationships which in turn will promote Healthy Families.

I will begin my programming by hosting an Open House in the basement of the Maamwe Kendaasging Child Care Centre. This is an open invitation to the community. Look for a flyer in the mail about the official date!

If you have any questions or ideas that you would like to bring forth, I have an open door policy. Please feel free to contact me at the Health Centre at (705) 285-4354 or by email at courtneyl@whitefishriver.ca.

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Aanii, Bozhoo,
My name is Shawnessy Jacko, and I have accepted the position of the Family Well-Being Coordinator. It’s wonderful to be back in my home community and working for our First Nation. I have been living and employed in Northern Cree Community of James Bay, Quebec; I must say I am very happy to be back home with my family and my community. I am very excited to be in this role and of course getting to know you all.

As for any upcoming programming, keep an eye out for upcoming flyers. Please feel free to stop in and say Aanii at the Health Center. If you have any questions or concerns, please contact me at the Health Centre at 705-285-4354 or by e-mail at shawnaj@whitefishriver.ca.

Until next time, Baa maa pii.
It’s fall session, which means youth programming will be back up and running!

**Right to Play Youth Leadership Registration Night for ages 12-18 years old will be on Wednesday October 3rd, from 6:00pm to 8:00pm at the Youth and Elders Center.**

This month Right To Play will host its fifth annual signature Heroes Gala (formerly known as Tribute Dinner) on Thursday, October 11, 2018 in Toronto — a fundraising event to celebrate the power of play, and its ability to transform the lives of children and empower youth around the world. I am extremely honored to have been nominated and chosen to receiving the Youth Award. I want to take this opportunity and express my great gratitude to the youth and also to ones who have helped guided me on my journey and continue to do so. I am looking forward to the gala.

7 Generation Youth Council meeting will be on October 23rd at the Youth Center from 5:00pm to 6:30pm. The 7 Generations Council is a place to share stories, support community events, express opinions, create events or ideas for the community, educate one another on issues they would like to voice.

I will be returning back to the High School every Wednesday and Friday starting on October 5th. (I will be only providing a hot meal lunch on Fridays only)

From October 17-20, 2018 I will not be running program, but if any high school students are needing volunteer hours after school, we could use help preparing for ceremonies. Also, if any youth are interested in one-on-ones with the healers that week, please contact myself or the Health Center.

Healthy Living Children's Youth program from Noojmowin-Teg Health Center will be starting back up on October 25th with Mark & Nelson, at the school gym ages 6-10 are from 4:15pm-5:30pm and ages 10-14 are from 7:00pm-8:30pm. Poster to follow.

If you have any questions regarding any programs please feel free to email me at righttoplay@whitefishriver.ca or contact me at the Health Centre at 705-285-4354.

For more information please call the Health Centre at 705-285-4354.
Our Student Nutrition Program has been offered on Thursdays at Shawanosowe School. Additionally, the children will receive an A.M. nutrition snack from the Student Nutrition Program and a hot lunch. The local breakfast program is a grab and go option for the 2018-2019 school year. It has been an awesome summer, but it is time to get the stovetop and oven hot for the Student Nutrition program and Shawanosowe School as time is changing so fast. I would like to take this time to welcome all students, teachers, educational assistants and our new principal to the 2018-2019 school year.

There have been changes to what we offer to our local school this year. The local breakfast program is a grab and go breakfast open to all students and staff. Additionally, the children will receive an A.M. nutrition snack from the Student Nutrition Program and a hot lunch program will be offered on Thursdays at Shawanosowe School.

Our Student Nutrition Program has begun and we are now going into our second week of preparing school lunches for those students that have signed up for the program. There is never a deadline for this program and if you have a student that would like to sign up please stop by the Health Center and ask to speak with Gail Jacko or Winnie Paibomsai. We will be delighted to assist you in signing up for the program. If your student is in a berry fast we will also honour their choice of giving up berries and support them by making sure they receive Berry free lunches. It is always nice to see our young people taking pride in who they are and what it means to be Anishnabe.

If you already have a student that is signed up please don’t hesitate to contact us to let us know a menu idea as we are very open to taking requests from the students. If you want or need more information, please call me or Gail at the Health Center at (705) 285-4354 or I can be reached through email at wpaibomsai@whitefishriver.ca.

Food Security Assistant - Winnie Paibomsai

School is Back in Session!!!

Good day to all parents, guardians and students of Whitefish River First Nation! It has been an awesome summer, but it is time to get the stovetop and oven hot for the Student Nutrition Program and Shawanosowe School as time is changing so fast. I would like to take this time to welcome all students, teachers, educational assistants and our new principal to the 2018-2019 school year.

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13 Moons Garden
by Michael Aelick

Delayed Garden Gratification and Planting Fall Bulbs

Coming up with ideas to write for this article sometimes comes easy and other times it is a challenge. While bouncing around some possible ideas to write about, I remembered a conversation that we had about delayed gratification. It made sense to me to write about things that have to be planted in the fall and wait until spring to enjoy, or in the case of garlic bulbs waiting until they are ready to be planted.

Tulips, Daffodils, Hyacinth, Crocus, and Snowdrop are some bulbs that need a period of cold to be able to flower. While most things have stopped growing these bulbs put out roots and develop a flower bud over the cold months of winter waiting to emerge in the spring. These bulbs can be planted any time from September until the ground is to frozen to be worked. Bulbs are prone to rot if they are in wet soggy soil. Make sure to plant them in soil that drains well to avoid this problem. Certain flower bulbs need to be planted at different depths, refer to the diagram for the recommended planting depths for each flower. Dig the appropriate depth of hole and place the bulb, making sure the pointed end is sticking up. Backfill the hole or trench with soil, pat down to firm the soil then cover with a mulch. Squirrels love to eat the bulbs and from time to time dig them up; placing some blood meal into the hole while planting can deter them from eating the bulbs before we get to enjoy them.

Garlic is another bulb that is planted in the Fall. Garlic is from the Allium Family along with onions, shallots, and many ornamental plants grown for the flowers and not for food. Garlic should be planted in well drained fertile soil in an area that will receive full sun. Separate and place cloves 4-6 inches in the ground with a ½ foot apart in the rows. Backfill with soil and place at least 4-6 inches of mulch over the planted area to protect the bulbs for the winter, the mulch will also help prevent the bulbs from being heaved out of the soil during the freeze thaw cycle. Some garlic varieties will produce a flower stalk that is called a scape. When the scapes begin to curl they can be snapped or cut off, this will ensure that all the energy will go into growing the bulb and not into producing a flower. Scapes contain a lot of garlic oil and it is usually ready to harvest between the middle of August until the start of September. Pick a dry day to harvest; the bulbs should be dug taking care not to damage them. Gently clean the dirt off the bulb, making sure the pointed end is sticking up. Backfill the hole or trench with soil, pat down to firm the soil then cover with a mulch. Squirrels love to eat the bulbs and from time to time dig them up; placing some blood meal into the hole while planting can deter them from eating the bulbs before we get to enjoy them.

I hope you have found this article informative. If you have any questions you can post them on my Facebook page @ 13 Moons Garden.
Aani WRFN Community Members!

October is here and the snow may fly soon. Fridge magnets of the Bus Cancellation procedures will soon be ordered for parents and guardians of every household. I am also requesting parents/guardians to call or e-mail me an inspirational message/quote (13 words or less) for their child who rides the bus. If your quote is selected, it will ride the bus with your child every day for a few months of the year. Contact me for further details.

The Re-engagement Program is starting up again! What is the Re-engagement Program you ask? Well, it is for mature individuals, over 18 who would benefit from a small class learning environment and who have not been successful in a regular secondary school. Students will attend class in our Resource Room once a week with a qualified Secondary School Teacher who will help develop personalized curriculum, focused on programming designed to meet each student’s needs.

Students earn various credits they require to complete their OSSD, including Co-op credits for students who may have full time jobs. Maturity credits for life experience can be offered, as well course requirements can be minimized by assessing 5 mini-tests to replace missing Grade 9 and Grade 10 credits.

This year our Re-engagement teacher is Andrea Czerniak; I welcome her, especially because she has an abundance of experience teaching High School math and science courses. If Re-engagement is right for you, Andrea can help you earn your OSSD, right here in our community!

Did you know, our daycare has been a Tier 1 Daycare for many years? Tier 1 means we have and continue to be compliant to Ministry standards and requirements. And if and when we do have issues they are dealt with to the satisfaction of the Ministry. In our region, we are in the top two! (out of 96!) So hats off to former supervisor Danette McGregor and current daycare Supervisor Cheryl Shawanda. Chi-miigwech to our Daycare staff – Jo-Ann R., Cindy T., Dolores P. and Blanche R. - for their contributions to achieve this fine performance.

And in other, Daycare news, I am pleased to present our three new ECE Assistants – Christina Recollet, Danielle Pregent and Jo-Ann Esquimaux. These ladies have stepped up and chose to dedicate themselves to working for our local daycare children and their families by committing the next two years of their lives to earning their ECE credentials while working in our daycare. I wish them all the best in their studies and great success in their career changes.

Please keep in touch by calling or e-mailing me. I look forward to hearing from you. If you have any questions, comments or concerns please contact me at 705-285-4335 ext.209 or via email at jschawan-da@whitefishriver.ca.

Miigwech,

Re-engagement Teacher, Andrea Czerniak

Aboriginal Support Workers
Espanola High School

Ahnee! I’d like to introduce myself as the Aboriginal Support Worker for both, Whitefish River First Nation and Sagamok Anishnawbek students at Espanola High School. I am a M’Chigeeng Band member and have two children; a 16 year old daughter and a 20 year old son. A couple years back I had the opportunity to spend two weeks in the community of Whitefish River at the Pow Wow grounds where we had traditional teachings every day from local Elders. My favorite teaching came from Esther Osche, as she told stories of Dreamers Rock and Bell Rock and the battle that took place in Birch Island. My daughter also played for Whitefish River at the LHII a couple of times, where I also volunteered my time coaching. I’m in my third year at Espanola High School and I look forward to working with the students and parents from Whitefish River.

Espanola High School has a room for all First Nations students to access. The office is located at room A1231 - corridor A. This room is in a safe, comfortable environment, where the students can access; Student Support, Advocacy, Referral to supports, a quiet work environment, snacks, computers and internet, Counselling and support, access to traditional medicines and 7 Grandfather Teachings, Native Student Council and Aboriginal activities and crafts.

Some important upcoming dates:

- September 20th - Students going to KTEI Fall Harvest in M’Chigeeng
- September 28th - P.D day
- October 9th - Progress Reports will be sent home with student
- October 11th - Parent/Teacher Night 4:30-7:00
- Exam Dates are January 24th - 31st

If you would like further information on the Aboriginal Support Program, please don’t hesitate to contact my office at (705) 869-1590 ext. 6233 or by email at johnste@rainbowschools.ca.

Miigwech.

Eric Johnston,
Aboriginal Support Worker

Miigwech,

Librarian - Evelyn Jacko

Aani fellow community members! The renovations to the library have commenced; however, please note that we will continue to be open as usual. The library will have other workers around and about during this time and it will cause some noise and dust. Thank you for your patience during these times.

I would like to thank those that participated in the book drive during the summer. We are no longer taking used books.

I am still clearing out items from the library I will try to have a small yard sale of books and other miscellaneous articles near the end of the month, I will keep you posted.

I look forward to your visits. You do have to sign in for statistical purposes as this assists with our yearly funding.

Hours of Operation & Contact Information

Tuesday - Saturday: 1pm-7pm
Phone: 705-285-1888
Email: evelynj@whitefishriver.ca

Librarian - Evelyn Jacko

Binaakwi Giziis 2018
The Bobcat

September is a few weeks in and the great weather has not stopped. The school is vibrating with a buzz of anticipation of new learning experiences and new opportunities. We have had a smooth transition to the start of the year and everything is up and running.

What is happening at Shawanosowe School
• August 27: Meet and Greet BBQ - Great turnout and great to see all student’s faces!
• August 29: School Improvement Planning meeting with all staff
• August 31: School Staff and Elders/Knowledge Keepers connect
• September 14: Spirit Day - Show your Shawanosowe Pride and wear Blue and Gold!
• September 18: Drum Feast (am)
• September 20: KTEI Fall Harvest attended by all staff and students.
• September 21: PD Day - no school for students.
• Sept. 24-28: Every Child Matters week at Shawanosowe School - a week of activities for students to become more aware of residential schools concluding with a Walking to the Community Centre recognizing Orange Shirt Day
• September 25: Open House from 5-7pm (looking forward to seeing all students and families!)
• September 26: Early Dismissal

What is still to come at Shawanosowe School
October 4: Wikwemikong Cross Country Meet
October 5: Fisheries Session for students
October 5: 80’s Themed Spirit Day
October 8: Thanksgiving – No school
October 10: Sagamok Anishnawbek Cross Country Meet
October 19: School Pictures
October 26: Early dismissal

A Few Reminders
• Please send in all picture and technology permission forms
• CPIC’s are required for all volunteers and chaperones.

If you would like further information, please don’t hesitate to contact my office at (705) 285-1311 or via email at principal@shawanosowe.ca.

Daniel Stargratt
Principal

Maamwe Kendaasing
Cheryl Shawanda, RECE, Child Care Supervisor

Wow, it’s been one year already that I have been working as the Childcare Supervisor. It’s been very challenging at times; like an obstacle course or shall I say roller coaster ride with many ups and downs. Every day is different and together we all experience both good and bad days. Recognizing that we are all different, I feel that through positive team work (staff & parents) we will succeed in helping all our little friends be the best that they can be. Nobody benefits when the team is feeling negative and low on energy.

For the month of October, we will be learning about the importance of Thanksgiving, the fun and excitement of Halloween, and we will also be discovering the new season that has arrived. We will be enjoying a lot of outdoor fun to explore the beautiful colors and smells of fall. This gives us a great opportunity to explore our senses involving some great science experiments. I am excited to watch the children discover the beauty of nature and the world that surrounds them.

A reminder, we also specialized in our cultural component in the program, the direction during this season is the Western Doorway, the Color is Black the Sacred Medicine is Sage and the Seven Grandfather Teachings in the west direction during this season is Honesty & Humility.

We recently had our Annual Child Care Inspection Renewal. Our Program Advisor Julie, from the Ministry of Education – Early Years Division was on site for inspection, and I’m proud to say that we continue to be rated as a Tier One Child Care facility - which is a good sign.

Wednesday, October 28, 2015 is Annual Child Care Worker & Early Childhood Educator Appreciation Day in recognition of the education, dedication and commitment of child care workers to children, their families and quality of life of the community.

If you see any of the daycare staff acknowledge them and thank them for the work and dedication they are doing and showing.

For more information on the mandated document of How Does Learning Happen? Ontario’s Pedagogy for the Early Years, please see the following website which will provide an opportunity to explore the documents released in great detail and the “Best Practice” for the child care center, through play based learning.

Maamwe Kendaasing’s new ECE Assistants - Christina Recollet, Jo-Ann Esquimaux and Danielle Pregent

http://www.edu.gov.on.ca/childcare

Supply Staff
The Maamwe Kendaasing Child Care is looking for supply cooking staff. If you are interested, please call 705-285-7777 for more information.

HOURS OF OPERATION
FEES WILL APPLY LATE PICKUPS
8:30 am - 3:00 pm: Working (FT) both Parents
8:30 am - 5:00 pm: Working (FT) Single Parent
8:30 am - 12:00 pm: Working (FT) Single Parent
8:30 am - 12:00 pm: Single Parent

OPENINGS
Toddler Program (1 ½ to 2 ½ year olds), contact the Child Care Centre or come by and pickup an enrollment application.

Baa maa pi!
Aaniin Bemaadizijig

As we say Baamaapii to Waabaabagaa Giizis and welcome Bnaakwi Giizis, we continue to move forward on many areas.

Community Consultation on Cannabis

We are finalizing plans to host a Community Consultation regarding the legalization of Cannabis. This session will be hosted at the Manitoulin Hotel & Conference Centre on October 13-14, 2018. The consultation session will kick off on Friday, October 12th with a community feast at our Community Center at 6pm.

The agenda is currently being finalized and the confirmed presenters to date are from Health Canada, the Province of Ontario and Public Health Sudbury and Districts. Each presenter will share their knowledge on cannabis.

There is a lot of material out in the public regarding cannabis and we have invited people to help disseminate this, so that our community has the tools to be well informed. Keep in mind, there are many moving parts which are not included at our session such as the Cannabis Economy and Jurisdiction. Other community sessions are being planned to share this information at a future date.

The final agenda will be completed shortly, please plan to join us on October 13th and 14th. Busses will run each day to the Manitoulin Hotel & Conference Centre.

Elevated Storage Reservoir

Our new Water Tower has made APTN national news and the story aired on APTN on September 26, 2018. APTN interviewed Chief Shining Turtle and Andy Recollet on what the new Water Tower means to the community. This is very positive story which is being shared coast to coast, you’ll find the link to the story below.


Thank you to all the people involved in the construction of this project, which remains on schedule and is the result of much hard work. We are currently finalizing the plans for the opening ceremonies. Look for more information to follow.

Solstice

September 22nd was the first day of Fall and Ceremonies were carried out to honor this day and to be thankful for everything provided. The next solstice ceremony will be held on December 21st.

Band Custom Election

The vote for the Whitefish River First Nation Election Code is on September 29th and I would like to say Chi-Miigwech to the working group, Councilor Mark Shawanda, Anastasia Cywink, Marilyn Stevens, Tracy Megowanabe, Martin Bayer, Esther Osche and Leslie Manitowabi-Recollet for all your hard work on our Band Custom Election.

Upcoming Events / Items

1. Annual Bobcat Run - October 11th
2. Community Ceremonies - October 16th-19th
3. Anishinabek Education System Technical Committee: posting will be out shortly

Access to Fuelwood on Treaty Land

WRFN community members have access to fuel wood on our Treaty Lands, most are located by Fox Lake Road, all of the sites have easy road access. There is a mixture of wood ranging from Maple, Ash, Poplar, Birch, Cedar, Pine, Spruce and Fir. I encourage people to take advantage of this. There are no fees or permits required in accessing your wood. Maps of all the areas are available, please come see the Band Manager.

I am always available to the community, please feel free to drop by for a visit and have a Mkade Miskodiimnin Naaboo (coffee) on us. You can also email me at ajacko@whitefishriver.ca or call me at 705-285-4335 or my cell at 705-863-3027.

Nahaaw, Baamaapii Miiimwa Kawaabmin

Missed an issue of The Rezound? Find them online at www.whitefishriver.ca

The ever-changing horizon of Whitefish River.
Chi Miigwetch on Whitefish River First Nation Election Code

Thank you, on September 29th, 2018 the people of Whitefish River have spoken.

We are delighted to report that, the majority of voters of Whitefish River First Nation members have voted in favour of controlling our own elections through a Whitefish First Nation Election Code. This includes the processes set out in that Election Code which call for future elections to be conducted, monitored and controlled by the people of Whitefish River First Nation, not the Federal Government. We are grateful for your support and for the hard work of everyone who participated in the development of our own Election Code by attending engagement sessions, providing your comments, and coming out to vote in the referendum. We are happy with the Election Code we put forward and are pleased that so many of you share that feeling. This is indeed a historic moment for our community.

As I have visited many homes over these past fifteen years, there has always been the consistent message you gave me: you work hard, you care deeply about our community and you exercise your democratic rights. The turnout and the results of the referendum show that you all care very much about Whitefish River First Nation, and it is a privilege to serve people who care so much about our community and each other.

As we go forward to meet the great opportunities we face, we will continue to listen, for listen we must as we all go forward, learning together, as we meet these great opportunities.

I say to all our Citizens, however you voted, miigwetch for being thoroughly engaged in this process. As your Chief and Council, we take our pledge to serve you very seriously. Please continue to let us know, as you always have done, when you have concerns about your community. Please remain involved in the community as so many of you have been in the development of the new Election Code. Our strength as Whitefish River First Nation is in our membership and collective commitment to the well-being of each and all.

Sincerely,

Chief Franklin Faliboski

WHITEFISH RIVER FIRST NATION
174 Rainbow Ridge Road, PO Box 188, Birch Island, Ontario P0P 1A0
TEL (705) 285-4335 FAX (705) 285-4332 www.whitefishrivernation.ca

Statement of the Vote
Referendum Vote for Whitefish River First Nation Election Code

<table>
<thead>
<tr>
<th>Referendum Vote</th>
<th>Election Code</th>
<th>Total Votes Received</th>
</tr>
</thead>
<tbody>
<tr>
<td>NO</td>
<td></td>
<td>80</td>
</tr>
<tr>
<td>YES</td>
<td></td>
<td>108</td>
</tr>
</tbody>
</table>

Number of valid ballots cast: 198
Number of rejected ballots: 0

I declare that I have correctly counted the votes cast and I have performed all other duties required of me.

Signature of Electoral Officer

Statement of the Vote
Referendum Vote for Whitefish River First Nation Election Code

Opening Night
Wednesday, August 29th at 7pm
Debajehmujig Creation Centre
43 Queen Street, Manitoowaning

Artists featured until October 27, 2018 include, Tessa Ominika, Santanna J. Eskawkwog, Sandy Jacko, Heather Manitowabi, R. Nikki Manitowabi, Dolly Peltier and Carrianne Agawa.
Every Child Matters at Shawanosowe School.

Delilah & Lily walk in solidarity.

Amelia, Arlo, Violet & Greg showcase their dance styles at KTEI’s 8th Annual Fall Harvest Festival.

Joyce sews a ribbon skirt at the 7 Fires Youth & Elders Centre on September 19th, 2018.

Miigwetch to everyone who supported June’s fundraiser for her 2018/2019 Happiness is Dancing Season!

1st Place
Murray McGregor

2nd Place
Keith Rutledge

3rd Place
Keith Nahwegahbow
Lucy has a bug’s eye view.

Veronica and Ben Pitawanakwat inspect the displays at the Fall Harvest.

Arianna, Naomi and Jessica braved the drizzly weather to explore the KTEI Harvest festival.

WRFN elder Sylvia Shawanda enjoys a relaxing moment at the Fall Harvest.

Shawanosowe School’s Grade 3/4 class celebrate a bountiful harvest.

Kindergartners explore traditional medicines through hands-on learning.

Lucy has a bug’s eye view.
My name is Esther Osche. As the Trust Coordinator for the Whitefish River First Nation Boundary Claim Trust Working Group, I provide a monthly report on the activities of the Trust Working Group and our engagement with members on the development of a draft Trust Agreement. The Trust Working Group have completed their revisions and have submitted the draft trust agreement to the Chief and Council for approval.

Purpose of a Trust Agreement for the Whitefish River First Nation:

A Trust Agreement is a Rule Book that preserves and protects the settlement offer funds for today’s and future members.

A Trust Operates as a separate legal entity and its function along with Trustees, are limited to receiving the Settlement funds, investing the Trust property and, making an annual payment to the First Nation. The decision to determine how to spend the annual payment is left up to the community and is outlined in the Trust Agreement.

The Trust Working Group's Role in the Development of a Draft Trust Agreement: The Working Group provides representation and input into a draft Trust Agreement template. They will accomplish this with input from the members at community engagement sessions.

Community Engagement Sessions Report: As previously reported in the September Update, the community engagement sessions to develop the draft trust agreement are now concluded. The Trust Working Group submitted their Report on the Community Engagement Sessions and expected Next Steps to the Chief and Council for review and approval. The Chief and Council approved the Report at their September 18, 2018 Band Council Meeting. The Report will be posted to the Community Website and made available upon request to the Trust Coordinator by email at eosche@whitefishriver.ca or, by telephone at 1-800-265-4335

Trust Working Group: The Trust Working Group met on August 28, 2018, and approved and recommended a number of Trust items for approval to the Chief and Council. At their September 18, 2018, Band Council meeting the Chief and Council approved the Trust Working Group’s final draft of the Trust Agreement and the Terms of Reference for a Trustees Selection Committee. The approval of both documents by the Chief and Council marks the reaching of a major milestone in the trust developments. These items will now wait upon the outcome of other discussions that support the trust work. Congratulations to all participating members, the Working Group, Leadership and technical advisors for pulling together to reach the best possible outcome to create a completed draft trust agreement that is acceptable to present to a Vote.

TRUST NAMING CONTEST: As previously reported in the September Update, The Trust Working Group had decided to forward the three name submissions received to date to the Chief and Council for the final trust name selection. We are happy to announce the first prize winner is Barbra Nahwegahbow with the trust name submission of Niigaan Naabidaa meaning "Let’s Look Ahead".

Following is Barbra’s explanation for arriving at the trust name she submitted:

"Niigaan Naabidaa – Let’s Look Ahead – This name will remind us to always look ahead when making decisions, to make decisions that will ensure a better future for our community and especially for our community’s children, to look at how those decisions will impact future generations, those yet unborn and to make only those decisions that will be beneficial for them. This honors the teachings of our ancestors who instruct us to think 7 generations ahead. This name implies that not only will we look to the future, to the ones who will come after us, but we also look to the past, i.e., the wisdom of our ancestors, the ones who came before us."

"I believe this name can serve as a useful tool for not only those involved on the Trust Committee as well as Chief and Council, but for all community members."

Prizes were also issued for second and third place winners. Miigwetch to all who participated.

Referendum Vote for Ratification of the Trust Agreement: There are no updates to provide at this time. The Chief and Council continue their discussions with Canada on the finalization of the Settlement Agreement.

**IMPORTANT**

Collection of Member Addresses

You can send a letter addressed to:

Trust Coordinator
P.O. Box 88, Birch Island, ON P0P 1A0

or, email at eosche@whitefishriver.ca or, telephone call at 1-800-265-4335 and request to be put on a mailing list to receive important information on future Trust developments. Miigwetch and Thank You to everyone who has participated so far to update your mailing and contact information. Please help spread the word to family and community acquaintances to update their contact information by contacting our office at the number and email address provided above.

Questions? We encourage member feedback and questions at all times throughout the trust development process. Please send a letter or, email to the above-noted mail and email addresses to the attention of Esther Osche, Trust Coordinator. A response will be prepared and sent back to you. Miigwetch and Thank You to all those members who have sent in your inquiries so far.

The WRFN Trust Process Chart: The process chart has been revised to take into account our recently completed tasks. Please note, the October and November Referendum Vote Timelines are placed as “tentative” at this time. Further updates will be provided and the Chart will continue to be subject to change in a future edition to accommodate the plans for the Referendum Vote to approve the Trust Agreement.

Please help spread the word to family and community acquaintances to update their contact information by contacting our office at the number and email address provided above.
Economic Development Officer
Keith Nahwegahbow

Fire Arms Training
Ahni, I’ve been hearing a lot about Fire Arms Training in the past couple of weeks. I usually look at training activities as it pertains to Employment and Training. If you would like to participate in this type of training please let me know as we might be able to find a way to offer the course at a reduced rate. I would also be interested to know any other types of training to offer.

Recap about OFNEAC (Ontario First Nation Economic Advancement Conference).
This year the buzz was around the legalization of cannabis and how this is going to impact First Nations. Other notable discussions included climate change and the economy, developing capacity in the resource sector, and social innovation. The social innovation always sticks out to me as it ties back into social enterprises which I keep mentioning. People want to know that their money is going to a cause, whether it’s a social or environmental issue. Today it seems like successful businesses have social innovations attached to it.

Caterers of WRFN
I have been dealing with various departments and outside organizations requesting a list of caterers in Birch Island. I think it’s fair when there are opportunities at various events for all the local caterers to take turns providing their services to the community. If you are a caterer please contact me to include your business on the list. I will also include all caterers on the local business directory as well.

I would also like to mention that there is now office space available in our corporation building (located along Highway 6). If there are any business owners looking for affordable office space close to home contact me for more information.

For more information and if you have questions, please contact myself, Keith Nahwegahbow at the WRFN Administration Office at 705-285-4335 ext. 216 or via email at keithn@whitefishriver.ca.

If you are interested in this program and want additional information, contact:
Gail Jacko
Food Security Coordinator
Whitefish River First Nation
(705) 285-4354

Savannah McGregor samples some fresh applesauce at KTEI’s Harvest Festival.

ATTENTION HUNTERS!

Whitefish River First Nation is seeking your assistance with our Fall Wild Meat Harvest.

In exchange for a portion of the wild meat, we will pay for your deer or moose to be dressed.

If you are interested in this program and want additional information, contact:
Gail Jacko
Food Security Coordinator
Whitefish River First Nation
(705) 285-4354

ATTENTION ANGLERS
TAGGED FISH MAY HAVE BEEN RELEASED IN YOUR AREA

Please help the A/OFRC and your community learn more about the population, growth rates, and life cycles of fish species in your area.

If you catch a fish with one or more tags, PLEASE REPORT THEM TO:
Curtis Avery at 705-472-7888 ext. 6 and include the following:
- Tag number(s)
- Tag colour(s)
- Fish species
- Fish length
- Fish weight
- Location of capture
- Time and date of capture
- Whether the fish was harvested or released alive

Your cooperation is greatly appreciated!

ATTENTION ANGLERS

The A/OFRC is a not-for-profit organization that serves as an independent source of information for communities within the Anishinabek Nation. The Centre provides information and recommendations for sustainable fisheries management, reports on stock status, evaluates stresses on fish populations and habitats, and offers technical support.

For more information on this and other projects, please contact the Anishinabek/Ontario Fisheries Resource Centre:
755 Wallace Road, Unit 5, North Bay, ON. P1A 0E7.
Phone: 705-472-7588. Fax: 705-472-6333.
Email: aofrc@aofrc.org. Website: www.aofrc.org

KCHI MIIGWECH FOR CALLING IN YOUR TAGS!
Learn the ‘3 Keys to Housing Success’

RENTSMART BASICS (YOUTH)
RentSmart Basics is a course developed specifically for young people on the unique challenges and opportunities they face when renting. Through RentSmart Basics you will learn strategies to create a healthy, successful tenancy in your rental home.

WHEN: Monday, October 29 & Monday, November 5, 2018 @ 3:30 pm
WHERE: Band Council Chambers
REGISTER: Kim Laundrie, Tenant Counselor

Contact information:
705-285-4335 Ext. 213
kiml@whitefishriver.ca

All Furnaces Should be Serviced Annually To Ensure That It Is Running Properly

When: October 29th & November 5th, 2018
Where: Band Council Chambers

Please contact the Housing Dept. to pay your fee and get on the list
We will schedule dates once we have received enough interest.

UPCOMING EVENTS
Nov. 20 & 21

OIL FURNACE CLEANING (Monteolin Fuels) $169.95 - Must pre-pay to get on the list

We had originally scheduled two days in September, but only had enough interest for one day. They are now booking into November. Please contact the Housing Department by November 1, 2018 if you are interested.

UPCOMING EVENTS
Nov. 2018

LETS MAKE A WILL & POWER OF ATTORNEY
Fred Bellefeuille, Barrister & Solicitor 10 AM - 3 PM
Please call the Housing Department to schedule an appointment. If you have seen Mr. Bellefeuille previously, you need to schedule an appointment to sign off on your document(s) and have it witnessed, if necessary.

Process for Housing Construction on First Nations

1. All new housing construction must have stamped drawings signed off by either an Architect, BCIN (Building Code Identification Number) Qualified Designer or Engineer with proof of liability insurance.

2. Plans must be sent to UCMM for plans review. Plans will be scanned and the noted “designer and proof of liability”. Review will take 2 weeks for approval.

3. Site plan must be undertaken prior to construction of the home. Soil bearing capacity may be required prior to construction and shall be confirmed by others. Services to site will be noted during the site visit.

4. Environmental Health Officer from BC Branch Health Canada (Franz Mahmod) for Sewage system is to be notified and approval by Health Canada for sewer system to the size of home if applicable.

5. Inspections Process:
   • Pre-inspection after excavation for soils.
   • Inspection of footing prior to concrete application.
   • Foundation inspection of Insulated Concrete Forms prior to concrete for rebar placement or other type of foundation.
   • Inspection prior to backfill of foundation for weeping tile.
   • Inspection prior to concrete application for under slab of basement or crawl space.
   • Framing inspection complete with exterior finishes.
   • Rough-in inspection of services prior to insulation or vapour barrier.
   • Insulation and Vapour Barrier inspection.
   • Final prior to occupancy. Upon completion all inspections and deficiencies at the final inspection an Occupancy Certificate will be issued by the inspector that the home is compliant with the National Building Code (NBC).

Note(s)
If any deficiencies are noted on site. They must be corrected immediately and re-inspected so that construction can continue.

Changes, alternative solutions and/or remedies must be submitted by the contractor and First Nation prior to the work being done for proper code review.

Code compliant inspections do not take into consideration quality of workmanship as poor workmanship can still pass the requirements of the NBC. Workmanship lies within the Authority having jurisdiction.

All buildings shall follow the latest edition of the National Building Code.

All First Nations should have copies of the code.

All contractors and First Nation Construction crews should reference the code for compliance.

Exterior Decks have been an area of concern and should be designed by #1 listed above or by the constructor of the deck, by submitting a sketch and details of the deck construction prior to start for review and approval. It is the responsibility of the deck builder to meet all areas of code compliance.

Information Provided by: UCMM Technical Services, June 2018
Aanii Kina Wiya!

I am happy to announce that Sterling McGregor is our newest member of the Community Energy Committee and will serve as the youth representative. I am really looking forward to the insight that Sterling will provide and the perspective that she will bring to the Committee. With that being said, there is room for another youth member on the committee.

Now that Fall has arrived, it might be time to start thinking about extra measures you can take to prepare your house for winter. Your house is constantly exchanging air from inside to outside and outside to inside. It will lose air though windows, doors, attic, and even through the walls. As the temperature starts to drop, there are a few inexpensive things that you can purchase and install in your home to slow the air exchange and ensure that your house stays warm and cozy.

• Change the filter on your furnace. You should change your furnace filter every month. It is also a good idea to have a qualified furnace fixer conduct a tune up on your furnace to ensure that it runs efficiently in keeping your house warm.
• Purchase a plastic film to put on your windows. Once you have the film measured to fit the window, and figure out a how to place the sticky strip on the plastic, it is easy to put up. This will provide an extra barrier to slow the air exchange from occurring at the windows.
• Installing a blanket specifically made for water heaters and insulation for your pipes will help to keep your water warm once it has been heated up. While you’re warming up your pipes, you might as well seal your air ducts.
• If you notice any other air leaks, you can seal them with caulk. A door sweep will also help to ensure you home is air tight.
• Finally, switch the direction of your ceiling fan, so that it spins in a clockwise direction.

You can also review the Fall Maintenance Checklist by Home Advisor for additional ideas to ensure your house is winter ready.

I would recommend purchasing your energy saving items during Deal Days which is from October 5 to November 4, 2018. During this time, participating retailers offer energy saving devices at a discounted price. Visit https://www.hydroone.com/saving-money-and-energy/deal-days and https://saveenergy.ca/Consumer/Programs/DealDays.aspx for more information.

You also can go to https://www.affordabilityfund.org/ to sign up to receive free energy saving devices. If you need to find qualified fixers or retailers, you can purchase and install in your home to slow the air exchange from occurring at the windows.

To prevent drafts and to lower heating bills you can contact me for help to sign up.

If you have any questions or ideas that Whitefish River may be able to pursue in the Energy Sector please feel free to contact me at (705) 285-4335 or by email at energyadvisor@whitefishriver.ca, or stop by the administrative office. You can also ask your Community Energy Committee members.

As always, remember to turn off the lights when you leave a room that is not in use.

Gii Waabmin Miinwaa!

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Community Energy Advisor - Tania Jacko

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**FALL HOME MAINTENANCE CHECKLIST**

- **GUTTERS AND DOWNSPOUTS**
  - Clean gutters and downspouts frequently throughout the fall to prevent buildup of leaves and other debris. Neglected gutter can lead to wood rot problems and pest infestations, not to mention raised gutters.
  - Be sure water is not coming down behind gutters and that all support brackets are securely in place.
  - Ensure that water drains properly and doesn’t pool. Pooling can cause damage to foundations, driveways, and walkways.

- **DOORS AND WINDOWS**
  - Change summer screens to cool weather storm windows and doors.
  - Inspect and repair any loose or damaged window or door frames.
  - Install weather stripping or caulking around windows and doors to prevent drafts and to lower heating bills.

- **PLUMBING**
  - To prevent pipes from freezing and bursting, ensure that the pipes are well insulated.
  - Know how to locate and turn off the water shut-off valve in case pipes do freeze.

- **HEATING SYSTEMS**
  - Replace the filter in your furnace.
  - Consider having a heating professional check your heating system to ensure optimal performance and discover minor problems before they turn into costly repairs.
  - Clean your ducts to better your heating system’s efficiency as well as to reduce household dust and to provide relief to those with respiratory problems.

- **LANDSCAPE AND HARDWARE**
  - Although grass appears to stop growing in the fall, the roots are actually growing deeper to prepare for winter. Now is the best time to fertilize and reseed your lawn.
  - Growing deeper to prepare for winter. Now is the best time to fertilize and reseed your lawn.
  - Trim any tree limbs that are dangerously close to power lines or the roof of your house. Heavy snow and ice can cause damage in the winter.
These past few months have been busy, so first, I would like to say Migwetch to Community members for being patient with their requests in the Lands Department. This month, I am providing information on Requests for Lands Use.

The WRFN Lands Department is responsible to oversee all land activities, this includes, requests for access, fishing/hunting, timber and other activities on the land. Community members, are encouraged to contact the Lands Department when you are planning any type of activity or Land Use, whether it be on Reserve Lands or “Treaty” Lands.

Land Allotments – You must be a registered Citizen of Whitefish River to be eligible for a Land Allotment for either Residential Use or Recreational Use. Lands identified as Sacred or Industrial are not available for Land Allotments. On April 3, 2018, Chief and Council have lifted the Moratorium on Land Allotments for the southern portion of the Reserve. A land moratorium remains in effect for lands in the Northern Portion until a land use plan has been completed. Citizens are required to follow “Whitefish River First Nation Land Allotment Policy” approved November 24, 2003 when requesting land for Residential or Recreational use. Copies of the Land Allotment Policy are available in the Lands Department and available upon request.

Request for Land Transfers – When a Citizen wishes to transfer their land to another Citizen, you must submit a written request to the Lands Department in order to start the Land Transfer process. Matrimonial Real Property Forms, and Confirmation of Citizenship are mandatory requirements to transfer Land.

Should the land be held in Estates, a written request from the Administrator or Executor of the Estate is required, along with a certified True Copy of the approved Will or Probate of Will. If the individual did not have a Will, then you would be required to contact the Indigenous Services Canada Sudbury Regional Office at (705)622-6523 to set up an appointment to identify an Administrator or the Executor of the Estate. A land transfer cannot be processed until an individual has been appointed as the Administrator/Executor of the Estate.

Any questions regarding Lands, please do not hesitate to contact me at (705)285-4335 or by email at kathleenm@whitefishriver.ca
ENTITLEMENTS:

INDIVIDUALS ENTITLED TO BE ENROLLED AS FULL CITIZENS IN THE WHITEFISH RIVER FIRST NATION UNDER ARTICLE IV - CITIZENSHIP:

4.1(1) The following persons are entitled to be enrolled in the Citizenship Register:
   a) Any person whose name appeared on the Band List maintained by the Department prior to the coming into force of this Code.
   b) Any person, both of whose parents who are enrolled as citizens; or
   c) Any probationary citizen who has been granted full citizenship pursuant to section 7.2

(2) A person is entitled to be enrolled in the Citizenship Register if that person has at least one parent who is a citizen, providing both that parent's parents were also citizens

(3) Any person who is a child, born on or after April 17, 1985, one of whose parent is a citizen and both parents consent to the enrollment

INDIVIDUALS ENTITLED TO PROBATIONARY CITIZENSHIP UNDER

ARTICLE V – PROBATIONARY CITIZENSHIP:

5.1(1) The following persons are eligible to make an application for Probationary Citizenship:
   a) Any person who is a citizen of another First Nation
   b) Any person who is married to a citizen
   c) Any person, one of whose parents is enrolled as a citizen
   d) Any Indian who is a descendent of a citizen

PLEASE REFER TO THE WHITEFISH RIVER FIRST NATION CITIZENSHIP CODE FOR A DETAILED DESCRIPTION OF ENTITLEMENTS. THEY ARE AVAILABLE IN THE MEMBERSHIP OFFICE.

POSTINGS:

Attached is a list of individuals, as well as their entitlement according to the Citizenship Code, who have requested citizenship with Whitefish River First Nation.

The omission, addition or deletion of any name from the Citizenship Register by the Enrollment Clerk may be protested within thirty (30) days by the person affected thereby or any ten electors, by a written notice of protest to the Citizenship Advisory Committee. The notice of protest shall contain: the grounds of the protest, and the names and signatures of the persons protesting.

All written objections must be received within thirty (30) days of the date listed at the top of this report.

INDIVIDUALS WHO HAVE APPLIED FOR CITIZENSHIP WITH THE WHITEFISH RIVER FIRST NATION:

FULL CITIZENSHIP:

<table>
<thead>
<tr>
<th>Full Name</th>
<th>Article</th>
</tr>
</thead>
<tbody>
<tr>
<td>Haisley Juniper Lola Jacko</td>
<td>4.1(1)(b)</td>
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<tr>
<td>Marlene Ann Paibomsai</td>
<td>4.1(1)(b)</td>
</tr>
<tr>
<td>Liam William John Bowles</td>
<td>4.1(1)(c)</td>
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<tr>
<td>Joan June Crozier</td>
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<tr>
<td>Gordon Ronald James Corbiere</td>
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<td>Mary Jane Smith</td>
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<td>Jamie Lee Martin</td>
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<td>Jonas Theodore Adam McGregor</td>
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<tr>
<td>Elizabeth Ann Fox Beaudreau</td>
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<td>Raine Alexander Assiniwe</td>
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<tr>
<td>Novalee Nilbinn Assiniwe</td>
<td>4.1(3)</td>
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PROBATIONARY CITIZENSHIP:

<table>
<thead>
<tr>
<th>Full Name</th>
<th>Article</th>
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</table>

THE FOLLOWING INDIVIDUALS HAVE BEEN REMOVED FROM THE ACTIVE CITIZENSHIP REGISTER:

DELETIONS:

Heather Mary Jacko
“Winter is coming” are you ready? Has your furnace been serviced? Or if you burn fire wood, do you have enough for the upcoming winter and have you had your chimney cleaned? All these types of items we should be starting to think about. Have you disconnected your garden hose? Had your septic tank emptied? Winter is coming, and according to the Farmer’s Almanac, it is predicted to be what is called a normal winter. With the climate changing all over the world, what is normal nowadays? The Almanac predicts winter temperatures close to normal with above normal snowfalls.

As reported in the last month’s Monster Garage, WRFN is starting a Solid Waste Study to determine the future of the existing landfill and what to do once or before it reaches capacity. One of the major issues with operating our own landfill is not only protecting the environment but funds to operate properly with a monitoring system in place. Funding has always been an issue with many of the programs funded by Indigenous Services Canada (ISC). Funding formulas are followed to determine the amount of funding for different assets. Unfortunately, these formulas are very outdated and programmed unfairly to the First Nations. An example is our landfill program, based on the ISC funding formula it should cost approximately $55,000 per year to operate the landfill properly. But the formula only funds 20% of the $55,000 which is approximately $11,000 per year, the balance of the cost to operate is to be covered by user fees meaning me and you. The 80% difference is an argument for the political leaders across the Nation to argue, with ISC finally starting to listen and to say to the First Nations “prove it”. This process has already started with other areas of Operation and Maintenance programming such as Water Treatment Operations and Public Roads Maintenance. This funding argument will be a long and tedious process for the leaders to fight for, to ensure programming is fair and adequate. Indigenous Services Canada does have programs in place that offer different options to operate the landfill and other areas within Operation and Maintenance programs. This is called a Ministerial Transfer Service Agreement. This program will pay 80% of the cost to haul our refuse off the First Nation to a certified landfill site. These types of programs and funding is beneficial to the First Nation as it would reduce the cost of operating a landfill site and reduce the risk of negative environmental impacts on the landfill site and surrounding areas. The Solid Waste Study will gather information and input from the community members to help determine the path our First Nation is going to follow. This will be done with information sessions, questionnaires, a series of open house information sessions and data gathering. During the study, we will also be focusing attention on waste diversion, a more detailed plan for the recycling program, possible curbside pickup, and a household hazardous waste program etc…. look forward to more information regarding WRFN developing a more Sustainable Development Program.

If you have any questions or concerns regarding this report do not hesitate to contact my office or drop a line at publicworks@whitefishriver.ca

NOTICE

Whitefish River Water Plant Operations has scheduled the semi-annual fire hydrant flushing on the following dates:

- Monday October 15th, 2018
  - Shawanoswe Street
  - Bay of Islands Road
  - Red Eagle Road
  - Apple Valley Lane
  - Rainbow Valley Road

- Wednesday October 17th, 2018
  - Start by the Water Tower Maple Heights Road
  - Finish at Maple Heights Road & Rainbow Ridge Intersection

- Thursday October 18th, 2018
  - Rainbow Ridge Road

This annual maintenance is required to insure the fire hydrants and water mains are working properly and helps ensure any stagnant water is removed from water mains.

If you are a resident on these streets you may notice water pressure changes and discoloration of the water; if the changes remain after this maintenance exercise is completed run your cold water tap until the water clears up.

If discoloration persists call the Water Plant at 705-285-0007 or Public Works Office at 705-285-4335

Miigwetch,
Whitefish River Public Works Department

---

Miigwetch to Lafarge for hosting the 44th Annual Fish Fry

The community of WRFN always looks forward to this amazing event!

Chi-Miigwetch!
**CALL FOR LNHL COMMITTEE MEMBERS**

Volunteers are needed for the LNHL Committee

It’s time to prepare and continue with fundraising efforts to send our Warriors’ Teams to the 48th Annual LNHL on March 11th - 14th, 2019.

If you are interested in volunteering your time for the LNHL committee, please submit your name to Arf Jacko, Band Manager by October 19, 2018.

Volunteer Coaching Staff and Hockey Players:
Registration forms for the 2019 LNHL are available at Administration Office (contact the Receptionist to request a form). Registration forms will also be available on the WRFN Warriors est. 2012 Facebook Page

For more information on mandatory coaching and trainer’s requirements, please visit the Manager’s Corner at www.lnhl.ca.

Pet Care & Tips

Meow everyone!

Well, Fall is fast approaching and the leaves will start changing for another season. My cats are doing fine and Tom is still coming around every day to get his food. I had to discipline him the other day because he was picking on Fabio. With the cold weather approaching, soon I will be getting the little houses I have for them cleaned out before it snows. BJ, is the only one who usually stays in one or the other, but lately he has been coming inside. The cats still use them during the winter days when they go out on to the deck. I have joined a Facebook group for people who love cats and show pictures of them. I find it very interesting. I guess the Humming birds are almost gone, as I have not seen any the last few days. I imagine there will be a few stragglers, so I leave my feeders out until the end of the month. It is also that time to start taking down my flower baskets and planters for another year. I used to leave them until after Thanksgiving, but since I can’t do much anymore I like to get things done early. I can’t believe how fast it get dark now in the evenings, it’s only three months until Christmas. My raccoon still comes around and he answers now when I call his name. The cats are getting used to him. His is getting big and looks like a big brown fluffy ball. Another school year has started and I hope everyone keeps an eye out for the students on the road while driving around.

Some Cat Facts:

- Carlyle was a Siamese cat given to Fred Astaire by Kim Novak, his co-star in The Notorious Landlady (1962). Astaire named the cat after Novaks character in that film.

- The Bengal cat is a cross between the domestic tabby and the wild Asian leopard cat. It must be at least three generations separate from its wild ancestor to have a good temperament.

- Cats can get bored. They show their boredom by excessive licking, chewing, or biting. Social cats that are neglected can become depressed.

- A cat that bites you after you have rubbed its stomach is probably biting out of pleasure, not anger. My late, Kahfra use to do that to me when I rubbed her tummy and Webby Debby does that also when I give her a little rub.

Well, that is it for another month, I’d like to send Birthday and Anniversary wishes to all the people who are celebrating in October. When you get this Turkey Day will have been over so I hope everyone had a nice Turkey Day. Remember to visit our elderly, shut-in and sick I am sure they will enjoy that. Watch out for our pets on our roads and streets and also our children. Remember to get all your pets fixed to help keep the pet population down in our community.

She-Pet Elizabeth, Empress Farrah and Webb Debby. (The girl cats.)

Luka, Tinker, BJ., Francis and Fabio. (The boy cats)

And me the Big Cat,

Dennis L. McGregor
October is upon us and we are now moving to cooler days and evenings. On September 22nd the Fall Solstice ceremonies were conducted. Our Administration once again completed another round of ceremonies to welcome the fall season and to appease our spirits of our territory. This year ceremonies will include a special ceremony for Cannabis. I can report that in the month of September, a great deal has occurred including;

a) New Elevated Storage Reservoir Construction
b) Work on the Land Claim Trust process
c) Work on Land Claim Process
d) Election Code voting on Sept. 29th
e) New Daycare plans for Shawanosowe School
f) Our Community Wellbeing work - ceremonies
g) Landfill Site Assessment Project
h) Fall Solstice ceremonies
i) AFN Meeting on Rights Framework
j) Return to School
k) Every Child Matters Day
l) Community Dinner with Minister of Community Safety
m) Robinson Huron Treaty Celebration in Shawanaga
n) Community Safety

We are happy to announcing funding in the amount of $183,000.00 to complete our Landfill Site Assessment. Our landfill site is rapidly approaching its design life. In anticipation of this, Council is taking the proactive approach to seek your input to find alternatives to the current landfilling process. We have retained WSP Engineers and Planners to carry out the study with our Public Works Department.

Council has also identified October 12–14, 2018 as the time we will need to begin our community discussion on Cannabis. We want to remind everyone, this is the beginning of the process. We as Council committed to engagement and we are very pleased to have these dates provided as the start our journey. We look forward to your participation.

As we move forward Chief and Council continue to be focused on;

1) Community Wellness
2) Education
3) Economic Development

We are unwavering in our efforts to move forward on well-being. Well, we are making incremental progress, much work remains to be done and no challenge is too big for our community to overcome. So, speaking of Wellness, Council has had to deal with the Federal Government Legislation on legalization of Cannabis. After careful consideration, we feel that a moratorium is in order until we can work together to unpack the implications of this legislation. We know there has been a lot of confusion about the legalization of cannabis for recreational use. The Canadian federal government has announced a date of October 17/2018 for lifting the criminal penalties on possession for personal use, but, importantly, that doesn’t deal with how and where it can be sold. This is something Ottawa has left to the provincial governments to regulate. The provincial process is in its early stages with suggestions that there may be licensed private distribution by April of 2019. Until then, any sale or distribution by private parties will remain illegal. Where does this leave us as Whitefish River Anishinaabe Nation citizens? Unfortunately, neither our federal nor our provincial government partners have yet consulted us on this issue to discuss how distribution might be authorized on reserve and what tools we need to make sure that this is done responsibly. But we do know that in exercising our own authority, and in making our own laws, we need to proceed cautiously and in the best interests of our citizens. We need to hear everyone’s concerns and ensure that the most vulnerable are protected and that the most vulnerable are protected and that the most vulnerable are protected and that the most vulnerable are protected.

Our provincial government partners have a responsibility to the communities on reserve and what tools we need to make sure that this is done responsibly. But we do know that in exercising our own authority, and in making our own laws, we need to proceed cautiously and in the best interests of our citizens. We need to hear everyone’s concerns and ensure that the most vulnerable are protected and that the most vulnerable are protected and that the most vulnerable are protected.

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So, while we start the gathering of information, one investment that we can all make towards this issue, is to end the language of negativity and myriad of rumours and untruths, together! Let’s begin by starting to repair our relationship. Let us rise as one to meet this defining challenge so that future generations, basking in the sunlit uplands of tomorrow, might thank us for that investment that puts our community first.

On behalf of Council, we wish all our citizens a wonderful Thanksgiving!
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<tr>
<th>NAME</th>
<th>JOB TITLE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>Franklin Paibomsai</td>
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<tr>
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<td>Tania Jacko</td>
<td>Community Energy Advisor</td>
<td><a href="mailto:energysdvisor@whitefishriver.ca">energysdvisor@whitefishriver.ca</a></td>
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<tr>
<td>Raymond Francis</td>
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<td>Doreen Jacko</td>
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<td>Michael Aelick</td>
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<tr>
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<td>Community Wellness Worker</td>
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<tr>
<td>Crystal Clark-McGregor</td>
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<td>Arlene Pitawanakwat</td>
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</tr>
<tr>
<td>Courtney Laundrie</td>
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</tr>
<tr>
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<td>Cliff Jacko</td>
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</tr>
</tbody>
</table>

**SHAWANOSOWE SCHOOL: (705)-285-1311**

<table>
<thead>
<tr>
<th>NAME</th>
<th>JOB TITLE</th>
<th>EMAIL</th>
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</thead>
<tbody>
<tr>
<td>Daniel Stargratt</td>
<td>School Principal</td>
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</tr>
<tr>
<td>Cara McGregor</td>
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<tr>
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<tr>
<td>Rick Legrow</td>
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<tr>
<td>Tiffany Gagan</td>
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<td>Victoria Meuleman</td>
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<td>Bonnie Nahwegahbow</td>
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**MAAMWE KENDAASING CHILD CARE CENTRE: (705)-285-7777**

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<tr>
<th>NAME</th>
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<tbody>
<tr>
<td>Cheryl Shawanda</td>
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<td>Blanch Recollet</td>
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**LIBRARY: (705)-285-1888**

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<tr>
<td>Evelyn Jacko</td>
<td>Librarian</td>
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## October 2018

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<tr>
<td>Elders Centre Chair Exercises - (1-3)</td>
<td>Elders Centre Soup &amp; Sandwich (Noon)</td>
<td>Elders Centre Chair Exercises - 1-3pm</td>
<td>Elders Centre MOW’S Thanksgiving Day Luncheon 12-1:30pm</td>
<td>Elders Centre Crafts-1-3pm</td>
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<td>BINGO</td>
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<td>Fall Community Clean-up 10am-12pm</td>
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<td>AA Meeting</td>
<td>WRFN Offices Closed</td>
<td>Elders Centre Soup &amp; Sandwich Puzzles/Board Games 12-2pm</td>
<td>Elders Centre Cribbage - 1-3pm</td>
<td>Elders Centre MOW’S - 12-3 pm</td>
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<td>Elders Centre Baking Christmas Cake 1-3pm</td>
<td>Elders Centre Soup &amp; Sandwich Baking Christmas Cake 12-3pm</td>
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<td>Elders Centre MOW’S Baking Christmas Cake 12-3pm</td>
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<td>Elders Centre Fall Wreath Making 1-3pm</td>
<td>Elders Centre MOW’S Fall Harvest Feast &amp; Activities All Day - Comm Centre</td>
<td>Elders Centre Fall Wreath Making 1-3pm</td>
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<td>AA Meeting</td>
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### Birthday & Anniversary Wishes!

- **Happy Birthday to my Love, Jarrod on October 19th**
  - Love Adrianna
- **Happy Birthday to my Daddy!**
  - Love your Sonny Boy, Rory
- **Happy Birthday to my Sonny Man, Jarrod KIRK on October 19th.**
  - "Live Long & Prosper" Love Always, Mother
  - PS. Suki & Jingle too
- **Happy Birthday to Jarrod on October 19th.**
  - Love from your brother Zach, your sisters Sam & Selena & your favourite nephew Jeremiah
- **Another year to create precious memories together.**
  - Another year to discover new things to enjoy about each other.
  - Another year to strengthen a marriage that defines forever.
- **Happy 11th anniversary Aaron on October 6th!**
  - PS. Toast & Jam, Bread & Butter, You can’t find one without the other! Love Leslie
  - Happy Anniversary Aaron & Les
  - XOXO Kett, K.C & family
- **Happy Birthday to my husband and best friend Happy 20/10!**
  - Love Tammy
  - Dear Bonnie
  - Let us always meet each other with a smile, for the smile is the beginning of love.
  - Happy Anniversary Franklin
  - Dear Eli
  - As sons go, we could never have asked for a kinder, stronger, intelligent, or more thoughtful young man than you. As parents go, you could never have found two who adored you more than us. You will always have our love and support.
  - Happy 14th Birthday!
  - Love Dad and Mom
- **Happy Birthday Wishes to:**
  - Damon on Oct. 2nd
  - Lulubelle on October 31st
  - Happy Birthday and to our granddaughter Tahnee!
  - Love Nana & Papa
- **Happy Birthday to Dave Love Debbie, Mark & Family**
- **Happy Anniversary to my hubby of 29 years, Brian. Another year of being awesome together. Heart October 7th. Love, Karen**
- **Happy Birthday to my brother Kelvin (Peter) on October 24. Enjoy the day, beer o’clock after work! Cheers! Love, Karen**
- **Birthday wishes for my Daughter Kiara Dokis on October 2nd! Love Mom**
- **Happy Birthday to the Paibomsais who celebrate in October**
  - * Frank, * Isaac *
  - * Clarence, * Saika *
  - * Katherine, * Rose *
  - * Joseph *
  - Love, Mabel
- **Happy Birthday to my sister Joann & brother Dave Happy Anniversary to my godmother love and support. Happy 14th Birthday! Love Dad and Mom**
- **Happy Birthday to Jarrod on October 19th.**
  - Without the other! You can’t find one without the other! Love Leslie
- **Happy Anniversary to the best Mom/Mimi anyone can ask for on October 31, 2018. Love, Christina, Jesse and Liam**
- **Happy Birthday to my Wonderful, Beautiful mom Elaine Recollet on October 27th. Love your daughter V-a**
- **Belated Birthday wishes to our daughter Cheryl on September 28th. Love always Mom, Dad & Brothers**
- **Happy Birthday to my grandchildren; Devon on October 2nd Mackenzie on October 11th D.J. on October 27th Love Grandma & Grandpa**
- **Happy Birthday to my husband Mark on October 12th. Your wife Debbie Wanting to send out Big Birthday wishes to the best sister and auntie ever Siara Dokis October 2nd 2018. Love, Christina, Jesse & Liam**
- **Sending Birthday wishes to my wife Karen on October 7th! Love Brian**
- **Eli, It may be a good thing, or it may be a bad thing. They definitely broke the mold when you were born. Love you much, Aunt Tammy, Uncle Dan, Nask & lila**

* Birthday & Anniversary Wishes!*

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**Community Calendar**

[Calendar Image]

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**Birthday & Anniversary Wishes!**

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  - Love Dad and Mom
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  - Damon on Oct. 2nd
  - Tahnee on Oct 19th
  - Carrie and WA. on Oct 31st
  - Hope you gals have a spooktacular day!
  - And to my godmother Lulubelle on October 31st
  - From Katt, Craig and Family
- Happy Anniversary
  - Mike ‘n Tah on October 10th.
  - XOXO Craig, Katt and family
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**Community Calendar**

[Calendar Image]