The Rezound

Gimaamiikwenmin
“I’m so proud of you.”

Waabgonii Gìizìs proved to be a busy month in Whitefish River First Nation. Family Fun Day, graduation ceremonies, dances, outdoor movies and harvesting were just a few of the many in-person activities that kept our community members engaged all month long. Congratulations to all our graduates and miigwech to the many programs who worked overtime to host the many family friendly events. Aapji-go-nishin. It is very good.

Please note that the deadline for submissions for the next issue is Friday, July 29th, 2022 at 4:30 pm. Miigwetch!
rezoundeditor@whitefishriver.ca

“A Place of Visions and Dreams”
**July 2022**

**WRFN Health Centre**

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**Jamie Duncanson, Community Health Nurse - Monday to Friday (Afternoons)**

**Talon McGregor, Community Health Nurse - Monday to Friday (All Day)**
THURSDAY JULY 21ST
7PM
WRFN BALL FIELD
PRE-REGISTRATION IS PREFERRED. DROP-INS ARE WELCOME.
SCAN THE QR CODE ABOVE, EMAIL EWISEMAN@WHITEFISHRIVER.CA OR CALL (705) 285-4354 FOR
MORE INFORMATION.

Congratulations to the Thunder Sisters for completing the 34 km Current to Killarney Canoe Challenge!

Outdoor Family Movie night was a treat for all ages!

Are you a single parent?
Need some self care?
Do you live in the Community?

TO PROMOTE INTERNATIONAL
SELF CARE DAY
Join Tina on a road trip to Sudbury
for a basic spa manicure & pedicure
in Sudbury July 22nd 2022
* Bus leaves at 9 am
* Subway lunch will be provided

OPEN TO FIRST 10 single
parents that live within the
community.

MORE INFO:
T Rowe - Mental Health & Addictions Worker at (705) 863-3187 or
mentalhealth@whitefishriver.ca
World Hepatitis Day
July 28, 2022

Aanii dash? Because most people who have it, have no symptoms and don’t even know they have it.

Aanilish Health Centre
Aanilish Piip July 28th
9 AM to 3 PM
$25 gift certificate to the first 20 people who test

T Rowe
705-863-3187
mentalhealth@whitefishriver.ca

Seniors Navigator - Gail Pelletier

We are now in our second quarter of community programs and services at the WRFN Health Centre. Last month we invited community members to submit a picture of themselves wearing purple and sharing a short statement for World Elders Abuse Awareness Day on June 15th. This day is marked each year in June to acknowledge the significance of elder abuse as a public health and human rights issue. On June 30th and July 1st, we were able to go out and harvest birch bark in the Killarney area. This bark will be used by several programs in the community including the Cultural program at the WRFN Family Well-being Centre, Community programs here at the Health Centre and for cultural learning at Shawanoswe School. As you may notice, we have put up a teepee at the Health Centre. This will be used for ceremonies and traditional healer consultations and a place to provide teachings in this setting. There is a lot of activity during the summer months. Programming for Seniors happens at the Seven Fires youth and Elders Centre on Tuesdays, Thursdays and Fridays. This month activities will be starting earlier in the morning. Please see the poster for the exact times.

For more information contact me at 705-863-2558 or through WRFN Health at 705-285-4335, ext. 213.

Seniors 65+

Upcoming July Events

Tuesdays
12th 19th 26th
11 AM
Senior’s Social
Prize Bingo at Noon

Thursdays
14th, 21st, 28th
10 AM
Health & Wellness Workshops

Fridays
15th, 22nd 29th
9am - 2pm
Craft Day
Door Prize Draw

Seven Fires Youth and Elders’ Centre
Snacks ...Socializing....Get Active...Get Crafty
Contact Gail Pelletier at 705-863-2558 or through WRFN Health at 705-285-4335, ext. 213, for more information.

Bobbi-Jo and Carter speak up against Elder abuse.

Lila and Lucy learn traditional methods of Birch bark harvesting with Mark Eshkawkogan hosted through WRFN Health.

Mental Health and Addictions Worker, T Rowe, held a Drop-in Narcan training session.
Education Manager- Stephen Nahwegahbow

Boozhoo, from the Education Department. Summer is here and that brings another academic year to an end. This year has been challenging once again for all and it shows the resilience and perseverance of all the students.

High School and Post-Secondary graduates of the 2021-2022 Academic Year please contact the Education Department at 705-285-4335 or education@whitefishriver.ca to request a Graduation Application to receive recognition for your achievement. An event to recognize the achievement of graduates is scheduled for August 18th, 2022.

CONGRATULATIONS!!! To all the successful graduates from Grade 8 and 12. The community is so proud of your hard work, dedication and commitment.

The Education Department hosted a Family Fun Day on June 13, 2022 where we got to see everyone have a great time, from the participants, facilitators, and staff. Chi-MIgwetch to Chief Shining Turtle and Principal Tiffany Gagan for their kind and positive leadership and school and community spirit. Chi-MIgwetch to all the staff for their participation and help to make this wonderful event a success where we had approximately 150 community members in attendance.

LIBRARY AND RESOURCE CENTRE
The WRFN Public Library and Resource Centre is now open. Be on the lookout for programming and services that are coming up.

For more information please contact me at snahwegahbow@whitefishriver.ca or call the Education Department at 705-285-4335, ext. 209. The Education Department wishes everyone a safe and happy summer!!

Re-engagement Success!

The RDSB FNMI Re-Engagement program is provided through EHS and offered to WRFN residents looking to earn their high school diploma (OSSD). This is an outreach program to support students in their home community.

If you are aged 18+ and need high school credits to earn your diploma, you are eligible to register and attend the program which is supported by an OCT certified secondary teacher. The teacher is on location at the WRFN library 3 days per week to support student learning. This program fast-tracks credit accumulation through two programs, PLAR and MPLAR. These programs offer students the ability to earn up to 26 credits based on prior learning and life experiences! Since 30 credits grants you your diploma, the PLAR and MPLAR programs can get you there in no time! The schedule for students to attend is based on personal preference. Some students prefer to work mostly from home, while others attend very regularly. This program is self-directed, teacher-supported.

The academic details are tailored to each student and in discussion with the teacher, an academic plan is developed together.

SUCCESS STORY
In September 2021, WRFN community member Jake Wilder joined the Re-Engagement program. Congratulations Jake! Jake regularly attended the WRFN library to complete his assignments. Regular attendance and communication between teacher and student has proven key in many success stories, like Jake’s. As a learner, Jake was motivated, hard-working and self-driven. Credit after credit, as he pursued and continued to reach his academic goals, Jake kept on smiling. Jake, you should be so proud of all your hard work on the path to becoming a 2022 graduate!
Happy Graduation to Aurora!

“You’ll have your obstacles, no doubt, but whatever gets in your way, find a different route.”
– Ella Dacey

We’re super proud of you and know that you will be ready for what the future holds for you.

Love Mom & Dad

Congratulations to AB Ellis graduates Aurora Megwanabe-McGregor & Lucy Paibomsai! Pictured (l-r): WRFN Education Manager, Stephen Nahwegahbow, Aurora, Lucy & Chief Shining Turtle.

Congratulations to Samuel Irwin for graduating Six Nations Polytechnic, and being awarded the Harvey Longboat Award for highest overall average, and Vina Loft Award for highest first year average in Mohawk language!

Congratulations to Espanola High School graduates Jacob Wilder, Raven Shawanda & Rayna Recollet!

Congratulations to Lo-Ellen Park Secondary School graduates Eli Paibomsai & Avery Sutherland!
Maamwe Kendaasing Early Learning & Innovation Centre

Aanii Kina wiya!
Candace here coming to you from our Pre-K class. June was action-packed and full of fun! On June 13th, the WRFN Education Department held a Family Fun Day. Breaha, Juniper, and Willow stood high up on their slide hill and could see the activities starting to unfold at the recreation fields; they gave us a play-by-play as they noticed the bouncy castle expand and the tents go up. The children’s excitement was lovely to see; the smiles, laughs, and community togetherness. It was something we all had missed.

Over the next couple of weeks, we will be investigating insects! The children have been exploring the outdoors daily, finding moths and other crawling insect friends. Through observing the children, we’ve noticed the children’s ongoing fascination with insects; to maintain this, we added materials such as insect fossils, and insect colouring sheets and brought magnifying glasses outside to observe the insects up close. The children found a chi-moth outside the infant room door; we later found that it is called a Big Poplar Sphinx Moth, this moth caterpillar’s host plant is poplar trees, cottonwood and willow trees, and the caterpillar goes underground to pupate. WOW, Fascinating stuff!

Our daycare garden is also underway. Lincoln, Bentley and Jersey helped Miss Candace plant sugar snap peas and sunflowers seeds along the play yard fence. We will be planting cucumbers and nasturtiums (edible flowers) as well. Cyndil and Josie are having fun in the toddler room. The toddlers are exploring water play indoors that extended to outdoors. On the hottest day of June, we set up the water tables and brought out our new water toys; the children played and splashed around to cool down. Water play develops social skills, as they play side by side and communicate their excitement and experiences. Water play also develops sensory and cognitive development. The children pouring, scooping and splashing develop their senses and teach them movement and develop their awareness.

Nooz Gizhigat was celebrated by the children creating various gifts and crafts, such as cards, picture frames, placemats and key chains. We are excited to welcome new staff members to our Centre this month; the children are really enjoying the new faces.

Baamaapii!

Early Learning Coordinator - Caitlin Pitawanakwat

Aanii community!
I hope everyone had a great month of June. Between community workshops, events and training, the month flew by!

At the beginning of the month we held a Ribbon Skirt making workshop that was open to community, hosted in partnership with Mnaamodzawins’ Maternal and Child Health program. Participants were able to complete a ribbon skirt in the one day under the guidance of Alicia McGraw. It was heartwarming to hear who the kwek were making skirts for and for what purposes... some created for their daughters, and others were planning to use their skirt for upcoming ceremonies. We also held Part Two of the Childrens T-Dress making workshop under the guidance of Sophie Poussant, which was the final night for the workshop. Between the skirts and the T-Dresses that were completed, each turned out beautifully and it was amazing to see the focus and care everyone put into their creations.

Some additional highlights of June were the Family Fun Day, the Playgroup Meet & Greet, the Father’s Day Grab & Go Tea and our Prenatal Workshop with Noojmowin and Mnaamodzawin.

With summer now here, I’ll be spending the next couple of months assisting in our Summer School Age program within the Early Learning Centre. I’m looking forward to spending time with the children and working alongside the other educators in planning many fun and exciting summer activities. There are definitely some awesome workshops and field trips in the works that I think the children will really enjoy! However, throughout the months I will also have some fun, family oriented, seasonal take home kits available for pick-up at the Early Learning Centre, so keep your eye out for the flyers and announcements.

As always, if you have any questions, comments or ideas you’d like to share, don’t hesitate to reach out to me at the Early Learning Centre. I can be reached at (705)285-7777 or by email at caitlinp@whitefishriver.ca.

Miigwech, Cait Pitawanakwat

The Preschoolers loved the balloon creations at Family Fun day.

Bentley enjoyed bubbles at playgroup.

The Bouncy castles were a hit with Jersey!
The Bobcat

Aanii Kina Waya! Summer is officially here! The ladieslippers and many other wildflowers are out; the mosquitoes may be here, but so are the fireflies! Waabgonii Giizis flew by, of course, with so many events and activities taking place over the course of the month...

Friday Afternoon Activity Fairs got underway, with students able to choose a one-hour workshop in either: Introduction to Baseball with Ms. Gagan and Ms. Natasha, Gardening with Ms. Fairbairn, Mindfulness through Drawing with Ms. Dani and Mr. Whitaker, or Exploring Structures with Mr. S. and Mrs. Spanos. We also had guest presenter Mr. Ryan McGregor, WRFN Community Energy Champion, sharing Robotics Workshops. Chi-Migwech, Ryan!

Our first ‘Bobcats Swag’ winners were celebrated at a Morning Circle this month. Congratulations go out to:
Noah – for excellent leadership during land-based learning. Noah frequently thought of the needs of others and helped both staff and students over challenging terrain.
Tyler – for sharing words of encouragement with others, particularly by cheering on runners during Fit Friday!
Leo – for demonstrating commitment to a healthy activity by having PERFECT ATTENDANCE at Multisport Club for the entire year! These students were each presented with one of our brand new Bobcats baseball caps.

A special thank you... ...to Crystal, Paige, Edward and the Family Well-Being Department for continuing to actively support our students this term. Chi-Migwech!
... to Esther Osche and Sophie Pheasant for their time and knowledge with our students throughout the month of June! Chi-Migwech!
... to Leslie Recollet and Stephen Nahwegahbow for planning an exciting Fun Day for our students and families during our PD Day on Monday, June 13th! It was a highlight for our students!

We had a beautiful graduation ceremony for our SK and Grade 6 graduates on Thursday, June 23rd. Congratulations to Keelo, Charlotte, Liam, Alanna, Daisy, Braelyn, and Waylon for graduating from senior kindergarten. We are excited to see what you will accomplish in Grade 1! We would also like to congratulate all of our Grade 6 graduates and wish them all the best as they embark on a new journey at AB Ellis for Grade 7. Congratulations to Paul, Memphis, Melody, Kylie, Amber & Realyn. Your future is so bright!

We would like to say Migwech to all of our sponsors for our Grade 6 graduation awards: Anishinaabemowin Award: Sponsored by George Gardner
Recipient: Memorial Shawanda
Math Achievement Award: Sponsored by Lignum Builders
Recipient: Melody Hester
Community Spirit Award: Sponsored by Donald McGregor Family
Recipient: Melody Hester
Attendance Award: Sponsored by Marguerite Shawanda Family
Recipient: Paul Jacko
Healthy Awareness, Healthy Choices Award: Sponsored by Mariette & Greg Sutherland
Recipient: Amber McGraw
Seven Grandfathers Award: Sponsored by Lillian Pitawanakwat Family
Recipient: Realyn Corbiere

Science Award: Sponsored by David Nahwegahbow
Recipient: Memphis Shawanda
Literacy Award: Sponsored by Paul Jacko
Technologies in Education Award: Sponsored by Paul Jacko

Realyn Corbiere

Land & Environmental Learning Award: Sponsored by Realyn Corbiere
Art & Creativity Award: Sponsored by Paul Jacko

Shawanooswe Kinoonmaagegamik
Miin Giizis 2022
Aanii Parents/Families

As June comes to an end, so does another great school year! On behalf of Shawanosowe School staff, I would like to wish all of our students and families a safe and relaxing summer holiday!

Our new school year is set to begin on Tuesday, September 6, 2022. As you may be aware, this will bring a change in school leadership. While it has been a pleasure leading the school as Principal, it has also been a challenge due to the Covid-19 Pandemic. As such, I am very excited to be returning to my true passion which is teaching in the classroom. That being said, I will also be taking a leave of absence from teaching at Shawanosowe School for the upcoming school year to pursue an opportunity within the Provincial School system.

The past 6 years at Shawanosowe School have been the most rewarding experience. I have greatly enjoyed building relationships and memories with the students, their families, and the community. I have felt welcomed and have witnessed your commitment to the education of your children. For that, I would like to say Chi-Migwetch for all your support, kind words and encouragement.

Please be assured that in the interim, we will find the best possible candidate.

It is not goodbye but instead, baamaapii kawaabwin.

Migwetch.

Sincerely,

T. Gagan

Tiffany Gagan

Miss Gagan took the plunge with the help from her students at the Family Fun Day dunk tank!

Congratulations to our Shawanosowe School graduates! Once a Bobcat ... always a Bobcat!

Miss Cummings’ Kindergarten class.

Miss Fairbairn’s Grade 1/2 class.

Mr. Spanos’ Grade 3/4 class.
Shawanosowe Kinoo maagegminik

Shawanosowe School
Class of 2022
Alanna
SK Graduate
What do you love about school?
Eating lunch with my friends
What makes you happy?
When friends share with me
What do you want to be when you grow up?
A teacher

Shawanosowe School
Class of 2022
Braelyn
SK Graduate
What do you love about school?
I love doing math and playing
What makes you happy?
Reading with my big brother Braxton
When I grow up:
I want to be a pet doctor

Shawanosowe School
Class of 2022
Charlotte
SK Graduate
What do you love about school?
I love my teachers
What makes you happy?
My kitty Blondie makes me happy
When I grow up:
I would like to be a doctor that works on teeth! A dentist

Shawanosowe School
Class of 2022
Daisy
SK Graduate
What do you love about school?
I really love forest school
What makes you happy?
Love makes me happy
When I grow up:
I would like to be a fire girl (Female fire fighter)

Shawanosowe School
Class of 2022
Keelo
SK Graduate
What do you love about school?
I love the swings and playing outside for recess
What makes you happy?
Dancing and playing with legos makes me happy

Shawanosowe School
Class of 2022
Liam
SK Graduate
What do you love about school?
I love to eat, I love playing with toys and going out for recess
What makes you happy?
Toys make me happy, and my mommy
When I grow up:
I want to work in a costume store to help my family

Shawanosowe School
Class of 2022
Waylon
SK Graduate
What do you love about school?
I love playing basketball
What do you want to be when you grow up?
I want to be a police officer
What makes you happy?
I like playing with Braxton
Congratulations to the Graduating class of 2022!

**Shawanosowe School**  
**Class of 2022**

**Amber**  
Grade 6 Graduate  
**Favourite way to relax:**  
Listen to music  
**Favourite way to have fun:**  
Hanging out with friends  
**Favourite season of the year:**  
Fall because there are no mosquitos and it's not too hot or cold

**Shawanosowe School**  
**Class of 2022**

**Kylie**  
Grade 6 Graduate  
**What is your favourite subject in school?**  
I like Math  
**What is your favourite colour?**  
I like blue and purple  
**What is your favourite sport or hobby?**  
I like making crafts

**Shawanosowe School**  
**Class of 2022**

**Melody**  
Grade 6 Graduate  
**Favourite way to have fun:**  
Play in Gramma's yard with my cousins  
**Favourite movie:**  
22 Jump Street & LaBamba  
**When I grow up:**  
I would like to be the first Native woman to play in the NFL

**Shawanosowe School**  
**Class of 2022**

**Memphis**  
Grade 6 Graduate  
**Favourite sport or hobby:**  
Playing hockey  
**Favourite subject:**  
Language Arts & Math  
**When I grow up:**  
I would like to be a Business man or join the Military

**Shawanosowe School**  
**Class of 2022**

**Paul**  
Grade 6 Graduate  
**My favourite way to relax?**  
Is to play outside  
**My favourite way to have fun?**  
Is to play outside  
**My favourite season of the year?**  
Winter and summer because I can go sledding and the snow is fluffy or crusty, you never know the type of snow you'll get

**Shawanosowe School**  
**Class of 2022**

**Realyn**  
Grade 6 Graduate  
**Favourite way to relax:**  
Listen to music  
**Favourite movie:**  
The Little Mermaid  
**When I grow up:**  
I would like to be a teacher
Community Energy Champion, Ryan McGregor shared energy saving tips and STEM toys at Family Fun Day.

Family fun in the sun.

Bouncy castles, food and friends at Family Fun Day.

Danielle and Alanna play a friendly game of Ladder Ball.

Bouncy castle racing for all-ages.

It was a tight minnow race between Caitlin and Jeremiah.
Sophie & Melissa try their hand at the art of tie dying at the Who’s Crafty tie-dye booth!

Cultural Coordinator, Cheyanne Pitawanakwat shared her knowledge of fish leather.

Even Leo’s excellent follow through couldn’t dunk the chief!

Family Fun Day gave the community a much-needed opportunity to visit and catch up with friends, new and old.

The future is so bright in WRFN Health and Economic Development they have to wear shades!

Andy, Stephanie, June & Gemma brought Tahness to her first WRFN Family dance.
Mii Giiżis 2022

VIRTUAL FAMILY KITCHEN
Explore ways to cook healthy, delicious food with fresh, seasonal produce.

July 21, 2022
5:00 PM-6:30PM
Via Zoom
Menu:
Chicken Alfredo

TO REGISTER CONTACT
EDWARD PAIBOMSAI
FAMILY RESOURCE WORKER
EDWARDP@WHITEFISHRIVER.CA

10 SPOTS AVAILABLE

Dancing, food and door prizes brought all-ages out to the Family Dance.

Carson, Sydney & Blake took a turn on the dance floor at the Summer Kick-off Family Dance held on June 30, 2022.

July 22, 2022
CHILLIN & TUBING
5727 Nickel Offset Rd, Chelmsford, ON P0M 1L0

Invitation to WRFN Families
If your family is interested in participating, please sign up before July 20, 2022 by 4:00 PM.

Things to keep in mind:
- The experience may be approximately 2 to 4 hours long, depending on the wind and weather
- All parents are responsible for the safety of their children at all times. DRINK PLENTY OF WATER while tubing. Drink at least 1-2 bottles of water per hour while floating to help prevent dehydration.
- LIFE VESTS are not provided but mandatory. For children, ALL NON-SWIMMERS, inexperienced swimmers and ANY swimmer who questions whether to wear a life vest!
- Once you enter the river you MUST get to the designated exit point. There is NO other place to get out.

Transportation will be provided by bus
Departure from the Community Centre for 8:30 AM and returning at 8:30 pm on July 22 & Snacks will be provided.

To Register Contact:
EDWARD PAIBOMSAI
FAMILY SERVICES WORKER
EDWARDP@WHITEFISHRIVER.CA or 705-285-1941

Whitefish River First Nation Presents
Family Fun Day at the Beach
Tuesday JULY 26, 2022
From 1:00PM - 6:00PM
Please meet us at Sandy Beach! Floaties, Picnic, Beach Games & much more.

For more information contact: Edward Paibomsa at edwardp@whitefishriver.ca or 705-285-1941
An in-person Shawanosowe graduation brought families together to celebrate.

A delicious pizza luncheon was served at Family Fun Day.
Aanii, Boozhoo,
Summer is upon us, and the mask mandate for all the buildings and programs have been lifted. We encourage everyone to continue to be mindful regarding the spread of Covid. Now, perhaps more than ever, it’s really important that we think about how our actions affect others.

They railway survey results and the Lafarge Lease information sessions are taking place July 5th, 6th and 7th. The railway survey was sent out via mail, through links in Constant Contact, on the website and Facebook starting in June 2021. In October 2021, the survey was taken door to door in the community and sent out on the WRFN app. Lands staff also conducted one on one interviews with Elders. The survey was designed by Shares Value Solutions to identify the current and potential future use of the railway corridor to aid in the process of retrieving those lands and adding them to reserve. Mitchell Avis and Alison Gamble from Shared Value Solutions will be presenting the results to community members in Toronto, Sudbury and Birch Island. Community members in Toronto will also have an opportunity to learn about the work done on the Draft Lafarge Lease from Joshua Favel of Olthuis Kleer Townshend LLP. These presentations are the result of the cumulative work done by the WRFN Lands team, Councillor Esther Osche and Chief Shining Turtle.

The Niigaan Naabidaan Trust Community Development Bank Account Working Group will also meet with community members in Toronto, Sudbury and Birch Island to hear your ideas for spending in the areas of Education, Health, Culture, Economic and Community Development. Your ideas will help form a plan for the Community Development Bank Account. If you are unable to attend any of the Niigaan Naabidaan Community Conversation sessions, you are encouraged to email trust@whitefishriver.ca with your ideas.

Currently, WRFN Public Works staff is delivering fuelwood to those community members that responded to the call out in March. There was a delay in the process due to mechanical failure. To offset the costs of cutting the cords of wood, WRFN has an agreement with Corbiere Construction to purchase what is remaining. Close to 300 cords of wood went out to the community. Migwech for your patience and understanding.

I wish everyone a safe and great summer. As always if you need to get a hold of me my cell number is 705-863-3294 or my email is band-manager@whitefishriver.ca.

Be Safe, Be Well, Be Kind.

LOTS OF LOVE AND RESPECT AND MAY THE GREAT SPIRIT LOVE AND PROTECT YOU TO THE END OF TIME.
~ Chief Dan George ~
IT'S CONTEST TIME!

"Name That Road"

Chief and Council invite you to submit your suggestions to name the road for the new subdivision.

Deadline: Friday, August 19/22 @ 4 pm

Submit your entries to:
Sandy Jacko, Band Manager
Whitefish River First Nation, Birch Island, ON P0P 1A0
bandmanager@whitefishriver.ca

great prizes to be won!!
Economic Development Officer - Stuart Wilson

The PD day and some fantastic weather combined for an awesome Family Fun Day. I had a great time getting to meet the community and talk about our summer student positions. I also had a door prize draw at my information booth and I wanted to sincerely thank everyone for a great turnout. I am happy to report I had 76 entries for the prize draw. Congratulations to Braelyn, Chloe, Emily, Charlotte, Justin, June, Lynn, Tyler, Allien, and Laila for taking home the swag bags!

Business Directory: We are looking to update the business directory on our website. This is a call for all business owners and entrepreneurs whether small, medium or large businesses to please get in touch with myself at edo@whitefishriver.ca or 705-285-4335 ext.

216 for instructions on getting your business registered on the official WRFN business directory.

Alternatively, we are looking to re-establish a Casual Labour Pool for potential employers. Any community members looking to be placed on a list for casual, temporary employment is asked to send a resume and cover letter including contact information, general skills and qualifications, availability, and any other relevant information to edo@whitefishriver.ca

If there are any other questions or concerns, please do not hesitate to contact me at the office or by email.

Migwetch.

What a coincidence!

The Past:
When Avery Sutherland was a young girl of probably 4 or 5, she was taking part in ceremony at the Community Centre along with several other children. I went to attend and when I entered the hall, Avery and her Mom, Mariette, approached me and asked if I would accompany Avery with her walk around the circle. I was very honored and agreed without hesitation.

The Present:
Recently I became aware that Avery had been accepted into Dartmouth College, in Hanover, New Hampshire. Dartmouth is a highly prestigious research university which ranks along with Yale and Harvard and is one of the top Ivy league schools in the United States. It is very difficult to gain entrance into Dartmouth with only an 8% acceptance rate. The alumni include a U.S. Vice President, several Supreme Court Justices, state governors, Nobel Prize winners and numerous Senators and House of Representative members.

So what is the coincidence?
My Dad, Fred John Robinson graduated from Dartmouth College in 1931! He was a very proud alumnus and continued to be involved in the school years after he graduated. My childhood memories include my Mom, Dad, and the four of us children climbing into our station wagon for the drive from where we lived just outside of New York City to Hanover for a reunion or a family day gathering. I always got to wear his dark green sweater with the big D on the chest.

So I offer my sincere congratulations to Avery for this big accomplishment and may she enjoy her years at Dartmouth. The Robinson Family adds their congratulations to you Avery.

Ann McGregor
Lands Department

Lands and Order: Creek v. Streams

In the summer of 2022 the Whitefish River First Nation Lands Department will run its First Annual Stewardship Program. Funded by the Ontario Community Environment Fund we will start a 2-year Streams project here in Whitefish River First Nation (WRFN).

This project will form part of a larger environmental inventory for WRFN. The first step is identifying our streams here in WRFN. Over a 2-year period we will document and characterize 7 streams within the WRFN. We will use aerial imagery of the streams in different seasons. This will create baseline data for WRFN and let us monitor the success of this project over time.

Our stream restoration program uses a variety of techniques to stabilize stream banks, reestablish aquatic habitat, and prevent erosion and sediment pollution. Restoration efforts generally employ natural materials such as rocks, logs, and native vegetation to reduce pressure on eroded banks and prevent down-cutting of the stream bed, which provide long-term protection.

This will improve habitat and water quality by narrowing the streams to increase depth by using natural materials. This will in turn, create more flow which will helps to carry unwanted sediment downstream and create more habitat. The project will also include transplanting trees and planting shrubs to help repair the riparian zone as well as restoring fish and aquatic habitats by installing clean pea gravel in certain locations in our streams. By reinforcing the stream banks and creating buffer strips we will help to reduce nutrient run-off. The project intends to protect a significant headwater stream by building a bridge over a well-used ATV path that runs through the stream.

At the end of the summer the Lands Department will host a Community Beach Clean-Up Day at Sandy Beach 2. This will conclude this portion of the project. For more information about the Streams project please contact the Lands Department at 705-285-4335.

These rookie pitchers took a turn at trying to dunk Chief Shining Turtle at the Family Fun Day Dunk tank.
The Public Works Department is responsible for the ongoing maintenance of all band owned assets and infrastructure based on a daily, weekly, monthly and yearly schedule. This also includes delivery of services such as curbside pick-up, janitor services, water treatment, water delivery, and maintenance of the holding tanks, and seasonal maintenance of the roads (i.e.: snow plowing, grading and sweeping). The Maintenance Staff are also required to attend up-grading and training as it pertains to the Public Works. In addition to Operations and Maintenance the Department is responsible for monitoring the O.M. Budgets the Minor Capital Budgets and Capital Projects that are undertaken by the First Nation.

The arrival of summer signals the arrival of all our four-legged friends who are out scavenging for food to prepare for hibernation. Bears tend to go where there is an abundance of food and the old landfill site provided bears with an easy source. With the closure of the landfill site and transitioning to a transfer site only, the Black Bear has to look for food elsewhere, which means within the Community. The following are a few tips to help avoid attracting bears:
1. Put garbage in a that has a tight-fitting lid.
2. Put garbage out in the morning, not the night before.
3. A bear-resistant container, shed, or garage.
4. Regular cleaning of your BBQ.

The annual summer student program will be kicking off in July, a work plan will be developed for the students. Expect to see our summer students, cleaning and lawn maintenance around public buildings, preparing our pow wow grounds and washing the playground areas. Don’t forget to give an encouraging wave to our hard-working youth when you see them this summer!

Operation and Maintenance
• Properties
  The Public Works department looks after 14 buildings and 2 cemeteries and 2 public beaches.
• Roads
  The Public Works Department maintains 24 km of paved, gravel, and surface treated roads with Whitefish River First Nation. Some items Public Works looks for: Water collecting in ditches, loose gravel on the road and in corners, washboards on gravel roads, rutting, potholes, dust, signage, debris, line of sight (trees). The Department also provides Seniors snow removal service during the winter month.

Transfer Station
Whitefish River First Nation Transfer Station is open Wednesday 8 am to 6 pm, and on Sunday 8 am to 3 pm, and is located on Geh Teh Milikun Rd. New cameras have been installed at the Transfer Station. Should dumping after hours become a recurring issue, the site will return to restrictive weekday hours. Scavenging through the active waste by public and staff is not allowed at the site and could result in injury. There are 5 active waste cells at the transfer station and these cells should be the only place garbage is dumped on a weekly basis. If you are unsure, the Transfer Station attendant will direct you to where your item should be placed.

1. Household Waste: This bin is available for house hold garbage and is located as you drive in. There is a ramp to help with unloading your waste.
2. Construction/Demolition Debris: This bin is used for debris from construction, remodeling, and repairs.
3. White Goods: Large appliances, including but not limited to stoves, refrigerators, freezers, washing machines, clothes dryers, dishwashers, and air conditioners. Other metal will be accepted.
4. Hazardous Waste: Household hazardous waste includes solvent-based paints, pesticides and other garden chemicals, batteries, motor oils, cleaning and polishing chemicals, petrol and kerosene. These items are NOT to be placed in the solid waste bin as that could lead to environmental problems later.
5. Tires: All type of tires are accepted at the Transfer Station

Curbside Collection
Whitefish River members who receive the curbside collection service must have their garbage curbside or at the road edge for 8:30 am. Road edge is defined as:
1. Street with paved shoulders: The placement of garbage shall be in the low spot of the shoulder near the vehicular travelled path within 3 to 5 feet or 1 m to 1.6m of pavement edge
2. Streets with Gravel shoulders: The placement of garbage is within 3 to 5 feet or 1m to 1.6m of pavement edge.

Yard Waste
Yard waste is accepted at the Transfer Station just bring it in and the attended will show you where to unload. The following are NOT accepted as Yard Waste:
• Wood 4” in diameter or larger
• Lumber and wood construction materials
• Plastic bags of any kind (including biodegradable)
• Garbage of any kind

Water Treatment Plant
The current WRFN drinking water system consists of a slow sand filtration plant complete with ozonation, UV and chlorination disinfection and is classified as a Class II Water Treatment Facility with a rated filtration capacity of 6.23 l/sec. The raw water enters a lined pipe to the low lift station located in the shoreline on Red Eagle Road. The low lift station contains submersible pumps and pump controls which start and stop the pumps based on signals transmitted from the treated water reservoir at the water treatment plant. The raw water is pumped through a lined pipe to the water plant where it is treated by a pre-ozonation system, a granular activated carbon up-flow roughing filter discharging waters into the slow sand filtration tanks. This filtered water flows through UV reactors and is chlorinated prior to entering the water storage reservoirs. The total water storage capacity below the treatment plant is 349 m³ plus an elevated standpipe with a storage volume of 500m³.

Septic Maintenance Tips
THE MYTH ABOUT “FLUSHABLE WIPES”

When the Public Works Department troubleshoots problems in the septic system, “flushable wipes” are often found to be the culprit. As the wipes don’t break down with the water like toilet paper, they tend to create a blockage in the pipe. It is hard to blame the system users for flushing them down their toilets due to their marketing as flushable, however they are a major cause of sewage back-ups in every septic system. Please dispose of personal wipes in the wastepaper basket and DO NOT flush any wipe material that is not conventional toilet paper down your toilet. This will help prevent blockages that have the potential of backing up your septic system. Thank you for your cooperation.

And finally, as we enjoy our beautiful WRFN summer months, let’s remember to be fire smart! If you do spot a fire here’s what to do:
• Call 310-fire (3473) Ministry of Natural Resources and/or 911 for your local fire department.
• Know your exact location.
• Fire condition (growing, moving)
• Type of fire (camp, forest, grass)
• Size of fire (Acre, hecter or larger)

Should you have any questions about the information presented in this article, do not hesitate to contact Administration at 705-285-4335.

Miwigech.

Solar Electricity Safety Training with Michael Armstrong was offered to both WRFN Staff and community members on June 16, 2022.
A Celebration of Anishinaabe Achievement and Success

Each year the Anishinabek Nation 7th Generation Charity proudly hosts a celebration to acknowledge and recognize Anishinaabe citizens who have made a lifetime commitment to improving the quality of life for our First Nations. This year, we will be honoring the following individuals who have made a lifetime commitment to career, community, and the advancement of the Anishinabek Nation... Congratulations to all award recipients!

ANISHINABEK LIFETIME ACHIEVEMENT AWARDS

Chippewas of the Thames—Martha Albert
Kettle & Stony Point First Nation—Carmen Rogers Sr. —Kettle & Stony Point First Nation
Kettle & Stony Point First Nation—Tanya Bressette
Chippewas of the Thames—Eldon French
Chibougamau—Irene Keils
Nipissing First Nation—Freda Martel
Nipissing First Nation—Daniel Shilling—Chippewas of Rama First Nation
Whitefish River First Nation—Debbie & Gary Stewes—Atikameksheng Anishnawbek
Whitefish River First Nation—Patrick Nahwegahbow
Atikameksheng Anishnawbek—Brian Nootchta Sr.
Isadore Toulouse—Wiikwemkoong Unceded Nation

DEBWEWIN CITATION AWARD
Maurice Switzer—Alderville First Nation

2020 Anishinabek Lifetime Achievement Awards will also be presented at this event!
A list of our 2020 Anishinabek Lifetime Achievement Award recipients can be found at www.an7gc.ca

Tickets are $60.00 each. Deadline for purchasing is August 12, 2022.
Advance purchase necessary, tickets will not be available at the door.

Wednesday, August 24, 2022
Casino Rama
5899 Rama Road, Rama, ON

For more information or to purchase tickets contact the AN7GC office:
Email: an7gc@anishinabek.ca — Phone: (705) 497-9127 or 1-877-702-5200

To learn more about the Anishinabek Nation 7th Generation Charity (AN7GC) or to make a donation please visit www.an7gc.ca

Registered Charitable 489595/34718R0001

Chi Migwech to our partners!
During the month of June, we have many celebrations, Father’s Day, Aboriginal Day, Anishinabek Giizhigik, Shawanoswe School Graduation, for SK and Grade 6, Elementary School Graduations at AB Ellis and Sacred Heart Schools, Espanola High School and of course many post secondary graduation commencements. This makes for a very busy month and we can easily lose sight of just how beautiful the month of June is.

Oddly enough, even though it’s just another month, there’s a lot of history behind this month of June
1. Did you know that June, was most likely named for the goddess Juno, the patroness of marriage and child birth?
2. June 21st is Summer Solstice, and we celebrate the arrival of this day with our ceremonies.
3. June 21st is National Aboriginal Peoples Day. A holiday meant to remind Canadians of all the contributions made by us.
4. June’s full moon, the full Strawberry Moon is the year’s first supermoon.
5. The above are just a few reasons to really celebrate the whole month of June.

Over the last many months our administration has been tirelessly working on the following projects;
1. The new 15 lot subdivision project is now approved for construction. The project approval request (PAR) submission for Indigenous Services Canada (ISC) Ontario Region’s approval to proceed with the Construction Phase of the project. This PAR submission follows a previous approval from February 2021 to proceed with Design Phase (GCDCS# 89678600) and subsequent release of $200,000 to support the beginning of Design Phase. In 2021-2022 fiscal year, an additional $197,000 was released from ISC with $67,239 planned for fiscal year 2022-2023 to support the completion of Design Phase as well as time-sensitive lot-clearing activities that were approved as part of a design phase cost overrun submission #1 (GCDCS# 101828813). The pre-tender Total Estimated Cost (TEC) for the project is $6,927,466, which includes the ISC funding previously approved. The estimated cost for Construction Phase alone is $6,463,237. We will be constructing this project this year and when complete will provide housing lots for 15 new homes.
2. Temporary Waste Station - Construction Stage. Most of you have seen considerable change at the landfill site as we transition the asset from Landfill Site to a Transfer Station. Our Public Works Department is now haul ing waste to Dodge Landfill in Espanola. In the coming months, Public Works will be working at the stages of a Solid Waste Management Plan and the design of the plan.
3. New Septic Lagoon Project - With the community growth plan, the existing septic pits had outlived the useful life. This project involves evaluation of aged septic beds in the community and a consideration for alternatives to field beds. Also, part of the project will be the replacement of some septic beds and the review of the iron ductile watermain. Attached to this project is the evaluation of the existing ductile iron watermain, which was used in the 1970’s and the need to replace those sections of watermain. We are currently seeking approval from the funder on expanding the scope of the work but see construction of new septic beds/water main and closure of the septic pit next summer of 2023.
4. Shawanoswe School Air Conditioning Project - We have engaged SNC Engineers to design the necessary cooling system for the school. During the original design, the Department of Indian Affairs would not consider Air Conditioning system as part of the Heating, Ventilation and Cooling system. Today, the standards have changed and we are working to ensure the school has the required Heating, Ventilation and Air Conditioning for the students and staff. This work should be completed by early September.
5. We have-Lgnum Construction on site building 3 more new housing units through funding for CMHC. This is good news for our community as our population continues to increase and the need for housing remains an ongoing priority. The houses should be completed by October/November this year.
6. Replacement of Ozone system at our Water Treatment Plant. The existing Ozone system is aging out and a new system is required to maintain the quality of water we have all come to be very proud of.
7. The Fire Department will be getting a new rapid attack Fire Truck in 2022/23. With all the supply chain management issues, the new vehicle could be delayed until 2023. The new addition to the fleet will greatly assist the Fire Department needs.
8. The work also continues on the railway claim with Canada. Council will be reviewing the survey results and making further recommendations on next steps.
9. Highway construction work is being completed on Hwy 6 from Whitefish Falls to Great La Cloche Island this summer, which adds more traffic to an already busy highway.
10. The Niigaan Nabidoon Trust newsletter is available and is being mailed to our citizens. The Trust audit for 2020/21 has been finalized and was presented to the community in late June, via Zoom.
11. We completed our capital needs assessment for Indigenous Services Canada and those needs totalled over $200 Million dollars for existing and future infrastructure and facility needs. The Land Claim Process continues with Ontario as we now prepare to discuss land selection criteria with you in the coming months. Meeting will be scheduled accordingly to begin the dialogue with the community on land selection criteria. The month of July is upon us, enjoy all the month has to offer because we have the most beautiful territory! Chi Miligwetch

**July ** subject to change **

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Whitefish River First Nation invites you to the

27th Annual Wawaskinaga Traditional Pow Wow
August 20 & 21, 2022

"HONOURING OUR WARRIORS"

Sunrise Ceremony All Weekend
Dancer Registration - Sat. 11 am to 12:45 pm
Grand Entry - Sat. 1 pm & 7 pm; Sun. 12 pm

Dance and Drum Specials including a Warrior Special
Lil Miss & Miss Wawaskinaga Pageant - Sun. 11 am

All Vendors Welcome. Rough Camping Available. This is a drug and alcohol free event.

For more information call 705-285-4335 or email sandyj@whitefishriver.ca
Happy Birthday to Crystal on July 1st.
Love your favourite cousin Sandy!
“Dinner is on me!”

Happy Birthday Mom, I hope you have an amazing day celebrating you!
Love Edward, William & T Ecumesc

Happy Birthday wishes to Lisa McGregor on July 2nd and Leslie McGregor on July 11th!
Love Delilah

Happy Birthday wishes to Auntie Syd on July 1st.
Auntie Tah on July 4th
Auntie Helen on July 22nd.
XOXO K.C., Braxton, Bradelyn, Lincoln, Brennan and Azalea

Happy Birthday Syd on July 1st
XOXO Mom & Dad, K.C. and Blue & Cleo

Happy Birthday Tah on July 4th
XOXO Craig & Katt.

Happy Birthday Wayne on July 6th
A.K.A Noodles, Wayne Putsik (grandpa’s NN for you)
Thinking of you.
Love you bunches Auntie Diane

Happy Heavenly Birthday to my sister Linda, on July 21st.
There is not a day that goes by that I don’t miss you.
Love you always Diane

To other family members, community members that celebrate a birthday this month,
I wish you all the best.
Live, Love, Laugh.
Best Wishes, Diane.

Happy Birthday to my sister Beaz on July 9th
Love ya, Steve & Kiara

Happy Birthday Syd on July 1st.
Love Auntie Tracy & Cal.

Happy Birthday Auntie Helen on July 22nd.
Love Tracy, Calvin, Quintin, Aurora and Leo.

Happy Birthday Squid
Love Quintin, Aurora and Leo.

Happy 79th Birthday to Edward Nahwegahbow on July 3rd!
We are so lucky to have such a great dad/grandfather!
Love, Tammy, Dan, Nakia & Lila, Bonnie, Franklin, Eli, Ira & Lucy

Happy 15th Birthday to my son Darnell on July 7th!
Lots of love Mom

**July’s Pet Profile**

**Name:**
Diego Prince Garcia

- Believes he is a distinguished gentleman.
- Will work or nap for kibble.
- Is the aoloo sibling of Nakia & Lila.

**Name:**
Ash Ketchup Nahwegahbow

- Infectiously cheerful.
- Always hungry, eats one kibble, changes mind not so hungry anymore.
- Expert biscuit maker.
- Ever watchful sibling of Lila & Nakia.

Would you like to see your beloved furbaby featured in the monthly Pet Profile section of The Rezound? Email me a picture and information of your family pet, and they may be our featured Rezhound or Rezcat! Email me at: rezoundeditor@whitefishriver.ca

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**Pet Care & Tips**

Meow everyone!
I guess everyone is into summer activities now and having fun. The cats and I would like to congratulate all this year’s graduates. We wish you all the best in the coming future and your dreams. I remember during my days growing up we only celebrated when I got to High School. Nowadays it is nice to see all accomplishments celebrated. I remember growing up I would spend my days swimming, fishing and picking berries with my Mom and sister, going on picnics with family either into the bay or out by what they call White Post, by the cement plant. On Sundays the whole family and maybe some friends would pack up food and cook it on an open fire at these various places. Those days we created our own fun with the whole family!

Now about my fur babies, the cats are doing fine and getting slimmer from being outside now except Webby Debby she does not go out that much I wish she would. There’s less litter cleaning now too. I am starting to feel a whole lot better myself so you might be seeing me bombimg around my field on my lawn tractor, knock on wood. I almost forgot I noticed I have another fur baby that showed up on my deck, Esiban (raccoon). I had one before so I am wondering if it is the same one. He became very friendly because I was feeding him. Eventually there were two of them so I think he had a girlfriend. They got pretty big and healthy by the time fall came around. I have also been feeding my Hummingbirds and my pet Raven, Charlie. I put peanuts out on my front deck railing for him, a few other ravens and also for the Blue Jays that come around.

**SOME CAT FACTS:**
- “The cat does not offer services. The cat offers itself. Of course he wants care and shelter. You don’t buy love for nothing.” - William S. Burroughs.
- The Pixie Bob is a breed of cat that allegedly originated from mating a wild bobcat and a domestic cat. The breeder, Carol Ann Brewer, kept a kitten named Pixie, that became the foundation cat.
- When rats infest the palace, a lame cat is better than the swiftest horse - proverb.
- In Medieval times, a criminal’s punishment sometimes included having his tongue cut out, with the tongue fed to the king’s pets…hence the phrase "cat got your tongue?"

Well, that is it for another month, remember to get your pets fixed to help keep the pet population down in our community. The cats and I want to wish all the people celebrating birthdays and anniversaries for this month of July all the best and happiness in the coming year. Remember to check in on our elderly or the ones not well as I am sure they will like that. Until then stay safe and have fun for the summer and remember to pray for the people of Ukraine.

From: She-Pet Elizabeth, Webby Debby and Empress Farah (the girl cats). Luka, Francis and BJ (the boy cats).

And Me: The Big cat.
Dennis L. McGregor