In his 20 years of service Chief Shining Turtle poured his heart and soul to ensuring the future generations would have a place they could proudly call home. He has been a relentless advocate for Whitefish River First Nation. From fighting HST to the successful negotiation of the Boundary Claim with Canada. His background as an engineer contributed to the growth of the community and the building of infrastructure needed for future growth. In his 20 years, Whitefish River has built 2 water towers, a new school, daycare, water treatment plant, band office and health centre. Most communities would be lucky to receive half the funding he fought for. He had a vision for the community of Whitefish River, a vision that he worked tirelessly to make a reality.

Chi-Miigwechwendam for all your dedication, compassion and love for the community.

Please note that the deadline for submissions for the next issue is Friday, September 30th, 2022 at 4:30 pm.

Miigwetch!
rezoundeditor@whitefishriver.ca

“A Place of Visions and Dreams”
During the month of September, we have had many celebrations, including our 27th Annual Traditional Pow Wow, which has been our first back since the beginning of the pandemic. Migwech to the many volunteers, helpers and staff that made the pow wow a tremendous success. Without your efforts, we simply would not have been able to carry out these events. It’s hard to believe summer is over, and we can collectively welcome the many changes that autumn brings. Cooler weather, harvest festivals and back to school, not to mention the return of our beloved Bobcat Cross-Country meet! This is sure to make for a very busy month and we can easily lose sight of just how beautiful the season of autumn is, so make sure to take in the beauty of our surroundings while we can!

**WRFN Infrastructure Projects Update**

The following is a list of projects that are either under construction or in the design stages.

1. **15 Lot Subdivision Construction** - A tender bidding has been completed and Creechette and Sons Ltd. were the successful bidders on the project. The Total Estimated cost (TEC) of Construction is $8,300,000.00 and the project is being funded by ISC. Construction is expected to start in September and take approximately 12 months. This project is part of the Community Growth Plan and will provide 15 new housing lots. In addition, this project will provide serviced commercial lots for Economic Development opportunities. This is welcome news for future economic development for our community.

2. **New Septic Lagoon Project** - To-date an evaluation of aged septic beds and the old ductile iron watermain has been done in the community. From the results, it has been determined that a communal wastewater collection and treatment system is more environmentally and technically sound than building a new septic lagoon. This will require a change in scope to undertake a Feasibility Study for this type of system. In the interim, though, current septic beds will be replaced or remediated until the new system becomes reality. Also, the ductile iron watermain should be replaced to improve watermain efficiencies.

We are currently seeking approval from the funder on expanding the scope of the work but see construction of new septic beds/watermain and closure of the septic pit next summer of 2023 and beyond.

3. **Temporary Waste Station** - Construction Stage. Most of you have seen considerable change at the landfill site as we transition the asset from Landfill Site to a Transfer Station. Our Public Works department is now hauling waste to Dodge Landfill in Espanola. In the coming months, Public Works will be working on the final stages of a Solid Waste Management Plan which includes the permanent closure of the old landfill and an expanded waste transfer station.

4. **Shawanosowe School Air Condition Project** - Construction of the new air conditioning is being done by PLA Ltd. with SNL/Calwin as the design engineers. We expect the majority of the construction to be completed by the end of August. This project is being funded through Education.

5. **CMHC 3 House Build Project** - Lumpsum construction is on-site building 3 more new housing units through funding for CMHC. This is good news for our community as our populations continue to increase and the need for housing remains an ongoing priority. The houses should be completed by Oct/Nov this year.

6. **Replacement of WTP OZONE system** - This is a critical item at our Water Treatment Plant to be replaced. The existing Ozone system is aging out and a new system is required to maintain the quality of water we have all come to very proud of. We expect to have final cost figures by the end of August and will make a submission to ISC for funding.

7. **ESR Gasket Replacement Project** - This project was started due to the ESR failure of last year. Engineers reviewed the situation and determined the gaskets had to be replaced according to specifications. The original contractor should be able to complete this work by the week of August 22nd. Funding will be applied for to ISC under the Ozone project above.

8. **Shawanosowe School Gym Floor Replacement Project** - This project is still in initial stages of developing a Request for Quote. This project should be completed this year and funded by Education.

9. **Shawanosowe School Expansion Project - KEB** - has finished a comprehensive study for WRFN education needs for the next 20 years. WRFN has initiated discussion with ISC to expand the present school for additional offices/classrooms and is seeking Design Approval Request (DAR) for the expansion.

10. **MTO Highway Drainage Impacts on Sugar Bush** - WRFN has requested a proposal from First Nations Engineering Services Ltd. to conduct a study on the potential impacts of drainage from the new highway works and 15 lot subdivision. We expect the study to commence in September 2022 and take 3 months to complete.

11. **The Fire Department** will be getting a new rapid attack Fire Truck in 2022/23. The total value of this new piece of equipment is $730,000.00. With all the supply chain management issues, the new vehicle could be delayed until 2023. The new addition to the fleet will greatly assist the Fire Department needs.

12. The work also continues on the railway claim with Canada. Council will be reviewing the survey results and making further recommendations on next steps.

13. **Highway No. 6 construction work** is being completed on the Hwy from Whitefish Falls to Great La Cloche Island this summer, which adds more traffic to an already busy highway. Work will begin on the turning lane off of Highway 6 to tie into the new Subdivision Project. The project is ahead of schedule and the paving portions will be completed this fall. This is good news.

14. **The Niigaan Nabidaan Trust newsletter** is available and is being mailed to our citizens. The Trust audit for 2020/21 has been finalized and will be presented to the community in late June, this will be done by zoom.

15. We completed our capital needs assessment for Indigenous Services Canada and those needs totalled over $300 Million dollars for existing and future infrastructure and facility needs for our growing community.

16. We are also approved for 8 new housing units starting in the 2022/24 building season. We need to have our subdivision project built in order to have available lots for the new housing starts. In addition, we have received $870,000.00 for the associated infrastructure for the housing units, this is more terrific news.

17. We are doing work on drainage improvements for the cemetery. In addition to adding sub drains to the existing cemetery, we will be receiving clean fill from the highway project to expand the cemetery. Once completed, the cemetery will be 3 times its current size.

18. The painting, bathrooms and flooring work has been completed in our community centre. The kitchen still needs work, but with some perseverance, this will become a reality.

It has been a privilege to advance our Capital Planning Studies with Government and we are seeing some terrific results. All this work is termed community development, as our population grows, we need to provide community development projects in order to maintain the growth rates of our beautiful home. We did a lot during and post COVID-19, and now we are seeing the results of that effort.

I am going fishing now.

Migwech -wen-dam
(Thankful)

**Ogimaa Shining Turtle**
Re: 15 Lot Subdivision Project # CRKVO
Project Approval Request (PAR) – Construction Phase Approval

Dear Chief and Council,

I am pleased to support the Construction Phase of the 15 Lot Subdivision Project # CRKVO that is scheduled to take place in your community with a total estimated cost (TEC) of $8,341,326. This project, based on tendered construction bids as captured in the Project Approval Request (PAR) will assist the community in expanding their residential area by creating new building lots to meet the community’s current and future housing needs.

More detailed terms and conditions will follow shortly.

Should you have any questions pertaining to this project, please contact Nico Paul, Director, Community Infrastructure at (416) 435-3785 or via e-mail at nico.paul@isc-lc纸质：

We wish you continued success with this very exciting infrastructure project.

Anne Scotton
Regional Director General
Ontario Region
655 Bay Street, 5th Floor
TORONTO ON M5G 2K4

cc: Sandy Jack, Project Coordinator, Whitefish River First Nation
Nico Paul, Director, Community Infrastructure, ISC
Shah Alamgir, P.Eng., Manager Engineering, ISC
Dan Baxter, Manager Capital Operations, ISC
Brian Armstrong, Senior Capital Management Officer, ISC
Derek Edwardson, Capital Management Officer, ISC
Cheng Deng, P.Eng., Project Engineer, ISC
Phil Stinger, Environment Officer, ISC

WRFN Staff gathered to wish Ogimaa Shining Turtle well on his next adventure.

There were clear sunny skies for Saturday’s Grand Entry at the 27th Annual Wawaskinaga Traditional Pow Wow.

A PLACE OF VISIONS AND DREAMS
August 30, 2022

Aani Friends and Family,

It is with mixed emotions that I write this letter to you today. After proudly serving as your Ogimaa for the past two decades, I have decided to step aside in pursuit of other opportunities.

I say this with my whole heart and spirit; Serving as your Chief has been one of the greatest honors of my lifetime.

It is easy to forget where we started together twenty years ago. But I ask you to look around this beautiful community we call home and to remember what we have accomplished together.

In this time, we have seen so much growth within our community. Together, we’ve built new roads, schools, and new health and wellness facilities. We’ve honored our Veterans, brought new life to Rainbow Lodge, and ensured safe drinking water for generations to come.

These are all tangible things we can hold onto. But what about the impacts that are not visible to the naked eye? I’m talking about relationships.

I have been let into the hearts and homes of so many of you, and that is what has truly impacted me the most. Yes, the Grand Openings are always fun! Who can forget the Opening Ceremony when we hosted the Little NHL? But it has always been the quiet moments of shared tears, laughter, and triumph that have propelled me to do better and work harder. It is in those moments where I see the strength, resilience, and love that I know is the foundation of our community.

Has it always been easy? No, and I would be lying if I said that it was. We have all had differences and we have all had challenges. But we have always managed to come together. I think of how we defeated HST together, or how we righted the wrongs done generations ago as we repatriated our ancestors and settled a land claim. I hear the proud chants as we cheer on our Warriors. I think of the sacrifices we all made to protect our families during COVID-19.

These are strong examples of what we can do when we work together; and I ask that you all remember those times and hold onto those feelings of love, strength, and unity.

I have had a very unique perspective over these past twenty years. We have generations of hurt. I have seen it in the tears and heard it in the angry words. Colonization has not been kind to us and true healing is a long road. This makes it hard to see that we are all on the same path.

As I move forward, I am choosing to remember the tears of joy and the sounds of laughter, because I know deep down, that is what our community is: one of love, kindness, and great pride. I ask you to remember and do the same. New roads and buildings can only carry on so far. Take our community down a new path with kindness and forgiveness, because true change must come from within.

You can reach me at 705-968-0409 for further information.

Sincerely,

Migwetch

Ogimaa Shining Turtle

WHITEFISH RIVER FIRST NATION
17A Rainbow Ridge Road, PO Box 188, Birch Island, Ontario P0P 1A0
TEL (705) 285-4335 FAX (705) 285-4532 www.whitefishriver.ca

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TEL (705) 285-4335 FAX (705) 285-4532 www.whitefishriver.ca
18th Annual Turkey Trot Challenge

Whitefish River Health Centre

STILL TIME TO REGISTER!

Eleanor Debossigt, DIHC, Mnaamodzawin Health Services
705 369-2182, ext. 232
Emily Wiseman, Community Wellness Worker, 705 285-4354

Health Centre
(705) 285-4354

September 2022

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<th>Sunday</th>
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<td>Senior Trip to Treaty Gathering in Nipissing</td>
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<td>FASD Awareness Day</td>
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<td>Senior Social PM only Dr. Cooper</td>
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<td>5-7 pm Beginner Applique Wksp</td>
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Manitoulin Mental Health & Addictions

RESOURCE NUMBERS

Kids Help Phone .......................................................... 1-800-665-6566
Pre-Crisis Warm Line (9 PM to 12 AM) ......................... 1-866-656-9276
Crisis Line (247) ......................................................... 1-877-841-1101
Manitoulin Family Resources – Shelter Services/Outreach Referral/Crisis Line .......................................................... (705)-368-2162
Health Sciences North Little Current Site – Addictions, Mental Health, and Crisis Services .......................................................... (705)-368-2162
Naaamodzawin Health Services: Sheguiandah, Whitelake River, Aundeek Omei Kaning, Sheshigewaning, Zhiibaashging ............................................ (705)-368-2162
M‘nodnionwin Health Services – M’Chigeeng ............................................ (705)-377-5347
Nadmilwin Mental Health Clinic – Wiikenmiing ............................................ (705)-859-2330
Manitoulin Community Withdrawal Management Services ............................................ (705)-368-2162
Northwood Recovery Clinic Manitoulin ............................................ (705)-859-3286
Ngwusan Giniig Recovery Centre ............................................ (705)-659-2334
Telehealth ...................................................................... 1-866-797-0000

The Health Team had an information booth and Door Prize Draws during Shawanosowe School’s Meet & Greet!
Aanii Community!
We would like to welcome our Mental Health & Addictions student Crystal Mo-kohonuk. She will be with us until September 23, 2022. Crystal has been engaging with the community members, planning a Tea & Mental Wellness workshop with the Seniors. She has recently received her certificate in A.S.I.S.T, and continues to provide help and guidance within different departments and workshops.
We had a great turnout in August at our Breast Plate Workshop. Twelve community members received their kits and two youth and one adult were completed in time for our annual Powwow, honoring our warriors.
Crystal and I have been participating every Wednesday in the Shkabe Mukwa, “Pivoting Towards the Good Life”. Braiding Indigenous Wisdom with Acceptance and Commitment Therapy for First Nations, Inuit, & Metis Community Helpers. On August 31st, we held a memorial vigil for Overdose Awareness Day, honouring those lost to overdose during Covid. Providing Elder support, sacred fire and lunch. Purple cloth was tied along the Community Centre Arbor to honour those lost.
We are looking forward to September as the weather begins to cool and leaves begins to fall, sharing workshops and awareness in Mental Health and Addictions within the community. Join us on the upcoming days:
September 2nd - Shawanosowe Greet and Meet event from 10am-2pm
September 6th - Beginners Applique workshop with FASD UCMM 5-8pm at the Community Centre September 23rd – Crystal’s last day. We wish her the best onto her next journey.
If you have any questions, I can be reached at the Health Centre at 705-285-4354 or via email at mentalhealth@whitefishriver.ca. Migwetch.

The Birch Island Group of Alcohics Anonymous

“The only requirement is a desire to stop drinking”

Sundays at 2pm
Whitefish River First Nation Health Centre
17 B Rainbow Ridge Road
Birch Island
Questions?
Call: T Rowe Mental Health and Addictions Worker 705 863-3187
or Gail R. at 705 968-0233

SEPTEMBER IS
OVARIAN CANCER AWARENESS MONTH

What does it look like?
• Abdominal bloating or swelling
• Quickly feeling full when eating
• Weight loss
• Discomfort in the pelvic area
• Fatigue
• Back pain
• Changes in bowel habits, such as constipation
• A frequent need to urinate
- Canadian Cancer Society

Contact your Healthcare Provider to schedule an appointment. Digital resources available through email by contacting ewiseman@whitefishriver.ca

SEPTEMBER 26, 2022
Sunrise Ceremony
Orange Flags Raised
Breakfast
Distribute Orange T-shirts

SEPTEMBER 30
WEAR YOUR ORANGE
HONOR THEM. REMEMBER THEM.

SENIORS 65+
SEVEN FIRES YOUTH AND ELDER’S CENTRE

UPCOMING SEPTEMBER EVENTS

TUESDAYS 6th, 13th, & 27th
12:00 pm - 3:00 pm
SENIOR’S SOCIAL PRIZE BINGO AT NOON

THURSDAYS
1st, 8th, 15th & 29th
12:00 pm - 3:00 pm
HEALTH & WELLNESS WORKSHOPS

FRIDAYS
2nd, 9th, 16th, 23rd, & 30th
12:00 pm - 4:00 pm
CRAFT DAY
Door Prize Draw

SPECIAL EVENTS
➔ Noojmowin Meet & Greet Outing - September 14
➔ Spa Day - September 20
➔ Lodge Visits - September 22

FOR MORE INFORMATION CONTACT:
GAIL PELLETIER, SENIOR’S NAVIGATION WORKER
705-863-2558 OR 705-285-4354, ext 213
Whitefish River Health Centre
Boozhoo, I hope you all had a wonderful summer. Things are back in full swing and I hope everyone has a sense of rejuvenation.

Shawanoswe School
Since the end of the 2021-2022 school year, Shawanoswe School has undergone some changes. Changes in staffing and the school itself. Construction work began at the end of last year and is coming close to an end. Upon completion students, staff and visitors will be able to enjoy a new cooling system that will enhance comfortability within the school for all during the warmer months.

Staffing changes include the leave of absence for Principal Tiffany Gagan and the hiring of Mr. Steve Whitaker as the new Principal. We also welcome: JK/5K Teacher, Jean-Marie Colbourn, Grade 3/4 Teacher, Katelyn Leask, Grade 5/6 Teacher, Emily Kozachanko, and Special Education and Resource Teacher, Jennifer Oakley.

Elementary School & Secondary School
The WRFN Elementary and Secondary School Policy ensures that WRFN on-reserve students who attend A.B. Ellis, Sacred Heart and Espanola High School, all have equal and fair access to student support programs, resources and allowances based on availability of funds.

The Re-Engagement Program will be returning to the Community and will be available at the Library/Resource Centre on Monday, Wednesday, and Friday from 12-2pm. Contact the Education for information on how to register.

Bus Transportation
We want to remind you of student/parent responsibilities while riding the bus to ensure a safe environment for all students and drivers. Following are the reminders for students to be aware of:

- School bus transportation is a privilege and that students may be subject to suspension from this privilege due to misconduct.
- Parents are financially responsible for any willful damage to the bus made by their child.

We will also provide after-school program bus service for students involved in school clubs and sports teams. A minimum of 3 students at the Espanola schools are required to sign up for the late bus in order to be dispatched and must do so before 1pm.

Attendance
Regular attendance is very important – a student’s over-all growth increases significantly over time when they attend regularly and have strong connections to all aspects of classroom and school learning. Research demonstrates there is a powerful link between successful learning and regular school attendance.

We will have a monthly attendance incentive for students who attend school every day of the month for on-reserve students who attend A.B. Ellis, Sacred Heart and Espanola High School.

For every credit an on-reserve Espanola High school student earns, they will receive $25 to be paid out twice per academic year. This will be verified by 1st and 2nd term final report cards.

First Semester (Secondary): September 6, 2022 to February 2, 2023
Second Semester (Secondary): February 3, 2023 to June 30, 2023
Examination Days (Secondary): January 27 - February 2, 2023 (5 days) & June 26 - 30, 2023 (5 days)

Post-Secondary Students
The Education Department has been busy with sponsorship letters for Post-Secondary students, and making sure that we have all the required documentation on file for each student and preparing their living allowances. This year Whitefish River First Nation is sponsoring 76 Post-Secondary Education Students. We wish the students all the best during the 2022-2023 academic year!

He had approximately 32 Post-Secondary Graduates from the 2021-2022 Academic Year! Here is a list of all the graduates that have contacted the Education Department during the graduation call-out:

- Adam Finch • Amanda Ashley
- Amy Nahwegahbow • Angela McGregor
- Arden McGregor • Arianna Pitawanakwat
- Binesheenise Richardson • Brooklyn Basawa
- Candice Jacko • Cheyenne Ziegler
- Chloe Manitowabi • Courtney Laundrie
- Courtney Smith • Danielle Buchanan
- Duncan Stewart • Edward Paibomsai
- Hayden Malenfant • James Cosgrove
- Jenna Bennett • Jessica Nahwegahbow
- Jonathon Hicks • Joshua McGregor
- Julia McGregor • Katelyn Griffin
- Kristen McGregor • Mercedes Jacko
- Montana Jacko-Reynolds
- Nathalie Nahwegahbow
- Riley Keast • Samuel Irwin
- Sherry Recollet • Tina Francis

These students have persevered through the pandemic overcoming many obstacles. Congratulations on your amazing work and dedication, we are so proud of you!

Post-Secondary Reminders
1. If there are any changes during the 2022-2023 Academic Year with regards to your schooling, you must reach out to the Education Department as soon as possible. These changes could be going from full-time to part-time, banking information, and changes in contact numbers or current address.
2. Reporting and Compliance Conditions of Sponsorship – All sponsored students must report their progress, within 14 calendar days after the completion of each semester of sponsorship.
3. Student withdrawal or Sponsorship termination – If a student withdraws from their selected program of study indicated on their relevant 2022-2023 sponsorship application, or has their sponsorship terminated, the student will not be considered for sponsorship until April 1, 2025. The student will be informed in writing by registered mail of this decision
4. You MUST apply for Post-Secondary Sponsorship every year. The deadline will be May 31 of every year. We will start accepting applications in February 2023.

We wish every student good luck on their studies this year! Please keep in touch by calling or emailing the Education Department at:

- Stephen Nahwegahbow, Education Manager - 705-285-4335, education@whitefishriver.ca or snahwegahbow@whitefishriver.ca
- Bonnie Beattie, Administrative Assistant, Education - 705-285-4335, educationasst@whitefishriver.ca
The Education Department is looking for Adults 18+ who want to earn their High School Diploma within the Community!

**RE-ENGAGEMENT PROGRAM** With Espanola High School

**Mondays, Wednesdays & Fridays**
12:00 pm - 2:00 pm

WRFN Library & Resource Centre with Ava McMurray

For more information contact the Education Department at 705-285-4335 or via email: education@whitefishriver.ca
Maamwe Kendaasing Early Learning & Innovation Centre

Early Learning Supervisor - Courtney Laundrie

Aanii Kiinawayaa.
Summer has come and gone by so fast! We had a very busy summer program as we offered Toddler, Preschool, JK/SK and School Age groups at Maamwe Kendaasing. The staff united together and we had some amazing events, outings and visitors come into the Centre, through the summer. The children went to Moga Mania, Urban Air, and Laser Tag and we had Northern Exotics make two appearances with their animal friends! That was a big hit with the children, meeting and being able to touch and hold some of the animals.

We have welcomed new staff, Tina Francis and Christina Recollet to the Daycare team. We are also happy to announce that we will be offering all of our programs ranging from Infant to School Age. We are working hard to be able to continue running at full capacity, but there may be times when we need to close programs due to staffing. Unfortunately, Early Learning Programs across Ontario are all struggling to retain staff, but we will remain diligent in trying to keep everything running. We are currently at capacity for our programs, but if you are seeking childcare please pick up forms at the Early Learning Centre so your name can be added to the waiting list. We can contact you when we have space available.

Wishing everyone a happy fall!

August was a busy month at Maamwe Kendaasing. We enjoyed water play on the hot days, stayed hydrated with lots of lish and freezies to keep us all cool. We took full advantage of splash days and the kid’s favourite part was the bubble machine! The children really enjoyed a fresh crunchy snack, nibbling on the sugar snap peas they planted in the spring. We had niish special guest visits from Northern Exotics. By far, the children’s favourites were Julian the lemur and Bob the Pigeon. Northern exotics also brought Geckos, Gnebik, Waboose, and a Bearded Dragon. Throughout the summer the School Age program also had Who’s Crafty visit every Wednesday. The children got to engage and participate in many different art activities. Some activities they particularly enjoyed was making piggy banks, collages and creating their own shirts. To end the summer program, we had a fun day with bouncy castles, snow cones, cotton candy, and popcorn.

We wish all students a Happy First Day of School and continuing success in your educational journey through the school year, from the Maamwe Kendaasing Early Learning Team.

Thanks, Candace Perrault

Fun Day!

Leaping Lizards!

Fun with furry friends.

King Julian graced the Daycare with his royal presence.

Slow and steady wins the race.
Aanii!
I hope everyone had a great summer! We’re on the cusp of a new season and with that comes a brand-new school year. I hope all the children had a wonderful first day back and have a great year! I am so excited to get back into the swing of things and plan some fun and interactive workshops for families and children within our community.

Beginning this month, there will be a book club for children 0-6. This book club will occur once a month at the Whitefish River Public Library from September to December. At each session there will be a snack, read aloud, and each child will receive a copy of the book of the month. The book for September will be “Acorn was a Little Wild”. The goal of this program is to help build and foster early literacy skills and a love and appreciation for reading. As parents, caregivers and educators, one of the ways we can do this is through spending quality time together reading with our children.

Additionally, the Infant Food Making Workshop that had been postponed in June will now be hosted September 27th, 2022. If you’d like to register, there is still space available to sign up. For those who already registered, your name is still on the list!

Keep your eye out for additional flyers for upcoming events, they will be posted throughout the community within the different department buildings, post office and the Whitefish River social media.

As always, I’m always a phone call or email away. I can be reached at (705) 285-7777 or at caitlinp@whitefishriver.ca

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**INTRODUCING**

**THE LIL’ BOOKWORM**

**BOOK CLUB**

**FOR AGES 0-6**

**THURSDAY, SEPTEMBER 15TH**

6:00 PM – 7:30 PM

Join Cait for storytime, snacks and a craft

AT THE WHITEFISH RIVER PUBLIC LIBRARY

For more information or to register, please contact Caitlin Pitawanakwat at (705) 285-7777 or at caitlinp@whitefishriver.ca

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**SIGN MAKING WORKSHOP**

15 SPOTS AVAILABLE

Tuesday, September 27th

Starts at 6:00 p.m. at the Community Center

For more information or to register, please contact Caitlin Pitawanakwat at (705) 285-7777 or at caitlinp@whitefishriver.ca
**BIRCH ISLAND TRIVIA NIGHT**

Wednesday, September 14th
7PM VIA ZOOM

1st Prize - $500
2nd Prize - $250
3rd Prize - $100

**ZOOM INFO:**
Meeting ID: 864 7491 3846
Passcode: 018652

For more information, email ewiseman@whitefishriver.ca or call the Health Centre at (705)285-4354.

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**dagwaagin Book Club**
**All the Quiet Places - Brian Thomas Isaac**

**WEDNESDAYS FROM 7PM-8:30PM**

3 WEEK SERIES BEGINS OCTOBER 12TH
Seven Fires Youth and Elders Centre

To register, scan the QR code, or contact ewiseman@whitefishriver.ca by September 14th. Novels will be delivered September 26th.

Limit of 15 participants. Open to WRFN community members only.

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Culture Camp in beautiful Sunshine Alley.

A fish fry for the hungry youth at Culture Camp.

Crystal and Felicity head Back to the 80’s!
Keep calm and paddle on!
Head Dancer, Marett Jones, Head Youth Dancer, Laila Taibossigai, Head Youth Dancer, Memphis Shawanda & Head Dancer, Tim McGregor.

Pow Wow Royalty 2022/2023 - Miss Wawaskinaga, Autumn Shawanda, L’il Miss Wawaskinaga, Waaskone Sackaney & Runner-up Isla Tonge

Warrior Dance Special winners!

Vanessa & Stephen find respite from Saturday’s heat with a cool drink in the shade!

Bobbi-Jo and family pop in for some takeout gigoon!

Amber, Wanda & Baby Jasper!

Completed charcuterie boards!
The Pow Wow attracted local vendors and community members!

McMaster University student, Reta Meng was on hand at the Pow Wow to share information on her Blanding’s Turtle study.

Algoma-Manitoulin’s MPP, Michael Mantha made an appearance at the Pow Wow.

Culture Camp kids!

Congratulations goes out to Ed Nahwegahbow for naming our newest road “Shebwenaninging Miikun”.

Marcus, Waas & family came out for the Lands Department Community appreciation BBQ.

Youth Dancers wait patiently for their daily honorarium.
22-23 Here We Come! Aaniil Boozhoo Kina Weya!
I hope you and your families have found time to get out and enjoy the incredible beauty of the lands and waters around Wiigwaasinagaa this summer. Either way, there’s still plenty of great weather on the way in which to do so. Perhaps I will see you out and about somewhere!

As the incoming principal of Shawanoswe Kinoomaagegamig, I am truly excited about what the year ahead may hold in store for us. Although we have had to say farewell to some staff from last year, including our beloved Principal Gagan, we have nonetheless assembled a great team going forward. I want to thank departing teachers John Spanos and Ann Cummings for their service to the school and welcome our much-anticipated incoming staff. They are:

Jean Colbourn (JKSK),
Katelyn Leask (Grade 3/4),
Emily Kozachanko (Grade 5/6), and
Jennifer Oakley (Special Education Resource Teacher).

Be sure to read the new staff introductions in this newsletter!

I am also very excited to welcome back all our wonderful returning staff:

Our Office Administrator, Leslie Kozachanko;
Our Education Assistants: Danielle Caicco, Natasha Laundrie, Tracy Megwanabe, Cindy Pitaawanakwat, and Jessica Reynish;

Our School Wellness Worker, Aimee Tremblay;
Our returning teachers: Erin Fairbairn (Grade 1/2), Danette McGregor (Anishinaabemowin); and Bonnie Nahwegahbow (Cultural Educator);

And finally, here’s to the person we all rely on to keep the ship running, our amazing Head Caretaker, Mary Ann Fox. Thanks so much for all you do, and congratulations on your wedding, Mary Ann!

With a gradual release from pandemic restrictions has come a renewed desire to participate in some ‘traditional’ Shawanoswe activities as well as establish new ones. Above all, it will be so wonderful to be able to interact in person!

Among the events we aim to bring back this year are the Bobcat Run, last year’s highly successful Jiis Giizhak, the Orange Shirt Day Community Walk, an Indigenous Veterans/Remembrance Day ceremony, Christmas Concert at the Community Centre, hikes as well as trips to the sugar bush and in-person family meals/get-togethers. Can’t wait! Some new-for-this-year initiatives we are working on include more land-based learning field trips and teachings, more sports-related events, and hopefully a robotics program, among others. There is so much to get excited about!

Whatever happens, the rest of the staff and myself are greatly looking forward to welcoming the students back to the school. We will all have stories to share as we reacquaint ourselves with familiar faces and welcome new ones. Such an exciting time of year! See you soon!

Principal, Steven Whitaker

Councilor Esther Osche came out to Shawanoswe School’s Meet & Greet on Friday September 2nd, 2022.

Dwight Catanus and Nick Bateman of the Minidoos Missing Mental Wellness Crisis Response Team had backpack giveaways and door prize draws during the Shawanoswe School Meet & Greet.
Aanii, Boozhoo, Parents and community members of the Whitefish River First Nation. As a member of this community, I recently moved from the Town of the Blue Mountains of Georgian Bay. I was fortunate to have the opportunity to supply for Shawanosowe School last year. My teaching experiences have taken me to the northern communities of Winisk/Peawanuck, Fort Albany, and Moose Factory Cree territory, in the James Bay and Hudson Bay districts. I am a mother, Grandmother, Sister, auntie, and friend to my siblings and my seven grandchildren. I feel very blessed to find strength and courage to continue my education and my career as a forever teacher. Some of the things I enjoy are baking, photography and playing chess and cribbage. I look forward to meeting new parents and continuing to work with our amazing staff members who are dedicated to our school and children, because ‘Every Child Matters’. Miigetch. Jean-Marie Colbourn (JK/SK) 
OCT 175287

My name is Emily and I am very excited to be teaching Grade 5/6 this year at Shawanosowe School! Prior to attending teacher’s college at the University of Western Ontario, I had previously worked as an educational assistant at Shawanosowe where I became confident that teaching was my calling and I am honoured for the chance to return. As an Indigenous woman, I feel grateful for this opportunity to surround myself with culture and participate in the community. I plan to spend this year working with the students on a variety of hands-on projects, mixed media, technology, land-based learning and outdoor exploration. I am thrilled at the prospect to be both teaching and learning from the students and of course having fun! Miigwech and looking forward to meeting everyone!

Emily Kozachanko
Oshaawshkooj-Memengwaa-kwe

Guten tag! Asalaam Alaiyum! Aanii! My name is Jennifer Oakley, and I’m the new Special Education teacher. I’ve spent the last 14 years teaching internationally – I’ve visited over 30 countries, and I have lived in the USA, United Arab Emirates, and Germany. I’ve learned a lot on my travels, but the most important is that “home is where your heart is” – and I am so happy that your community and Shawanosowe School will be my new “home.” I’m originally from Barrie, Ontario, and most of my family live there. I’ve also returned home with 4 cats, so besides being a teacher, I’m also a cat lady! I can’t wait to get to know all my students and their families, and I know we will have a Fantastic year together! Thank You

Every Child Matters
Week:
September 26 – 30, 2022

September 28
Jiis Giiizgdag!
Shawanosowe School
Fall Harvest Day!
Traditional Foods!
Harvesting Techniques!
And More!

September 29
ORANGE SHIRT DAY!
Students Community Walk
To Honour & Remember
Please feel free to join the students on their walk or show your support from your driveway or place of work!

September 26 & 27
Students at
Rainbow Lodge!
Outdoor Learning
Traditional Teachings
Community Knowledge

September 30
NATIONAL DAY OF TRUTH & RECONCILIATION
No School

Contact Bonnie at 705-285-1331 for information! Further details to follow!
Band Manager - Sandy Jacko

Aanii, Boozhoo

COVID-19
With respect to Covid-19, it is still circulating and in order to minimize the spread of Covid to others please Stay Home if you have symptoms. If you have symptoms, please use a rapid antigen test to determine if you or a family member has Covid. Keep in mind it can take a few days to test positive after symptoms appear. It is advisable to wear a mask until you know for sure if you don’t have it or wear a mask if you have come into contact has tested positive. Test kits can be obtained from the Whitefish River Health Centre. To prevent you from getting severe symptoms keep up with your Covid Boosters.

COMMUNITY CONVERSATIONS
On the August 15th, 16th, and 17th Community Conversations were held in Toronto, Sudbury and Whitefish River First Nation respectively. These meetings gave community members an update on the Trust Agreement Spend Plan Ideas collected from previous meetings and informed the community on the Lands Negotiation Process with Ontario. These meetings were well attended and there were a lot of good questions and suggestions brought forward.

27TH ANNUAL WAWASKINAGA TRADITIONAL POW WOW
This year’s Pow Wow was the first one Whitefish River has had since 2019 due to the Covid pandemic. It was held on the weekend of August 20th and 21st at Sunshine Alley, also the first time Sunshine Alley and Dreamer’s Rock has been open to the public since the beginning of the pandemic. It was a hot and sunny Saturday that had crowds of people coming to the Pow Wow Grounds and while Sunday brought some cooler weather it didn’t keep the people away. The weekend had plenty of good food, good songs, good dancing and a good time had by all. Miigwech to the Pow Wow Committee for organizing the pow wow. Miigwech to maintenance staff who helped getting the grounds ready and well maintained. Miigwech to summer students, staff and volunteers who helped out with the parking and registration. Miigwech to the Firekeepers, Elders, MC, Arena Director, drummers and head dancers.

NAME THAT ROAD CONTEST
We received 30 entries for a chance to Name that Road Contest. The entries were compiled and Council was asked to select the top three names that they liked the most. The list provided to Council did not contain the names of the individuals who made the submission. The winning name for the 15 lot subdivision road is “Shebewenaning Miikun”. In the 1850 Robinson Huron Treaty Shebewenaning describes where our reserve ends. Translated it means canoe passage and is the area commonly known as Killarmey. Congratulations go out to Ed Nahwegahbow for naming our newest road. Ed received a PC gift card worth $250.00. A chi-miigwech goes out to everyone who participated and a $25 Tim Horton’s gift card will be sent out to you in the mail.

THE 2022 ROBINSON HURON TREATY GATHERING
This year’s Annual Treaty Gathering was held from September 7th to 9th in Nipissing First Nation. The gathering commemorates the signing of the 1850 Treaty and included information about the Robinson Huron Treaty, the Annuities Case and about Treaty Governance. Elements of the 1850 Treaty includes Nation to Nation Government relationship, lands set aside for exclusive use of Anishinabek, continuing Harvesting rights for Treaty members and Treaty annuities. As part of the Annuities case, 10 billboards have been erected in the Robinson Huron Treaty lands, with one located in our territory on the way to Espanola that says “Robinson Huron Treaty 1850. Anishinabek Territory”. These billboards are a step towards wide spread recognition that this is Treaty Territory.

TRUTH AND RECONCILIATION DAY
September 30th is National Day for Truth and Reconciliation. It is also known as Orange Shirt day. This day is meant to raise awareness of the impacts from residential school, honour the survivors of the residential school system and promote “Every Child Matters”. This year Whitefish River will be having a sunrise ceremony on September 26th and Community Walk on September 29th to honour those impacted.

WHITEFISH RIVER FIRST NATION ELECTION
The Whitefish River First Nation Election is scheduled to take place less than 6 months away. With Chief Shining Turtle stepping down from his role as the Chief, both the Whitefish River First Nation Governance Policy and Whitefish River First Nation Election Code state that a by-election is not required. Whitefish River First Nation will proceed with the Election as planned. In accordance with the policy the Council will vote on who will serve as an Interim Chief until the upcoming election. Council will issue a communiqué when an Interim Chief has been selected. Both the Election Code and Governance Policy can be found on the Whitefish River First Nation Portal.

As we prepare for the upcoming election, please ensure your mailing address with the Membership Department is kept up to date. It is important to note that when you update your address with one department it does not automatically update to all the departments. Community members would have to express in writing that your information can be shared amongst the different departments.

As always if you need to get a hold of me, my cell number is 705-863-3294 and my email is bandmanager@whitefishriver.ca.

Please Be Safe, Be Well, Be Kind.
Miigwech

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Whitefish River First Nation

Additional Members Needed for Citizenship Working Group Committee

The Committee will comprise of:
1. One member of Council as selected by Council as the ex-officio member;
2. Five members appointed by Council.

Requirements:
1. Be a registered Band Member/Citizen; open to members/citizens residing in and out of the community
2. Be at least eighteen (18) years of age;

Responsibilities:
1. Preserve and promote the integrity and identity of Whitefish River First Nation Citizens;
2. Review the rights and obligations of membership;
3. Provide Council with the necessary support to consider new proposed amendments;
4. Agree to effectively resolve concerns and answer questions regarding our Election Code; and
5. Responsible for Whitefish River First Nation Citizenship issues under our Citizenship Code.
6. To lead in the update of the Citizenship Code.
7. Adhere to the Terms of Reference.

Please submit your letter of interest that states your background, experience, education and contact information to:

Sandy Jacko, Band Manager
Email: applications@whitefishriver.ca
In-person: Administration Office
Mail: 17A Rainbow Ridge Road
Birch Island, ON, P0P 1A0

Deadline October 21, 2022

For further information, please contact Sandy Jacko, Band Manager at 705-285-4335 or via email bandmanager@whitefishriver.ca.
Logistics Manager - Kim Laundrie

Happy September!!
For me, September is a transition month, closing up camp saying fare- well to Summer and getting ready for the colder weather. Turns out September is a transition month for me at work this year as well.

I started my new role as the Logistics Manager on August 29, 2022, however, I will be continuing my duties as Council Secretary/Band Rep Clerk/Membership Clerk on an interim basis until the positions are filled.

While working with Chief and Council, I gained a lot of knowledge on some very important issues, affecting our community, as well as other First Nations locally and across the country. I will miss working directly with them on a regular basis once the Council Secretary has been filled. Membership, a position I previously held for about 12 or 13 years, was always something I liked to do as I got to see and meet our band members off reserve. Recently I completed some status cards for a couple of band members and I was surprised to see one of them still had a status card I made for them in 2003 and the other one was signed by my mom in the late 90s!! I thought that was just so cool.

Sometimes change is good and I am excited for this new opportunity and look forward to what the future brings.

I can be reached at Administration at 705-285-4335 ext. 221 or through email at laundrie@whitefishriver.ca.

Executive Assistant - Jennifer Davidson

Aanii,

I am so excited and honoured to be the temporary Executive Assistant at Whitefish River First Nation Administration. I was previously employed as a PSW at a retirement home in Copper Cliff for 4 years. Before that, a stay at home mom for 8 years and even further back I worked as a Cook/Kitchen Manager at Montana’s Cookhouse in Sudbury and Edmonton. By nature, I have a kind, caring, patient soul and always willing to help co-workers and the community. I strive to learn more about our culture, the people who make up this beautiful community and the community itself. Birch Island and Manitoulin

have always been my favourite place to visit, discover and retreat to. Being surrounded by water and nature just feels peaceful and calming. It’s always nice to get away from the hustle and bustle of Sudbury.

On a personal note, I have two beautiful daughters, my hobbies include beading, making dream catchers, paint by number, making floss bracelets, fishing, hiking, being outside, and spending as much time with my daughters, family and friends as possible. I am from WRFN, adopted off-reserve and raised in Lively. I have lived and worked in various cities in Ontario, Edmonton and BC. I am happy to be back home in Ontario since 2018.

I want to thank the managers at the band office for giving me the opportunity to work in Birch Island. I look forward to meeting many more community members in my journey!

I can be reached at Administration at 705-285-4335 ext. 219 or through email at executivea@whitefishriver.ca.

Chi-Migwech!
Lands and Order: Action v. Effort
Lands Officer - Keith Nahwegahbow

September begins an end to a busy summer for the Lands Department Field Staff. The 1st annual WRFN stewardship program was a complete success. The Lands Department acquired 2 separate funding sources to be able to purchase our own equipment to complete various projects. The following is a list of a few jobs we completed this summer:

• 2022 marked year 1 of our full-scale Walleye hatchery. We are only able to fill 25% of our jars due to unforeseen circumstances. We also bartered with Atikameksheng where we traded Male Walleye for female Walleye to help fill our Hatchery. That was a unique networking opportunity. We hope to upgrade the pond this year with the help of Pioneer.

• Tracking turtles with McMaster University in McGregor Bay. There is a total of 16 Blanding’s Turtle tagged by McMaster. We help track when they can’t. In turn McMaster University they are helping us design a turtle study on the mainland. We will be applying for funding in 2023 for this project.

• Stream assessments we completed 2 out of 3 targeted streams this summer. We will complete the third stream in the fall. In the streams project we built as new ATV bridge in the Sugar Bush, we completed a small-scale stream rehabilitation at sandy beach 2. We took out 25 bags of garbage from Sandy 2. We took out 300 square meters of poison ivy and removed invasive species. This project will continue into 2023.

• With these funding sources we were able to get a Drone! With this we have begun to take our own aerial images of WRFN. This will greatly enhance our GIS program and enable us to create our own catalog of aerial images. This drone assisted with the new 15 lot sub division, railway study, land use activity and new developments. We can share these images once processed.

• WRFN captured 7 bats in 4 days during our time with the Georgian Bay Bat Study. We also captured 4 out of 8 Ontario Bat Species. WRFN has amazing Biodiversity. We will share the results of this once completed.

On top of community consultations and normal day to day activities the Lands Department had a very busy summer. Going forward we would like to have community input on the Stewardship Program. In September the Lands Staff will be creating a 2-Year Land Relationship Visioning workplan. In this program we will be engaging the community to determine what spaces and species are significant to WRFN. Then develop a workplan to conduct certain projects based on the community’s feedback. This program is brought to us by the Ontario Aboriginal Land Association (OALA).

For more information please contact the Lands Department at 705-285-4335 or via email at keithn@whitefishriver.ca.

An Eastern Small-footed Myotis was caught and released in WRFN!

Consultation Coordinator - Stephen McGregor

Aani, Once again, the past month has been very active, full of new experiences and gained knowledge! As mentioned in last month’s article the Lands Team has been involved in stream assessment/remediation work (through the Ontario Community Environment Fund) and the Blanding’s Turtle Study (through McMaster University). These projects have enhanced awareness to natural resources in the community by helping to catalog and categorize different species locally.

In August the Lands Team participated in a project called Apakwaanajiiinh Mnidoo Gamii (Bats of Georgian Bay). Migwech to Shawanaga First Nation as the project lead, who successfully received funding for the project and shared that funding and the experience with WRFN and many other FN. The project itself, involved staking out local areas that bats may hunt and feed by capturing some live specimens in order to tag and track. There are eight species of bat that live in Ontario (Hoary Bat, Eastern Red Bat, Silver-haired Bat, Big Brown Bat, Tricolored Bat, Little Brown Myotis, the Northern Myotis and the Eastern Small-footed Myotis). Four of the eight species are considered endangered and it is expected that three more species will be listed as at risk or endangered by the end of this year. “Bats are amazing animals. They help us pollinate important food crops and spread seeds that grow new trees. As insectivores, they help us manage pests that plague our homes, agriculture, forests and more.” (Ross, 2018). The purpose of the project is to “tag” the bats captured in the nets placed in ideal locations to track these creatures when they return to their roost. Right now, not enough is known about the decline in bat population so any information gathered on these animals is essential to the species. WRFN will not only contribute to the knowledge of the species overall, but have first-hand knowledge of exactly what the species is doing right here on our land – which will help us to manage these important animals in the future.

As always, I am involved with the Coast Guard and the Whitefish River Coast Guard Auxiliary team is still looking for new members to join! Anyone that is interested in applying for membership can email me at stephenn@whitefishriver.ca or contact me at the Administration Building (705) 285-4335.
Economic Development Officer - Stuart Wilson

Aaniii,
I hope that everyone has had a
great month of August! As part of
the Pow-Wow committee I
would like to thank all of our
attendees, vendors, volunteers,
dancers, firekeepers and all of
the other amazing people that
contributed to the great success
of the 27th Annual Wawaskinanga
Pow-Wow. We had a great turn-
out to go along with some even
better weather throughout the
weekend.

August also marked the end of
our summer student work pro-
gram. I would like to send thanks
and well wishes to Felicity, Phoe-
nix, Novalee, Raidyn, Caleb, Sam
and Kristen for all of their hard
work and dedication to their re-
spective positions over the past
few weeks. They have acquired
skills and experience that will
help to enhance their employ-
able skills and help shape their
paths as they move forward. I
wish all the best for our students
in the upcoming academic year
and good luck in your future en-
deavours.

I would once again like to remind
any current or future business
owners of the Diversity Expo
being held virtually on Thursday
September 22nd. Join us to see
learn how your small, medium
or large operation can get into
doing business with the govern-
ment. Hear from industry ex-
erts in federal and indigenous
procurement, hear from other
indigenous businesses and or-
ganizations on their experiences
with procurement and more.

For more information and if
you have questions, please con-
tact myself, Stuart Wilson at the
WRFN Administration Office at
705-285-4335 ext. 216 or via
email at edo@whitefishriver.ca.

Members of
Whitefish River
First Nation

Never Miss An Update

Get the App

The app uses state-of-the-art technology
to notify WRFN members of breaking news,
documents, videos, and events, instantly
delivered via push notifications.

How to Get the App

1. Scan the QR code below or visit
the App Store or Google Play
Store and search ‘Whitefish River First Nation’
2. Tap ‘Register’ under
‘Member Login’
3. Fill out your information and
press ‘Register’
4. Click the verification link in
your email address

Download the free app today

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Missed an issue of The Rezound? Find them online at www.whitefishriver.ca

Niigaan Naabidaa Trust hosted a Youth Conversation session on
August 4, 2022.

Allien Paibomsai was the lucky winner of a Pow Wow spot
dance, with the mystery spot picked by Economic Officer,
Stuart Wilson.
Aanii! I hope everyone enjoyed their summer! September is looking like another busy month for the Housing Department.

This month we have the following:
- **Financial Empowerment for Youth** - 4-part series will start on Monday September 19th 2022 and will run Monday, September 19 & 26, 2022 from 4-6 p.m. and Monday, October 17 & 24, 2022 from 4-6 p.m. Dinner will be provided. This program will be 8 modules that consist of Money Management provided by the Sudbury Community Centre
- Information session about the Financial Empowerment Program that the Sudbury Community Service Centre is offering. We will have two sessions to be held on Wednesday September 21st 2022 from 1PM-3PM and 6-8PM.
- **Septic Pump-outs** for addresses 19-75 Maple Heights Road will begin on September 28th 2022 and run through every Wednesday until mid October. These scheduled septic pump outs are free of charge. I will advise tenants a day prior to pump out as a reminder.
- Fred Bellefeuille will be back on September 26th,2022 all day for Wills and Power of Attorney.

There are very limited spots available.

This is also a reminder to Tenants:
- Please come in a renew your Rental Agreement and bring in a copy of your content insurance if you haven’t already done so this year.
- Check your smoke alarm. If it does not work, report it immediately to your property manager. This is an important safety item for you and your family.
- Change the filter if you have a forced air system. This is important to do throughout the year. It will lead to lower heating bills and help keep the air cleaner in your home.
- Check dryer vents regularly to remove debris. This will increase the efficiency and avoid a possible fire.
- Adjust the temperature on your HRV as the weather is getting colder.

If you have any questions about the information presented or would like to register or have questions about these programs and services, do not hesitate to reach out to me at 705-285-4335 or through email at kendra.mcgregor@whitefishriver.ca.

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**Sudbury Community Service Centre and Whitefish River First Nation**

**4 WEEK**

Financial Literacy and Money Mindfulness

**FOR AGES 16-24**

September 19th and 26 and October 17th and 24th
From 4PM-6PM
With Dinner provided

8 Modules that consist of:
- Exploring your relationship with Money
- Income and Taxes
- Budgeting
- Banking and Financial Services
- Setting Saving goals
- Credit Basics
- Managing Debt

**Contact the Housing Department for more information or to register**

- **705-285-4335 to Register**
- **WRFN Council Chambers**

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**Information Session**

**ABOUT**

Financial Empowerment Program

**Wednesday September 21st, 2022 at 1:00PM & 6:30PM**

Council Chambers

Contact the Housing Department at 705-285-4335 to register or more information

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**Sudbury Community Service Centre**

**Program Summary**

- Introduction to new initiative- programs and services available
- Managing your money
- Dealing with debt
- Investment planning
- Applying for CRA numbers, birth certificates, driver’s license.

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**Wills and Power of Attorney**

WITH FRED BELLEFEUILLE

BARRISTER AND SOLICITOR

Limited space available

One on One sessions by appointment only

- Mon. Sept. 26th/22 10:00 a.m. - 3:00 p.m.
- Weds. October 26th/22 10:00 a.m. - 3:00 p.m.
- Weds. Nov. 30th/222 10:00 a.m. - 3:00 p.m.

**PLEASE CONTACT THE HOUSING DEPARTMENT AT 705-285-4335 TO REGISTER**

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**Company Overview**

We are a non-profit organization that has been in business since 1972 helping individuals tackle debt problems and helping them find solutions to debt problems. We have been running a volunteer income tax program working with CRA since 2017 and have been helping individuals across the Greater Sudbury Area, Manitoulin, Parry Sound, Sturgeon Falls, and the North Shore file their income taxes. We also are a designated OESP service agency that can assist individuals with Manual Income Verification and regular applications.
The end of August is in the rear-view mirror, and with that brings the move to the cooler fall season.

Attached are some energy saving tips to help you start preparing for winter.

1) Roof – If you are capable, have a look at your roof for damaged shingles (curled, missing, or broken) as this is an entry point for water and wind. It can deteriorate the plywood underneath which can cause water damage, ice damage (ice damming). It can easily be resolved with a simple spot fix. Shingle replacement, caulking, water and ice shield may be needed, however catching small issues early prevents costly repairs or a complete renovation in the future.

2) Siding – This is the protective envelope on your house. If there are damaged and worn out pieces, look at replacing them immediately. This prevents heat loss, deteriorating foundation, prevents mold, and prevents insects and small animals from nesting. The most feasible option is to replace.

3) Windows and Doors – Look along the edges to see if there is any cracks or failing caulking. Cut out damaged caulking and re-apply new.

4) Furnace/HVAC – Check your filters and make sure to change them every 3-4 months or when dirty. Check your intake and exhaust vents ensuring there is no blockage. This will decrease the wear and tear on the motor, as well use less electricity/propane as it is not struggling to push or receive air.

This month I have been working diligently on securing funds for renewable and energy saving initiatives. The amount of proposals and effort to get these funding applications in, is at times trying, but is necessary to achieve our community goals of becoming a self-sustaining and clean energy community.

Our Community Energy Video is in its final stages of editing, and we will plan a community event when the video is ready for viewing. The video focuses on tips and tricks to help save energy and help with the overall maintenance of your home.

I also participated in a Food Handler’s course in August, and became certified. This will help me expand my deliverable programming and events, without certain delays pertaining to catering.

On August 24-25th we had Norbert Koeck come in and do a Home Maintenance Workshop at the Community Centre. It was here we shared information on the basics of home maintenance and had some amazing prizes for participants. I set up a mini information booth and had a general questionaire on Solar power, and another questionaire relating to renewable energies and requesting input on possible program ideas. There was some valuable information collected, and it will be applied to programming and updating our community energy plan.

I look forward to delivering more events and programs in near future. Please reach out to me with any ideas or concerns, and I’ll be more than happy to listen and help where I can. I can be reached at 705-285-4335 ext. 227 or through email at: energychampion@whitefishriver.ca

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**BEAR SAFETY TIPS**

**BBQ**
- Burn off food residue and wash the grill right away
- Empty the grease trap every time you barbecue
- Remove all utensils, dishes and food after eating
- Be aware that cooking odours can attract bears

**GARBAGE**
- Put garbage out only on garbage day, not the night before
- Put food scraps in the freezer until garbage day
- Store garbage in a bear-proof location, such as your basement or a sturdy shed or bin
- Frequently wash garbage cans, bins and recycle containers with a strong-smelling disinfectant, such as bleach or Pine Sol

**FRUIT AND BERRIES**
- Pick all ripe and fallen fruit from trees and shrubs on your property
- Plant non-fruit bearing trees and shrubs

**PET FOOD**
- Do not leave pet food outdoors
- Keep your dogs on a leash/tied up
- Turn on yard lights at night to scare surrounding bears from leaving your pet out after dark

**BIRD FEEDERS**
- Fill bird feeders only through the winter months
- Put away feeders in the spring and instead, offer birds natural alternatives (for example, flowers, nesting boxes and fresh water)

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**Community Notice**

**Re: Transfer Station & Curbside Pick-up Schedule**

**Tuesday:**    Curbside pick-up only.

**Wednesday:** Transfer Station Open 8:00 am – 6:00 pm.

**Thursday:**    Curbside pick-up only.

**Saturday:** Transfer Station Open 8:00 am – 3:00 pm.

Until further notice.

Whitefish River First Nation
Aani,

My name is Richard Shawanda and I have been recently hired as the Infrastructure and Emergency Services Manager for our community. I will manage and assist the Water Treatment Plant operators Andy Recollet and Amy Waboos in the continual provisions of the best potable drinking water for our community. Also, with regard to emergency services I will be ensuring our community is prepared and ready for any situations that arise. This involves equipping our Fire Department so that they are ready to go out should the need occur. I will also work on revising the community emergency preparedness plan and the source water protection plan. Within this position I will be also updating and maintaining the 911 file for our community.

I started my career here in Whitesfish River in 2002 in the Public Works Department and then eventually moved over to the Water Treatment plant with the late Mark Shawanda as my mentor. Mark taught me a lot about water and its importance.

He took this position very seriously and instilled that work ethic within me over the years working with him.

I left the community in 2008 and went to work for Ontario First Nations Technical Services as a Circuit Rider Trainer. This job involved travelling to other communities in Ontario and assisting and training them in water plant and distribution operations. I was later promoted to Circuit Rider Supervisor which had me overseeing the many trainers and also making sure the program was running to its full potential. I was in charge of 132 communities right across the province with regard to water and distribution training and certification.

Another employment opportunity had arisen with the Independent First Nations Alliance out of Sioux Lookout. This position was the Water/Wastewater Technician where I worked in remote northern communities assisting the community’s operators with daily operational issues and training opportunities. I spent a year working for IFNA. I was privy to a totally different way of life up in those communities, but was continually amazed at the progress they were making.

I started work with the UCCMM Tribal Council as the Lead Operator for the UCCMM Water Hub in 2019. I was able to bring years of experience to this position which enabled me to help and assist our communities in getting upgrades or replacement for their plants. This allowed them to run more efficiently and smoothly for the operators running them.

With life, there are cards dealt that you have to play. The opportunity to come home and work for my community arose and I was successful in getting the position of Infrastructure and Emergency Services. This allowed me to be closer to my family and finally come full circle! If you have any questions, please feel free to email me at: lesmanager@whitesfishriver.ca. Migwech

Building our community by giving back.

JOIN OUR VOLUNTEER FIREFIGHTER TEAM

Benefits
- Training Opportunities.
- Saving lives while serving our community.
- Make strong connections.
- Be a part of a Team!

Applications can be picked up at WFRN Administration

Kitchen Fire Safety

- Be alert. Never cook when you are tired or drunk.
- Stay in the kitchen when you are cooking. Turn off the stove if you leave the kitchen.
- Keep anything that can catch fire away from your stove top.
- Wear short, close-fitting or tightly rolled sleeves when cooking.
- Keep children at least 1 m (3 ft) from areas were hot food or drink is prepared or served.
- If a pan catches fire, care fully slide a lid over top to smother it. Turn off the burner and leave the pan covered until it’s fully cooled.
- If the oven catches fire, turn it off and keep the door closed. Have it checked and/or serviced before using it again.
- If you have a stove fire, when in doubt, get out. Close the door behind you and call the fire department from outside the home.

Electrical Fire Safety

- Have all electrical work and inspections done by qualified professionals.
- Check cords for damage to make sure the wires are not exposed.
- Avoid running cords across doorways or under rugs or heavy objects.
- Keep children and pets away from electrical cords and outlets.
- Extension cords are intended for temporary use. They should not be linked together—use one cord that is long enough to do the job.
- Always plug heavy appliances like space heaters and air conditioners directly into an outlet, not an extension cord or power bar.

Source: NFPA Safety Tip Sheets

Source: NFPA Safety Tip Sheets
Maamwe Kendaasing Early Learning Centre, in partnership with Noojmowin Teg & Mnaamodzawin, presents...

INFANT FOOD MAKING WORKSHOP

CODY LEeson

10 Spaces available
Tuesday, September 27th
10:30 - 12:00 PM
Downstairs at the Family Well-Being Building

To register or for more information, please contact Caitlin Pitawanakwat at the Early Learning Centre, (705) 285-7777 or at caitlinp@whitefishriver.ca

September’s Pet Profiles 😻

This is Millie McGregor. Millie will be 17 years old on October 5th. She was born and raised right here in Birch Island. She has been the perfect girl since day one. She is sooo smart, pretty and so very loyal to our family and we just love her. Her favourite thing to do is going for car rides, eating and enjoying time with me, Naomi. We love Millie 😽

When asked what helps to have a thriving 16+ year old dog ... we buy good quality food instead of treats, introduced omega oil, CBD oil for dogs and a good quality ramp at an early age before the onset of arthritis. It is also important to switch to senior food at the right age. And we insist that everyone come inside at night for safety and a good comfortable night’s sleep.

This is Louie McGregor (some call him Rupee or Tubor). He just turned 12 on June 21st. Louie too was born and raised right here in Birch Island. We have had Louie since he was two years old and he blended right into our family with ease. It took Louie awhile to get use to car rides but now he is a pro. Louie has a best friend named Rexy who he goes to see every morning then right home. He loves the outdoors, swimming and he loves when friends come to visit. We love Louie 😽

We also have two cats one named Hammerstein (14) and one named Honey (10). Both were adopted as adult cats and are a great addition as everyone gets along. 😽

Would you like to see your beloved furbaby featured in the monthly Pet Profile section of The Rezound? Email me a picture and information of your family pet, and they may be our featured Rezhound or Rezcat! Email me at: rezoundeditor@whitefishriver.ca

Health and Wellness

Personal Support Worker
- In partnership with Canadore College
- Ontario College Certificate (1 year)
- Registration deadline: August 30, 2022
- Start date: September 2022

Practical Nursing
- In partnership with Fleming College
- Ontario College Diploma (3 semesters)
- Registration deadline: April 30, 2023
- Start date: May 2023

Skills, Trades & Apprenticeships

Canadian Welding Bureau (CWB)
- CWB Certificate
- 15 weeks (Sep 2022 – Dec 2022)
- Registration deadline: August 25, 2022
- Start date: September 12, 2022

Shiitake-Maajiinakiing: Pathway to Trades
- Certification of Completion
- 28 weeks (2 semesters)
- Registration deadline: August 25, 2022
- Start date: September 2022

Renovation Techniques: Construction Carpentry
- Ontario College Certificate
- 28 weeks (2 semesters)
- Registration deadline: August 26, 2022
- Start date: September 2022

Teaching and Learning

Early Childhood Education (ECE): Anishinaabemowin
- In partnership with Canadore College
- ECE Ontario College Diploma
- 2 years, full-time, remote delivery
- Registration deadline: August 15, 2022
- Start date: September 2022

Indigenous Teacher Education Program (ITEP)
- In partnership with Queen’s University
- Bachelor of Education (Primary/Junior)
- 2 years, full-time, remote delivery
- Registration deadline: December 1, 2022
- Start date: May 2023

Pathways to Postsecondary & Employment

- Kenjgewin Teg offers a Ministry accredited and inspected private high school for Adult learners wishing to complete their Secondary School Diploma or attain prerequisite credits while learning through our Adult Education Program (ITEP).
- Students are supported by experienced and qualified secondary school teachers who guide individuals through courses at their own pace. All course content is provided on our online platform allowing students the flexibility to work both onsite and online.

Inspired Learning!

f  Instagram  Kenjgewinteg.ca

UPCOMING LEARNING OPPORTUNITIES

LEARN MORE

KENDJGEWIN TEG
Toronto, ON
(705) 377-4342
374 HWY 551
M'CHIGEENG, ONTARIO
Pet Care & Tips

Hello everyone,

I must begin my article on a sad note. My big short haired fluffy boy BJ is gone. I noticed on Monday, August 22nd that my three boys were a no-show when I let in the cats in the morning and thought nothing of it. Later that day, I noticed I still had not seen Luka, Francis or BJ all day. By supper time I was calling for them but there was still no sign. I was starting to get worried when around midnight Francis came running in. I figured Luka and BJ would not be far behind. And Luka showed around supper time on Tuesday. By Wednesday, August 24 I was really getting worried and still no sign so I started to pray that he would get home safely. That Friday, I knew he was gone, and by supper time my flood gates finally opened and I had a good cry. I was listening to the music channel and they played the song, “Right Here Waiting” by Richard Marx. I noticed a few people around our community have lost their cats, so there must be something around that is getting them. Some people will say what is the big deal, it is only a cat, but I know to some of us they are our pets and also our children. They provide us unconditional love, they know when we are not well, and they comfort us when we are sad. Please, take care of your small pets. The cats have been very nervous and check before they go outside now.

Well, on to some other stuff, like I said before it is really getting dark early in the evening and it almost gets dark by 8:30 pm now. Christmas is not far away, have you done your Christmas shopping yet? I got mine all done already.

Some Cat Facts:
• All modern carnivores, including cats, evolved from felines, which existed approximately 66 to 33 million years ago.
• Winston Churchill had a tabby cat named Jock.
• Russian Blue cats are also known as archangel cats, as it’s thought that they came from the Archangel Isles in northern Russia. (My Luka is a Russian Blue).
• In 2011, Willow, a cat who disappeared from a Boulder, Colorado home, was discovered five years later and 1,800 mi. (2,897 km) away in New York City. She survived owls, coyotes, criminals, and Manhattan traffic. She was reunited with her owners with the help of her microchip.

Well, that is it for now, the cats and I would like to wish everyone a Happy Birthday and Anniversary to all who will be celebrating for the month of September. May all your dreams and wishes come true and have a wonderful year to come. Remember to check in on our elderly and sick or just call to just say a hello. I am sure they would enjoy it. Remember to get your pets fixed to help keep the pet population down in our community. Until next time, take care and remember to watch out for your pets.

From: She-Pet Elizabeth, Empress Farah and Webby Debby (The girl cats). Luka and Francis (The boy cats). And BJ till we meet again some day at the Pearly Gates.

And Me: The Big Cat - Dennis L. McGregor

Chi-Miigwech to all the dedicated volunteers and Whitefish River staff who contributed to the 27th Annual Traditional Pow Wow!

A special thank you for the financial contributions from Wolfe’s, General’s Store & Gas and Staff, University of Waterloo and Whitefish River First Nation.

Miigwech to our elders, fire keepers, dancers, drummers, staff carriers, vendors, community members and visitors.

It was a great weekend in Wawaskinaga, celebrating mino-bimaadziwin! Without all the hard work and tireless support of the countless people, these events would not be possible!

Sincerely,
The Whitefish River First Nation Pow Wow Committee

The crowning of Miss Wawaskinaga, Autumn Shawanda & L’lil Miss Wawaskinaga, Waaskone Sackaney took place on August 21, 2022

Gichi-Nendam Dabishkayek

Happy Birthday Wishes to:
- September 3:
  - To the one itty bitty Aurora
  - My Mommy Priscilla
  - September 5:
    - My bestie cuzin Sandy - Fitty today girl!!
  - September 14:
    - To the wild sister Lynn!!

Birthday wishes also going out to Tammy, Sylvia, Auntie Jean, Sister Martina, Neph Wes Jr., Niece Sasha, Neph Mike Jr., Auntie G(Geraldine), Josie, and to everyone celebrating a September Birthday. I am always available for Birthday eats!!

With lots of positive greetings, Crystal

Happy Birthday Wishes to:
- September 7:
  - To the once itty bitty Aurora
  - My Mommy Priscilla
  - September 9:
    - My bestie cuzin Sandy - Fitty today girl!!
  - September 14:
    - To the wild sister Lynn!!

Birthday wishes also going out to Tammy, Sylvia, Auntie Jean, Sister Martina, Neph Wes Jr., Niece Sasha, Neph Mike Jr., Auntie G(Geraldine), Josie, and to everyone celebrating a September Birthday. I am always available for Birthday eats!!

With lots of positive greetings, Crystal

Happy Birthday to my Mom, Jean on September 11th.
Happy Birthday to my wife Jean on September 11th.
Happy Birthday going out to my Sonny Boy Montana!! You’re doing me proud!! Keep on your journey, setting goals and running them down!! From the meanest Mom in the whole wide world that you’ll never buy anything for. Love you Montana, live life to the fullest and more. Love, Mom

Happy Birthday to our Mom, on September 11th.
Happy Birthday to our Grandma (Jean) on September 11th!
Hugs & kisses for you all day! Love Dryden and Mason

Happy Birthday to our Mom, on September 19th.
We love you mom.
Xavier, Dryden & Mason

Happy Birthday to your parents/grandparents, Lawrence and Jean on September 29th!
We wish you many more Happy Adventures to come!
Love, Liz & Chris,
Louanne & Allen,
Clarissa, Jess & Talon,
Xavier, Dryden, Mason & Aurora.

Happy Birthday to my kids
Joey and Brianna on September 22nd
Love, Mom & Dad

Happy Birthday to Johnny on September 24th
Love, Karen & Brian
Happy Birthday to Daddy on September 24th
Love, Sharkie! Isla

Happy Birthday to our Mom on September 22!!
Love, Laura and Laz

Birthday Wishes: September 2 - my niece Alyssa Recollet
September 4 - my niece Emily McGregor-Gray
September 14 - my nephew Tyler Recollet
September 22 - My daughter Christina Recollet

Happy Birthday to my kids
Joey and Brianna on September 22nd
Love, Mom & Dad

Happy Birthday to Johnny on September 24th
Love, Karen & Brian
Happy Birthday to Daddy on September 24th
Love, Sharkie! Isla

Happy Birthday to our Mom on September 22!
Love, Laura and Laz

Birthday Wishes: September 2 - my niece Alyssa Recollet
September 4 - my niece Emily McGregor-Gray
September 14 - my nephew Tyler Recollet
September 22 - My daughter Christina Recollet

September Birthday wishes to Pearl Bosman, Margaret Cooper & Barb Nahwegahbow! Love the whole Nahwegahbow family!