Gaawiin ka nenmaasiinaanik.
Lest we forget.

On November 11, 2022, the weather was unseasonably warm as Whitefish River First Nation community members gathered for Zhimaagnishii Giizhigad - Remembrance Day ceremonies at the Veteran’s Memorial Cenotaph. Welcoming remarks were delivered by Councillor Esther Osche, followed by an opening prayer offered by Diane Musgrove. Local singers offered a Veterans Song after the Roll Call and Placement of the Remembrance Day wreaths. Cadet Tecumseh Paibomsai read the Act of Commitment and In Flanders Fields was read aloud by veteran Gerald McGregor. Interim Chief Leona Nahwegahbow and WRFN Council members presented Gerald McGregor with the Aboriginal Veteran Millennium Medal. Community members then offered tobacco in the sacred fire, followed by a light lunch of soup and sandwiches. Pane Makwend-min - Always Remember.

Please note that the deadline for submissions for the next issue is Friday, January 6, 2023 at 4:30 pm. Migwetch!
rezoundeditor@whitefishriver.ca
Health Manager - Kim Armstrong

November was a busy month at the Health Centre. We vaccinated 47 community members with their flu shot and an additional 34 received a COVID vaccination. On November 18th we hosted more than 30 community members at our inaugural Diabetes Day. Our Community Health Nurse worked with a number of partners and ensured an abundance of learning opportunities for everyone that attended. Some special services offered to attendees were foot soaks, foot massages, foot care and reflexology.

WRFN Health and the UCCMM Justice FASD Program partnered together to offer a beaded ornament workshop in November as well as a Fish Pie making workshop. Both were well attended and the community members went home with some fantastic creations. Our partners from Noojmowin-Teg were at the Community Centre on November 2nd to share information on their Mobile Mental Health program. Stay tuned for their custom van to be out and about in the community. The Health Unit trained the Health Staff to utilize Naloxone kits in the case of opioid overdose. It was timely as we also offered this training to community members during our Wednesday night NAAW spotlight.

The feature for our team for November was National Addictions Awareness Week, which ran from November 20th to November 26th. This year our theme was “Kina Maamwi Ganawenmi – We will all take care of each other”. Despite a couple of uncontrolled cancellations, the week was a success. On Sunday, we started the week off with a Sunrise Ceremony and breakfast. The weather turned cold on us, so we took the ceremony inside and then we treated to a fantastic breakfast. Monday at the Community Centre we hosted a paint night where we created a community mural and provided a dinner for the participants. On Tuesday evening, the Deadly Aunties tour came to town. The night was filled with a lot of humour and belly laughs could be heard throughout the building. Wednesday dinner menu was a fantastic lasagna. We played Mental Health and Wellness Bingo and had our inaugural community meeting to discuss safe strategies. The community involvement was amazing and the Health and Family Wellness teams appreciate the open and honest conversations that happened, as well as the fantastic sharing that was done to give some direction to the work we’ll be doing in the future. Stay tuned for the next meeting to be announced early in 2023. On Thursday, the Early Learning Family and Children coordinator hosted a candlelight walk and discussion around Fetal Alcohol Spectrum Disorder (FASD) with a partner from Noojmowin-Teg. The walk ended at the Community Centre where more than 10 service providers were available to discuss services and opportunities available in the community. On Friday evening there was a conversation around what to do if someone you care about indicates they intend to self harm. After that and a beautiful prime rib dinner, we were entertained by Magician/Hypnotist Hadlen for the remainder of the evening. On Saturday, we closed out the week with a Healing Circle. Participants were also treated to a grab and go breakfast as well as the draw for our grand prizes. Congratulations to Allien Paibomsai, Rodney Nahwegahbow, Amy Waboose and Joey Nahwegahbow. I would like to give a special shout out to the Health Centre Staff who worked tirelessly during NAAW and did it with joy in their hearts. Also, to the community that supported the programming with amazing attendance, Migwech!!

The month finished up with us hosting Food Handler’s Training where our partner from ISC trained a number of our staff, public works and the education department. The Movember wrap up was held at the community centre on the 30th and had a strong turn out.

For 2023, the Health Centre will look forward to more collaboration within our department, the departments we work closely with and the community. We are hopeful to secure funding to help our team build a Strategic Health and Wellness plan complete with community input. It will allow us to align on what the community wants, the important areas of focus and what we will spend our time and resources on.

We would like to remind you that the Health Centre will close at 4:30 pm on Friday, December 16th and re-open at 8:30 am on Tuesday, January 3rd, 2023.

Each and every one of the team members at the Health Centre wish all of you a very happy, healthy and peaceful holiday season. We look forward to working with you in 2023. If you require medical transportation over the holiday season, you can reach Bev at 705-863-2330. For any other emergency, please call my cell phone at (705) 863-0005.

The Birch Island Group of Alcoholics Anonymous

“The only requirement is a desire to stop drinking”

Sundays at 2pm
Whitefish River
First Nation
Health Centre
17 B Rainbow Road
Birch Island

Season’s Greetings from the Staff of WRFN Health!
Early Learning Coordinator, Caitlin Pitawanakwat and FASD Coordinator, Priscilla Southwind invited community members out for a candlelight walk to raise awareness about Fetal Alcohol Spectrum Disorder during NAAW.

Jacob showcases his artistic prowess at the Paint Social night during National Addictions Awareness Week activities.

Kina Maamwi Ganawanmi, “We will all take care of each other” was the theme of 2022 NAAW in WRFN

Winnie and Anita were the lucky door prize winners after Naloxone Training.

Creating a community mural was a popular event for all ages.

Giweednong Health Link Executive Director, Michael McGregor was on hand during the NAAW Service Providers Fair, held November 24, 2022 at the Community Centre.

Master Hypnotist and Mentalist, Hadlen wowed and entertained the crowd during NAAW.
Medical Transportation

Beverly Nahwegahbow is the Medical Transportation Coordinator for Whitefish River First Nation and has been in her position for three years now. The logistics of Medical Transportation are not as easy as it may appear. There are numerous steps along the way that make the program run smooth.

Utilizing private transportation is the easiest process. When you are at your appointment, you must request a confirmation of appointment card or slip. Return that confirmation to the Medical Transportation Coordinator who then completes a cheque requisition. If your information is submitted by Monday, you will almost always get your cheque by Friday. We don’t say ALWAYS, because sometimes things happen that are out of our control.

If you need our driver to take you to your appointment in the WRFN van, then you need to give the Medical Transportation Coordinator as much notice as possible. The worker will then coordinate with the driver your pick-up time/date and appointment time/date. When you receive your confirmation of appointment slip, you provide that to your driver and they will take care of the rest on your behalf.

Long distance appointments require many more steps. Your appointment information must first be submitted to the Medical Transportation Coordinator at the Health Centre, which needs to indicate the date, time and location of your appointment. If an escort is required, the appointment information must say so. If the appointment is for a child under 18, an escort is given. Individuals with no Driver’s Licence will be asked to indicate that on the application prepared by the Medical Transportation Coordinator. The prepared application is then submitted to Non-insured Health Benefits (NIHB) for approval on the community members’ behalf. This can take up to 5 business days to process, so again, it is vital that you give as much notice as possible. Last minute appointments are very difficult to accommodate. After approval, Medical Transportation will confirm the accommodation and prepare the cheque requisition, if required. Then, the coordinator will call the community member to pick up an envelope with all of the information required. The community member is still responsible for having the appointment slip signed by the health professional and returned to the Medical Transportation Coordinator. From that point, the Coordinator will prepare and submit the reimbursement paperwork with NIHB.

As you can see, there are many layers to each request and the more notice that you are able to give the Coordinator, the easier it is for the process to happen. Next time you see Bev out in the community, give her a big “thank you” for all she does for the community.

If you require medical transportation over the holiday season, you can reach Bev at 705-863-2330.

Family Well-Being Manager - Leslie McGregor

Aanii kinaway!

This is an exciting time of year! My department is busy getting ready for the Christmas season and has planned some activities, including a shopping trip for families without vehicles, the Annual Youth and Elder’s Christmas Dinner, a New Year’s Eve Family Dance, language classes, and beading sessions, to name a few.

Over the past year, we have continued to support families. Although during the COVID times, how we were assisting changed as many of our programs were virtual. They were challenging times; however, we’ve come out the other side and reconnected with the community. For instance, we worked with the Health Centre on National Addictions Awareness Week activities, and it felt good to see everyone participating in the events. We also collaborated with the Health Centre when the traditional healer was in the community.

We continue to work with other departments to support our families. We planned and organized with Shawanoswe School for the GTHL exchange. Coming this winter, the children who participated in the activities in Toronto will host the children (and parents) from Toronto. We are excited to show these kids our northern hospitality and beautiful territory.

I hope you all have a Merry Christmas, and I look forward to seeing you in the New Year!

If you require further information, I can be reached at lmgregor@whitefishriver.ca or on my cell at 705-507-8277.
NEW YEAR'S EVE
PYNX Productions | Family Dance | Snacks

Come enjoy a night of dancing with your family and celebrate bringing in the New Year together!

Where: Community Centre
Time: 8PM-12:30AM

For more information contact: Edward Paibomsai at edwardp@whitefishriver.ca or 705-285-1941.
This is an alcohol and drug free event
Tickets can be purchased from LNHL Warrior Committee members, coaches, managers & parents!

1st Prize: $500 CASH
2nd Prize: $500 CASH
3rd Prize: $250 in Gift Certificates
4th Prize: $250 in Gift Certificates

Draw Date: Friday, January 6, 2023 @ 6:00 pm

All proceeds to Whitefish River Warriors attending LNHL 2023 Tournament in Mississauga during the March Break.

Miigwech! Thank you for your support!
Education Department

Aanii,
Soon the Fall semester will come to an end, and a well-deserved break will be most welcomed by all. The Christmas Season is quickly approaching and everyone in the Education Department would like to take this opportunity to wish all a very Merry Christmas and safe, healthy and prosperous New Year.
Just a little reminder to Post -Secondary Students that you need to submit your Fall semester marks as soon as possible to the Education Department. You can do this by e-mailing education@whitefishriver.ca. Also, please be sure to keep an eye on your email for important dates to re-apply for next year.
We are still seeking a part-time Librarian, however the library is open Tuesday and Thursday from 12:00 pm - 4:00 pm. It is also open Monday, Wednesday and Friday from 12:00 pm - 2:00 pm for the Re-Engagement Program. Please be sure to stop by and make use of these resources. You will always be met with a warm welcome.

The WRFN Education Department is also seeking an Anishinabek Student Support Worker, to assist our students achieve their academic goals, as well as being a support to the students and parent/guardians. Please check out our WRFN App for all the posting details.
We know that each and every one of you students have been working hard and we just want to let you know that we are here to support you in any way that we can. Please be sure to give us a call, send us an email or stop by the Administration Office.
Again, we would like to wish you all a very Merry Christmas, and a Happy New Year.

Stephen Nahwegahbow
Education Manager
education@whitefishriver.ca
cell: 705-863-0555

Bonnie Beattie
Education Assistant
educationasst@whitefishriver.ca
705-285-4335 ext. 226

Whitefish River First Nation Library & Resource Centre
52 Bay of Islands Road, Birch Island, ON, P0P 1A0
Phone: (705) 285-1600
TUESDAY & THURSDAY - 12:30 pm - 4:00 pm
Until Further Notice.

Missed an issue of The Rezound?
Find them online at www.whitefishriver.ca

nongwa maajitaan wii anishinaabemyin gegwa baabiitooke baamaa waabang, gnimaa zaam weykaa adaa’wan. Start speaking Anishinaabemowin today. Don’t wait till tomorrow, it might be too late.
Maamwe Kendaasing Early Learning & Innovation Centre

Aanii Bozhoo from the Maamwe Kendaasing Early Learning and Innovation Centre

We have been working hard on preparations for the upcoming holiday season. The Pre-K classroom has been creating ornaments for their classroom tree, in the form of reindeer and candy-canes! We love to learn and create while getting into the festive spirit!

Miss Cydil has been keeping busy with her little friends as well as teaching Anishnaabemowin throughout the Daycare. The Infant classroom has recently welcomed another Bobcat cub into the mix and his name is Cohan. Miss Tina is extra excited about this addition because Cohan just happens to be her nephew!

Aanii from the Toddler Room!
The Toddlers have been busily making Christmas decorations for our tree as well as our room. They have also been doing a great job learning different Ezhiyaag in Anishnaabemowin, like Waawewayaa, Kakdeyaa and Nang. We would like to wish everyone a Merry Christmas and Safe Holidays from all of us in the Toddler Room!

Aanii families
November was a fun-filled month we took advantage of the beautiful warm weather and explored the bush, aka forest school. We had fun flipping logs and discovered a few salamanders! As we rolled into December, the children and staff have been making homemade Christmas ornaments. We continue to learn about changing weather and how to stay warm when it is cold outside. We have had many learning opportunities with sensory play. Sensory play allows children to develop the fine motor muscles in their hands and learn cause and effect. Miss Josie filled up the water table, and Mr Greyson and Miss Gemma splashed and played with different learning materials. Miss Cydil comes into each classroom, and we have a drumming circle; the children are learning Ngii waab-maa sa Santa Claus (up on the rooftop) in Anishnaabemowin; the children really love the HO-HO-HO part. We would like to welcome our littlest learner to our infant room Mr Cohan.

The Daycare Staff had a great 2-day Professional Development experience with Sophie Pheasant. The team was able to explore out on the land, making fires with foraged materials and lighting our fires with flints working together as a team and re-igniting our own inner fires. On the second day we dusted off our sewing machines and made ribbon skirts. Miigwech Sophie for the teachings and the opportunity to enhance our team-building relationships.

The staff has worked hard on our festive holiday doors, the Pre-K class door includes all the children as elves delivering gifts to Santa’s sleigh, and the reindeer are anxious to get out of the barn. The toddler door room is a beautiful Christmas tree made out of their little hand prints. The infant room door looks good enough to eat with gingerbread and gumdrops.

On Friday, December 9th we had our annual Christmas dinner. Julie our cook outdid herself (again) with a turkey and ham dinner with all the fixings. The children and staff feasted; what a great way to end the work week.

We wish all our daycare children and families a warm and Merry Christmas from the Early Learning Team at Maamwe Kendaasing Early Learning and Innovation Center.

Daycare Educators Selena Wahsqounaitezhih & Candace Perrault celebrate the season with little friends.

Everyone welcome!

Big Drum Teachings
Instructors: Craig Fox & Gregor Jacko

Thursdays 6:00 pm - 8:00 pm
Located at Shawanosowe School.
Dinner provided.

Drumming session dates:
December 8, 15, 2022
January 12, 19, 26, 2023

For more information please contact Nala Toulouse at 705-285-1941.

The Daycare Staff had a Professional Development experience with Sophie Pheasant exploring out on the land.
Aanii everyone!
This past month November flew by and December blew in like a whirlwind! To quickly recap on the month’s events, Book Club, Playgroup and the Christmas Make & Take event were all well attended. There were nearly 60 participants at the Who’s Crafty Christmas Craft day! It was so nice visiting with the families of our community and seeing everyone laughing, chatting and carefully creating some wonderful crafts! A highlight for me was making hot chocolate for everyone and seeing the children’s excitement putting on their own toppings (chocolate spoons, crushed candy canes, whipped cream and marshmallows) to make their seasonal drink extra special.

Looking ahead to the New Year, in January we will be hosting the Baby Welcoming. In keeping with tradition this event will be combined with the Kings Day Feast. It is sure to be a great evening celebrating the children born in 2020, 2021 and 2022 from our community. There will also be playgroup on January 12th, some field trips planned in collaboration with the JK/SK class for Shawanosowe School and a Boys Regalia Making workshop planned at the end of the month. Keep your eye out for upcoming flyers! As always, I am only a phone call or email away. I can be reached at (705) 285-7777 or at caitlinp@whitefishriver.ca.

In closing, I hope everyone has a safe and wonderful holiday season spent with family, friends, and those you cherish. Baamaapii until 2023!

Migwech,
Caitlin Pitawanakwat

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**Join us!**

**KINGS DAY FEAST**
**AND BABY WELCOMING**

Celebrating and welcoming the children born in 2020, 2021, & 2022

Friday, January 6th | 5 PM
Whitefish River First Nation
Community Centre

For more information, please contact Caitlin Pitawanakwat at (705) 285-7777 or at caitlinp@whitefishriver.ca
Aanii kina wiyaa! Bnaashkaako din Giziig (Freezing Moon) has passed, and already we are beginning Mniido Gizinhiin Lhpaamuk (Little Spirit Moon). While Dwaagi (Fall) is one of my favourite times of year, I also enjoy the white stuff. I hope we receive enough snow to snowshoe this holiday season!

On the weekend of November 4th – 6th, 2022 a group of excited 9-13 year olds accompanied by high school seniors and parent chaperones headed to Toronto to play hockey and tour some hockey-related sites in the city along with a group of Scarborough select players. This was the first part of a collaborative cultural exchange pilot project involving our school, the Family Well-Being Team, and the Greater Toronto Hockey League. The second part will take place on the weekend of February 3rd – 5th, when the Scarborough team will be headed up to Whitefish River, where it will be our turn to host them. In addition to having some indoor ice time, we hope to take the Scarborough kids out for some hockey on the bay, a winter cookout and other activities that showcase the best of life ‘up north’. We will be calling on the community to welcome our southern friends in this fun and important endeavour! Stay tuned for upcoming volunteer meeting dates!

The week of November 7th – 11th was Treaty Week and included both Remembrance Day on the 11th and Anishinaabe Zhimaaginiishi Giihi-gad (Indigenous Veterans’ Day) on the 8th. On this day staff and students gathered in the gymnasium to reflect and share poems and were also presented with a slide show commemorating the many veterans from Wiigwaasinkinaga who have served over the years.

Student progress reports went home the week of November 14th and it was wonderful to be able to invite parents into the building to conduct parent-teacher interviews. Judy Nahwegahbow visited all our classrooms in turn November 30th and December 1st to work on birch bark crafts with the students. Chi miigwech, Judy!

Friday, December 2nd, was our first holiday-themed event: Breakfast with Santa! It was heartwarming to witness so many students welcoming their families into the building to share a meal along with their excitement at the visit from the ‘Big Man’ himself. These are memories that will last for years to come. Chi miigwech to everyone who made it happen (big shout out also to all the ‘elves’ who decorated the school in advance) and to all those who came out to participate.

Merry Christmas from Miss Fairbairn’s Grade 1/2 Class. They got their letters in to the Head Elf in plenty of time for the big day!

As we look forward to the remaining days before the holidays, please make sure you have marked down Wednesday, December 14th in your calendars. Our annual Christmas Concert (and our first in-person version since the pandemic) will be held in the Community Centre at 6pm on this day. Looking forward to seeing everyone there!

Steven Whitaker
Principal

Merry Christmas and Happy New Year from the Staff & Students of Shawanosowe School!
Elder Jean McGregor accompanied by her Grand Nephews Quintin and Leonidas during Roll Call and Wreath Placement for her brother Theodore McGregor.

Fish Pie making hosted by the UCCMM Justice FASD Program.

Jerome & Tammy attend Remembrance Day services.

The Ziegler family honours our veterans at WRFN Remembrance Day ceremonies.

Judy & Alex attend Remembrance Day services.

Migwech to the generous contributors of the 2022 UCCM Anishnaabe Police Annual Christmas Food & Toy Drive!

Natasha gears Caleb up for the upcoming hockey season.
Patricia, Sandy & Monica participate in the beaded poppy workshop.

Remembrance Day welcoming remarks were delivered by Councillor Esther Osche.

WRFN commissioned Mike Cywink to create a painting for former Chief Shining Turtle.

Tennille and Daniel made beaded poppies together!

Veteran Gerald McGregor received the Aboriginal Veteran Millennium Medal.

Raring to go for hockey season.

Danette & Murray Jr. attend Remembrance Day services.

COMMUNITY CELEBRATION
The turnout for the Community Celebration for Former Chief Shining Turtle was great. The crowd gave the Former Chief a rousing round of applause as he entered the building. The celebration was to recognize his 20 years of service to the community, his time, his dedication, and passion. He was a relentless advocate for our community and he used his knowledge in engineering to help our community grow. He had a vision for the community of Whitefish River and worked tirelessly to make that vision a reality. WRFN commissioned Mike Cywink to create a painting for Shining Turtle. It had 20 stars to represent his 20 years of service, a tipi on the turtle shell to represent WRFN and his responsibilities to the community, surrounded by Dreamer’s Rock, the water and a sturgeon. A very beautiful painting that made a very beautiful gift.

DECEMBER ACTIVITIES
As we enter in the holiday season WRFN kicks off the month with the Annual Youth and Elders Christmas Dinner on December 2nd, followed by the Christmas Gift Make and Take on December 3rd and we see the return of the Christmas Bazaar on December 4th. We are capping off the week-end with the Annual Christmas Parade. At 1:30 pm the parade started from the WRFN Water Tower, made its way down Maple Heights, continued down Rainbow Ridge and ended at the Community Centre where the Bazaar was taking place. The month of December will end with the New Year’s Eve Family Dance being held on December 31st at the WRFN Community Centre. Come ring in the New Year with some family fun, dancing and snacks. Doors open at 8 pm.

2022 HOLIDAY GIFT CARD
Miigwech for all your patience with the 2022 Holiday Gift Card application and distribution. The gift cards are only for Registered Whitefish River First Nation Band Members. Deadline to submit an application is December 31, 2022. No applications will be accepted after that date. If you indicated pick up on your application, the Holiday Gift Cards will be available for pick up on December 12, 2022 during regular Administration Office Hours. You will be asked to show your photo identification and sign to receive your card. This year’s gift cards will be a PC gift card valued at $500.00. It’s important to note, the value of the Holiday Gift Cards will vary year to year based on available funds. Gift Cards will be starting to get mailed on December 1st, 2022.

OFFICE CLOSED
The Administration Office, Health Centre, Family Well-Being, Shawanowswe School and Maamwe Kendaasing Day Care will be closed from December 19th, 2022 through to January 3rd, 2023. Garbage Pick up and Water Delivery days will not change throughout the holiday.

UPCOMING NOMINATION MEETING AND ELECTION
The Nomination meeting has been rescheduled to take place at the WRFN Community Centre on January 5, 2023 from 6:00PM to 9:00PM and the Election date is rescheduled to place on February 21, 2023 from 8:00AM to 8:00PM at the WRFN Community Centre. The Election Code, supporting Nomination documents, and the official Voters List of all Eligible Electors is posted and available during regular business hours at the Whitefish River Administration Office; and can also be requested from the Electoral Officer; and is available to download at: https://www.onefeather.ca/nations/whitefishriver

15-LOT SUBDIVISION
The construction of the 15-lot subdivision will continue on throughout the season and periodically during daylight hours. Please note blasting will from December 2022 to March 2023. The community will be given 48 hours notice via social media and the WRFN App.

BLAST OPERATIONS
A warning siren will be sounded prior to initiation, and following the completion of each blast. The warning siren procedure for this project will be as follows:
• Following completion of loading, matting, blasting area clearance, and positioning of guards, 3 short sirens will be sounded;
• One-minute wait, blaster-in-charge completes final check with guards, and a long siren is sounded;
• Blast imminient;
• Following the blast, the blaster-in-charge will inspect the blast site to ensure complete detonation of charges has taken place;
• All clear siren is sounded.

A CHRISTMAS WISH
May your Christmas sparkle, and be merry and bright. I hope it comes with peace and happiness that lasts throughout the year. Wishing you a very safe and happy holiday season!

As always if you need to get a hold of me, my cell number is 705-863-3294 and my email is band-manager@whitefishriver.ca. Please Be Safe, Be Well, Be Kind. Miigwech
November 4, 2022

Dear Community Members,

The Holiday Season is quickly approaching and we are preparing to send out the 2022 Holiday Gift Card. Please note, that this year all Registered Band Members are eligible to receive a 2022 Holiday Gift Card. In order to receive the 2022 Gift Card, you must be complete and submit the following application form. This year’s gift cards will be a PC gift card valued at $500.00.

For Registered Band Members under the age of 18, only one parent or guardian can include them on their application. For everyone 18 years and older you must complete and submit your own application. This includes adults living in the same household. Deadline to apply is December 31, 2022.

The gift cards will be mailed out starting December 1, 2022. If you have questions about the Gift Card distribution, please contact me at (705) 285-4335 or via my email bandmanager@whitefishriver.ca

Be safe, be well, be kind.

Sandy Jacko
Band Manager

WHITEFISH RIVER FIRST NATION
17A Rainbow Ridge Road, PO Box 188, Birch Island, Ontario P0P 1A0
TEL (705) 285-4335  FAX (705) 285-4532  www.whitefishriver.ca
Trust Secretariat/Rainbow Lodge Manager - Leslie Manitowabi-Recollet

I am hoping and praying for snow so I can be touring the great landscape surrounding Birch Island on my snow machine and enjoy a nice winter fire, like this beautiful shot from last winter. Bring on the snow!

As 2022 is coming to a close, I have been reviewing the past season for Rainbow Lodge, reflecting on the Community Conversations and making plans for improvement in 2023.

Rainbow Lodge

The goals for Rainbow Lodge for the 2022 season were to achieve sales of $55,000, achieve occupancy rate of 60% for lodge and 50% for the cabins, hire additional staff for the season, seek wage subsidy programs and provide training. Sales for the 2022 season have exceeded the goal by over $30,000. Shtaahaa

Below are the statistics for the occupancy rate for the entire season. We exceeded the goal of 60% for the lodge to 79.8% and exceeded the 50% for the cabins to 60.9 to 63.9%. I’m happy to report we have met our goals and we’re already planning to meet next years goals.

There were some expenses such as the septic lift pumps that needed to be replaced. This was expected as the building is going into the 15th year of operations.

The 2023 season is booking fast, the main lodge is already 70% booked for the season, if you are interested in booking, please call me to discuss at 705-285-4335 or email me at rainbow-lodge@whitefishriver.ca.

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Aanii,
Seasons Greeting to all of you, may all that is beautiful, meaningful and brings you joy be yours this holiday season and throughout the coming year!
Trustee Selection Committee Process

- Briefing note to Council at least 3 months in advance of Trustee term expiring
- Council to review and approve Terms of reference for Selection Committee
- Council to appoint member of Council as ex-officio member
- Post for 3 Trustee Selection Committee members
- Set deadline and advertise

- Solicit for applications
- Review applications and supporting documentation as soon as reasonably possible
- Interview applicants using the interview questions approved by Council.

- Briefing note to Chief and Council will include
- Application summary;
- Summary of interview results;
- Recommendation and reasons for selection;
- Recommendation for one alternate trustee and one alternate ex-officio Youth Trustee and;
- Terms of office 2 years

- Final decision on the appointments is made by Chief and Council

Per Capita Distribution (PCD)
Here is a breakdown of the PCD for 2022.
Band Members who claimed from 2020
Qualifying list = 17 $ 425,000.00
Band Members who claimed from 2021
Qualifying list = 3 $ 79,487.37
Band Members who claimed from 2022
Qualifying list = 6 $164,149.74
Total Members who claim in 2022 = 26 members $668,637.11

In 2020 there was 1134 members who were qualifying members (means a member that was both alive on the day of the vote and was a member on the day of the vote, and who has reached the age of twenty-one (21) or has reached the age of eighteen (18) and graduated from high school or local equivalent, whichever occurs first.) Since then 1067 members claimed their Per Capita Distribution which is 94%. In 2021 there was 17 members who may be qualifying members provided that they were 18 years of age and graduated from high school. 11 members claimed their Per Capita Distribution in 2021-2022 which is 64.7%. In 2022 there was 17 members who may be qualifying members provided that they were 18 years of age and graduated from high school. There has been 6 members who claimed their Per Capita Distribution which is 35.2%. In 2023 there will be 19 members who may be qualifying members provided that they were 18 years of age and graduated from high school.

In the new calendar year, we will continue to try our best to send the members the forms if we have their address upon their 18th birthday.

*The PCD is a one-time payment, if you have not claimed*

If you should have any questions or suggestions please feel free to contact me at lrecollet@whitefishriver.ca or 705-285-4335 or 705-863-0255. Baamaapi – Happy New Year!

NIIGAAN NAABIDAA TRUST

LOGO CONTEST

We are looking for a logo design for Niigaan Naabidaa Trust

In September 2018 a name contest was held for the Trust and Barbra Nahwegahbow provided the winning name. Here is her submission for the name.

“Niigaan Naabidaa – Let’s Look Ahead – This name will remind us to always look ahead when making decisions, to make decisions that will ensure a better future for our community and especially for our community’s children, to look at how those decisions will impact future generations, those yet unborn and to make only those decisions that will be beneficial for them. This honors the teachings of our ancestors who instruct us to think 7 generations ahead. This name implies that not only will we look to the future, to the ones who will come after us, but we also look to the past, i.e., the wisdom of our ancestors, the ones who came before us.”

“I believe this name can serve as a useful tool for not only those involved on the Trust Committee as well as Chief and Council, but for all community members.”

$500 for winning submission

Deadline January 27, 2023 at 4:30 pm

Submit to:
Leslie Manitowabi-Recollet, Trust Secretariat
trust@whitefishriver.ca
705-285-4335
Logistics Manager - Kim Laundrie

Happy December Everyone!!

The Administration office will be closed for the holidays after December 16, 2022 and reopening on January 3, 2023, so if you would like to book the Community Centre or the 7 Fires Centre during that period, please do so prior to the office closure. In addition to this, the same would apply to scheduling appointments for status card renewals or replacements.

With the holiday season upon us, I would like to take this time to wish each and every one of you a safe and happy holiday with your families.

If you need to reach me, please feel free to email me at laundrie@whitefishriver.ca. See you in the New Year!!

Larry & Pauline try their hand at beaded poppies.

Mabel & Marjorie get crafty!

Former Chief Shining Turtle receives a WRFN quilt for his years of service.
December 2022 Housing – Third Quarter
The following items are a portion of the projects we have on the go in Housing.

- **CMHC Section 95-Project 12**
  - Project started in April 2022 which included the construction of 3 units.
  - Project Complete - additional work will be done to complete an additional bedroom in the basement for larger families; based on the housing needs.
  - Tentative move in dates January 2023.
- **CMHC Section 95-Project 13**
  - Conditional approval received in June 2022.
  - Final land use September 2022.
  - Final CMHC Application and BCR to be forwarded to Chief and Council
  - Final MLG for BCR to be forwarded for approval.
  - Approval received November 24, 2022 from CMHC.
- **ICS Enhanced Housing –2022-2023**
  - Conditional assessments completed in September 2022.
  - Funding submissions completed for 10 band rental units in the amount of $278,000.00; still pending.
- **ICS Enhanced Housing 22/23**
  - Prepared lot servicing and new housing construction expression of interest.
  - Additional information requested from ISC.
  - Submitted on September 30, 2022- waiting for final approval.
- **CMHC ERP**
  - Preparation application for three housing units for a CMHC Emergency Repair Program
  - Complete site inspection and gather a quote for approval.
  - Supplies on order for work completed; one project complete.
  - Two projects in the process.
- **CMHC Special Projects.**
  - One time funding to complete conditional assessment for all CMHC Section 95 units over 5 years old.
  - Conditional assessment for 61 CMHC Section 95 Units.
  - This final report available January 2023.
- **Sudbury Community Service**
  - Provided youth financial empowerment sessions – started with four and completed with one participant.
  - Community outreach for band members to get ID, SIN numbers, license, birth certificates, income tax, applications for old age security, bankruptcy, investment, and financial planning.
  - 16 month one time program – specifically for Whitefish River First Nation sponsored by Prosper Canada.
  - More dates will be opened January – March 2023.
- **“Wills” and Power of Attorney Program**
  - Outreach program - provide bands with access to legal assistance in making “Will” and “POA”
  - This program is to provide awareness of the importance having a will when a home and land is involved by a band member on the First Nation;
  - Housing Department assisted with the program was temporary April – November 2022.
  - This program complete – November 30, 2022.

If you have any questions about the information presented, do not hesitate to call Housing at 705-285-4335 or email me at georginar@whitefishriver.ca.

### Help for LOW-INCOME CONSUMERS

**Low-income Energy Assistance Program (LEAP)**
- Emergency financial assistance – This program provides a one-time grant towards arrears on your electricity or natural gas bill if you are temporarily unable to make ends meet in an emergency.

**Ontario Electricity Support Program (OESP)**
- This program provides low-income consumers with a monthly on-bill credit to reduce their electricity bill.

### Energy Conservation
- Utilities offer programs that can help you reduce your energy use and lower your overall household costs.

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### WHITEFISH RIVER FIRST NATION
CMHC MORTGAGE AGREEMENTS

<table>
<thead>
<tr>
<th>Project</th>
<th>Amount Owning</th>
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<tbody>
<tr>
<td></td>
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<tr>
<td>Project 1</td>
<td>$91,264</td>
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<tr>
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<td>$845,100</td>
</tr>
</tbody>
</table>

* Unaudited as of December 2022.
Community Energy Champion - Ryan McGregor

The month of December is upon us, the snow is falling, Christmas lights are going up, Santa and his elves are going over their lists, I heard they usually check them out twice.

Our community has been approved for the Indigenous Community Energy Plan, which will help us update our community goals and aspirations to become an energy efficient community. The process of garnering information has already begun. If you have not heard or seen, we had a Community Energy Survey circulating. Hard copies were available at WRFN Administration, and the WRFN app and on social media. Each completed survey entered your name in for iPad draw with a limit of one entry per community member.

The Indigenous Energy Project has also been approved. The current energy plan that was set up in 2016 stated that we would like to be more self-sufficient through solar additions to our homes. The first step in the process would be to ensure we have the infrastructure, proper areas for capturing sun time, and exploring the right type of set up for our community. We also need to identify the correct system to incorporate into our houses and community. Information sessions will be planned in the near future.

The First Nations Community Building Retrofit Program has been approved and are currently in the process of implementing energy saving ret-

Economic Development Officer - Stuart Wilson

Aanii!

Wow is it December already?!?! We kicked off winter in WRFN with an amazing turnout at our first post-lockdown holiday parade as well as our Christmas Bazaar on December 4th, 2022. I would like to thank all of our float participants, as well as all of our wonderful vendors and shoppers at the bazaar for making the day such a success. We were able to make a large donation to UCCM’s Stuff the Cruiser campaign with all the toy and non-perishable food donations.

Looking ahead, there are many exciting opportunities that will be popping up over the coming months. In January we will be hosting representatives from the Canadian Coast Guard (CCG) to raise some excitement around the new WRFN auxiliary unit. The date for this recruitment session is tentatively set for Tuesday, January 17th, 2023. Additional details to be released closer to the date. For any questions regarding the partnership with CCG, please get in touch with myself or Stephen McGregor at the WRFN Administration or via email at edo@whitefishriver.ca & stephenm@whitefishriver.ca

Also happening in January is the Annual Maple Syrup workshop presented by Ontario Ministry of Agriculture, Food and Rural Affairs (OMAFRA). This all-day workshop is scheduled for Friday, January 20th, 2023. The event is catered towards local syrup producers but is open to anybody who may be interested in learning about the process of syrup production, threats to the industry, tips relating to food safety and proper handling of goods, and much more. A full list of speakers will be released closer to the day of the event.

Anyone with additional ideas, questions or concerns is asked to please get in touch as I can be contacted at the WRFN Administration office by phone (705) 285-4335 or via email edo@whitefishriver.ca.

Thank you and happy holidays!

Movember Celebrations in WRFN.
Lands and Order - Keith Nahwegahbow

Happy Festivus!

On December 3rd we attended the Harvest Gathering workshop in Sault Ste Marie. It was great to see the old colleagues as this was our first in-person meeting since before COVID. There were many topics of discussion at the meeting, but the main topic was hunting and the jurisdiction of rights. The Possession and Acquisition License is important for your safety and the safety of others. We do have rights to hunt but we must first respect the animal the natural law and hunting traditions. Provide some of what you have harvested back to the community, elders, and those who don’t have the ability to hunt. There was only so much we could discuss in one day. Moving forward the Anishinabek Nation will work on new programming to assist First Nations in reconnecting to the land and provide opportunities for youth to participate in traditional hunting practices. They will also provide updates on inter-treaty harvesting.

Looking forward to 2023, I will be attending the Fisheries Management Zone (FMZ) 14 to talk about the upcoming proposed changes to the Walleye season in the Whitefish River and North Channel. In 2020, before COVID, I started working with the Ministry of Natural Resources and Forestry (MNRF) and the FMZ groups to change the Walleye season in the Whitefish River and North Channel. After the initial proposal at the FMZ, we will then go to the appeal board. This is where we were at now. After the appeal board it will go to public consultation. The proposed change is to extend the river mouth buffer zone and change the walleye season start date to June 1st. This will protect the Walleye leaving the river after spawning season.

Attention Citizen Scientists! In 2023, the Lands Department will be starting an “inaturalist” group for Whitefish River First Nation. Inaturalist is an application for your phone or tablet that helps you identify anything in the outdoors. Plants, animals, insects, mushrooms etc. This will help create a local database and local environmental inventory. Special prizes to be won for each community member that signs up. Brought to you by our Land Revisioning Program and the Ontario Aboriginal Lands Association. For more information call the Lands Department at 705-285-4335.

Miskwoka McGregor represents WRFN proudly during Remembrance Day Services in the nation’s capital.

[Image: Miskwoka McGregor represents WRFN proudly during Remembrance Day Services in the nation’s capital.]

(–) WRFN Council members, Esther Osche, Brian McGregor, Todd McGregor with Interim Chief Leona Nahwegahbow, Veteran Gerald McGregor, and WRFN Veteran’s Eagle Staff Carrier Tim McGregor.

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### WHITEFISH RIVER FIRST NATION COMMUNITY NOTICE

### ABSOLUTELY NO NIGHT HUNTING

**BCR #2189**

**October 30 2000**

The following is a reminder to help keep everyone safe during the HUNTING season.

- DO NOT hunt in residential areas;
- DO NOT fire rifle close to residences;
- DO NOT shoot from a moving vehicles or vessel;
- DO NOT hunt without your status card or PAL license;
- ALWAYS have a safety plan!
- ALWAYS obtain permission when hunting outside your territory!
- For safety! Always tell someone where you’re going and when you will return!
- If you are using hunting areas be cautious of hunters!
- And ALWAYS wear hunters Orange
- AVOID LAFARGE during operational hours; (8—5PM)
- RESPECT and treat all animals with respect and harvest with little waste as possible
- RESPECT other Hunters and Land Users.
- ALWAYS label your and deer stands and blinds!

* For a map of our hunting areas or for more information please contact the WRFN Lands Department!*
Infrastructure and Emergency Services Manager
Richard Shawanda

With Christmas just around the corner we need to be extra cautious when getting ready to celebrate Santa’s arrival. Please do not overload electrical outlets and make sure that any electrical extensions or adapters (power bars, surge protectors) are CSA approved for use in Canada.

Water Plant Operations

The Water Plant Operators are on call 7 days a week, 24 hours a day, rain or shine. During the holiday season the Water Plant Operators will still be doing the tasks that need to be done with providing clean, potable water to the community members. Should you have any questions or concerns with regard to your water supply please call the water plant at 705-285-0007 or after hours or in the event of emergency situations call Richard Shawanda at 705-562-3583.

Water Delivery – Christmas Break
Water delivery services will remain the same for the Christmas shut down. Tuesdays, Wednesdays and Fridays will be of normal operation. Please monitor your usage during the holiday season as you may have extra family visiting and running out of water will not be ideal. Should you require emergency assistance during this time please contact Richard Shawanda (Infrastructure and Emergency Services Manager) at 705-562-3583 to set up a time if needs be. Just a friendly reminder to keep your driveways clear and holding tanks accessible for water delivery days. We are still in the process of getting pricing for a brand-new water delivery truck, with hope of having this replacement early spring/summer of 2023.

Fire Protection/Emergency Services
With the winter months now upon us we have to take extra care in our homes and businesses. Please do not overload electrical outlets and be mindful when using extension cords and power bars. Overloading these items may result in electrical fires. Fire extinguishers need to be checked to make sure they are still holding their charge and are not expired. I will be working with the Health Team in developing a plan in which we will be conducting a fire extinguisher exchange and an alarm giveaway to the Elders of our community by visiting each of the households and exchanging the older units with new ones. This will commence in the new year.

The Difference Between a Power Strip and a Surge Protector
Technically, both a power strip and a surge protector look like they’re exactly the same thing. They both allow for multiple devices to be plugged in at the same time. However, a surge protector has some pretty telling differences. Cost-wise a surge protector is more expensive than a normal power strip. When it comes to the features this is where it packs a punch. They can have a light installed near the power button. These light-up when plugged in. The main feature is what truly stands out. A surge protector contains components such as a safety switch, which can help protect your devices. There are times when electrical current surges, when this happens appliances without surge protection are damaged. Unfortunately, you can’t plan for electrical spikes, they happen randomly. This is why it’s important to use surge protectors instead of regular power strips. Keep in mind that appliances affected by an electrical surge CAN fuse, creating sparks that can lead to an electrical fire.

How to Use a Surge Protector Properly?

A general rule of thumb is to not use surge protectors for high-powered appliances such as your washing machine. It’s also advised to not connect multiple surge protectors together. It may seem like a handy way to get more outlets but all it is, is an electrical fire hazard. If you would like to lengthen the reach of your surge protector, make use of an extension cord instead. Keep in mind that an extension cord is not a permanent solution but rather a temporary one.

How Do I Know if it’s Overloaded?

While you can plug in multiple devices, keep in mind that it depends on the type of device you’re plugging in. For example, it may seem like a lot to have seven cellphones charging at the same time. However, those seven cellphones use less electrical current than a toaster, coffee pot, and an air fryer used at the same time. You don’t want to risk causing unnecessary issues. If the protector feels hot to the touch it may be overloaded, unplug unnecessary appliances.

Things to Keep in Mind when Buying a Surge Protector

While saving some money is always great, there are things you shouldn’t skimp on. A surge protector will often offer protection against a certain number of joules. The higher the number, the more protection you have. Just keep in mind that if electrical surges are common in your area, your protector will wear out over time. Some manufacturers may offer a warranty on their surge protectors in case of failure. Take note when making your purchase and ensure that you’re using it correctly. Also try to avoid gimmicks and stick to trusted and reputable brands for your household’s surge protection.

These are just a few of the items that I will be undertaking in the near future. Should you have any questions please feel free to contact me at lesmanager@whitefishriver.ca or call at 705-285-0007.
Public Works Manager - Francis McGregor

Aanii,

On behalf of the Public Works Department we would like to wish everyone a Merry Christmas and a Happy New Year. Enjoy your time with family and loved ones.

Over the Christmas Break, the Transfer Station will remain open on the regular schedule. The hours are Wednesdays from 8:00 AM to 6:00 PM and Saturdays from 8:00 AM to 3:00 PM. The Curbside Pick Up will also remain the same. Curbside Pick Up will start at 8:00 AM on Wednesdays.

The Public Works Department is proud to announce the newly hired attendant for the Transfer Station. Andrew McGregor will now be in charge of all duties related to the Transfer Station.

A big congratulations to Tristan McGregor for completing his training and receiving his DZ driver’s license.

The winter season has arrived, so I would like to take this time to remind everyone to drive according to conditions and obey all speed limits. Community salted sand is available beside the Firehall.

I would also like to thank the maintenance crew of Aaron Recollet, Tristan McGregor, Todd McGregor, Riley Recollet and Tyler Recollet for continuing to perform their everyday tasks for our community. It is very much appreciated.

If you have any questions or concerns, I can be reached by cell phone (705) 330-2760 or email (publicworksmanager@whitefishriver.ca)

Migwetch,
Francis McGregor

Pet Care & Tips

Hello everyone!

I would first like to wish everyone a very Merry Christmas and a Happy New Year! I hope Santa brings you what you wished for. Getting ready for Christmas and decorating used to be my favourite time of year. I would go into the bush looking for my tree and I was very fussy about how my tree looked. It had to have very strong branches to hold up all the decorations and lights I would put on it. As it got harder for me to go out I would buy real trees and then eventually bought an artificial one. Nowadays the artificial ones look very real, not like before! They all just had straight branches sticking straight from the trunk. Later still, I bought a white tree and would alternate between the green and white from year to year.

Our family gathering for Christmas would also be hosted at my house; that was the only time we all gathered together. It started shortly after I graduated from cooking school. I had no money to buy Christmas gifts for my family members and so I told them that I would cook a full turkey dinner as a present for them. That is how our Christmas gatherings started, but later as my health declined I stopped. Cooking a turkey dinner is a lot of work, but I would have a nice feeling and a good rest afterward.

My late cat, Queen Khafra, used to help me decorate for Christmas. She would hold the garland in her mouth when it came time to put it up. For some reason she knew Santa would be coming. She would prance around the house knowing she would soon be getting her little toys and treats for Christmas. Luka and She-Pet Elizabeth are doing fine and spending more time indoors now that it is getting cold. They are also starting to bulk up for winter again. I enjoy reading about the community members’ pets and what they like and do. I hope we will hear more. One of these days I will get a picture of my two and you will get to see what they look like.

Some Cat Facts:

• CSI Kitty: A cat’s urine will gleam under black light because of its high protein content.
• When a cat died in ancient Egypt, its owners would shave off their own eyebrows as a sign of mourning.
• Cats don’t blink, but they will squint their eyes to convey affection and ease around another cat or human. (I notice She-Pet Elizabeth will do this to me when she looks at me sometimes).
• Listen closely to your kitty on National Answer Your Cat’s Questions Day... and every day!

Well that is for another month, and as usual the cats and I would like to send Birthday and Anniversary wishes to all who will be celebrating for the month of December. Remember our elderly and ones not well during this time of the season. Maybe drop them off a care package, like a nice turkey dinner and maybe a little present just to let them know they are being thought of. For some of those who live alone this can be a very lonely time of year. ‘Till next time remember to get your pets fixed to help keep the pet population down in our community. Remember to keep them warm on these cold winter days and maybe build them a nice warm shelter for them.

Bye for now from:
- Luka and She-Pet Elizabeth (the cats).
And me - The Big Cat.

Dennis L. McGregor
December’s Pet Profiles

Siren McGregor-Tonge

At first, it’s just a whisper a distant feeling of need but of what? All too quickly though, you hear it clearly the mournful song of Siren a two-year-old British shorthair beckoning you to come to her and feed her breakfast. Her tuxedo markings say stay awhile I’ll take some pets. You have other things to do but now she mows to you “no you don’t pick me up so I can lick the skin off your neck.” You lean down automatically but suddenly the spell is broken, it’s that blasted dog her great nemesis Samurai come to play your neck will have to wait.

Maybe she’ll go eat some grass outside and stare at those filthy rodents outside that torture her with the closeness of their bushy tails swaying and twitching they call to her like some kind of... if only she could break free of the harness. Oh well, she’ll settle for some treats inside. There’s Samurai though, but he’s sleeping. She’ll.snuggle him now not because she likes him but just to confuse him. She likes to keep everyone on their toes. Maybe you’ll see her at the windows, maybe you’ll see her in the yard, maybe you’ll see her in a sled pulled by the dog. One thing’s for sure you won’t forget her.

Samurai McGregor-Tonge

This is Samurai a Husky/Sheppard mix though his spirit leans toward the Husky. He’s about six months old now but has the energy and stamina of a fully-grown horse. He loves going for walks every day so you may see him out and about on the trails or the road.

Be warned though if you say hi to him, he will love you forever. He loves kids, he loves adults, he loves elders and he will express his love for you all with howls, moans, whistles and Husky talk.

He hasn’t quite figured out that his frenemy Siren is a cat and tries to encourage her to loosen up by eating her toys and gently wrestling her. With the beatings he’s taken aside, Samurai feels things are progressing slowly but surely as evidenced by the nighttime snuggles.

He is, however, currently taking applications for doggy friends of all ages. Interested parties may apply in-canine, please bring a sniff and a happy tail.

Samurai and Siren have found their fur-ever home with Brianna, Jonathon & Isla.

Would you like to see your beloved furbaby featured in the monthly Pet Profile section of The Rezound? Email me a picture and information of your family pet, and they may be our featured Rezhound or Rezcat!

Email me at: rezoundeditor@whitefishriver.ca

Gichi-Nendam Dabishkayek 🎉🎊

Happy Birthday to the
BEST mother & wife
on December 15th!
Love you!
Lee
Nico, Deacon & Haisley

Happy Birthday to our
daughter, Courtney
on December 15!!
We are so proud to be your parents
and we love you to infinity and beyond...
Xoxo Mom & Dad

Happy Birthday to my
sister Debbie,
on December 2nd
Love your sister Diane.

Happy Birthday to
Aliyah
who celebrates her
Birthday December 2nd
Love Auntie Diane

Happy Heavenly Birthday
To my sister Honarine
on December 10th.
Love you always sis,
Diane

Happy Birthday to
everyone who celebrates a
birthday this month.
I hope your day
is awesome!
Diane

Happy Birthday to my
Uncle Bird
and
Happy Birthday to my
big brother Marcus
on December 5!
Love Maawdii
and family

Happy Birthday to
Mwenz, my great niece
baby Lilya.
December 31, 2022
Love Auntie Maawdii
and family

Happy Birthday Naomi
aka Nay Nay
On December 12
I hope you have an
awesome day
celebrating you...
Love Norimis

Happy Birthday Saika
On December 12
Love Auntie Maawdii
and family

Happy Birthday
Auntie Carmen
On December 9
Love Maawdii
and family

Happy 1st Birthday to
Kweteh, my great niece
baby Lyrika.
Happy Birthday
Mom & John
On December 2nd
Love your Family

Happy 14th Birthday
Cubby
on December 10
I hope you have an
awesome day...
Love ♥ Auntie Maawdii

Happy 14th Birthday
Nakia...
Hope you have an
day celebrating you...
Maawdii and family

Happy 14th Birthday
Tewanke Powelwak $$$
Love Mom & Family

Happy Birthday
Mom & John
On December 1
Love your Family

Happy 14th Birthday
to my grandson Nakia
Love Shodi!

Aahgaaawatandaski -
Migizi Eagle Shadow!!
Keep soaring through life
sharing your amazing gifts.
You truly make our
hearts happy.
Love, Mom, Dad, Lila
aka Little G.
Diego and Ash