Come on, let's go dance.

The community of Whitefish River got a Hollywood style makeover on Wednesday, December 14, 2022 complete with a wide array of entertainment as our annual Christmas Concert was finally held in-person. The energy in the Community Centre was palpable as our students participated in Shawanoswe School’s version of “Dancing with the Stars!” The acts rolled in, ranging from the JK/SK “Snowflake” song to an interpretive dance of “What Does the Fox Say?”, performed by the Grade 1/2 class. The Grade 3/4 class danced to “Blinding Lights” and the Grade 5/6 class brought down the house with their rendition of “Rockafeller Skank.” Despite the lapse in live performances throughout the pandemic, there were no apparent stage jitters as the students performed to a packed crowd of family, friends and loved ones. The Head-Elf himself made a surprise visit to the welcoming crowd and distributed gifts to the eager children. Miigwech to the hardworking Staff and Students of Shawanoswe School for making such a spectacular night possible.

Gwetaankamik! Way to go!

Please note that the deadline for submissions for the next issue is Tuesday, January 31st, 2023 at 4:30.
Miigwetch!
rezoundeditor@whitefishriver.ca

“A Place of Visions and Dreams”
WHITFISH RIVER FIRST NATION NOTICE OF ELECTION
Notice pursuant to the Whitefish River First Nation Election Code 2018

Notice is hereby given that the Whitefish River First Nation has called an Election in accordance with the Whitefish River First Nation Election Code (2018), for the purpose of electing one (1) Chief and seven (7) Councillors on February 21, 2023 for next ensuing four (4) year term of office.

NOTICE OF POLL & VOTING OPPORTUNITIES

VOTE IN PERSON AT THE REGULAR POLL

February 21, 2023
8:00 AM TO 8:00 PM
Community Centre
6 Rainbow Valley Road, Birch Island, ON

VOTE BY ELECTRONIC BALLOT

Electronic voting will be available from 8:00AM January 31, 2023 until 8:00PM February 21, 2023. To register to vote electronically, please visit your First Nations website and follow the instructions provided:

https://onefeather.ca/nations/whitefishriver

You will be required to provide your 10-digit Band Registry Number, which starts with 230 (Status Card), Date of Birth and an email address. Please contact the Electoral Officer immediately with any questions.

VOTE BY MAIL IN BALLOT

You may also vote by mail - all eligible voters residing off reserve and for whom we have been provided a residential mailing address will automatically be sent a mail in voting package. If you reside off reserve and do not receive a mail in voting package, please contact the Electoral Officer as soon as possible to provide your current residential mailing address so that a mail in voting package can be sent.

Eligible electors may vote in person, by electronic ballot or by mail-in ballot.

Please note that the Electors List has been posted for review at the Whitefish River First Nation Band Administration building and Community Centre as well as at other locations. It is the Electors responsibility to ensure that their information on this list is correct. Copies of the Electors list are also available from the Electoral Officer upon request.

Lastly, please also be advised that the verification process for Mail in Ballots and the count process for all ballots cast in this election will begin at 8:00PM on February 21, 2023 in the Community Centre.

For more information or assistance please contact:
One Feather, Electoral Officer
Email: support@onefeather.ca
Office: 250-384-8200  Toll Free: 1855-923-3006
209-852 Fort Street, Victoria, B.C., V8W 1H8
https://www.onefeather.ca/nations/whitefishriver
Birch Island brothers in right place at right time to save choking child

By Tom Sassari

January 11, 2023

Brothers Talon, right, and Mskwoka McGregor, both of Whitefish River First Nation, are being touted as heroes after they saved the life of a two-year-old boy who choked to the point of unconsciousness in an incident at an Espanola restaurant January 4.

ESPANOLA—Two young Whitefish River First Nation (WRFN) men are being called heroes for their efforts in saving the life of a two-year-old boy from choking in an incident at an Espanola restaurant.

“I am so glad that they were there last night,” Brittany Ackworth, the mother of two-year-old Jameson told The Expositor the day following the January 4 incident. “If it wasn’t for them, I don’t know what would have happened to my son. The ambulance did get there fairly quickly, but he was already unconscious, so who knows if he would have had any brain damage or anything.”

Ms. Ackworth, who works at the Cortina’s Restaurant in Espanola was there with her family for dinner, had got appetizers and then Jameson started eating some bread, putting too much food into his mouth and began choking.

Jameson began choking to the point of not breathing and becoming unresponsive. Both the server and the father tried to revive the child. This is when Talon McGregor and his brother Mskwoka stepped up and performed lifesaving measures and were able to revive the young boy.

Elise Rubia, manager of Cortina’s explained, “Brittany is one of our servers in the restaurant, and she and her three boys, aged 2, 8, 14 and her husband were in for dinner. They had appetizers and her youngest helped himself to some bread which got stuck in his throat. It was at this time two of our servers started yelling to get 911. Talon and his brother jumped right in and saved him. Jameson lost consciousness and went limp at one point. They saved him. Thank God for there being here at the right time.”

“Originally we were going to go to the movies to see ‘Avatar: The Way of Water’ that evening because it was my brother’s last day of holidays before he was going to go back to Kingston as he is in the Canadian Armed Forces and is taking military training,” Talon McGregor explained last Thursday.

“We wanted to do something to celebrate his last day of holidays and were going to go to a movie in Sudbury but didn’t want to drive far due to the weather. So, we decided to grab dinner locally.”

“We were sitting down ordering our dinner and a few minutes went by. Then we heard a commotion at a table close by, and thought it was staff or someone in a kerfuffle or something so we didn’t think much of it,” said Talon. “But it soon escalated, people were screaming and crying and saying ‘he’s choking’.”

Mskwoka explained, “we were at the restaurant sitting down and we heard a commotion, and thought it was just an argument between staff or a family, but it got much louder and that is when we got up to see if we could help out. There was a two-year-old boy who was choking on some food.”

“My brother performed the Heimlich maneuver and probably 50 seconds or so seemed to take an eternity before Talon could get the youngster breathing again,” said Mskwoka. At the same time, “I jumped in to help the rest of the family, the parents and their two other boys who were all in utter distress, both of them saying, ‘Oh my God,’ because they thought he was dead. I talked to them and tried to comfort them. My brother continued to resuscitate the boy.”

Talon McGregor, who is 25, explained, “The little one was having a really hard time breathing and was choking. I told them I had training for this and asked the staff and the parents if I could take him and the parents gave me the little one. My brother helped by comforting the parents and their two other children.”

“The parents gave me permission to take the little one and I performed the Heimlich, we call it ab thrusts, and to see if I could get him to cough up the food,” said Talon. “I was able to take one knee and able to give him back blows. At this point the youngster was virtually passed out. I had tunnel vision now; I kept going to see if I could give the kid a chance. Finally, he coughed up bits of food and was crying which was a great sign.”

“Someone got the mother to come over when he was okay,” Talon, who is a community health nurse in WRFN, explained. “The paramedics were on their way,’ she was told. It was only a couple of minutes but it felt like forever.”

“It was just the little one’s fate that it was meant to be that he would be okay,” said Talon. “The little one fought, he decided it was not his time. I was just happy we were able to give the little guy a second chance. I just hope the family is okay, they were in a lot of distress, understandably.”

Talon said that, fortunately, with his profession, he takes updated first-aid training courses on a regular basis.

The boys are both from WRFN, and Mskwoka, who started in the military in August, is in Ally training as well as going to school at Royal Military College said, “we were happy when we heard the youngster was taken by ambulance to the hospital and was going to be okay.”

“It was a wild turn of events,” said Mskwoka. “We are both so happy that fate had us at the restaurant.”

“This was the best outcome we could hope for,” stated Talon. “Oh yes, this incident will stay with us forever. We did the best we could.”

“We ended up going home after enjoying our dinner to watch the Canada-US world junior hockey game,” said Talon. “Overall, everything happened the way it was supposed to, and everyone was okay.”

At 5 am on January 5, “Mskwoka was on a bus back to Kingston and I was wishing him the safest trip forward,” said Talon. “It isn’t until later that you realize everything turned out the best for the little one. We had to help, the little one has barely even started his life yet.”

Ms. Ackworth brough Jameson to the hospital after the incident and said he was fine and acted like nothing had happened.

Reprinted with permission from The Manitoulin Expositor.
Health Manager - Kim Armstrong

Aanii,

Our Medical Transportation Coordinator was successful in securing the funding for a new wheelchair accessible van for the Health Centre. Great job Bev!

In terms of programming this month we are happy to welcome back our Seniors to the Seniors Social on Tuesdays, Seniors Health Sessions on Thursday and Seniors Crafts on Friday. We are fortunate to have Traditional Practitioner Gloria Oshkabewisens-McGregor on January 9th, 16th and 30th at the Health Centre. If you would like to make an appointment, please call and our amazing receptionist Cathy can help. As a reminder, there is an Art Hub at the 7 Fires Centre every Wednesday from 6pm to 8pm. All are welcome! Watch for additional flu clinics coming up!

For those of you who are serious about your New Years Resolutions, the gym is open seven days a week from 7am until 10pm. It has dumbbells, a treadmill, stepper, a stationary bike, bar & free weights, leg press machine and more. It’s everything you’ll need to help you stick to that resolution!

Should you have any questions about the information presented, feel free to contact me at (705) 285-4354 ext. 211 or via email at healthmanager@whitefishriver.ca

Miigwetch.
Mental Health & Addictions Worker - Crystal Mokohonuk

Aanii WRFN Community,
The winter months can be long and challenging. Lack of sun, skies are grey, stress of Christmas, family, friends, work, school and the list could go on.

Did you know winter can also be a lot of fun, if you are willing to change your mindset, reframe the thoughts which could sound like “it’s too cold, its windy, its snowing”. It could also sound like “I am tired”, or “I have no energy”. Changing your words and thoughts to “I enjoy winter because it’s beautiful and refreshing” or “Winter is fun!”, can be just enough to turn around a negative mindset.

Winter activities could be going for walks, snowshoeing, skiing, making snowmen, having outdoor fires, roasting marshmallows over the fire, enjoying a cup of hot chocolate or ice fishing. Getting outdoors is important to one’s wellbeing as is; eating a healthy balanced meal which includes Omegas, getting your vitamin D3, boosting your immune system, connecting with loved ones and exercise.

Bell Let’s Talk Day is on January 25th. “On January 25 and every day throughout the year, we can all take meaningful action to create positive change.” Taking steps to drive progress in mental health in our communities is of great importance. It you or someone you know needs help, reach out today. Your mental health is priority and we are heer to listen and help.

Change begins with you. Ask for help! Contact your trusted health care providers. Help a friend or loved one struggling with mental health issues by learning ways to support them

Ask about how your school, workplace, or community is creating change 
Nurture your own well-being by practicing and learning about mental health wellness
Get involved in a mental health initiative
Engage in conversations about mental health, let’s change the stigma

Share your actions using #BellLetsTalk and help inspire others to join the movement in creating positive change. Every action counts! We are looking forward to sharing with you what we have planned coming in the next months ahead.

Monday January 16th is known as the Blu- est day on the calendar, lets change that to the colorfulness day of the year “RAINBOW DAY”.

Dress in your most colorful clothes you have, mix and match your shirts, pants and socks even add some rainbow bright colors to your hair.
Let’s be the change and share in the joy with our community.

Migwetch

Should you have any questions I can be reached at mentalhealth@whitefishriver.ca or via telephone at 705-285-4354 ext. 208

SENIORS 65+

SEVEN FIRES YOUTH AND ELDER’S CENTRE
1:00 - 3:00 EACH SESSION

UPCOMING EVENTS

Jan 10, 17, 24, & 31st
Feb 7, 14, 21, 28

TUESDAYS
SENIOR’S SOCIAL

Jan 12, 19, 26
Feb 2, 9, 16, & 23

THURSDAYS
HEALTH & WELLNESS WORKSHOPS

Jan 13, 20, 27
Feb 3, 10, 17 & 24

FRIDAYS
CRAFT DAY

SPECIAL EVENTS

→ Mini Prize Bingo Every Tuesday at 2pm

→ Sewing and Leatherwork on Craft Days

FOR MORE INFORMATION CONTACT:
GAIL PELLETIER, SENIOR’S NAVIGATION WORKER
705-863-2558 OR 705-285-4354, ext 213
Whitefish River Health Centre

JANUARY 25, 2023

Whitefish River Health Centre, Community Room

Sometimes we just need to be heard
LET’S TALK

OPENING PRAYER
SHARING CIRCLE
SUBWAY, DESSERT & BEVERAGES

Your Mental Health is important!
Crystal Mokohonuk
Mental Health & Addictions Worker
705-285-4354
mentalhealth@whitefishriver.ca

11-1PM
Everyone welcome!

**Big Drum Teachings**

_Instructors: Craig Fox & Gregor Jacko_

**Thursdays 6:00 pm - 8:00 pm**

_Located at Shawanosowe School._

_Dinner provided._

_Drumming session dates:_

- December 8, 15, 2022
- January 12, 19, 26, 2023

For more information please contact Nala Toulouse at 705-285-1941.

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**EGIJITOOWIING ANISHNABEMOWIN (CLASSES)**

_Sessions will be held Monday evenings 7pm-8pm at the 7 Fires Youth & Elders Center_

_Join us in-person or virtually!_

_Instructor: Lissa McGregor, with monthly special guest._

For more information or to register, please contact Nala Toulouse at nalat@whitefishriver.ca or call 705-285-1941

Download the WRFN app now on the App Store or Google Play.

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**Aniishinabemowin Crafting Circle**

_Each session participants will learn a new style of crafting in Anishinabemowin. Led by Cynthia Wemigwans. All skill levels are welcome to join._

_Supplies and snacks provided._

_Participants can also bring their own crafting supplies to work on unfinished projects._

_All Ages 7 Fires Youth and Elders Center_

_Every Monday from 5-7 pm_

_For more information contact Nala Toulouse, Cultural Coordinator at (705) 285-1941 or email nalat@whitefishriver.ca_

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A Charcuterie Board making workshop in cooperation with Who’s Crafty was held on December 10, 2022 at the Community Centre.

_Wiisnik (You folks eat.)_
Case Manager - Carrianne Agawa

Booshoo kina wiya (hello everyone), Aabita-biboon (it is mid-winter or some will say a new year). Mid-winter is the time we start to prepare what we will grow and plant in the spring. If we look closely at the world around us we can catch glimpses of change even as the snow blankets the earth.

At the beginning of November, I accepted the position of Case Manager and began work on the following: Protocols and Procedures, fine tuning the Band Representative roles and responsibilities, and building relationships. It has been a busy two months moving through the ebbs and flows that a changing role creates.

I have taught and been employed in Child Welfare for over 20 years. In addition to Child Welfare, my employment bundle has within it; experience in Mental Health, Management, Teaching (College and University), and Consulting. Along with certificates in Mental Health First Aid, ASIST (Suicide training) Depression and Anxiety, Conflict Resolution, Crisis Intervention, and Life Skills. I have an Honors Degree in Psychology and a Master of Education Degree. While I value my Western education, my greatest learning comes from the traditional knowledge I have gathered and teachings I’ve participated in through the last 30 years.

My email has changed and I can now be reached via email at casemanager@whitefishriver.ca or via my cell at 705-863-0298.

Roles & Responsibilities of WRFN Band Representatives Roles:

• To advocate for the best interest of the child in all CAS matters.
• To ensure WRFN Band members are fully aware of their rights.
• To liaise with other First Nation Band Representatives, Agencies, and Legal counsel.
• To utilize extended family members first and foremost in conjunction with CAS workers.
• To recruit, engage, and screen potential families for foster care, customary care, respite homes, etc.
• Provide information to parents on legal proceedings and referrals.
• Work closely with Indigenous child welfare agencies and community services.
• Represent WRFN at court as a Party to Child Welfare Proceedings.
• Prepare, respond to, and process legal documents as required by the New Ontario Court rules.
• To collaboratively ensure a culturally appropriate disposition of each case.
• Outreach and repatriation service when deemed necessary.
• Liaison with community services to assess client(s) progress and suggest alternative plans if appropriate.
• Coordinate Case Management with all community services involved to monitor client’s plan of care and progress.
• Attend all court matters.
• Monitor ongoing orders.
• Report disposition of cases.
• Assess and appeal decisions as directed.
• Provide referrals to Well-being Prevention Team for supports to family/child/ren.
• Provide referrals to other agencies for supports to family/child/ren when required (such as specialized services, court order programming).
• Arrange Circle of Care for families when requested.
**Education Department**

Aani/Hello! We hope that you had a very Merry Christmas and we wish you all a Happy & Healthy New Year!

The Education Department has been busy these past couple of weeks catching up on all of the Post-Secondary Student’s academic achievements. Wow, what a great feeling to know that so many are making leaps and bounds. What a great bunch of scholars from Whitefish River First Nation. We are all so very proud of you. Keep up the great work!

We would like to take this time to remind the PSE students that you need to submit your Fall Term grades to the Education Department as soon as possible, in order to continue to be funded. Failure to do so may delay the processing of any funds that may be available to you. **Also, the deadline to submit your application for Fall/ Winter 2023 terms is May 31, 2023.** You must re-apply each year in order to be considered for funding.

To our students who attend Shawanoswe School, AB Ellis, and Espanola High School, keep up the great work. Your achievements and efforts do not go unrecognized. You are our future, and it is certainly looking bright! Please feel free to contact us with any questions, concerns or comments.

We can be reached by calling the Administration Office at 705-285-4335, or by email: education@whitefishriver.ca educationasst@whitefishriver.ca

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**WHITEFISH RIVER FIRST NATION BUS CANCELLATION PROCESS**

1) Notification Received
   - Email notification received from Sudbury Student Services Consortium
   - Education Manager acknowledges receipt of email

2) Review Sudbury Student Services Consortium Announcement at www.businfo.ca
   - If Espanola Buses are cancelled - Espanola School bus is cancelled
   - If Manitoulin Buses are cancelled - Shawanoswe School bus is cancelled

3) Send Notification
   - Send notification to Band Manager, Shawanoswe School Principal and Bus Drivers

4) Notify Community Members (to be done by 7:00am)
   - Post on authorized Social Media ensuring to identify between Espanola Bus and Shawanoswe Bus
   - Notify parents who provided contact information

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Please contact the Education Department if you have any questions or if you wish to be notified via text, email or phone call at 705-285-4335 or 705-863-8555
education@whitefishriver.ca

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**nongwa maajitaan wii anishinaabemina ngejigwaa baauboottog baaamaa waabang, naimaama zuum weykaa adaa’wan.**

Start speaking Anishinaabemowin today. Don’t wait till tomorrow, it might be too late.

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**Maamwe Kendaasing Early Learning & Innovation Centre**

Aani from Maamwe Kendaasing

As we kick off into 2023 we are excited and looking forward to what the new year brings. A key component to our Early Learning Centre is focusing on a wholistic model of learning, our curriculum is child led and emerges from their interests. The Educators follow the children’s lead according to their interests to engage and support each child in building their learning foundations. Our team strives to follow WRFN’s vision “to work in harmony while maintaining our culture, traditions, and knowledge to enrich and empower our people.”

Currently Maamwe Kendaasing is full in the Infant, Preschool and Afterschool Programs. We do however, have space available in our Toddler Room for children 18mths to 30mths. If you are interested in enrolling your child/ren in the program we have enrollment packages available for pick up.

Important Dates:
- Early Learning Centre Closures
  - February 20, 2023 – Family Day
  - March 13 - 17, 2023 - March Break
- Miigwetch
- Early Learning Supervisor, Courtney Laundrie

Aani Kina Wayaa form the Infant Room Baamaa-pii 2022 and Aani 2023! Mina Nimkodaading! We hope everyone enjoyed their holidays. We are excited to get back into the swing of things and are looking forward to growing and sharing more milestones, fun and learning this year. Our first week back myself and Ms. Candace have been making sure things run smoothly as we slowly start to get back into routine here in the infant room. This month we will continue to implement different activities to help each infant’s gross and fine motor skills.

Practicing gross motors skills helps our infants use large muscles that coordinate muscle movements such as standing, sitting upright and walking. Fine Motor Skills help our infants use small muscles that coordinate movements such as holding/picking up a toy, using a utensil, and/or practicing to color with a crayon.

Miigwech,
- Cyndil Nahwegahbow, RECE
- Candace Perrault

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The Santa Countdown Sign was a popular craft for all families.

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The Gnome workshop at the Who’s Crafty Christmas Make & Take session .
Early Learning Coordinator - Caitlin Pitawanakwat

Aanii everyone,

I hope everyone had a safe and wonderful holiday. December was an eventful month within the community with Christmas preparations and celebrations in full swing. On December 3rd there was a Christmas Make & Take workshop with Who’s Crafty. Families had the opportunity to make some Christmas crafts, socialize, have a light snack and enjoy some hot chocolate. The hot chocolate station was a hit with the children, where they had the option of customizing their drink with whipped cream, marshmallows, chocolate spoons, or crushed candy canes! It was great to see so many families out.

Another highlight of December was the Shawanoswe School Christmas Concert! The school did an amazing job and it was so nice to see the excitement of the students. Shout out to all the staff and organizers for hosting such a wonderful community event!

Looking into the months ahead, there will be Playgroup on Tuesday, January 24th. It will resume again on the second Thursday of the month starting in February. In February, there will be Storytelling with Esther Osche at the Community Centre. There will be a dinner of soup & scone, and Esther will be sharing some local stories and legends of Nana-boozhoo, serpents and the little people. I hope lots of families come out to enjoy the evening with us!

I can be reached in person at the Maamwe Kendaasing Early Learning Centre, by telephone at (705)285-7777 or at caitlinp@whitefishriver.ca.

Until next time, Baamaapii,

Cait

---

Ella, Neveah & Ari work on the Santa Countdown calendar as a family!

Mateo gets crafty!

Rachel & Emerald make wreaths at the Christmas Make & Take.

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Playgroup

For Parents & Caregivers of Children 0–6

January 24th
12:00–2:00

Downstairs at the Family Well-being Building

January 24th Session:
Drop-in style: socializing, snacking, and idea sharing for future playgroups!

Light snacks & refreshments provided

For more information contact Caitlin Pitawanakwat at (705)285-7777 or at caitlinp@whitefishriver.ca
The Bobcat

Shaatataahaa! The school year sure is going by quickly! We are already in Mnido Gизis, celebrating a New Year!

Speaking of which, this year looks very different from last year at the same time. As a reminder, we started last January a week later, with online learning! Thankfully, we have not been faced with those challenges this year. In addition, we have been very excited to return to some of our pre-pandemic traditions, namely, a LIVE Christmas Concert! The glitz and glamour were on full display as our students participated in Shawanoswe School’s version of “Dancing with the Stars!” The students performed to a packed house and they, along with the staff, were happy to see so many families and community members in attendance. Miigwech to everyone for making the students’ return to the stage such a success! Also Chi-Miigwech to the students themselves and all of the backstage help!

With our return to school, even with the colder days, the outdoors provide so many opportunities for learning. Shawanoswe School staff and students make regular use of their Forest School classrooms, so please ensure that your child/ren are prepared for the colder weather and snow on a daily basis. This includes snow pants, winter boots, hats and warm mittens. Please do not hesitate to reach out to myself or your child/ren’s teacher if any assistance is required in ensuring your child is able to comfortably participate in these outdoor activities.

Seeking assistance is something we encourage in all of our students; it promotes learning, peer support and mental health and wellness. This will be the focus of our Shawanoswe School Blue Monday activities, celebrated on Monday, January 16, 2023. Blue Monday is typically accepted as occurring on the third Monday of January and as being the saddest day of the year. While there is no scientific proof for this and it has faced some criticism, at Shawanoswe School we acknowledge this day as a way to support student mental health in the new year. The students will participate in events throughout the day such as yoga, meditation, dancing, outdoor storytime and making slime and stress balls. Through these activities, students will have the opportunity to learn how to identify and manage their emotions and learn various coping skills and strategies - all while having fun with their classmates and teachers! Also contributing to student mental health while having fun are the new After School Clubs: we have Pokemon Club, Baking Club, Lego Club and Sport Club! Miigwech to the staff for organizing these for the students.

Coming up later in Mnido Gизis are Literacy Week and Family Literacy Day! This year, Literacy Week is from January 23 - 27, with Family Literacy Day being on the Friday, January 27. This year’s theme is, “Celebrate Your Heritage.” The day is dedicated to raising awareness about the importance of reading and literacy with families and within the home. According to ABC Life Literacy Canada, “Taking time every day to read or do a learning activity with children is crucial to a child’s development, improving a child’s literacy skills dramatically, and can help a parent improve their skills as well.”

What are some ways that parents or caregivers can do this in the home? In addition to reading, families can cook together, play games together or even sing karaoke together! These activities all encourage family connections created through literacy! However, we know that finding the time might be a challenge on a daily basis in a busy household. We also know that screen time is a part of daily life and while most of us could do with much less, one more small simple tip is to put subtitles on tv shows or movies; and yes, this small change in screen time habits does encourage literacy too!

Here are some other important upcoming dates;

Wednesday, January 25: Early Dismissal (2 pm)
Friday, February 3: Professional Development Day - No School
Friday, February 10: Spirit Day & Awards Day
Monday, February 20: Family Day - No School
Monday, February 13: Report Cards Go Home
Tuesday, February 14: Valentine’s Day
Wednesday, February 15: 100th Day of School; Parent/Teacher interviews
Wednesday, February 22: Pink Shirt Day

Please remember you can find all of this information and more on Seesaw so please ensure you have the most up to date information by checking on your child’s profile!

### Literacy Activities

1. Research your family’s place of origin
   Go online together and research where your parents, grandparents, and other relatives were born. What interesting information can you find out?

2. Interview a family member
   Speak to them about where they grew up and what it was like. Do they have any interesting facts about your family? Write a story about them.

3. Learn a new language
   Check out books from the library or use free online tools to learn words in another language. Be sure to practice every day!

4. Listen to traditional music
   Many cultures have traditional music. Do some research and listen to different types of traditional music. What style do you like the best?

5. Look at a map
   Whether it be a map of Canada or another place your relatives once lived, you can learn a lot about geography by looking at a map.

6. Make a photo collage
   Take out the family photo album or old magazines and make a collage about what your family and heritage means to you.

7. Make a craft of traditional designs
   Research traditional designs of your culture and replicate them in the form of a craft. Be as creative as possible.

8. Read a story
   There are lots of books about different places and cultures. Visit your local library and ask the librarian for books about your heritage.

9. Learn about where you live
   Do you know about the history of where you live? Together as a family, learn about the culture and heritage of the place you call home.

10. Cook a traditional recipe
    Learn how to make your family’s signature dish or look up a recipe for a famous meal from your culture. Yum!

Find more fun family learning activities at: FamilyLiteracyDay.ca
Shawosowe alum Avery dropped in from Dartmouth for Breakfast with Violet!

Shawosowe School Staff entertained some VIP guests at the Christmas Concert!

Parents and Guardians were invited for breakfast!

Pajama Day at Shawosowe.

Ms. Fairbairn’s Grade 1/2 class enjoyed a delicious breakfast of pancakes and sausages with Santa!
WIII MAAMWIZYING MIINWAA!
TOGETHER AGAIN!

Winter Carnival

FEBRUARY 10TH - 12TH, 2023

FACE PAINTING, SKATING PARTY, FAMILY DANCE,
PETTING ZOO, CANTEEN AND MUCH MORE!

FUN FOR THE WHOLE FAMILY

LOOK FOR THE COMPLETE SCHEDULE
OF EXCITING EVENTS!

For more information or to host an event please call Economic Development Officer,
Stuart Wilson at 705-285-4335 ext 216 or via email at edo@whitefishriver.ca.
Events subject to change.
MEMBERS OF
WHITEFISH RIVER FIRST NATION

NEVER MISS AN UPDATE
GET THE APP

The app uses state-of-the-art technology to notify WRFN members of breaking news, documents, videos, and events, instantly delivered via push notifications.

HOW TO GET THE APP
1. Scan the QR code below or visit the App Store or Google Play Store and search “Whitefish River First Nation”
2. Tap ‘Register’ under ‘Member Login’
3. Fill out your information and press ‘Register’
4. Click the verification link in your email address

Download the free app today

Request to Update Contact Information

We are asking all members of WRFN to please update your mailing contact information with the WRFN Membership Office.

Your mailing address is required for voting purposes within the band, (i.e. elections, referendums), as well as distributing important information.

Members are encouraged to visit our website at: www.whitefishriver.ca and enroll in the membership portal.

Please contact the WRFN Administration at (705) 285-4335 or (705) 285-4334.

Our mailing address is:
Whitefish River First Nation Membership Office
17A Rainbow Ridge Road, P.O. Box 198
Birch Island, Ontario  P0P 1A0

CONTACT:
Kathleen Migwanabi
Lands Manager/IRA
kathleenm@whitefishriver.ca

Kim Laundrie
Council Clerks/IRA/Band Rep Clerk
laundrie@whitefishriver.ca

Band Manager - Sandy Jacko

Aanii, Boozhoo
I hope everyone had a safe and happy holiday. My wish is that everyone has a healthy and Happy New Year. This is the time for reflection of the past and looking toward the future.

It was my hope for 2022 that the Pandemic would end and life would return to normal. For Whitefish River First Nation, the beginning of 2022 saw many community members experiencing Covid for the first time since the start of the Pandemic. As the number of cases increased, the priority was providing support to those who were affected by Covid and the steps needed to prevent the spread. As time moved on and the Pandemic evolved, Whitefish River First Nation took steps to lift the State of Emergency by the end of March. Covid restrictions were slowly eased over several months to minimize a spike in cases. Even though meetings, programming and activities gradually returned to in-person again, we continued to experience day to day operational challenges.

WRFN experienced an overall increase in the price of materials and building supplies. There were delays in receiving materials and supplies due to worldwide labour shortages, resulting in production and shipping delays. Another challenge faced was trying to minimize the disruption of WRFN operations and services when staff contracted Covid and were unable to work.

Whitefish River experienced a year of tremendous loss in 2022 with 19 Band Members passing away. The Band Members were from both near and far away. The Pandemic restrictions disrupted our community’s practices and traditions making it difficult to come together safely to support those who lost loved ones and to mourn our family and friends. For Tase-wong, on November 1st, 2022 a community feast was held to honour all of our family and friends who passed on to the Spirit World. This was the first community Tasweong feast held since the start of the Pandemic. A feast plate was made to honour and acknowledge all those who passed away since the beginning of Covid.

In 2022, Whitefish River also celebrated the return of our favorite public events, such as our beloved Bobcat Run, Annual Pow Wow, NAAW Week, the Christmas Parade and the Shawanoswe School Concert. While Covid continues to be a part of our everyday reality, we have adjusted to its challenges to our jobs, traditions, social interactions and celebrations. I am very proud of Whitefish River First Nation employees and their dedication to the keep the community running throughout the Pandemic.

As always if you need to get a hold of me, my cell number is 705-863-3294 and my email is bandmanager@whitefishriver.ca. Please Be Safe, Be Well, Be Kind.

Migwech

Missed an issue of The Rezound?

Find them online at www.whitefishriver.ca
The Kindergarten Snowflake dance.

The Grade 3/4 Class was caught in “Blinding Lights.”

Magoshe’iwewinini - Santa

Grade 1/2 Class performing “What Did the Fox Say?”

Magoshe’iwewin(an) - Gift(s)

Drumming and singing in Anishinaabemowin.

The Grade 5/6 class dance to the Rockefeller Skank.
bbaaaskinjiwdiza - applaud, clap one’s hands

The magic of the season.

Gina & Andrew at Breakfast with Santa.

The Shawanosowe Santa’s Village.

Everyone patiently waited for their turn with the Guy in Red.

Shawanosowe Choir.

Autumn helps Noodin with the heavy lifting.

Maawdi & Krystal brought their A-games to the Youth & Elders Christmas dinner.
GASOLINE TAX - Effective July 1, 2022 until December 31, 2023, the Ontario Government is extending the cuts to gasoline tax and fuel tax rates, so the rate of tax on gasoline and fuel (diesel) will remain at 9.0 cents per litre.

Reclaiming your Name  — At this time, your family name, given name or alias can only include letters from the Latin alphabet and some accented letters. To reclaim your family name or given name, you must submit a document that confirms your reclaimed name, such as a proof of birth document or a legal change of name certificate, with your complete application.

"INTRODUCTION OF BILL C-38, An Act to amend the Indian Act (new registration entitlements and opportunities for information sessions.

Introduced on December 14, 2022, Bill C-38 seeks to address some of the remaining inequities in the registration and band membership provisions of the Indian Act. The introduction of these legislative amendments to the Indian Act seeks to address four areas, including enfranchisement, individual deregistration, national band reaffiliation and membership, as well as outdated and offensive language related to dependent persons.

The legislation responds to longstanding concerns raised by First Nations and other individuals affected by the Indian Act’s residual discriminatory impacts. For example, Bill C-38 would seek to ensure First Nation individuals with family histories of enfranchisement are entitled to registration under the Indian Act and can pass on this entitlement to descendants to the same degree as those without family histories of enfranchisement.

If passed, Bill C-38 will: Ensure persons with a family history of enfranchisement will be treated the same as those without; Enable persons who wish to have their names removed from the Indian Register to apply for deregistration; Enable women who were automatically transferred to their husbands’ band to seek reaffiliation with their natal band. Women and their direct descendants may apply; and Remove dated reference to mentally incompetent Indians.

Indigenous Services Canada is hosting information sessions on Bill C-38 by request starting in January 2023; visit https://www.sac-isc.gc.ca/en/1662142490384/1662142638971 for more information.

Changes to Indian Registration:
- As of December 10, 2020, you can select a non-binary gender identifier on the application form when applying for Indian status or a status card: M (male), F (female) or X (another gender).
- On July 31, 2020, the Quebec Superior Court issued its decision on the Enfranchisement of unmarried women (Hele Decision). If you were unmarried or your mother or grandmother was unmarried and enfranchised by application as an adult between September 4, 1951, and April 17, 1985, you may be affected by that decision.
- As of August 15, 2019, the 1951 cut-off date has been removed. If you were affected by the 1951 cut-off date and are currently registered or are waiting for a decision on your application for registration, you don’t need to reapply as all applications will be assessed based on the amended Indian Act.

If you were affected by the 1951 cut-off date and your application for registration was denied, you need to re-apply.

REGISTRATION AS A STATUS INDIAN IN CANADA – REQUIRED DOCUMENTS:
- Child or Adult Application for Registration on the Indian Register and for the Secure Certificate of Indian Status (SCIS) and Guarantor Form
- Original long form Birth Certificate (also known as statement of Live Birth)
- Photo identification

IF YOU WERE ADOPTED:
1. a copy of the adoption order or a letter from the social services authorities confirming the details of the adoption
2. a consent form signed and dated by the adopted applicant, or in the case of a child or dependent adult, by the adoptive parents or legal guardians, so ISC can get information about the biological ancestry from social services authorities involved in the adoption.

You can also submit a copy of the pre-adoption birth certificate listing the biological parents’ name, if available. If adopted in British Columbia, you’ll need to fill out a consent form specific to that province. A CUSTOM ADOPTION is carried out following a First Nation’s practices. Applicants need to submit additional documents to confirm the custom adoption. To find out more about what other documents you need to submit if you’re adopted and to obtain a consent form: write to:

Adoption Unit, Indigenous Services Canada,
10 rue Wellington,
Gatineau, Quebec K1A 0H4

STATUS CARDS
If you are applying for or renewing the Certificate of Indian Status Card (CIS) for either the Secure card or Paper Laminate card, the required documents are:
- Certificate of Indian Status Application (SCIS or CIS) and Guarantor Form
- 2 pieces of Photo Identification, and
- 2 passport Style photos Identification or use the SCIS Photo app

Marriage Reporting: Original marriage certificate and marriage reporting form is required

Death Reporting: A copy of the Death Certificate is required to register the death of a registered member or spouse.

Please be advised that all life events require the “Request for an Amendment form” to be completed and Photo i.d. be provided.

Forms available at the Indigenous Services Canada (ISC) website or available upon request from the Membership office. https://www.sac-isc.gc.ca/eng/1462806841047/1572461062751#cert-ind-stat

NON-INSURED HEALTH BENEFITS (NIHB)

An eligible client must be a resident of Canada and any of the following:
- A First Nations person who is registered under the Indian Act (status Indian);
- An Inuk recognized by an Inuit land claim organization;
- A child less than 18 months old whose parent is a registered First Nations person or a recognized Inuk.

To make sure that your child continues to be eligible for the program, you should apply for your child’s Indian status. This should be done as soon as possible.

For more information on Benefits and services under the Non-Insured Health Benefits program, please visit, the Indigenous Services Canada Website, select Indigenous Health, then select Non-insured Health Benefits for First Nations and Inuit.

https://www.sac-isc.gc.ca/eng/1572537161086/1572537234517

WHITEFISH RIVER FIRST NATION CITIZENSHIP

Whitefish River is a section 10 band and determines its own Citizenship (Band Membership). Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply. Application forms are available from the membership office upon request

CONTACT INFORMATION:

Kathleen Migwanabi,
Lands Manager/IRA
705-285-4334 ext. 208
kathleenm@whitefishriver.ca

or

Kim Launder,
Logistics Manager/IRA
705-285-4335 ext. 221
laundrieK@whitefishriver.ca
Whitefish River First Nation Population Statistics

**Age Group** | **Males** | **Females** | **Total** | **Registered Total** | **On Reserve**
--- | --- | --- | --- | --- | ---
0-4 | 2 | 1 | 3 | 1 | 1
5-9 | 3 | 1 | 4 | 1 | 1
10-14 | 4 | 2 | 6 | 3 | 4
15-19 | 5 | 2 | 7 | 5 | 5
20-24 | 10 | 2 | 12 | 10 | 2
25-29 | 7 | 5 | 12 | 1 | 2
30-34 | 5 | 4 | 9 | 3 | 0
35-39 | 9 | 5 | 14 | 1 | 0
40-44 | 10 | 2 | 12 | 1 | 1
45-49 | 6 | 4 | 10 | 2 | 0
50-54 | 4 | 3 | 7 | 3 | 2
55-59 | 2 | 2 | 4 | 3 | 0
60-64 | 3 | 2 | 5 | 3 | 0
65-69 | 2 | 1 | 3 | 2 | 0
70-74 | 3 | 2 | 5 | 3 | 0
75+ | 10 | 2 | 12 | 5 | 3
Total | 60 | 40 | 100 | 39 | 39

Whitefish River First Nation Band Change Report

**December 21, 2022**

*(THIS POSTING WILL BE CLOSED ON JANUARY 20, 2023)*

**ENTITLEMENTS:**

**INDIVIDUALS ENTITLED TO BE ENROLLED AS FULL CITIZENS IN THE WHITEFISH RIVER FIRST NATION UNDER ARTICLE IV - CITIZENSHIP:**

4.1 (1) The following persons are entitled to be enrolled in the Citizenship Register:

- Any person whose name appeared on the Band List maintained by the Department prior to the coming into force of this Code.
- Any person, both of whose parents who are enrolled as citizens; or
- Any probantary citizen who has been granted full citizenship pursuant to section 7.2

(2) A person is entitled to be enrolled in the Citizenship Register if that person has at least one parent who is a citizen, providing that both parent’s parents were also citizens.

(3) Any person who is a child, born on or after April 17, 1985, one of whose parent is a citizen entitled to be enrolled in the Citizenship Register, provided the other parent is a citizen of another First Nation and both parents consent to the enrollment.

**INDIVIDUALS ENTITLED TO PROBATORIARY CITIZENSHIP UNDER ARTICLE V – PROBATORIARY CITIZENSHIP:**

5.1 (1) The following persons are eligible to make an application for probatorian citizenship:

(a) Any person who is a citizen of another First Nation
(b) Any person who is married to a citizen
(c) Any person, one of whose parents is enrolled as a citizen
(d) Any Indian who is a descendant of a citizen

PLEASE REFER TO THE WHITEFISH RIVER FIRST NATION CITIZENSHIP CODE FOR A DETAILED DESCRIPTION OF ENTITLEMENTS. THEY ARE AVAILABLE IN THE MEMBERSHIP OFFICE.

**POSTINGS:**

Attached is a list of individuals, as well as their entitlement according to the Citizenship Code, who have requested citizenship with Whitefish River First Nation.

The omission, addition or deletion of any name from the Citizenship Register by the Enrollment Clerk may be protested within thirty days by the person affected thereby or any ten electors, by a written notice of protest to the Citizenship Advisory Committee. The notice of protest shall contain: the grounds of the protest, and the names and signatures of the persons protesting.

All written objections must be received within thirty (30) days of the date listed at the top of this report.

---

<table>
<thead>
<tr>
<th>Population Total</th>
<th>On Reserve Population</th>
<th>REGISTERED CITIZENS</th>
<th>Total</th>
<th>Total Registered</th>
</tr>
</thead>
<tbody>
<tr>
<td>1487</td>
<td>139</td>
<td>399</td>
<td>139</td>
<td>399</td>
</tr>
</tbody>
</table>

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**NOTES:**

- *On Reserve* includes people who are domiciled & whose names have been removed from the Indian Registry (Contact TR)
- **Other Residents** includes members who are not registered, non-status, another band, & non-Indigenous
INDIVIDUALS WHO HAVE APPLIED FOR CITIZENSHIP WITH THE WHITEFISH RIVER FIRST NATION:
FULL CITIZENSHIP:

<table>
<thead>
<tr>
<th>Full Name</th>
<th>Article</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winnifred Carol Ann McGregor</td>
<td>4.1(1)(b)</td>
</tr>
<tr>
<td>Athena Dakota Kristen Rain Jacko-Migwanabe</td>
<td>4.1(1)(b)</td>
</tr>
<tr>
<td>Roy Joseph McGregor</td>
<td>4.1(1)(b)</td>
</tr>
<tr>
<td>Franklin Louis Forrest</td>
<td>4.1(1)(c)</td>
</tr>
<tr>
<td>Bonnie Julia Ann Machin</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Catherine June Watson</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Lloyd Richard Basawa</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Carl Christopher Cywink</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Jesse Wyatt Pitawanakwat-Reynolds</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Tristan Hunter Michael McTague</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Ruthanne Catherine Jacko</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Jayce Braydon Esquimaux</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>William John Henry Paibomsai-Lesage</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Andre Maurice Tooley</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>River Kevin Jacko</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Jasper Alexander Jr. Nahwegahbow</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Azalea Nora Poulin</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Vivian Ruth Cywink</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Aurora Miranda Paibomsai-Nebenionquit</td>
<td>4.1(2)</td>
</tr>
<tr>
<td>Ryker Arthur Elijah Anglootealuk</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Colton Gladden Riley Boyter-Mandawaub</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Bentley Norman Isaac Anthony McGregor</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Brennan Xander James Eshkakogan</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Darius Andrew Lawrence Gadabushie</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Sawyer Clay Corbiere-Hare</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Cheyanne Angel Marie Mejaki-Kozeyah</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Emerald Unique Rain Hope Atawish-Shawanda</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Ezrah Isaiah Xavier Isaac Atawish-Shawanda</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Brian Joseph III Waboose</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Magnolia Katherine Savard</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Kai Lyndon Percy Lucien McGregor</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Tahness Sweet-Pea Recollet</td>
<td>4.1(3)</td>
</tr>
<tr>
<td>Gemma Snow Recollet</td>
<td>4.1(3)</td>
</tr>
</tbody>
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### PROBATIONARY CITIZENSHIP:

<table>
<thead>
<tr>
<th>Full Name</th>
<th>Article</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cyndil Kimberly Hope Corbiere</td>
<td>5.1(1)(a) &amp; 5.1(1)(b)</td>
</tr>
<tr>
<td>Leonard Wayne Cywink</td>
<td>5.1(1)(a) &amp; 5.1(1)(b)</td>
</tr>
<tr>
<td>Christopher Eric Chandler</td>
<td>5.1(1)(c)</td>
</tr>
<tr>
<td>Wayne Albert Ferris</td>
<td>5.1(1)(c)</td>
</tr>
<tr>
<td>Isla Jade Varrasso-McCurley</td>
<td>5.1(1)(c)</td>
</tr>
<tr>
<td>Brennan Basawa</td>
<td>5.1(1)(c)</td>
</tr>
<tr>
<td>Chantelle Marie Bowerman</td>
<td>5.1(1)(d)</td>
</tr>
<tr>
<td>William David Dunlop</td>
<td>5.1(1)(d)</td>
</tr>
</tbody>
</table>

### THE FOLLOWING INDIVIDUALS HAVE BEEN REMOVED FROM THE ACTIVE CITIZENSHIP REGISTER:

### DELETIONS:

<table>
<thead>
<tr>
<th>Full Name</th>
<th>Article</th>
</tr>
</thead>
<tbody>
<tr>
<td>BNAASWI</td>
<td>BIIAASWAH</td>
</tr>
<tr>
<td>VALERIE ANNE</td>
<td>BOYTHER</td>
</tr>
<tr>
<td>MICHAEL STEVEN</td>
<td>BUSWA</td>
</tr>
<tr>
<td>KYLE NICHOLAS STORM</td>
<td>BUSWA-VIRTA</td>
</tr>
<tr>
<td>HONARINE MABLE</td>
<td>BUTLER</td>
</tr>
<tr>
<td>IRENE HELEN MARIE</td>
<td>CASTOUNGUAY</td>
</tr>
<tr>
<td>JOAN JUNE</td>
<td>CROZIER</td>
</tr>
<tr>
<td>MARIE PATRICIA ANN</td>
<td>CRUISE</td>
</tr>
<tr>
<td>ALEXANDER LEE STEPHEN</td>
<td>CYWINK</td>
</tr>
<tr>
<td>GEORGE HENRY JAMES</td>
<td>ELLISON</td>
</tr>
<tr>
<td>WILLIAM VICTOR</td>
<td>ELLISON</td>
</tr>
<tr>
<td>DEBORAH CHERRI</td>
<td>HICKS</td>
</tr>
<tr>
<td>HELEN MARY</td>
<td>JACKO</td>
</tr>
<tr>
<td>ROBIN ROSEMARY</td>
<td>JACKO</td>
</tr>
<tr>
<td>CECELIA RUTH</td>
<td>MCGREGOR</td>
</tr>
<tr>
<td>JEAN BERTHA</td>
<td>MCGREGOR</td>
</tr>
<tr>
<td>JOYCE JULIA</td>
<td>MCGREGOR</td>
</tr>
<tr>
<td>MARY ANGELA</td>
<td>MCGREGOR</td>
</tr>
<tr>
<td>RAYMOND ANTHONY</td>
<td>MCGREGOR</td>
</tr>
<tr>
<td>RICHARD KENNETH</td>
<td>MCGREGOR</td>
</tr>
<tr>
<td>ROBERTA ARLENE</td>
<td>NAHWEGAHBOW</td>
</tr>
<tr>
<td>ALICIA MARIE</td>
<td>PAIBOMSAI</td>
</tr>
<tr>
<td>MARGARET MARY</td>
<td>PITAWANAKWAT</td>
</tr>
<tr>
<td>DORIS MARY</td>
<td>PRINCE</td>
</tr>
<tr>
<td>MARIE JEAN ERNESTINE</td>
<td>RECOLLET</td>
</tr>
<tr>
<td>PETER MARTIN</td>
<td>RECOLLET</td>
</tr>
<tr>
<td>RAINY ROBERT RUSSELL</td>
<td>RECOLLET</td>
</tr>
<tr>
<td>THERESA LOUISE</td>
<td>RECOLLET</td>
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<tr>
<td>MARIE JEAN ERNESTINE</td>
<td>RECOLLET</td>
</tr>
<tr>
<td>BETTY</td>
<td>RIVERS</td>
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<tr>
<td>BRUCE FRANCIS MARVIN</td>
<td>SHAWANDA</td>
</tr>
<tr>
<td>MARK HILARY</td>
<td>SHAWANDA</td>
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<tr>
<td>TREVOR NICHOLAS</td>
<td>SHAWANDA</td>
</tr>
<tr>
<td>DAVID</td>
<td>SHAWANDE</td>
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<tr>
<td>BRADFORD GARTH</td>
<td>SMITH</td>
</tr>
<tr>
<td>LINDA MAE</td>
<td>TOULOUSE</td>
</tr>
<tr>
<td>PETER ALEXANDER</td>
<td>TOULOUSE</td>
</tr>
<tr>
<td>BRIAN JOSEPH JANGWESHENS</td>
<td>WABOOSE</td>
</tr>
<tr>
<td>ERNEST LOUIE</td>
<td>WAHSQUONAIKEZHIK</td>
</tr>
<tr>
<td>CORRINA LEIGH</td>
<td>WILDER</td>
</tr>
</tbody>
</table>
As part of the ongoing investigations to help us understand the environmental conditions of the railway right-of-way lands, Whitefish River First Nation Lands Department staff Kathleen Migwanabi and Keith Nahwegahbow, and our technical advisor Alison Gamble from Shared Value Solutions Ltd., accompanied Golder Associates on a Site Visit of the corridor on August 11, 2022.

Golder Associates is an independent third party that is being paid by Canada, but was agreed to by all parties, to lead the environmental site assessment studies for the railway right-of-way. The purpose of the Site Visit was to walk the length of the railway right-of-way corridor to further examine areas that have potential contamination, and where community members identified possible environmental concerns through last year’s community survey. The team wanted to make sure that all areas of potential concern are flagged for more extensive investigation and sampling in the upcoming studies that will take place.

Whitefish River First Nation is awaiting updated timelines from Canada and the other parties, but expects that the Phase 2 Environmental Site Assessment will take place in early 2023. The results of these upcoming studies will help us understand if there is contamination that needs to be dealt with, and if so, how. This will help us work with Canada to make a plan for how to remediate the lands to a state we are satisfied with, and aligns with our vision for how we want to use the land in the future.

Ice Thickness Chart
Safe Ice Depths

- **STAY OFF!**
- **2” OR LESS**
  - Ice Fishing and Ice Skating
- **4”**
- **5”-6”**
  - Snowmobiles and ATVs
- **8”-12”**
  - Cars and small trucks
- **12”-15”**
  - Medium trucks

Note: These are rough guidelines for clear ice only.
Economic Development Officer - Stuart Wilson

Aaniil!

With the new year comes new opportunities and programs for our community members.

This month we will be hosting representatives from the Canadian Coast Guard (CCG) and Department of Fisheries and Oceans Canada (DFO) to raise some excitement around the new WRFN auxiliary unit. The date for this recruitment session is set for Tuesday, January 17th, 2023. For any questions regarding the partnership with CCG, please get in touch with myself or Stephen McGregor at the administration office or email at edo@whitefishriver.ca or stephenn@whitefishriver.ca

Also happening in January is the annual Maple Syrup workshop presented by Ontario Ministry of Agriculture, Food and Rural Affairs (OMAFRA). This all-day workshop has been scheduled for Friday, January 20th, 2023. The event is catered towards local syrup producers, but is open to anyone who may be interested in learning about the process of syrup production, threats to the industry, tips relating to food safety and proper handling of goods, and much more.

I would once again like to thank everyone involved in the Christmas Parade and Bazaar for making the events a success. The Parade winners were as follows:

1st Place: Carmen Pitawanakwat & Family (The Gnomes)
2nd Place: Helen Bolduc
3rd Place: Cyndil Nahwegahbow & Family (Red Eagle Express)
4th Place: Kim Laundrie
5th Place: Ferdinand & the Walkers (Ferdinand Paibomsai & Family)

I hope to see everyone back out for the return of Whitefish River annual winter carnival! The carnival will run from February 10th-12th and will contain many opportunities for fun for the whole family! Anybody wishing to contribute or volunteer in any way is asked to please reach out to myself.

Anyone with additional ideas, questions or concerns is asked to please get in touch, I can be contacted at the administration office or by phone (705) 285-4335 or email edo@whitefishriver.ca.

Thank you and Happy New Year!

Whitefish River First Nation

CALL FOR
Trustee Selection Committee
Seeking Three (3) Members to select and screen applicants for a Member Trustee (1) position

The Selection Committee will comprise of:
1. One member of Council as selected by Council as the ex-officio member;
2. Three members appointed by Council.

Requirements:
- Must be a Member of the Whitefish River First Nation 25+
- Will be established by Council Resolution.
- Must operate in accordance to a Terms of Reference approved by WRFN Chief and Council.
- Must follow the Trustee Selection process approved by WRFN Chief and Council.
- Must assist in the selection and screening of applicants for a One (1) Member Trustee Position.

Please submit your letter of interest that states your background, experience, education and contact information to:

Sandy Jacks, Band Manager
Email: applicants@whitefishriver.ca
In-person: Administration Office
Mail: 174 Rainbow Ridge Road, Birch Island, ON, P0P 1A0

Deadline
January 31, 2023 at 3:00pm

For further information, please contact Leslie Munsie-Nishi-Recollet, Trust Secretary at 705-285-4335 ext. 202 or via email at trust@whitefishriver.ca.

A popular reindeer game incorporated balloon antlers for both Youth & Elders.

Mabel won big in games of chance and dexterity at the Youth & Elder’s Christmas Party.

The Anishinabek Nation aims to promote First Nations procurement as well as nation-to-nation trade across our territories through the development of a business directory.

We hope to make this updated business directory accessible not only to our community, but other First Nation Economic Development Officers in the hopes of promoting businesses & assisting in business-to-business collaborations!

If you are a member of Whitefish River First Nation and own/operate a business, we encourage you to provide the following: Business name, address, industry, website or social media link, phone number and/or email.

To register your business, please contact Economic Development Officer, Stuart Wilson at the Administration in person or by phone at:
705-285-4335 (ext.216) or email edo@whitefishriver.ca

Thank you and Happy New Year!
Tenant Relations Worker - Kendra McGregor

Aanii Tenants, Homeowners and Community Members!
Happy New Year!

Sudbury Community Service Centre
Income Tax time is here! The Sudbury Community Service Centre will be here from 2PM-6PM on the last Thursday of the month until March. They could provide these tax preparation services cost free as well as many other additional services. Book your appointment time with Tenant Relations Worker Kendra for the first session happening January 26th, 2023!

Snow Removal
The Housing Department would like to remind tenants that they are responsible for snow removal at their units. Please note that the Housing Department only provides snow removal for multi-unit buildings and accessibility units.

Rental Agreements
The Rental Agreement shall be renewed on an annual basis to reflect any policy updates, list occupants, contact information or Rent changes. If the Rental Agreement is not renewed, the Rental Agreement shall remain in effect as a month-to-month tenancy on the same terms.

Please contact Tenant Relations Worker Kendra to renew your Rental Agreement if you have not already done so.

Tenant Responsibilities
This is a reminder to tenants of the specific Tenant responsibilities that is included in the Rental Agreement.

TENANT COVENANTS
The Tenant agrees to:

i. abide by all laws, by-laws, rules, regulations, and policies, including the Housing Policy, of the First Nation;

ii. pay rent on the first business day of each month as per section 3(a) of this Agreement;

iii. pay hydro, telephone, heating, service fees, and/or any other personal utility service; maintain the Premises by setting up and paying for regular septic service, furnace & ductwork cleanings, Heat Recovery Ventilator (HRV) cleaning, snow removal, water and garbage services;

iv. immediately report to the Housing Department any accident, break or defect in water, heating or electrical systems, or in any part of the Premises which requires repair;

v. perform general maintenance on the Premises, clean the Premises on a regular and as needed basis, and maintain and keep the yard/grounds in good appearance (grass cut, eaves trough cleaned, no accumulation of garbage, refuse and other material); and

vi. notify the Housing Department in writing should he/she be gone for more than thirty (30) days, and what arrangements have been made to maintain and care for the premises while he/she is away. Otherwise the Premises will be deemed abandoned.

If you have any questions, require more information, or would like to book a meeting, do not hesitate to contact the Housing Department at 705-285-4335 or via email at kendra.mcgregor@whitefishriver.ca or georginar@whitefishriver.ca

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Receptionist - Alyssa Recollet

Aani/Helo
My name is Alyssa Recollet and I am the daughter of Robert Recollet and Karen Manning, and the granddaughter of John and Elaine Recollet.

I am from Whitefish River First Nation but grew up in Espanola, ON most of my childhood and right into my adulthood. I recently moved back to Whitefish River back in August 2022 and am so excited to be back in my home community.

I have recently accepted the position as Administration Receptionist and look forward to working with everyone and getting to know my fellow community members again.

Miigwetch.

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Tax & Consulting Services

LAST THURSDAY OF THE MONTH UNTIL MARCH!

2PM-6PM

- Tax Returns up to 10 years
- Tax Planning
- Budgeting your finances
- Debt Consolidation
- Birth Certificates
- Missing or expired I.D

Call for Kendra for an appointment
705-285-4335

17A Rainbow Ridge Road | Council Chambers
Donnelly, Lucy Ann, Akesha, & Aanimikwam Trudeau’s booth was a family enterprise at the Christmas bazaar.

Elder Jean McGregor Andrews supports the St. Gabriel Lalement penny raffle table at the Christmas Bazaar.

Susan and Julie had an array of holiday treats for sale at the Christmas Bazaar.

Congratulations to Chris McGregor for winning an iPad in the Community Energy Plan Survey draw.

Community Energy Champion
Ryan McGregor

Happy New Year!
I hope and trust everyone had a wonderful Christmas and wish you all the best in the New Year.

There will be a significant amount of work to do in the New Year with the various funding applications I have been working on. We were granted funds through Save On Energy’s First Nation Community Building Retrofit Program. It is designed to offset electricity costs with regard to lighting. Through Good Energy, we will be upgrading Shawanosowe School, WRFN Administration and the Water Treatment Plant. We are also looking at changing the current street lights to energy efficient LEDs. As soon as work is scheduled, a community notice will go out, as there will be workers and a truck lift to change out the existing lights.

Look for more information sessions and workshops over the next few months regarding a solar feasibility study for homes, both private and band owned, as well as working toward updating our current Community Energy Plan. Congratulations to Chris McGregor for winning the iPad in the Community Energy Plan Survey draw. We had a total of 121 completed surveys, and the data provided will create the framework in updating our community energy plan.

Also, one last shout out to all the community members that participated in the 2022 Christmas light contest! There were a lot of spectacular displays of lights within WRFN and we broke the record for participation this year. Congratulations to the winners Winnie, Natasha and Curtis, Chris and Andrea, Danielle and A.J, Keith and Cyndi. Gift cards were distributed to all who participated but did not place. With such phenomenal community effort, we look forward to next year’s contest already!

If you have any energy concerns or ideas please feel free to contact me at the office, or email me at energychampion@whitefishriver.ca
Toolo kina Weyl!  
Here's to a bright New Year and a  
Good farewell to the old, here's to  
the things that are yet to come, and to  
the memories that we hold. May all  
your dreams come true in 2023!

Niigaan Naabidaa Trust Logo Con-  
test  
We have received a few submissions  
for the logo contest and if you are  
interested a reminder that the dead-  
line is January 27, 2023.

Trustee Selection Committee  
In accordance to the Trust Agree-  
ment, council shall, by council reso-  
lution establish a Trustee Selection  
Committee of interested members to  
assist in the selection and screening  
of applicants for a member trustee  
position whenever a member trustee  
is appointed.  
Chief and Council have reviewed and  
approved the Terms of Reference for  
the Trustee Selection Committee and  
are now recruiting committee mem- 
bers. The deadline is January 31,  
2023. You need to submit a letter of  
interest that states your background,  
experience, education and your con-  
tact information.

Annual Income  
Chief and Council reviewed the rec- 
ommendations from the Whitefish  
River First Nation Community De- 
velopment Bank Account Working  
Group. We wish to thank the work- 
ing group members Chantal and Lynn  
McGregor for their fantastic work  
and their dedication to the process.  
On December 20th, 2022 Chief and  
Council allocated the following areas  
with financial resources from the  
Niigaan Naabidaa Trust Annual in- 
come of 2020-2021 in the amount of  
$5,637,421.00.

- Christmas Gift Cards 2022  
- Emergency Fund  
- Administration costs  
- Housing  
- Capital Plan  
- School Feasibility Study  
- Post Secondary Allowances In- 
crease  
- Gym Membership Fund  
- Security System for band buildings  
- Education Fund – planning stage

There will be community conver- 
sations once again to report on the  
projects that were funded and to  
start the discussion for 2022 Annual  
Income. A call out for the Commu- 

nity Development Bank Account work- 
ing group members will be out in the  
next few months.

Expenditures from the Community  
Development Account

20.1 The expenditure of funds in the  
Community Development Bank  
Account shall be governed by the  
Financial Policies and By-Laws of  
WRFN. The funds in the Community  
Development Bank Account in any  
given year shall be spent in accor- 
dance with guidelines established  
from time to time by Council where- 
by the funds will be spent on pro- 
tecting WRFN’s aboriginal and treaty  
rights, education, health, housing,  
culture, economic and community  
development, the environment, new  
or existing initiatives that have been  
identified in the WRFN Capital Plan  
and all reasonable administration  
costs associated with this Trust.

20.2 Council shall conduct at  
least two (2) meetings with Mem- 
bers in the first four (4) months of  
every Fiscal Year in order to consult  
with Members regarding how the  
funds received from the Trust pur- 
suant to Article 19 shall be spent in  
the upcoming fiscal year by WRFN.  
These meetings are to be open to  
all Members and shall be held on-re- 
serve and off-reserve on reasonable  
notice.

20.3 Council shall conduct at  
least two (2) meetings with Mem- 
bers each Fiscal Year to provide them  
with a full accounting of how the  
funds received from the  
Trust pursuant to Article 19 were  
spent in the preceding Fiscal Year by  
WRFN and to inform Members of the  
community projects funded pursu- 
ant to Article 20.1. These meetings  
are to be open to all Members and  
shall be held on-reserve and off-re- 
serve on reasonable notice.

20.4 In any given Fiscal Year,  
one of the meetings required by Ar- 
ticle 20.2 may be convened with one  
of the meetings required by Article  
20.3 at the discretion of Council.

Rainbow Lodge  
The Rainbow Lodge is now closed  
for the season and will be reopening in  
Mid May. I am currently working on  
seking wage subsidies for house- 
keeping positions for the upcoming  
season.

Wishing you sunshine, good times  
and Happy New Year.

If you should have any questions or  
suggestions please feel free to con- 
tact me at lrecollet@whitefishriver.  
ca or 705-285-4335 or 705-863-  
0255.
Ferdinand and the Walkers rounded out the competition in fifth place!

The Nahwegahbow Family placed third with the Red Eagle Express.

Mrs. Claus (Kim Laundrie) and Elves placed fourth in the Christmas Parade.

The Francis family float included local DJ Tom A Haw who kept the crowd energized!
Infrastructure and Emergency Services Manager - Richard Shawanda

Water Plant Operations

The Plant Operators are on call 7 days a week, 24 hours a day, rain or shine. During the holiday season the Water Plant Operators were still doing the tasks that needed to be done with providing clean, potable water to the community members. Should you have any questions or concerns with regard to your water supply please call the Water Plant at 705-285-0007 or in the case of after-hours or emergency situations call Richard Shawanda at 705-562-3583.

There is a lot of work the operators have to do making sure system is functioning properly. With that being said I have attached exactly what our treatment process is as well as a schematic of our current system in place. We are still awaiting approval from Indigenous Services Canada for a Minor Capital Application to upgrade our current Ozone system at the plant. Once received work will get under way to replace this unit.

Treatment Process

Our Water Treatment Plant obtains raw water from the Bay of Islands in the North Channel of Lake Huron via a 295m intake pipe. The treatment process consists of:

- 2 low lift submersible well-style pumps which convey water to the Treatment Plant from the low lift raw pumping chamber
- Zebra mussel control chlorine feed system dosing sodium hypochlorite into the intake structure
- 300mm diameter gravity style intake pipe from the lake to wet well in low lift chamber
- Dedicated standby diesel generator at the low lift station
- Two ozonation trains at the water plant prior to filtration process, consisting of a venturi injection system that draws onsite generated ozone into the raw water line, and vertical contact pipes that feed into the top of the splitter box for the sand filters.
- A package slow sand treatment system consisting of 2 treatment trains, each including:
  - Roughing filter.
  - Slow sand filter media bed with backwash cleaning troughs at each end of the tank.
  - Granular activated carbon filter.
  - Two Trojan SWIFT UV reactors for primary disinfection (1 duty, 1 standby)
  - Sodium hypochlorite residual system and trim disinfection system
  - Two reservoir cells with a total volume of 3493m³, two clearwells for the high lift pumps, and a valve chamber to allow for isolation of any one cell or clearwell
  - Three highlift pumps to pump water to distribution system
  - An elevated storage reservoir for water storage in the distribution system (steel, glass lined tank)

Our operators are always busy with making sure these are functioning correctly and follow a strict regime for preventative maintenance on these filters. The filters need raking and backwashing on scheduled intervals and the following pictures show our operators hard at work.

Emergency Services

Over the last few weeks, I have been working with the Health Department on securing funds to purchase new fire extinguishers and smoke/carbon monoxide detectors for our Elders in the community. I have distributed most of the extinguishers and detectors to date. Once that is complete I will be collecting all the old extinguishers and will see if any are rechargeable or need to be disposed of in an environmentally sound way. The next phase will be to go into the homes and make sure that all of the smoke and carbon monoxide detectors are functioning or if they need replacement.

I will also be starting to go through all the emergency response plans and updating them so that all the documentation is current. I will be working closely with the Health Director on some of these items and hope to have them updated in early spring.

These are just a few of the items that I will be undertaking in the near future. Should you have any questions please feel free to contact me at iesmanager@whitefishriver.ca or call at 705-285-0007.

Elder Ann McGregor welcomed a new fire extinguisher and smoke/carbon monoxide detector delivered by our IES Manager.

Water Plant Operators, Amy Waboos and Andy Recollet follow a strict regime for preventative maintenance on the Water Plant filters.

Infrastructure and Emergency Services Manager, Richard Shawanda distributed new fire extinguishers and smoke/carbon monoxide detectors to Elders John & Elaine Recollet.
Public Works Manager - Francis McGregor

Aani,
On behalf of the Public Works Department, we wish all of you a Happy New Year. Our outdoor rink is currently under preparation, hopefully the weather cooperates. We will let the community know when it is safe to skate on. Blasting at the new subdivision has been a daily occurrence and will continue Monday thru Friday for the weeks to come. No definite date when blasting is completed. Community sand and salt mix is available at the Fire Hall for community members. The Hours of Operation at the Transfer Station are Wednesdays from 8:00 AM - 6:00 PM and Saturdays from 8:00 AM - 3:00 PM. Curbside Pick-up is Wednesdays starting at 8:00 AM.

If you have any questions or concerns, you can reach me on my cell (705) 330-2760 or via email at publicworksmanager@whitefishriver.ca

Migwetch

The Holly Jolly Trolley, entered by Andy McGregor and daughter Tah McGregor, made its 2022 WRFN Parade debut.

COMMUNITY NOTICE
BLASTING OPERATIONS

Starting on January 4, 2023, blasting for the new subdivision will begin. Prior to a blast and following the completion of each blast, a warning siren will be sounded. The warning siren procedure for this project will be as follows:

- Guards to be sent to guarding locations with communication available to Blaster-in-charge;
- A Pre-Blast check list will be completed;
- The Blaster-in-charge will do a final sweep of the area and confirm with guards’ that the site is clear;
- Prior to detonation, a siren will be sounded (3 long and 1 short);
- The Blaster-in-charge will inspect the blast site to ensure that complete detonation of charges has taken place;
- Once the site is given the all clear, a siren will then be sounded (one long siren);
- Guards will then be released from their positions by Blaster-in-Charge.

Should you have any questions or concerns, please contact:
Francis McGregor, Public Works Manager
Office: 705-285-4335 ext. 228
Cell: 705-330-2760

WRFN MINOR SPORTS & RECREATION

BINGO NIGHTS
IN BIRCH ISLAND

JANUARY DATES:
2nd, 7th, 9th, 12th,
14th, 16th, 19th, 21st,
23rd, 26th & 30th

DOORS OPEN AT 5:00 PM
MINI-GAMES AT 6:45 PM
$4.00/STRIP (REGULAR BINGO)
FOR MORE INFORMATION OR TO BOOK THE CANTEEN CALL JAKE AT 705-862-1783.

** COMMUNITY NOTICE **
Transfer Station & Curbside Pick-up Schedule

November 2, 2022

Curbside pick-up will resume to once-weekly service, starting the week of November 16th, 2022. The Transfer Station hours of operation will NOT be affected.

Curbside Pick-Up: Wednesdays
Starting at 8:00 am

Transfer Station Hours: Wednesdays
8:00 am – 6:00 pm.

Saturdays
8:00 am – 3:00 pm.

Until further notice.

Whitefish River First Nation
Public Works Department
Pet Care & Tips

Happy New Year everyone! I hope all of you had a nice Christmas and New Years. Santa was good to me and my cats, he dropped off some gifts for us over the holidays and some nice meals too, which was very much appreciated. I hope Santa was good to you too! Wasn’t that some snow storm we had? I have a metal roof now, so the snow slides right off of it. The snow piles so high in front of my deck that it blocks my view when I am sitting on my recliner. It was up to nearly four feet high, but it did not stay long. The weather turned mild and it went down to a small pile in no time. I would like to congratulate the two young men from our community who saved a young child from choking. I had that happen to me one time and luckily my nephew Wayne was nearby to help me out. He had just finished training CPR where he worked at the time. Thank you again Wayne!

Well the cats are doing fine and still gaining their winter weight but soon summer will come and they will lose it again. I finally got the large cat shelter going again with the heating pad and a light bulb for heat. It is much harder to find light bulbs now that throw off heat. The new LEDs do not give off that much heat so it took me a while to find one of those old light bulbs. People have been telling me that there is a flu or a bad cold going around.

I know because before Christmas I was really sick for about two weeks. A couple of times I thought I would have to go into the emergency room because it was getting hard for me to breathe. Any way, I made myself some chicken soup, rested and took some cold medication. Luka was in bed with me trying to keep me warm and She-Pet Elizabeth would check me out if I was sitting in my recliner. She would just sit on the floor beside me and would look or watch me. I see that there were a lot of new babies in our community at the Kings Day Feast.

Some Cat Facts:

- Places where cats are commercially housed are called catteries - boarding catteries and breeding catteries.
- Cat couple Phet and Ploy had a lavish wedding in 1996. It cost a record US$39,443. Phet, the groom, arrived by helicopter, while Ploy, the bride, showed up in a Rolls-Royce.
- Cats were often housed in private pagodas in ancient Japan and were considered so valuable that, by the 10th century, only the nobility could afford them.

Well, that is it for another month, the cats and I would send along Birthday and Anniversary wishes to all who will be celebrating in the month of January. Remember to check in with the elderly and the ones who are sick and not feeling well. I am sure they will appreciate it if you do. Remember to get your pets fixed to help keep the pet population down in our community and to abide by the dog-by-law in our community. Remember to pray that the war between Ukraine and Russia will be soon be over.

‘Till then take care.

FROM: Luka and She-Pet Elizabeth (the cats)
FROM ME: The big cat - Dennis L. McGregor

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January’s Pet Profiles

We are Miss Oakley’s gang of cats. Our names are Little Wizard, Mr. Peanut Butters, Pretty Ricky Rawlinson, Theodore, and Billy B-Man. Our human rescued 4 of us when she lived in Abu Dhabi - we were all street cats in sad situations, and she took us in and helped us become happy, healthy cats! We’ve lived in 3 different countries with our human and found our new brother, Pretty Ricky, a couple of months ago. We all love each other a lot, and our favourite thing to do is to drive the human crazy with our mischief - we love to climb on everything, and we often wake her up at 3am with our zoomies. We also love treats, and Mr. Butters will do tricks for a piece of chicken - it’s his favourite snack. If you are ever at the school and want to talk about cats, find our mom Miss Oakley - she is a true cat lady! This loving clower of cats co-habitate with Ms. Jennifer J. Oakley, SERT, Shawanosoke School.

Would you like to see your beloved turban featured in the monthly Pet Profile section of The Rezound? Email me a picture and information of your family pet, and they may be our featured Rezound flashback page.

Email me at: rezoundeditor@whitefishriver.ca

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Happy Birthday:

- Happy Birthday to my Daughter Melissa on January 26th.
- Happy Birthday to my Daughter on January 20th.
- Happy Birthday to my Granddaughter on January 12th.
- Happy Birthday to my Daughter on January 14th.
- Happy Birthday to my Son on January 14th.
- Happy Birthday to my Brother on January 14th.
- Happy Birthday to my Aunt on January 31st.
- Happy Birthday to my Beautiful Daughter on January 12th.
- Happy Birthday to my Sister on January 5th.
- Happy Birthday to my Brother on January 14th.
- Happy Birthday to my Cousin on January 14th.
- Happy Birthday to my Twin on January 5th.
- Happy Birthday to my Son on January 5th.

---

Gichi-Nendam Dabishkayek 🎊🎉

Happy Birthday to my Nokomis Wanda on February 16th!
Love Danikah, Jasper and Scarlet 🐾

Happy Birthday Mom!
Lots of love from Alexander and Sebastian

Happy Birthday Auntie Rachel.
Love Alex and Family

Happy Birthday Emerald!
Love Danikah, Scarlet and Jasper

Have the Happiest 2nd Birthday Gemma!
Love Tahness, June, Mom, Belle and Dad

Happy Birthday to my 30th Birthday Edward!!!
January 20th is the day my life changed, as I went from being a Winnie to being mom!!!
You came into the world and were such a small bundle who grew into your own.
Love you always From Mom, Dan, Tecumseh, Leo and William.

Happy Birthday to my Daughter on January 5th.
Love Quintin, Aurora, Leo and Scout. xxxoxoxxoxo.

Happy Birthday to my Oma on January 31st.
Happy Birthday to my Oma on January 5th.

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Happy Birthday to my Grandpa on February 1st.
Love Grandma

---

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