Pane gmakwenmin.
I always think of you.

National Day of Awareness for Missing and Murdered Indigenous Women and Girls, Two-Spirit, and gender diverse people also known as Red Dress Day is observed annually on May 5th. On this day we pay respect and honour the victims and their families, raise awareness and call on governments to take action to address the racialized and gendered violence inflicted on Indigenous peoples in Canada. Locally a Manitoulin Island & Territory and Sudbury-North Shore District MMIWG2S+ Memorial Walk took place along Highway 6 from Little Current to Whitefish River First Nation. The day began with a sunrise ceremony and concluded with a feast at the WRFN Community Centre to welcome home the walkers.

On Wednesday June 21st, 2023 a red granite monument, to commemorate MMIWG2S+, will be unveiled in Whitefish River First Nation. The monument will serve as a visual reminder of the crisis of violence against Indigenous women and girls in Canada; and to commemorate and remember those we have lost and in honor of all missing and murdered Indigenous women and children.

The Rezound is now a bi-monthly publication!

Please note that the deadline for submissions for the next issue is Friday, June 23rd, 2023 at 4:30.
Miligwetch!
rezoundeditor@whitefishriver.ca
Aani,

It sure feels like our warm weather is just around the corner.

May is another busy month at the Health Centre and Family Well Being Department. Last month, we said baamaa pii to Crystal Clark McGregor from her role of Youth Support Worker. The youth and our entire team will miss Crystal immensely but wish her well on her next adventure. We brought on board a new Family Well Being Coordinator, Marida McGregor, on April 24th. Joining Marida in the role of Family Resource Worker is Mary. Both of these ladies are strong additions to our team and they look forward to getting acquainted (and re-acquainted) with the community. There is currently a posting for the vacant Youth Support Worker and for a temporary Cultural Coordinator. If you know anyone that you think would be a good fit, please refer them to the website for details on how to apply.

The first week of May is Mental Health Week. Our Mental Health and Addictions worker has a robust program planned for the community. Please watch for posters and come out and enjoy.

Due to the Public Service Alliance of Canada (PSAC) strike, many of our departments were affected. Most notably, we are asking for your help with giving notice for any medical appointments that will require an out of town physician/appointment visit. NIHB is telling us that their approval process will take longer than our usual times so please give Beverly as much notice as possible.

On April 17th, Arianna Pitawanakwat officially joined the Health Team in the role of Community Wellness Worker. We’re excited to work with Arianna and have her deliver a variety of programs to the community. She has previous experience in the Family Well-Being team which will serve her well in this role.

There will be a Spring Fast from May 15-20 at Rainbow Lodge. Please join us if you can. If you would like to volunteer to help, please reach out to Naia at Family Well-Being.

For the first time in a long while, the Health Centre will host two Northern Ontario School of Medicine first year students. They will be in the community from May 8th until June 2nd. If you cross paths with them, please feel free to share one fun fact that they may not know about our fantastic community.

For the Seniors Navigator, we’re happy to report that we’re adding to the programming. On Wednesday mornings, we will be hosting a social at the Elder’s Residence from 10am until noon with lunch served afterwards. In addition, there will be programming again during the summer months at Rainbow Lodge.

For more information I can be reached at healthmanager@whitefishriver.ca, at the Health Centre at 705-285-4354, ext.2311 or via cell at 705-863-0005

Miigwech.

The Birch Island
Group of Alcoholics Anonymous
“The only requirement is a desire to stop drinking”

Sundays at 2pm
Whitefish River
First Nation
Health Centre
17 B Rainbow Ridge Rd
Birch Island
Family Well-Being Coordinator - Marida McGregor

Aani,

I have been hired as the new Family Well-Being Coordinator effective April 24, 2023. Although I have been away from my community for many years, I have had opportunities to work in Health, Ontario Works, and as a Small business Owner. With these learning opportunities, I am looking forward to dialoguing with the community on ideas and program supports for my new role.

My new role as the Family Well-Being Coordinator will work with key community resources to: plan activities based on annual traditional activities; increase family participation in traditional activities; increase knowledge about traditional parenting practices; connect families to the land; increase cultural knowledge about hunting; increase awareness of ceremonies; increase awareness of community history and legends; and generate interest in a traditional activity.

Please feel free to reach out to me anytime, at 705-285-1941, by cell at 705-863-3170 or email at familywell-beingcoordinator@whitefishriver.ca

SENIOR’s PROGRAMMING

SEVEN FIRES YOUTH AND ELDER’S CENTRE
1:00 - 3:00 EACH SESSION: Tues, Thurs & Fri

UPCOMING MAY EVENTS

TUESDAYS

MAY 2, 9, 23 & 30
SENIOR’S SOCIAL

THURSDAYS

MAY 4, 11 & 25
HEALTH & WELLNESS WORKSHOPS

FRIDAYS

MAY 5, 12 & 26
CRAFT DAY

***New***
MAY 3, 10, 17 & 31
Elder’s Residence Social 10:00am
Below Water Tower

For more information contact:
Gail Pelletier, Senior’s Navigation Worker
705-863-2558 or 705-285-4354, ext 2313
Whitefish River Health Centre

Family Resource Worker - Mary

Aanii,

I am Mary and I have recently joined the Whitefish River First Nation team as the Family Resource Worker. I have a lot of lived experience in this field. What that means, is that I was raised in the CAS system through many homes. I have a good understanding of the system and how it works. I also know very well why we work so hard to keep our children with their families if possible. I am here to work for the community and I look forward to meeting everyone. If you utilize the food pantry or good food boxes, you will see my smiling face.

If you need to contact me or would like any information please feel free to reach out to me anytime at 705-285-1941 or email me at maryc@whitefishriver.ca

Miigwetch, Mary
Case Manager - Carriane Agawa

Booshoo kina wiya.
Ska-gamik kwe has awakened to remind us growth can only begin through change. Embracing change, no matter how hard it may be, opens the doorway to our spirit and healing. We stop healing when we remain static.

On that note, the Band Representative staff has also grown. Please join me in welcoming Rosalyn McGregor as one of our newest Band Representatives. Rosalyn brings a wealth of knowledge and experience in the area of child welfare. She has been with WRFN as a Band Representative for over a month now and in that month, she has brought additional insight to the team through her knowledge, skills, and laughter as we create a space that is conducive to the good work we do for our community. Look for Rosalyn’s bio in an upcoming newsletter.

In addition to Rosalyn’s recent role as Band Representative, our Band Representative Clerk, Jessica Seabrook’s work has shifted to accommodate the temporary role of part-time Band Representative. We are now at capacity for Band Representatives and will soon begin posting for a Kinship Worker to grow with us.

In the months to come, our team will be focusing on presenting to the community: information sessions on duty to report, the roles and responsibilities of the Band Representative and Kinship worker, advocacy in child welfare, collaborative presentations from other internal and external agencies and other identified needs as they are presented to us.

In closing, I would like to leave this prayer for our families/children as we move forward in mino bimaadziwin.

Gizhe Manidoop
(Creator)
I’iw nama’ewiwin, maaba asemaa, miinwaa n’ode’winaamin gda-bagidinimaagom.
(We offer our prayers, tobacco and our hearts.)
Milgwech gda-igom n’mishomisiniinaang miinwaa n’ookomisiniinaang jinaagoo gaa-iyaajigh, noongom e-iyaajig miinwaa waabang ge-iyaajigh.
(Thank you for the Grandfathers and Grandmothers of yesterday, today and tomorrow.)
Milgwech manidoog iyaajig noodinoong, iyaajig nibiing, iyaajig shikoden miinwa iyaajigh akiing.
(Thank you spirits of the winds, water, fire and earth.)
Milgwech manidoog iyaajig giwedinoong, waabanong, zhaawanong miinwa epangishimo, Thank you spirits of the north, east, south and west.
Daga bi-wiido-windawinaang wi mino bimaadziyaang. Please help us to live a good life. Ahow!
I can be reached by cell at 705 863-0298 or via email at casemanager@whitefishriver.ca.

KWEOK 2023
Social Wellness Golf Month
16+
Espanola Golf & Country Club
Maximum 12 Participants

Benefits of Golf
- Connection to the land & fresh air
- Physical Activity
- Helps with focus
- Improve mental health
- Improve cardiovascular health
- Connection
- Sense of accomplishment

Tee times start
July 5th, 12th,
at 9:00 am
19th & 26th

To register contact Crystal Mokohonuk
705-285-4354 Ext. 2308 OR
mentalhealth@whitefishriver.ca

YOUTH Drop-Ins
For ages 13-25 years old
5:30PM - 9:00PM
Please see the following dates below

May 5, 2023 - 7 Fires Youth & Elders Center
May 12, 2023 - Shawanosowe School Gym
May 19, 2023 - 7 Fires Youth & Elders Center
June 9, 2013 - Shawanosowe School gym

For more information please contact Arianna Pitawanakwat at ariannapatawanakwat@whitefishriver.ca or 705-285-4354 Ext.2307

Whitefish River First Nation
**FAMILY FUN DAY**

**INFLATABLES & More**

WHITEFISH RIVER FIRST NATION
SOCCER & BALL FIELD

**FOOD**
- SWAG FOR STUDENTS
- SNOW CONES
- ANIMAL PRIZES
- BALLOONS
- COTTON CANDY
- INFO BOOTHS

FOR MORE INFORMATION CONTACT STEPHEN HAWKESBROW, EDUCATION MANAGER
705-285-4335 OR EDUCATION@WHITEFISHRIVER.CA

**FALL 2023, WINTER 2024, SPRING 2024, SUMMER 2024 SESSIONS**

NEW STUDENTS
ON-LINE APPLICATIONS available here
https://whitefishriver.dadavan.com/student/pseapplication.jsp

RETURNING STUDENTS
https://whitefishriver.dadavan.com/student/studentpage.jsp

If you have any questions please feel free to contact
EDUCATION DEPARTMENT AT 705-285-4335
or education@whitefishriver.ca

FREE training will be provided to those who are interested!
Incentive upon successful completion of obtaining B license.

**Vulnerable Sector Check, Driver’s Abstract & medical will be required prior to training.**

Please contact the Education Department by calling 705-285-4335
or email: education@whitefishriver.ca

**Closing Date**
for scholarship applications is
**Wednesday, May 31, 2023**

Applications can be submitted by email (preferred), mail, or fax to:
Ariskinake First Nation 7th Connection Charity
Jaron Restoule, Manager
1 McCain Street, P.O. Box 711, North Bay, ON P1B 8J8
P. (705) 497-8127 or (877) 702-0209—F. (705) 497-8135
E: ariskinake@ariskinake.ca
www.am7pc.ca
SHAWANOSOWE SCHOOL & MAAMWE KENDAASING EARLY LEARNING CENTRE

POWWOW!

"MAAWNJIDMI MIINAWAA ENJI -JIINGTAMING"

"WE GATHER AGAIN"

FRIDAY, MAY 26, 2023
10:00 AM - 2:00 PM

SOCCER FIELD
WHITEFISH RIVER FIRST NATION

BIZHAAK
ALL DANCERS!
FLAG CARRIERS!
VETERANS!

Host Drum
Biitaabaness
Dancers
Head Male: Greg Sutherland
Head Female: Mariette Sutherland
Youth Male: Arlo Owl & Leonidas McGregor
Youth Female: Violet Sutherland & Laila Mae Taibossigai
Emcee: Adrian Trudeau

Contact Danette McGregor at 705-285-1311 for further information.
Band Manager - Sandy Jacko

Aanii, Boozhoo
STRATEGIC PLANNING SESSION
Work is underway to help Chief and Council develop a strategic plan. WRFN is in the process of selecting the company who will prepare the Strategic Plan. In preparation for strategic planning Chief and Council have been busy attending presentations and learning about Administration, various departments, ongoing projects, and infrastructure since the commencement of this term. Once a company has been hired, a community session will be held to hear from community members and that information will help guide the work of Chief and Council over the next four years.

CHANGES TO PHONE SYSTEM
Community members who call the office have often said that it is difficult to get through as the receptionist is frequently answering another call. In response to this WRFN has recently changed how the phones are answered. Now when you call the office you will first hear an automated recording. The recording asks to enter the extension of the person you wish to reach. If you don’t know the extension, the system will give you a list if you enter in the person’s name. Callers can still reach the Receptionist by pressing zero. This system will help manage incoming calls and direct callers to the right place.

COMMUNITY SECURITY CAMERA AND SYSTEMS UPGRADE
Chief and Council passed a motion approving the upgrade of security cameras throughout the community including an upgrade to the buildings security systems in effort to deter crime and protect the community and its members. Whitefish River has contracted CHUBB Security to upgrade WRFN buildings security systems, replace current security cameras and install additional cameras throughout the community. This upgrade will increase coverage, provide improved image quality and better night vision and provide added protection. The upgrades will take place over the coming months.

COMMITTEE CALL OUT
Starting this July, all committee members will convene a 4-year term. All current committee members will receive a letter advising them that their term has ended and a posting for committee members will go out soon. Past and present committee members are eligible to reapply. Chief and Council are responsible for appointing committee members and setting mandates for the committees. WRFN acknowledges all those community members who have dedicated their time, energy, support and guidance over the years. Your efforts are truly appreciated. Chi-Miigwech.

MMIWG25+ COMMEMORATIVE MONUMENT
The preparation for the installation of the Missing and Murdered Indigenous Women and Girls, Trans and 2 Spirit People (MMIWG25+) Loved One Commemorative Monument is underway. The Monument is going to be located just North of the Veterans Memorial. The stone is red granite and is 84”x12”x74” in size. The base is circular in shape, resembling a drum and etched into the stone is a Jingle Dress Dancer with floral designs running up the center. The unveiling of the monument is scheduled to take place on June 21, 2023. The monument will serve as a visual reminder of the crisis of violence against Indigenous women and girls in Canada; and to commemorate and remember those we have lost and in honor of all missing and murdered Indigenous women and children. To RVSP, please email: onsouthmmiwg@gmail.com

If you have any questions or concerns you can reach me at the Band Office 705-285-4335, extension 2223 or via email at bandmanager@whitefishriver.ca or via my cell at 705-863-3294.

Be Well, Be Kind. Be Safe. Miigwech.

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Whitefish River First Nation Administration
Office Extension List
Tel: 705-285-4335 Toll Free: 1-800-265-4335

<table>
<thead>
<tr>
<th>Name</th>
<th>Job Title</th>
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<tbody>
<tr>
<td>Rodney Nahwegahbow</td>
<td>Chief</td>
<td>2202</td>
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<tr>
<td>Sandy Jacko</td>
<td>Band Manager</td>
<td>2223</td>
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<tr>
<td>Jennifer Davidson</td>
<td>Executive Assistant</td>
<td>2219</td>
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<tr>
<td>Kim Laundrie</td>
<td>Logistics Manager</td>
<td>2221</td>
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<tr>
<td>Alyssa Recollet</td>
<td>Receptionist</td>
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<tr>
<td>Tricia Podiatis</td>
<td>Human Resource Manager</td>
<td>2212</td>
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<tr>
<td>Francis McGregor</td>
<td>Public Works Manager</td>
<td>2228</td>
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<tr>
<td>Emma Recollet</td>
<td>Ontario Works Administrator</td>
<td>2215</td>
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<td>Stephen Nahwegahbow</td>
<td>Education Manager</td>
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<tr>
<td>Bonnie Beattie</td>
<td>Education Assistant</td>
<td>2226</td>
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<tr>
<td>Leslie Manitowabi</td>
<td>Trust Secretariat/Rainbow Lodge Manager</td>
<td>2201</td>
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<tr>
<td>Susan Slomke</td>
<td>Finance Director</td>
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<td>Zach Shawanda</td>
<td>Finance Assistant</td>
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<td>Melanie LeClair</td>
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<td>Diane Gaudette</td>
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<td>Georgina Recollet</td>
<td>Housing Manager</td>
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<tr>
<td>Kendra McGregor</td>
<td>Tenant Relations Worker</td>
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<tr>
<td>Kathleen Migwanabi</td>
<td>Lands Manager</td>
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<td>Keith Nahwegahbow</td>
<td>Lands Officer</td>
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<tr>
<td>Stephen McGregor</td>
<td>Consultation Coordinator</td>
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<tr>
<td>Stuart Wilson</td>
<td>Community Economic Development Officer</td>
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<td>Louanne Megwanabe</td>
<td>Membership, Estates and Lands Clerk</td>
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<tr>
<td>Ryan McGregor</td>
<td>Community Energy Champion</td>
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<tr>
<td>Tammy Nahwegahbow</td>
<td>Communications Officer</td>
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<tr>
<td>Brianna McGregor</td>
<td>Council Secretary</td>
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Whitefish River First Nation Health Centre
Office Extension List
Tel: 705-285-4354

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<th>Name</th>
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<tr>
<td>Kim Armstrong</td>
<td>Health Manager</td>
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<tr>
<td>Cathy McGregor</td>
<td>Health Centre Receptionist</td>
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<tr>
<td>Beverly Nahwegahbow</td>
<td>Medical Transportation Coordinator</td>
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<tr>
<td>Arianna Pitawanakwat</td>
<td>Community Wellness Worker</td>
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<tr>
<td>Gail Pelletier</td>
<td>Seniors Navigation Worker</td>
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<tr>
<td>Genny Jacko</td>
<td>Elder in Residence</td>
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<tr>
<td>Talon McGregor</td>
<td>Community Health Nurse</td>
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<tr>
<td>Dione Runnails</td>
<td>Mnaamodzawin Community Health Nurse</td>
<td>2316</td>
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<tr>
<td>Crystal Monkonohonuk</td>
<td>Mental Health and Addictions Worker</td>
<td>2308</td>
</tr>
<tr>
<td></td>
<td>Dietitian</td>
<td>2304</td>
</tr>
</tbody>
</table>

Earth Day Clean up and feast was an event for the whole family!
Shawanoswe School Celebrated Earth Day with a Community Clean up and feast.
Shawanoswe Eco-Warriors get a helping hand from Catherine Melillo & Tanya Sackaney of Water First during Earth Day Clean-up.

Bobbi-Jo & Carter make some colourful Easter Crafts!

The Grade 3/4 & 5/6 class got a tour of an Electrofishing boat thanks to our friends at the DFO.

Congratulations Jordon Dooley for winning the 2022 Futurpreneur Young Indigenous Entrepreneur of the Year. The CanadiansME National Business Awards recognizes and celebrates outstanding achievements of small business owners such as Jordon for their contributions to Canada’s economy. Jordon began his eCommerce business 2 years ago when he began to make sustainable textiles and sell them online. Visit his website www.Vearthly.com to find out more about his products.

Kiki and Kieston take well-deserved break from plenty of Easter activities.

University of Waterloo Earth Sciences Museum Curator, Corina McDonald and Crystal Czarnecki, co-op student explored the Water Cycle with the Grade 1/2 class.

Rachel and family at the Easter celebration.
WRFN families dance their style at the AB Ellis Pow Wow.

Kayle takes part in the weighted blanket workshop.

The University of Waterloo’s Dino was a star with the Grade 1/2 class.

Gichi-inendam.

Nakia & Tecumseh belt it out on the big drum.

Taking care of Shkagamik-kwe.

Sisters in Solidarity.

Saika & Miskwa’asin check out the Pow Wow.
Membership News

Welcome to the warmer weather, the fresh spring air, the vivid colours, longer days and mostly no big jackets, hats, mitts, scarfs and boots. I’m sure we are all looking forward to May Flowers! In April, I completed my First Aid training and received my certificate.

This past month, I took Estates Training, which was a one-day information workshop hosted by Indigenous Services Canada and held in Toronto. This was a brief one-day information session but packed with plenty of information on Estate Planning. Selecting guardianship and trusteeships, selecting the proper estate executor, processing and managing estates as well as creating a will are all part of Estate Planning. Fact - What is an estate? An estate is everything the deceased owned at the time of death less everything the deceased owed at the time of death.

**ASSETS – DEBTS = ESTATE**

One of the most common reasons people do not make a will is that they believe they are “not worth anything on paper” or “my surviving family knows what I want and will take care of everything when I’m gone”. If we really think about it, a Will amounts to your last wishes, given to your family/friends at a time when they are grieving and perhaps need a guiding hand. There are many things that need to be done when one passes on. Making a list of all passwords, banking information, monthly subscriptions (satellite, internet, newspaper, etc.), location of keys, safety deposit boxes and/or a combination to a safe/padlock are all things that most people do not think of. These are good things to discuss with whoever you leave to handle your estate so as to distribute as per your wishes and to handle your affairs. For most, thinking of dying is not something we want to think about. We do not want anyone but ourselves deciding who will “disperse my stuff” or “take care of my pet(s) or “settle my estate”. Not burdening our family and friends any more then is necessary is something we all want and we encourage individuals to take the necessary steps for going through the estates process.

- **Wills, Estates and Power of Attorney**
  We will be hosting an information session for Wills, Power of Attorney & Estates on May 17, 2023 from 6:00pm – 8:00 pm at the Community Centre. This will be the first of three information sessions and there will be 5 client clinics for members to complete their will. The facilitator for this is Fred Bellefeuille, Barrister & Solicitor. Mr. Bellefeuille has been in Whitefish River before to present and to complete wills with members. The client one-on-one sessions will be the following day, May 18, 2023 from 9am – 4:30pm. The information session is open to all and we are asking that your register ahead of time for the information session then we will book your one-on-one session at this time as well.

In the month of May, I will be attending OALA (Ontario Aboriginal Lands Association) Estates Management Tool-kit Training which takes me out of the office May 8 – 11, 2023. This will better help me with assisting members with Estate Management on reserve. I will get insight right from the passing of a First Nation Member to the distribution of their estate assets and the closing of the estate file.

I have successfully completed my Indian Registration Administrator Training and have received my certificate. I am now an Indian Registration Administrator and am now qualified to stamp applications and I have access to the Indian Registration System so that I can input new applications received, submit monthly reports and assist with searches as required. Currently, I am being trained on the newer ASAP software system. This is a database program used for membership whereby information will be easier to find with respect to connecting family information. This is helpful and relevant when people want to Register with Canada or ancestry and lineage need to be established. There is still a lot of work involved when someone is seeking to gain their status and individuals were enfanchised through no fault of their own, or maybe someone was adopted and would like to reconnect or information was not put on their Birth Certificate that enables them to gain status. Each situation is unique to the individual.

- **Privacy**
  The membership office cannot disclose any information regarding any individual unless the proper release forms are signed. The Privacy Act is a Canadian law concerning personal information held by federal government institutions. Its’ purpose is to protect the personal information of individuals by restricting its collection, use and disclosure. It also provides individuals with the right to access their own personal information that is being held or managed by a government institution. Under the Privacy Act, personal information is defined as "information about an identifiable individual that is recorded in any form". Examples include; photographs, date of birth, name, registration number, signatures, addresses, marital status, adoption status, etc.

**CONTACT INFORMATION:**
Louanne Megwanabe,
Lands, Estates & Band Membership Clerk/IRA
705-285-4335 ext. 2204
lands.ira@whitefishriver.ca
Kathleen Migwanabi,
Lands Manager/IRA
705-285-4334 ext. 2208
kathleenm@whitefishriver.ca

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**Save the Date**

The Ontario Loved Ones Commemoration Committee and Whitefish River First Nation invite you to attend

**Ontario Missing and Murdered Indigenous Women and Girls, Transgendered and Two-Spirit Persons Monument Unveiling and Commemoration Ceremony**

**Wednesday, June 21, 2023**

5:20 am Sunrise Ceremony at Whitefish River First Nation Community Centre
10:00 am Opening Prayer and Dedication Invited Family Members and Guests to Speak

**Community Feast to Follow**

**RSVP:** onsouthmiiwg@gmail.com
**By Wednesday, June 7, 2023**

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**Creating Your Will**

May 18, 2023
9:00 am - 4:30 pm

One-on-one sessions
With Fred Bellefeuille, Barrister & Solicitor
WRFN Administration Office
To book your appointment, call Louanne Megwanabe, Lands, Estates & Membership Clerk
705-285-4335, ext. 2204

Future dates: June 14, July 5, Sept 13 & Oct 11, 2023
MEMBERSHIP NEWS

Please be advised:
As a result of labour disruptions, some services may take longer than usual and some offices may be closed. It is advised to check the website of the service you require to check availability.

Reclaiming your Name – At this time, your family name, given name or alias can only include letters from the latin alphabet and some accented letters. To reclaim your family name or given name, you must submit a document that confirms your reclaimed name, such as a proof of birth document or a legal change of name certificate, with your complete application.

"INTRODUCTION OF BILL C-38, An Act to amend the Indian Act (new registration entitlements and opportunities for information sessions.

Introduced on December 14, 2022, Bill C-38 seeks to address some of the remaining inequities in the registration and band membership provisions of the Indian Act. The introduction of these legislative amendments to the Indian Act seeks to address four areas, including enfranchisement, individual deregistration, natal band reaffiliation and membership, as well as outdated and offensive language related to dependent persons.

If passed, Bill C-38 will:
• Ensure persons with a family history of enfranchisement will be treated the same as those without
• Enable persons who wish to have their names removed from the Indian Register to apply for deregistration
• Enable women who were automatically transferred to their husbands’ band to seek reaffiliation with their natal band. Women and their direct descendants may apply
• Remove dated reference to mentally incompetent Indians.

Indigenous Services Canada is hosting Information sessions on Bill C-38 by request stating in January 2023"

To learn more visit: https://www.sac-iscc.gc.ca/eng/162142490384/162142638971

Due to the work strike, there will be delays in all programs. As soon as information is posted, we will pass the information along.

Changes to Indian Registration:
• As of December 10, 2020, you can select a non-binary gender identifier on the application form when applying for Indian status or a status card: M (male), F (female) or X (another gender).
• On July 31, 2020, the Quebec Superior Court issued its decision on the Enfranchisement of unmarried women (Hele Decision). If you were unmarried or your mother or grandmother was unmarried and enfranchised by application as an adult between September 4, 1951, and April 17, 1985, you may be affected by that decision.
• As of August 15, 2019, the 1951 cut-off date has been removed. If you were affected by the 1951 cut-off date and are currently registered or are waiting for a decision on your application for registration, you don’t need to reapply as all applications will be assessed based on the amended Indian Act.

If you were affected by the 1951 cut-off date and your application for registration was denied, you need to re-apply.

REGISTRATION AS A STATUS INDIAN IN CANADA – REQUIRED DOCUMENTS:
• Child or Adult Application for Registration on the Indian Register and for the Secure Certificate of Indian Status (SCIS) and Guarantor Form
• Original long form Birth Certificate (also known as statement of Live Birth)
• Photo identification

IF YOU WERE ADOPTED:
1. a copy of the adoption order or a letter from the social services authorities confirming the details of the adoption
2. a consent form signed and dated by the adopted applicant, or in the case of a child or dependant adult, by the adoptive parents or legal guardians, so ISC can get information about the biological ancestry from social services authorities involved in the adoption.

You can also submit a copy of the pre-adoption birth certificate listing the biological parents’ name, if available. If adopted in British Columbia, you’ll need to fill out a consent form specific to that province. A CUSTOM ADOPTION is carried out following a First Nation’s practices. Applicants need to submit additional documents to confirm the custom adoption.

To find out more about what other documents you need to submit if you’re adopted and to obtain a consent form: write to:

Adoption Unit,
Indigenous Services Canada,
10 rue Wellington,
Gatineau, Quebec K1A 0H4

If you are applying for or renewing the Certificate of Indian Status Card (CIS) for either the Secure card or Paper laminate card, the required documents are:
• Certificate of Indian Status Application (SCIS or CIS) and Guarantor Form
• 2 pieces of Photo Identification, and
• 2 passport Style photos Identification or use the SCIS Photo app

Marriage Reporting: Original marriage certificate and marriage reporting form is required

Death Reporting: A copy of the Death Certificate is required to register the death of a registered member or spouse.

Please be advised that all life events require the “Request for an Amendment form” to be completed and Photo i.d. be provided.

Forms available at the Indigenous Services Canada (ISC) website or available upon request from the Membership office. https://www.sac-iscc.gc.ca/eng/14628068410477/157246106271#cert-ind-stat

Please call the Administration office at 705-285-4335 and ask for extension 2204 to make an appointment to renew or replace your CIS card.

Status Card Pictures
Picture Fee: If you require a picture for your Certificate of Indian Status Card (CIS) the cost is $5.00. For our elders, we will waive the picture fee.

Please note if you are choosing to bring in a picture for your card make sure that the following list is adhered to or the picture will not be used and a new picture will be taken at the time of appointment.

Pictures need to be bright, no glare, face is to be seen clearly (natural skin tones, in focus/sharp, not blurry or pixilated), neutral face expression, no frowning, smiling or teeth showing, mouth should be closed.

The background should be white or light-coloured, plain and uniform, all one colour, no patterns or textures. No shadows on face, neck, shoulders, behind individual and no flash visible in background.

- Head Positioning: full front view of the face, shoulders should be shown and centered, individual must be square to the camera, entire head must be visible and head cannot be turned to the side or tilted.

- Head Coverings: full head without a covering and whole face must be shown

Exceptions: religious or cultural reasons and medical reasons.

**A doctor’s note or a note from a religious authority in NOT required. If there is a complication with the photo due to a medical reason, the IRA can write a note on the application form to state that there is a medical exception on the applicant’s photo.

NON-INSURED HEALTH BENEFITS (NIHB)

An eligible client must be a resident of Canada and any of the following:
• A First Nations person who is registered under the Indian Act (status Indian);
• An Inuk recognized by an Inuit land claim organization;
• A child less than 18 months old whose parent is a registered First Nations person or a recognized Inuk

To make sure that your child continues to be eligible for the program, you should apply for your child’s Indian status. This should be done as soon as possible.

For more information on Benefits and services under the Non-Insured Health Benefits program, please visit, the Indigenous Services Canada Website, select Indigenous Health, then select Non-insured Health Benefits for First Nations and Inuit.

https://www.sac-iscc.gc.ca/eng/15725371086/1572537234517

WHITEFISH RIVER FIRST NATION CITIZENSHIP

Whitefish River is a section 10 band and determines its own Citizenship (Band Membership). Registration for Citizenship with Whitefish River First Nation is not automatic, and everyone must apply. Application forms are available from the membership office upon request
Lands and Order: Species at Risk Unit
Lands Officer - Keith Nahwegahbow

LV: This month we will be having our follow-up session on Wednesday May 31st, 2023 at 6 PM. I will be doing a short presentation on the results from the last meeting. Well also do a short summary of our ongoing work this summer. Then we will be having longer breakout sessions. This session we will be talking about hunting and gathering areas. We will then perform another exercise to in attempt to create a “Species of Interest” and or “Species of Concern” list for WRFN. Dinner and door prizes will be available

SAR: On May 1st, 2023 we had our Field Technician and McMaster University start to trap, tag and track Blanding’s Turtles. The Blanding’s Turtle is an important Species at Risk. After setting a goal of 6 Blanding’s Turtles to tag all summer... the field crew now has captured a total of 11 Blanding’s Turtles, 6 males, 4 females, and 1 unknown. The field crew will continue to trap and tag this month. Then in June the field crew will track the turtles to their nesting habitat. This will provide crucial data for WRFN that will have many implications moving forward.

WALLEYE: This year we had the DFO, Department of Fisheries and Oceans, Electrofishing crew in to help us catch Walleye in the Whitefish River. They also did a show and tell with the youth at Shawanosew School as part of our educational programs. The DFO crew greatly decreased the amount of time and effort that it would ordinarily take to catch the Walleye. In 5 hours, they were able to catch 4 females and 21 males. We then kept 4 females and 10 males in separate fish pens and then used these fish to populate our micro-hatcheries. I estimate we’ll be able to release approximately 400 thousand Walleye fry this year. We’ll continue to learn and perfect this process. On top of our normal programming, in 2024-25 we will do a tagging study to get a population estimate.

Also, the UGLMU, Upper Great Lakes Management Unit, is out in McGregor Bay They are conducting an ESTN, Early / End of Spring Trap Netting, study. This is to assess the Population in McGregor Bay of Walleye and other sport fish. They will be present in the Bay for the entire month of May. I will be communicating with this team to get a copy of the results of this study.

All these important studies area part of our Environmental Inventory. It is important to monitor, collect and document data to help make informed decisions moving forward.

For more information about ongoing projects or about any other lands related topics please contact:  
Keith Nahwegahbow, Lands Officer,  
keithn@whitefishriver.ca.

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Economic Development Officer - Stuart Wilson

Greetings and Happy May!

I am excited to share with you some important updates regarding upcoming opportunities for WRFN youth, as well as some initiatives we are working on to further develop the local economy.

With summer fast approaching, we are actively seeking applications for Summer Student positions. These positions are an excellent opportunity for WRFN youth to gain valuable work experience and earn some money during their summer break. We have a variety of positions available in different departments, such as Public Works, the Health Centre, and Daycare. If you or someone you know is interested in applying for a summer student position, please keep an eye out for the job postings in the coming weeks and contact the Administration office.

In addition to the Summer Student program, we are also putting together a labour pool of interested candidates. This labour pool will include individuals who are interested in temporary and seasonal employment opportunities throughout the year. By building a labour pool, we can quickly and easily identify qualified candidates for various job openings in the community. If you are interested in being part of the labour pool, please contact Administration to provide your contact information and a brief description of your skills and experience.

Besides the Summer Student program and labour pool, we are also currently recruiting for the Whitefish River First Nation Pow-Wow committee. The Pow-Wow is an important cultural celebration that brings Whitefish River together, and we are committed to making it a memorable experience for everyone. If you are interested in joining the committee or volunteering your time to help with the event, please reach out to Administration. We are looking for individuals who are passionate about preserving and celebrating the culture, and who are willing to contribute their time and energy to making this year’s Pow-Wow a success. This is an excellent opportunity to get involved in a long-standing community event and make a meaningful contribution to WRFN’s cultural heritage. We look forward to hearing from you!

We are committed to building a strong, vibrant community that provides opportunities for all WRFN members to thrive. If you have any questions, suggestions, or ideas for how we can continue to grow and develop the community, please don’t hesitate to reach out. I can be reached at 705-285-4335, ext. 2216 or via email at edo@whitefishriver.ca.
Housing Manager - Georgina Recollet

We are happy to be opening the common area for the tenants at the Elder’s Residence at 31 Water Tower Road so they may have a space for socialization and sharing. Our office will be making this area available for the tenants on Tuesdays and Thursdays, from 10:00 am to 2:00 p.m. We will also be partnering with Barbara Recollet, Cultural Support Provider at Noojmowin Teg and Gail Pelletier, Senior Navigator to assist with hosting Health and Wellness programs in this space. Included in planning is a “Meet and Greet” Pancake Breakfast on May 11, 2023 at the Elder’s Residence Common Area. Other activities to come will be a Fish fry and Barbecue. Watch for the posters for these exciting events.

Unfortunately, Sudbury Community Services will not be available in May 2023. They will however return on June 28, 2023 during the hours of 2:00 p.m. to 6:00 p.m. This is a valuable outreach program for community members to access assistance in obtaining any necessary documents to maximize their federal benefits. They can also assist with Income Taxes, Identification, and Birth Certificates. This program offers one on one budgeting or credit counselling for community members. Please contact our office to register a time at our next session.

Planning to build a new home? A few community members have asked how much it costs to build a home now. I am including the breakdown for the next three units in the Maple Heights area. Please be advised that this does not include the infrastructure for each lot. If you would like to discuss future new housing construction we can arrange for a community information session to start planning in the upcoming months.

If you would like more information on the housing programs please email me at georginar@whitefishriver.ca or I can be reached by phone at 705-285-4335 ext. 2214 or via cell at 705-869-8356.

WRFN Housing - 3 units Project

<table>
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<tr>
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<table>
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<tbody>
<tr>
<td>Construction</td>
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<tr>
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<tr>
<td>Additions to Base Cost</td>
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<tr>
<td>Finished Mech Room (2k per house)</td>
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<td>$2,000.00</td>
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<tr>
<td>Eavestrough (2k per house)</td>
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<tr>
<td>Fridges and Stoves ($3k per house)</td>
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<tr>
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Aanii, Boozhoo
My name is Alexis McGregor (Alex), I am the daughter of Gerry and Kathy McGregor and the granddaughter of Jim McGregor (James). I recently moved back to Whitefish River for the summer as I completed my undergrad in Water Sciences at Trent University. This fall, I will be furthering my education at Carleton University as I begin my Master’s thesis on Northern First Nations drinking water treatment options. However, during my time back home, I am looking forward to being a part of the community again and having the opportunity to help further develop our understanding of our surrounding ecosystems and species at risk. I’m sure my time spent on the land this summer will be very rewarding, and I can’t wait to share the knowledge I have gained with all of you. Collecting data on our native species that are at risk is extremely important to me, as their significance and ecosystem contributions are irreplaceable. I hope that by combining our traditional knowledge and Western science methods, we will ensure our community continues to have resilient and diverse ecosystems. I look forward to seeing you all!

Mligwech
Infrastructure and Emergency Services Manager
Richard Shawanda

The following is a list of activities that the Infrastructure and Emergency Services Department will be undertaking for the month of May:

**WATER:**

*Water Truck:* I have sent out the completed Minor Capital Application to ISC for approval. Once the approval letter is received WRFN needs to send a down payment of $10,000 to the manufacturer to hold and begin the process of getting the truck and tank ready. The estimated time for delivery of the truck is December 2023 or early January 2024.

*Elevated Storage Reservoir:* Drawings have been sent to the contractor to help prepare for the completion of the existing repairs that need to be done. The generator has now had the rad replaced and is functioning as designed.

*Intake Structure:* Plans will be made this spring to have the raw intake line inspected and cleaned. This will be done on an annual basis and added to our preventative maintenance program.

**ERP WTP:** (ONGOING) Updating the Emergency Response Plan for the Water Treatment Plant is currently ongoing.

**Ozone Upgrades:** Engineering in now making the plans for the new ozone system. This system should be installed and running by late fall. This is a vital component for the water distribution treatment service and will provide the necessary disinfection process for our plant.

**Spring Maintenance (Distribution):** (ONGOING) Work will soon be underway to repair/replace some gate valve chambers and curb stops and some watermain gate valves. This work should begin in early spring to repair and replace. Look for community notices for a more detailed schedule as to when this work will be done.

*New Watermain:* There will be a contractor on site this month to start the bore holes in the identified areas for the watermain replacement. This work is a measure to make sure of what materials are under the ground and that it will be feasible to put the watermain in the new location. I will send out more information on the progress as we move forward.

Our Water Treatment Plant Trainee Darin Prince is continuing to be an asset to the Water Department as he is quickly learning how to perform testing as well as the day to day activities with the OIC Andy Recollet. *Way to go Darin!*

**EMERGENCY SERVICES:**

*Emergency Response Plan/Pandemic Plan:* Plans are currently underway to have a consultation process with the Anishnabek Nation ERP Coordinator for to review our plan and give input to any changes or formatting we may need. There needs to be planning as well as input from staff and/or community members on the plan so that we can include to the revised plan.

*Emergency Response Training:* (ONGOING) I will be looking at attending a few more training sessions soon to make sure WRFN has all the tools and knowledge to make sure our community plan is exactly what we need and will work for our community. I will also be attending virtual training sessions on emergency plan training this month and next.

*Fire Hall:* Progress is still moving forward with the new Rapid Attack vehicle for the Fire Department. Delivery is expected late this year or early next year. We have encountered issues with manufacturer getting the chassis to the location due to a shortage of staff and parts in the manufacturing industry. We are also looking to replace the old 1973 pumper truck with a water hauler to help with fire calls in rural areas that are not located near water body.

*Wilderness Advanced First Aid:* (ONGOING) This is still on-going. Getting information and pricing on a possible course in our community that will give participants the know-how of addressing accidents in the wilderness where there is no immediate access to emergency services. This course would be of great benefit to our community members who practice traditional hunting and gathering.

*Band Owned Buildings:* We are also in the process of planning to go over the design of the Band Owned buildings to make sure the fire systems or alarms are still up to code. Regular fire alarm drills and testing, would also be part of the process.

**Field Bed Replacements:** The Field Bed Replacement Project is getting closer to start up with a few minor items to take care of. We are looking at a possible start date of early to mid summer.

If you have any questions about the information presented in this article, don’t hesitate to call the Water Treatment Plant at 705-285-0007 or my cell at 705-562-3583 or via email at iesmanager@whitefishriv.ca.

Public Works Manager - Francis McGregor

*Annie:*

Golf Season has finally arrived, which means the beautiful weather has also arrived. The Maintenance crew is busy as usual preparing for the spring, summer and fall season. The winter equipment has been put away and spring equipment is being prepared for the season.

The Transfer Station attendant is staying on top of keeping his site clean. Curbside pick-up, road and building checks are all on schedule and the grader has finished our gravel roads for the spring season. Sweeping up of the roads will begin soon.

Riley Recollet has completed his heavy equipment training and Andy McGregor has completed his small engine certification training. Congratulations to you both on your achievements.

The Transfer Station will be open an additional day starting on Monday, May 15 to Monday, November 6, 2023. Curbside pick-up remains the same.

**Starting May 15, the Transfer Station Hours of Operation are as follows:**

- Mondays: 8:00 am - 6:00 pm
- Wednesdays: 8:00 am - 6:00 pm
- Saturdays: 8:00 am - 3:00 pm

We also have Pioneer Construction coming in for asphalt road repair, shoulder work and repair work on our building parking lots. The work will commence on Monday, May 15, 2023 and should take approximately three weeks.

Construction of the new 15 lot subdivision is moving along, and as of May 1, 2023 the main water trunk was 50% completed.

If you have any further questions, I can be reached at publicworksmanager@whitefishriv.ca or by phone at 705-285-4335 ext.# 2228, cell 705-330-2760.

Migwetch.

nongwa maajitaan wii anishinaabemimin gegwa baabitoote baamaa waabang, gnimaaz zaam weykaa adaa’wan.

Start speaking Anishinaabemowin today. Don’t wait till tomorrow, it might be too late.
Message from the Chief - Rodney Nahwegahbow

Ahni-Boozhoo!

Rodney Nahwegahbow n’dizhnikaaz, Mihingan n’dooodem, minwa Gmiwin ‘nni’ n’ dizhnikaaz. During this time of year, it is important to remember that our natural world offers us teachings when we are receptive to learning. The fourth moon is when the Sucker is easily caught. It will continue its spiritual journey to cleanse and purify our paths for us and water beings. Nothing happens without purpose and our purpose during this moon is to begin to heal ourselves and also help one another.

I feel this time of year can also relate to our role in governance because as leadership we need to hear from our community and approach difficult situations that might delay progress but to do so in a healing way. We can learn through adversity and healing happens when the goal is mutual respect for one another. As a step in that direction we have begun to organize to our Chief and Council Strategic Planning. There will be opportunity for community members and community stakeholders to be a part of these planning sessions. More details will be forthcoming once dates are firmly established.

Leadership received presentations from Managers about their respective programs during the period of this report. We appreciate the success and hard work of our front-line services but there is a great need to address the need for improved funding and additional resources.

I have also learned that capital planning comes with challenges for leadership as well. Moving forward on our new 15 lot sub-division requires close planning with our team to overcome issues. An example was the design and installation of Hydro poles. It required a team meeting with Hydro and the Project Management team to resolve the matter. Similarly, the growth and well-being of our community necessitates a study to determine whether we need to replace aging water main systems and the potential need for a more effective water system.

It is important as Leadership and as a First Nation that we understand the processes and methodology of mining companies. It is just as important that we learn about the mining companies that are developing in our traditional territory. As part of these efforts, I toured Vale’s above ground operations in Copper Cliff. I was joined by our WRFN Lands Team and Councillor Esther Osche. We learned from Vale’s lead staff about their mining operations and construction. Vale has made the offer to host an information session for our community. Look for dates coming up.

On April 17th, 2023, I attended a water ceremony at Whitefish Falls conducted by Art Jacko. The ceremony was held to acknowledge our responsibilities to the water and the fish. It launched the beginning of the Pickeral Spawning Season and the hard work of the WRFN Lands Team who help restore the pickeral population annually. I am reminded how our ceremonies and help us understand our relationship to our land, water, and animals affects our lives. I remain convinced that no amount of money can replace or divest our interest in all our traditional lands and water.

Lastly, since the late Fall of 2020, Whitefish River First Nation has been negotiating with the Province over the Boundary Claim land that WRFN was entitled to under the 1850 Treaty. I attended a meeting with delegates from WRFN, Ministry of Indigenous Affairs, Indigenous Services Canada, Ministry of Natural Resources and Forestry, Ministry of Parks, and our Legal team from OKT. This table is help identify and resolve issues, discuss land selection and next steps. Additionally, based on the community input received last year, the Lands Selection Working Group has a map of potential locations that will be presented at the Community Conferences Meeting scheduled to take place from the 13-15th June 2023.

I look forward to the opportunity to report new develops and to share what the future holds for us.

I can be reached at Administration at 705-285-4335 ext.#2202, by cell 705-863-0561 or via email at chief@whitefishriver.ca.
Pet Care & Tips

Hello everyone!
I hope all is well with you and your furry pets. As I write this I still cannot believe all this cloudy weather we are having. Hopefully by this time you get this it will have turned sunny. My cats are doing fine but seem not so happy when Tommy comes around. He chases them away if they should be out on my deck. Luckily, he leaves later on in the afternoon. If you saw She-Pet Elizabeth’s picture in the last issue that was the same way my Empress Farrah looked. I always had a hard time telling them apart other than Farrah was a little on the smaller side. I noticed I have some other wild pets hanging around on the grounds outside of my house. I looked out my door early in the mornings and saw four or five friendly deer hanging around.

Well, the Bay is finally open and I can now hear boats coming and going. I am still hoping to get out and cut some grass this summer. Did anyone get any smells this year? I remember growing up we used to go just down the hill to the stream that runs behind the store and scooped them up with our hands. The stream used to be just black with them. Now you can’t find them very much anymore. I think all the little streams used to be teeming with them at one time, even the ones over the hill from me, on the Bay of Islands side. Another memory I have from this time of the year is the smell of burning grass as community member begin cleaning up their yards.

Some Cat Facts:
• The term used when referring to the love of cats is “ailurophilia”.
• The three most popular pedigreed cats in the US are the Exotic, the Ragdoll and the British shorthair.
• Creative cats: According to a 2017 Survey, cat owners are four more times more likely to work in a creative field than dog owners.
• The first feline in space, a black and white stray named Felicette, was whisked off the streets of Paris and propelled into the stars on October 18, 1963. She returned to France with many tales to meow about.

The cats and I would like to offer well wishes to all the people celebrating birthdays and anniversaries for the month of May. May all your dreams and wishes come true. Remember to call in on our elderly, sick and shut-ins to let them know that they are being remembered.

Don’t forget to have your pets fixed to help keep the pet population down in our community. Lastly, remember the people who are suffering in these war-torn countries and that they will find peace.

‘Till then take care.
From: Luka and She-Pet Elizabeth (the cats)
Dennis L McGregor (the big cat).

May’s Pet Profiles 🐰

Reese (left) and Henry (right) are chocolate labs that love exploring McGregor Bay! They enjoy swimming, hiking, snowmobiling, and treats...maybe a little too much! When they’re not on an adventure, they can be found in front of the fire or on a comfy bed. Either way, these two are always together and ready for fun!

Reese & Henry are the beloved fur-family of Gerry, Kathy & Alexis McGregor. 😻

Would you like to see your beloved furbaby featured in the monthly Pet Profile section of The Rezound? Email me a picture and information of your family pet, and they may be our featured Rezhound or Rezcat! Email me at: rezoundeditor@whitefishriver.ca

Gichi-Nendam Dabishkayek 🌺

From the Land of The Sleeping Giant, I want to wish Morgan Stewart Travis Recollect, my Best Man, my Pal, my #1 Son, a very Happy 40TH Birthday! Your Ole’ Man misses you and LOVES you even more! Dad OXOX

Happy Birthday to our Baby Blueberry Mason who turns 6 on May 16th. The joy you bring to our family is truly amazing. All the moments from changing diapers to anticipating your first soccer game...Always reach for the stars and moon baby. We love you, we cherish you and we are excited to watch you grow up.

Love Dad & Mom

Happy Birthday to our Baby Bro on May 16th.
Love Xavier & Dryden

Happy Birthday to our Grandson Mighty Mason who turns 6 on May 16th.
One of the many blessings in our family.
An inspiration to always give it everything you’ve got.
You keep Papa & Grandma moving fast!
Love Papa & Mama

Happy 27th Birthday to Natasha Laundra on the 17th Woohoo BBQ time!!!!
Curt

Mino dabishkyaan
Papa Shawn who celebrates on May 24!!
Love you so much!
Caleb and Tash

May the 4th be with Toni on her special day!
Happy Birthday my friend!
Tash and Caleb

Happy Birthday to the best sister ever Laila!
Love Rhy Bug

(ائزًا) Gramma Kim, my mom, Chi-mama and me!
xo xo - Tash and Caleb

Wishing our beautiful daughter Laila-Mae Talbosisa a Happy 12th Birthday! You are amazing, funny, kind, smart and clever! Keep shining bright kid, Love you!
From Mom & Dad

Holy Moly, officially a 35’rrrr! Happy Birthday Babe, we love you!
From Cait, Laila & Rhy ❤️❤️❤️

Sending Birthday Wishes to this cool guy.
Kyle McGregor on May 31.

Love ya!
Giselle

Happy Birthday to:
Ira who turns 17 on May 23rd
And Lila who turns 11 on May 25th.

Love your families
Mishomis & Nokomis